

April 20 through April 26, 2023

FREE

Whidbey Weekly

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Celebrate Earth Day through song and seaweed

By Kathy Reed Whidbey Weekly

Here on Whidbey Island, it takes a month to celebrate a very important day. Earth Day itself is Saturday, and if you haven't been able to participate in any activities thus far, there are still plenty of opportunities remaining. (Go to whidbeyearthday.org for a calendar of events.)

SONG

Case and point, an Earth Day concert with Celia Farran will be held at 7 p.m. Friday at the Unitarian Universalist Congregation of Whidbey Island, located at 20103 Hwy. 525 in Freeland. The concert is sponsored by the Greening Congregations Collaborative and UUC. Tickets are \$20 in advance, \$25 at the door and a portion of the proceeds from the live (and live streamed) concert will benefit Sound Water Stewards. Tickets for the in-person concert are available at CeliaEarth.eventbrite.com and tickets for the livestream concert are available at CeliaEarthLive.eventbrite.com.

Farran, a singer, songwriter, comedian and a self-described "Everyday Goddess-High Priestess of Herself" and a "Red-Headed Capricorn Force of Nature," moved to Whidbey Island during the pandemic for her fiancé. This will be just her third in-person concert since moving here, and organizers felt the combination of Farran's music and the Unitarian Universalist sanctuary would be a good way to revive live Earth Day concerts.

"We UUs are passionate about protecting Gaia and we are part of the Greening Congregations Collaborative that has a history of sponsoring workshops, discussions and stunning speakers about the climate crisis and other environmental challenges," organizer Terra Anderson wrote in an email to *Whidbey Weekly*. "Celia likes to donate part of the proceeds to a local environmental group. We recommended several ideas to her, and she selected Sound Water Stewards."

"I love what I do," said Farran, who describes her material as all original, with a Celtic influence. "I love being able to offer what I do in service to good projects and values, and I love being able to give back. I love bringing people together to create a cohesive energy so we can uplift one another through music."

Farran, who previously lived in a southwest desert climate, said she loves Whidbey for the land, the water and the inspiration it brings to her writing.

"I love that ferns grow here year-round, that moss grows on everything, even the road," she said. "I love the clean air, the people. I'm loving building community and connections and I love the island vibe, where things are a little slower. I call it the land of mermaids and fairies."

"It has helped inspire my writing," she continued. "I write and record a song every week. When I take hikes and go for walks, I'm usually writing."



Photo Courtesy of Celia Farran

Whidbey Island singer, songwriter and comedienne, Celia Farran, will present an Earth Day concert Friday at 7 p.m. at the Unitarian Universalist Congregation in Freeland. A portion of the proceeds will benefit Sound Water Stewards.

Walking is inspirational to me. Then to be walking in this beautiful land, to have water so nearby... it's all right here."

Anderson said events like the Earth Day concert help celebrate what we know and love about our island environment.

"This concert honors our deep acknowledgment of the interdependent web of life and how the health of our environment determines the health of humans," she said. "Celia's music is uplifting even as it grounds us in our deep caring for the island and for all of creation. She reminds us we are stewards of creation, not consumers of creation. People will probably leave inspired to do more, learn more, and to express in their daily actions their love of this world around us."

Friday's concert will provide the opportunity to purchase Farran's CDs, plus there will be information on the Greening Congregations Collaborative and Sound Water Stewards. You can learn more about Farran and her music at CeliaFarran.com.

"For those of us who have had the pleasure of already hearing Celia's music, she's contagious and inspiring," Anderson said. "People will want to tap their foot or perhaps even get up and dance. What a grand way to reconnect with friends, be happy to your bones, laugh, cry, sing and celebrate the blessings of life on Mother Earth."

SEAWEED

One of the more interesting facets of Mother Earth that Whidbey Island residents may or may not be familiar with, is seaweed.

Sound Water Stewards, a beneficiary of Friday night's concert, will celebrate Earth Day Saturday with a seaweed walk, led by guides Jeanie and PaulBen McElwain. The walk will take place from 11 a.m. to 1 p.m. at Libbey Beach Park, at the end of Libbey Road off Hwy. 20, north of Coupeville, and is a great way to learn about the important role seaweed plays in and out of the water.

"Seaweeds to some are foreign and strange. To some they are beautiful and even enchanting," said Jeanie McElwain. "And we need them for the survival of uncounted numbers of species, including those many rely on for food and food additives. The more we understand them, the more we will want to protect them. And there's no better way to understand them than in person and up close."

According to McElwain, there are more than 680 species of seaweed in the geographic area from mid-California to the mid-mainland of Alaska, of which the Salish Sea is a part.

"A good hundred or more of those can be found on Whidbey," she said. "We are likely to see about 71 different species that are listed on the EZ-ID cards we use for our work at Sound Water Stewards. The more you are out there, the more you learn about, the more you will see - particularly seaweeds that survive when the tide is out. These include sea lettuce like



Photo Courtesy of Jeanie McElwain/Sound Water Stewards

A walk from 11 a.m. to 1 p.m. Saturday on Libbey Beach Park near Coupeville is all about seaweed. Here, Sound Water Stewards guide Jeanie McElwain shows a young bull kelp bulb with blades.

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See EARTH continued on page 8





Island 911

Seriously, we do not make this stuff up!

TUESDAY, APRIL 11

7:26 am, SW Barrington Dr.

Caller advising just went to take dog out six minutes ago; advising a masked man in black hoodie and light blue jeans with red-accented shoes was standing outside reporting party's townhome, has white trash bag.

7:41 am, SW 24th Ave.

Party requesting a phone call from a supervisor; advising officers knocked on door late last night and doesn't know why; reporting party advising this is the third time this has happened.

8:54 am, SR 20

Advising of white subject driving northbound with no windshield.

5:02 pm, SE Pioneer Way

Advising subject was just in store trying to buy a machete; has now left, heading towards apartment behind; last seen wearing sweat-shirt, blue/plaid bottoms.

5:03 pm, SR 20

Caller advising of male sleeping or laying down in grass area in front of Woody's Car Wash; blue sweater.

Wednesday, April 12

3:54 am, SR 20

Reporting party advising male pointed a gun at a transient outside; the transient is walking toward Planet Fitness.

7:14 pm, SR 20

Caller advising two subjects keep going into the bathroom together; thinks they are having intercourse; both are currently in there now.

8:38 pm, NE 1st Ave.

Reporting party advising someone is throwing things at her vehicle; advising heard a big boom. Last seen wearing black shorts, red T-shirt.

THURSDAY, APRIL 13

6:35 am, SW 6th Ave.

Reporting party advising there is a male subject that has been knocking on her door since 6 am; advising subject seems strung out; wearing black jacket, red hood, beanie. Advising nothing is being said, just knocking and walking back and forth.

12:23 pm, SE Barrington Dr.

Caller is wanting to report something but not willing to give call-taker information; says it happened yesterday five blocks from Oak Harbor Police Department.

8:17 pm, N Oak Harbor St.

Reporting party advising there is a female on her back porch that is not allowed to be there; reporting party advising sounded like female might have been moving things around reporting party's back porch.

Report provided by OHPD & Island County Sheriff's Dept.

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& Pieces

Earth Day Concert to Benefit the Environment

Singer/songwriter Celia Farran is honoring the earth with a special performance, a portion of which will benefit the Sound Water Stewards, Friday — the day before Earth Day. Sound Water Stewards (<https://soundwaterstewards.org>) trains volunteers working in and around Island County for a healthy, sustainable marine environment through education, science and stewardship.

Tickets are on sale now for \$20 at [CeliaEarth.Eventbrite.com](https://www.eventbrite.com) and may also be purchased at the door for \$25 or \$10 for youth. The concert is at the Unitarian Universalist Congregation of Whidbey Island, 20103 State Route 525, just north of Freeland and hosted by the Greening Congregations Collaborative of Whidbey Island. Refreshments are available.

Celia Farran has relocated to Whidbey and performs with a variety of instruments, including guitar, ukulele and bodhran, an Irish drum. She doesn't necessarily stick with Celtic style, but has a wide-ranging repertoire sprinkled with comedy.

[Submitted by Susan Prescott]

Book Sales Begin Saturday

Along with robins and daffodils, bargain books are one of Coupeville's signs of spring.

Outdoor book sales by Friends of the Coupeville Library will be held in conjunction with the Coupeville Farmers Market Saturday, continuing every Saturday through Oct. 15.

The Friends of Coupeville Library offer books that are donated year-round, with no set prices. Buyers donate what they think the books are worth to them. The offerings include everything from paperback best sellers to hard-to-find specialty books in many categories.

Funds raised by the book sales support a wide range of library activities including children's programs, and scholarships for seniors at Coupeville High School.

The market and the book sales are open from 10:00AM to 2:00PM each Saturday on the community green in Coupeville. Book sales are near the library on the east side of the community green.

[Submitted by Kati Corsaut, Friends of the Coupeville Library]

Birds by Kids Photo Contest Deadlines April 28

Attention parents, kids and youth, get those photos in for a chance to win prizes. Whidbey Island's youth, kindergarten through grade 12, are invited to participate in a bird photography contest hosted by the Whidbey Audubon Society. The contest has three age groups and two categories in each. Each participant may enter only one photo in the appropriate age group and category (cell phone or camera photo). Entries will be accepted until the close of day Friday, April 28. Each age group and category will be awarded a first, second and third place prize.

To enter, visit the Whidbey Audubon Society website, www.whidbeyaudubonsociety.org/wings-over-whidbey-festival, and download the entry form and rules. Entry into this contest constitutes acceptance of the official rules. All participants under the

age of 18 must have their parent or legal guardian's permission to enter. The contestant registration form will include the parent/legal guardian statement of permission to participate.

Winning entries will be displayed during the first annual Wings over Whidbey Bird Festival May 18 to 20 in Coupeville. An awards ceremony will be Friday, May 19 from 4:00 to 5:30PM at the Coupeville Recreation Hall. If notified as a contest winner, the student agrees to attend the awards ceremony. The Wings over Whidbey Bird Festival is a free event and includes field trips, lectures, the Bird in the Hand Specimen Library and more. For questions or more information, please email photocontest@whidbeyaudubonsociety.org or call 360-320-7564.

[Submitted by Susan Prescott, Whidbey Audubon Publicity Chair]

Coupeville Festival Association Accepting Scholarship Applications

Each year the Coupeville Festival Association (Coupeville Arts and Crafts Festival) awards four \$2,000 scholarships to graduating seniors or others who have volunteered with the festival and wish to pursue advanced education at a university, college, trade school or apprenticeship. These applications are now open at www.coupevillefestival.com/scholarships/ and must be filled out online and returned prior to April 30. If you have any questions, please contact Deborah O'Brien at cfboardpresident@gmail.com or 360-320-2284.

[Submitted by Deborah O'Brien, President, Coupeville Festival Association]

Marine Buy-Swap-Sell Meet To Feature Low-Cost Crab Pot Sale



Photo by Jennifer Geller

America's Boating Club of Deception Pass is sponsoring a marine buy-sell-swap meet Saturday, May 6 at the Oak Harbor Marina from 10:00AM to 2:00PM. The event features low-cost, clean and inspected crab gear for sale, which includes the pot, leaded line, bait bags and legal floats.

Club Commander Jerry Liggett noted this is a community event for marine and boating-related items only, and no professional vendors will be allowed. He added, "Bring cash and stock up on used and useful tools, marine hardware, supplies and more. For those of you looking to clean out your shed, this is the place to bring it!"

Liggett said the crab gear will go fast. It is clean and inspected, and includes the pot, approximately 80 feet of leaded line, new rot cord, bait bags or boxes, and Washington State legal floats in the size and color required. The pots are priced starting at \$25, ranging up to \$50 for stainless steel pots. Cash or checks made out to DPSPS will be accepted, and no credit or debit card transactions are available. Due to popular demand, no early-bird shoppers will be admitted, and pots are limited to first-come, first-served.

According to the club's event organizer Jerry Liggett, "The cost to buy the gear brand new could easily exceed one hundred dollars. Just add bait and you are crabbing!"

For those wishing to sell marine-related items, the boating club recommends bringing your own setup materials, such

as tarps, tents, tables, etc. They will not be provided. Setup starts no earlier than 9:30AM and space must be vacated by 2:30PM. The club provides no payment systems, and there is no Wi-Fi on site. Participants must bring their own change and decide their own credit card or check policies.

For more information regarding this event, please email jliggett4@hotmail.com.

[Submitted by Jennifer Geller]

NAS Whidbey SAR Rescues Skier Near Ruby Mountain

A Search and Rescue (SAR) team from Naval Air Station (NAS) Whidbey Island rescued a back country skier with a broken leg near Ruby Mountain in the North Cascade Mountains, April 15.

The SAR crew received the call to rescue the skier, a 33-year-old man, in the early evening and was off the ground at NAS Whidbey Island's Ault Field by 6:00PM.

The SAR crew quickly found the patient, inserted two crewmembers via rappel and, after preparing him for transport, hoisted the patient and crew members back aboard the helicopter.

The patient was transported to St. Joseph Medical Center in Bellingham, Wash. by 7:50PM.

Naval Air Station Whidbey Island SAR has conducted six missions this calendar year, which includes one MEDEVAC, one search and four rescues.

The Navy SAR unit operates three MH-60S helicopters from NAS Whidbey Island as search and rescue/medical evacuation (SAR/MEDEVAC) platforms for the EA-18G aircraft as well as other squadrons and personnel assigned to the installation. Pursuant to the National SAR Plan of the United States, the unit may also be used for civil SAR/MEDEVAC needs to the fullest extent practicable on a non-interference basis with primary military duties according to applicable national directives, plans, guidelines and agreements; specifically, the unit may launch in response to tasking by the Air Force Rescue Coordination Center (based on a Washington State Memorandum of Understanding) for inland missions, and/or tasking by the United States Coast Guard for all other aeronautical and maritime regions, when other assets are unavailable.

[Submitted by Mike Welding, NAS Whidbey Island]

You Are Needed for Your Vision, Skill and Enthusiasm

The Whidbey Island Dance Theatre board is a dynamic group who together lift up the young aspiring dancers in our community. The board is on the lookout for new members. It meets the second Thursday of the month (lately on Zoom), with busy seasons during the longtime island holiday favorite "The Nutcracker" in December and the spring choreographer's showcase "A Celebration of Dance," coming up at WICA April 28 and 29.

If you are looking for a way to add your support to young artists on their way to adulthood through a 30-year-old beloved organization, reach out! The Whidbey Island Dance Theatre board would love to meet you.

Please email board president Tonya Henny at tonya@whidbey.com to find out more about this opportunity.

[Submitted by Patricia Duff]

Imagination Library Grows on Whidbey

Whidbey Community Foundation (WCF) is excited to share that since becoming an affiliate for Dolly Parton's Imagination Library, over 870 children on Whidbey

have been enrolled. This program provides free books to all children under five in the county, regardless of family income.

"Whidbey Community Foundation is deeply grateful to our community for rapidly embracing Imagination Library and for helping us to reach more children month after month. We are also thankful for Dolly Parton and The Dollywood Foundation for creating this program to support our youngest readers! Improving early childhood literacy creates opportunities for children to thrive so they can succeed in school and help their communities grow and prosper. A program like this truly benefits our community as a whole," said Jessie Gunn, WCF executive director.

Since December 2020, WCF has worked with local libraries, pediatricians, early learning professionals and more to spread the word about this amazing program. WCF would not have been able to reach as many children as it has in such a short time if not for the help of its community partners.

Imagination Library is just one way WCF aims to support early learning on Whidbey. By acting as fiscal sponsor for the Partners for Young Children in Island County (PYC) and by prioritizing early learning in past annual grant cycles, WCF hopes to create a more vibrant island for even the youngest Whidbey Islanders.

Thanks to several donors—including the Uplift Fund and Music for the Eyes Fund (both held at WCF) and the West Family Foundation—Imagination Library on Whidbey will be fully funded through 2023. On average, \$25 will cover the cost of books and mailing for one child for a year.

Dolly Parton's Imagination Library mails high quality, age-appropriate books each month to children from birth to five years old, at no cost to the family. This early literacy program is proven to achieve equitable access to books, increase school readiness, foster a love of reading and books, and improve family engagement. Dolly's inspiration behind creating the Imagination Library in 1995 in her home state of Tennessee can be attributed to her father and his inability to read. Inspiring kids to love to read became her mission and to-date, Dolly Parton's Imagination Library has gifted over 195 million books to children in the United States, Canada, United Kingdom, Australia and the Republic of Ireland.

Thank you to everyone who has helped spread the word, donated or enrolled a child. WCF looks forward to continuing to partner with you to provide Dolly Parton's Imagination Library to the early readers of Whidbey.

All families with children ages 0-5 on Whidbey Island are eligible to register and begin receiving a free book for their child every month, mailed directly to their home until the child's fifth birthday. Families can enroll online by visiting the WCF website.

[Submitted by Whidbey Community Foundation]

Local Business News

Whidbey Island Macaroni Kid Announces New Publisher

Whidbey Island Macaroni Kid is excited to announce the popular online events and activities calendar resource resumes this month, with a new publisher.

Courtne Deckwa, a lifelong resident of Whidbey Island, is the new Whidbey Island Macaroni Kid publisher. She is the mom to three children, and active in her community.

For the past decade, Whidbey Island Macaroni Kid has been the free weekly newsletter, daily calendar of events and activities for-all-ages guide website that has highlighted the best to enjoy throughout the year, on Whidbey Island. The website's mission, besides being the inspiration for great memories to be made, has been to "de-bunk" the myth "there is nothing to do here," on Whidbey Island.

The website is WhidbeyIsland.MacaroniKid.com.



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OHHS Boys' Soccer vs Mount Vernon - 7pm

Friday, April 21
OHHS Boys' Baseball @ Sedro Woolley - 4pm

Tuesday, April 25
OHHS Boys' Baseball vs Nooksack Valley - 4pm

Thursday, April 27
OHHS Boys' Soccer vs Mount Vernon - 7pm

Friday, April 28
OHHS Girls' Softball vs Lakewood - 4pm

Friday, May 4
OHHS Boys' Baseball @ Lynden - 4pm

Stream opens 60 minutes prior to tip-off times.
Pre-game is 15 minutes prior to tip-off for start of every cast.

www.soundsportsnet.com

Life Tributes

Charles Franklin Hammer



Charles Franklin Hammer, age 82, died peacefully in Coupeville, Wash., Tuesday Feb. 7, 2023, of natural causes.

He was born in Brookings, S.D., Sept. 28, 1940, and was raised on a lake in Hackensack, Minn., where his family and friends endearingly called him "Babe." It was at a small rural schoolhouse that he met his high school sweetheart and love of his life, Ruth Bakeberg. They married May 7, 1960.

Charles enlisted in the United States Navy, and enjoyed a successful career, achieving the rank of CWO4. His calm and cheerful demeanor as an air traffic controller guided many pilots to a safe landing. He traveled the world with his wife and two sons, Michael and Matthew, and was stationed in Maine, Florida, Alaska, Washington, Guam, Nevada, California, and Antarctica. Chuck fondly recalled his time at McMurdo Station Antarctica as the Williams Field Air Traffic Control Officer.

His Naval Decorations include: Navy Achievement Medal with gold star; Good Conduct - four bronze stars; National Defense Service Medal; Antarctica Service Medal; Humanitarian Service Medal; Sea Service Deployment Ribbon; Expert Rifle; and Expert Pistol.

Charles retired from the U.S. Navy in 1987 and called the town of Coupeville home. In his retirement, he worked as a bus driver for Island Transit, where he greeted his morning riders with a smile and friendly conversation.

He was an avid outdoorsman who enjoyed sailing, kayaking, hunting, walking the beaches of Whidbey Island to collect agates with his beloved Ruth, and watching the hummingbirds flit through his yard.

Charles loved to tell funny stories at family gatherings, and is survived by his wife, Ruth; son Michael, Jacquelyn and grandson Jonah; son Matthew and granddaughters Maren and Maile; sister-in-law Joan LaCross; siblings Rick Steece, Debbie Steece, Mike Steece, Bob Meyers, and many wonderful neighbors and friends. He is preceded in death by brother, Ron Hammer.

A memorial service with military honors will be held Saturday, July 22, 2023 at 2 p.m. at Sunnyside Cemetery; Navy Chaplain David Lura will preside.

In lieu of flowers, donations can be made to the Whidbey Community Foundation "In Memory of Chuck Hammer." Send to WCF, P.O. BOX 1135, Coupeville, WA 98239 or online at whidbey.fcsuite.com/erp/donate.

Patricia Benson-Edmonson



Patricia Benson-Edmonson loved her family, her friends, and her home here on Whidbey Island. She was often recognized by the bells that adorned her walker, and her larger-than-life personality. Pat was 77 years of age when she passed away, but was always young at heart.

Pat had a real creative gift. She loved to crochet and had a natural talent for creating her own unique stitches and patterns on the fly. Making jewelry was a passion for her, and she often wore her dangling crystals and fun creations everywhere she went. She loved to share her gifts with her family and friends.

Of all the things that Pat accomplished in her life, the thing that meant the most to her, and that her family was most proud of, was her sobriety. Pat experienced numerous disabling health challenges and personal losses throughout her life, but she kept on going and never gave up. And through it all, she stayed focused on her recovery program, worked her steps, and managed to stay sober.

Pat was clean and sober for 38 years and was very active in helping countless others experiencing the same struggles that she had overcome. She earned an AAS Degree from Highline Community College for Addiction Counseling. She was very active in her local AA groups here on Whidbey (if you didn't know her name, you knew her bells!) and made a huge impact on so many people's lives.

Pat's parents passed away many years ago. She had two older brothers, Jerry and Michael. Her oldest brother, Jerry, passed away several years earlier, and she lost her brother Michael last year in 2022. Pat's daughter, Jessica Benson, was her only child. Pat and Jessica moved from Oklahoma to Whidbey Island in 2012, where they lived together in Coupeville until Pat's passing March 27, 2023.

Pat wanted life to be one big celebration, and she lived each day with courage and gratitude. She made a huge difference in many people's lives. She was deeply loved and will be dearly missed.

Donations in lieu of flowers, please.

Life Tributes can be found online at www.whidbeyweekly.com

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What's Going On

Live Music: Local Secrets

Saturday, April 22, 7:00-9:00PM
Penn Cove Taproom, Freeland

David Licastro and Alicia Elliott, the singer/songwriting duo of Local Secrets, an Indie/Folk/Rock band from Whidbey Island featuring original songs and fresh arrangements of select cover tunes. No cover. For more information, call 360-682-5747 or visit www.penncovebrewing.com.

Coupeville Garden Club Plant Sale

Saturday, April 29, 9:00AM-3:00PM
Coupeville Rec Hall, 901 NW Alexander St.

Enter the raffle to win a quilt. For more information and a tentative plant list, visit coupevillegardenclub.org.

Whidbey 101

Saturday, April 29, 10:00AM-1:00PM
Trinity Lutheran Fellowship Hall, Freeland

Find out about the best trails, how to live with a septic system, what programs are available for seniors and kids. Learn about the free bus system, how to manage yard waste and recyclables, prepare for emergencies, prune fruit trees, start a garden, or landscape for wildlife. Volunteer to help clean beaches, maintain trails or greet park visitors. Sign up for free educational programs, or get expert advice about forest or pasture management. Take the bus and win a prize! Bring your questions, have a snack and meet your neighbors. Trinity Lutheran Church is located at 18341 SR 525.

Welcome Spring Plant Sale

Saturday, April 29, 10:00AM-2:00PM
Greenbank Farm, 765 Wonn Road

Presented by the Greenbank Garden Club. Come early for best selection. Hundreds of locally grown plants to choose from. Vegetable starts to establish plants, garden art, raffle items and Garden Club photo contest note cards. Cash, check and credit cards accepted. Proceeds support community projects such as the South Whidbey Farm to School program, the Coupeville Farm to School program and the Good Cheer garden.

Free Guided Tour

Saturday, April 29, 1:00PM
Price Sculpture Forest, Coupeville

A rare guided tour of the Sculpture Forest by the park's founder, in celebration of International Sculpture Day. No reservation needed and free to participate. Come dressed for the weather and prepared to walk the art-filled forest trails. Bring your curiosity and questions. The Sculpture Forest is located at 678 Parker Rd. www.SculptureForest.org/visit

Religious Services

Earth Day Service

Sunday, April 23, 10:30AM
St. Augustine's-in-the Woods Episcopal Church, Freeland

The service will include prayers and music drawn in part from a number of different faith traditions, including Celtic spirituality, all with a focus on giving thanks and reverence for the beauty and majesty of our natural world. St. Augustine's is a member of the Greening Congregations Collaborative of Whidbey Island and our parish Greening Committee will have a poster board presentation on display after the service. The church is located at 5217 S Honeymoon Bay Rd.

Healing Whidbey Healing Rooms

Every Thursday, 6:30-8:00PM
5200 Honeymoon Bay Road, Freeland

The Healing Rooms are open to anyone desiring personal prayer for physical, emotional, or spiritual needs. There is

a team of Christians from several local churches that are dedicated to praying for healing the sick in our community. All ministry is private, confidential, and free. No appointment necessary, first-come, first-served basis. For more information, leave message for Ann at 425-263-2704 or email info@healingwhidbey.com. You may also visit healingwhidbey.com or visit the International Association of Healing Rooms at healingrooms.com.

Unity of Whidbey

Sundays, 10:00AM
5671 Crawford Road, Langley

If you're one of the "spiritual but not religious" people who question their childhood faith or are looking for something more, Unity of Whidbey may feel like a homecoming. Unityofwhidbey.org even offers a Zoom link for attending online.

First Church of Christ, Scientist

Worship, 10:00AM
Sunday School to age 20, 10:00AM
Wednesday Testimony Meeting, 2:30PM
Christian Science Reading Room
Tuesday, Wednesday, Thursday,
11:00AM-2:00PM

The church and Reading Room are located at 721 SW 20th Court at Scenic Heights Street, Oak Harbor. Call 360-675-0621 or visit cs-oh-wa.com for more information. Services and Sunday School are also held at 10:30AM on South Whidbey at 15910 Highway 525, just north of Bayview and across from Useless Bay Road; testimony meetings are held the first Wednesday of each month at 7:30PM.

Meetings & Organizations

Al-Anon

Every Wednesday, 9:30-10:30AM
Online

If a friend or relative has a problem with alcohol, you can find solutions for yourself at Al-anon. For more information, visit https://wa-al-anon.org.

Alcoholics Anonymous

Numerous locations

For a list of local meetings, visit www.district46aawa.org, or call 888-360-1564 for more information.

NAR-ANON

Every Wednesday, 6:00-7:00PM
Langley United Methodist Church
NAR-ANON family groups are worldwide for those affected by someone else's addiction. The church is located at 301 Anthes Ave.

Classes, Seminars and Workshops

South Whidbey at Home

Saturday, April 22, 2:00PM
St Hubert's Church, Langley

Tired of the mess? What should go and what to keep? Join a panel of experts for tips and tricks about how the professionals get organized and make more space. The best time to downsize was yesterday. The next best time to make a start is April 22. Admission is free but space is limited. Please RSVP to South Whidbey at Home at info@swathome.org. The church is located at 804 3rd St.

Boating Course

Saturdays, April 29 & May 6, 9:00AM-1:00PM
Tuesday, May 9, 6:00-9:00PM
Haggen, Burlington
\$40 or \$50 for two sharing a book

Coast Guard and WA approved for Boating Card. Mark Richey 425 876 6274
ssboatschool@hotmail.com.

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10 am to 5pm
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OHHS Fieldhouse

The Fieldhouse will be converted to a "show room" with 30+ styles on display.

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Penn Cove Water Festival

May 13, 2023

Tribal Canoe Races, Music, Dancers, Food, Native Arts & Crafts, Storytelling, Youth Activities



Coupeville, Whidbey Island, WA

penncovewaterfestival.com
penncovewaterfestival@gmail.com



In Loving Memory of Jim Hilario, Jim Freeman, and Benye Weber, and Deep appreciation to the Roger Purdue family

EARTH continued from page 2

rockweed and Porifera —our own kind of nori, which have been feeding peoples worldwide since ancient times.”

Seaweed contributes to the overall health of the planet. In the Pacific Northwest, McElwain said the seaweed forests and eelgrass meadows are essential for the survival of marine species in the water and on the beaches, and are necessary to keep the water healthy.

“Seaweeds, especially kelp, when they grow together, can actually change the waters between and around them,” she explained. “They keep the water immediately around them cooler and may help keep nearby waters cleaner. Some also absorb a great deal of CO2 out of our atmosphere and clean the waters by utilizing fertilizer run-off as nutrients for their own growth. Clean and well-oxygenated waters are necessary for many other species to survive and thrive. And they are also necessary for those of us who harvest from our beaches, be it fish, shellfish, or seaweed itself.”

Increasing water temperatures could also threaten the survival of some species of seaweed.

“The kelp, under which thousands of species live, are disappearing around the world in places like Australia and South Africa,” McElwain said. “We have lost 90 percent of the kelp off California. Without these kelp forests, and their counterparts, the seaweed meadows, we will lose more species than we can imagine, including the forage fish on which the entire ‘higher orders’ of marine creatures depend for food. That includes our salmon, who must have these as shelters, nurseries and feeding grounds if they are to survive as a species.”

It’s not just seaweed in the water that is beneficial, McElwain said.

“Seaweed up on the shore, especially in the long piles of it where it was left by the last high tide, is called the ‘wrack line,’” she explained. “This wrack line is habitat and food for many tiny insects, snails, and other species. As wrack lines decompose, they also become nutrients for the beach itself.”

People are also seaweed consumers and Whidbey Island is a popular place to harvest some types of it.

“Many people come from other parts of Washington to harvest seaweed at Libbey Beach, which is one of the richest public-access seaweed beaches in Washington,” McElwain said. “It is safe, if you harvest where waters are clean. Do not harvest if the beach is closed for harvesting shellfish or any other public health reason. Do not harvest where there are houses clustered along the beach – the risk from septic tank pollution is way too great. Do not harvest where any industry disposes questionable substances in any waters close by.”

A license is required to harvest seaweed in Washington state and McElwain said it’s also very important to know how to harvest seaweed properly.

“Know how to harvest without doing damage, because if you cut at the meristem, from which the seaweed grows, you could destroy it,” she said. “Signs at Libbey beach show you how to do this or [search for] ‘harvesting kelp’ online. Above all, harvest only a tiny amount. Seaweed goes a long way. Start small.”

There is no cost to take part in Saturday’s seaweed walk. Those interested should note participants will have to walk down stairs to get to the beach. McElwain recommends wearing sturdy, water resistant shoes and be prepared for the weather. Learn more at whidbeyearthday.org or visit soundwaterstewards.org.

There are still several Earth and Ocean Month activities scheduled until the end of April, including the opening of three of Whidbey’s farmers markets. The Coupeville Farmers Market begins its 45th year Saturday and there is a free Hügélkulture workshop Saturday at noon on the grounds of the South Whidbey Tilth market. Hügélkulture, a slow composting process, mimics the natural decomposition of the forest floor. Register at education@southwhidbeytilth.org. South Whidbey Tilth officially opens April 30. Learn about these upcoming events and more at whidbeyearthday.org.

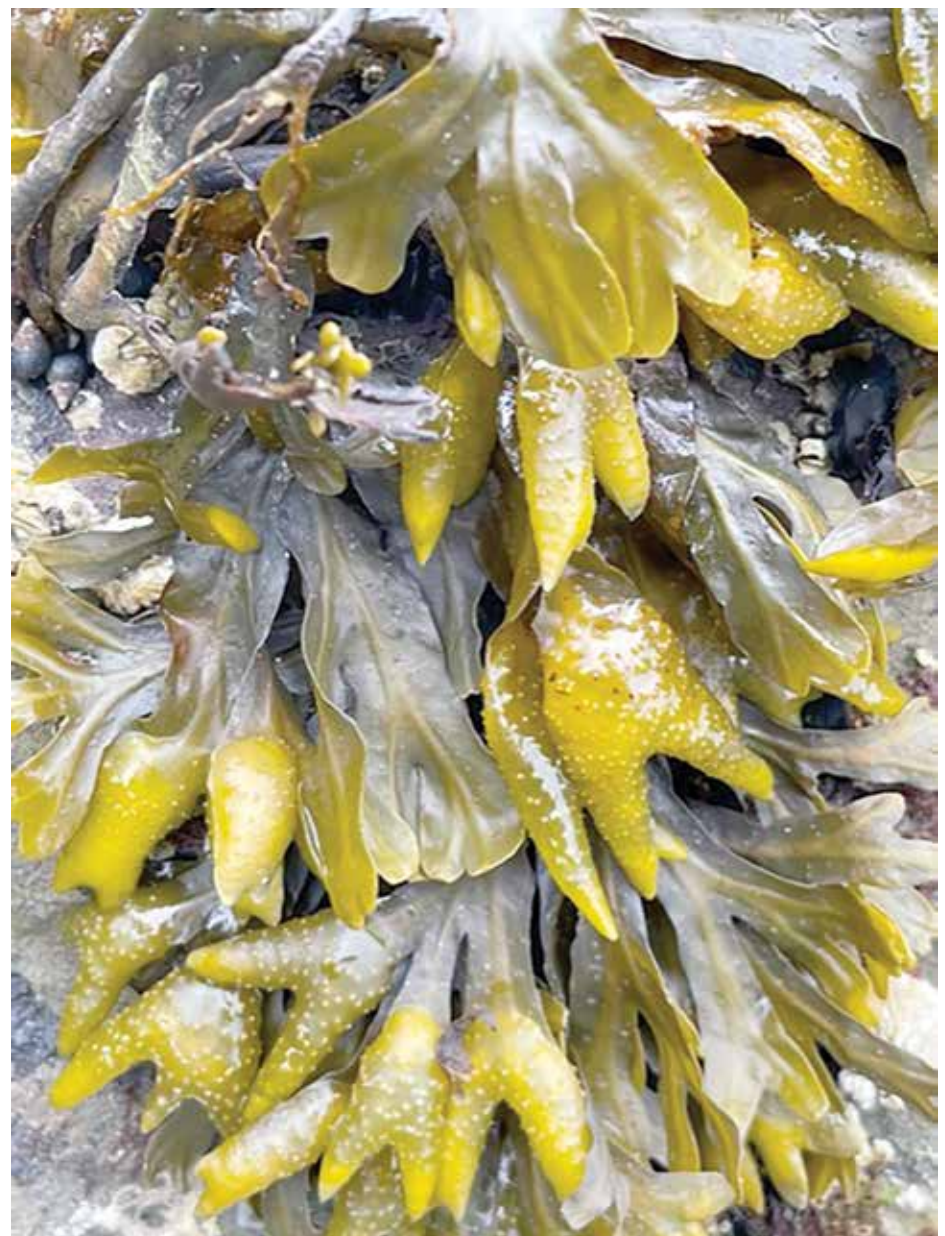


Photo Courtesy of Jeanie McElwain/Sound Water Stewards
Rockweed, shown above, is one of Whidbey’s most common seaweeds. Learn about seaweed and its importance at a walk Saturday at 11 a.m. at Libbey Beach Park, a Sound Water Stewards Earth Day event.

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WHIDBEY’S LARGEST SELECTION OF FINE ART SUPPLIES!



Carrot cake is a traditional dessert to serve after Easter dinner (or anytime) and this recipe for "Carrot Cake with Cream Cheese Frosting," courtesy of the Food Network Kitchen, will make a great addition to your table.

CARROT CAKE WITH CREAM CHEESE FROSTING (Serves 10)

- | | |
|---|--|
| 3 cups finely grated carrots (about 1 pound carrots) | |
| 2 teaspoons pure vanilla extract | |
| Frosting: | |
| 1 pound cream cheese, cut into cubes, at room temperature | |
| 2 1/2 cups confectioners' sugar | |
| 1 teaspoon pure vanilla extract | |
| Kosher salt | |
| 1/4 cup heavy cream, cold | |

- For the cake: Preheat the oven to 350°F. Line two 9-inch round cake pans with parchment and lightly coat with cooking spray.
- Spread the pecans on a rimmed baking sheet and toast until light brown and fragrant, 7 minutes. Set aside 12 pecan halves to decorate, chop the remaining pecans. Set aside 1 cup of the chopped pecans to use in the batter; reserve the rest for decorating the finished cake.
- Whisk together the flour, baking powder, cinnamon, nutmeg, and 1 teaspoon salt in a medium bowl.
- Whisk together the eggs and granulated sugar in a large bowl until smooth, about 1 minute. Whisk in the oil until well combined. Add the grated carrots, vanilla and 1 cup chopped pecans, and mix well. Add the dry ingredients, and stir until just combined. Divide the batter evenly between the prepared pans.
- Bake until a toothpick inserted in the center comes out clean and the cakes are nicely browned, about 30 minutes. Let cool on a cooling rack for 10 minutes. Loosen the edges with a spatula, turn the cakes out and let cool completely, right-side up, on the cooling rack, about 2 hours. Remove the parchment before frosting.
- For the frosting: Beat the cream cheese and butter in the bowl of a stand mixer fitted with a paddle attachment, scraping down the side as necessary, until smooth, about 2 minutes. Add the confectioners' sugar, vanilla and 1/2 teaspoon salt; gradually increase the mixer speed to medium-high, and beat until the sugar is incorporated and the frosting is fluffy and smooth, about 3 minutes. With the mixer on medium-high, add the cream a few drops at a time until it's all incorporated. Continue beating for 1 more minute until the frosting is slightly lighter in color and creamy.
- To assemble: Place one of the cake layers on a serving plate, and spread 1 cup of the frosting over the top. Top with the other layer, and use the remaining frosting to frost the top and sides of the cake. Arrange the 12 whole pecans on top of the cake like the numbers on a clock face, and sprinkle the remaining chopped pecans in between.



OAK HARBOR CINEMAS

MOVIE SHOWTIMES 4/21 thru 4/25/2023

DUNGEONS & DRAGONS: HONOR AMONG THIEVES (PG-13)
Friday - Tuesday: 1:30pm, 4:15pm & 7:00pm

EVIL DEAD RISE (R)
Friday - Tuesday: 1:45pm, 4:30pm & 7:15pm

SUPER MARIO BROS. THE MOVIE (PG)
Friday - Tuesday: 2:00pm, 4:45pm & 7:30pm

Coming Soon: "Are you there God? It's me Margaret" & "Guardians of the Galaxy Vol. 3"
CLOSED WEDNESDAY & THURSDAY!

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FRIDAY, APRIL 21 THRU SUNDAY, APRIL 23

THE COVENANT (R)
AIR (R)

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WEEKLY HOROSCOPES

- ARIES - Mar 21/Apr 20**
You don't want to have mundane tasks hanging over your head, Aries. Try to check as many of them off your to-do list this week as you can. This will free up a lot of time.
- TAURUS - Apr 21/May 21**
Taurus, you may be planning a much-needed vacation at the present time. Figure out a place you've never been and then fill your itinerary with plenty of fun things.
- GEMINI - May 22/Jun 21**
You likely will have to devote a lot of attention to practical matters in the days to come, Gemini. This includes taking a hard look at your spending and making cuts.
- CANCER - Jun 22/Jul 22**
Cancer, the coming week will be a busy time for social opportunities. Other people will want to be around you as you can be the life of the party when you come out of your shell.
- LEO - Jul 23/Aug 23**
Don't be surprised if your energy level is high this week, Leo. This leads to you feeling restless at home and even at work. This could be a fine time to take up a hobby.
- VIRGO - Aug 24/Sept 22**
Virgo, you may be looking forward to an evening out with a romantic partner or close friends. Try to narrow down a day this week or next. Have a few restaurants at the ready.
- LIBRA - Sept 23/Oct 23**
Take advantage of some free time to get things done around the house, Libra. Cleaning or other home improvements should be a priority.
- SCORPIO - Oct 24/Nov 22**
There's a lot of activity expected close to home, Scorpio. A new business may open or there could be a movie star who is spotted in town. Maybe you'll get new neighbors.
- SAGITTARIUS - Nov 23/Dec 21**
The thought of financial prosperity has you scouring the recruitment sites this week, Sagittarius. Speak to others about the pros and cons of leaving your current job.
- CAPRICORN - Dec 22/Jan 20**
Capricorn, you are surrounded by positive energy and eager to be out and about with friends this week. Start exploring all of the possibilities around you.
- AQUARIUS - Jan 21/Feb 18**
This may be a good week to devote a large chunk of time to being alone. Some time with just your thoughts and a little silence could be everything you need.
- PISCES - Feb 19/Mar 20**
Pisces, discussions at work could get a bit heated. It's best to distance yourself from these situations as best as you can.

REGISTER TODAY!

WHIDBEY ISLAND MARATHON HALF MARATHON 10K • 5K • 1K KIDS RUN

RUN THE BRIDGE APRIL 23, 2023

Come run the famed Deception Pass Bridge!

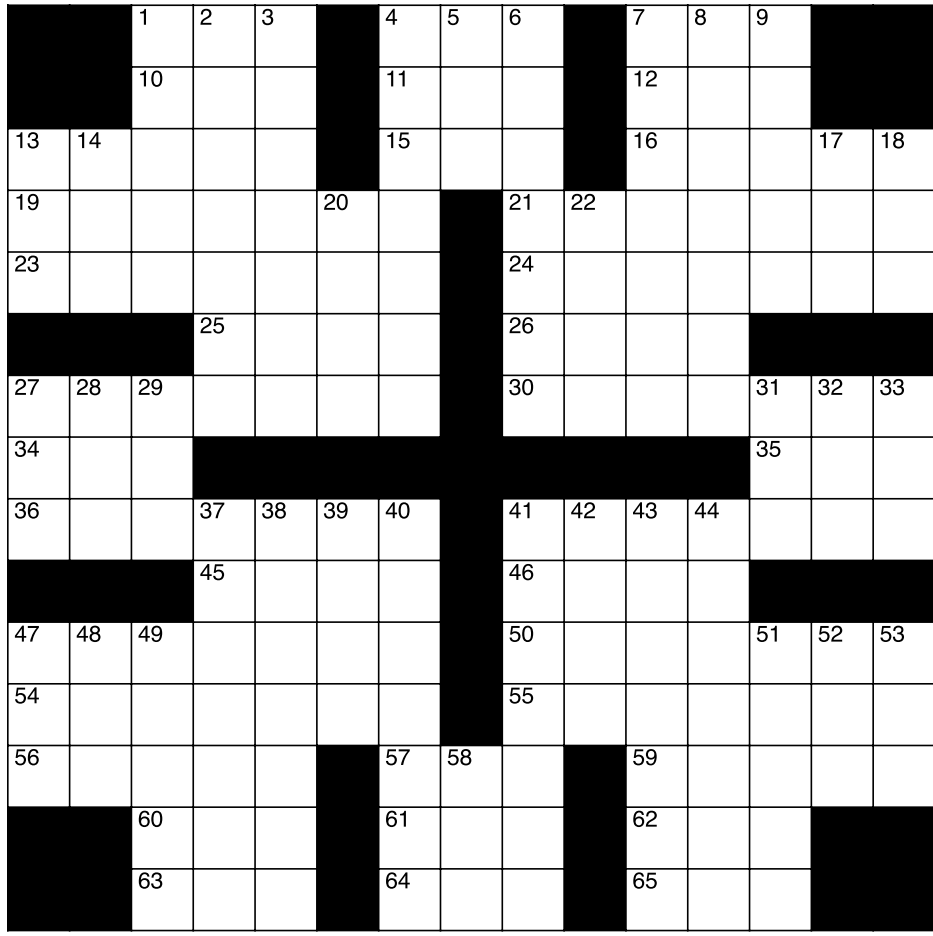
Run for a day, play for a weekend!

The Whidbey Island Marathon is one of the Pacific Northwest's hidden athletic gems and is the perfect destination race. Starting at the famed Deception Pass Bridge then winding its way through picturesque ocean views and tranquil farmland, the courses promise to be scenic from country back roads to waterfront coastlines, snow-capped mountains and rolling hills.

- Tech Shirts for all participants
- Customized participant bibs
- Medals for all finishers in all distances
- Free Race Photos
- Finish line celebration with live music

Learn more and register today at www.runwhidbey.org

Crossword Puzzle



CLUES ACROSS

- 1. Atomic mass unit
- 4. Criticize mightily
- 7. Sino-Soviet block (abbr.)
- 10. Stand in for
- 11. Everyone has one
- 12. Brew
- 13. Rectify
- 15. Popular Dodge truck model
- 16. Beef or chicken intestine
- 19. Satisfy
- 21. Of a particular people or localized region
- 23. Movements in quick tempos
- 24. Able to pay one's debts
- 25. Fleshy bird beak covering
- 26. Dueling sword
- 27. Helps
- 30. Court is in it
- 34. Touch lightly
- 35. Airborne (abbr.)
- 36. Of one
- 41. Baked good
- 45. Jai __, sport
- 46. About aviation
- 47. Low oval mound

- 50. Rugged mountain ranges
- 54. Compel to do something
- 55. A way to carve
- 56. Sao __, city in Brazil
- 57. Mustachioed actor Elliott
- 59. American Idol runner-up Clay
- 60. A way to soak
- 61. Car mechanics group
- 62. Born of
- 63. Time zone
- 64. Sea eagle
- 65. Even's opposite

CLUES DOWN

- 1. Sharp mountain ridge
- 2. Thin, fibrous cartilages
- 3. Provides new details
- 4. Muscular weaknesses
- 5. Ottoman military title
- 6. Banes
- 7. Horse-riding seats
- 8. Arms of a shirt
- 9. Narrow path along a road edge
- 13. Viper
- 14. Disfigure
- 17. Variety of Chinese language

- 18. Portray in a show
- 20. Wrongful act
- 22. No (slang)
- 27. State of agitation
- 28. __ Diego
- 29. One point east of due south
- 31. 007's creator
- 32. The NBA's Toppin
- 33. Midway between north and northeast
- 37. Examples
- 38. __ Gould, actor
- 39. The habitat of wild animals
- 40. Artful subtlety
- 41. Infielders
- 42. Keep under control
- 43. Herb
- 44. Distressed
- 47. A way to go down
- 48. Type of acid
- 49. Take by force
- 51. Collected fallen leaves
- 52. Shout of welcome or farewell
- 53. Monetary unit
- 58. Swiss river

Answers on page 11

YOUR GUESS IS AS GOOD AS OURS WEATHER FORECAST

Thurs, April 20	Fri, April 21	Sat, April 22	Sun, April 23	Mon, April 24	Tues, April 25	Wed, April 26
North Isle H-53°/L-41° Cloudy with PM Showers	North Isle H-53°/L-42° Showers	North Isle H-55°/L-46° Showers	North Isle H-54°/L-46° Breezy with Showers	North Isle H-53°/L-42° Showers	North Isle H-54°/L-43° Partly Cloudy	North Isle H-54°/L-46° Mostly Cloudy
South Isle H-54°/L-43° Mostly Cloudy PM Showers	South Isle H-49°/L-48° Showers	South Isle H-55°/L-47° Showers	South Isle H-55°/L-46° Very Windy with Showers	South Isle H-54°/L-44° Mostly Cloudy	South Isle H-55°/L-41° Cloudy	South Isle H-56°/L-42° Mostly Cloudy



OUR Community

An Upbeat Question of the week

By Helen Mosbrooker

What brings you joy helping to organize and put on the Penn Cove Water Festival?



Lou LaBombard, Coupeville

I have been with the Water Festival since 1991. What has always brought me joy is seeing the wide diversity of festival goes all having a great time. There is something for everyone, from the Native American canoe races to the variety of entertainment performances on the stage, from the food booths to the craft booths, from the education booths to the children's activities.

The festival is truly an uplifting experience that is the result of the commitment of the board and the fabulous volunteers to make it a fun and rewarding day for all who attend.

Nora Durand, Langley

I am the event coordinator for the Penn Cove Water Festival. It has been my great honor to participate in some capacity in promoting and setting up the Penn Cove Water Festival for the last 10 years. It brings me great joy to be able to help Penn Cove Water Festival spread the word about this legacy water festival that has been happening since 1930.



Dianna Deseck-Piazzon, Coupeville

It is a wonderful event. I especially enjoy the Native American philosophy in relating to Mother Earth and each other. They have great reverence for the air, water, animals and plants which they know they are a part. Besides the excitement of the canoe races, there's the native food, art, music, dancing and this year, humor! It's a family oriented, relaxing day for all.

Gary Piazzon, Coupeville

My great joy comes from being a part of this culture lifting and restoring event. Seeing the children is especially gratifying. Being a physical therapist, I know how rewarding sport is to achieving optimal health and wellbeing. I explain its significance to folks new to it, that where our national sport is baseball, racing canoes is theirs. Great fun for all.



The mission of the Penn Cove Water Festival Association is to continue an annual revival of the historic Coupeville Water Festival by bringing families together to enjoy Native American canoe racing, entertainment, crafts and culture and by giving them a chance to learn about, appreciate, and protect the environment in which we all live.

CAN DO SUDOKU!

On a scale from 1 to 10...5.0

Every row of 9 numbers must include all digits 1 through 9 in any order
Every column of 9 numbers must include all digits 1 through 9 in any order
Every 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9

Answers on page 11

	5	7		2	6			
	3	2	7					1
1								2
		3	9				2	
5	1						8	7
	4			8	1			
6								4
4				1	3	7		
			4	6		9	1	

Community Bulletin Board

To place an ad, email classifieds@whidbeyweekly.com

ANNOUNCEMENTS

Lions clubs are volunteers serving our community through various projects. Come and visit us at one of our meetings – both meet the 2nd and 4th Wednesdays. North Whidbey Lions meet at noon at the VFW Post, 3037 Goldie Rd. in Oak Harbor. Oak Harbor Lions meet at 7 p.m. at the Elks Lodge, 155 NE Ernst St. in Oak Harbor. LIONS motto is "WE SERVE." This is an opportunity to help your neighbors and have fun doing it.

Think you may be pregnant? Stop by Whidbey Island Women's Clinic for free pregnancy testing. We are also here to support our community with diapers, formula, baby clothes, and more. All our services are free. Open Tue and Thu, 10am-4pm, and Wed, noon-7pm. Located at 670 SE Midway Blvd in Oak Harbor.

The Whidbey Island community is encouraged to try out the paddling sport of dragon boating with the Stayin' Alive team. Our team's mission is to promote the physical, social, and emotional benefits of dragon boating. It has been shown to be especially beneficial to cancer survivors. Practice with us for up to 3 times for free. Life-jackets and paddles provided. Saturdays at the Oak Harbor Marina, 8:45am. Contact njlish@gmail.com. More info at our Facebook Page: www.facebook.com/NorthPugetSoundDragonBoatClub?ref=hl

VOLUNTEER OPPORTUNITIES

Island Shakespeare Festival is seeking new members to join our board of directors. We're looking for people who are passionate about high-quality live classical theater and can devote time and energy to support the work of Island Shakespeare Festival's important cultural, social, and fiscal position on Whidbey Island. Our current needs include individuals with backgrounds in the following areas: human resources, donor relations, finance, as well as other skills related to overseeing a performing arts organization. Board members are asked to provide input and feedback to the Board and staff of ISF, attend one full board meeting per month, serve actively on board committees, and attend activities and events sponsored by ISF. Women and persons of color strongly encouraged to apply. For more information, please

contact jeff.natter@island-shakespearefest.org.

Big Brothers Big Sisters of Island County (BBBSIC) is actively seeking new member(s) for its board of directors. Join the board's exciting array of professionals! BBBSIC is seeking individuals who are committed to defending the potential of youth in our community through their time, skill sets, and influence in the community. To complement the existing board, candidates with expertise in accounting, law, nonprofit management, networking, or fundraising are of particular interest. Committed to diversifying its board to better represent our community, BBBSIC encourages BIPOC and LGBTQIA community members to inquire. Please contact admin@bbbsislandcounty.org for more information.

The Island County Medical Reserve Corps (ICMRC) is a local network of volunteers organized to improve the health and safety of communities on Whidbey and Camano Islands. Volunteers primarily include medical and public health professionals but other volunteers who have no healthcare backgrounds are also utilized. MRC responds to local emergencies such as natural disasters and public health emergencies. If you are interested in volunteering please contact us at Island County MRC website for application and information.

If you are looking for a meaningful volunteer opportunity, look no further! When you volunteer at one of the Habitat for Humanity of Island County stores, you are helping local families attain decent, affordable housing. Income from the stores is vital to giving families a path to homeownership. We need people who can commit to help out in our Oak Harbor or Freeland store at least two-hours per week. Schedules are flexible. Our friendly volunteers provide customer service, help with receiving donated household items and furniture, and maintain the store. We

How'd you do?

9	5	7	1	2	6	8	4	3
8	3	2	7	4	9	5	6	1
1	6	4	3	8	5	7	9	2
7	8	3	9	1	4	6	2	5
5	1	9	6	3	2	4	8	7
2	4	6	5	7	8	1	3	9
6	7	1	8	9	3	2	5	4
4	9	8	2	5	1	3	7	6
3	2	5	4	6	7	9	1	8

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also need drivers and driver helpers who will professionally represent Habitat as they pick up donated items using our trucks. Please call either store for more information. Oak Harbor: 360-675-8733, Freeland: 360-331-6272.

College student? Student of history? History buff? Opportunities are available to spend constructive volunteer hours at the Pacific Northwest Naval Air Museum. Go to www.pnwnam.org and click on "Volunteer" or just stop by and introduce yourself.

Mother Mentors needs volunteers! Oak Harbor families with young children need your help! Volunteer just a couple of hours a week to make a difference in someone's life! To volunteer or get more info, email wamothermentors@gmail.com or call 360-321-1484.

JOB MARKET

Island Transit is Hiring! If you are looking for a solid career with great pay and benefits including two retirement plans, we are hiring. Visit www.islandtransit.org/employment to apply. Island Transit is a drug and alcohol free workplace and an equal employment opportunity employer.

No Cheating!

	A	M	U		P	A	N		S	S	B					
	R	E	P		A	G	E		A	L	E					
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			R	E	T		S	A	E			N	E	E		
			P	S	T		E	R	N			O	D	D		

HOME FURNISHINGS

Antique roll top oak desk, great condition, \$150, you haul. Call 360-222-0109 (1)
Formal Dining Set: Ashley Monarch Valley, cherry finish, D493-55t, six leather backed chairs plus extension. Premium condition, \$580. Matching large leather chair, \$100. 360-544-2700 (0)

LAWN AND GARDEN

Troybilt 10 HP chipper, 250cc engine, model #CS4325, near new, excellent condition, \$600; Stainless steel screened chimney cap, 8 in. round, fixed guard liner, NEW, never used, \$50. Call 360-222-0109 (1)
Natural Barnyard Topsoil - Good for gardens, flower beds, etc. Unscreened, 10 yard loads, \$245 delivered. 360-321-1624

ANIMALS/SUPPLIES

If you or someone you know needs help in feeding pet(s), WAIF Pet Food Banks may be able to help. Pet Food Banks are located at WAIF thrift stores in Oak Harbor (465 NE Midway Blvd) and Freeland (1660 Roberta Ave) and are generously stocked by donations from the community. If you need assistance, please stop by.

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Fax 360-682-2344

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