

December 12 through December 18, 2019

FREE

Whidbey Weekly

Your Source For "What's Happening" On Whidbey Island

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CLASSIFIEDS · DINING GUIDE

Whidbey Island Orchestra
Everything Christmas!
 December 13, 7:00 pm
 December 15, 3:00 pm

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Cynthia Morrow, Conductor
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 Brian Kenney, Violin Soloist
 Steve Tarr, Trombone Soloist

Also look for our Special Concert with David Ossman at WICA Dec 22nd.

2019-2020 Concert Series

More Local Events inside

Annual Coupeville Historic Waterfront Association Red Ticket Drawing
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 CoupevilleHistoricWaterfront.com • CoupevilleChamber.com

MILITARY MUSTER



NAS Whidbey Island, Washington

December 12-18, 2019

Statement from Chief of Naval Operations on Recent Attacks on Naval Installations

By Chief of Naval Operations Adm. Mike Gilday

This has been a devastating week for our Navy family. Our hearts break for those who lost their lives in Pensacola and the wrenching pain it causes their loved ones. When tragedy hits, as it did Friday, Dec. 6, and Wednesday, Dec. 4 in Pearl Harbor, it is felt by all. Those who grieve do not do so alone. We grieve together alongside you. We serve together as one team, as one Fleet, as part of one Joint Force. As shipmates - uniform and civilian, active and reserve - we must come together to be the strength and support for those who need us now. No one should feel alone. There are many resources available for us all - including counselors, chaplains and mental health professionals. We must look out for each other and take care of one another. That extra effort to extend a hand or lend an ear to those who need help should never be underestimated. It will make a difference.

Get more information about the Navy from US Navy facebook or twitter.

For more news from Chief of Naval Operations, visit www.navy.mil/local/cno/.



John C. Stennis Sailors 3D Print 300 Parts to Accelerate Repairs and Keep Systems Running

By Kenn Hess, Fleet Readiness and Logistics Public Affairs

Sailors on the aircraft carrier USS John C. Stennis (CVN 74) used an Advanced Manufacturing Lab (AML) onboard to produce about 300 plastic parts which were installed during a recent seven-month around-the-world deployment.

"Additive manufacturing was a powerful capability to maximize readiness while deployed," said Capt. Randy Peck, Commanding Officer of the John C. Stennis. "In the hands of creative Sailors loaded with initiative, it allowed us to increase logistics capability—in some cases reducing potentially longer lead times and shipping costs for material delivery." John C. Stennis Sailors used the AML to fabricate a rotary joint for the ship's Commercial Broadband System Program (CBSP) antenna.

This innovative repair restored a critical satellite communication system and reduced the expected eight week repair timeline to just one day, which significantly increased the bandwidth capacity for data transmission in support of the ship's mission. During a Composite Unit Training Exercise (COMPTUEX) that preceded the deployment, they also created a plastic replica of a bolt that sheared off on the hangar bay door of USS Chung-Hoon (DDG 93), enabling technicians to ensure correct fit before machining a metal bolt to repair the door.

For the medical department, John C. Stennis machinery repairmen designed and printed an adapter to connect a

new size of tubing to the ship's insufflator, a device used to pump carbon dioxide (CO2) into a patient's abdomen to facilitate laparoscopic surgery.

The insufflator was then used for three successful appendectomy operations onboard the ship. As the old tubing size was no longer available, without the adapter John C. Stennis would have been faced with ordering a new insufflator. This would have created a potential gap in emergency medical capability while the equipment request was fulfilled. Other additively manufactured parts designed and used frequently by the ship included knobs for calibration and test equipment and power panels, door switches for self-service dryers, and retaining brackets to ensure watertight integrity for overhead light covers.

"Manufacturing an item with exact specifications for immediate use played a large part in keeping USS John C. Stennis (CVN 74), and the rest of Carrier Strike Group Three, in the fight," said Capt. Peck. "I look forward to seeing other units carry on its development with respect to increasing the number of pre-made and approved designs, expanding the types of building materials and enabling policies to expedite solutions to improve operational readiness.

"USS John C. Stennis (CVN 74) volunteered to host the AML in 2017. Installation of the equipment, including four additive manufacturing printers, a 3D scanner, a laser cutter, and a computer numerical control mill, was completed in October 2018. While the Stennis AML was initially autho-

itized for a one-year test period that ended in October, it is being extended through the ship's refueling and complex overhaul availability which is ongoing and expected to run through 2023. Funded by the Deputy Chief of Naval Operations for Fleet Readiness and Logistics (N4), this AML was the first to be installed on a U.S. Navy ship via the official process outlining requirements for integration of new equipment. Naval Sea Systems Command warfare centers and regional maintenance centers provided about 40 hours of initial training for ship personnel who used the AML systems, as well as continuing "reach back" support throughout the test period. The team also included staff from Johns Hopkins University Applied Physics Lab who created ship drawings and engineering designs for the AML and also assisted with shipboard installation.

"The challenges we face in naval logistics won't be solved with a business-as-usual approach," said Vice Adm. Ricky Williamson, Deputy Chief of Naval Operations for Fleet Readiness and Logistics (N4). "We have to give Sailors creative tools—such as advanced manufacturing—to solve problems on the fly if we are going to remain agile and effective for the future. I commend Capt. Peck and his John C. Stennis crew for being the first to employ this new capability and embrace the possibilities of this technology. They are at the forefront of Navy innovation."

N4 is also funding AMLs aboard USS Makin Island (LHD 8), installed as of June 2019, and aboard USS Dwight D. Eisenhower (CVN 69), scheduled for installation in early 2020.

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ON TRACK

with Jim Freeman



Please excuse me if these first few sentences seem brief. I have been reading *Reader's Digest*.

I feel abbreviated.

In the spirit of such, here are some of the things I am learning while sitting in a doctor's waiting room

reading.

FYI – I don't have a doctor, regular or irregular, but I do like waiting rooms with free Purex and old magazines.

Culture

The December 2019/January 2020 issue of *Reader's Digest* offers up etiquette advice for the holidays. In an article entitled *Mind Your Manners!* beginning at page 70 in this doctor's office copy, RD.COM reader questions are answered by Steven Petrow, their resident etiquette expert.

Petrow's 10 pages of tips are quite helpful for someone like me who missed the etiquette bus to hop a train. In 8th grade English I said "Yes ma'am" to our English teacher, only to be reprimanded with her "I am not your ma'am."

Our southern parents instilled but a few etiquette rules. "Yes ma'am" and "no sir" were at the top of the list, followed by opening all doors for all women.

Of the several questions Mr. Petrow answers, my favorite is #7: "Can I confiscate guests' phones before dinner?"

How would this play at your house?

Not knowing where my flip phone is most of the time, checking my cell at the door would be no problem unless I forgot to pick it up when leaving.

For me, leaving my cell phone in a basket by the door would be most acceptable during dinner as long as I could have my rotary phone under my seat at the table.

Wonderful time

As we get closer to Friday, Dec. 20 at 11 a.m., let me remind you Karolyn Grimes, Zuzu from *It's a Wonderful Life*, will be speaking at WICA with Jim Drake.

Their conversation will include her life after childhood stardom, playing her role as Zuzu, and much more.

Ms. Grimes and Mr. Drake have something in common. They both knew Frank Capra.

If Jim Drake's name rings a bell, it may be because he is the winged angel who directed multitudinous episodes of *Mary Hartman, Mary Hartman; The Golden Girls; Night Court; Buffalo Bill; The Duck Factory; Gimme a Break!; SCTV Network; Sanford*, and more. www.imdb.com/name/nm0236930/?ref_=nmbio_ql

For ticket info to see this once in a lifetime conversation, call 360-221-2222 or visit www.wicaonline.org.

Ms. Grimes' film career alone excites any movie fan. In addition to Capra, she worked with director John Ford in *Rio Grande* (1950), and Cecil B. DeMille in *Unconquered* (1947).

Ms. Grimes' one-of-a-kind annual Christmas ornaments will be on sale in the WICA lobby during the final weekend of the play, along with DVD copies of the movie and her wonderful cookbook.

Be an angel. Get Zuzu's autograph for that special angel in your life.

Holiday sing along

If you are reading this paragraph before 3 p.m. Wednesday, Dec. 11, stop by Maple Ridge in Freeland to enjoy a Christmas carol sing-along with Donaldson, Fristad, and Launer. The joyousness of Ellen, Kevin, and Bruce will help anyone hit the fun trifecta.

Fake memories

In today's world of fake news, fake web sites, fake names, and fake furs, why be concerned with a fake memory?

Ever attend a family reunion, or sit around a dinner table with family to recall moments past?

In last week's column, I mentioned a family

story reminiscing about our sister. Back in her single digit years, sister Linda asked, "Are there any more gravy?"

When our brother Lew read my recollection, he sent a correction memo to last week's family readers.

Makes sense I was wrong in remembering. The oldest in any family gets to hear the stories the most. With my memory of fewer repetitions, what do I know?

Not only did our sister not ask the question, the great uncle who did get Grandma's answer, "No, not a one."

A reindeer joke

After Binging "clean reindeer jokes," the Bing link took me to this chortlefest from www.funnyjokes.com.

According to the Alaska Department of Fish and Game, while both male and female reindeer grow antlers in the summer each year, male reindeer drop their antlers at the beginning of winter, usually late November to mid-December.

Female reindeer retain their antlers till after they give birth in the spring. Therefore, according to EVERY historical rendition depicting Santa's reindeer, EVERY single one of them, from Rudolph to Blitzen, had to be a girl. We should have known. ONLY women would be able to drag a fat man in a red velvet suit all around the world in one night and not get lost.

In addition to Rudolph and Blitzen, Santa's other reindeer who haul the sleigh: Dasher, Dancer, Prancer, Vixen, Comet, Cupid, and Donner.

Celebrity sightings

Among the many celebrities attending the opening night of *It's a Wonderful Life* at the Whidbey Island Center for the Arts were Melinda and Keith Mack, well known throughout several zip codes.

Years ago, the Macks auditioned for *Ted Mack's Amateur Hour*. The young couple, dressed as cows, did the Charleston while singing their parody of the Nelson Eddy/Jeanette MacDonald classic, "Indian Love Call" as "When I'm Mooing You." www.youtube.com/watch?v=1n_bUSywn94

The Macks were good enough to qualify for the semi-finals, and were asked to proceed to the finals.

Unfortunately, the mooing Macks were unable to get to the finals to compete. Lack of sufficient bus fare took its toll.

The headline in *Variety* said it all—*Macks Call Back Lacks Track*.

Sunday's matinee of the aforementioned play brought out more local appreciators of theater, from as far away as Greenbank.

Greenbank Wayne and his bride Lynn gave great voice mail reviews within moments of their return home.

If you have not yet met Wayne Flaaten, you have missed out on one of Whidbey's superlative storytellers. In fact, Wayne has more stories than Aesop has fables, only without the morals.

My fave Wayne's world tail concerns his childhood attempts to obtain autographs from movie stars. Given his bike riding proximity to the studios, Wayne would try to capture a signature while his celluloid heroes were stopped to turn right or left after exiting the studio lots.

Before hopefully asking for the autograph, Wayne would innocently ask for the time of day.

The first time actor Robert Mitchum was stopped, readying to turn the wheel of his sports car, Wayne's time check and autograph acquisition was successful.

A few days later, Mitchum and Wayne hooked up again.

"Mr. Mitchum, would you happen to have the time?"

Mitchum did not answer Wayne's question, but instead offered the young boy three life changing words of advice.

"Get a watch."

Any corrections by Wayne to the above story will be offered next year, 2020, *The Year of Seeing Clearly*.

To read past columns of *On Track* in the *Whidbey Weekly*, see our Digital Library at www.whidbeyweekly.com.

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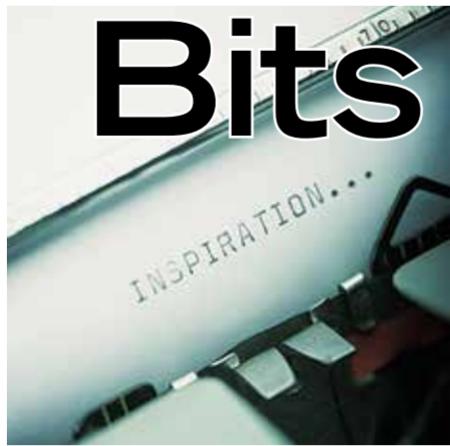
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Bits & Pieces

The Brightest Holiday Fundraiser on South Whidbey: The Giving Tree



In its 16th year, The Giving Tree will be decorated with handcrafted ornaments made by the staff and volunteers of nonprofit organizations located on Whidbey Island. The Giving Tree is on display now through Dec. 31 at two locations: The Bayview Cash Store and Island Athletic Club (IAC).

The Giving Tree is sponsored by Goosefoot, a nonprofit organization that works together with the South Whidbey community to create essential solutions, and Island Athletic Club, working for a healthier South Whidbey.

Local groups representing all of Whidbey Island and working toward a variety of needs are represented on The Giving Tree each year. A suggested minimum donation is set by each organization and all proceeds from the purchase of ornaments go back to the organization. Information about each charity is available to take away. Please bring cash or checks as credit/debit cards won't work for these sales. Prices range from \$5 to \$25 per ornament.

The ornaments make wonderful gifts and stocking stuffers, perfect for clients, employees, or gift exchanges.

Please call 360-321-4246 for further information. The Cash Store is located at 5603 Bayview Road, right off of Highway 525, on the corner of Bayview Road and Marshview Avenue. Island Athletic Club is located at 5522 Freeland Avenue in Freeland.

[Submitted by Sami Postma, Goosefoot]

Night Work at New Mukilteo Terminal Site

Crews working on the Mukilteo Multimodal Terminal Project will be working at night starting this month. This in-water work requires welding in areas accessible only during extremely low tides, which only occur during the overnight hours this time of year. This means, for 16 nonconsecutive nights from Dec. 9 through Jan. 25, nearby neighbors may see and hear welding operations, small hand and power tools, and the engine of the derrick crane from 8:00PM to about 6:00AM. Noise will be equivalent to a passing car or bus – and will gradually dissipate for people 600 to 1,500 feet away. There will be no night work Sundays and holidays.

[Submitted by Washington State Department of Transportation]

Skagit Valley College Parks Law Enforcement Academy to Graduate 16 Cadets

Skagit Valley College (SVC) is pleased to announce 16 cadets will graduate from the 30th Annual SVC's Parks Law Enforcement Academy (PLEA) Tuesday, Dec. 17, at 1:00PM in McIntyre Hall, located on SVC's Mount Vernon Campus.

The ceremony will include the Presentation of Colors and Flag Salute, Bellingham Pipeband Pipers led by Peter Rolstad, and the Symbolic Oath of Honor presented by Jerry Dodd, SVC Criminal Justice Program Direc-

tor. Each cadet will receive his or her certificate from Rick Mossman, PLEA commander; Jerry Dodd, Criminal Justice program director; Gabe Asarian, Supervisory park ranger with North Cascades National Park; and Darren Greeno, executive dean of instruction and workforce education.

About the Fall 2019 PLEA class:

There are 16 members in the class; training began Aug. 21.

Eighty-two-point-five percent of the cadets are from Washington. (Locally, there are two from Mount Vernon, one from La Conner, and one from Clinton). Cadets also come from Indiana, Minnesota, and New York. There are nine men and seven women in the class; three are military veterans and/or reservists.

One cadet is attending as a scholarship recipient of the Commander Overby Scholarship.

Squad leaders are Keith Weekes (Mather District) and Ace Baker (Albright District).

About the Parks Law Enforcement Academy Curriculum:

SVC's program is 17 weeks long, 728 hours in length, which includes 690 hours of federal curriculum.

The balance is an infusion of Washington State curriculum, primarily state law and traffic codes.

By graduation, the cadets will have successfully passed six rigorous, federally-administered academic tests which measure their ability to apply concepts in areas such as use of force, arrest, search and seizure, constitutional and criminal law, authority and jurisdiction, human relations, and many other elements. They will also have engaged in a case operation which began as a scenario-based exercise, then evolved into camouflage and surveillance training, site reconnaissance, stakeout, suspect apprehension, preparing search warrants, and prosecution of the accused in a mock courtroom setting. In addition, they will have also passed a significant number of requirements in areas such as emergency vehicle operations; firearms (qualifying in semi-automatic pistols, shotguns, and patrol rifles); control and defensive tactics; interview and interrogation techniques; patrol skills; basic tactics; and physical fitness performance. They will also have had experience in many scenarios that measure their ability to perform in real-world applications of dealing with conflict management, assisting the public, and of situations they will encounter in local, state, and federal parks.

About the Academy:

The Skagit Valley College Parks Law Enforcement Academy is one of only seven programs taught at the college or university level that is approved by the National Park Service and accredited by the Federal Law Enforcement Training Accreditation Board in the United States.

SVC's program has been in existence since 1990, with the first academy taking place in 1991. More than 1,000 cadets have graduated from the program since its first year.

While many PLEA graduates have enjoyed successful careers in local, state or national parks, others have joined agencies across the nation, including local police departments, county sheriff's offices, State Patrol, U.S. Forest Service, state and federal fish and wildlife departments, tribal police, U.S. Customs and Border Protection, Pentagon Police, U.S. Secret Service, and the F.B.I.

[Submitted by Arden Ainley, Chief Public Information Officer, SVC]

Whidbey Community Foundation Awards Grants to 19 Nonprofits

Whidbey Community Foundation (WCF) recently awarded grants to 19 Whidbey Island nonprofits. Awards were distributed at a reception held by WCF Dec. 4.

"Through generous contributions from our community, we are thrilled we have been able

to grow our assets as a foundation in order to provide critical, financial support to nonprofits serving Whidbey Island," states Steve Shapiro, board president. "We continue to provide technical support to nonprofits through training and networking. We know supporting nonprofit organizations allows Whidbey, and the people who call Whidbey home, to thrive now and in the future."

WCF opened its second annual grants cycle in July this year. A total of 44 applications were received for the funding opportunities. Grant awards totaling over \$15,000 for animal welfare, environment, and human service projects were provided to: Orca Network, Whidbey Animals' Improvement Foundation, Pacific Rim Institute for Environmental Studies, Sound Water Stewards, Whidbey Watershed Stewards, Citizens' Against Domestic & Sexual Abuse (CADA), Kids First – Island County, and Mother Mentors of Island County.

Additional funding for grants was made available through the Christmas Sculpture Fund – a collaboration with renowned sculptor Georgia Gerber and her husband Randy Hudson. Grants from this fund were provided to: Backcountry Horsemen of Island County, Hearts & Hammers, Helping Hand of South Whidbey, Island Shakespeare, Friends of Friends Medical Support Fund, Mother Mentors of Whidbey Island, Readiness to Learn Foundation, South Whidbey Children's Center, South Whidbey Commons, South Whidbey Good Cheer Food Bank & Thrift Stores, South Whidbey Schools Foundation, and Whidbey Island Nourishes.

This is the third year WCF has partnered with Georgia and Randy, and the 21st year they have offered a holiday pewter from which the proceeds go to local charities. This year's new sculpture is the Dashing Turtle. Collectors may also purchase pewters from past years: the Settling Owl and the Sheepish Rabbit. The minimum donation for each sculpture is \$200. All purchases can be made on Whidbey Community Foundation's website or by check at the Rob Schouten Gallery on Anthes Avenue in Langley.

Since grants were first awarded in 2017, Whidbey Community Foundation has provided 38 grants totaling over \$100,000.

Whidbey Community Foundation was formed in 2016 to improve the quality of life on Whidbey Island by providing support for the nonprofit sector, assisting donors to build and preserve enduring assets for charitable purposes, and meeting community needs through financial awards.

Visit WCF's website www.whidbeyfoundation.org for more information. If you have questions, contact WCF at info@whidbeyfoundation.org or call at 360-660-5041.

[Submitted by Jessie Gunn, Whidbey Community Foundation]

Grants Awarded to Preservation Projects Throughout Washington Washington Trust for Historic Preservation Announces 2020 Valerie Sivinski Fund Awards

Each year the Washington Trust for Historic Preservation provides grants through the Valerie Sivinski Fund to organizations across the state that work to save the places that matter. Founded in 1976, the Washington Trust for Historic Preservation is a private nonprofit organization with a mission to preserve Washington's historic places through advocacy, education, collaboration, and stewardship. The Valerie Sivinski Fund grant program embodies the mission of the Washington Trust by supporting preservation projects where they really happen – at the local level.

Named in memory of Valerie Sivinski, a beloved former board member of the Washington Trust who served as president in the early 1990s, the Fund was established in 1997 with the first grants awarded in 1998. In addition to cash grants, the program also connects projects to preservation professionals who are able to offer support through pro-bono

Use Year-end Bonus (or Gift) Wisely

As 2019 draws to a close, you may be anticipating – or have already received – a year-end bonus from your employer. Or you might be receiving a substantial cash gift for the holidays. (If you're really lucky, you might get both.) You can doubtlessly think of many ways to spend this money right now, but how can you use it to help yourself in the long run?

Here are a few suggestions:

Pay off some debts. Virtually all of us carry some type of debt, and that's not necessarily a bad thing. For example, your mortgage not only gives you a place to live and a chance to build equity in your home, but the interest payments are typically tax deductible. Other debts, though, such as those on consumer items, are not so positive – you generally can't deduct the interest payments, and the items themselves probably won't enhance your personal wealth. Plus, the bigger your monthly debt payments, the less you'll have to invest for your future. So, you might want to use your bonus or monetary gift to pay off, or at least pay down, some of your less productive debts.

Start an emergency fund. If you were to face a large, unexpected expense, such as the need for a new furnace or a major car repair, how would you pay for it? If you didn't have the cash on hand, you might be forced to dip in to your long-term investments, such as your stocks and mutual funds. A much better option is to build an emergency fund, containing six to 12 months' worth of living expenses, with the money kept in a liquid, low-risk account. It will take time to build such a fund, of course, but your year-end bonus or gift money could give you a good start.

Contribute to your IRA. You can put in up to \$6,000 to your IRA, or \$7,000 if you're 50 or older. And although you've got until April 15, 2020, to fully fund your IRA for the 2019 tax year, you still might want to put your "extra" money into your account right away. If you wait, you'll probably find other uses for this money. And if you're going to enjoy a comfortable retirement, you'll need to maximize every possible resource – and your IRA is one of your best ones. Furthermore, the sooner you get the money into your IRA, the more potential it will have to grow over time.

Feed your college fund. If you're already contributing to a college fund for your young children or grandchildren, you can use your year-end bonus or monetary gift to add to the fund. If you haven't already started such an account, you might want to use this money for that purpose. You could open a 529 plan, which provides possible tax benefits and gives you control of the funds until it's time for them to be used for college or some type of vocational school. (Depending on where you live, you might also get tax benefits from your state if you use a 529 savings plan to pay for K-12 expenses.)

To achieve all your financial goals, you'll need to take advantage of your opportunities – and your year-end bonus or monetary gift can certainly be one of them.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



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MAKING SENSE OF INVESTING



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services. Since its establishment, the Fund has awarded nearly \$170,000 in cash grants and building assessment services to 153 projects across the state to local organizations and historic preservation advocates.

Recipients of the 2020 Valerie Sivinski Fund grant awards were publicly announced Dec. 3 at the Washington Trust's annual Sivinski Holiday Benefit held at the Stimson-Green Mansion, their landmark headquarters. All proceeds from the benefit go to support the grant program. The 2020 grants were awarded to the following organizations:

\$2,000 to the Northwest Railway Museum in Snoqualmie to support the structural rehabilitation of Parlor Car #1799. The car was listed as one of the Washington Trust's Most Endangered Places in 2017 and was successfully moved via barge to the Northwest Railway Museum in 2018. The museum is now embarking on a full restoration of the car.

\$2,000 to the City of Hoquiam to go toward the structural stabilization of Olympic Stadium. Sivinski funds will be supporting a larger project that also includes a new fire protection system, new siding, and painting. The stadium is one of the last remaining all-wood stadiums in the country.

\$2,000 to the Ritzville Downtown Development Association to support roofing repair for the Ritz Theater. The community has raised over \$125,000 to renovate and convert the theater to digital, demonstrating its local importance.

\$1,250 to the Olympia Historical Society for the rehabilitation of the side porch of the Bigelow House. The house is a rare surviving example of Carpenter Gothic style architecture popular in rural America during the mid-1800s.

\$1,250 to the Thorp Mill Town Historical Preservation Society to repair and replace shiplap siding on the southwest side of the Thorp Grist Mill. Built between 1880 and 1883, the Thorp Mill is the only remaining mill in Washington state that made the transition from stone buhr to modern rollers.

\$1,000 to the Northport Historical Society to go toward a roof replacement for the Gallo House. In addition to being the home of the Northport Historical Society and the local historical museum, the house also serves as Northport's welcome center and an art gallery. Sivinski funds will support a larger project that includes full rehabilitation of the house and Superfund site remediation.

\$500 to the PBY Naval Air Museum to secure the Homoja Hut in Oak Harbor against weather and deterioration for future rehabilitation. Built as temporary military housing during WWII, the hut maintains its original residential configuration. The PBY Naval Air Museum plans to construct a hangar-style museum in which the Homoja will be located for exhibition and interpretation.

To see or download images of the award-winning projects, please visit their website: preservewa.org/sivinski

The Washington Trust for Historic Preservation is a statewide, tax exempt 501(c)3 nonprofit organization founded in 1976 to safeguard Washington's historic places through advocacy, education, collaboration and stewardship. For additional information regarding the 2018 grant recipients or for information on contributing to the Valerie Sivinski Fund visit preservewa.org or call 206-624-9449.

[Submitted by Jennifer Mortensen, Washington Trust for Historic Preservation]

Admiralty Head Lighthouse Upcoming Closure

The Admiralty Head Lighthouse will be closed January through August 2020 for restoration work. This restoration work will include masonry and window repair, and painting. During the lighthouse closure, the interpretive displays and gift shop will be located in Fort Casey's park office. For more information, contact fort.casey@parks.wa.gov or call 360-678-4519.

[Submitted by Jackie French, Washington State Parks & Recreation Commission]

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What's Going On

All entries are listed chronologically, unless there are multiple entries for the same venue or are connected to a specific organization (such as Sno-Isle Libraries) in which case all entries for that venue or organization are listed collectively in chronological order under one heading.

Elf Jr., The Musical

Thursday, December 12, 7:30PM
Friday, December 13, 7:30PM
Saturday, December 14, 7:30PM
Sunday, December 15, 2:30PM
Whidbey Playhouse, Oak Harbor

Buddy, a young orphan, mistakenly crawls into Santa's bag of gifts and is transported to the North Pole. The would-be elf is raised, unaware that he is actually a human, until his enormous size and poor toy-making abilities cause him to face the truth. With Santa's permission, Buddy embarks on a journey to New York City to find his birth father and discover his true identity. Faced with the harsh realities that his father is on the naughty list and his half-brother doesn't even believe in Santa, Buddy is determined to win over his new family and help New York remember the true meaning of Christmas. For tickets or more information, visit www.whidbeyplayhouse.com or call 360-679-2237.

Island Herb Vendor Day

Friday, December 13, 3:00-6:00PM
Island Herb, Freeland

Representatives from Verdellux will be on site with product displays and information. Must be 21 or older. Island Herb is located at 5565 Vanbarr Pl, Unit F. For more information, call 360-331-0140 or visit whidbeyislandherb.com. Marijuana has intoxicating effects and may be habit forming. Keep out of the reach of children.

Jazz Night at UBGCC

Friday, December 13, 6:30PM
Useless Bay Golf & Country Club, Langley
Come enjoy award winning South Whidbey Jazz Bands perform live at UBGCC. Fundraiser for jazz bands. \$10 suggested donation. Open to the public. Reservations for dining recommended. Call 360-3231-5960.

Everything Christmas! Holiday Concert

Friday, December 13, 7:00PM
Sunday, December 15, 3:00PM
Trinity Lutheran Church, Freeland
Revel in the sounds of Everything Christmas! including joyful sing-alongs for a merry good time. Presented by Whidbey Island Orchestra, Cynthia Morrow, Music Director, and Gabriela Garza, Assistant Conductor. Special solo performances by Brian Kenney on violin and Steve Tarr on Trombone. Admission is free although donations are accepted and greatly appreciated. Concerts are followed by a reception with orchestra & refreshments.

WIDT's The Nutcracker

Fridays, December 13 & 20, 7:00PM
Saturdays, December 14 & 21, 2:00PM
Sunday, December 21, 7:00PM
Sundays, December 15 & 22, 2:00PM
South Whidbey High School, PAC, Langley
Whidbey Island Dance Theatre's version of The Nutcracker is sure to delight the whole family! The production features many of the beloved characters and themes that are traditional with this classic holiday ballet, with special twists added to make it special for Whidbey. Tickets are \$15 online or \$20 at the door. Opening night discounted online price is \$10. Discounts for seniors, veterans, and children. Tickets are available online at www.widtonline.org

It's a Wonderful Life

Fridays, December 13 & 20, 7:30PM
Saturdays, December 14 & 21, 7:30PM
Sunday, December 15, 2:00PM
Whidbey Island Center for the Arts, Langley
The beloved holiday film comes to life as an

ambitious "audio-cinematic experience" in the world premiere of a daring new adaptation by David Ossman. For tickets or more information, visit www.wicaonline.org or call 360-221-8262.

Cookie Walk

Saturday, December 14, 10:00AM
Langley United Methodist Church

Fill a box (just \$15) with your choice of fresh-baked holiday cookies. Makes a great gift, or freeze for holiday parties. Proceeds benefit local charities. The church is located at 301 Anthes Ave.

Winter Holiday Art Festival

Saturday, December 14, 11:00AM-5:00PM
Coupeville Middle School, 501 S Main St.

Silent auction, local artists, kid activities, door prizes, food. Sponsored by Coupeville Middle School ASB.

Live Music: Lauren Napier

Saturday, December 14, 7:30-9:30PM
Penn Cove Taproom, Coupeville

Lauren has tailored her creative interests to suit her ever changing address. Writer. Singer. Cellist. Model. Publicist. Don't miss this amazing artist! No cover. For more information, call 360-682-5747 or visit www.penncovebrewing.com.

Holiday Hoedown for a 2020 Showdown

Sunday, December 15, 5:00-9:00PM
Nordic Lodge, 63 Jacobs Road, Coupeville

Enjoy an evening of dinner, socializing, music, and a raffle. Menu will feature 'Southern Vittles' from Orlando's Fish and Grill. Sponsored by Whidbey Island Democrats. Tickets are \$35, or RSVP and buy online for a discount <http://WhidbeyIslandDemocrats.org/pub>.

Jazzin' with the Classics for Christmas

Monday, December 16, 7:00PM
Trinity Lutheran Church, Freeland

Featuring jazz pianist and clarinetist Martin Lund, classical flutist Jeffrey Cohan and vibraphone player Tom Collier, who is fluent in both musical languages along with baritone Karl Olsen, music director at Trinity and member of the Brothers Four, in a unique and joyous celebration of music for the holidays that bridges the jazz/classical divide. Free will offering to help cover expenses for adults; 18 & under free. For more information, call 360-331-5191 or see www.candlelightnw.org.

VFW Senior Luncheon

Wednesday, December 18, 12:00-1:30PM
VFW Post 7392, Oak Harbor

A free Christmas luncheon. Santa and Mrs. Claus will be there, a free shopping table, caroling and other festive surprises! VFW Post 7392 is located at 3037 Goldie Road. For more information, call 360-675-4048.

Upcoming Sno-Isle Library Events

See schedule below
Cost: Free

Lit for Fun Book Group

Thursday, December 12, 9:00-11:00AM
Freeland Library

Join us for a discussion of Richard Russo's "Straight Man," which follows Hank Devereaux through one very bad week. For adults.

Puppy Dog Tales

Saturday, December 14, 10:00-11:30AM
Coupeville Library

Read aloud to a patient listener and certified therapy dog. Pre-readers and independent readers are welcome. Reading aloud improves children's reading skills and confidence, and reading to a therapy dog is a fun way to encourage reading practice. Caregiver required. Supported by the Alliance of Therapy Dogs.

3rd Tuesday Book Group

Tuesday, December 17, 9:30-11:00AM
Freeland Library

Join us for a great book discussion of Jessie Shattuck's "The Women in the Castle," the story of three women haunted by the past and the secrets they hold.

Religious Services

South Whidbey Community Church

Sundays, 9:00-9:45AM Adult Bible Study
10:00-11:00AM Worship
Deer Lagoon Grange, 5142 Bayview Rd, Langley

Sunday, December 15 - Pastor Wenzek: The Incarnate Deity. Services are followed by a light lunch. You are invited to join us for lunch and loving fellowship.

First Church of Christ, Scientist

Worship, 10:00AM
Sunday School to age 20, 10:00AM
Wednesday Testimony Meeting, 2:30PM
Christian Science Reading Room
Tuesday & Friday, 11:00AM-3:00PM

The church and Reading Room are located at 721 SW 20th Court at Scenic Heights Street, Oak Harbor. Call 360-675-0621 or visit christianscience.com

Services and Sunday School are also held at 10:30AM on South Whidbey at 15910 Highway 525, just north of Bayview and across from Useless Bay Road; testimony meetings are held the first Wednesday of each month at 7:30PM.

Galleries & Art Shows

December Holiday Show

Reception: Saturday, December 14, 2:00-5:00PM
Artworks Gallery, Greenbank Farm

For the month of December, in addition to their established art, gallery artists will fill Artworks with their unique Whidbey Island art created for holiday gift giving and decorating. Holiday art includes mugs, jugs and coasters, platters and bowls, trivets and cutting boards, holiday ornaments in many styles, holiday cards and small gifts, garden art, jewelry, fiber art, painting and prints. Please join our very talented Artworks' artists for light treats and beverages.

Featured Artist: Annette Hanna

Meet the Artist: Monday, December 23, 10:00AM-5:00PM

Penn Cove Gallery, Coupeville
Artist Annette Hanna will be at Penn Cove Gallery with her pastels and other artist tools. She enjoys the quick and forgiving pastel medium which is well suited for both portraiture and landscape. The Pacific Northwest provides her with many opportunities to paint outdoors in beautiful country. Annette has been receiving awards for her artwork since 1986.

Holiday Gift Gallery and Quilt Show

Pacific NorthWest Art School, Coupeville
Come see an astounding exhibition and sale of art quilts by nationally known quilt artist and instructor Janet Steadman. This retrospective spans part of Janet's illustrious career from 1985 to 2012. Janet, who now is 91, donated these gems to the Pacific NorthWest Art School, 15 N W Birch St. The Holiday Gift Gallery and the Quilt show will remain up for your viewing and shopping pleasure through year end at the school. Hours for viewing will be Monday-Friday 9:00AM-4:00PM.

Meetings & Organizations

Greenbank Progressive Club

Holiday Potluck Dinner
Thursday, December 12, 6:00PM
Greenbank Clubhouse, Bakken & Firehouse Roads

Meet and greet will begin at 6:00PM with dinner at 6:30PM. Please bring your own tableware and a dish to share for the potluck. The program for December is a Christmas get together: a conversational evening with a few surprises. The bird is back this year: Turners will provide a turkey, so please bring a dish to go before, after or with it. For more information, please call 360 678-5562. For rental of the Greenbank Hall, please call 360-678-4813.

Whidbey Island Genealogical Searchers (WIGS)

Tuesday, December 17, 1:00-3:00PM
Oak Harbor Lutheran Church, 1253 NW 2nd Ave.

Members and friends are invited to share stories about interesting ancestors or genealogical research or show and tell about a family heirloom. Please bring a favorite food to share. All are welcome to join us for stories, music, food and lots of fun. For more information about W.I.G.S. go to www.whidbeygensearchers.org.

Whidbey Island Camera Club

Tuesday, December 17, 6:00-8:00PM
Elaine's Photo Studio, 947 Ault Field Rd., Oak Harbor

Social time 6:00-6:30PM, meeting 6:30-8:00PM. The theme for December is "Candle Light". You may submit up three photographs for discussion during the meeting to Clancet@aol.com. Whidbey Island Camera Club, a community club, is open to the public. If you have questions, please email tina31543@comcast.net.

MAGIC-al Holiday Party for Mac Users

Wednesday, December 18, 4:00-6:00PM
UUCWI, 20103 SR 525, Freeland

The Macintosh Appreciation Group of Island County Holiday Party. There'll be refreshments and a Question and Answer session for a half hour, followed by a short business meeting and then some mini seminars and wizardly coaching so specific questions from individuals can be answered by the wizard or a mentor. Attendees are encouraged to bring some computer software or hardware to swap or give away. Anything with a higher value may be contributed to the raffle. There'll be raffle prizes including tuition to a class, an Apple Gift Card valued at \$100 and an iPad Pro. Raffle tickets are \$2 each. Membership to MAGIC is free, but a \$2 donation helps with facility rental.

Grief Support Group

Starts January 12, 3:00-5:00PM
Church of the Nazarene, Oak Harbor

Weekly support group offering help and encouragement after the death of a spouse, child, family member, or friend. Registration is \$20 and can be completed online at www.griefshare.org or by calling 360-675-0705.

For a list of continuous Meetings and Organizations, visit www.whidbeyweekly.com

Classes, Seminars and Workshops

I-1639 Mandated Training Class

Saturday, December 21, 10:00AM-12:00PM
NWSA Range, 886 Gun Club Road, Oak Harbor

This course presents training mandated by I-1639 prior to a person being able to purchase any semiautomatic rifle. As required by law, this course covers basic safety rules, safe storage, talking to children about firearms and firearms safety, and suicide prevention. The cost of the class is \$10 (\$15 if paid online). Students can register by phone call or email. For questions or to register call NRA instructor John Hellmann at 360-675-8397 or email NWSA.Training@gmail.com Additional information can be found at www.northwhidbeysportsmen.org.

DUI/Underage Drinking Prevention Panel

Saturday, December 21, 1:00-3:00PM
Oak Harbor Library meeting room

No pre-registration required. No late admittance allowed. Open to all and required by local driving schools for driver's education students and parents. For more information, call 360-672-8219 or visit www.idpic.org.



Thank you for reading! Please recycle the Whidbey Weekly when you are finished with it.





Podcast for Mental Health p. 10



Photo Courtesy of Cynthia Morrow
Members of Whidbey Island Orchestra rehearse last week for this weekend's "Everything Christmas!" concerts, to be held Friday evening and Sunday afternoon at Trinity Lutheran Church in Freeland.

Orchestra concerts celebrate everything Christmas

By **Kathy Reed** Whidbey Weekly

Decorations and twinkling lights aside, nothing says it's the holidays better than music. Whidbey Island Orchestra is offering up a gift of two free concerts this weekend, featuring "Everything Christmas!"

These free (donations accepted) programs will take place at Trinity Lutheran Church in Freeland at 7 p.m. Friday and 3 p.m. Sunday.

"The Christmas concerts at Trinity Lutheran Church in Freeland [this weekend], titled "Everything Christmas!" are everyone's favorites, mine included," said conductor Cynthia Morrow.

The holiday concerts by the all-ages community orchestra are like a really good Christmas cookie – they begin and end

the same way, with a whole lot of wonderful sandwiched in between.

"Our orchestra has created a tradition of beginning these concerts with 'Tidings of Comfort and Joy' and ending with 'Sleigh Ride,' by Leroy Anderson, but everything in the middle changes every year," Morrow described. "We do play audience favorites such as 'The Christmas Song,' by Mel Torme, but we also add some new things each season. This year, for example, we've added 'The Christmas Waltz,' some wonderful new Christmas medleys, and a Christmas carol sing-along."

To add a little spice to this Christmas treat, look for solo performances by two orchestra members – Brian Kenney and Steve Tarr.

"Brian Kenney is a busy local musician who performs with

Saratoga Orchestra, sings and plays with Island Consort, and teaches music at Whidbey Island Waldorf School," said Morrow. "He also operates Do Re Mi Farm in South Whidbey.

"Steve Tarr majored in trombone at Central Washington University and owns and operates Deer Lagoon Tile Company on Whidbey Island," she continued.

The addition of these solos makes what already promises to be a holiday music enthusiast's dream an even richer experience, according to Morrow.

"Our concertmaster, Brian Kenney, will be playing solo violin on Gounod's 'Ave Maria' with the orchestra, and our principal trombonist, Steve Tarr, will be playing his heartfelt rendition

See **ORCHESTRA** continued on page 12

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THURSDAY, NOV. 21

10:05 am, SR 20

Requesting call referencing traffic incident last night at location when numerous drivers were beeping their horns at each other. Not really reporting an incident but would like a phone call.

10:43 am, Ault Field Rd.

Female screaming and crying hysterically, will not give address, says no one ever sends help.

12:12 pm, Ault Field Rd.

Female states she needs to know what is going on; missed an ambulance earlier; no medical needed now, wants to know if subject got arrested. No name provided, hung up on call-taker.

6:05 pm, Boon Hollow Ln.

Female saying a name, could not understand her, then said "No, this is not 9-1-1" and hung up. On recall, line picked up and disconnected.

6:34 pm, Edgecliff Dr.

Reporting party advising daughter is telling her what she can and can't do; nothing physical.

7:17 pm, Lenz Pl.

Caller advising daughter told him subject was on his way to caller's house to "beat his ass." Unknown how daughter got information; states daughter told reporting party 20 minutes ago.

11:08 pm, SR 20

Advising white male on pump three has been washing car with paper towels for one hour and asking other customers for money.

FRIDAY, NOV. 22

8:30 am, Lenz Pl.

Reporting party advising subject is at location now and refusing to leave; states he's on front porch.

10:10 am, SW Muzzall St.

Caller advising her alarm went off at

location via Xfinity Home, suspects it is her daughter skipping school.

4:21 pm, Maxwellton Rd.

Advising male subject on beach is yelling at people, calling everyone addicts. Has little bulldog terrier with him.

4:23 pm, NE 7th Ave.

Reporting party advising woman downstairs has been banging on walls and ceiling, then came to location and started screaming in reporting party's face.

SATURDAY, NOV. 23

6:35 am, West Beach Rd.

Reporting party advising "When I turn the TV on, people start saying they're gonna take her away."

SUNDAY, NOV. 24

12:06 am, Blattman Rd.

Reporting party requesting contact at intersection of road; advising has information for a deputy right now; states it is very important. Wants to save entire north end of Whidbey Island and needs to get information to a deputy right now.

11:24 am, SR 525

Reporting party advising traffic light has a timing issue on the yellow and wondering if it has cameras on it.

1:17 pm, Mastodon Dr.

Advising neighbor is doing donuts and bringing her dog to caller's property; caller not at location, second-hand information from caller's photographer.

1:40 pm, Lisa St.

Neighbor on Mark St. is at location now, acting manic; male is at front door,

outside with reporting party's partner "preaching."

5:16 pm, SE Pioneer Way

Advising male trying to steal stop sign.

9:29 pm, SR 20

Reporting trailer in parking lot; reporting party brought them pizza yesterday and made contact with them, including buying them a battery. Reporting party thinks they're "doing crazy s**t," advising in last hour and a half there was a fight and someone vomited on sidewalk.

MONDAY, NOV. 25

4:05 pm, SR 20

Advising white female, sitting on bench outside store is yelling at customers.

5:54 pm, SW Ponsteen Dr.

Caller states just found blood on floor in laundry room of house; caller and husband have been at work all day, states door was left unlocked earlier today.

9:02 pm, Main St.

Caller advising male subject dancing in parking lot, possibly on drugs; states another male with subject associated to red Ford pickup truck.

9:57 pm, Saratoga Rd.

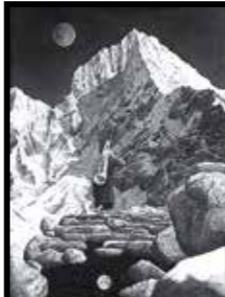
Reporting huge explosion, caller heard car horn beeping, sounded louder than a car crash; sounds close to caller's address.

11:37 pm, SR 20

Reporting party advising male came into store and destroyed merchandise in her face and yelled at her; would like him trespass.

Report provided by OHPD & Island County Sheriff's Dept.

HOLIDAY HAPPENINGS



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Holiday Memories

December 14 • 4-7pm

Oak Harbor Downtown Merchants would like to share with you one of their favorite tasty holiday memories. Purchase a commemorative plate for \$10 to take around to participating businesses and receive a special treat. Register online at www.oakharbormainstreet.com and pick up your commemorative plate at Paint Your World on December 14 to begin your culinary journey! For more information, email promotion@oakharbormainstreet.com www.oakharbormainstreet.org

OAK HARBOR MAIN STREET



COOKIE WALK

Saturday, December 14, 10am
Langley United Methodist Church

Fill a box (Just \$15) with your choice of fresh-baked holiday cookies. Makes a great gift, or freeze for holiday parties!

Benefits local charities.

3rd & Anthes Streets



Don't Get Mailed This Holiday Season SHOP LOCAL!



GIVE THE GIFT OF LIGHT

This holiday season sponsor a luminaria for only \$25 to pay tribute to that special person or pet in your life.

Visit www.waifanimals.org/gol to sponsor a luminaria today.



Annual Coupeville Historic Waterfront Association Red Ticket Drawing \$2,300 Cash Shop, Dine, Stay and WIN BIG! \$1500, \$500 & 3 \$100 PRIZES! Each \$20 Purchase = 1 Red Ticket Drawing to be held Sunday, December 22nd at 1:00pm at the Island County Historical Museum. Hot cocoa and music starting at 12:30pm. Must be present to win, be 18 years of age or older and love Coupeville. Red 2019 Ticket Shop Locally. CoupevilleHistoricWaterfront.com • CoupevilleChamber.com

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MENTAL HEALTH PODCAST: *Oak Harbor men ask "Why is it like that?"*

By Kathy Reed Whidbey Weekly

Heath Garcia and Tre Treviño know the mental health struggle is real. Both have mental health issues with which they deal on a daily basis.

They question why it happens to people, why it can be so hard to talk about, why no one is immune, why there is such a stigma surrounding the term "mental health."

Garcia and Treviño WANT to talk about it. Because they know how prevalent an issue it is. Because they believe it's important. Because they believe talking with other people who are also struggling can start a conversation. Because they know there is hope.

The two men, both active duty Navy Chiefs at Naval Air Station Whidbey Island, have started a mental health podcast called "Why is it Like That?" - WILT for short.

"We consider it a type of therapy," said Garcia. "Because the only way we can take care of each other and get through our pain is to talk about it; because it helps us get it out, where we feel less shameful to talk about our trauma. It also reinforces healthy friendship and connection with other like-minded people that are also suffering. So the goal of our podcast is to mesh these people together, maybe this will reach them and they'll be able to say 'I'm not alone.'"

"We just try to show people that we are two regular guys that deal with a lot of stuff," said Treviño. "We're just trying to tell everybody that there's other people like us, to say it's going to be alright. Just reach out to somebody, anybody."



Photo Courtesy of WILT Podcast
Heath Garcia, left, and Tre Treviño are hosts of the "Why is it Like That?" podcast, a program that focuses on mental health issues.

That's our thing. There is this whole group of people that are sharing the same thing."

What began as Treviño helping Garcia make audio recordings of his blog has morphed into a weekly podcast that has climbed within nine spots of hitting the top 100 mental health podcasts, all within the last three months. Both men are surprised at how quickly WILT has taken off.

"I wasn't supposed to talk on this thing," Treviño said. "I was going to record and that was going to be it. But then the dialogue was there. I've learned when you talk, it helps. When you release that stuff you hold onto, it really helps. It's a hard thing, but when you open up, it releases it."

"My mantra when I first started and it's still my mantra, is if I can touch one life each time we talk, then that one person will touch another life and that person will spread it to another and it's like a big mass spiderweb, it just goes out," Garcia said. "We really didn't expect it to take off, but we're not expecting it to stop, either. As far as it's going, we're willing to go with it."

Neither of the men claims to have any professional mental health training. They always encourage podcast listeners or livestream viewers to seek immediate medical help if they are in a crisis situation. Their intent is merely to have a conver-

See PODCAST continued on page 12



THANK YOU 2019 OHFCL SPONSORS



Annual Public Meeting
December 17, 6:30pm
Oak Harbor School
District Office



Your contributions allowed more kids to participate and provided for a safer league for all!



For more information on becoming a 2020 Season Sponsor email ohfdwildcats@gmail.com or visit OHFCL.org



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Film Shorts

Courtesy of Cascadia Weekly

By Carey Ross

21 Bridges: I will watch Chadwick Boseman in just about anything, including this incredibly cheesy-looking action flick that seems to have been made solely so Boseman can stay in shape for his next Black Panther movie. ★★ (R • 1 hr. 43 min.)

A Beautiful Day in the Neighborhood: Forest Gump was just the warm-up. Obviously Mister Rogers was the role Tom Hanks was born to play. Feel free to ugly cry from the opening scene to the closing credits. You'll be in excellent and plentiful company. ★★★★★ (PG • 1 hr. 48 min.)

The Aeronauts: This account of a meteorologist and a thrill-seeking balloon pilot in 1862 who want to fly higher than anyone in history is saved (somewhat) by its leads—Eddie Redmayne and Felicity Jones—and its high-altitude action. ★★★ (PG-13 • 1 hr. 42 min.)

Black Christmas: This is the second remake of the 1974 classic that planted the very fertile seeds of the slasher genre, including not only the slasher itself but the archetype of attractive, helpless women victims. With a PG-13 rating and a supposed feminist bent, perhaps the third time is the charm? ★★★ (PG-13 • 1 hr. 32 min.)

Dark Waters: Mark Ruffalo plays a lawyer who takes on chemical giant DuPont in this compelling courtroom drama that gets a huge assist in the form of direction by Todd Haynes. ★★★★★ (PG-13 • 2 hrs. 6 min.)

Ford v Ferrari: Ostensibly, this is about legendary car designer Carroll Shelby (Matt Damon), who, under the auspices of Ford and with the help of driver Ken Miles (Christian Bale), took on the Ferrari racing monopoly. Mostly it just looks like a couple of Oscar-winning actors driving fast cars and having the time of their lives doing it. ★★★★★ (PG-13 • 2 hrs. 32 min.)

Frozen II: It's Disney's world and we're all just living in it. There's nothing we can do about that. We need to learn to let it go. ★★★★★ (PG • 1 hr. 44 min.)

Jumanji: The Next Level: This franchise is proof the Rock's considerable charms are enough to overwhelm and overcome even the most mediocre premise and razor-thin plot. I'm not mad about it. I'm charmed by him too. ★★★ (PG-13 • 1 hr. 40 min.)

Knives Out: This Agatha Christie-esque murder mystery has an excellent ensemble cast—Daniel Craig, Chris Evans, Jamie Lee Curtis, Toni Collette, Christopher Plummer, etc.—an excellent director—Rian Johnson—and excellent reviews. Suck it, "Star Wars," this is my winter 2019 must-see. ★★★★★ (PG-13 • 2 hrs. 10 min.)

Last Christmas: Not exactly a Christmas movie, more a Christmas-adjacent movie about a year-round elf who meets a boy and presumably they fall for each other. As far as I can tell, the only point of interest about this movie is that it stars Emilia Clarke in her first post-Mother of Dragons role. ★★ (PG-13 • 1 hr. 42 min.)



Midway: The Battle of Midway was a truly decisive World War II naval victory with an interesting backstory no movie directed by Roland Emmerich could adequately capture. The battle scenes will be real cool though. ★★ (PG-13 • 2 hrs. 18 min.)

Queen & Slim: Lena Waithe, the first black woman to win a comedy-writing Emmy for her work on "Master of None," also wrote the script for this film in which a couple (Jodie Turner-Smith and the always riveting Daniel Kaluuya) on a date kill a police officer in self-defense, go on the run and become accidental folk heroes. ★★★★★ (R • 2 hrs. 12 min.)

Playing With Fire: John Cena leads a group of firefighters who have to babysit children because comedies really get to be this thinly premised these days. ★ (PG • 1 hr. 38 min.)

Playmobil: The Movie: I suppose given the high quality and runaway success of the Lego movies, it was inevitable Lego knockoff Playmobil would take a stab at movie-making. Imitation may be the sincerest form of flattery, but it doesn't necessarily make for a good film. ★ (1 hr. 39 min.)

Richard Jewell: Say what you will about Clint Eastwood, but in a Hollywood that has succumbed to green screens and style over substance, he remains the master of spare, straightforward film-making. Here he trains his lens on falsely accused 1996 Atlanta bomber Richard Jewell with his by-now-customary effective results. ★★★★★ (R • 2 hrs. 9 min.)

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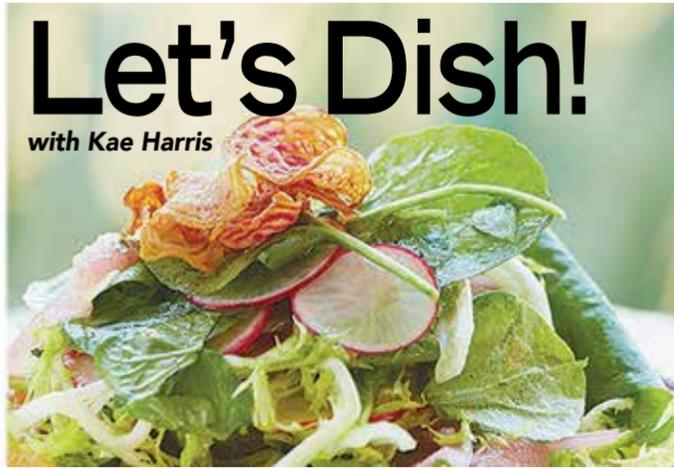
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Answers on page 15



Let's Dish!

with Kae Harris



AN EGG-CELLENT WAY TO CELEBRATE THE HOLIDAYS!

Of all the seasonal goodies we can indulge in this month, I find none so understated as eggnog. We might see "eggnog flavored" such and such in stores, cafés, bakeries and restaurants, but how often do we find ourselves picking up an actual carton of it? I know I can speak for myself, at least, and say I hardly ever do it, even though my children INSIST I buy some every year because apparently, they "love it." They only THINK they love it and they don't actually have that much of an affinity for it, they just want some of the seasonal goodness to tickle their tongues while the rest of the pint of eggnog sits patiently awaiting some thirsty person to drink it.

In any event, I enjoy it for the most part, but sometimes find its viscosity a little overwhelming so I'll have a quarter cup at a time (maybe) and take exceptionally puny sips. Anything more than a milliliter at a time and I'll gag. So, where did eggnog originate? Was it always eggnog or has it morphed throughout the ages and become what we know eggnog to be today? According to culinary historians, eggnog is a descendant of "posset," a milky ale drink served hot. A posset is said to have originated in Medieval Britain and was enjoyed by monks who also added eggs and fruit, such as figs. From there it became considered a food for the wealthy and as such, it was found at many a

gathering for the upper echelons of society, toasting to health, wealth and prosperity.

Once it made its way over to America, eggnog became more closely associated with the holidays and was likely more readily available to more than just the "higher class" citizens. With the abundance of farms and livestock (cows and chickens, specifically – because well, you can't make eggnog or posset without milk or eggs), it was much easier to source the ingredients for the drink. I read somewhere George Washington was partial to the drink and noted down a recipe himself for it, but unfortunately for whoever makes it, he forgot the number of eggs he used. Not to worry though, because some fine culinary masters of the time figured a dozen eggs would be swell. It's important to note Washington's version used a rather large amount of alcohol, apparently. I can't really raise my eyebrow at this because my mum would bake a Christmas cake several weeks before Christmas, store it in a baking tin in a cool dry place and douse it every day in brandy, just so it could be lit (yes, we lit the cake) before putting out the flame and serving slices of brandy – I mean Christmas cake - to the adults. I couldn't understand why I wasn't allowed any until I was much older. Again, no eyebrows raised at the heavy handedness of George Washington's whisky-rum-rye-sherry eggnog as I toast my mum's recipe with my slice of Christmas cake.

There's no doubt about it; eggnog looks delectable in any receptacle. Whether in a rustic mug with a stick of cinnamon poking out from the thick liquid within, or in a martini glass delicately sprinkled with ground cinnamon, the way eggnog LOOKS is delicious. Our eyes gobble it up. And while the name "eggnog" isn't nearly as appealing as its physical appearance, we can draw a conclusion about the way it might taste from the origins of its name. Colonials are said to have referred to thick-textured drinks as "grog" and eggnog was actually initially called "egg-and-grog." There is another theory however, that credits a drinking vessel called a "noggin" - in which eggnog was frequently served - as being the namesake of the drink. Whatever the origins of the name, it's become an icon, in a way, for the holidays.

Most often, and as I mentioned earlier, eggnog now is not so much an actual feature itself, but rather a flavor for more popular foods. Eggnog-flavored ice cream, eggnog latté, eggnog frosting on cupcakes and so on – the flavor of eggnog in something else is more likely to be a "hing" than the actual "thing" whose thunder it's stealing! Perhaps it's because of its texture - an acquired "feel" in my opinion, or maybe it's the prospect of consuming raw eggs that puts some people off drinking eggnog as is.

There are however, for those who aren't partial to the feel of the eggnog but like the taste, several ways to use it or use up the leftovers. For example, adding some eggnog into a dish of mashed sweet potatoes and topping with some caramelized pecans takes dinner sides to a whole new level entirely. Then there's eggnog oatmeal, wherein you substitute the water or milk used to make it with eggnog and you have yourself an incredibly creamy, sweet and delicious breakfast treat – which really IS a treat on a cold morning. How about using it as a batter for your French toast? Or perhaps turning it into a syrup for pancakes? Maybe, just maybe, you want to stay as close to its true form as possible (a drink), so making eggnog ice cubes for a festive cocktail might not be a bad idea at all.

You know, whenever I look at a traditional

food item, I always wonder a few things: Where did this food or drink start?; Why was it a thing to begin with?; How did it become what it is today?; and What can I do with it to make it my own? When you know where something came from it makes the dish come alive, I feel. It gives it a backstory and allows you to see how many people had a hand in making it the modern-day favorite it might be. So, dear readers, with that said, I will naturally be including a recipe for the eggnog mashed sweet potatoes, which is my adaptation from an eggnog sweet potato casserole. Both are delicious, this is just quicker and if you try it, let me know how you like it! Please send any and all questions, comments and certainly, recipes you would like to share to letsdish.whidbeyweekly@gmail.com and we'll do just that and Dish!

Eggnog Mashed Sweet Potatoes

- 2 to 3 lbs sweet potato (4 to 6 cups mashed)
- 2 tablespoons butter
- ½ to 2/3 cup eggnog
- 1 to 2 tablespoons brown sugar
- ½ to 1 teaspoon salt
- ¼ to 1/3 cup chopped pecans (I like the sweet/caramelized kind)
- Raisins (optional)

Peel and cube sweet potatoes and boil in a large pot of water until soft. Remove from heat, drain, return cubed sweet potato to the pot and mash. Transfer to a large bowl and combine with eggnog, brown sugar, salt and raisins (optional). Mix very well, serve with a sprinkling of chopped pecans and enjoy! Remember, if using less sweet potato, use less eggnog, sugar and salt and if using more sweet potato, use more. Tweak as you like and make it your own!

<https://time.com/3957265/history-of-eggnog/>

To read past columns of *Let's Dish* in the *Whidbey Weekly*, see our Digital Library at www.whidbeyweekly.com.

ORCHESTRA continued from page 7

of 'I'll Be Home For Christmas.' There won't be a dry eye in the house," she said. "The orchestra is also performing 'Jesu, Joy of Man's Desiring' by J.S. Bach to remind us all of the true meaning of Christmas."

Assistant conductor, Gabriela Garza, will step in to lead the orchestra as well.

"[She] will be conducting the much-beloved 'Christmas Concerto' by Arcangelo Corelli, as well as 'A Mad Russian's Christmas,' which is the Trans-Siberian Orchestra's very hip take on Tchaikovsky's 'Nutcracker,'" Morrow described.

For those unable to attend this weekend's concerts, there is another chance to catch a special holiday performance of Whidbey Island Orchestra at Whidbey Island Center for the Arts in Langley at 7:30 p.m. Sunday, Dec. 22.

"Our special holiday program is called 'The Night Before Christmas' and features our favorite storyteller, David Ossman, narrating 'Twas The Night Before Christmas,' as well as presenting a portion of 'How the Grinch Stole Christmas,' followed by songs from the movie," Morrow said.

"Of course, we will bring back our soloists, Brian Kenney and Steve Tarr, and we've also added other wonderful musical surprises," she continued. "We always present both sacred and secular music at this time of year, so this concert should be the perfect way to get into the spirit of the holidays!"

Admission to the concerts this weekend at Trinity Lutheran Church is free, although donations are gladly accepted. Refreshments are served after each performance.

Tickets for the Dec. 22 performance at WICA are \$24 for adults, \$22 for seniors and are free for those 18 and under; they may be purchased online at www.wicaonline.org.

Looking ahead, those interested may want to set aside some time for Whidbey Island Orchestra's upcoming 2020 performances.

"Our next concerts in March, 'Fiesta Latina!,' will feature many types of Latin American music, ranging from bossa novas to salsas to tangos to everything in between," said Morrow.

Find more information about Whidbey Island Orchestra online at www.whidbeyorchestras.org.

PODCAST continued from page 10

sation. And, while their own personal experience has been with the military, they say mental health issues are prevalent in every demographic. Statistics from the National Alliance on Mental Illness (NAMI) support that: One in five adults in the U.S., or 19.1 percent, experienced mental illness in 2018. Suicide is the second leading cause of death among people ages 10-34 and the 10th leading cause of death overall in the U.S. The nation's suicide rate has increased by 31 percent since 2001 and nearly half (46 percent) of those who commit suicide have a diagnosed mental health condition. The suicide rate among veterans is significantly higher.

Garcia and Treviño say they are willing to fight to change those statistics.

"I am at war with suicide, depression and anxiety and this is how I'm doing it," Garcia said. "We're trying to make a safe space through the podcast, through the website, through #savingsailors, through everything like that to give everyone that safe space to know your voice is heard. We hear what you're saying; we also go through it."

"Let's fight it together," Treviño said.

"Let's be the survivors," said Garcia.

"It's difficult not to cater to the military because that's our story and that's what a lot of our listeners are," Treviño said. "But it doesn't just affect the military and that's another stigma we'd like to break - that it's only the military that gets PTSD. Everybody does, everybody deals with it."

"There's tons of content out there that we're pulling from," said Garcia. "Sexual trauma, addiction, alcoholism, pornography, things like that; we're releasing good content that appeals to everybody, civilian or military, it doesn't matter."

WILT began at a folding table in Treviño's house. It has now moved into a space at North End Fitness. Treviño and Garcia say they have joined forces with the #savingsailors group and they are looking at establishing a nonprofit. In addition to their podcast, which is available at Apple and Spotify, they are adding more livestreams on Facebook and from different locations around town. The pair will be streaming live from Wicked Teuton Brewing Company in Oak Harbor from 6 to 9 p.m. Friday, Dec. 20.

If you or someone you know is experiencing a mental health crisis and is in immediate need of assistance, call The National Suicide Prevention Lifeline at 800-273-TALK (8255) or call 911 immediately.

You can find out more information and listen to podcasts online at whythatpodcast.com or find WILT on Facebook. Anyone seeking information on mental health can go to www.nami.org.

Whatever the future holds for WILT, Garcia and Treviño are sure of one thing – they will keep talking.

"If you're going through anything, just give us a listen, anything at all," encouraged Treviño. "We're your sounding board. If you're going through some stuff but you don't really want to talk to somebody about it, talk to us."

"We're transparent on our mess ups, on our relationships, oddball-isms," he continued. "We're open with it; we'll even cuss. We're just being ourselves. We're just two regular guys - that's basically the gist of it."

"We talk about real issues; we talk about it the way it needs to be talked about, not with a fine-tooth comb or politically correct, we talk about it the way people are going to talk about it, share the way they feel about it, the way we feel about it. We're all related through connection," said Garcia.

"Human beings desire and need connection and when the connection falls off, then we can turn dark," Garcia continued. "When we have a connection with someone or with people or with a group, we feel belonging, we feel needed and that keeps us holding on just that little bit longer - and that could be the difference between life and death."





CHICKEN LITTLE & THE ASTROLOGER

By Wesley Hallock

ARIES (March 21-April 19)



Your relationships may become a testing ground for new ideas this week. How well have the understandings you glean from media, friends and coworkers percolated into your daily life?

Is your mate completely on board? If either of you harbors doubts, the time has arrived to hash them out. From out of your arguings, a higher and deeper model of existence is evolving. Don't shy away from controversy on the 13th.

TAURUS (April 20-May 20)



Confidence has a lot to do with your satisfaction or the lack of it this week. If you hesitate to voice your desires, the likelihood of your achieving your dreams goes down. Allies are important to your success. To gain them, you'll need to be forthright and speak honestly about exactly what it is that you want. All of this presumes that you know your own heart. If you're lacking inner clarity, the 13th will expose it.

GEMINI (May 21-June 21)



This week you may be pulling an oar for someone else on their voyage to success. The true nature of the boat, leaky tub or sea-worthy yacht, won't be known until after the journey has begun. In either case, bend yourself to the task and do your part. Approached with commitment and a sincere desire to succeed, you can accomplish wonders. An expanded view of what's possible is not the least that awaits.

CANCER (June 22-July 22)



Pick your challenges carefully this week. Setbacks and delays come at you often enough without your adding to the mess unnecessarily. Why waste energy fighting battles that aren't yours to fight? Even if it's a battle you could win, is it worth the effort? Before you engage in sticky competition, weigh what's at stake against the sacrifices necessary to secure it. The confidence born of knowing makes or breaks the 13th.

LEO (July 23-Aug. 22)



Do you have a dream of a better future? The most important thing you can do this week is to grow that dream. It may also be the hardest. Growing your dream does not mean you must make it bigger and better, or change it in any way. Growing your dream means only that you stay connected to it. To connect is to nurture, and as you nurture the dream, the dream nourishes you. If the 13th brings tight spots, this is your way through them.

VIRGO (Aug. 23-Sept. 22)



The little details can be the most important in your week. This means that anywhere you hit obstacles, before you rush to make sweeping changes, check the small things. It's the small and easily overlooked points that often

prove most crippling to your plans. You can't know what you don't know. That means it's a blindspot, and blindspots notoriously hide the small things. All good reasons to be relaxed and alert on the 13th.

LIBRA (Sept. 23-Oct. 22)



Ordinary events this week can have extraordinary impact. In the midst of a daily routine, you may realize how much more is possible for you, and be moved to reach out for it.

The need and desire for education to do the things you cannot do now may be quite strong. Also strong may be the sense of time lost or wasted in activities that could have been planned more wisely. Ways to compensate may appear on the 13th.

SCORPIO (Oct. 23-Nov. 21)



Opportunities to side with those fighting for worthy causes are many this week. Appeals for money and participation are a certainty. The question is, who controls

the money? It's important to know. You become a part of the thing you contribute to, sharing in its successes and bearing responsibility for its failures. For these reasons and more, the power of money is especially important on the 13th.

SAGITTARIUS (Nov. 22-Dec. 21)



Debt is a powerful tool that you can use in one of two ways this week. Used wisely, borrowing can ultimately leave you better off than before. Used unwisely, borrowing can seriously weaken you. The ability to distinguish wise from unwise use of debt comes of education. Educate yourself fully on the ins and outs of any debt you're thinking to assume. This is more than a side note issue on the 13th.

CAPRICORN (Dec. 22-Jan. 19)



The actions required of you this week involve a careful sequence of many steps. If their number and complexity seem overwhelming, prioritize and deal with them one at a time. If the load is still too much, you may need to delegate certain tasks to a trusted helper or associate. The list of things to do may be long, but the benefits to be gained number more. Peace of mind is a worthy goal on the 13th.

AQUARIUS (Jan. 20-Feb 18)



Whatever your game, this week offers many ways to advance. To realize how many, you need only tap the hidden well of your own creativity. The access points are simple and common.

A quiet hot tub soak, a solitary beach walk, watching raindrops on a window pane. You get the idea. The less you try to reach the well, the more effective you'll be. Ideas may even come looking for you on the 13th.

PISCES (Feb. 19-March 20)



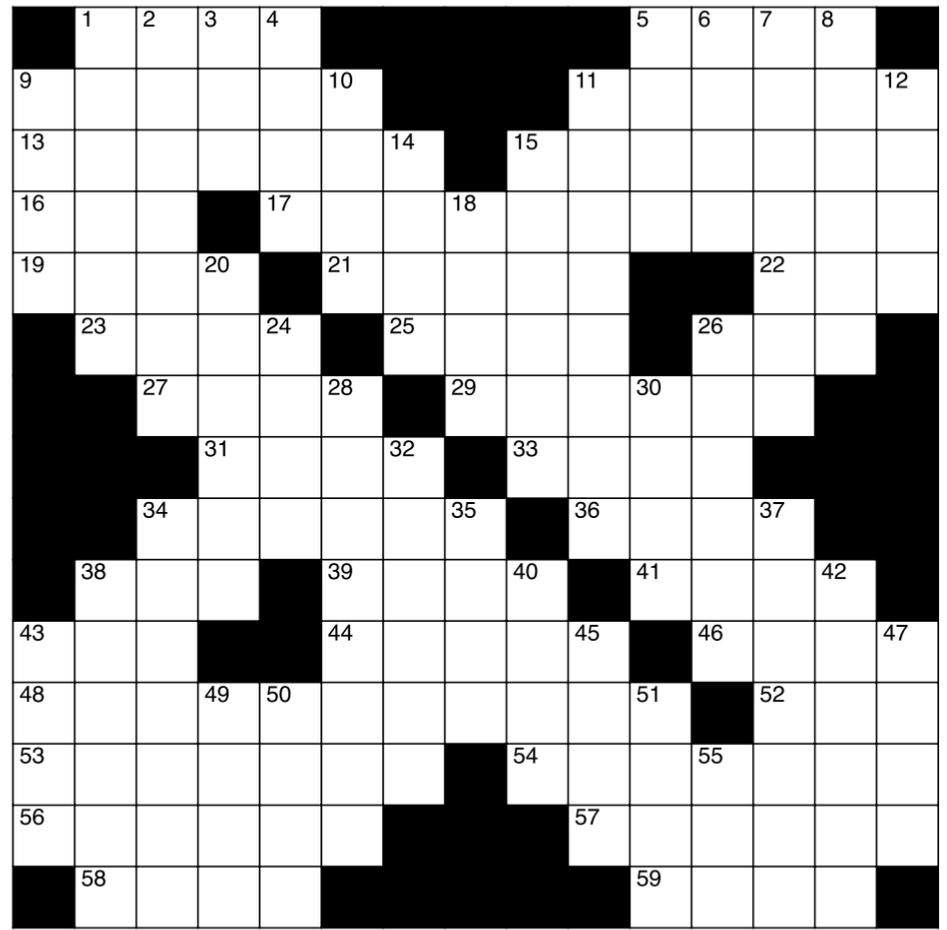
It may seem this week that the only thing greater than your desire to expand your horizons is the list of reasons why you cannot. If that is true, it's time to take control of your life. For every obstacle, there is a way around it. Once you realize that, the rest is about searching out that way, and then acting on it. You may even discover that the funnest part of the game lies in the search. The possibility adds spice to the 13th.

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Chicken Little looks at what is and fears the sky is falling. Wesley Hallock as a professional astrologer looks at what is and sees what could be. Read Wesley's monthly forecast, with links to Facebook and Twitter, at www.chickenlittleandtheastrologer.com. To read past columns of Chicken Little and the Astrologer in the Whidbey Weekly, see our Digital Library at www.whidbeyweekly.com.

Crossword Puzzle



CLUES ACROSS

- 1. No longer on the market
- 5. W. African language
- 9. A way to open
- 11. A type of pigeon
- 13. Japanese warrior
- 15. Pelvic areas
- 16. No seats available
- 17. Not working
- 19. In a way, soaks
- 21. Growing outward
- 22. Ritzy local __ Air
- 23. Telegraphic signals
- 25. Metric units
- 26. Large wine cask
- 27. Fiber from the husk of a coconut
- 29. Gets up
- 31. French river
- 33. Witnesses
- 34. They make great neighbors
- 36. The sun does it
- 38. Used to store ashes
- 39. First Chinese dynasty
- 41. Network of nerves
- 43. Word element meaning ear

CLUES DOWN

- 1. Trapped
- 2. About osmosis
- 3. Romanian monetary unit
- 4. Form of Persian
- 5. Cold wind
- 6. Leave out
- 7. Small vehicle
- 8. A little off
- 9. Soviet Union
- 10. A narrow path or road
- 11. Contrary beliefs
- 12. One who speaks Gaelic
- 14. Private school in New York

- 15. Jackson and Townshend are two
- 18. Soldier in an airborne unit
- 20. Taken illegally
- 24. Capital of Valais
- 26. Male reproductive organs
- 28. State capital
- 30. One with supernatural insight
- 32. Starts all over again
- 34. Jai alai arena
- 35. Star Wars antagonist
- 37. Freestanding structure
- 38. The ideal place
- 40. The extended location of something
- 42. Made level
- 43. Distinctive smell
- 45. Greek goddess of discord
- 47. Got older
- 49. Type of monkey
- 50. Travels to
- 51. Geological times
- 55. Edge

Answers on page 15

YOUR GUESS IS AS GOOD AS OURS WEATHER FORECAST

| Thurs, Dec. 12 | Fri, Dec. 13 | Sat, Dec. 14 | Sun, Dec. 15 | Mon, Dec. 16 | Tues, Dec. 17 | Wed, Dec. 18 |
|--------------------------------------------------------|--------------------------------------------|---------------------------------------------|---------------------------------------------|---------------------------------------------|-----------------------------------------------|--------------------------------------------------------|
| North Isle H-51°/L-41° Rain and Drizzle Possible | North Isle H-50°/L-40° Rain Possible | North Isle H-50°/L-36° Chance of Rain | North Isle H-48°/L-34° Chance of Rain | North Isle H-46°/L-33° Chance of Rain | North Isle H-45°/L-32° Showers Possible | North Isle H-45°/L-31° Rain and Drizzle Possible |
| South Isle H-51°/L-41° Rain and Drizzle Possible | South Isle H-51°/L-40° Rain Possible | South Isle H-50°/L-36° Rain Possible | South Isle H-48°/L-34° Rain Possible | South Isle H-46°/L-33° Rain Possible | South Isle H-45°/L-32° Showers Possible | South Isle H-44°/L-30° Rain and Drizzle Possible |



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WINTER CRAB and RAINBOW TROUT

Normally this time of year my son and I would be hitting the Skagit River in our drift boat the Friday after Thanksgiving, searching for a feisty silver-bullet Steelhead Trout heading back to the Cascade River fish hatchery. But in 2014, after the State of Washington was served with a lawsuit by a few selfish organizations, the Cascade River hatchery was forbidden to raise and release these Smolt-sized, legendary fish into the river system, so the last of the remaining hatchery steelhead are now gone. So much for that Black Friday tradition. Now, we search the local lakes for their smaller cousins, the Rainbow Trout. There really is no comparison between the two fish; a steelhead will run circles around a lake rainbow, but when you love to fish, you just go fish for what is available and open. A butterflyed, Panko-crusted trout cooked in light olive oil with a little lemon butter drizzled on top is a fine reward for a few crisp, early morning hours spent on the lake. Rainbow trout are not difficult to catch if the fish are there; a limit of fish can be caught using many different techniques: Casting spoons or spinners from a boat or the shore; slow trolling lightweight spoons or minnow baits; jigging with ¼- to ½-ounce lead-head feather or rubber jigs; and of course traditional still-fishing, with or without a bobber and a worm or other trout bait of your choice. All of these are productive ways to put fish in the cooler.

Since I troll a lot for salmon in the saltwater, trolling for trout is my first choice. I just downsize everything. I use a 12-foot aluminum boat with an electric trolling motor, slow down my boat speed and pull a size F-4 flatfish minnow bait in a yellow or green pattern about 25 feet behind the boat and wait for a take-down. If trolling is not getting the job done, I will switch to still-fishing on anchor with a small sliding egg sinker and a dough-style bait in pink or chartreuse. Between these two methods, if there are fish in the area, I'm going to catch some trout for dinner. The nice thing about catching winter fish is the cold water keeps the fish's flesh tight and firm, perfect for eating.

What goes better with a crisp, buttery trout than a fresh Dungeness crab? When I first started crabbing in the surrounding waters in 1995, a limit of crab caught using a "crab-ring" setup was open year round, mainly because the crabber had to tend to the ring by bringing it out of the water often to check for keeper crabs and

it was not normally left to soak overnight. Pots were used then as well, but had a set, seasonal-use-only, as they do today. Crabbing from shore with pots can be challenging, because water depth and conditions are not always optimal. However, I know a few hardcore crabbers who use the large negative tides we get on occasion to their advantage; they wait until the negative tide has the water pulled far away from shore and exposes eelgrass and kelp. They wade cautiously through the water's edge searching for crabs hidden among the grasses; you must be quick to grab or dip-net the crabs, because they can swim and crawl away surprisingly fast. Docks are another option for crabbers on-foot, but due to their ease of access they get a lot of crabbing pressure, generally keeping the number of legal size crabs pretty thin. A safe, reliable boat is our best way to find a limit of legal hard shell crabs. The Puget Sound can be unforgiving when the winds pick up, so check the National Weather Service for small craft advisories and high wind warnings before setting out.

The Puget Sound is full of tasty crabs and they're not very picky when it comes to their diet. During salmon season I freeze and save all of my salmon carcasses; I also freeze and save any lingcod, Cabazon, and kelp greenling pieces and parts; this makes excellent crab bait plus it all goes back to nature. The less favorable parts of chicken, turkey, cheap canned cat food, and clams are also common baits used to attract the crabs through the trap-doors of the crab pot. No matter what bait you decide to use or have on hand, be sure that you make it difficult for the crabs to get to the food source - they can pick a chicken leg clean in just a few minutes. Another strategy is to freeze all of the bait prior to putting it into the pot. This also slows the consumption rate, giving more crabs a chance to climb in for a bite.

Winter fishing around Whidbey Island is generally slower, but there are still a few good opportunities out there right now. The state and the tribal representatives have reopened Marine areas 8-1 and 8-2 for winter crabbing through Dec. 31. Also the state planted a large number of pan-size rainbows and some up to three pounds in Cranberry Lake inside Deception Pass State Park. These freshly planted trout can make for some great fishing. Bundle up for the cold weather, be patient and look over the State Fishing Regulations for daily catch limits. Be safe, and GOOD LUCK on the water.

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The Whidbey Island community is encouraged to try out the paddling sport of dragon boating with the Stayin' Alive team. Our team's mission is to promote the physical, social, and emotional benefits of dragon boating. It has been shown to be especially beneficial to cancer survivors. Practice with us for up to 3 times for free. Life-jackets and paddles provided. Saturdays at the Oak Harbor Marina, 8:45am. Contact njlish@gmail.com. More info at our Facebook Page: www.facebook.com/NorthPugetSound-DragonBoatClub?ref=hl

Medical Marijuana patients unite; If you need assistance, advice, etc. please contact at 420patientnetworking@gmail.com. Local Whidbey Island help.

If you or someone you know has been a victim of homicide, burglary, robbery, assault, identity theft, fraud, human trafficking, home invasion and other crimes not listed. Victim

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VOLUNTEER OPPORTUNITIES

College student? Student of history? History buff? Opportunities are available to spend constructive volunteer hours at the PBY-Naval Air Museum. Go to www.pbymf.org and click on "Volunteer" or just stop by and introduce yourself. Imagine Oak Harbor's first Food Forest, Saturdays 11am-3pm, at 526 Bayshore Drive. Each week, we have volunteer opportunities available to help care for our community garden, share organic gardening tips, and learn Permaculture principles. All ages and skill levels welcome. Schedule can change due to adverse weather conditions. If you have any questions, please contact us at: imaginepermacultureworld@gmail.com

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How'd you do?

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help! Volunteer just a couple of hours a week to make a difference in someone's life! To volunteer or get more info, email wamothermentors@gmail.com or call 360-321-1484.

Looking for board members to join the dynamic board of Island Senior Resources and serve the needs of Island County Seniors. Of particular interest are representatives from North Whidbey. For more information please contact: reception@islandseniorservices.org

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