

October 12 through October 18, 2023

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Unity Day events to highlight the power of kindness

By **Kathy Reed** Whidbey Weekly

October is National Bullying Prevention Month and the Whidbey Island nonprofit, Positively Linked, is hoping to bring the community together Saturday to celebrate Unity Day.

Activities this year will feature a Unity Day Walk at 1 p.m., beginning and ending at the pop-up plaza at the corner of Dock Street and SE Pioneer Way in downtown Oak Harbor. Everyone is encouraged to put on some comfy walking shoes and to wear orange as a way to show support for those who have been bullied. There is no cost to attend.

"This is our first time doing a Unity Day walk," Constance Mollerstuen, founder and executive director of Positively Linked, told *Whidbey Weekly* via email. "Each year we will continue to grow and expand the activities and walking path. For this year, we will have a booth with resources and an area to make a 'Kindness Chain.' A 'Kindness Chain' is a linked chain made out of orange paper. We ask everyone to write down something they can do to show kindness to someone else. Then [we will] link all of the papers together to see how long of a chain we can make, which will show while one person can speak out against bullying by sharing kindness, our message is much stronger when we come together."

Even the color orange holds special significance for why participants are encouraged to wear it for Saturday's walk.

"Unity Day is celebrated in October, and orange is a color commonly identified with the month and the autumn season," Mollerstuen said. "It is also a color that is associated with safety and visibility. It is a color described as warm and inviting, and its vibrancy makes an impactful statement."

Unity Day is a campaign begun by the PACER National Bullying Prevention Center. Mollerstuen said the idea behind the day is to help unite communities and to educate and raise awareness of bullying prevention.

"Historically, bullying had been viewed as 'a childhood rite of passage' that 'made kids tougher,' but the reality has always been that bullying can leave devastating and often long-term effects such as a loss of self-esteem, increased anxiety, and depression for those involved," she explained. "This initiative has helped shift thinking away from bullying as a 'rite of passage' and toward the knowledge that bullying can be prevented and stopped through education and awareness."

"Positively Linked felt it was important to start a Unity Day event in our community because there are continued problems with bullying in school, which over the last few years has led to an increase in violence by youth in our community," Mollerstuen continued. "Our own children, grandchildren and young people that we work with do not feel safe in school. When you don't feel safe, you can't learn. Speaking out shows an investment in keeping all young

people safe from hurt, harm, and humiliation. We hope to promote change."

Bullying is a widespread problem in the U.S. According to Mollerstuen, about one in five high school students report being bullied on school property and more than one out of every six high school students reported being bullied electronically within the last year.

Island County is no exception to the bullying problem. Mollerstuen noted in the 2021 Washington Healthy Youth Survey, 36 percent of 6th graders and 33 percent of 8th graders in Island County reported being bullied within the last 30 days. Fifteen percent of the 10th graders and 16 percent of the 12th graders surveyed also reported being bullied within the last 30 days.

Even higher were the reports of Adverse Childhood Experiences, or potentially traumatic events caused by bullying incidents. Sixty-three percent of Island County 8th grade, 44 percent of 10th grade and 57 percent of 12th grade students surveyed reported having one or more Adverse Childhood Experiences, Mollerstuen shared.

"Bullying is a serious problem that affects the lives of countless children and adults," she said. "No one should have to feel unsafe or threatened by someone else, but it happens all too often in our society. While bullying can manifest itself in many different forms, the effects it has on an individual are always significant. From mental health issues to decreased self-esteem and even perpetuating cycles of further bullying behavior, the consequences of bullying can have long-lasting and damaging impacts."

But there are things people can do to help recognize and reduce the bullying problem and its potentially devastating effects, and it's simpler than one might think.

"Something everyone can do on a daily basis to curb the bullying problem is to be kinder," said Mollerstuen. "Treat people the way you would like to be treated. Kindness has been shown to increase self-esteem, empathy and compassion, and improve mood. It can decrease blood pressure and cortisol, a hormone directly correlated with stress levels. People who give of themselves in a balanced way also tend to be healthier and live longer."

Mollerstuen said it's important youth learn advocacy and self-advocacy skills, which can empower them to help prevent bullying they see or experience, ask others to get involved, express disagreement respectfully, offer their opinions with confidence and make a positive difference for themselves and others. She suggests those interested in learning more about that download PACER's Student Action Plan Template to get started: [PACER.org/publications/bullypdf/BP-25.pdf](https://www.pacer.org/publications/bullypdf/BP-25.pdf).

"Sometimes kids bully, but that doesn't mean that they can't change," she said. "That's because bullying is about behavior, it's about words and actions—not about who they are."

That seems to fit well with Positively Linked's mission, which is to "nurture, empower and transform the lives of youth, their families and individuals through prevention, education and support." Learn more at [positivelylinked.org](https://www.positivelylinked.org). Learn more about Unity Day at www.pacer.org/bullying/nbpm/spreadtheword/promote-unity-day.asp.

"We hope that people participate in our Unity Day walk Saturday at 1 p.m. because bullying prevention is a community issue, and it takes all of us to create change," encouraged Mollerstuen.

UNITY DAY

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+

PROMOTE ACCEPTANCE

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BULLYING PREVENTION



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Island 911

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FRIDAY, OCT. 6

6:08 am, S Beeksma Dr.

Reporting party advising subject is sleeping in vehicle at location; at the back lot; female in vehicle is awake and yelling at him.

9:27 am, SR 20

Caller advising transient has been in the store for the past 30 minutes; has been in the bathroom of location for past 20 minutes; refusing to answer employees. Does not believe he is having a medical issue, believes he is ignoring employees.

11:36 am, NW Atalanta Way

Caller would like to make sure vehicle that is left at location is not stolen.

11:39 am, SW Orcas St.

Call referencing vehicle at location that was called in by reporting party's neighbor earlier; reporting party wants vehicle towed, due to it blocking moving trucks.

3:06 pm, SE 8th Ave.

Advising attorney is cursing out reporting party; coming on her property, saying inappropriate things after judge leaves.

7:39 pm, SW Erie St.

Advising of male walking in parking lot with no shoes.

10:31 pm, SE Jensen St.

Advising of teens screaming in the park; five male/female subjects. Caller unable to see further; sounds like play.

SATURDAY, OCT. 7

8:36 am, NW Outrigger Loop

Caller advising there is a suspicious vehicle driving around the neighborhood, stopping in front of various houses for the past hour-and-a-half.

9:14 am, NW Outrigger Loop

Advising the red vehicle from earlier is back in the neighborhood now.

9:28 am, SR 20

Caller advising homeless male came into store, says he ate magic mushroom; needs 99 percent alcohol for his wounds.

1:31 pm, N Oak Harbor St.

Reporting party has video of puppies

whimpering outside and not being let in.

SUNDAY, OCT. 8

1:24 pm, SR 20

Reporting party advising of "scruffy" male standing on SR 20 between Erie and Swantown, possibly holding a pistol.

8:33 pm, SE Pioneer Way

Caller states hearing "someone messing around" behind location; hearing tools clanking.

9:24 pm, SR 20

Reporting party advising there is a lot of traffic; advising at a dead stop; unknown if there was an accident.

MONDAY, OCT. 9

6:29 am, SR 20

Reporting party just passing Jones Road; is behind a vehicle with lane travel, almost hitting curbs; dark colored Honda Pilot.

9:28 am, SE Barrington Dr.

Reporting party is requesting call in reference to gun laws.

10:08 am, NE Sealth Pl.

Requesting call in reference to tenant at location who was incarcerated; subject's dog was taken in but cannot be kept; caller doesn't know what legal options she has.

12:13 pm, SW Fort Nugent Ave.

Reporting party advising that occupant in car is asleep or unconscious; has been at location for a few hours.

1:43 pm, NW 2nd Ave.

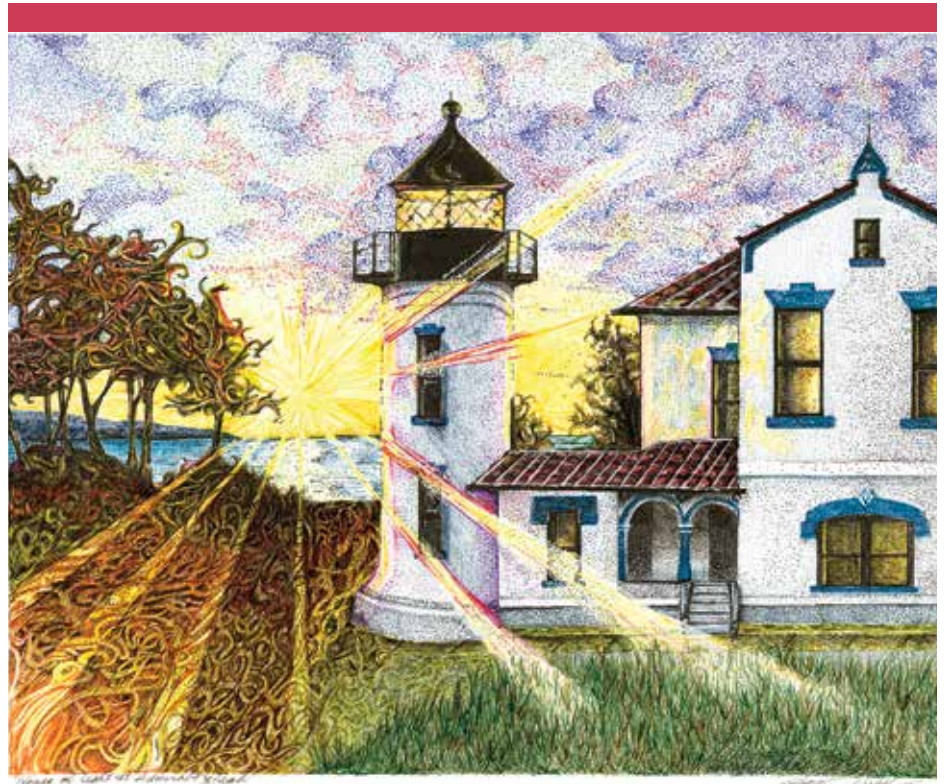
Caller advising a suitcase and pair of crutches were left laying across from the entrance to location; seems suspicious.

TUESDAY, OCT. 10

2:37 am, SW Kimball Dr.

Female caller, sounding tired and hard to get her to answer questions; something about "They're changing their minds about stealing the car;" then said, "I'll call back," and hung up.

Report provided by OHPD & Island County Sheriff's Dept.



"House of Light at Admiralty Head" by Kelly Liedtke

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Publisher.....	Eric Marshall	Contributing Writers	
Editor	Kathy Reed	Kathy Reed	
Marketing Representative	Noah Marshall	Tracy Loescher	
Graphic Design	Teresa Besaw	Helen Mosbrooker	
Production Manager	TJ Pierzchala	Shannon Bly	
Circulation Manager.....	Noah Marshall	Melanie Hammons	

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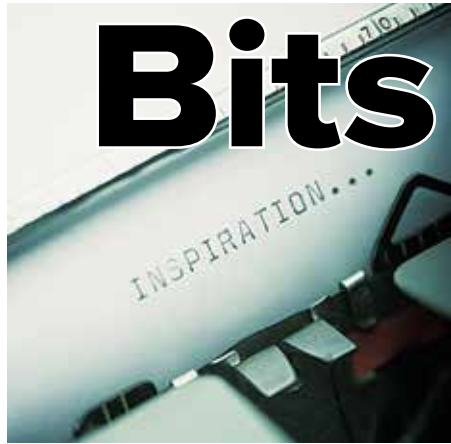
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Bits & Pieces

wailing sound of a tsunami warning, not the Westminster Chimes typically used during the monthly tests. NOAA Weather Radios will also sound an alarm.

PLEASE DO NOT CALL 911.

For the second time, a test will go out to those who have downloaded the FREE MyShake Earthquake Early Warning app on their phones. The test alert will sound the tone it will use to warn of an earthquake and will display a message indicating this is a "test." No action is required, but it is recommended you drop, cover, and hold on to practice what would be done during an earthquake. To participate in the test, make sure to have the app downloaded to the latest software and open it at least once prior to Oct. 19. The MyShake app is powered by the USGS ShakeAlert™ Earthquake Early Warning system and can provide a few seconds of warning before an actual earthquake hits. There will NOT be a test using Android's built-in earthquake alerts or the Wireless Emergency Alert system (like what was experienced Oct. 3).

Earthquake Early Warning is a relatively new technology in Washington state, available to the public for about two and a half years now. To find links to download the app and the three ways to get earthquake alerts on your phone in Washington, visit mil.wa.gov/alerts. If you don't have the MyShake app you can still practice your Great ShakeOut Drill, simulating seconds of warning with a drill recording available at www.youtube.com/watch?v=uR0Sh-wqc49I.

More than 1.2 million Washington residents have registered to participate in the earthquake and tsunami drill so far. Registration isn't required but it helps the Washington Emergency Management Division with understanding how effective its outreach is. It's also free and easy to register at www.shakeout.org/washington/.

Events

At 11:00AM Oct. 12, the Washington Emergency Management Division will team with scientists and other preparedness experts for an Ask Me Anything event on Reddit. Joining the event will be Washington Geological Survey, Pacific Northwest Seismic Network and an engineer with Simpson Strong-Tie.

At 10:00AM Oct. 19, the Washington Emergency Management Division will field your earthquake-related questions on its Facebook page while preparing for ShakeOut Day from the policy room of the state Emergency Operations Center. If you have a question you want discussed and can't make it, please email public.education@mil.wa.gov.

At 10:00AM, Oct. 19, the Shoalwater Bay Indian Tribe will team with the Washington Emergency Management Division for an event at the new vertical evacuation tower, 2373 Tokeland Road, Tokeland, Wash. If you're in the area, learn about the tower and practice walking to the top. For more information, email public.education@mil.wa.gov.

Locate a local school, business or agency participating using the searchable database www.shakeout.org/washington/whoisparticipating/.

[Submitted by Steven Friederich, Washington Emergency Management Division]

Community Invited To Learn More About Fire Levy Lid Lift Proposition will appear on the Nov. 7 general election ballot

Central Whidbey Island Fire and Rescue invites the community to learn more about the fire levy lid lift that will be on the Nov. 7 general election ballot. The purpose of the lid lift is to improve emergency services.

Learn more at a Q&A session:
Thursday, Oct. 19 at 6:00PM at Station 54, 3253 Day Road in Greenbank
Saturday, Oct. 28 at 10:00AM at Station 51, 109 N. Main St. in Coupeville

Fire Chief Jerry Helm will deliver a short presentation and answer any questions.

Central Whidbey Fire reports call volumes have increased 50 percent since 2012, but current staffing levels have not kept up with the community's growing demand for emergency services. As a result, response times are increasing.

Additionally, the fire district cannot guarantee personnel will be available to respond when a second, third or fourth call happens at the same time – which is occurring more frequently. Overlapping calls account for 28 percent of all calls. The fire district relies on full-time, part-time and volunteer personnel, but volunteers are not always available to respond, which results in unpredictable staffing levels. This then leads to longer response times that can seriously affect survival rates. Sixty percent of all calls are for emergency medical services (EMS).

The fire levy lid lift would fund four additional firefighter/EMTs. The additional staff would allow the fire district to provide both a fire engine and a Basic Life Support medical unit at the same time – instead of just one or the other. It would also allow the fire district to meet state safety requirements to perform interior search and rescue operations without having to wait for another fire engine to arrive on the scene.

These improvements will help reduce response times and improve service reliability across the district.

The fire district is asking voters to change the fire levy from \$0.86 to \$1.18 per \$1,000 of assessed property value. The \$0.32-cent lid lift would cost an additional \$160 per year or \$13.34 per month for the owner of a \$500,000 home.

Learn more at www.cwfire.org.

[Submitted by Central Whidbey Island Fire and Rescue]

Baby Island Saratoga Club Welcomes Dr. Jim Gawel



Dr. Jim Gawel will be the guest speaker at the Friday dinner meeting of the Baby Island Saratoga Club, 3616 Saratoga Road, Langley. The potluck dinner begins at 5:30PM. The public is invited to attend the dinner followed by the program at 7:15PM.

Dr. Gawel has outlined his presentation and has an impressive biography. The community is welcome to attend for dinner and/or the presentation.

Dr. Gawel will be presenting *Lessons from Loowit: Adventure Science at Spirit Lake, Mount St. Helens National Volcanic Monument*. Spirit Lake was changed biologically, chemically and physically by the 1980 eruption of Mount St. Helens and the concurrent landslide that essentially buried the old lake and created a new one in its place. Recent changes to the surrounding watershed, spurred by ever-increasing regrowth of terrestrial vegetation, continue to alter the biogeochemistry of Spirit Lake. This talk will tell the story of 18 years of work with undergraduates studying how water and nutrients move through the lake and its flora and fauna, and the latest find-

When should you sell investments?

If you're a long-term investor, your portfolio may stay fairly stable over time. However, that doesn't mean you will never sell any investments. But when should you sell – and why?

Here are some scenarios to consider:

- If an investment has consistently underperformed – For one reason or another, some investments may not live up to your expectations. Rather than holding these investments in the hope that they will eventually show consistently positive returns, you might be better off selling them and using the proceeds to buy other investments that could help you make progress toward your goals. Keep in mind, though, that short-term price swings are inevitable for virtually all investments, so you may not want to sell an investment after just a few price drops, as it may still have strong fundamentals and good prospects.

- If the investment itself has changed – The nature of some investments, such as stocks, can change over time. Stocks represent companies, and companies can evolve and adapt – or not. So, you may own shares in a company whose management has changed or whose products are less competitive than they once were. If this company no longer seems like a sound investment, you may consider selling your shares and moving on.

- If an investment is "redundant" – Over time, you may have added investments that are similar to others you already own. If you do have too many investments that are alike, you risk not having a fully diversified portfolio, and while diversification can't always protect against all losses or guarantee profits, it can help reduce the impact of market volatility on your holdings. Consequently, you might want to sell an investment that may now be "redundant" to your portfolio and replace it with another one that could boost your diversification efforts.

- If an investment takes up too much space in your portfolio – If you bought an investment years ago, and it's grown substantially in value, it could eventually take up more space in your portfolio than you had intended, which could expose you to more risk than you'd like – because too much of any single investment may leave you more vulnerable to market downturns. Of course, if the investment is still appropriate for your needs, and still has a good outlook, you may not want to totally liquidate it, but you could consider scaling back on the shares you own.

- If your own needs have changed – You originally created your investment mix to help you reach certain goals, such as a comfortable retirement. And during much of your working life, you could possibly afford to invest primarily for growth, accepting the risk that comes along with that approach, as you knew you'd have time to potentially overcome the short-term volatility that's part of investing. But as you near retirement, you may want to lower your risk level. Consequently, you could decide to sell some of your growth-oriented investments and move the money into income-producing ones. However, even during retirement, you'll still need your portfolio to provide some growth opportunities to help you ahead of inflation.

Generally speaking, you may not want to do a lot of selling (or buying) of investments once you've built a portfolio that's appropriate for your goals, risk tolerance and time horizon. But if you are going to sell investments, make sure you do so for the right reasons.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.
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Jeffrey C. Pleet,
CLU, ChFC
Financial Advisor

630 SE Midway Blvd.
Oak Harbor, WA 98277
360-679-2558
jeffery.pleet@edwardjones.com

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ings on the ecological role of floating logs and a newly introduced invasive species in Spirit Lake.

Dr. Jim Gawel is associate professor of Environmental Chemistry and Engineering at the University of Washington Tacoma. Jim earned his B.S. in Civil Engineering from Brown University and his Ph.D. in Civil and Environmental Engineering from MIT. He has been teaching and doing research with undergraduates at UW Tacoma for 24 years. His research studies the fate and transport of chemicals in the environment and the impact of those pollutants on ecological and human health.

[Submitted by Sandra Nonhof, Baby Island Saratoga Club]

Scholarship Awarded by Island County Master Gardener Foundation



Marina Slowik of Oak Harbor is this year's recipient of the Island County Master Gardener Foundation scholarship, in the amount of \$2,000. The scholarship supports her Bachelor of Science degree program in Integrated Plant Sciences with a major in Agricultural Biotechnology at Washington State University (WSU). Marina began her first year in the program this fall.

Marina graduated from Oak Harbor High School, where she played all four years on the girls' varsity team in golf, serving in both official and unofficial leadership roles. She organized practices and planned gatherings to help team members connect with one another. She also mentored freshmen in the LinkCrew program.

Marina was exposed to the science of plants at an early age when she visited her aunt's lab and learned how to extract the DNA from strawberries. Growing up on Whidbey Island, she has been an avid hiker and loves being in nature – her "happy place."

Marina has always been interested in how things work and plans to get as much as she can out of her college classes and experiences. Agricultural Biotechnology is an in-depth program that requires significant time outside of classes, which is both challenging and exciting.

About the scholarship

The Foundation Scholarship is for students studying or intending to study in horticultural programs. Preference is given to Island County students, but applications are also welcome from Snohomish, Whatcom, Skagit and San Juan County residents. Applications are available at the Washington State University Extension Office in Coupeville.

If you know of anyone who might qualify or be interested, please have them contact the foundation president at president@icmgf.org.

[Submitted by Ilze Zigurs, Island County Master Gardener Foundation]

2023/24 Coupeville Festival Association Grant Application Open

The Coupeville Festival Association raises funds to financially fulfill project grants submitted by local organizations. The association looks for projects that promote quality handcrafts and the arts, ensures the cultural enrichment of the 98239 residents,

and beautifies and preserves the unique historical qualities of Coupeville.

Between scholarships and grants, the CFA has donated more than \$1.2 million back into the community in the 59 years of the festival.

Learn more and apply at coupevillefestival.com/community-project-grants/grant-application.

[Submitted by Deb O'Brien]

Local Business News

Nurture with Care Kids Academy Opens in Oak Harbor

Families in Oak Harbor have a reason to celebrate as a new childcare facility, Nurture with Care Kids Academy, opens its doors under new ownership, offering exceptional early childhood education and care services. The mission at Nurture with Care Kids Academy is crystal clear: "Guiding Tiny Steps into A Bright Future."

At Nurture with Care Kids Academy, children are provided with a nurturing and stimulating environment where their growth, development and well-being take center stage. The ownership and staff are committed to offering parents peace of mind, ensuring their children are in a safe, loving, and educational space that fosters growth and learning. The Academy is poised to become a cornerstone in the Oak Harbor community.

Key Features of Nurture with Care Kids Academy:

- **Quality Early Education:** Education is a top priority. The curriculum is thoughtfully designed to promote cognitive, social, and emotional development, ensuring that children are well-prepared for a successful transition into school.
- **Experienced and Caring Staff:** The dedicated educators and caregivers are carefully chosen for their expertise, warmth, and unwavering commitment to child development. Each child at the center

receives personalized attention and care.

• **Parental Engagement:** Ownership and staff firmly believe in forging a strong partnership with parents. The open-door policy encourages parents to actively participate in their child's learning journey.

• **Digital Communication:** Embracing technology, the center employs state-of-the-art digital check-in systems, providing secure sign-ins and sign-outs for your children. The user-friendly mobile app keeps you updated on your child's activities, including health, naps, and developmental milestones.

• **Enhanced Security:** Safety is paramount at the center. Implementing cutting-edge security measures, including digital surveillance and secure access control systems, ensures the well-being of every child in its care.

• **Transparent Billing and Scheduling:** Keeping track of schedules and payments is now more straightforward than ever with digital billing and scheduling systems. Parents can conveniently manage their childcare commitments through the online platform.

"At Nurture with Care Kids Academy, we are unwaveringly committed to creating a positive and enriching experience for every child," said Jessica Griffiths, the center's director. "We recognize the significance of early childhood education and are thrilled to provide a space where children can explore, learn, and grow with confidence."

Nurture with Care Kids Academy is currently enrolling children across various age groups, from young toddlers to preschoolers. Proudly accepting DSHS and MCCYN-sponsored kids.

For further details, prospective families are invited to explore the website at <https://nurturewithcarekidsacademy.com/> or contact the center directly at 360-682-8920.



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Island Angler

THE LORE OF SPORTFISHING

By Tracy Loescher



FINDING COHO IN UPRIVER ESTUARIES

When we think of estuaries, we generally think of an area where tidal mixing of fresh and salt-water takes place. A couple of great examples would be where the Skagit River flows into Skagit Bay and mixes with the saltwater of Saratoga Passage. Another good example is where the Samish River drains into Samish Bay and mixes with Rosario Strait saltwater. Estuaries are more than just where fresh and saltwater mix; estuaries are the gathering place, and in some cases, hunting grounds for fish. They play a very important role in salmon, sea-run cutthroat, and steelheads' lives. As a juvenile, estuary grasses hide the small fish from predators and prepare their bodies for a long stay in saltwater. When the salmon return to spawn, the estuary provides the staging area to acclimate their bodies to freshwater.

Estuaries generally have slow moving water, sometimes with structures such as sunken logs, boulders, sandy sediment, gravel build-up and possibly man-made objects other than just grasses. They are good places for fish to stage that are not quite ready to fully commit to traveling upriver. If access to estuaries is possible, targeting those fish that are holding in these slow "pocket water" or estuary conditions is very productive, especially during tidal swings.

Here is something to think about: apply the estuary-style water to a river and use it as a tactic to find fish. Any pocket water/estuary conditions that you can find in upper river areas is a good thing. This is where you will find coho salmon. Saltwater vegetation will obviously be replaced by freshwater vegetation like mermaid moss, cut-bank grass, and river-braid grass. Look for feeder creeks. I use the term feeder creek for all creeks and smaller tributary rivers that feed into the main river I'm fishing. Over time, feeder creeks create holding water; the constant fluctuating flow of water will chew away at the river bank and the river bottom, chiseling and shaping the immediate area into the kind of habitat the fish are looking for, especially if logs or tree root-balls get washed into the area.

Most river fishermen simply call these specific water conditions "holding water." Fish use holding water to wait for rain and rising water before they travel further upriver, and for other migrating fish to gather together. There is an art and learning curve to reading water movement, recognizing underwater structure, and estimating water depth. However once

you get good at reading water, you will be putting more fish in your cooler. Gravel flats that are connected to, or part of pocket/holding water is another great place to search for coho. It's in a salmon, trout, or steelheads nature to face into current, oxygenated water, and food particles are moving with the slightly faster moving water, so the coho will be skirting the edge of the fast and slow water, or the seam, as I call it.

Inside corners are common holding water; they are a good mix of deeper water combined with the convergence of slow and fast moving water. Long, wide flats are also good coho holding water. Pay close attention to the side with logs, stumps, riprap, and steep banks. Cast spinners and spoons into this side and reel out towards the main river. Don't forget there will be snags but within those snags is where the coho are. I will continue to use the statement "points point to fish." Gravel bar fingertips, rock or sand out-croppings are coho hide-outs. The soft water on the points is where you want to concentrate your cast. Rock washes, or gravel spillways are also excellent holding spots for coho; as the water cascades over the gravel bar or basketball size rock walls, it makes a nice channel for the fish to hold in. Work yourself into position so you can focus your cast along the length of the spillway and target any deep pockets near the rock wall. This is where the coho will be. Get in the habit of looking at areas in the river that mimic a miniature estuary, water that is two- to six-feet deep is perfect coho water. fish these areas thoroughly; if it looks fishy, don't give in too early – try different lures or baits, too. Fishing for coho in the rivers is a blast once you figure out the holding water and if you are an angler that has some estuary fishing experience, you are already ahead of the game when fishing the rivers. The weather will be getting cooler and wetter, so be sure to dress warmly and grab your rain gear. GOOD LUCK on the water!



Here are a few great examples of good coho holding water



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FREELAND TAPROOM

TAPROOM OPENS | 3:00 PM
WIENER WAGON | 4:30 PM

Grab a hot dog from the Wiener Wagon and enjoy Monday Night Football and a pint!



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Oak Harbor Windmill LEGO CONTEST

OAK HARBOR HIGH SCHOOL LIBRARY
OCTOBER 19 STARTING AT 5:30PM

Open for free to all Elementary School students in Oak Harbor (singles or teams)

Using only Legos, build the best looking windmill (must be original and not a kit)

Bring your premade Lego windmill creations at 5:30pm

Public welcome to attend

Judging begins at 6pm

TOP 3 ENTRIES WILL RECEIVE A GIFT CARD AND CERTIFICATE!



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What's Going On



Orca Recovery Day

Saturday, October 14, 10:00AM-3:30PM
Langley Whale Center, 105 Anthes Ave.

Orca Recovery Day is a region-wide effort with local conservation districts and many partner organizations, taking action on behalf of the endangered Southern Resident orcas. This day camp provides fun and educational activities to help young naturalists and advocates learn about the connections between Southern Resident orcas and salmon, and what we can do to help them recover.

Morning Camp – geared for ages 5 to 8
10:00-11:30AM

Afternoon Camp – geared for ages 9 to 12
1:00-3:30PM

The camp is FREE of charge, but please preregister to give an idea of how many will be attending. Kids of any age can sign up for either the morning or afternoon camp, but activities in the morning might be more appropriate for ages 5 to 8, and activities in the afternoon might be more appropriate for ages 9 to 12. For more information and to register, email cindy@orcaneetwork.org.

Fall Virtual Candidate Forums

Wednesday, October 18, 6:00PM

Oak Harbor/North Whidbey
Candidates for contested positions:
Mayor; Councilmember Positions 2 and 4
School Board Positions 2, 3, 4 and 5
North Whidbey Fire and Rescue Position 1

Friday, October 20, 6:00PM

Coupeville
Candidates for contested positions:
Mayor
School Board Positions 1 and 4
Port of Coupeville Commissioners Districts 1 and 3

Tuesday, October 24, 6:00PM

Langley and Public Hospital District
Candidates for contested positions:
Mayor; Councilmember Positions 3 and 4
Public Hospital District
Commissioners Positions 1 and 5

Candidates will answer questions and discuss topics submitted by the community. All forum sessions are free and open to the public. Zoom links will be posted on www.whidbey.org a day in advance of the forum event.

Bras and Beauty for the Holidays

Sunday, October 22, 11:00AM-3:00PM

Oak Harbor Chamber of Commerce

Sponsored by I Support the Girls - Whidbey Island. Providing dignity for ladies experiencing distress from abuse, impoverishment and homelessness. Limits: three bras, three panties, three pairs of socks, tampon or pad period packs, and special gifts. All items free while supplies last. For more information, email istg.whidbeyisland@gmail.com. The chamber is located at 32630 SR 20.

Upcoming Sno-Isle Library Events

See schedule below

Cost: Free

Arctic Solitaire: Searching for the Perfect Bear

Thursday, October 12, 4:00-5:00PM

Oak Harbor Library

Professional photographer Paul Souders stepped out of his comfortable urban life and into a 22-foot fishing dory launched in the Hudson Bay on a quest to capture the perfect polar bear photo. Hear from Paul as he describes his experience exploring the unpredictable Arctic wilderness and reflects on what compelled him to embark on such an adventure. He will also share

a slideshow of the stunning images of the remote Hudson Bay region he captured along the way.

Haiku Orca

Saturday, October 14, 9:30-11:00AM
Coupeville Library

Celebrate Orca Recovery Day by learning to write Haiku poetry about our friends in the sea and observing sea creatures up close in touch tanks. For all ages. Presented by Jen Gray, interpretive specialist for Washington State Parks Central Whidbey area and Tabitha Jacobs-Mangiafico, Whidbey coordinator for Sound Water Stewards of Island County.

Keep Local With Whidbey: Raising Guanacos on Whidbey Island

Thursday, October 19, 4:00-5:30PM
Oak Harbor Library

There are fewer than 1,000 guanacos in the United States, and 10 of them live here on Whidbey Island. Guanacos are the wild ancestors from which domesticated llamas were bred and they produce luxurious fiber. Come hear from Lisa Mitchell and Greg Hudson, owners of Aliento Luxury Fiber Farm on Whidbey Island, as they share their experience learning to raise guanacos and making things from their exquisite fiber.

Empowered Aging: Hospice 101

Tuesday, October 24, 2:00-3:00PM
Freeland Library

This class is an introduction to hospice services, including what these services really are, how they get paid, how someone can qualify, and common myths about hospice. The truth may surprise you! Class provided by Hospice of the Northwest and all materials/resources are free of charge.

LEGO® Block Party

Wednesday, October 25, 2:30-4:00PM
Coupeville Library

Create with LEGO® at the library! Build independently or with others. We'll provide the LEGO®; you provide the imagination. This is a drop-in program designed for ages 5 and up.

Spooky Story Time for Adults

Friday, October 27, 7:00-8:30PM
Freeland Library

The library turns spooky after hours! We'll turn up the scare factor with a lights-out dramatic reading of ghost stories for adults, followed by a flashlight scavenger hunt through the darkened stacks. Scares! Chills! Thrills! A chance to win a gift card to local eateries!

Meetings & Organizations

Memory Cafe

Tuesday, October 17, 12:30-2:00PM

First United Methodist Church, Oak Harbor

A bi-monthly gathering for people with memory loss and their family to enjoy a time of fun, conversation, music and laughter (and snacks) in a dementia-friendly setting. Come join us for music and pumpkin painting. The church is located at 1050 SE Ireland.

Al-Anon

Every Wednesday, 9:30-10:30AM

Online

If a friend or relative has a problem with alcohol, you can find solutions for yourself at Al-anon. For more information, visit <https://wa-al-anon.org>.

Al-Anon Group

Every Tuesday, 5:30-6:30PM

Oak Harbor Lutheran Church, 1253 NW 2nd Ave.

Are you troubled by someone's drinking? Al-Anon group can help. Call Randy at 360-914-8084 for meeting information.



OAK
HARBOR
EDUCATIONAL
FOUNDATION

FUNDRAISING BANQUET & AUCTION FOR EDUCATION

Saturday, October 14, 6 p.m.

Oak Harbor Yacht Club

1301 Catalina Drive

Supporting the purchase and installation of inclusive communication boards on school playgrounds and the annual Al Koetje Mayor's Scholarship

PURCHASE TICKETS



We would like to invite you to a dinner and auction fundraiser at the Oak Harbor Yacht Club on **Saturday October 14th at 6 pm**

We are raising funds for inclusive communication boards which will be installed at all five elementary schools and at Hand in Hand Early Learning Center. This will enable children who can not speak or have other disabilities to be able to communicate with other kids on the playground.

We also will be raising funds for the Al Koetje Mayor's Scholarship and one other, created to honor all of Oak Harbor's mayors, past and present.

We hope you can join us. You can get tickets by calling **360-218-4294** or at <https://auctria.events/OHEF>

Walk for Water raises money for wells half a world away

By Kathy Reed Whidbey Weekly

Water. We use it daily. We're surrounded by it on Whidbey Island. It's a life-sustaining compound most of us don't think twice about. But that's not the case everywhere.

The North Whidbey Sunrise Rotary Club is hoping to do something about that. The group is holding a "Walk for Water" from 9 a.m. to noon Saturday at Kitchen C at the west end of Windjammer Park in Oak Harbor. Cost to participate is \$25. Advance registration forms are available at the Oak Harbor Chamber of Commerce, but anyone is welcome to register at the time of the event. All proceeds will be donated to Aid Africa, a nonprofit organization that builds and repairs wells in East Africa, specifically Uganda. (aiafrica.net)

"We're looking for people who can walk and carry a bucket of water to simulate what people in Uganda have to do to get water," said Bob Wall, who is helping to coordinate this event for Sunrise Rotary. "If you give us \$25 and carry a bucket about a mile-and-a-half, it simulates what women and kids do. It's kind of a risky thing to do, the conditions are not always safe. But they have to have water."



Photo Courtesy of Aid Africa
The Aid Africa organization digs and repairs wells for villages in Uganda, Africa, providing clean water that is easily accessible to residents, eliminating the need to fetch water from great distances.

Wall said the goal is to raise \$2,000 which is enough to build a well to provide clean water for a village, eliminating the need for the long, potentially dangerous walks.

"That puts it in a nutshell," said Wall, who said Sunrise Rotary first did this event about three years ago. This will be the first time the group has done it since the pandemic and organizers are hoping for a good turnout.

"We hope to have 30 or 40 people show up, but we won't know until we get there," Wall said, adding they have approached NJROTC classes at Oak Harbor High School in hopes of drumming up support for the Walk for Water.

"We're excited about the idea, because it shows compassion for somebody else," he said. "As a Christian, Jesus said to love God and love your neighbor. People in Uganda are our neighbors. If we have an opportunity to help, we want to try. These are people in villages we don't know and probably will never see. But if we're able to raise enough money to build a well, Aid Africa will put a plaque by it, so the villagers will know we care about them."

Wall and his wife, Carol, said they became familiar with Aid Africa through a mission trip to Uganda several years ago.

"The first time we went and did a well, we were in a Jeep and traveled along a bumpy road until we stopped under a tree," described Carol. "The villagers greeted us and we walked down the road to the village, where they showed us the new well. The women were singing, dancing and thanking us. They were truly celebrating because we were bringing them clean water. An elderly man stood us and said, 'Thank you for bringing us water with no worms.' That's a memory that goes back to 2008. That was the beginning."

"You and I can turn the tap on and take a shower or get a drink," Bob said. "They have to walk miles. The Walk for Water is a really simple project, simulating what these women and kids in Africa have to do to get water. We all need water every day."

Learn more about the Walk for Water at whidbeyrotary.com or find North Whidbey Sunrise Rotary on Facebook. Email bob-wall@gmail.com for questions. Aid Africa, which not only repairs



\$2000
will build a well in Uganda, East Africa, in a village with no clean water.

Partner with young girls like this to enable them to safely get clean water at a well near their homes.

North Whidbey Sunrise Rotary Club in Oak Harbor is hoping to raise enough money to provide a well for an impoverished community in Uganda. The group is holding a Walk for Water Saturday from 9 a.m. to noon at Windjammer Park, where participants will simulate the journey women and children often make to get water, which is often not clean.

and digs wells for impoverished communities, also manufactures and distributes cooking stoves, plants trees for food and reforestation and provides birthing kits and health clinics. More information is available at aiafrica.net.

HALLOWEEN DANCE PARTY
FEATURING
The Tropics
FRIDAY, OCTOBER 27
THE CENTER IN OAK HARBOR
51 SE JEROME ST.

\$20 ENTRY & EATS
TICKETS AVAILABLE FOR PRE-PURCHASE

DOORS OPEN 6PM	21+ EVENT
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Recipe of the Week

UP YOUR TACO ANTE WITH HOME-MADE TORTILLAS



Tacos are a beloved comfort food. While the true origins of tacos are unknown, they are believed to have originated in Mexico long before the Spanish arrived.

The process of assembling and devouring a taco is relatively simple, but there are ways to improve the flavor profile of this delicious dish. Certainly you can purchase any number of tortillas from a local supermarket, but for a truly great taco, think about homemade tortillas. Here is a recipe for Tortillas de Maíz, courtesy of King Arthur Baking.

TORTILLAS DE MAÍZ (Yields 16 5-inch tacos)
2 1/2 cups (231 grams) King Arthur Organic Masa Harina

Pinch salt

1 2/3 cups warm water, about 100°F

1. To make the dough: Weigh your masa harina; or measure it by gently spooning it into a cup, then sweeping off any excess. In a large, shallow mixing bowl, combine the masa harina and salt. Gradually add the warm water, stirring with your hands to make a cohesive dough.

2. Using your hands, mix and knead the dough in the bowl for a minute or so until it is smooth and somewhat firm; it should feel like Play-Doh. If the dough sticks to your hands and feels wet, add more masa harina a teaspoon at a time. If you roll a piece into a ball and squeeze it and the edges crack, add more water a teaspoon to a tablespoon at a time.

3. To shape the tortillas: Preheat a comal, a cast iron or nonstick pan, or a griddle over medium heat for 5 minutes, or until evenly hot.

4. Cut two round or square pieces of food-safe plastic — from a plastic produce or zip-top bag — to a size about 1/2-inch larger than the diameter of your tortilla press. Set aside.

5. Divide the dough into 16 pieces and roll each piece into a ball. Place the balls on a clean work surface and cover them with plastic or a damp kitchen towel to keep them moist.

6. Working with one ball of dough at a time,

sandwich it in the center of two pieces of plastic. Place the plastic-enclosed dough on the bottom plate of a tortilla press. Gently squeeze the handle of the press until the dough is about 1/16- to 1/8-inch thick and about 5 inches in diameter. To achieve a nicely round tortilla, jiggle the handle of your press just as you near the bottom. You may need to press it a couple of times to get the desired thinness.

7. To cook tortillas: Peel the top piece of plastic and then the bottom piece away from the tortilla. Quickly but gently lay the tortilla on the hot pan. Don't worry if it isn't perfectly flat (you'll get better as you practice), and don't try to move it, which will cause it to tear.

8. Cook the tortilla until it releases easily from the pan and its color has lightened and become opaque, 30 to 45 seconds; you don't want the tortilla to brown or become freckled at this point.

9. Using a spatula or your fingers, flip the tortilla and cook it until the bottom edges start to brown and some freckles appear, 60 to 90 seconds more.

10. Flip the tortilla one more time and cook until it puffs, 10 to 15 seconds. If the tortilla doesn't puff on its own, gently poke it a few times near the center. Once it puffs, let the tortilla cook for 15 to 20 seconds longer, until full set and soft.

11. Remove the tortilla from the heat and wrap it in a clean kitchen towel, or transfer it to a cloth-lined tortillero.

12. Repeat the pressing and cooking process with the remaining dough.

13. Storage information: Enjoy the tortillas the same day by keeping them wrapped in a kitchen towel or tortillero. Refrigerate leftover tortillas, wrapped in a kitchen towel and sealed in a plastic bag, for up to three days, or freeze for two to three months.

14. To reheat tortillas: Preheat a comal, pan or griddle for 5 minutes over medium heat and warm the tortillas for about a minute on each side.

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www.whidbeyweekly.com

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Book online: oakharborcinemas.com

MOVIE SHOWTIMES 10-13-2023 THRU 10-17-2023

TAYLOR SWIFT | THE ERAS TOUR (NR)
FRI: 7:00PM, SAT & SUN: 1:30PM & 7:00PM

EXORCIST: THE BELIEVER (R)
FRI - TUES: 1:45PM, 4:30PM & 7:15PM

PAW PATROL: THE MIGHTY MOVIE (PG) FRI - TUES: 2:00PM

A HAUNTING IN VENICE (PG-13)
FRI - TUES: 4:45PM & 7:30PM

CLOSED WEDNESDAY!

COMING 10/20 "KILLERS OF THE FLOWER MOON" & 10/27 "FIVE NIGHTS AT FREDDY'S"

HIGH SCHOOL SPORTS ARE BACK!



Broadcasting Oak Harbor High School Athletic Competitions



Pre-game show 15 minutes prior to all start times.

Thursday, Oct. 12 - Girls' Soccer vs Lynden 7:00PM

Friday, Oct. 13 - Football vs Arlington 7:00PM

Tuesday, Oct. 17 - Volleyball vs Bellingham 7:00PM

Thursday, Oct. 19 - Girls' Soccer vs Mount Vernon 7:00PM

Friday, Oct. 20 - Football vs Marysville-Getchell 7:00PM

***Stream opens 90 minutes prior for Football, 60 for all other sports

www.soundsportsnet.com

WEEKLY HOROSCOPES

ARIES - Mar 21/Apr 20

Aries, this week you may invite a friend over who shares all of his or her good energy with you. It's just the boost you need right now to have a positive few days.

TAURUS - Apr 21/May 21

You may have an urgent need to get physically active, Taurus. That can propel you to get a gym membership or to organize a walking club with some local friends.

GEMINI - May 22/June 21

You are brimming with energy right now, Gemini. It's only a matter of figuring out what to do with it. A painting or other home renovation project could be the perfect fit.

CANCER - June 22/July 22

You are in the process of widening your field of opportunities, Cancer. This may translate into taking a trip overseas or even across the country for a little bit.

LEO - July 23/Aug 23

Your typically amicable personality could be nowhere in sight this week, Leo. Perhaps you are feeling disrespected and bullied and want to advocate for yourself.

VIRGO - Aug 24/Sept 22

There are moments when everyone gets strong feelings of where they should be heading in life, Virgo. Sometime this week you could receive an epiphany moment.

LIBRA - Sept 23/Oct 23

Take a few moments this week to go over spending, as you may determine that you have to reel in your budget a little more than you had expected, Libra.

SCORPIO - Oct 24/Nov 22

Scorpio, this week you could be inspired by someone who comes across as a natural leader. Learn from this individual about how you can become more assertive.

SAGITTARIUS - Nov 23/Dec 21

Sagittarius, your help is urgently needed, so there is no time to waste. When the alarm clock goes off, it is time to spring into action each day.

CAPRICORN - Dec 22/Jan 20

Capricorn, put all of your cards on the table this week, especially with those close to you. They deserve to see the bigger picture if they are involved with you.

AQUARIUS - Jan 21/Feb 18

The week ahead may be trying for you, Aquarius. You may have to prove yourself to loved ones by offering a speech or other actions. It could be emotionally draining.

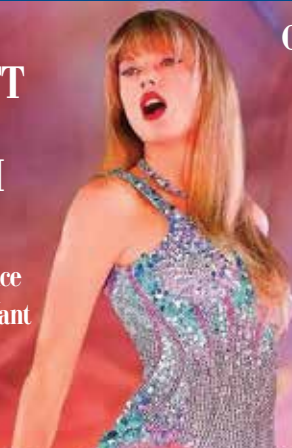
PISCES - Feb 19/Mar 20

Pisces, you can look forward to your busy week ahead because the time is going to fly by. Do not schedule anything extra, as you will not be able to fit it in for the time being.

TAYLOR SWIFT THE ERAS TOUR

Starring
TAYLOR SWIFT
Directed by
SAM WRENCH

Biggest Screen Around
Plenty Of Room To Dance
Sing As Loud As You Want
In Your Own Car
Socialize & Show Off
Your Outfit!



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OCTOBER 13
TICKETS
AVAILABLE NOW!

Shows:
October 13, 14 & 15
October 19, 20, 21 & 22
October 26, 27, 28 & 29
November 2, 3, 4 & 5

www.bluefoxdrivein.com/taylor-swift-or-the-eras-tour

Special admission prices for this exciting on-screen concert event have been set for all theaters by the Taylor Swift camp. We apologize but we can not take any passes or punch cards for admission during the run of this film.

Adult Tickets (Ages 11 & up) \$19.89 • Youth (Ages 5-10) \$13.13
4 & under Free • No refunds or rainchecks

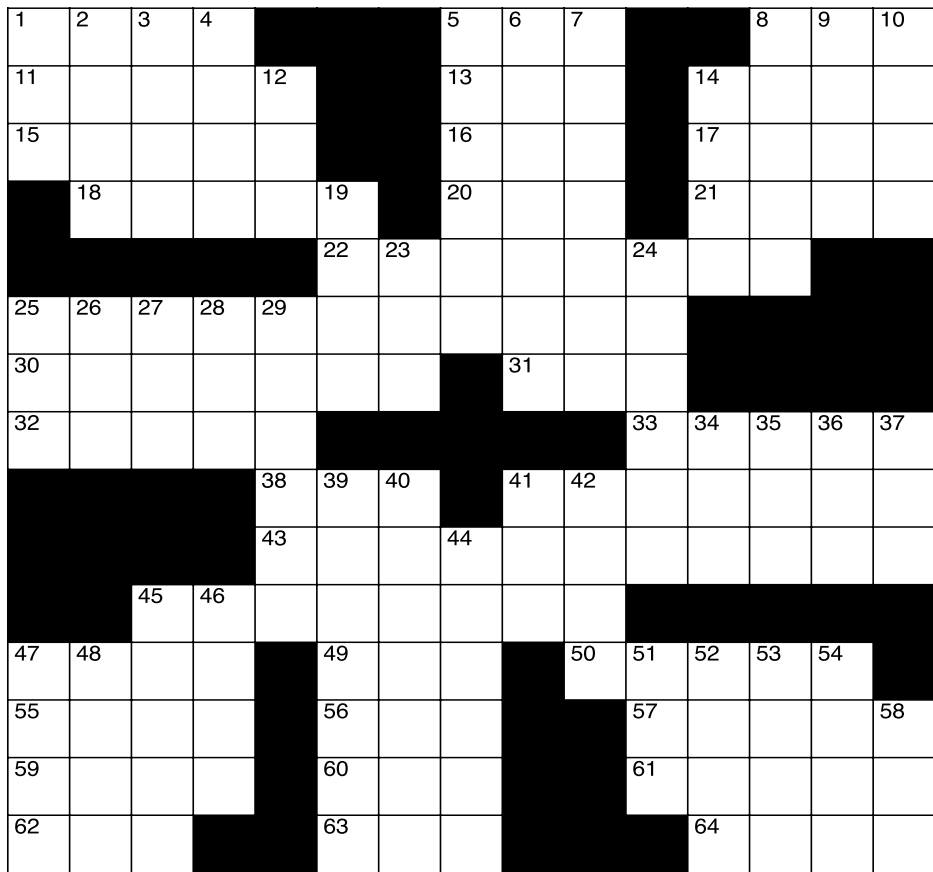
We ask that you let us know how many cars when checking out so we can keep track.



Box Office Opens At 4pm, Movie Starts At Dusk (Approx 7:00pm)
1403 N Monroe Landing Rd • Oak Harbor • 360-675-5667

All Blue Fox Drive-In rules will still apply. No outside food or drinks allowed.
No coolers, no outside alcohol or drugs will still apply. No outside food or drinks allowed.
No coolers, no outside alcohol or drugs. Our Snackbar will have all your food needs and those that are over 21+ we will have the Tavern open! We hope to make this a fun event!

Crossword Puzzle



CLUES ACROSS

- 1. Information
- 5. Seaport (abbr.)
- 8. Agricultural disease (abbr.)
- 11. Riding horses
- 13. Boxing's GOAT
- 14. Hurt or discomfort
- 15. A small sharp knife to trim vegetables
- 16. A beaver builds one
- 17. Horizontal passage into a mine
- 18. Self-immolation by fire rituals
- 20. Chain bar with lots of games (abbr.)
- 21. Goo Goo Dolls' hit
- 22. Agreeable
- 25. In an early way
- 30. In a way, struck
- 31. It's there in the morning
- 32. County in the S. Pacific
- 33. Central Florida city
- 38. Numbers cruncher
- 41. Mexican beers
- 43. Lawyers say you can indict one
- 45. Capital of South Australia
- 47. Wings
- 49. Drug used to treat HIV/AIDS

CLUES DOWN

- 1. A way to fish
- 2. Greek mythological figure
- 3. Scarlett's home
- 4. Assist
- 5. More doleful
- 6. Premeditated
- 7. Dish featuring minced food
- 8. San Diego ballplayer
- 9. Eight
- 10. Unwelcome picnic guests
- 12. Human gene
- 14. Bucket
- 19. Make full
- 23. Dirt
- 24. Person cited as ideal example

- 25. A part of (abbr.)
- 26. The 17th letter of the Greek alphabet
- 27. Very long period of time
- 28. Gas usage measurement
- 29. North American native people
- 34. It says "moo"
- 35. Folk singer Di Franco
- 36. Resinlike substance of certain insects
- 37. Residue
- 39. Grand homes
- 40. Popinjays
- 41. Man who behaves dishonorably
- 42. Figures
- 44. One who watches over children
- 45. Expressed pleasure
- 46. No longer living
- 47. Hebrew calendar month
- 48. Part of the ear
- 51. Swiss river
- 52. Prejudice
- 53. Italian Island
- 54. Resist authority (slang)
- 58. Criticize

Answers on page 11

YOUR GUESS IS AS GOOD AS OURS WEATHER FORECAST

<p>Thurs, Oct. 12</p> <p>North Isle H-60°/L-46° Mostly Cloudy</p> <p>South Isle H-61°/L-46° Mixed Sun and Clouds</p>	<p>Fri, Oct. 13</p> <p>North Isle H-64°/L-55° Mixed Sun and Clouds</p> <p>South Isle H-67°/L-53° Partly Sunny</p>	<p>Sat, Oct. 14</p> <p>North Isle H-63°/L-55° Showers</p> <p>South Isle H-63°/L-52° Showers</p>	<p>Sun, Oct. 15</p> <p>North Isle H-62°/L-52° Sun, Clouds, Showers, Wind</p> <p>South Isle H-60°/L-51° Mixed Sun and Clouds</p>	<p>Mon, Oct. 16</p> <p>North Isle H-49°/L-36° Rain</p> <p>South Isle H-60°/L-53° Showers</p>	<p>Tues, Oct. 17</p> <p>North Isle H-62°/L-52° Rain</p> <p>South Isle H-61°/L-51° Cloudy</p>	<p>Wed, Oct. 18</p> <p>North Isle H-60°/L-52° Cloudy</p> <p>South Isle H-60°/L-50° Rain</p>
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OUR Community

An Upbeat Question of the week

By Helen Mosbrooker

What do you most want to do that you have not done yet?



Mary Elizabeth Himes, Oak Harbor

I most want to move away from corporate work and live my life as a POET and public speaker. It seems that I have been collecting and honing experience for a reason but until recently, my purpose wasn't clear. 2023 has been a year of clarity, intention and discipline and now I know what path I will take in this stage in my life.

JD Ray, Oak harbor

I have two answers; one is a bit abstract, in that I really want to retire. Early in life, I wanted early retirement (age 55), but poor decisions and some outside-of-my-control events (Enron, etc.) ensured that wouldn't happen. Then I hoped for 62, but... no. Too soon for financial stability. So now I'm aiming for 65. So long as the world hasn't ended by then, we should be able to make that work.

A more direct answer is that I want to learn marine boating and buy a boat, with which we will spend our weekends plying the waters of the Puget Sound. A mid-sized Ranger Tug would suit us just fine. But at this late date, buying a boat is in direct opposition to retiring, so we need to try and balance those two things.



Gay Bingaman, Oak Harbor

I had two dreams. One was to see Machu Picchu in Peru. Since it is being over used by tourists, I have decided to respect Peru's national treasure by not visiting the site.

Because I enjoy camping, hiking and kayaking, my other dream was to work at different national parks during the summer seasons after retiring. I had the opportunity to work at a church camp as a young adult and had a great summer experience. I believe working at the parks would be a wonderful way to make new friends, explore and learn more about the area and animals. If something is important enough, then it is my obligation to make it happen.

Jimmy Roberts, Oak Harbor

My mind immediately thinks of my last high school football game. I recall my coach saying, "remember the feeling of this moment because the next time you will have it is when you get married, and when your first child is born."

I could most definitely come up with many potentially fun adventures and experiences.

At this stage in my life, I believe it would be just as exhilarating and fun becoming a dad. Is being a parent not the last true frontier? A comedian once said, "when we are little, we think our parents know everything, but when we become parents, we realize we have no idea what we're doing."

I'm sure there is some truth to this and most of all I'm more than willing to find out for myself.



CAN DO SUDOKU!

Beginner

Every row of 9 numbers must include all digits 1 through 9 in any order
Every column of 9 numbers must include all digits 1 through 9 in any order
Every 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9

Answers on page 11

	1	7	2		8			6
	2			4	3		1	7
			1	7		8		
		8			2			3
			9		1	5		
3	4		7	8			9	6
	6			9	7			5
	5		8			7	2	9
					4			1

Community Bulletin Board

To place an ad, email classifieds@whidbeyweekly.com

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plement the existing board, candidates with expertise in accounting, law, nonprofit management, networking, or fundraising are of particular interest. Committed to diversifying its board to better represent our community, BBBSIC encourages BIPOC and LGBTQIA community members to inquire. Please contact admin@bbbsis-landcounty.org for more information.

our trucks. Please call either store for more information. Oak Harbor: 360-675-8733, Freeland: 360-331-6272. College student? Student of history? History buff? Opportunities are available to spend constructive volunteer hours at the Pacific Northwest Naval Air Museum. Go to www.pnwnam.org and click on "Volunteer" or just stop by and introduce yourself.

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ANNOUNCEMENTS

Lions clubs are volunteers serving our community through various projects. Come and visit us at one of our meetings – both meet the 2nd and 4th Wednesdays. North Whidbey Lions meet at noon at the VFW Post, 3037 Goldie Rd. in Oak Harbor. Oak Harbor Lions meet at 7 p.m. at the Elks Lodge, 155 NE Ernst St. in Oak Harbor. LIONS motto is "WE SERVE." This is an opportunity to help your neighbors and have fun doing it.

Think you may be pregnant? Stop by Whidbey Island Women's Clinic for free pregnancy testing. We are also here to support our community with diapers, formula, baby clothes, and more. All our services are free. Open Tue and Thu, 10am-4pm, and Wed, noon-7pm. Located at 670 SE Midway Blvd in Oak Harbor.

Be the difference in a child's life and become a foster parent today! Service Alternatives is looking for caring, loving, and supportive families to support foster children. 425-923-0451 or mostermick@servalt-cfs.com. The Whidbey Island community is encouraged to try out the paddling sport of dragon boating with the Stayin' Alive team. Our team's mission is to promote the physical, social, and emotional benefits of dragon boating. It has been shown to be especially beneficial to cancer survivors. Practice with us for up to 3 times for free. Life-jackets and paddles provided. Saturdays at the Oak Harbor Marina, 8:45am. Contact njlish@gmail.com. More info at our Facebook Page: www.facebook.com/NorthPugetSoundDragonBoatClub?ref=hl

Crisis Line 888-388-9221. Free service. Visit our web site at <http://victimsupport-services.org>

VOLUNTEER OPPORTUNITIES

Volunteer for Island Shakespeare Festival! Many hands help keep the island's only outdoor classical summer theater going and growing! Can you help? There are many opportunities throughout the year to join the ISF family as a volunteer. These opportunities are a great way to get acquainted with the organization. • Distribute Ad Packets and Posters for our Summer Season • Production: Help set up Henry the Tent/Help with scenic painting, props, or costumes • Front of House: Usher, gate greeter, sell snacks • House an Artist: Actors/Designers need free housing June-Sept./Or partial summer • Loan a Vehicle: Actors are housed on various areas of the island and need loaner cars; can you help? • Work at the Bard's Boutique: This fun and easy volunteer job is at the Bayview Cash Store and requires only a few hours per week. • Become a Board Member: Development/Outreach/Special Skills. Please contact Angelica, angelica.metcalfe@islandshake-spearefest.org, if interested in volunteering.

Big Brothers Big Sisters of Island County (BBBSIC) is actively seeking new member(s) for its board of directors. Join the board's exciting array of professionals! BBBSIC is seeking individuals who are committed to defending the potential of youth in our community through their time, skill sets, and influence in the community. To com-

How'd you do?

9	1	7	2	5	8	3	6	4
8	2	5	6	4	3	9	1	7
6	3	4	1	7	9	8	5	2
5	9	8	4	6	2	1	7	3
2	7	6	9	3	1	5	4	8
3	4	1	7	8	5	2	9	6
1	6	2	3	9	7	4	8	5
4	5	3	8	1	6	7	2	9
7	8	9	5	2	4	6	3	1

If you or someone you know has been a victim of homicide, burglary, robbery, assault, identity theft, fraud, human trafficking, home invasion and other crimes not listed, Victim Support Services has advocates ready to help. Please call the 24-hr

The Island County Medical Reserve Corps (ICMRC) is a local network of volunteers organized to improve the health and safety of communities on Whidbey and Camano Islands. Volunteers primarily include medical and public health professionals but other volunteers who have no healthcare backgrounds are also utilized. MRC responds to local emergencies such as natural disasters and public health emergencies. If you are interested in volunteering please contact us at Island County MRC website for application and information.

If you are looking for a meaningful volunteer opportunity, look no further! When you volunteer at one of the Habitat for Humanity of Island County stores, you are helping local families attain decent, affordable housing. Income from the stores is vital to giving families a path to homeownership. We need people who can commit to help out in our Oak Harbor or Freeland store at least two-hours per week. Schedules are flexible. Our friendly volunteers provide customer service, help with receiving donated household items and furniture, and maintain the store. We also need drivers and driver helpers who will professionally represent Habitat as they pick up donated items using

Mother Mentors needs volunteers! Oak Harbor families with young children need your help! Volunteer just a couple of hours a week to make a difference in someone's life! To volunteer or get more info, email wamothermentors@gmail.com or call 360-321-1484.

JOB MARKET

Nurture with Care Kids Academy is seeking lead teachers for its childcare center in Oak Harbor for Young Toddlers, Toddlers and Preschool classrooms. The working hours are 8 AM to 5 PM, Monday - Friday. We offer great benefits. For more information, please refer to our career page at <https://nurturewithcarekidsacademy.com/career>. To apply, please send your resume to admin@NurtureWithCareKidsAcademy.com with the specific position in the subject line. (3) Island Transit is Hiring! If you are looking for a solid career with great pay and benefits including two retirement plans, we are hiring. Visit www.islandtransit.org/employment to apply. Island Transit is a drug and alcohol free workplace and an equal employment opportunity employer.

LOST/FOUND

LOST: Top section of fishing pole while fishing off the beach between Island County Parks Driftwood Park

and Coupeville ferry. If found you can reach me at rlawler@hotmail.com. Reward (1)

ANIMALS/SUPPLIES

If you or someone you know needs help in feeding pet(s), WAIF Pet Food Banks may be able to help. Pet Food Banks are located at WAIF thrift stores in Oak Harbor (465 NE Midway Blvd) and Freeland (1660 Roberta Ave) and are generously stocked by donations from the community. If you need assistance, please stop by.

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Was your Dad or Gramps in Japan or Germany? I collect old 35 mm cameras and lenses. Oak Harbor, call 970-823-0002

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