

November 9 through November 15, 2023

*FREE*

# Whidbey Weekly

Your Source For "What's Happening" On Whidbey Island

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COLUMNISTS • CLASSIFIEDS

# THANK YOU

# Veterans

**VETERANS DAY  
PROGRAM & PARADE  
NOVEMBER 11**

**Program:**

**Oak Harbor High School 11am**

**Parade:**

**Pioneer Way, Oak Harbor 2pm**

★ ★ ★ ★ ★ ★ ★



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Find a taste of Scandinavia p. 10

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NOVEMBER 9 - NOVEMBER 15, 2023

## Whidbey offers several Veterans Day observances

By **Kathy Reed** Whidbey Weekly

Veterans Day is Saturday, making it a great day to participate in some of the activities taking place on Whidbey Island in honor of those who have served and are serving in our nation's Armed Forces. It only makes sense the island would pull out all the stops, since more than 13 percent of Island County residents are veterans, the highest population proportion in the state.

### VETERANS DAY PROGRAM

The Navy League of the United States, Oak Harbor Council, will present its 20th annual Veterans Day program at 11 a.m. Saturday at Oak Harbor High School.

"Veterans Day is the one day a year we call attention to the ordinary people who have stepped forward to serve the nation," said George Saul, a member of Oak Harbor's Navy League. "It's a day of pride for those of us who have worn the uniform."

Featured at this year's program, which always takes place at the 11th hour of the 11th day of the 11th month to commemorate the signing

of the Armistice that ended World War I, will be the Oak Harbor High School band and choir, along with a Color Guard from the school's NJROTC program.

The featured speaker will be U.S. Navy Capt. J.T. Pianetta, Deputy Commodore, Patrol and Reconnaissance Wing TEN. Pianetta, who responded to questions from *Whidbey Weekly* via email, said he comes from a family with strong ties to the military, making the holiday a special one for him.

"Veterans Day to me holds special significance, since my father was also in the Navy, my brother is currently on active duty, my grandfather, uncle, and cousins also served," he shared.

"Why did I choose to serve? That's a complicated question but I'll keep it short," Pianetta continued. "My dad was a pilot. I remember going to airshows and growing up in that mindset, all I ever wanted to be was a pilot. The choice to serve was a different feeling, to be honest. My dad would talk about the times being part of something that he loved. The squadron, the friends, but the deep and unapologetic love of this country was always right in the front. That is what I learned and remembered the most. I can't speak to the reasons the other members of the family served, they all had their own, but I do know that we all served in different ways. Marine infantry, submarines, Army air corps and cavalry, naval aviation. Officer and enlisted."

Pianetta said he plans to discuss not only the sacrifices all veterans make during their service, but also the sacrifices made by those who support veterans – their family, friends and support networks, for example. Simply attending Saturday's program is another way to show support.

"Attendance in and of itself is a form of recognition and thanks, and I thank all in advance for taking time out of their day to show their respect," he said. "Time is one of the most precious things that we have, and to dedicate a couple hours to honor those who have served or continue to serve is one of the greatest ways we can express our thanks and respect."



Photo Courtesy of Oak Harbor Main Street Association  
Several community veterans organizations as well as students in Oak Harbor High School's NJROTC program will be participating in the Veterans Day Parade, to be held at 2 p.m. Saturday in downtown Oak Harbor. The parade is sponsored by the Oak Harbor Main Street Association with assistance from the Oak Harbor Chamber of Commerce.



Photo Courtesy of Oak Harbor Main Street Association  
Wally the fire truck is likely to make an appearance at the Veterans Day Parade in downtown Oak Harbor Saturday. The parade will take place rain or shine and will begin at 2 p.m. on SE Pioneer Way.



Photo Courtesy of Capt. J.T. Pianetta  
U.S. Navy Capt. J.T. Pianetta, Deputy Commodore, Patrol and Reconnaissance Wing TEN, will discuss the sacrifices made by veterans and their families when he speaks at the Oak Harbor Navy League's Veterans Day program Saturday at 11 a.m. at Oak Harbor High School. Above, Capt. Pianetta poses with his family at a homecoming a few years ago.

Whidbey Island and the Oak Harbor community in particular are known for the support shown to the military and veterans, something that has not escaped Pianetta's notice.

"Whidbey island and the community that surrounds the area is different than every area I have served over the last 23 and-a-half years," he said. "The community is small and close knit. I have always felt welcome here, and I cannot say that about all the places I have served."

"Oak Harbor is special because we are a dynamic blend of active duty and veterans," noted Saul. "We know each other and interact with each other through our community clubs and our (grand)kids' events. Our common bond is our service to the country. We opted to raise our right hand and swore an oath to defend something bigger than ourselves. Just ordinary people committed to each other and to our country. Makes me proud to live here."

### VETERANS DAY PARADE

After attending the Veterans Day program, everyone is invited to make their way to downtown Oak Harbor for the return of the Oak Harbor Main Street Association's Veterans Day Parade. The procession begins at 2 p.m. and will travel along SE Pioneer Way from Midway Blvd. to Ely Street. The event is being planned in conjunction with the Oak Harbor Chamber of Commerce and will take place rain or shine.

"We live in a Navy town and have lots of veterans that live here," said Margaret Livermore, executive director of OHMSA. "We feel it is important to show our support and thank the veterans for their service."

While it is too late to register to enter the parade, there will be plenty of participants, including Naval Air Station Whidbey Island Executive Officer, Cmdr. Joshua Overn, and several veterans organizations, such as Veterans of Foreign Wars, Brothers in Arms, Whidbey Island Veterans Resource Center and Patriot Guard Riders. Look for members of Oak Harbor High School's NJROTC program and Sea Cadets as well. Other participating organizations include the Oak Harbor Council of the Navy League, the PBY Memorial Foundation and Naval Air Museum, Daughters of the American Revolution, Guitars for Vets and many more local groups.

"We hope that the parade will show that the community cares and respects our veterans for their service," Livermore said, encouraging people to attend the first Veterans Day Parade since 2019. "Please come out and celebrate our veterans. Show them that we appreciate all they have done for us."

### TAPS ACROSS AMERICA

For those unable to venture up to Oak Harbor

for the Veterans Day program and parade, there will be another commemoration of the day.

Taps Across America, a nationwide effort, will mark Veterans Day with the playing of "Taps" at 11 a.m. Saturday in front of the flagpole at 3604 Saratoga Road, Langley. Those interested in attending should arrive early.

This is the third year for this observance, which serves to remind all Americans of those military heroes who have fallen in defense of our freedom.

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# Island 911

Seriously, we do not make this stuff up!

### SUNDAY, OCT. 22

#### 5:18 pm, Fort Nugent Rd.

Advising of gold Toyota Camry driving under the speed limit.

#### 6:49 pm, SE Bayshore Dr.

Caller wants to file a report for a motor vehicle accident; both parties are no longer on scene.

#### 9:02 pm, Wieldraayer Rd.

Advising two subjects were in a verbal dispute; leaving now; nothing physical happened.

### MONDAY, OCT. 23

#### 7:08 am, SE Barrington Dr.

Requesting to talk to on duty officer who arrested him last year to apologize.

#### 9:07 am, SE Pioneer Way

Requesting call; has a question on law pertaining to replacing locks in a home during divorce.

#### 9:38 am, SR 20

Metal plate on Barrington seems to be moving a bit too much when people drive on it.

#### 9:39 am, NW Crosby Ave.

Reporting party wants to file a report about neighborhood being spied on; advising there is video recordings being made in reporting party's parents' house, at reporting party's.

#### 10:42 am, SR 20

Reporting party calling to report about fight that occurred at location on Friday.

#### 11:43 am, SW 6th Ave.

Reporting party advising received phone call from someone stating to be from Sherriff's office, advising missed jury duty and asked for money.

#### 1:08 pm, SW Nienhuis St.

Reporting party advising last week someone tried to break into home; law enforcement was on scene and spoke with male that tried to break in, however, reporting party did not hear anything and wanted more information.

#### 5:03 pm, SW Cooper Way

Reporting party advising is being threatened by someone the past couple of days; came home and advises is getting notes at work and home.

#### 9:07 pm, SW Cooper Way

Reporting party not making sense; says has been receiving threats lately; says there is an empty mail truck outside? Unknown what is happening.

### TUESDAY, OCT. 24

#### 1:29 am, SE 8th Ave.

Advising cat was under the couch; reporting party reclined the chair and the cat is stuck; can't get it out.

#### 9:36 am, N Oak Harbor St.

Reporting party advising trying to get child's jacket, however person in home told reporting party to "get the f\*\*\* off property."

#### 10:01 am, NE Ernst St.

Reporting party advising packages not being delivered to current address; was delivered to and person who answered the door said they put it on a different porch.

#### 12:29 pm, SE 6th Ave.

Reporting party advising of unknown dog in back yard; reporting party does not know who dog belongs to.

#### 12:35 pm, NW Crosby Ave.

Reporting party advising that her dad stole her money when searching her backpack at location.

#### 1:36 pm, NE 3rd Ave.

Reporting party advising a pan of seeds in front yard has been kicked down the road; scissors are now in front of her front door.

### WEDNESDAY, OCT. 25

#### 11:31 am, SR 20

Advising customer is attempting to pay for son's stolen goods from a year ago.

#### 12:22 pm, SW Cooper Way

Caller advising notes keep getting left at home; another "No more cameras."

#### 1:31 pm, SW Erie St.

Advising gentleman in parking lot with no shirt or shoes and a big piece of metal; is walking around saying he's "doing battle."

#### 3:15 pm, Wildcat Way

Advising caller's daughter had keys and drinks stolen.

#### 9:41 pm, N Oak Harbor St.

Young female sitting on porch; has hospital bracelet on; "low key, kind of scared."

Report provided by OHPD & Island County Sheriff's Dept.

# GREEN TICKET CASH GIVEAWAY

## \$3000 IN CASH PRIZES THIS YEAR!

### \$1500 Cash • \$500 Cash

### 2 - \$250 Cash • 5 - \$100 Cash



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Earn a GREEN TICKET for every \$20 purchase\* at participating merchants between November 1 and December 15, 2023 and be entered to win \$1500 CASH, \$500 CASH, 2-\$250 CASH OR 5-\$100 CASH PRIZES!

\*1 ticket per \$20 purchase with a maximum of 50 tickets per individual transaction up to \$1000. Drawing will be held at 4pm on Saturday, December 16. Must be 18 years older to participate. Do not need to be present to win. Receive one ticket at Oak Harbor Main Street Office, no purchase necessary.

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Publisher..... Eric Marshall  
Editor ..... Kathy Reed  
Marketing Representative ..... Noah Marshall  
Graphic Design ..... Teresa Besaw  
Production Manager ..... TJ Pierzchala  
Circulation Manager..... Noah Marshall

Contributing Writers  
Kathy Reed  
Tracy Loescher  
Helen Mosbrooker  
Shannon Bly  
Melanie Hammons

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## Join Us For Our First

# Ladies Night

### NOVEMBER 14 6:00-8:00pm



## POWER TOOL EXTRAVAGANZA!

STIHL and EGO are coming to train up to 40 women from our community on the safe use and maintenance of Outdoor Power Equipment.

Door prize items provided by DeWalt, EGO. Gift bags provided by Freeland Ace Hardware.



Due to attendance limits, this will be a ticketed event. Please see our Cashiers for your numbered spot/ticket.

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# Bits & Pieces

## Virtual Town Hall to Discuss Island County's Efforts to Bring Internet for All

The Island County Broadband Action Team will host a virtual town hall at 5:00PM Thursday to share updates on the effort to bring robust, affordable broadband internet to all of Island County.

"More than \$20 million in federal, state and county investments has been awarded in Island County to expand broadband infrastructure for enhanced internet access," states Island County Commissioner Janet St. Clair, who is hosting the virtual town hall. "The Island County BAT has been working hard since 2019 to identify critical gaps in our community and build a plan to reach under-served and unserved areas of our islands."

The Island County Broadband Action Team is a collaborative of local governments, port districts, anchor institutions, schools, emergency response agencies, libraries, and an incredible group of internet service providers including Whidbey Telecom, Zply, Comcast and Astound.

"The pandemic showed many of us the critical importance of internet access for our communities," Commissioner St. Clair said. "The educational and economic wellbeing of our communities, as well as access to remote healthcare, has become intrinsically intertwined with access to robust, affordable internet."

The internet service providers will each give information on their government-funded and private efforts to build a stronger broadband network in Island County. Guest speakers during the virtual town hall will also include leadership from Washington State Broadband Office and the National Telecommunications and Information Association. They will be discussing the future of broadband expansion in Washington state.

Join on your computer or mobile application:

www.microsoft.com/en-us/microsoft-teams/join-a-meeting  
Meeting ID: 272 250 516 534  
Passcode: jqMvY9

For more information about the county's broadband efforts, or about the virtual meeting, email Commissioner St. Clair at [j.stclair@islandcountywa.gov](mailto:j.stclair@islandcountywa.gov).

[Submitted by Keven Graves, Island County Communications Manager]

## Shop for the Holidays at Tilth

Winter produce, unique crafts and hot food are happening at South Whidbey Tilth's Holiday Market Sundays, Nov 12, 19 and 26. The market is open from 11:00AM to 2:00PM at 2812 Thompson Road on Hwy. 525, Langley. Share time with neighbors around an open fire and listen to live music. Performing to date are the Duo Drews Nov. 12 and Don Boram as Elvish Presley Nov. 26. Also on the 26th is a story-time with local author Katherine Pryor reading *Home is Calling: The Journey of the Monarch Butterfly*. She'll have books to sell. Lone Creek Farm and Grass Becomes Waves have flowers and produce. Silva Family Farm is bringing frozen berries. Check out Blacksmith Joey Guerra's forged items. Acorn Bakery is vending Nov. 12 and 19 with pastries and bakery items. Hummingbird Bakery comes Nov. 26 with

organic sourdough breads. See the exquisite pottery by Amber of Whidbey Wood Girl. The list of creative artists who are coming to the Tilth Holiday Market is growing and are featured on South Whidbey Tilth Farmers Market's Facebook page. Should the weather be really nasty, high wind and ice, a market day may be canceled. For information, contact Market Manager Kirstin at [market@southwhidbeytilth.org](mailto:market@southwhidbeytilth.org). SNAP customers are welcome and can get SNAP market match up to \$25 a visit. Note that OSM Eats is serving hot pizza and foods from the Tilth kitchen both Saturdays and Sundays all year.

[Submitted by Susan Prescott, Market Committee Volunteer]

## Brothers Four Benefit Concert at South Whidbey High School Nov. 19



One of the longest-performing and best-selling folk music groups in history, The Brothers Four, will perform a benefit concert for three local charities at 3:00PM Sunday, Nov. 19 at the South Whidbey High School auditorium in Langley. Proceeds from the concert will benefit Friends of Friends Medical Support Fund, Small Miracles Medical Fund in Coupeville, and the Whidbey Homeless Coalition.

Trinity Lutheran Church and the office of Kevin Lungren/Edward Jones in Freeland are sponsoring the concert and are selling the \$30 tickets at their locations. They are also available at Moonraker Books in Langley, Bayleaf in Coupeville, and Click Music in Oak Harbor. They will also be available at the door (while they last) for \$40 the day of the concert. This is an open-seating concert with doors opening at 2:30PM. (Cash or checks only, please, except at Trinity Lutheran Church, where credit card processing is available.)

With some of the original voices still on board, The Brothers Four are pioneering voices from the "Great American Folk Revival," with classic folk hits including: *Greenfields, This Land Is Your Land, Try To Remember, Yellow Bird, Where Have All The Flowers Gone, Shenandoah, and 500 Miles.*

Their global hit recording of *The Green Leaves of Summer* from the motion picture "The Alamo" was nominated for an Academy Award and they performed the song on the Oscar awards international telecast.

Starting with their command performance at the JFK inauguration, they've sung for four U.S. presidents at the White House. They've been featured on PBS specials, played thousands of college concerts, appeared at countless community concerts, performed with chorales and symphony orchestras and have traveled the globe, teaching the world to sing. They are truly "America's Musical Ambassadors to the World."

The Brothers Four helped define the sound and spirit that became the "Folk Era." Today, their all-acoustic presentation continues with the sounds of guitars, banjo, upright bass, and of course, the trademark rich blend of their four voices. Come and enjoy an unforgettable time of pure, timeless music, warm memories and joyful entertainment, while supporting three of Whidbey Island's important charities.

[Submitted by Laura Canby]

## Good Cheer Seeking Volunteers for Child's Chance to Give

Child's Chance to Give enables children

of families who shop in the Good Cheer food bank to find holiday gifts for their loved ones. Child's Chance to Give will run Dec. 3 at the Good Cheer Clinton in Ken's Korner. Each child will receive Good Cheer Snowflake Bucks (approximately \$20 value) they can use to purchase gifts. In order to keep their holiday gifts a secret, parents and guardians wait in a separate area, sipping on hot chocolate and snacking on cookies. Before they leave, the kids get help wrapping their presents so they're ready for holiday gifting.

Good Cheer is looking for people to help make this experience possible. Volunteers are needed to welcome families, escort parents/guardians to their waiting area, help younger children shop, and wrap gifts. Past volunteers have described it as magical to see how much love children put into selecting their gifts. To sign up to volunteer, email [cathy@goodcheer.org](mailto:cathy@goodcheer.org).

If you would like to sponsor some Snowflake Bucks, donations can be made at either store, online, or by check mailed to Good Cheer, PO Box 144, Langley, WA 98260. Supplies like wrapping paper, gift bags and tissue paper, tape, gift tags, ribbon, gift boxes, and children's toys are also needed. If you have extras to share, please bring these items to the Donation Center at 2812 Grimm Road in Langley before Nov. 25. The Donation Center is open 9:00AM to 2:00PM Monday through Friday each week.

## Statewide Draft Highway System Plan Available for Public Comment Through Dec. 18

*Draft plan recommends highway investment strategy for next 20 years*

A draft plan outlining investment recommendations for preserving, maintaining, improving and operating state highways for the next 20 years is now available for public review and comment. Comments on the draft Highway System Plan will be accepted through Monday, Dec. 18.

The Washington State Department of Transportation last published the plan in 2007. The new draft plan used scenario planning with extensive feedback to explore different investment alternatives and make the strongest recommendation.

### Draft recommendations

Communities from around the state provided input to the draft Highway System Plan to reflect transportation priorities. These priorities form the core of WSDOT's recommendation to the legislature.

It proposes new revenue for state highways over the next 20 years be dedicated first to adequately funding preservation and maintenance. It also recommends remaining funds be balanced between safety and efficiency strategies and highway expansion projects at a 2:1 ratio. These recommendations would provide a resilient state highway system that is sound, safe and smart:

### Sound

All bridges and highways remain open and are maintained in working condition.

### Safe

Fewer crashes on state highways by providing safer travel spaces for all modes.

### Smart

Healthier environment. Removal of fish passage barriers, fewer vehicle miles traveled, and decreased greenhouse gas emissions.

More equitable outcomes. Agency investments and policy decisions that are equitable and inclusive.

More walking, bicycling, and rolling. Closure of most active transportation gaps on, next to, or across highways.

More travel options. Reduction of com-

## What should you know about RMDs?

You may spend decades contributing to various retirement accounts. But for some accounts, such as a traditional IRA and 401(k), you must start withdrawing funds at a certain point. What should you know about this requirement?

To begin with, the rules governing these withdrawals — technically called required minimum distributions, or RMDs — have changed recently. For many years, individuals had to begin taking their RMDs (which are based on the account balance and the IRS' life expectancy factor) when they turned 70½. The original SECURE Act of 2019 raised this age to 72, and SECURE 2.0, passed in 2022, raised it again, to 73. (If you turned 73 in 2023, and you were 72 in 2022 when the RMD limit was still 72, you should have taken your first RMD for 2022 by April 1 of this year. You will then need to take your 2023 RMD by Dec. 31. And going forward, you'll also need to take your RMDs by the end of every year.)

Not all retirement accounts are subject to RMDs. They aren't required for a Roth IRA, and, starting in 2024, won't be required for a Roth 401(k) or 403(b) plan. But if your account does call for RMDs, you do need to take them, because if you don't, you could face tax penalties. Previously, this penalty was 50% of the amount you were supposed to have taken, but SECURE 2.0 reduced it to 25%.

When you take your RMDs, you need to be aware of a key issue: taxes. RMDs are taxed as ordinary income, and, as such, they could potentially bump you into a higher tax bracket and possibly even increase your Medicare premiums, which are determined by your modified adjusted gross income. Are there any ways you could possibly reduce an RMD-related tax hike?

You might have some options. Here are two to consider:

• **Convert tax-deferred accounts to Roth IRA.** You could convert some, or maybe all, of your tax-deferred retirement accounts to a Roth IRA. By doing so, you could lower your RMDs in the future — while adding funds to an account you're never required to touch. So, if you don't really need all the money to live on, you could include the remainder of the Roth IRA in your estate plans, providing an initially tax-free inheritance to your loved ones. However, converting a tax-deferred account to a Roth IRA will generate taxes in the year of conversion, so you'd need the money available to pay this tax bill.

• **Donate RMDs to charity.** In what's known as a qualified charitable distribution, you can move up to \$100,000 of your RMDs directly from a traditional IRA to a qualified charity, avoiding the taxes that might otherwise result if you took the RMDs yourself. After 2023, the \$100,000 limit will be indexed to inflation.

Of course, before you start either a Roth IRA conversion or a qualified charitable distribution, you will need to consult with your tax advisor, as both these moves have issues you must consider and may not be appropriate for your situation.

But it's always a good idea to know as much as you can about the various aspects of RMDs — they could play a big part in your retirement income strategy.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.*

*Edward Jones, Member SIPC*



**Jeffery C. Pleet,**  
CLU, ChFC  
Financial Advisor

630 SE Midway Blvd.  
Oak Harbor, WA 98277  
360-679-2558  
[jeffery.pleet@edwardjones.com](mailto:jeffery.pleet@edwardjones.com)

[www.edwardjones.com](http://www.edwardjones.com) Member SIPC

**Edward Jones**  
MAKING SENSE OF INVESTING





mute trips by coordinating with cities, employers, and transit to add or support more modes and travel options. Smoother transportation operations. More effective handling of crashes, information, and low-cost solutions.

**How to comment on the draft Highway System Plan**

People can provide feedback about the draft document which is available on WSDOT's Highway System Plan website, [wsdot.wa.gov/construction-planning/statewide-plans/highway-system-plan](http://wsdot.wa.gov/construction-planning/statewide-plans/highway-system-plan). The public comment period is open through 5:00PM Monday, Dec. 18.

Comments can be submitted via email to: [hsp@wsdot.wa.gov](mailto:hsp@wsdot.wa.gov).

Voicemail comments can be left at 360-704-6371.

Comments can also be mailed to: WSDOT Multimodal Planning and Data Division  
310 Maple Park Ave. SE  
Olympia, WA 98504-7370

[Submitted by Washington State Department of Transportation]

**Whidbey Community Foundation Is Conducting A Nonprofit Needs Assessment**

Whidbey Community Foundation is conducting an online nonprofit survey to evaluate the needs of local organizations while learning more about the work they do, the people they serve, and how to best support them. This survey is part of WCF's continuing effort to direct funding and support where it is most needed and will have the greatest impact.

"As the ways in which we invest in this community continue to evolve, we're very much aware that the hundreds of nonprofit organizations on our island are changing to respond to their constituent needs," states Jessie Gunn, executive director. "To inform the way we support our nonprofit

partners, engagement such as this online survey will be enormously helpful as we build out future funding opportunities, webinars, and other supportive services the nonprofit community can benefit from."

The deadline to complete the survey is Thursday, Nov. 30, by 5:00PM. Five randomly selected Whidbey nonprofits that respond to the survey will receive a \$100 award for participating.

The survey, at [whidbeyfoundation.org/nonprofitsurvey](http://whidbeyfoundation.org/nonprofitsurvey), asks organizations for their latest information about mission and vision, service area, organization contacts, priorities and other needs. Community Foundation staff and the Nonprofit Services Committee will analyze survey results, using the data to guide plans for general and targeted funding and services in 2024 and beyond. A survey report will be shared with nonprofit participants and the community in the coming months.

For questions about the survey, please contact Maureen Rice at [maureenr@whidbeyfoundation.org](mailto:maureenr@whidbeyfoundation.org).

[Submitted by Whidbey Community Foundation]

**Deer Lagoon Grange 846 Named Distinguished Grange**

Deer Lagoon Grange #846 has been recognized as a 2022-23 Distinguished Grange.

The National Grange will recognize Deer Lagoon Grange along with 24 other community granges and three state granges at the Evening of Honors during the 157th Annual National Grange Convention in Niagara Falls, New York, in November.

"We are proud to honor these incredible granges who have achieved 'Distinguished Grange' status," said National Grange President Betsy Huber. "These granges perform thousands of hours of service and have made themselves valuable assets for

their communities. Across the country, our 1,500 granges work hard to improve their communities through action and advocacy. The granges who achieved this status exemplify our National Grange theme of being 'Raised Right Here.'"

Deer Lagoon Grange Secretary, Laura Rookstool said they were proud to qualify for the award.

"Deer Lagoon Grange is so proud to receive this honor. We are proud to work on behalf of our community. As a small-but-mighty group of volunteers, we work hard, without doing it for any kind of accolades from those around us. The programs we submitted for Distinguished Grange are just part of our annual programming, and we do it all gladly."

Deer Lagoon Grange submitted for national review a recap of activities from July 2022 through June 2023, including hosting CPR, canning and sourdough bread making classes, seed swap event, creating a Quilt of Valor for a veteran in our community, fundraisers which included donations to local charities such as Mother Mentors in Oak Harbor, and distributing dictionaries to local elementary schools.

"The grange has always been about community and family. We've always welcomed members and our neighbors to gather, bond, and build a better nation for ourselves and our children. The past few years have been challenging, but we are excited to be finding new ways to serve the changing needs of our community," said Chuck Prochaska, Deer Lagoon Grange master.

[Submitted by Margaret King, DLG #846 Family Living Chair]

**SVC Foundation Receives "WECU Education First Grant" to Purchase Equipment for the Manufacturing Technology Program**

The Whatcom Educational Credit Union (WECU) has awarded Skagit Valley

College's Manufacturing Technology program the WECU Education First Grant. The grant will be used to purchase a fourth axis CNC machine upgrade and a WAZER water-jet cutter to advance hands-on training opportunities for students in the program.

"Up-to-date equipment is the lifeblood of our professional-technical programs and the most challenging to fund," said Matt Weaver, SVC manufacturing technology instructor. "The WECU Education First Grant will have a significant impact on our training programs and the students we serve, helping them advance their careers and earn a living wage to support themselves, their families, and meet the demands of our community."

**About the Manufacturing Technology program:**

The Manufacturing Technology program at SVC provides students with skills for a variety of manufacturing jobs through hands-on training in a newly renovated, working production lab. The program provides multiple pathways, including an Engineering Technology transfer degree. SVC will begin offering a bachelor in applied science degree program in Advanced Manufacturing and Design next fall.

"We are immensely grateful to WECU and their Board of Directors for their thoughtful consideration and for the awarding of the grant," said Kathleen Petrzela, Director of Philanthropy at SVC Foundation. "We are honored to be one of the awardees and congratulate the other recipients."

For more information about the WECU Education First Grant, visit [wecu.com/educationfirst](http://wecu.com/educationfirst).

[Submitted by Sofia Poulton, Communications and Social Media Manager, SVC]



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**WHAT HAPPENED TO OUR WINTER BLACKMOUTH SEASON?**

High winds, sideways rain, 45-degree temperatures, and frosty docks and boat ramps are normal weather patterns from November through April here in the Puget Sound. However, there are always a few days during this six-month period when the winds are calm, it is not raining and the boat ramps are frost free. These are the days that the winter blackmouth fishermen dream of.

Winter blackmouth are Chinook salmon, of which the majority remain in the Puget Sound and grow to adulthood. They are/ were a wonderful opportunity for the recreational fishermen to fish for and share with their families during the holiday season. They are not as plentiful as their migratory relatives but they are fantastic table fare just the same. I have fished the waters around Whidbey Island since 1995 and winter blackmouth had been part of my family's salmon fishing routine until three years ago, when the co-managers (tribal fisheries (Stillaguamish) and Washington Department of Fish and Wildlife) took this wonderful salmon fishing opportunity away from the 963,000 licensed Washington state anglers to accommodate the unproven variables of returning chinook salmon numbers the Stillaguamish tribe members reported to the WDFW. Here is a quick look at the history of Puget Sound blackmouth, according to a 1997 WDFW pamphlet:

"In the early 1960s the Dept of Fisheries set out to duplicate, by hatchery methods, an incubation time and release method where fish would [remain] local residents. If this could be duplicated, sport fishermen could have a year around salmon fishery in the Puget Sound.

"Frank Haw was selected for this job. His extensive testing revealed that by releasing the fish from a hatchery facility one year after the normal time, (15 months of age), that a majority of these fish lost their instinct to migrate great distances, if the food chain was available to them. At this time these fish were being raised in Percival Cove, a freshwater impoundment in Capitol Lake in Olympia.

"In the early 1980s, the Puget Sound tribes exercised the 1976 'Judge Boldt decision,' wanting their percentage of these Blackmouth. The department of fisheries was concerned that this would cripple the program, as the project production was reduced by about 50%. At about this same time, the west side of Olympia's population increased and with it, large amounts of contaminated water run-off found its way into Percival Cove.

"So the Blackmouth program was moved to net pens in the Squaxin Island area of Puget Sound. However the fish never seemed to stay in the sound and grow to adulthood like they used to. It took a few years to see that for the blackmouth program to be successful, the one year holding of the young Chinook had to be in freshwater, not saltwater."

This was the early and successful beginning of winter blackmouth. Today the responsibility of keeping the winter fishery alive has fallen on the surrounding hatcheries and other rearing programs. The resident winter fish experiment, if you want to call it that, is part of the overall Chinook salmon recovery effort and it works well; if it didn't, why would they close the fishery? From what I've seen in the realm of Washington state sport fishing, if a season like winter blackmouth gets taken away for whatever reason, it is extremely slow to return, if it does at all. Just look at innersound rockfish, it's been 16 years since we have been able to retain a rockfish in Marine Areas 5 through 13. Political treaty pressures, anti-hatchery activists, and in-state organizations like the "Wild Fish Conservancy," which files lawsuits against the State of Washington to stop realistic chinook recovery, need to be held responsible for the accelerated chinook salmon decline. If the yearly winter blackmouth seasons are allowed to continuously be taken away and not challenged and quickly restored by non-tribal, WDFW recreational fishing representatives, it will be used by the hatchery haters as a gateway to forever closures. It's obvious the anti-hatchery groups want you and me to eat adult farm raised salmon; in my opinion, healthy hatchery Pacific chinook salmon is a smart and achievable alternative to Pacific chinook salmon being left to the history books. Chinook numbers have been on the rise over the last couple of years thanks to the southern resident Orcas and I am hopeful these increases will in turn increase the Stillaguamish River chinook returns and satisfy the tribal members' needs and allow the winter blackmouth season to once again be open to all those that wait for those crisp, clear winter days to fish for salmon.

If you would like more information on how and why the blackmouth and other chinook seasons are decided, visit the Washington Department of Fish and Wildlife (WDFW) website and focus your search on the North of Falcon (NOF) process. The NOF meetings begin early in the year; this is where our state's co-managers (tribal and non-tribal) come to the table and voice their concerns, discuss fisheries studies, and hopefully come to an agreement on what is best for the resource and not just one-sided judgments. I greatly miss winter blackmouth chinook fishing, and hope WDFW commissioners and recreational fishing representatives fight for and stand up for us. I always watch the emergency rule change section on the WDFW website in hopes the WDFW will give us the opportunity to fish during the winter months. If you are a year-round fisherman, give yourself some extra time for the cold, and continue to fish on!



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# HOLIDAY HAPPENINGS

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## HOLIDAY MARKET

ST. AUGUSTINE'S IN-THE-WOODS  
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155 NE Ernst St • Oak Harbor  
Friday, November 17, 2-6pm  
Saturday, November 18, 10am-3pm

CASH RAFFLE PRIZES • BAKE SALE

Join us for holiday season gift giving

6pm Friday Dinner  
11am Saturday Soup/Chili, Desserts

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November 11-12 11am-4pm  
November 18-19 11am-4pm  
November 24-26 11am-4pm  
December 2 11am-6pm  
(Home for the Holidays Parade and tree lighting)  
December 3 11am-4pm  
December 9-10 11am-4pm  
December 16-17 11am-4pm

### MAIN STREET Holiday MARKET



If you are an artist or crafter interested in finding out more information, please email director@oakharbormainstreet.com

## You are invited to our annual Nordic Bakeri and Butikk!

SATURDAY, NOVEMBER 11 • 10AM-2PM  
St. Peter's Lutheran Church • 6309 Wilson Place • Clinton  
Hosted by the Daughters of Norway Ester Moe Lodge #39

FREE ADMISSION  
FREE COFFEE  
FREE PARKING  
Questions? Contact Kris 360-221-5280

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## South Whidbey Tilth Holiday Market

Sundays 11am-2pm  
November 12, 19 & 26  
Snow, high winds or ice cancels the event.

2812 Thompson Rd  
Between Bayview & Freeland on Hwy 525

Bonfire, Hot Food, Baked Goods  
Gifts, Winter Produce & More!

New vendors welcome! Email market@southwhidbeytilth.org



## SAVE THE DATES NOVEMBER

November 14 Ladies Night  
November 15 Poinsettias arrive  
November 16 Cut Trees/Wreaths/Garland arrive  
November 18 Thanksgiving Party 11am-2pm  
Come get ideas for your holiday gatherings  
November 23 Closed for Thanksgiving Day  
November 25

Please join us for our **Customer Appreciation Night**  
7:30pm - 9:00 pm

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## Holiday OPEN HOUSE

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# What's Going On



All entries are listed chronologically, unless there are multiple entries for the same venue or are connected to a specific organization (such as Sno-Isle Libraries) in which case all entries for that venue or organization are listed collectively in chronological order under one heading.

## Coffee with a Cop

Thursday, November 9, 2:00-4:00PM  
Starbucks, 31270 SR 20, Unit A-1

The mission of Coffee with a Cop is to break down the barriers between police officers and the citizens they serve by removing agendas and allowing opportunities to ask questions, voice concerns, and get to know the officers in your neighborhood. Presented by the Oak Harbor Police Department and Starbucks. For more information, call 360-279-4600 or email info@oakharbor.org.

## "The War to End All Wars – The Movie"

Thursdays, November 9 & 16,  
6:30PM, 8:00PM & 9:30PM

Wednesday, November 15,  
6:30PM, 8:00PM & 9:30PM

Oak Harbor Cinemas, 1321 SW Barlow St.

Discover history through the powerful melodies of Sabaton, the renowned Swedish Heavy Metal Band known for their factually accurate songs about epic battles and heroes. This cinematic masterpiece, created in partnership with historical animation experts Yarnhub, brings history to life like never before! Purchase your tickets in person at The Pacific Northwest Naval Air Museum on Pioneer Way or online at <https://pnwnam.org/events/category/movie-tickets>. Tickets may also be purchased on the Advanced Booking tab at <https://oakharborcinemas.com> or at the Oak Harbor Cinemas' door just before show time.

## Veterans Day Celebration

Friday, November 10, 12:30-1:30PM  
Regency on Whidbey, Oak Harbor

Regency on Whidbey will be celebrating its Annual Veterans Day Celebration. Captain Eric Hanks, Commanding Officer for NAS Whidbey Island will be the guest speaker. He will bring along a few sailors to be present, too. Regency on Whidbey will present certificates of appreciation to its veteran residents and surviving spouses. For more information, contact Teri Mendiola, Community Relations Director at 360-279-0933 or email [tmendiola@regency-pacific.com](mailto:tmendiola@regency-pacific.com).

## Nordic Bakeri and Butikk

Saturday, November 11, 10:00AM-2:00PM  
St. Peter's Lutheran Church, Clinton

Handmade crafts, gift items, bakeri with lefse, breads, cookies, krumkake, and other Scandinavian delicacies. Free coffee. Cash or checks only. Sponsored by Daughters of Norway, Ester Moe Lodge #39. For more information, call 360-221-5280. The church is located at 6309 Wilson Pl.

## Holiday Market

Saturday, November 11, 9:00AM-2:00PM  
St. Augustine's-in-the-Woods, Freeland

Shop for one-of-a-kind crafts and gifts. Take your picture with Santa and treat yourself to a homemade lunch. Proceeds benefit local charities. The church is located at 5217 S Honeymoon Bay Rd.

## Community Veterans Day Ceremony

Saturday, November 11, 11:00AM-12:00PM  
Oak Harbor High School

Presented by the Navy League of the United States, Oak Harbor Area Council. The ceremony will feature the Oak Harbor High School band and choir. Color guard is from Oak Harbor High School, Navy

JROTC. Featured Speaker is Captain J.T. Pianetta, USN. Veterans Day is observed the 11th hour of the 11th day of the 11th month to memorialize the signing of the Armistice in 1918 ending World War I. The federal holiday honors all who have served in America's Armed Forces.

## Holiday Open House

Saturday, November 11, 11:00AM-5:00PM  
SeaGlass Cove, Langley

Enjoy door prizes, discounts and treats. Located at 221 2nd St. #8, in the purple building down the brick courtyard between 2nd St. and 3rd St. For more information, call 253-861-3880 or visit [seaglasslangley.com](http://seaglasslangley.com).

## Veterans Day Parade

Saturday, November 11, 2:00PM  
Pioneer Way, Oak Harbor

The parade will run from Midway Blvd to Ely St. Rain or shine. For more information, email [director@oakharbormainstreet.com](mailto:director@oakharbormainstreet.com) or [events@oakharborchamber.com](mailto:events@oakharborchamber.com).

## Holiday Market

Sundays, November 12, 19 & 26,  
11:00AM-2:00PM

South Whidbey Tilth, Langley

Enjoy a bon fire, hot food, baked goods, gifts, winter produce, and more. New vendors welcome, email [market@southwhidbeytilth.org](mailto:market@southwhidbeytilth.org). Snow, high winds, or ice cancels the event. The Tilth is located at 2812 Thompson Rd.

## Star Party

Friday, November 17, begins at dark  
Fort Nugent Park, Oak Harbor

Explore the night sky and view distant galaxies, planets and nebulas at this free public Star Party hosted by the Island County Astronomical Society (ICAS). No telescope is needed and people of all ages are welcome to attend. Be sure and dress warmly and note that the event will be canceled if the weather is cloudy. For more information, contact Bob Scott at [ICAS\\_President@outlook.com](mailto:ICAS_President@outlook.com) or visit <http://www.icas-wa.org>. The park is located at 2075 SW Fort Nugent Rd.

## Upcoming Sno-Isle Library Events

See schedule below

Cost: Free

### Friday Morning Book Group

Friday, November 17, 11:00AM-12:00PM  
Oak Harbor Library

Join us for a discussion of "The Flight of the Sparrow" by Amy Belding Brown. Copies of the book can be picked up at the Oak Harbor Sno-Isle Library. Limited quantity available, but the book is also available in various formats via the Sno-Isle Library online catalog.

### Nurturing Nature: Leave it to Beavers

Friday, November 17, 4:00-5:00PM  
Oak Harbor Library

Join Island County Natural Resources staff to learn why beavers construct dams and how they contribute to our island ecosystems by building refuges, raising the water table, and creating opportunities for salmon. Learn the qualities of a great beaver habitat, the life cycle of the beaver, the history of the symbiotic relationship with salmon, and then participate in a fun activity learning how to make a beaver dam. All ages welcome. Adult caretakers must be present for the duration of the program.

### Get Help with Medicare Open Enrollment

Saturday, November 18, 10:00AM-12:00PM  
Freeland Library

Join SHIBA for a Medicare Open Enrollment presentation. Last year, local SHIBA volunteers helped 837 Whidbey Island residents better understand their Medicare

options based on individual need, and find Rx coverage at the lowest cost. SHIBA is part of the WA State Office of the Insurance Commissioner's consumer protection services and offers free, unbiased and confidential help with Medicare. SHIBA is a community service and no products are sold.

## Religious Services

### Vigil For Peace

#### In Israel, Palestine, and Ukraine

Sunday, November 12, 1:00-2:00PM

Intersection of Highway 525 and Main St., Freeland

Gather in silent worship to pray for peace. What to bring: a desire for peace, an umbrella or raincoat, and a chair if that would be helpful. This is a time for inclusive prayer, so no political signage please. Organized by Whidbey Island Friends Meeting (Quakers). For more information about the vigil contact Dinah Bachrach, [bachrach@sonic.net](mailto:bachrach@sonic.net).

### Healing Whidbey Healing Rooms

Every Thursday, 6:30-8:00PM

5200 Honeymoon Bay Road, Freeland

The Healing Rooms are open to anyone desiring personal prayer for physical, emotional, or spiritual needs. There is a team of Christians from several local churches that are dedicated to praying for healing the sick in our community. All ministry is private, confidential, and free. No appointment necessary, first-come, first-served basis. For more information, leave message for Ann at 425-263-2704 or email [info@healingwhidbey.com](mailto:info@healingwhidbey.com). You may also visit [healingwhidbey.com](http://healingwhidbey.com) or visit the International Association of Healing Rooms at [healingrooms.com](http://healingrooms.com).

### Unitarian Universalist Sunday Service

Sundays, 10:00AM

Unitarian Universalist Congregation, Freeland

All are welcome. Values-based children's religious exploration classes and childcare will be provided. Visit [www.uucwi.org](http://www.uucwi.org) for more information. The Unitarian Universalist Congregation building is located at 20103 Highway 525, two miles north of Freeland.

### Unity of Whidbey

Sundays, 10:00AM

5671 Crawford Road, Langley

If you're one of the "spiritual but not religious" people who question their childhood faith or are looking for something more, Unity of Whidbey may feel like a homecoming. [Unityofwhidbey.org](http://unityofwhidbey.org) even offers a Zoom link for attending online.

### Whidbey Quakers

Sundays, 4:00-5:00PM

Unitarian Universalist Congregation, Freeland

Whidbey Island Friends Meeting (also known as Quakers) meet in silent worship and community, with occasional spoken messages, every Sunday at the Unitarian Universalist building. For more information, contact Tom Ewell at [tewell@whidbey.com](mailto:tewell@whidbey.com) or go to [www.whidbeyquakers.org](http://www.whidbeyquakers.org).

### First Church of Christ, Scientist

Worship, 10:00AM

Sunday School to age 20, 10:00AM

Wednesday Testimony Meeting, 2:30PM

Christian Science Reading Room

Tuesday, Wednesday, Thursday,

11:00AM-2:00PM

The church and Reading Room are located at 721 SW 20th Court at Scenic Heights Street, Oak Harbor. Call 360-675-0621 or visit [cs-oh-wa.com](http://cs-oh-wa.com) for more information. Services and Sunday School are also held at 10:30AM on South Whidbey at 15910 Highway 525, just north of Bayview and across from Useless Bay Road; testimony meetings are held the first Wednesday of each month at 7:00PM.

## Meetings & Organizations

### The Genealogical Society of South Whidbey Island

Monday, November 13, 1:00PM

Trinity Lutheran Church Parish, Freeland

Presentation: Start Writing Your Family History. This will help you figure out what to put in your book, whether to publish it with a self-publishing company or maybe only make a few copies for your family. Bring your questions and a tablet and pen and we'll do a little writing to get your brain working in the right direction. Refreshments following the presentation. The church is located at 18341 WA-525. Come a few minutes early, presentation starts promptly at 1:00PM. GSSWI meets on the 2nd Monday of every month from September through June. All are welcome to attend.

### Whidbey Island Genealogical Searchers (WIGS)

Tuesday, November 21, 1:00PM

Oak Harbor Lutheran Church

"Early Settlers of Whidbey Island" will be presented by Debbie Wallin. A short annual meeting and election of officers will be held prior to the presentation. All are invited to attend. Membership not required. The church is located at 1253 NW 2nd Ave. For more information, email [whidbeygensearchers@gmail.com](mailto:whidbeygensearchers@gmail.com).

### Al-Anon

Every Wednesday, 9:30-10:30AM

Online

If a friend or relative has a problem with alcohol, you can find solutions for yourself at Al-anon. For more information, visit <https://wa-al-anon.org>.

### Al-Anon Group

Every Tuesday, 5:30-6:30PM

Oak Harbor Lutheran Church, 1253 NW 2nd Ave.

Are you troubled by someone's drinking? Al-Anon group can help. Call Randy at 360-914-8084 for meeting information.

### Alcoholics Anonymous

Numerous locations

For a list of local meetings visit [www.district46aawa.org](http://www.district46aawa.org) or call 888-360-1564 for more information.

### Gam-Anon Meetings

Every Tuesday, 6:30PM

Mount Vernon Senior Center, 1401 Cleveland St.

For the spouses and loved ones of a compulsive gambler.

### Gamblers Anonymous

Every Tuesday, 6:30PM

The Senior Center, Mount Vernon

All are welcome. The Senior Center is located at 1401 Cleveland Ave. For further information, please call Washington State Gamblers Anonymous at 1-800-222-5542.

### NAR-ANON

Every Wednesday, 6:00-7:00PM

Langley United Methodist Church

NAR-ANON family groups are worldwide for those affected by someone else's addiction. The church is located at 301 Anthes Ave.

### Van Rides to the Seattle VA

Tuesdays and Thursdays

Call to sign up or for additional information. Spouses and caregivers can ride with the veteran. Eligibility for VA healthcare is a benefit to many veterans. Professional counseling services are confidential and available at no cost. Call 360-221-0746. If you have questions about the WVRC and services available, call 360-331-8081 or email at [WhidbeyVRC@gamil.com](mailto:WhidbeyVRC@gamil.com) or send a request and get information from the website: [www.WhidbeyVRC.org](http://www.WhidbeyVRC.org).

### Weekly Veteran Support Groups

#### Women Veterans and Spouses

Mondays, 5:00-6:00PM

#### Mixed group, Veterans

Tuesdays, 5:00-6:00PM

Whidbey Veterans Resource Center, Langley

Join anytime. If you have questions about the WVRC and services available, call 360-331-8081 or email at [WhidbeyVRC@gmail.com](mailto:WhidbeyVRC@gmail.com) or send a request and get information from the website: [www.WhidbeyVRC.org](http://www.WhidbeyVRC.org).







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# FIND A TASTE OF SCANDINAVIA AT THE BAKERI AND BUTIKK

By **Kathy Reed** Whidbey Weekly

Whether one is of Scandinavian descent or just appreciates experiencing the tastes and traditions of other cultures, the Daughters of Norway, Ester Moe Lodge #39 have a treat in store.

The group's annual Bakeri and Butikk festival will be held from 10 a.m. to 2 p.m. Saturday at St. Peter's Lutheran Church, 6309 S Wilson Place, in Clinton and organizers are excited to share a variety of craft and food items with all those who are interested.

"We sell lots of Scandinavian crafts for Christmas presents and delicious Scandinavian bakery items such as festive breads and Christmas cookies," said Elsa Swenson Teel, vice president and acting president of the Ester Moe Lodge. "There will also be a big supply of traditional lefse!

"You can also participate in a cake walk, where cakes will be raffled off - each on a beauti-

ful cake platter. You can enjoy listening to Scandinavian musicians and our 'Lefse Lady,' Kris Collins, will be doing lefse demonstrations. Beautiful Norwegian scenery will be displayed on the wall with a continuous slide show."

For those unfamiliar with Daughters of Norway, the organization is made up of women who are of Norwegian, Danish, Finnish, Icelandic, Swedish and Saami descent or who have a spouse or domestic partner of these descents.

Swenson Teel, who has been involved with the group for about six years, said she has loved learning more about her Scandinavian heritage, as she didn't learn much about it growing up.

"My father was born in Helsingborg, Sweden and came to the U.S. when he was 8 or 9," she shared. "But in those days, people were completely embarrassed to be an immigrant and tried to keep it to themselves. Because my father didn't want to tell us anything, I was adamant about learning more about my Scandinavian heritage. I was always reading up, learning about it."

For Swenson Teel, membership in the Ester Moe Lodge of the Daughters of Norway has proved to be a joyful way to not only learn about her own history, but to make community connections.

"The most fun being in the Daughters of Norway Lodge is enjoying our bond of friendship and sharing our heritage with our 'sister' members as well as sharing our resources with the community of Whidbey Island," she said. "I have the most amazing women on the board who come up with fantastic programs. I'm thrilled with what's happening with Daughters of Norway. We've added new members and there's a lot of excitement."

The group meets once a month to go over business and share a program and luncheon. Programs are varied and can include member travelogues, learning Scandinavian crafts, the history of Nordic explorers, the history of Nordic



Photo Courtesy of Daughters of Norway, Ester Moe Lodge #39  
**Lefse lovers, rejoice!** The Ester Moe Lodge of the Daughters of Norway will have lots of lefse for sale at its annual Bakeri and Butikk event Saturday, going on from 10 a.m. to 2 p.m. at St. Peter's Lutheran Church in Clinton.



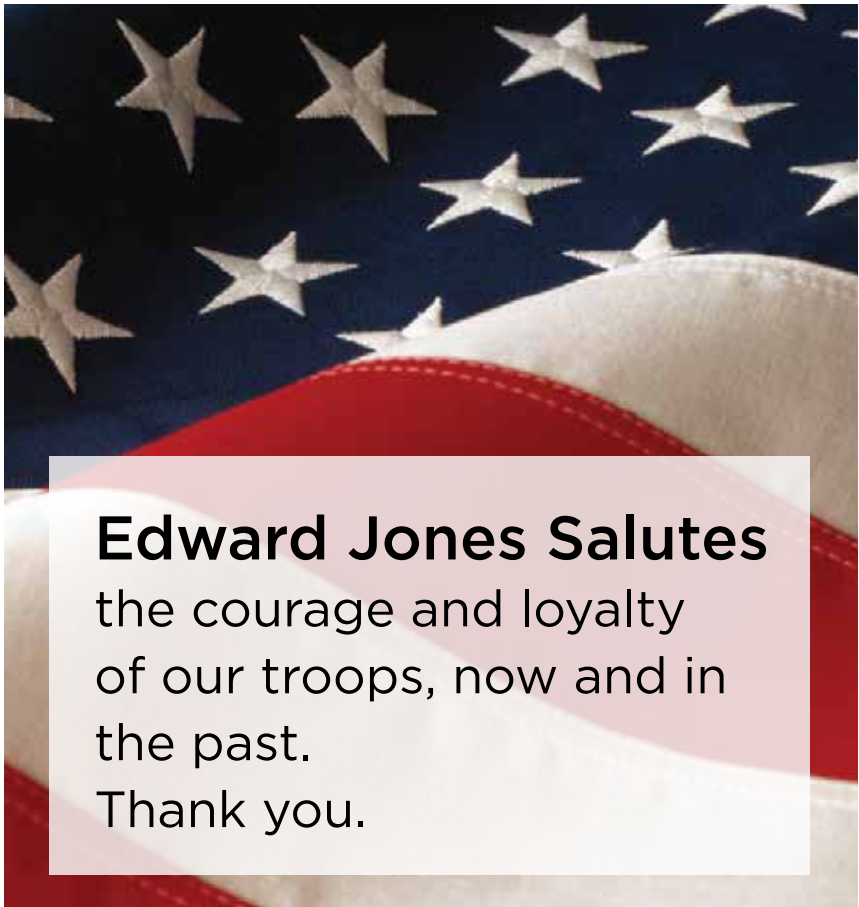
Photo Courtesy of Daughters of Norway, Ester Moe Lodge #39  
Members of the Daughters of Norway, Ester Moe Lodge hold a Santa Lucia celebration every year in December, at which saffron buns are passed out.

knitting, learning about Norwegian ancestors who served as missionaries in China, and Norse Mythology.

"At each meeting a member tells the story of an heirloom or a narrative about their family heritage. This is called 'Vise Og Forklare,'" said Swenson Teel. "We also have a cooking class the day before the meeting. We have been learning how to cook Scandinavian food and then we

bring a taste to the meeting the next day. Some of the delicacies we have learned to make this year include limpa bread, klubb (Norwegian potato dumpling), salmon cakes, nettle soup, kranskekake (a festive dessert), farikal (Norwegian lamb and cabbage stew), saft (a berry drink) and fattigmanns (a Christmas cookie)."

See SCANDINAVIAN continued on page 12



**Edward Jones Salutes**  
the courage and loyalty  
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## Flag tradition continues

By *Kathy Reed* Whidbey Weekly

The grounds of Maple Leaf Cemetery in Oak Harbor were transformed into a Veterans memorial of sorts Saturday morning, as volunteers from the Whidbey Island Chapter of the Military Officers Association of America and the Oak Harbor High School NJROTC program placed American flags at the graves of veterans. Despite periodic rainfall and breezy conditions, more than 550 flags were placed in a little less than an hour.

WIC/MOAA has been coordinating the placement of flags for 13 years, not only at Maple Leaf Cemetery but also at Sunnyside Cemetery in Coupeville, Bayview Cemetery in Langley and two small heritage cemeteries in Oak Harbor.

This year WIC/MOAA member JR Russell brought grandsons Joey and Leo along with him to share the experience. Russell said he seeks out the grave of his fellow sailor, U.S. Navy Cmdr. Howard "Bud" White, each year to place a flag in his honor. This year he regaled his grandsons with stories of White's dedication to the Navy's EA-6B Prowler program.

By the time volunteers finished their work, Maple Leaf Cemetery was awash in a sea of red, white and blue tributes, a vivid, patriotic memorial to those who served their country during their lifetime. The flags will remain in place at least through Veterans Day.



## SCANDINAVIAN continued from page 10

As the organization grows, Swenson Teel said sharing a bigger taste of Scandinavian culture is on the agenda.

"Starting in January, we'll be talking about adding more fundraisers, more community interaction," she said. "One of the things we're talking about is maybe opening up our cooking classes to the community, to teach how to make Scandinavian food."

For those who don't want to wait for a taste, Swenson Teel encourages folks to stop by the Bakeri and Butikk Saturday.

"Come and enjoy a spirited holiday festival, purchase Scandinavian Christmas presents, buy and eat delicious Scandinavian baked goods, listen to holiday music, see how lefse is made and enjoy lots of free coffee," she said.

The Daughters of Norway, Ester Moe Lodge meets the second Saturday of each month and will hold its annual Santa Lucia Celebration in December. Find out more by visiting the group on Facebook (search Facebook/Daughters of Norway-Whidbey Island or go to facebook.com/profile.php?id=100064620434441).



Photo Courtesy of Daughters of Norway, Ester Moe Lodge #39  
Lefse-making demonstrations will also be part of the Bakeri and Butikk event Saturday by the Daughters of Norway, Ester Moe Lodge. The fundraising sale will feature all kinds of Scandinavian baked treats and handmade craft items.

## HERE'S TO OUR HEROES

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# Recipe of the Week

## HOLIDAY ENTERTAINING MADE EASIER

Entertaining season peaks between November and January, when families, friends, coworkers, and even neighbors take every opportunity to gather and celebrate the joy of the holiday season. Individuals who regularly open their homes to company may find hosting easier if they have a ready-made list of foods and beverages to serve their guests.

Small bites and finger foods are ideal when hosting a crowd because they allow individuals to pick and choose among several different offerings. These "Easy Salmon Cakes" from "The Complete IBS Diet Plan" (Rockridge Press) by Amanda Foote, RD are perfect by themselves, or can be served on gluten-free (or regular) buns. Increase the recipe as necessary for entertaining.

### EASY SALMON CAKES (Serves 4)

- 1 pound canned salmon, flaked
- 1/2 cup gluten-free bread crumbs
- 1 egg, beaten
- 1 tablespoon Dijon mustard
- 1 tablespoon chopped fresh dill, plus extra for garnish
- 1/2 teaspoon sea salt
- 1/8 teaspoon freshly ground black pepper
- 1 lemon, quartered, for garnish

1. Preheat the oven to 375 F. Line a baking sheet with parchment paper and set aside.
2. In a large bowl, mix the salmon and bread crumbs.
3. In a small bowl, whisk together the egg, mustard, dill, salt, and pepper. Fold this into the salmon and bread crumbs.
4. Form the salmon mixture into 4 patties and place them on the prepared baking sheet.
5. Bake for 5 minutes, flip, and bake for 5 minutes more, until the patties are golden. Garnish with fresh dill and lemon.



Tip: To make this GERD-friendly, omit the black pepper and reduce the mustard to 2 teaspoons.

## WEEKLY HOROSCOPES

**ARIES – Mar 21/Apr 20**  
Aries, you may see the details of a situation a little differently this week. While you may have been sticking to one way of doing things for some time, a new way may mean a breakthrough.

**TAURUS – Apr 21/May 21**  
Taurus, your passion for a long-forgotten project is renewed. Dust off what you started, and see it through to completion. The results may surprise you.

**GEMINI – May 22/June 21**  
Are you ready to communicate, Gemini? It's time to have an important conversation with someone close to you. It may not always be comfortable, but it needs to be done.

**CANCER – June 22/July 22**  
Cancer, a message will come to you that will shed light on something that you have been missing for some time. In fact, it is so simple you won't know why you missed it before.

**LEO – July 23/Aug 23**  
Leo, you may need some financial fixes this week. Take control of your spending and identify ways you can curtail it further going forward. Ask for help, if necessary.

**VIRGO – Aug 24/Sept 22**  
Lately your good advice and common sense offerings have largely gone unheard or unheeded, Virgo. This week someone starts giving you the attention you deserve.

**LIBRA – Sept 23/Oct 23**  
Libra, if brain fog has set in the last few days, you may get a reprieve this week. Rather than floundering around, you'll have a direction to go and be focused on your goals.

**SCORPIO – Oct 24/Nov 22**  
You may have been too close to the action to realize an important piece of the puzzle, Scorpio. After having an opportunity to step back for a bit, the picture becomes much clearer.

**SAGITTARIUS – Nov 23/Dec 21**  
Sagittarius, career gears could be spinning right now. You have a lot of questions to ponder, including whether you should stay put at work or maybe look elsewhere.

**CAPRICORN – Dec 22/Jan 20**  
Actions speak louder than words, Capricorn. Others will take note of your efforts and embrace any chance to work alongside you.

**AQUARIUS – Jan 21/Feb 18**  
It is time to stop waffling on a particular situation, Aquarius. You have done the research and checked it over many times. Make a decision knowing you are prepared.

**PISCES – Feb 19/Mar 20**  
You may need a crash course in negotiation, Pisces. There is something you have your eye on, and you may have to haggle over the details so things go your way.

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FRIDAY – TUESDAY: 1:45PM, 4:15PM & 7:15PM  
AFTER DEATH (PG-13)  
FRIDAY – TUESDAY: 2:00PM, 4:30PM & 7:30PM  
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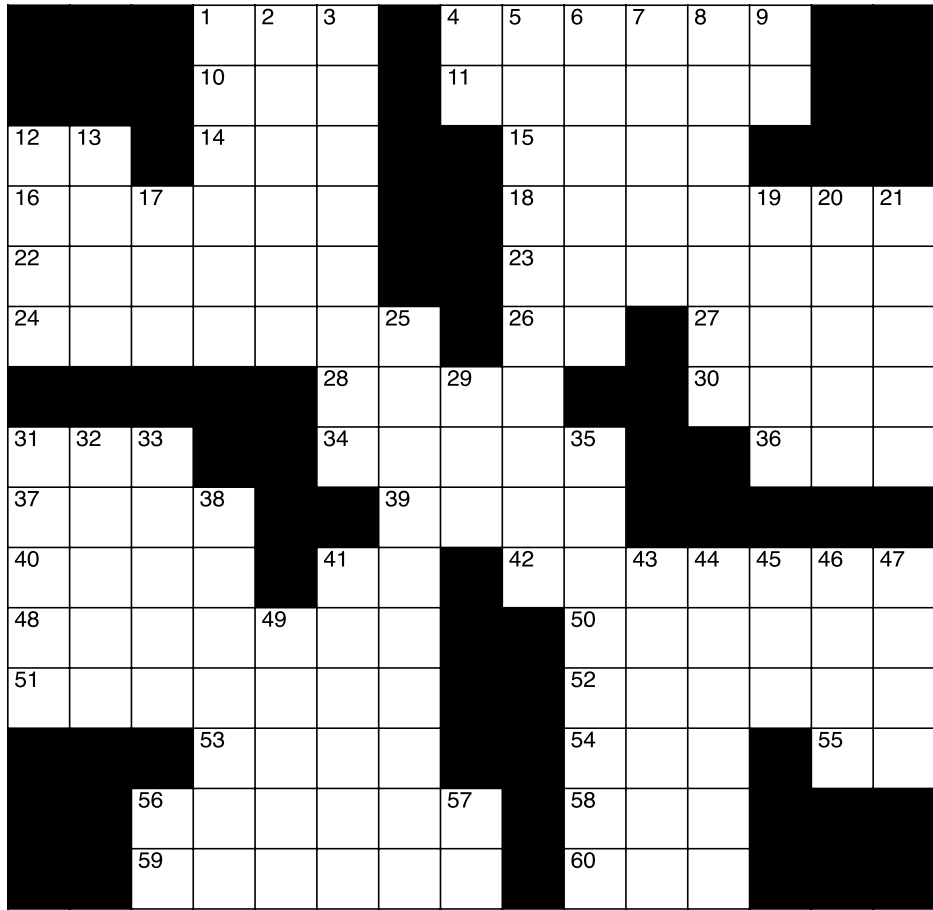


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# Crossword Puzzle



### CLUES ACROSS

- 1. Beats per minute
- 4. Hindu deity
- 10. Polynesian garland of flowers
- 11. Not chained to
- 12. Metric ton
- 14. Tall, rounded vase
- 15. Musical composition
- 16. St. Francis of \_\_\_
- 18. Discover the location of
- 22. Compact group of mountains
- 23. Mend
- 24. Not current
- 26. Atomic #64
- 27. Young hawk
- 28. Or \_\_\_
- 30. Pouches
- 31. Southern Thailand isthmus
- 34. Mends with yarn
- 36. Downwinds
- 37. One of two equal parts of a divisible whole
- 39. Italian archaeological site
- 40. Cold appetizer
- 41. Yes

### CLUES DOWN

- 2. Similar to the color of a clear unclouded sky
- 2. Former name of Iran
- 3. Made smaller
- 4. Type of meter
- 5. Revolt
- 6. Killed with rocks
- 7. Gregory \_\_\_, US dancer
- 8. Nullifies
- 9. Home to the Flyers

- 12. Female parent
- 13. Pre-1917 Russian emperor
- 17. Outsourcing (abbr.)
- 19. Regal
- 20. Line
- 21. Hermann \_\_\_, author of "Siddhartha"
- 25. Clearing up
- 29. No seats available
- 31. Leaves of an Arabian shrub
- 32. Groove in organ or tissue
- 33. Not of this world
- 35. Cooking device
- 38. Forget
- 41. Operational flight
- 43. Actress Danes
- 44. Poke holes in
- 45. A way to discolor
- 46. Shouts of welcome or farewell
- 47. Pharrell's group
- 49. Red fluorescent dye
- 56. Jr.'s dad
- 57. Electronics firm

Answers on page 15

### YOUR GUESS IS AS GOOD AS OURS WEATHER FORECAST

Thurs, Nov. 9	Fri, Nov. 10	Sat, Nov. 11	Sun, Nov. 12	Mon, Nov. 13	Tues, Nov. 14	Wed, Nov. 15
North Isle H-54°/L-40° Partly Sunny	North Isle H-52°/L-43° Mostly Sunny High Clouds	North Isle H-53°/L-45° Windy with Showers/Rain	North Isle H-53°/L-45° Windy and Rainy	North Isle H-54°/L-41° Rain	North Isle H-54°/L-44° Cloudy with AM Rain	North Isle H-56°/L-45° Mostly Cloudy
South Isle H-53°/L-40° Partly Sunny	South Isle H-51°/L-42° Mostly Sunny High Clouds	South Isle H-52°/L-46° Windy with PM Showers	South Isle H-51°/L-45° Rain	South Isle H-53°/L-43° Rain	South Isle H-53°/L-44° Cloudy and Rainy	South Isle H-52°/L-44° Mostly Cloudy



## OUR Community

### An Upbeat Question of the week

By Helen Mosbrooker

As a veteran, what was your most memorable and positive experience while in the service of our country?



#### Linda Hinchliffe, Coupeville

There are many different fields within each branch of the U.S. military, each with its own rewards and challenges. I know this may sound minor to many, but for me, graduating from "boot camp" was the most positive and memorable experience. After working hard for many weeks, we were finally allowed to wear our dress shoes! Many of the women had family there at graduation and it was emotional to see the pride on the faces of the mothers, fathers, grandparents, husbands, and even the small children of the women who were now members of the U.S. Navy. The second most memorable and positive was achieving my Marksman Ribbon and the look of surprise on my Chief's face, I will never forget that!

#### Andy Valrosa, Jr, Oak Harbor

Memories while I served..... One memory in particular which many of my brothers (and sisters now) in arms have also shared with me, is the relationships that are developed that are unique to serving in the military. With the exception of first responders, the camaraderie, trust, and friendships that are forged while serving will never be seen in corporate America jobs and will last lifetimes. These experiences, though some may have been forged in fire, are the basis for great memories. Of course, graduating boot camp left a mark of pride in me, an accomplishment, only to lead the way to knowing the success and meaning of the missions we fought and the greater good they produced that followed.



#### Robert Wood, Coupeville

Very difficult question to answer as there are many memories that always return. Wonderful, amazing food and culture throughout Europe and the Middle East...exhilarating and inspiring events flying on and off the carrier with the best pilots the world has to offer...combat sorties around the world with other allied forces and seasonal low-level flights through the Cascade mountains...the camaraderie of the squadron ready room and drinking beers with your mates...the ever-looming sadness of an upcoming deployment bookended with the indescribable joy of a homecoming...and, of course, relief that my number of launches equals my number of landings. Ten years removed from flying there are days I long for it and stare at the runway and blue skies, and there are nights I can't believe I did it for that long. Certainly an amazing experience. However, the question I rarely get asked though is "knowing how hard it was, would you do it again?" On which I reflect often, and realize the love and support I had from my wife and children and parents and brothers and sisters is what really got me through. And the answer I always (!) arrive at is...I would do it again, better...because everything in life worth doing is going to be hard...so do it better!

#### Bob Prescott, Anacortes

Having served in the U.S. Navy aboard the USS Philippine Sea CVA 47, I was impressed with the opportunity to serve my country. It was a chance to see other parts of the world as well, and meet people from different cultures.



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### Intermediate

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	7			3				
9			1					2
8	2			3				6
			9			5		8
	9						7	5
				8				
6			4	7				

Answers on page 15



# Community Bulletin Board

To place an ad, email [classifieds@whidbeyweekly.com](mailto:classifieds@whidbeyweekly.com)

**GARAGE/ESTATE SALES**

Winter Barn Sale: Wednesdays-Saturdays, 9am-6pm, beginning Nov. 1 and continuing through the holidays, 3475 Day Road, Greenbank. Tools, warm clothing, antiques and collectibles. 360-900-4713 (7)

**ANNOUNCEMENTS**

Lions clubs are volunteers serving our community through various projects. Come and visit us at one of our meetings – both meet the 2nd and 4th Wednesdays. North Whidbey Lions meet at noon at the VFW Post, 3037 Goldie Rd. in Oak Harbor. Oak Harbor Lions meet at 7 p.m. at the Elks Lodge, 155 NE Ernst St. in Oak Harbor. LIONS motto is "WE SERVE." This is an opportunity to help your neighbors and have fun doing it.

Think you may be pregnant? Stop by Whidbey Island Women's Clinic for free pregnancy testing. We are also here to support our community with diapers, formula, baby clothes, and more. All our services are free. Open Tue and Thu, 10am-4pm, and Wed, noon-7pm. Located at 670 SE Midway Blvd in Oak Harbor.

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The Whidbey Island community is encouraged to try out the paddling sport of dragon boating with the Stayin' Alive team. Our team's mission is to promote the physical, social, and emotional benefits of dragon boating. It has been shown to be especially beneficial to cancer survivors. Practice with us for up to 3 times for free. Life-jackets and paddles provided. Saturdays at the Oak Harbor Marina, 8:45am. Contact [njlish@gmail.com](mailto:njlish@gmail.com). More info at our Facebook Page: [www.facebook.com/NorthPugetSoundDragonBoatClub?ref=hl](http://www.facebook.com/NorthPugetSoundDragonBoatClub?ref=hl)

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Big Brothers Big Sisters of Island County (BBBSIC) is actively seeking new member(s) for its board of directors. Join the board's exciting array of professionals! BBBSIC is seeking individuals who are committed to defending the potential of youth in our community through their time, skill sets, and influence in the community. To complement the existing board, candidates with expertise in accounting, law, nonprofit management, networking, or

fundraising are of particular interest. Committed to diversifying its board to better represent our community, BBBSIC encourages BIPOC and LGBTQIA community members to inquire. Please contact [admin@bbbsislandcounty.org](mailto:admin@bbbsislandcounty.org) for more information.

The Island County Medical Reserve Corps (ICMRC) is a local network of volunteers organized to improve the health and safety of communities on Whidbey and Camano Islands. Volunteers primarily include medical and public health professionals but other volunteers who have no healthcare backgrounds are also utilized. MRC responds to local emergencies such as natural disasters and public health emergencies. If you are interested in volunteering please contact us at Island County MRC website for application and information.

If you are looking for a meaningful volunteer opportunity, look no further! When you volunteer at one of the Habitat for Humanity of Island County stores, you are helping local families attain decent, affordable housing. Income from the stores is vital to giving families a path to homeownership. We need people who can commit to help out in our Oak Harbor or Freeland store at least two-hours per week.

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College student? Student of history? History buff? Opportunities are available to spend constructive volunteer hours at the Pacific Northwest Naval Air Museum. Go to [www.pnwnam.org](http://www.pnwnam.org) and click on "Volunteer" or just stop by and introduce yourself.

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Transit is a drug and alcohol free workplace and an equal employment opportunity employer.

**HOUSEWARES**

Cookware: New Duo Nova Instant Pot multi-use pressure cooker, never used, serves 6 or more people. Features 8 one-touch setting and 7 functions: pressure cooker, steamer, saute pan, slow cooker, rice cooker, food warmer and yogurt maker. \$125. To inquire, please leave a voice message at 360-675-4352 (0)

**LOST/FOUND**

LOST: 24" White buoy dislodged, Harrington Lagoon. If found, please call 425-422-1111 (1)

**ANIMALS/SUPPLIES**

Wanted: Horse to ride. Gentle for beginner, road safe. Will go with hackamore. Share cost or lease. 360-279-1565 (1)  
If you or someone you know needs help in feeding pet(s), WAIF Pet Food Banks may be able to help. Pet Food Banks are located at WAIF thrift

stores in Oak Harbor (465 NE Midway Blvd) and Freeland (1660 Roberta Ave) and are generously stocked by donations from the community. If you need assistance, please stop by.

**WANTED**

Cars, Trucks, RVs, Motorcycles, Vans and Equipment Wanted. Premium for complete running or vintage vehicles. Cash paid for most others. Expert, fast removal. Free estimates. TJ's Recycling, 360-678-4363

Art, Antiques & Collectibles. Cash paid for quality items. Call or text 360-661-7298

Was your Dad or Gramps in Japan or Germany? I collect old 35 mm cameras and lenses. Oak Harbor, call 970-823-0002

Always buying antiques, collectibles, sporting goods, tools, garden equipment, furniture, vehicles, tractors and boats. Cash paid at loading out. 45 years experience. 360-678-5888 or text 360-969-1948.

**No Cheating!**

			B	P	M			V	I	S	H	N	U					
			L	E	I			U	N	T	I	E	D					
M	T		U	R	N			S	O	N	G							
A	S	S	I	S	I			U	N	E	A	R	T	H				
M	A	S	S	I	F			R	E	S	T	O	R	E				
A	R	C	H	A	I	C		G	D		E	Y	A	S				
								E	L	S	E		S	A	C	S		
K	R	A						D	A	R	N	S		L	E	E		
H	A	L	F					R	O	C	A							
A	P	I	O					S	I		Y	U	C	A	T	A	N	
T	H	E	R	E	O	F					C	L	E	A	V	E		
S	E	N	S	O	R	Y					E	A	R	N	E	R		
								A	S	T	I		P	I	A		S	D
								S	K	I	I	N	G		A	R	T	
								R	E	N	E	G	E		N	E	E	

**How'd you do?**

4	3	9	7	5	6	1	8	2
2	6	1	8	9	4	7	5	3
5	7	8	2	3	1	6	4	9
9	5	3	1	6	8	4	2	7
8	2	7	5	4	3	9	1	6
1	4	6	9	2	7	5	3	8
3	9	4	6	1	2	8	7	5
7	1	5	3	8	9	2	6	4
6	8	2	4	7	5	3	9	1

**CLASSIFIED INFORMATION**

**US Postal Mail** **Whidbey Weekly Classified Department**  
PO Box 1098  
Oak Harbor, WA 98277

E-Mail ..... [classifieds@whidbeyweekly.com](mailto:classifieds@whidbeyweekly.com)  
Telephone..... 360-682-2341  
Fax ..... 360-682-2344

**PLEASE CALL WHEN YOUR ITEMS HAVE SOLD.**

Please try to limit your classified to 30 words or less, (amounts and phone numbers are counted as words) we will help edit if necessary. We charge \$10/week for Vehicles, Boats, Motorcycles, RVs, Real Estate Rental/Sales, Business Classifieds and any items selling \$1,000 and above. We do charge \$25 to include a photo. The FREE classified space is not for business use. No classified is accepted without phone number. We reserve the right to not publish classifieds that are in bad taste or of questionable content. All free classifieds will be published twice consecutively. If you would like your ad to be published more often, you must resubmit it. **Deadline for all submissions is one week prior to issue date.**



# NEED BRAKES?

WE CAN SAVE YOU UP TO \$250  
ON BRAKE SERVICE  
VERSUS OUR  
COMPETITORS.  
WARRANTIED  
AT 30K  
LOCATIONS  
NATIONWIDE.



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**Mobil 1**  
Lube Express

### Star Service Oil Change

No Appointment  
Necessary!

**\$59<sup>95</sup>**  
Full Synthetic

**\$49<sup>95</sup>**  
Includes 4X4 & SUV

- ✓ FREE Anti-Freeze & Fill
- ✓ FREE Transmission & Fill
- ✓ FREE Power Steering & Fill
- ✓ FREE Brake Fluid & Fill
- ✓ FREE Differential & Fill
- ✓ FREE Transfer Case & Fill
- ✓ FREE Windshield Washer Fluid & Fill
- ✓ FREE Battery Fluid & Fill

- ✓ NEW Oil & Oil Filter
- ✓ LUBE Chassis
- ✓ INFLATE Tires
- ✓ VACUUM Interior
- ✓ WASH Front & Rear Windows

- ✓ Wiper Blade
- ✓ Air Filter
- ✓ Belts & Hoses
- ✓ Headlights & Signal Lights

**\$1\***

Per gallon  
of Unleaded  
Limited Time Only  
\* Ask for details

### Flat Rate Auto Repair only \$89<sup>95</sup> per hour

always

**FREE ESTIMATES!**

At Hilltop Service Center we only repair and replace parts that are needed. We will not oversell or install unnecessary parts. We are highly trained brake technicians, not high pressure sales people.

Most cars up to 5 qts. 5W20, 5W30, 10W30. Other grades extra. Some filters cost extra. Vehicles with Skid Plates may be extra. Plus \$1 Environmental Disposal Fee.

### Diagnostic Scope & Scan

**\$89<sup>95</sup>**

- Retrieving Codes
- Reset Check Engine Light
- Up to 1 Hour Diagnostic
- 12 month/12,000 mile warranty

### Safety Inspection

**\$89<sup>95</sup>**

- Labor Includes**
- Scope & Scan (Retrieving Codes, Reset Check Engine Light)
  - Brake Inspection
  - Tire Rotation
  - Inspect Belts & Hoses
  - Inspect Exhaust System
  - Check Charging System
  - Test Ignition Cables
  - Tire Rotation & Balance
  - Inspect Suspension
  - Check all Fluids
  - Test Anti-Freeze

### Radiator Flush & Fill

**\$89<sup>95</sup>**

starting at

Flushes Radiator, Engine Block, Heater Core & Hoses to -35° below.

Brake Flush \$89.95, Clutch Flush \$89.95, Power Steering Flush \$89.95, Front Diff Flush \$89.95, Rear Diff Flush \$89.95, Transmission Flush \$89.95, Transfer Case Flush \$89.95, Final Drive Flush \$89.95 Manual Transmission Flush 89.95

### Computerized TUNE-UP Special

**\$79<sup>95</sup>\***  
4 cyl

**\$89<sup>95</sup>\***  
6 cyl

**\$99<sup>95</sup>\***  
8 cyl

- Check Compression
- Clean/Replace Spark Plugs & Air Cleaner
- Inspect/Replace Distributor Cap & Rotor
- Check Charging System
- Inspect Ignition Cables
- Scope & Scan
- Adjust Timing & Idle Speed
- Safety & Brake Inspection

\*Plus Parts

### Brake Reline Special **FREE** Brake Inspections

2-Wheel Front Brake Reline or 2-Wheel Rear Brake Reline starting at **\$119<sup>95</sup>**

- DRUMS**
- H Raybestos Brake Shoes
  - Machine Drums
  - Rebuild Wheel Cylinders
  - Adjust Parking Brake
  - Bleed & Adjust System
  - Road Test Vehicle
  - 3 Year or 26,000 mile Warranty

- DISCS**
- Install Raybestos Disc Pads
  - Machine Front Rotors
  - Repack Wheel Bearings
  - Clean-Lube Sleeve & Bushings
  - New Seals
  - Bleed & Adjust System
  - Road Test Vehicle
  - 3 Year or 26,000 mile Warranty

**Raybestos**  
The Best in Brakes

**LIFETIME  
BRAKE PARTS  
AVAILABLE**  
Most Cars - HD Shoes  
Semi-Metallic Extra

**FALKEN**  
TIRES

GAINING TRACTION. EARNING TRUST. DELIVERING EXCELLENCE.



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