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Relay for Life reimagined p. 10

County commissioners hire former colleague as consultant

By Kathy Reed Whidbey Weekly

Island County Commissioners have hired former Commissioner Helen Price Johnson as a consultant to help define – and refine – the role of the county’s Administrative Services Director.

The position was created last year and was filled for a time by Michelle Meyer, who left the job March 4. The position carries a broad range of responsibilities supervising numerous Island County government departments, which commissioners acknowledge needs to be structured better. It is hoped bringing a consultant on board can help better define the role.

“The [job description] will likely change, as that is one of the issues the consultant has been asked to address,” said Catherine Reid, human resources and labor relations manager for Island County, who responded to Whidbey Weekly via email.

According to Reid, this is the first time Island County Commissioners have retained a former commissioner as a consultant.

“I understand that Island County has not retained former county commissioners as consultants because the need had not presented itself,” Reid said. “In the current situation, former County Commissioner Price Johnson is in the unique position of having specific knowledge and experience regarding this issue.”

According to an email sent recently by Reid, Price Johnson was scheduled to speak to current commissioners and various department leaders about the “role, responsibilities and authorities a person in the position will have” and how the Administrative Services Director interacts with departments. Those virtual meetings were set to take place last week.

While the Administrative Services Director position was posted previously, the consul-

tant job was not. Talk of hiring a consultant came up at a work session held by commissioners March 3, where they discussed the difficulties defining everything the director’s job should entail, and the void Meyer’s departure would create.

“This is a major leadership vacancy, not just in day-to-day tasks, but really in visioning going forward,” said Commissioner Jill Johnson.

“The idea of slowing down before hiring a permanent replacement is a good idea,” said Commissioner Melanie Bacon. “We’re still trying to decide what this job is. My suggestion would be to look at hiring a contractor who will work with us.”

Former commissioner Price Johnson was subsequently hired.

“HPJ Solutions is being paid \$100 per hour, not to exceed \$6,000 and the contract expires June 30,” said Reid.



File Photo
Former Island County Commissioner Helen Price Johnson has been hired by current Island County commissioners as a consultant to better define the role of the Administrative Services Director for the county.

The Administrative Services Director position has a salary range of \$120,000 to \$140,000 annually. The position is currently vacant and the position has not yet been posted again. Commissioners continue to work on defining the parameters of the job, now with help from Price Johnson.

South Whidbey Scouts turn Earth Day into workdays

By Kathy Reed Whidbey Weekly

It may seem like just another community cleanup project, but this past Earth Day brought out one very hard-working group of Boy Scouts.



Photo Courtesy of Coyla Shepard
Scouts from Troop 57 load debris into a truck during their cleanup of a vacant lot in Langley. The two-day effort was an Earth Day project.

The members of Troop 57 came together to help clean up a vacant lot in Langley, but the one-day project quickly turned into a two-day cleanup marathon.

“I invited them to do this cleanup for Earth Day,” said Coyla Shepard, founder of Tiny Houses in the Name of Christ (THINC), whose property borders the vacant lot, which is across from the Langley Community Center. “They use this lot for parking cars during the fair and it is a good money maker for them. In exchange, the owner of this lot asks them to mow it and maintain it. There has been a pile of downed branches accumulating and we agreed that Earth Day would be an opportune time to remove it.”

Troop 57 Scoutmaster, Jeremy McKnight, said they were a little surprised at just how much attention the lot needed.

“There were more branches and debris than we anticipated,” he said. “We had a small team of scouts and adults come out [on Earth Day] and took away a trailer load of material, and that is when we realized we needed more help. [The following Monday] 12 scouts and four adults worked on the property. We had a wood chipper, a weed machine and two trucks to haul away the larger branches.”

The members of Troop 57 are no strangers to community service projects. Despite the pandemic, the troop has been able to meet via Zoom as well as hold some outdoor, in-person meetings with COVID safety protocols in place. They’ve also been able to complete a few other projects.

“Painting the D’Jango mural on the bus barn building with Langley Creates – that took three events for us to finish,” described McKnight. “Filling planter boxes in front of the Whidbey Veterans Resource Center and general cleanup, and we did beach cleanup at Double Bluff, removing garbage and litter from the beach.”

“Every time we do something like this, I am surprised at how quickly the scouts jump right into every task,” he continued. “We do make it fun, and usually reward with food (boys 11-17 respond well to food as a reward). For this event, we had ice cream sandwiches that one of the parents provided. We have a great group of adult leaders who also jump right in and provide positive role models for the scouts – leadership by example.”

See SCOUTS continued on page 10

This Weekend!
Friday, May 7 thru Sunday, May 9

ANNIE (1982) PG

MOTHER'S DAY (2016) PG-13

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ON TRACK

With Jim Freeman



My truck decided to occupy a Freeland Post Office parking space last week beyond the suggested maximum time. So much for my four-year-old, six-year warranty Interstate Megatron Plus battery. Maybe I have exceeded the maximum guaranteed starts?

Never fear, Loren was there. Within moments, Loren's color coded cables were attached to my battery. Let the contact be made. Ignition and drive off.

Wonder if our success had anything to do with our blood types. We are both B positive.

Life Lessons

An old man, a boy, and a donkey were going to town. The boy rode on the donkey and the old man walked beside him.

As they went along, they passed some people who remarked it was a shame the old man was walking and the boy was riding.

The man and boy thought maybe the critics were right, so they changed positions.

Later, they passed some people who remarked, "What a shame! He makes that little boy walk."

They then decided they would both walk.

Soon they passed some more people who thought they were stupid to walk when they had a decent donkey to ride. So they both rode the donkey.

Now they passed some people who shamed them by saying how awful to put such a load on a poor donkey.

The boy and man said they were probably right, so they decided to carry the donkey.

As they crossed the bridge, they lost their grip on the animal, and he fell into the river and drowned.

The moral of the story? If you try to please everyone, you might as well kiss your ass goodbye.

Tall grass

Thanks to my neighbor, the tall grass I let grow too long is short again. My Honda propelled one speed was not muscle enough without my muscle.

When my neighbor, who prefers anonymity everywhere but the Freeland Cafe, said, "What are you doing, wild man?"

"I was just asking myself the same question."

So, thanks to his weed eater muscle, the driveway looks less like Tarzan's back yard.

Weedeaters would be a good name for a pot store.

That's Life

If you like Willie and Sinatra, celebrate Willie's 88th by getting yourself *That's Life*, Willie's latest musical masterpiece. Willie can sing anything as long as he sings it his way.

My brother the voice teacher tells his students that Willie and Sinatra are the best examples of phrasing. He is not talking prepositional.

Enjoying Willie's take on Sinatra classics is a smile maker and ear pleaser.

Willie and his musicians are perfection in action.

Buddy Cannon's extraordinary production is a constant. Cannon also captained Willie's album, *First Rose of Spring*.

Music is so wonderful. Thanks Mom.

Flag Folding

Ever wonder why the American flag is

folded so meticulously at military funerals? Me too, so I checked Military.com to find the following info shared by Elizabeth Fraser of Arlington National Cemetery and Laurie Pearson of the *Marine Corps News*.

Did you know the 21-gun salute at military funerals stands for the sum of the numbers in the year 1776? The 13 folds of the flag are very symbolic. Does anyone teach this? We were too busy doing push-ups in boot camp to learn this important history.

"The 1st fold of the flag is a symbol of life. The 2nd fold is a symbol of the belief in eternal life. The 3rd fold is made in honor and remembrance of the veterans departing the ranks who gave a portion of their lives for the defense of the country to attain peace throughout the world.

"The 4th fold represents our weaker nature. The 5th fold is a tribute to the country. The 6th fold is for where people's hearts lie. The 7th fold is a tribute to its Armed Forces. The 8th fold is a tribute to the one who entered into the valley of the shadow of death. The 9th fold is a tribute to womanhood, and mothers. The 10th fold is a tribute to the father, The 11th fold represents the lower portion of the seal of King David and King Solomon. The 12th fold represents an emblem of eternity.

"The 13th fold, or when the flag is completely folded, the stars are uppermost reminding them of their Nation's motto, 'In God We Trust.'

"After the flag is completely folded and tucked in, it takes on the appearance of a cocked hat, ever reminding us of the soldiers who served under General George Washington, and the Sailors and Marines who served under Captain John Paul Jones, who were followed by their comrades and shipmates in the Armed Forces of the United States, preserving for them the rights, privileges and freedoms they enjoy today."

First time

For the first time in 38 years, my Puget Sound Energy bill was zero. The benefits of a senior moment or two.

I had paid the last bill twice. Once by mail and once by phone.

Here is my power poem – *One if by mail, or phone if I'm me, thank you kindly, PSE.*

Baseball trivia

This month's issue of *REWIND* magazine, www.rewindmagazine.com, has its typical monthly collection of trivia, puzzles, and celebrity stories waxed in the nostalgia of our past.

Here is a question that caught my eye.

On May 31, 1948, what left handed pitcher for the minor league Schenectady Blue Jays threw 25 strikeouts and hit the winning RBI in a 15-inning game against the Amsterdam Rugmakers?

Shall I give you time to Google?

L.A. Dodger manager Tommy Lasorda is the correct answer. Tommy managed Dodger blue from 1976 until 1996.

Dog sitting

Seeing a poodle imitate a human sitting at attention in the passenger seat made me think of my basset, Norton.

Years ago, I saw a chart in some newspaper listing the intelligence level of various breeds of dogs.

Poodles were rated smartest. I do not recall who the slowest mental barkers were, but basset hounds were 66th. Which is right above a door stop.

I asked a vet once if Norton knew when he last barked.

"Norton doesn't even know that he does bark."

To read past columns of *On Track* in the *Whidbey Weekly*, see our Digital Library at www.whidbeyweekly.com.

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Volume 13, Issue 17 | © MMXXI Whidbey Weekly

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Bits & Pieces

Mother's Day at Meerkerk Gardens



Meerkerk Gardens welcomes the peak bloom season with its annual Mother's Day event with music at the gardens. This year, musicians will be performing at the gazebo and at the nursery. Performances will be ongoing throughout the day so you can plan your visit accordingly. Enjoy the blooms and tunes, share a picnic, and purchase Mom a rhody at the nursery, which is offering 20 percent off one plant (limit one discount per person).

The Musicians

Meerkerk Gardens welcomes back to the gazebo stage Doug Roraback and the Double Diamonds. They will be performing two one-hour sets this year starting at 11:30AM and again at 2:00PM. They take their audiences to new places with old favorites. Everyone gets to enjoy the ride ... while feeling right at home.

In-between stage sets, head to the nursery to shop for a rhody for mom and put a spring in your step to the tunes of accordion player Lori Hansen. Her fun and lively sounds filled the air for Meerkerk Gardens' Octoberfest. She will be performing from 1:00 to 2:00PM.

The cost is \$10 per person, payable by cash, check, or credit card at the gatehouse.

Safety Guidelines

Meerkerk Gardens asks visitors to follow the current COVID safety guidelines and wear a mask when you are in public spaces. Please maintain social distancing when enjoying the music or picnicking in the gardens.

[Submitted by Cynthia Woerner, Public Outreach Coordinator, Meerkerk Gardens]

Phenology: the Study of the Seasons



Whidbey Audubon Society invites the public to hear Erin Posthumus, from the National Phenology Network, present how data can be used to anticipate and prepare for climate change with phenology Thursday, May 13. The program begins at 7:30PM after a brief meeting.

Phenology may be an unfamiliar term, but it's something seen every day in nature. Phenology is the study of the seasons — when plants leaf out and bloom, birds migrate and insects emerge. These life cycles are a critical part of nearly every ecological relationship. As temperatures warm and precipitation patterns

change, phenology of many species is advancing and not always at the same rate. Migratory birds in particular face mismatches in timing between breeding periods and food resources, with cascading impacts on their ecosystems. In this presentation, Posthumus describes what is known about the challenges birds are facing, how they are coping and what can be done to help document the changes in phenology happening around us.

Erin Posthumus is the outreach coordinator and liaison to the U.S. Fish and Wildlife Service for the National Phenology Network, a science initiative that aims to collect, store and share information on plant and animal seasonal activity.

This virtual program is free and open to anyone with an interest. Anyone who is not a Whidbey Audubon Society member and would like to attend, please register on the website whidbeyaudubonsociety.org. A Zoom link will be to all members and registered nonmembers. Registration closes at 10:00AM May 13.

[Submitted by Susan Prescott, Whidbey Audubon Publicity Chair]

Whidbey Telecom to Participate in FCC, Emergency Broadband Benefit Program

The Emergency Broadband Benefit (EBB) is a Federal Communications Commission (FCC) program to help households struggling to pay for internet service during the pandemic. This new benefit will connect eligible households to jobs, critical healthcare services, and virtual classrooms. For more information about the FCC program check out the FCC website - www.fcc.gov/broadbandbenefit. The Emergency Broadband Benefit will provide a discount of up to \$50 per month towards broadband service for eligible households. Whidbey Telecom participates in the FCC Lifeline program for low income households and is honored to be a provider of the Emergency Broadband Benefit when the FCC opens the enrollment window.

As of May 12, 2021, eligible households will be able to enroll in the program to receive a monthly discount off the cost of broadband service from an approved provider. Eligible households can enroll through an approved provider or by visiting <https://getemergency-broadband.org>.

A household is eligible if one member of the household meets at least one of the criteria below:

- Qualifies for the Lifeline program;
- Receives benefits under the free and reduced-price school lunch program or the school breakfast program, including through the USDA Community Eligibility Provision, or did so in the 2019-2020 school year;
- Received a Federal Pell Grant during the current award year;
- Experienced a substantial loss of income since February 29, 2020 and the household had a total income in 2020 below \$99,000 for single filers and \$198,000 for joint filers; or
- Meets the eligibility criteria for a participating providers' existing low-income or COVID-19 program.

Whidbey Telecom has created a webpage with information about the program and will have links for consumers to apply for the benefit as soon as the FCC opens the processing window - www.whidbeytel.com/ebb/.

Whidbey Telecom was established in 1908 and is a private, independent telecommunications company providing Internet, WiFi, and telephone service in the community of Point Roberts and on the South End of Whidbey Island in Washington State.

[Submitted by Martha Ford, Whidbey Telecom]

Veterans Not Forgotten, Memorial Day 2021: A Service of Remembrance

The Oak Harbor Lions Club and Fleet Reserve

Associate Branch 97 team up to remember Memorial Day this year with the Lions' third annual Service of Remembrance. The ceremony at Oak Harbor's Maple Leaf Cemetery, 1961 NE 16th Ave, begins promptly at 10:00AM. All community members are welcome to mask up and join the socially distanced, public Service of Remembrance.

Keynote speakers include NAS Whidbey Island Captain Matthew Arny and Rear Admiral William McDaniel, USN, Retired. Colors will be presented by OHHS NJROTC, ORION Sea Cadets, and Sons of the American Revolution with Patriot Guard Riders at attention. Live music by Navy Band Northwest and local artists. Oak Harbor Mayor Robert Severns will emcee. A traditional VFW, Legion, and Fleet Reserve wreath laying ceremony is included. The service is scheduled to conclude with a NAS Whidbey Island Search and Rescue flyover.

In 2019, more than 450 people attended the ceremony at Maple Leaf. In 2020, the event was hosted online. This year, you may join in person or view live online at www.facebook.com/ohlionsclub/. When parking, please look for lot attendants, mask up, and plan on walking to the event space. Golf cart escorts will be available to those who need assistance getting to the site.

Interested in sponsoring the ceremony? Red, white, blue, and star level sponsorships are available. Donations of \$50 or more may be made in memory or in honor of your veteran. New this year, donations of, or over, \$500 will be able to go live with the event on Facebook. Event proceeds shall be shared with VFW, Legion, Fleet, and Oak Harbor Lions Club. Donations received by May 21 will be recognized. Donations can be made at <https://ohlions.org/memorial%20day/>. For event questions or donation assistance, please contact Kelly Davidson at kelly@wallinfuneralhome.com or 360-675-3447.

According to event coordinator, Kelly Davidson of Oak Harbor Lions Club, "Donations from the event allow us to meet pressing needs in our community for Oak Harbor Lions, American Legion, Veterans of Foreign Wars, and Fleet Reserve, whose facilities have been closed or limited. Lion members thank everyone who contributes to this important work - you are truly helping Lions make a difference in our community."

In addition to the Maple Leaf Service, Sunnyside Cemetery, 90 Cemetery Road in Coupeville, will have a short, traditional wreath laying service held at 12:30PM with VFW, Legion, and Fleet Reserve. Due to COVID, no community reception will follow this year.

Community volunteers are wanted Saturday, May 29 and Tuesday, June 1 at 10:00AM, at Sunnyside and Maple Leaf cemeteries concurrently to assist the American Legion with Flag-In. Sign-up not required. Questions, please contact the American Legion at 360-675-2411. Join Legionnaire volunteers supported by Sons of the American Revolution to place and then retrieve flags at veterans graves throughout both cemeteries.

The Oak Harbor Lions Club has approximately 30 members and meets Wednesdays at 7:00PM at the Oak Harbor Elks Lodge. Lions are groups who identify needs within the community and work together to fulfill those needs. For more information or to get involved with the Oak Harbor Lions Club, please contact Bobbi Lornson at 360-320-7066.

[Submitted by Teresa Addison, Oak Harbor Lions Club]

Local Business News

Sylvan Learning of Oak Harbor Launches \$29 Assessments
The supplemental- and enrichment-education franchise will provide innovative assessments for students K-12 in reading and/or math to give parents an in-depth look at exactly where their children stand academically.

Sylvan Learning, a leading provider of personal

learning for students in grades K-12, recently announced the launch of its Spring Assessment Sale, a promotion will provide accurate results and feedback so parents have a clear picture of their child's academic health. Sylvan assessment proctors are trained to deliver accurate and engaging assessments that hold students to academic standards existing prior to COVID-19 and that will continue to exist after the pandemic passes.

Until May 9, parents can take advantage of the Sylvan Insight Assessment for a fraction of the price; normally valued at \$99, parents may have students assessed in one subject for \$29 or two subjects for \$49 at the Sylvan Learning Center of Oak Harbor (OHSylvan). Using the results, an experienced director will share where the student stands academically and provide a personalized plan to achieve the parents' academic goal, be it to catch up, keep up, or get ahead! Sylvan provides a dedicated learning environment for students utilizing personalized, no-more-than 3:1 learning with Sylvan's team of expert, caring, and knowledgeable teachers.

OHSylvan has partnered with the North Whidbey Help House, a local nonprofit organization that provides food to Whidbey Island families in need; for every assessment scheduled, OHSylvan is donating \$10 of the \$29 assessment fee to the Help House. Additionally, Sylvan Corporate is donating 10 percent of all royalties received to the Boys and Girls Club of America. Two organizations in Oak Harbor are benefiting from funds raised during this Spring Assessment.

Find out how your students are doing today by calling 360-639-8314 or by visiting sylvan-learning.com.

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What if...A New Textile Art Exhibit About Thinking in Urgent New Ways

What if...
All jobs paid the same.
Politicians told the truth.
We build our trust in each other.

The Pacific Northwest Quilt and Fiber Art Museum is proud to present a new, thought-provoking textile exhibit created by fiber artist Debra Calkins. Open now through May 30, each of Calkins' 19 unique fiber pieces poses the timely question: What if... we created a world based on better choices?

During the troubled days of 2020, Calkins pondered the need for hope and a different type of society that was more inclusive, balanced and just. This memorable exhibit poses both her questions and possible answers as a provocative call to action for a world seeking to heal itself.

This contemporary fiber arts exhibit is a continuation of Debra Calkins' work as a social commentary artist promoting positive social change. She uses a wide range of textile techniques in her Long Walk Home Studio on Whidbey Island to encourage the use of individual imagination, the search for new possibilities, and the passion to change the world.

The past year has left few of us untouched.

What if ... Out of the dark something new is born.

The Pacific Northwest Quilt and Fiber Art Museum is located at 703 S Second St, La Conner. For more information, call 360-466-4288.

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GUEST COLUMN

Early in 2020, we all realized enormous change was headed our way.

We learned what "PPE" meant and that, at the beginning, no amount of money could buy essential supplies to protect those who were risking their lives to protect us. In an instant, hand-sewn masks appeared by the hundreds. Volunteers in our office hallways produced makeshift gowns from black plastic bags.

At the same time, food (and love) began showing up when our friends and neighbors did what they could to say, 'thank you.' Our community answered the challenge with creativity, resiliency, compassion, and generosity.

Since then, the financial toll has continued to grow. The governor's temporary suspension of key services reduced WhidbeyHealth revenues by \$12 million. COVID-related costs have exceeded \$3 million; a combined \$15 million in losses thus far. Our resources are stretched thin. Our healthcare system is not alone; hospitals across the nation have collapsed under the financial losses of the pandemic, especially small rural hospitals like ours. For example, Yakima Regional Medical and Cardiac Center filed for bankruptcy and closed, with more than 400 employees affected.

Throughout this crisis, our hospital continues to provide COVID testing and continues to serve. We established the first vaccination clinic on the island. A remarkable team of staff and hundreds of volunteers have administered over 15,000 injections so far, at no cost to patients or their insurance.

WhidbeyHealth Foundation funds state-of-the-art equipment and supplies for medical services throughout the island. With your help, we have not only funded equipment needed to directly fight the virus, but fulfilled the upgraded equipment needs for medical providers in the operating room, obstetrics and emergency services. Our medical team deserves the finest equipment as they provide the best quality care to our community.



We cannot do this without you. For the second year in a row, COVID safety concerns have compelled us to cancel the Foundation Gala – our largest annual fundraiser. COVID-19 impacts our entire community, including our Foundation. For this reason, we are asking our community members to "GIVE BIG" to keep community healthcare on Whidbey.

Just like our neighbors who hand-



made masks and gowns, your generous donation can have an immediate impact. There are many ways to give – online via whidbeyhealth.org/foundation, by mailing your gift to us at PO Box 641, Coupeville, WA 98239, or by calling us at 360-678-7656, extension 6501.

At the time of this publication, it appears that Washington State is entering another surge in hospitalizations. Your support is urgently needed. Please give what you can. The campaign is called "GIVE BIG," but in truth, no donation is too small. Every single one counts in the ongoing fight to care for our patients and protect our providers and staff.

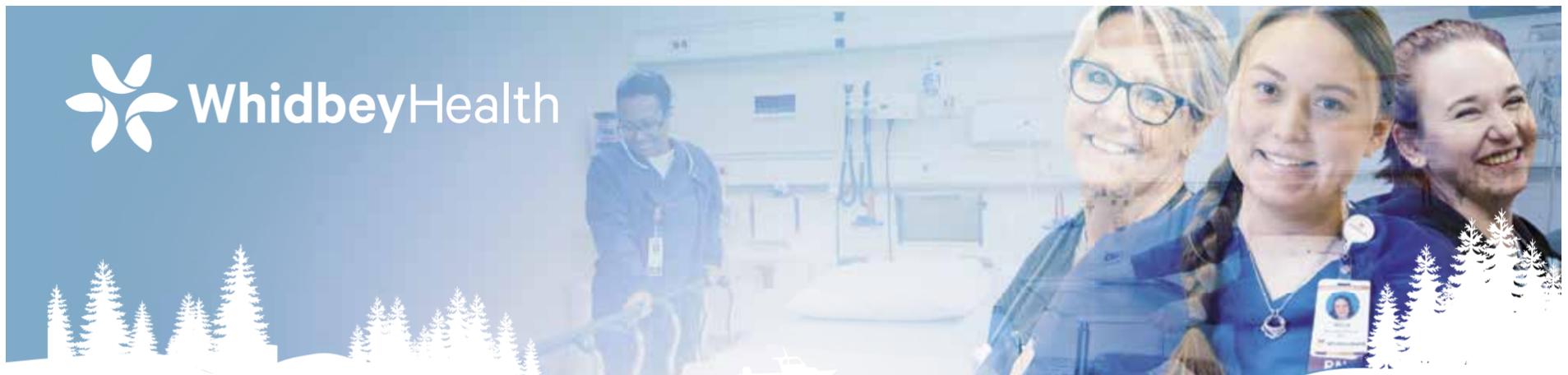
2020 marked the 50th anniversary of our hospital, a milestone we were unable to celebrate together. Your generous gift to WhidbeyHealth Foundation will assure that we can continue to meet our community's needs now and ensure that our children and grandchildren will celebrate WhidbeyHealth's centennial in 2070.

Strengthening healthcare strengthens us all!

Gratefully,

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GROWING WHIDBEY'S FOOD SYSTEM

Farmers markets and farm stands are opening up across the island. For the next several months we will enjoy the bounty of Whidbey's farms.

But you have another way to enjoy that bounty, and it operates year-round: the Whidbey Island Grown Cooperative. Since March, Whidbey Island Grown has offered online ordering of produce from farms up and down the island. It's pretty easy. You go online, place your order, and then pick it up at one of two (soon to be three) locations.

Whidbey Island Grown is a lot more than a place to order fresh, local food. It's a key player in the effort to create a more robust local food system. It provides cooperative purchasing of garden and farm supplies. It will soon be offering wholesale ordering of local produce for restaurants, stores, and other businesses.

Whidbey Island Grown has been around since 2009. For most of its first decade it was a marketing organization trying to build recognition for local farm products.

Things began to change in 2019 when a group of local farmers started looking at ways to expand the market for their produce. They quickly decided what they needed was a farmers' cooperative. They held an event during the Oak Harbor Music Festival where they had a lot of positive feedback, raised some money, and collected 350 email addresses from people who were interested. Ultimately they decided to start the co-op through Whidbey Island Grown.

The new co-op held its first meeting at the beginning of March 2020 and made plans for getting organized and starting a wholesale "food hub" within the next year. The next week the pandemic hit and everything shut down.

The co-op planners were undaunted, however, and began meeting every week online. They put aside the wholesale idea and decided to start a retail food hub to sell directly to consumers. It started in mid-May and drew immediate interest.

"We really got started so quickly because of the pandemic," said Shannon Bly, the group's coordinator. "People were knocking on farmers' doors wanting food. Demand was really high. Restaurants were all closed." Farmers also lacked many of their usual outlets for their produce, both on and off the island.

A year later the food hub is going strong. It has 42 farmers and other producers signed up. It offers more than just fruits and vegetables. There's meat, seafood, dairy products, prepared foods, coffee and tea, and even candy and flowers. More than 700 customers have registered so far. Some buy every week.

In January, Whidbey Island Grown started a buyers' club to purchase supplies farmers and other growers need, such as seed, feed, compost, and fertilizer. It has about 20 participants so far. They order online for a monthly delivery, saving on shipping and other costs. It's open to everyone, not just farmers.

"The more people can be homesteaders or backyard farmers at a reasonable cost, then there's more likelihood that they're going to end up as actual production farmers," said Kyle Flack, co-owner of Bell's Farm and president of Whidbey Island Grown.

The cooperative plans to launch its third program, the wholesale hub, Memorial Day

weekend. It is designed to get more local produce into restaurants and grocery stores. Now restaurants and markets have to work with individual farms, and farmers have to deliver to multiple buyers.

The wholesale hub will offer a central place online where restaurants and stores can see what's available and then order. Farmers will make one delivery to a central location. Whidbey Island Grown will sort the food and deliver it to the stores and restaurants.

All these programs are connected to the larger purpose of Whidbey Island Grown.

"Our philosophy is that we're going to do everything we can to create a more resilient food system, to create better opportunities for farmers, better opportunities for people to get access to local food," said Flack. "We're going to bring down costs for producers so that more farmers can be viable. We just have this huge moonshot attitude."

He and others in the co-op believe there is great potential for a much more robust, year-round food system here. Islanders buy \$90 million worth of agriculture products every year, according to a study by the Northwest Agriculture Business Center, a Mount Vernon nonprofit that has also provided support for Whidbey Island Grown. Most of that is sold in grocery stores, and most of it is shipped here from elsewhere.

Flack said he tells fellow farmers, "We shouldn't be fighting over \$100 worth of tomato sales at the farmers market. We want to take some of that California ag that's being shipped 2,000 miles up here and replace that."

Other groups are working on these issues, including the new Whidbey Island Food Resiliency Consortium (the subject of last month's column). Flack sees Whidbey Island Grown as the organization that can execute the plans developed by groups like the consortium. "I like to think of us as the boots on the ground," he said.

Right now, Whidbey Island Grown has 45 members. It's a multi-stakeholder co-op, so membership is not just for farmers but for anyone who would like to see a more robust food system on Whidbey. The co-op hopes to grow substantially. "I think we'll see in the next 12-18 months a huge increase in our membership," said Flack.

What you can do:

Try out the Whidbey Island Grown food hub at www.whidbeyislandgrown.com/food-hub. You order by 9 p.m. Tuesday and pick up your food Friday afternoon. There are currently two pick-up locations: Bell's Farm in Coupeville and Mutiny Bay Blues in Freeland. But beginning May 14, there will be three: the Elks Lodge in Oak Harbor, Sherman's Pioneer Farm in Coupeville, and Mutiny Bay Blues. Pick-up hours, now 4 to 5 p.m., will be extended to 6 p.m. to make it easier for people who work to pick up food. It's better to shop early because the more popular items are often sold out by Tuesday.

If you're a backyard farmer or even just have a vegetable garden for your own use, check out the buyers' club for seeds, fertilizer and other supplies, at www.whidbeyislandgrown.com/buyers-club.

If you're really interested in seeing a more resilient food system on Whidbey, consider joining the co-op. Information is at www.whidbeyislandgrown.com/membership#join.

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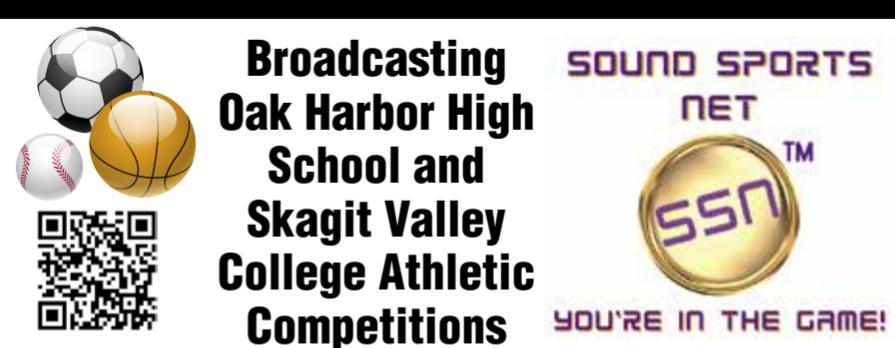
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For Vets Only

Submitted by WVRC and Local Veterans
 Charlotte Chase and Henry Tunes



Discussing healthcare and medical preferences, current or future caregiving needs and end-of-life planning are often avoided until a sudden need arises. Avoiding all of this is a natural tendency. But not having the knowledge of benefits, who to contact and how, and having important documents in place creates real problems and possibly become very expensive if an adult becomes incapacitated, enters hospice or suddenly passes away. When it comes end-of-life issues, most folks are unprepared; in a recent study, 80 million families reported they had not talked about care choices and end-of-life; 70 percent of end-of-life discussions were only after a traumatic event or health crisis. Discuss with your family and physicians to reduce stress later.

Caregiving and medical coordination can be one of life's great challenges as you and your loved ones figure out how to adjust to changes in body, mind, schedules and daily life going forward. Making connections and establishing a system of support is essential. The Whidbey Veterans Resource Center provides information and access to services and benefits, and connections to programs for caregiver support, home care and other programs. For Veterans who do not have family in the area, WVRC volunteers and members can provide a network of peer support, local community connections and to VA programs. It is essential to have a copy of the service document form DD214.

In addition to assisting with benefits and other VA information, the VA recommends essential documents, why they are necessary and how it relates to Veterans benefits, healthcare, compensation and pension. These are important whether the Veteran uses VA healthcare or community care, and not just for service-connected or disabled; but for all Veterans and spouses.

“VA Advance Directive Durable Power Of Attorney for Health Care and Living Will” (VA form 10-0187 is online as a fillable pdf – use the va.gov link): This is filed with providers and keep a copy with the Veteran. A primary and alternate healthcare agent can be listed. Advanced healthcare directives/living wills are instructions provided by you, for your providers, family and friends to be aware and commit to supporting you when needed.

POLST form: Filled out with you by your doctor outlining your wishes for emergency care, is a doctor's order for elderly, frail or the seriously ill the POLST form should be posted with medications, or on the refrigerator (EMS will check the side of the fridge). Keep a copy with the advance directive and take with you if you travel. This is helpful for you, your family and EMS.

Healthcare Power of Attorney: A healthcare POA comes into effect if you are incapacitated and you are no longer able to make medical decisions on your own. It can be temporary or longer term. Talking about this so your family and friends know your care preferences, beliefs and values and end-of-life wishes can ease decisions and stress in the time to focus on the loved one. In addition to the advance directive, a POA can name more than one person, for instance local friend, partner, family members or other designee.

The WVRC can provide information on VA end-of-life benefits, hospice and financial aid. Veterans and spouses can be laid to rest (burial or ashes) together in VA cemeteries, and split remains are allowed when requested with cremation (when part of ashes are kept or scattered).

It is so important to cover these types of issues before a crisis. Take advantage of the time you have now and set aside time to discuss healthcare preferences, caregiving needs and end-of-life planning with your loved one, and ensure the necessary paperwork is in place.

For VA healthcare and support services, caregiver support and end-of-life benefits, the WVRC can provide information via phone or video calls. For an appointment or call-in or video information forum on these topics or other benefits, please call 360-331-8081 or email whidbeyvrc@gmail.com. Weekly women vets/spouses and mixed support groups convene in small groups and online. The Vietnam Veterans meets periodically and VA Rides resume soon!

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www.whidbeyvrc.org

What's Going On



All entries are listed chronologically, unless there are multiple entries for the same venue or are connected to a specific organization (such as Sno-Isle Libraries) in which case all entries for that venue or organization are listed collectively in chronological order under one heading.

National Day of Prayer

Thursday, May 6, 12:00-1:00PM
Island County Courthouse, Coupeville
Thursday, May 6, 6:00PM
Church of the Nazarene, Oak Harbor

The National Day of Prayer is an annual observance held the first Thursday of May, inviting people of all faiths to pray for the nation. It was created in 1952 by a joint resolution of the United States Congress, and signed into law by President Harry S. Truman. For more information, email jlh71848@aol.com or visit www.nationaldayofprayer.org.

Women Build 2021

Friday, May 7, 8:30AM-4:00PM
Saturday, May 8, 8:30AM-4:00PM
Construction: 1725 SE 10th Avenue
Painting: 1370 Lofton Loop
Oak Harbor

Join a group of women (and some men) to help three different families get closer to moving into their new homes. Never picked up a hammer in your life? Don't worry, experienced staff and volunteers will make sure you feel comfortable with whatever task you're working on. This is a rewarding experience for all involved. For more information or to register, visit <https://islandcountyhabitat.org/women-build-2-0/>.

Online Annual Fundraising Auction

Saturday, May 8 - Saturday, May 15, 9:00PM
The Pacific Northwest Naval Air Museum (formerly the PBY Naval Air Museum) in Oak Harbor, is holding its first online fundraising auction. The auction website link is <https://e.givesmart.com/events/keu/> with texting [cofspring21 to 76278](tel:3602409500). More information can be had by calling 360-240-9500 or email info@pnwnam.org.

Whidbey Art Market

Saturday, May 8, 10:00AM-5:00PM
Sunday, May 9, 10:00AM-5:00PM
The Big Red Barn, Freeland

Nine Whidbey Island artists have been hard at work to create lots of beautiful artwork for you to take home. Your Mom is sure to find something she loves. Located at 818 Bush Point Rd. The first 10 mothers to arrive each day will receive a free single-stem rose. For more information, please visit www.whidbeyartmarket.com.

25th Anniversary Celebration

Sunday, May 16, 1:00-3:30PM
Whidbey Island Center for the Arts, Langley

WICA celebrates its anniversary with a community open house, tours of the center, and a reading by local poet Judith Adams. Admission is free. Reservations accepted at www.wicaonline.org.

Upcoming Sno-Isle Library Events

See schedule below
Cost: Free:

Discuss the Classics with Rita Bartell Drum

Thursdays, 12:30 or 7:00PM

Enjoy a pleasant hour of shared wisdom and fellowship as we consider the words and hope of times past and weave a fabric of renewed hope by leaning on the "Classics." Contact: ritadrum777@gmail.com for Zoom link.

Meetings & Organizations

Whidbey Island Genealogical Searchers (WIGS)

Tuesday, May 18, 1:00PM
Zoom meeting

Claudia Breland presents "I've Done the DNA Test - Now What Do I Do?" DNA is now an essential tool for tracing family history. Learn how to interpret ethnicity, sort cousins into networks, download DNA data to other networks. Non WIGS members wishing to attend, send an email to whidbeygenssearchers@gmail.com no later than May 16 to receive your Zoom invitation. All are invited to join.

Classes, Seminars and Workshops

"What's in Your Water?"

Friday, May 7, 5:00PM

The Trudy Sundberg Lecture Series, in collaboration with the Sno-Isle Libraries Foundation, will present Dr. Mona Hanna-Attisha with her discussion, "What's in Your Water?" Award-winning broadcast journalist Enrique Cerna will join Hanna-Attisha in this virtual conversation on Zoom. Please register in advance for this event at <https://sno-isle.biblio-commons.com/events/>.

Learn How to Shrimp Local Waters

Saturday, May 8, 11:00AM-1:00PM
Free Virtual Seminar

Community members can learn how to catch shrimp in the waters surrounding Whidbey and Fidalgo islands, including necessary equipment, how to properly rig your pots, how to avoid losing your gear and how to catch more shrimp.

According to ABC instructor Jerry Liggett, shrimping season is very short – in some locations, only one day for a few hours, so preparation is key. He promised to share some preparation and cooking advice as well. Those interested in attending can contact Pat Waters at 360-720-2589 or frenchsailor@comcast.net.



ISLAND TRANSIT LAUNCHES 2021 COMMUNITY SURPLUS VEHICLE PROGRAM FOR NONPROFIT AGENCIES

Island Transit, Island County's public transit agency, announces the launch of its 2021 Community Surplus Vehicle Program. This relaunch continues Island Transit's commitment to enhance the quality of life for Island County residents. Begun April 5, 2002 Island Transit's board of directors approved the first Community Surplus Vehicle Program.

The vehicles, originally part of Island Transit's fleet, will be used to improve equitable access to transportation throughout Whidbey and Camano Islands and strengthen connections in the community. Vehicles in the program were purchased with public funds and have reached the end of their useful transit life. This is a competitive program, averaging over 30 applications in each surplus year, with only 14 vehicles available in 2021. Vehicles not surplus will be auctioned at a future date.

Since its inception, Island Transit has awarded surplus vans and wheelchair lift-equipped paratransit vehicles to qualified 501(c)3 organizations throughout Island County. All qualified 501(c)3 organizations with transportation needs are encouraged to apply. Recipients will be chosen through a competitive process based on how they propose to use the vehicles to serve their communities. Applicants must be prepared to demonstrate current 501(c)3 status.

Program materials and documentation are available online at www.islandtransit.org.

Interested applicants are invited to preview available vehicles; this is in-person and by appointment only from May 17-21. All safety measures will be in effect including required masks and social distancing. Appointments can be made via email to riley@islandtransit.org.

Recipients will be announced to the public June 22.

Applicants who require assistance with obtaining materials or have questions about the program may contact the main office at 360-678-7771.

Completed applications should be emailed to: info@islandtransit.org or mailed to: Island Transit, 19758 SR 20, Coupeville, WA 98239, ATTN: CSVP.

Applications must be postmarked no later than June 4, 2021.

Media inquiries can be directed to Selene Muldowney-Stratton, Marketing & Communications Officer, Office: 360-678-9519 or muldowney@islandtransit.org.

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Island Transit Community Surplus Vehicle Program



Program materials and documentation are available online
www.islandtransit.org/community-surplus-vehicle-program

Applicants who require assistance with obtaining materials or have questions about the program may contact the main office at 360-678-7771.



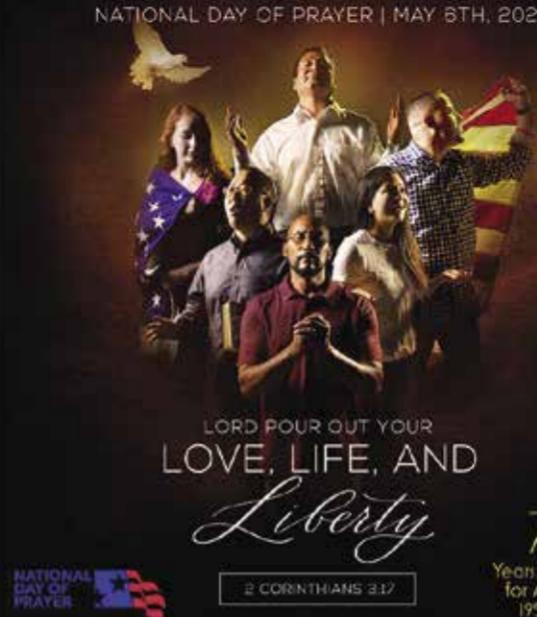
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COMMUNITY PRAYER EVENTS

12:00 - 1:00 p.m.
Island County Courthouse (north side)
7th St. Coupeville

6:00 p.m.
Praise and Worship
Church of the Nazarene (north parking lot)
1100 W Whidbey Ave., Oak Harbor

For more information email jlh71848@aol.com
Like Us on Facebook at Whidbey Island Prayer

Relay for Life, reimagined

By Alec Brown Whidbey Weekly

Relay for Life may have been canceled once again this year, but there are several events taking its place, including walks, several meetings and a movie night at the Blue Fox Drive-In. Relay for Life is an annual fundraiser for the American Cancer Society in which teams of participants raise money for research and services while honoring people at every step in their fight against cancer.

"We're trying to figure out how we can get the community re-engaged and help raise money to fight cancer," said Mary Brock, digital coordinator for the North Puget Sound Relays. "And normally at the Relays, the teams try to walk as much as they can, but they can't do that. So I came up with five different walks!"

While the first walk was this past Saturday at Ebey's Landing Bluff Trail in Coupeville, there are several more scheduled. The next four will take place May 22 at Meerkerk Gardens in Greenbank; June 19 at Little Cranberry Lake in Anacortes; July 17 at Fort Casey State Park in Coupeville; and Aug. 14 at Deception Pass State Park. Each walk starts at 11 a.m. and participants can log miles to earn lap beads. Participants must also follow COVID health guidelines to keep everyone safe.

The main event this year will be Sept. 10 at the Blue Fox Drive-In. The evening will include showings of three family-friendly movies and the traditional luminaria ceremony honoring those who have lost their battle with cancer will take place between the first and second movies. There will be a minimum donation required to enter the event, though the amount has not been decided as yet. Similarly, the movies have not yet been chosen—but the 2007 comedy "The Bucket List" is in consideration.

"We're going to have an opening ceremony at 6 p.m., we're going to have a DJ, we're going to honor our survivors; between the movies we'll have a luminaria ceremony—it'll be different," said long-time event organizer and sponsorship chair Karla Sharkey. "It won't be what you and I think of as a relay; if people want to walk, they can walk, but we're just not going to have that type of an event this year."

It has been a challenge to reimagine such an iconic fundraiser.

"We're trying to think outside the box," said Sharkey. "Our big fundraising effort is going to be at the Blue Fox, but we're encouraging people to still go out and you can go online, join the Relay for Life North Puget Sound... it's that simple."

And for those with pets, the Sept. 10 event will also include Bark for Life.

"Since pets are allowed to go there, we're going to have a small, what we call Bark for Life," said Brock. "Bark for Life is awesome. We have a passion for it because we have a dog that died of cancer...we have a whole bunch of different things, we have little bandanas they can put around their collar and things like that."

Last but not least, the Relay for Life committee will be holding a kick-off Zoom meeting open to anyone who wants to attend.

"Please join us for 2021 Kick Off for Relay For Life of North Puget Sound Wednesday, May 12, from 7 to about 8 p.m. for information, this year's event theme, a couple of nice prizes and an opportunity to ask questions," stated 2021 Organizing Committee member Leandra Reuble.

The Zoom Meeting ID can be found on the



Photo Courtesy of Relay for Life of North Puget Sound-Whidbey Island
There are several walks scheduled in lieu of the traditional Relay for Life event. Participants in last Saturday's first walk at Ebey's Landing posed for a celebration photo. A full schedule of upcoming walks is available at facebook.com/whidbeyrelay/.

Relay for Life of North Puget Sound's Facebook page. Future meetings might be held at the Elk's Lodge in Oak Harbor depending on how COVID guidelines look in the summer.

As the American Cancer Society's biggest source of annual fundraising, Relay's now two-year cancellation is a significant blow to research and ACS's ability to service those who need help.

"The American Cancer Society, last year, for 2020, really only got maybe a quarter of the fundraising they're used to worldwide," Brock stated. "So Western Washington went from having a dozen or more relays West of the mountains to only four. We were one of the four. Us and Tacoma are the only ones that truly survived on their own because we are good relays."

"The impact is really great because if we don't have that money to give to research, for example, my coworker, who is currently fighting, may not get his life-saving treatment," Sharkey added. "So there's lots of reasons why we need to continue to fundraise."

Lack of funding is part of the reason, in addition to COVID guidelines, the event was canceled this year—the organization simply can't afford to hold such a big event.

"Basically, they have kept four events in the greater Seattle area, one of them being the Whidbey Island relay," Sharkey stated. "But what that means is that we really don't have a budget...we can't do anything in June with COVID the way it currently is. You can't have 200 to 300 people at an event, even if it is outdoors, right? So we had to think outside our box, and somebody had a great idea and we went to the Blue Fox Drive-In, and they offered us their venue. So on Sept. 10, we are going to have a Relay for Life fundraising event. At that time, we're still going to honor survivors, and we're going to have a luminaria ceremony, we're going to play movies, be together, we're going to have teams and still try to raise money, but it's a different event."

The powerful sense of community that in the

past has brought so many people together will be missed.

"There's a lot of people I see once a year and it's at Relay," said Sharkey. "I think people are really going to miss the community. Normally, you'd get a team, you'd raise money, you'd spend the night there, you'd party, you'd have music, nobody sleeps, you eat junk food, you know, that kind of thing. But more importantly, what we do is honor cancer survivors...and we pamper the survivors, thank them, and make them feel loved. Because we want more survivors, right?"

"And then at dusk we do a luminaria ceremony," she continued. "And a luminaria ceremony is white bags in memory and celebration or honor of people who have passed away or are in the fight. And those bags are decorated with candles put in them. It's a somber thing; you walk the track and they stay lit for most of the night. So as you're walking...you see people you love and people you know, you see their bags. So that's a very emotional time."

Although the walks and Blue Fox fundraisers will help, the organization still encourages people to join Relay for Life North Puget Sound on Facebook and donate online.

"Even in these times, cancer has not gone away," Sharkey stated. "And we still need to continue to raise money for research and services. Three weeks ago I had a good friend pass away. He fought, but the experimental treatment didn't work. It reminds me that I'm stuck in my house, I'm working from home, I can't do a lot right now, but there's still people getting the cancer diagnosis—still fighting."

"This is the celebration of all the hard work we've done all year," she concluded. "At the event, more importantly, we're looking at honoring, celebrating, and remembering those in all walks of their cancer journey."

To learn more, visit the Facebook page at facebook.com/whidbeyrelay/. To learn more about Relay for Life, the American Cancer Society, or to donate, go to cancer.org.



Photo Courtesy of Relay for Life of North Puget Sound-Whidbey Island
A traditional part of the annual Relay for Life is the luminaria ceremony, honoring those who have fought cancer and lost and those currently fighting the disease. Each bag is decorated by loved ones. This year there will be a luminaria ceremony at a special fundraiser event Sept. 10 at Blue Fox Drive-In.

SCOUTS continued from page 2

Shepard said the community is lucky to have such a willing team of volunteers.

"The Boy Scouts are an asset to our community, involved in making a difference," she said. "We applaud them! This parking lot is used many times over for those going to the Langley Community Center. Also, I see our residents enjoying the park-like environment on their daily walk."

"It would be a great gift to our community if someone would purchase that lot for Langley for a community park and save it from becoming another commercial building site," Shepard continued.

McKnight said the Boy Scouts will be able to continue to use the lot as a fundraiser by parking cars for the Island County Fair the next time it rolls around. He said the Troop appreciates being able to find service projects that improve the community.

"One effect of the pandemic is that many organizations are just closed to kids coming and helping, so we have had to work harder to find projects for the scouts. Our goal is to have at least one community service project each month," he said. "I hope for an overall positive reaction from the community, just knowing that Troop 57 is here and taking on community service projects."

"A great big THANK YOU goes to these Boy Scouts," Shepard said. "Our community and THINC are grateful for these youthful volunteers and their parents. Great job, Scouts!"

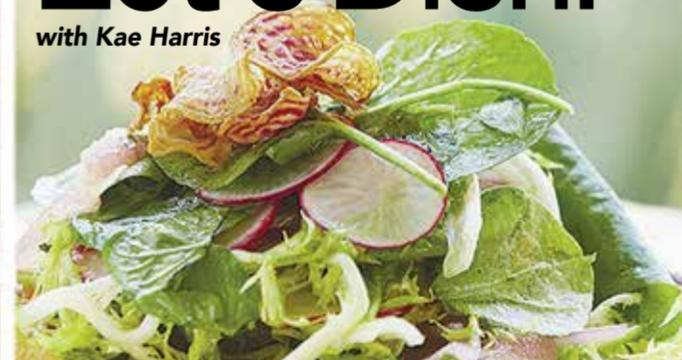


Photo Courtesy of Coyla Shepard
An Earth Day cleanup project proved to be a bigger job than expected for members of Boy Scout Troop 57 in Langley and stretched into two days. The cleanup was one of several community projects the Troop has completed over the past year, despite the pandemic.



Let's Dish!

with Kae Harris



THE MOST FRUGAL PIE OF ALL – WATER PIE

Saturday, we observe national coconut cream pie day. How's that for a lead-in? Straight to the point! The reason I mention this is because, well, you've already guessed by now, I intend to write about pie. I'm quite certain I have covered this food item before and yet something tells me there's always another angle we could approach pie from, even if it's a circle, with no angles. Until you cut it, of course.

Regardless, I was doing some reading not too long ago about coconut cream pie and how its celebratory day is coming up. It was interesting to discover coconut was imported from its tropical home in Sri Lanka and it was actually easier to transport than other delicious exotic fruits at the time (the 1800s), such as bananas or pineapple. Then I began to wonder where the coconut got its name from, given it isn't actually a nut. Or a fruit. In fact, it's a seed. It turns out coconut was dubbed "coco" or "hobgoblin" by European (Spanish) explorers. It's thought the three "dots" on a coconut resembled an impish face and thus the name "coco" was born.

Anyway, the hairy little hobgoblin-resembling seed eventually made its way to the United States and was popularized by a flour miller who was paid (the result of an outstanding debt), in full in a shipment of coconuts. He opened up shop and began shredding and selling coconut. It took off instantly and recipes for coconut cream pie started making an appearance in print at the turn of the 20th century. This is a good thing for us indeed, because without this flour miller and his debtor, we may never have known how delicious coconut cream pie is. The flavors work together in such a wonderful way, so smooth, and mellow, it's almost not a pie.

So, what is a pie? People debate this all the time. I've read about people who say the pastry latticework across a fruit pie relegates the dish to a different category of pastry – a tart. There are also those who say chicken pot pie is most certainly a pie, while the counter argument to this is it's merely a casserole with a crust. Personally, these differentiations are so minute, it's actually just splitting hairs here. Where I give pie a closer look is when we start calling a cottage pie, shepherd's pie or fish pie, a pie. They're topped with potato and yet we've decided to call them a pie. Would these dishes earn themselves a name among other casseroles instead of a chicken pot pie which, 1) also actually uses the word 'pie' in its name and 2) is made with pastry. Perhaps it's a matter of personal opinion.

According to Merriam-Webster, a pie is "a dessert consisting of a filling (as of fruit or custard) in a pastry shell or topped with pastry or both." It also defines pie as "a meat dish baked with biscuit or pastry crust." With that said, a cottage pie is indeed a casserole and a chicken pot pie, a pie. In any event, this lengthy jaunt down the rabbit hole brought me to a little-known pie (little known to me), called a water pie. If you've never heard of it, it hails from the frugal ingenuity depression era cooking came to be.

Now, a water pie isn't just made from water and saltines as I initially imagined it would be. The result of a lack of availability of so many different food items and with rationing being at the front and center of everyone's lives, coming up with meals that stretched the minimal resources in supply was an absolute necessity. Many homemakers at the time found ways around the restrictive gastronomic budgets by substituting many traditional ingredients a recipe would normally call for and, even more admirably, came up with brand new recipes in order to make their ingredients go further.

It was about finding ways to not just feed a family, it was about giving them a little something special, even when there really wasn't much to spare. This is what water pie was, supposedly. A means of providing a large family with a small indulgence, regardless of the lack of ingredients. When you're

short on supplies, there's always....erm....water! It sounded a bit strange to me and by now, with my adventurous palate always seemingly doing whatever it wants, you'd have thought a water pie, as benign – dare I say, banal – as it sounds, fascinated me. I couldn't wait to try it. And you can bet your bottom dollar I made it at home.

I must first mention I used a frozen pastry crust. I baked it for about 10 minutes first, (from frozen), before adding all the ingredients and baking again. The main ingredient, the star attraction, if you will, is – drum roll please – water! The mix of ingredients are what pull it together and turn it into a treat. It tastes something like a vanilla custard, except without the same creaminess. It is also far sweeter, but the overarching flavor is very much like a custard pie, to me.

When it comes to pies, everyone has a favorite. Never was there a more divisive dessert than a pie. A chocolate cake is a decadent treat anywhere in the world, but a pie? It seems each geographical region in the world has their own version of a pie and while a ubiquitous food, its popularity is very much dependent on individual predilection. Pie is something so personal, even family members living in the same home won't always agree on which pie is "the best," but no matter what you choose, just know there are countless others out there you've yet to try and which could knock your favorite off its pedestal and usurp its place. Trust me. Water pie is becoming a fast favorite of mine.

Dear readers, I am including the recipe for water pie and a picture to show you what mine looked like. The recipe came from a fantastic website (www.southernplate.com/water-pie-recipe-from-the-great-depression/) and honestly, I really do enjoy the flavor. I'm including the recipe here so you too can make it, should the fancy take you. It's unassuming, yet unique and if you try it, I hope you find it as enjoyable as I do. My children hate it, so this just highlights the exceptionally personal nature of eating pie (and the incredibly picky predilections of my kin). If you have any interesting pie recipes you'd like to share, or anything you want to tell me about, please feel free to reach out to me at letsdish.whidbeyweekly@gmail.com and we can do exactly that and (pie) dish!



Water Pie

- 1 ½ cups water (room temperature)
- 5 tablespoons butter, cut into pats
- 1 cup sugar
- 4 tablespoons all-purpose flour
- 2 teaspoons vanilla extract
- 1 pie shell (frozen)

Remove pie shell from packaging and bake at 375°F for 11 minutes. Remove from oven and allow to cool. Pour water carefully into pie crust. Sift flour and sugar together and sift evenly over the water. Add the vanilla on top of that, evenly. Place the pats of butter at even intervals in the water. Bake at 400°F for 30 minutes, then reduce heat to 375° and bake for another 30 minutes. Remove from oven. Pie will be watery; allow to cool completely so it firms up. Refrigerate until cold and serve in chilled slices. Enjoy!

www.merriam-webster.com/dictionary/pie

<https://brooklynhomemaker.com/tag/history-of-coconut-cream-pie/#:~:text=As%20it%20turns%20out%2C%20the, hadn't%20yet%20taken%20off.>

To read past columns of *Let's Dish* in the *Whidbey Weekly*, see our Digital Library at www.whidbey-weekly.com.



Get Moving

by Dawn Miller

ATTENTION DESK WORKERS!

Do these exercises now, so you won't have to see us later!

Did you know that you can develop injuries from working at a computer? Keeping your body and hands in the same position for hours at a time can cause aches and pains related to repetitive motion injuries – movements we perform incorrectly over and over again.

If you spend most of your day at a desk, these exercises are for you! Our therapists recommend doing them twice daily for best results.

CERVICAL SPINE STRETCH



Sitting with poor posture can cause low back pain, neck/shoulder tightness, and headaches. This exercise stretches the chest and shoulders which become tight from sitting hunched over a computer. It also strengthens the upper back and neck muscles which help us maintain good posture.

How To:

- Interlace your hands behind your head and gently pull your elbows backward.
- Keeping your neck neutral, look straight ahead and gently push the back of your head straight into your hands. (Note: do not look up or arch your back.)
- Hold for 1 second before relaxing, repeat 10 times.

FINGER TAPS

There are just as many muscles traveling through your wrist as there are in your shoulder! That's a lot of things travelling through a small space. This exercise activates the fingers and moves the tendons back and forth through the small space of the wrist, preventing injuries like tennis elbow and carpal tunnel syndrome.

How To:

- Start with your hands open and fingers active – think spirit fingers!
- Touch the tip of your thumb to the tip of one finger and briefly squeeze.
- Return both fingers to the starting position.
- Repeat with the other fingers touching the thumb, continuing until you have tapped each finger 3-5 times.



EXTRA CREDIT

If you want more, we recommend taking "movement breaks" every 30 minutes. Not only do these improve focus and concentration, standing up and moving loosens muscles and improves circulation in areas that become tight due to prolonged sitting. You can also incorporate daily "posture checks." Take a moment and check in with your posture – tighten your abdominals, sit up straight, and pull your shoulders down and back.

We hope you can choose at least one or two of the techniques we've listed to prevent injuries and improve your health. Building these into your day won't take a lot of time, but trust us – you'll get a large return on your investment if you do them consistently.

Please remember that living with constant aches and pains isn't normal. We offer free injury consultations with a physical therapist who will assess your concerns and decide if physical therapy is right for you. If not, we will direct you to the right provider. To schedule a free injury consultation, give one of our clinics a call: Oak Harbor 360-679-8600 or Coupeville: 360-682-2770.

WE ARE ACCEPTING NEW PATIENTS!

<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Free injury consultations <input checked="" type="checkbox"/> Neurological Rehab <input checked="" type="checkbox"/> Vestibular Rehab <input checked="" type="checkbox"/> Pediatric Physical Therapy 	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Pre/Post Surgical Rehab <input checked="" type="checkbox"/> BikeFit <input checked="" type="checkbox"/> Running Analysis <input checked="" type="checkbox"/> Therapeutic Massage
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Harris Esarey, PT, DPT

Most insurances do not require a referral for you to get physical therapy! Call us for more information.

Stefanie Schultz, PTA

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Life Tributes



Penelope Hill



Penelope "Penny" Hill, of Freeland, Wash, passed away Nov. 4, 2020, following a brief battle with cancer.

Penny was born in 1941 outside of Chicago, Ill. As a child, Penny lived all over the country. She and her husband, Jack, started an advertising agency while living in the Bay Area. After her husband passed away, Penny moved down to the Los Angeles area

and continued working in advertising.

For the past 11 years, Penny has called Whidbey Island home.

She is survived by her daughter, Dru Hampton, and her son-in-law, Greg Hampton.

Margene Lavonne (Vande Garde) Van Dam



Margene Lavonne (Vande Garde) Van Dam was called home to her Lord and Savior April 19, 2021, at the age of 92. She was born in Boyden, Iowa Jan. 2, 1929, to Bernard and Gertrude (Vander Zwaag) Grooters.

Margene married Donald Vande Garde Oct. 10, 1947, in Boyden, Iowa, where they later bought their first dairy farm. In 1960, they moved to a farm in Wisconsin where they lived for three years until they moved to Lynden, Wash., and bought a dairy farm. She drove a school bus for many years and also worked as a cook at Cedar

Springs Christian Retreat.

In their semi-retirement, Margene and Don enjoyed traveling with tour groups to various destinations both foreign and domestic. Margene and Donald were married for almost 44 years when Don passed suddenly April 24, 1991

March 16, 1999, Margene married Jack Van Dam of Oak Harbor. They spent many happy years together traveling and enjoying their time with friends and family until Jack's passing July 14, 2011.

Margene is survived by her five children and their spouses: Donna Faulkner (Paul), Judy Ross (Mark), Vern Vande Garde (Shelly), Nancy Farrington (Steve), and David Vande Garde (Kristine); three grandchildren: Travis Love (Melissa), Donald Love, and Angela Vande Garde (Rob); three great-granddaughters: Ashley, Sydney, and Brooke Love; her brother, Rod Grooters (Lavonne); and her sister, Janet Grooters. She is also survived by her four step-children and their spouses: Linda Nickols (Tom), Ron Van Dam (Nancy), Wayne Van Dam (Amy), and Joanie Wiaczek (James); six step-grandchildren, and 11 step-great-grandchildren.

Margene stayed very active until her passing. She was a volunteer at Coupeville Hospital for more than 20 years. She enjoyed cooking meals for the needy at her church and was always happy to take her friends to appointments if they needed a ride. Her willingness to lend a helping hand was appreciated by many.

A memorial service was held at First Reformed Church in Oak Harbor April 27, 2021, after a private interment at Greenwood Cemetery in Lynden. In lieu of flowers, donations may be made to Samaritan's Purse, which was her request.

Robert F. Melvin Sr.



Robert F. Melvin Sr. was born April 27, 1925 in Illinois to Joseph and Francis Melvin and died at home of natural causes April 21, 2021.

He grew up in Tacoma and served in the U.S. Army Signal Corps during World War II. He lived for a long time at his beloved beach house on Whidbey Island.

He was an auto salesman for years and his hobby was his work.

He is survived his two sons, Robert F. Melvin Jr. and his family, and James H. Melvin and his family.

Due to COVID, we will not be having a service at this time.

Family and friends are encouraged to share memories and condolences at www.whidbey-memorial.com.

Life Tributes can now be found online at www.whidbeyweekly.com



FRIDAY, MARCH 26

12:44 am, Cultus Bay Rd.

Reporting party not sure of exact location; states cattle are in middle of the road and one appears to be injured, possibly hit by car. About 10 cows total.

3:19 am, Goss Ridge Rd.

Advising subjects trying to unscrew hot tub. Occurring outside bedroom window.

12:24 pm, Whitney Dr.

Caller states vehicle was taken in July. Person refused to return. Suspect took vehicle to California. Vehicle is F-150, no plates, not registered. Caller was in process of purchasing vehicle from sales lot.

3:02 pm, Stellar Ln.

Not in progress. Reporting party states an individual trespasses and cuts down trees then takes away the wood.

8:13 pm, Stellar Ln.

Reporting party advising neighbor climbed into yard screaming "Help me;" is bloody. Happened 10 minutes ago.

SATURDAY, MARCH 27

7:44 am, Shawn Ave

Requesting contact regarding son trespassing on people's properties, last seen a couple houses east a few minutes ago.

10:41 am, Penn Cove Rd.

Approximately 9:30 am, male subject walked into, then out of, her garage; thought it was pest control then realized later it wasn't.

12:03 pm, Turningleaf Ln.

Reporting party advising she was putting up gate and no trespassing signs at location, which they own; neighbors came over and started yelling and cursing at reporting party.

SUNDAY, MARCH 28

8:01 am, French Rd.

Reporting party advising female in area is asking drivers for ride; female stated "Help I need a ride." Elderly male with female stated "No don't do it."

9:25 am, Shawn Ave.

Caller requesting contact. Believes someone took his car on a joy ride last night then returned it, also damaged it.

1:20 pm, W Green Valley Rd.

Advising dog dumped inside reporting party's fenced yard; Red Heeler, no collar or tag, not friendly. Nothing seen.

4:29 pm, Honeymoon Bay Rd.

Advising three sheep in road, one black, two white.

MONDAY, MARCH 29

1:58 am, Fort Nugent Rd.

Black cow in roadway on Fort Nugent near Zylstra.

TUESDAY, MARCH 30

5:34 pm, NW 4th St.

Caller on line screaming, wanting to know if he sounds like a woman. Still screaming; hung up when placed on hold.

WEDNESDAY, MARCH 31

9:23 am, N Main St.

Reporting party advising male subject was driving lawn mower in ATM drive through; occurred 10 minutes ago. Red and black lawn mower; is parked on his front lawn.

10:10 am, SR 20

On the beach at Coupeville ferry; caller states two males stating they are there to arrest him. Reporting party is on beach, states subjects are parked at beach south of the ferry.

11:38 am, SR 20

Passenger vomited on bus while in traffic just south of accident. Male walked off bus and is lying in ditch. Requesting check on him.

11:55 am, Hastie Lake Rd.

Occurred a few days ago; reporting party advising her American Shepherd mix breed puppy was stolen from location by someone who was puppy sitting.

12:09 pm, Perry Dr.

Eight-year-old driving golf cart with two smaller kids on back. No seat belts. Kids are now on golf course in main building.

12:21 pm, SR 525

Reporting party advising male subject harassing baristas; asking about "elvish magic" and falling asleep at wheel; reporting party suspects he has been using drugs.

7:02 pm, Shawn Ave.

Reporting party thinks neighbor left package with cheese and payment card and other items. Reporting party noticed package 30 minutes ago.

THURSDAY, APRIL 1

2:38 pm, Riepma Ave.

Reporting party advising neighbor has been trespassing recently; was just seen in reporting party's vehicle and possibly even shed; was yelled at to move on.

2:43 pm, Lovely Rd.

Reporting party advising male has lawn mower stuck; neighbors are trying to help; parked in gutter; male not injured; just cannot get mower out. Female asking to disregard, cancel.

5:44 pm, Allyson St.

Advising male subject just seen trespassing in someone's yard on Allyson Street; not sure what he was doing. Advising same one that has been doing this all day.

FRIDAY, APRIL 2

1:11 pm, Vanderwell Rd.

Reporting party advising two of his cattle got off property today and have been wandering around; got a call a few hours ago from adjacent neighborhood, but could not get there in time to capture.

5:16 pm, N Main St.

An inmate would like to report a stolen vehicle; states it was stolen from the Island County Sheriff's Office impound lot. States units could call when available.

SATURDAY, APRIL 3

8:17 pm, Hastie Lake Rd.

Reporting party states two male subjects walking down Zylstra got into a dispute then sped away and went separate directions. States one of the male subjects is now in ditch at intersection.

10:31 pm, NW 6th St.

Requesting call. States residence is being hit with radiation again and needs a safe place to go. Is going out to vehicle to sit and try and get away from subjects who are radiating reporting party.

Report provided by OHPD & Island County Sheriff's Dept.





OUR Community

An Upbeat Question of the week

By Helen Mosbrooker

What do or did you most admire about your mother?



Renee Mueller

Coupeville

I really admired her sense of creativity, attention to detail, and her love and ability to teach others.

She was a phenomenal seamstress (she even made my Dad's dress uniforms - he was in the Navy). Whatever she was making or creating she did it meticulously. She sewed. She made Japanese dolls, and became a certified teacher of a specific Japanese doll. She even did Japanese needlepoint. My mother was an amazing woman in so many areas. Just thinking of her brings back wonderful memories.

Nancy Fey

Oak Harbor

My mother lived to be 100 and 5 months. She enjoyed life to its fullest. She brought joy to everything she did and everyone she came in contact with. She also kept us all laughing with her wonderful sense of humor.



Kim Glandon

Freeland

My mother passed in 2010 after living with Alzheimer's for 12 years. The disease took many things away, but not her most endearing quality - her wonderful sense of humor! What a gift for those around her. Love you Mom

Margo Graves

Oak Harbor

I admire my mother's resilience and tenacity.

She is a formidable woman who shattered glass ceilings and made several sacrifices to provide opportunities for my sister and me. I am proud my children have such a strong grandmother to look up to.



Crossword Puzzle

1	2	3	4			5	6	7		8	9	10	11
12				13			14				15		
16					17		18				19		
20							21				22		
				23		24				25			
26	27	28	29					30					
31								32					
33									34	35	36	37	38
				39	40	41		42	43				
			44	45				46					
	47						48						
49					50			51		52	53	54	55
56					57			58					
59					60				61				
62					63					64			

CLUES ACROSS

- 1. A group of sheep
- 5. Of she
- 8. This (Spanish)
- 12. A type of sorcery
- 14. A team's best pitcher
- 15. Port in southern Japan
- 16. Makes very happy
- 18. Trigonometric unit of measurement
- 19. From a distance
- 20. Winged nut
- 21. Consumed
- 22. "Heat" director
- 23. In all places
- 26 Made improvements to
- 30. St. ___ Girl: brand of beer
- 31. A type of "seat"
- 32. Wood
- 33. A brief treatise on a subject of interest
- 34. Approval
- 39. Basics
- 42. Where judges sit
- 44. W. African religion
- 46. Commentators
- 47. Having many different functions
- 49. Member of a Semitic people

CLUES DOWN

- 17. One who rescues
- 24. Doctor of Education
- 25. Liberal arts
- 26. Shock treatment
- 27. Disfigure
- 28. When you hope to get there
- 29. Peacock network
- 35. Part of (abbr.)
- 36. The 21st letter of the Greek alphabet
- 37. Not just "play"
- 38. Former CIA
- 40. Reduced to a sloping edge
- 41. Restricted the development of
- 42. Sciences degree
- 43. Sea eagles
- 44. Saturated
- 45. Joints
- 47. Sailing boat
- 48. Respiratory organs
- 49. Guitarists use them
- 52. Disco act: Bee ___
- 53. First Chinese dynasty
- 54. Intentionally lose
- 55. Muslim people of China

Answers on page 15

CAN DO SUDOKU!

On a scale from 1 to 10...3.3

Every row of 9 numbers must include all digits 1 through 9 in any order
Every column of 9 numbers must include all digits 1 through 9 in any order
Every 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9

		4	8	9				6
			5					2
1				2	4			9
	5		9			6		4
		6				1		
9		8			7		2	
3			1	8				5
6					3			
5			4	2	8			

Answers on page 15

YOUR GUESS IS AS GOOD AS OURS WEATHER FORECAST

Thurs, May 6	Fri, May 7	Sat, May 8	Sun, May 9	Mon, May 10	Tues, May 11	Wed, May 12
North Isle H-63°/L-45° Rain	North Isle H-56°/L-46° PM Showers	North Isle H-59°/L-46° Mostly Cloudy	North Isle H-58°/L-44° Showers Possible	North Isle H-61°/L-46° Partly Sunny	North Isle H-61°/L-46° Clouds and Sun Mixed	North Isle H-60°/L-47° Cloudy
South Isle H-62°/L-45° Rainy and Breezy	South Isle H-55°/L-45° Cloudy with Showers	South Isle H-61°/L-45° Mostly Cloudy	South Isle H-62°/L-43° Showers Possible	South Isle H-65°/L-45° Mixed Sun and Clouds	South Isle H-64°/L-46° Partly Sunny	South Isle H-65°/L-47° Cloudy



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- ✓ FREE Transfer Case & Fill
- ✓ FREE Windshield Washer Fluid & Fill
- ✓ FREE Battery Fluid & Fill

- ✓ NEW Oil & Oil Filter
- ✓ LUBE Chassis
- ✓ INFLATE Tires
- ✓ VACUUM Interior
- ✓ WASH Front & Rear Windows

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- Tire Rotation
- Inspect Belts & Hoses
- Inspect Exhaust System
- Check Charging System
- Test Ignition Cables
- Tire Rotation & Balance
- Inspect Suspension
- Check all Fluids
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Community Bulletin Board

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ANNOUNCEMENTS

Be the difference in a child's life and become a foster parent today! Service Alternatives is looking for caring, loving, and supportive families to support foster children. 425-923-0451 or mostermick@servalts-cfs.com

If you or someone you know has been a victim of homicide, burglary, robbery, assault, identity theft, fraud, human trafficking, home invasion and other crimes not listed, Victim Support Services has advocates ready to help. Please call the 24-hr Crisis Line 888-388-9221. Free service. Visit our web site at <http://victimsupportservices.org>

VOLUNTEER OPPORTUNITIES

Island Shakespeare Festival is seeking new members to join our Board of Directors. We're looking for people who are passionate about high-quality live classical theater and can devote time and energy to support the work of Island Shakespeare Festival's important cultural, social, and fiscal position on Whidbey Island. Our current needs include individuals with backgrounds in the following areas: human resources, donor relations, finance, as well as other skills related to overseeing a performing arts organization. Board members are asked to provide input and feedback to the Board and staff of ISF, attend one full board meeting per month, serve actively on board committees, and attend activities and events

sponsored by ISF. Women and persons of color strongly encouraged to apply. For more information, please contact jeff.natter@islandshake-spearefest.org.

Big Brothers Big Sisters of Island County (BBBSIC) is actively seeking new member(s) for its Board of Directors. Join the board's exciting array of professionals! BBBSIC is seeking individuals who are committed to defending the potential of youth in our community through their time, skill sets, and influence in the community. To complement the existing board, candidates with expertise in accounting, law, nonprofit management, networking, or fundraising are of particular interest. Committed to diversifying its board to better represent our community, BBBSIC encourages BIPOC and LGBTQIA community members to inquire. Please contact admin@bbbsislandcounty.org for more information.

The Island County Medical Reserve Corps (ICMRC) is a local network of volunteers organized to improve the health and safety of communities on Whidbey and Camano Island. Volunteers include medical and public health professionals as well as other community members with no prior healthcare background. ICMRC utilizes volunteers to strengthen community health, enhance emergency response capabilities, and boost community resiliency. They prepare for and respond to natural and manmade disasters such as winter storms, flooding, earthquakes, as well as public health emergencies such as disease outbreaks. If you are interested in volunteering please go to the Island County MRC website for more information or contact s.ziemer@islandcountywa.gov

If you are looking for a meaningful volunteer opportunity, look no further! When you volunteer at one of the Habitat for Humanity of Island County stores, you are helping local families attain decent, affordable housing. Income from the stores is vital to giving families a path to homeownership. We need people who can commit to help out in our Oak Harbor or Freeland store at least two-hours per week. Schedules are flexible. Our friendly volunteers provide customer service, help with receiving donated household items and furniture, and maintain the store. We also need drivers and driver helpers who will professionally represent Habitat as they pick up donated items using our trucks. Please call either store

for more information. Oak Harbor: 360-675-8733, Freeland: 360-331-6272.

College student? Student of history? History buff? Opportunities are available to spend constructive volunteer hours at the Pacific Northwest Naval Air Museum. Go to www.pnwnam.org and click on "Volunteer" or just stop by and introduce yourself.

Mother Mentors needs volunteers! Oak Harbor families with young children need your help! Volunteer just a couple of hours a week to make a difference in someone's life! To volunteer or get more info, email wamothermentors@gmail.com or call 360-321-1484.

Looking for board members to join the dynamic board of Island Senior Resources and serve the needs of Island County Seniors. Of particular interest are representatives from North Whidbey. For more information please contact: reception@islandseniorservices.org

JOB MARKET

Receptionist: Hearing Health is hiring a full-time receptionist with a goal to move into the front office manager position. You will manage the patient flow, act as the face of our company and ensure patients receive a sincere, heartwarming welcome with efficient and prompt service. You'll be working with our Practice Manager to coordinate and execute all front desk responsibilities (phone calls, scheduling appointments, managing patient referrals and medical documentation, etc). Our ideal candidate will combine a pleasant personality with a dynamic professional approach to achieve clinic goals while conducting themselves effortlessly in our fast-paced, demanding environment. We take our patient care very seriously, and

we'll only consider a teammate who has a real work ethic. However, we also require a genuine sense of humor and a fun-loving approach to the daily stresses of a position in healthcare. We pride ourselves on keeping an energetic and infectious atmosphere; we need someone who will radiate the same feeling. Contact frontdesk@coupevillehearing.com if interested. (2)

Administrative Assistant/ Customer Service Position: Small health and life insurance agency seeking full-time administrative assistant/ customer service person. Successful candidate will be responsible for general office administration as well as customer service. Must be able to work independently and to be a contributing member of a team. Responsibilities include: Answering incoming telephone calls and greeting/assisting clients; Clerical: word processing, data entry, spreadsheets, communication composition, scheduling, project coordination, and filing; Administrative sales support. Skills required: Excellent customer service and telephone techniques; Attention to detail with strong organizational and math skills; Ability to multi-task and function with frequent interruptions; Microsoft office software skills and knowledge; Ability to work independently. Prefer local, South Whidbey resident. Must be available immediately. Please send cover letter and resume to jjins@whidbey.com (1)

Maintenance Worker I/II/III: The Town of Coupeville has a current opening for a Maintenance Worker Level I, II, or III. This is a non-exempt position performing manual to journey level work and other duties as assigned, in the streets, parks, buildings and utilities of the town. This is a full-time position, wage scale ranging from \$20.52 to \$30.17 per hour,

depending on experience. For a complete job description, including minimum qualifications for each level, and instructions on how to apply, please visit our website: www.townofcoupeville.org/join-our-team/. Applications will be accepted until the position is filled. Town of Coupeville is an EOE. (1)

Seasonal Maintenance Worker: The Town of Coupeville has a current opening for a Seasonal Maintenance Worker. This is a temporary position, performing manual to journey level work and other duties as assigned, in the streets, parks, buildings and utilities of the town. Pay rate - \$14.50 per hour. For a complete job description, including minimum qualifications for each level, and instructions on how to apply, please visit our website: www.townofcoupeville.org/join-our-team/. Applications will be accepted until the position is filled. Town of Coupeville is an EOE. (1)

Island Transit is Hiring! If you are looking for a solid career with great pay and benefits including two retirement plans, we are hiring. Visit www.islandtransit.org/employment to apply. Island Transit is a drug and alcohol free workplace and an equal employment opportunity employer.

ANIMALS/SUPPLIES

Natural Barnyard Topsoil - Good for gardens, flower beds, etc. Unscreened, 10 yard loads, \$225 delivered. South Whidbey. 360-321-1624

Excellent grass hay, no rain, good for horses, \$7 per bale. 20 bale minimum. Good quality round bales available also. 360-321-1624

If you or someone you know needs help in feeding pet(s), WAIF Pet Food Banks may be able to help. Pet Food Banks are located at WAIF thrift stores in Oak Harbor (465 NE Midway Blvd) and Freeland (1660 Roberta Ave) and are generously stocked by donations from the community. If you need assistance, please stop by.

WANTED

WANTED: We buy running or not! We recycle cars, trucks, motorhomes, travel trailers, motorcycles, boats, tractors, dump trucks and much more. Free estimates on junk removal and junk vehicle removal. TJ's Recycling, 360-678-4363

Art, Antiques & Collectibles. Cash paid for quality items. Call or text 360-661-7298

Was your Dad or Gramps in Japan or Germany? I collect old 35 mm cameras and lenses. Oak Harbor, call 970-823-0002

Always buying antiques, collectibles, sporting goods, tools, garden equipment, furniture, vehicles, tractors and boats. Cash paid at loading out. 45 years experience. 360-678-5888 or text 360-969-1948.

How'd you do?

7	2	4	8	9	1	3	5	6
8	3	9	5	7	6	4	1	2
1	6	5	3	2	4	7	8	9
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4	7	6	2	3	5	1	9	8
9	1	8	4	6	7	5	2	3
3	4	7	1	8	9	2	6	5
6	8	2	7	5	3	9	4	1
5	9	1	6	4	2	8	3	7

CLASSIFIED INFORMATION

US Postal Mail

Whidbey Weekly Classified Department PO Box 1098 Oak Harbor, WA 98277

E-Mailclassifieds@whidbeyweekly.com
 Telephone..... 360-682-2341
 Fax 360-682-2344

PLEASE CALL WHEN YOUR ITEMS HAVE SOLD. Please try to limit your classified to 30 words or less, (amounts and phone numbers are counted as words) we will help edit if necessary. We charge \$10/week for Vehicles, Boats, Motorcycles, RVs, Real Estate Rental/Sales, Business Classifieds and any items selling \$1,000 and above. We do charge \$25 to include a photo. The FREE classified space is not for business use. No classified is accepted without phone number. We reserve the right to not publish classifieds that are in bad taste or of questionable content. All free classifieds will be published twice consecutively. If you would like your ad to be published more often, you must resubmit it. Deadline for all submissions is one week prior to issue date.

No Cheating!

H	E	R	D			H	E	R		E	S	T	E			
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P	H	E	W			E	E	G		S	E	I	N	E		
S	U	D	S			D	D	S			S	A	K	I		

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Staying Spot-Free, Socially Distant and Safe, with Crystal Clean Windows and More LLC

By Kae Harris

Getting into gear for all the beauty spring and summer bring to us is as easy as enjoying the beautiful Washington views from the comfort of our own homes. What better way to make sure our viewing pleasure is as clear as can be than making our viewing portals spot-free and crystal clean? Since 2010, Crystal Clean Windows and More LLC has been a veteran owned and operated business, bringing indispensable services to Whidbey Island. Owner Jason Leman and his team take the utmost pride in their work and ensuring a "job well done" is just par for the course when they're called to work their magic on your home or place of business.

Using non-toxic, eco-friendly cleaners safe for use around all your loved ones, Jason and his staff ensure your windows reach their full potential and glimmer in all their glory. While we're all practicing social distancing and helping our communities stay as safe and healthy as possible, Jason places the wellbeing of his customers above all else and so, on the advice of health authorities, he continues to offer his invaluable services, with the exception of interior window cleaning for the moment. He will revisit this service in the future when it is safe and appropriate to do so, but in the meantime his exterior cleaning is still going strong. Using the RODI (reverse osmosis deionization) system and water-fed poles, removing sediment and contaminants that dull your windows has never been easier. Crystal Clean staff are able to maintain a socially-acceptable distance, whilst delivering a spot-free shine to your windows, each and every time.

And it doesn't stop at windows, because Crystal Clean Windows and More LLC, does just that – more! Gutter cleaning to sweep your gutters clear of debris and get them going and flowing again is just another day at the office for this crew. Make those gutters even more gorgeous by getting them whitened too – all adding to the aesthetic value of your abode or place of work. On top of all that, the functional flow of water around the building means you'll avoid potential costly repairs back-ups and clogs can bring.

Don't need to get the gutters groomed? What about your roof? Moss is messy and the time is just right to make a move on the lichen now! His eco-friendly practices mean non-toxic cleaners are the order of the day, and no-pressure washing will put your mind at ease that not even a single shingle will be damaged. Moss is merely swept clear off your roof with Jason's method, maintaining the structural integrity of your building and what's better than peace of mind, especially lately?

Crystal Clean's team brings professionalism and expertise, all in one go, so you can rest assured no job is too big or too small and whatever it is, expect nothing but the best from Jason and his crew. Now, getting in touch with Jason is even easier. Call or text him at 360-675-3005 and find out just how they strive to give your home a fresh feel while keeping you and yours safe. For more information online, visit www.crystalcleanwindowswhidbey.com and wipe away the weary feel today!

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