January 18 through January 24, 2024 Whidbey \ Weekly Locally Owned • Locally Operated Your Source For "What's Happening" On Whidbey Island NEWS • ISLAND 911 • CALENDAR • PUZZLES **COLUMNISTS • CLASSIFIEDS** WHIDBEY Keynote by Jessi Bloom MARCH 2, 2024 a gardening adventure BACK TO OUR ROOTS Join us at Oak Harbor High School Marketplace 🚱 40 Classes Special earlybird registration through January 21st www.WhidbeyGardening.org PRESENTED BY In Affiliation With ISLAND COUNTY **MASTER GARDENER Island County** OUNDATION WHIDBEY ISLAND NORDIC LODGE Nordic Hall Saturday, Jan 26th 63 JACOBS ROAD



# Whidbey Weekly



Meet the Editor p. 8

www.whidbeyweekly.com

# **LOCALLY OWNED & OPERATED**

**JANUARY 18 - JANUARY 24, 2024** 



Photo Courtesy of Whidbey Island Master Gardener Foundation

nual Whidbey Gardening Workshop is the Garden Marketplace, where plants, garden art and more will be among the items featured, along with educational displays and demonstrations

# Gardening workshop examines its roots

By Kathy Reed Whidbey Weekly

Get ready for a gardening adventure!

Registration is now open for the 35th annual Whidbey Gardening Workshop, to be held at Oak Harbor High School Saturday, March 2, beginning at 8:30 a.m. (whidbeygardening.org) This one-day gardening-palooza, put on by the Island County Master Gardener Foundation, will include 40 different in-person classes, a Garden Marketplace, plant clinic, demonstrations, keynote speaker and more. Registration includes the keynote address, a class in each of the four scheduled sessions and the Garden Marketplace. Cost is \$70 for those who register by Sunday, and \$85 thereafter. All proceeds benefit the Island County Master Gardener Foundation.

Event organizers said this year's theme, "A Gardening Adventure: Back to Our Roots," has a double meaning.

"First, after a few years of offering online classes only or online and in-person classes, for our 35th year we are returning to our traditional, one-day, in person workshop bringing gardeners of all levels together to learn and exchange ideas," shared event co-chair, Cathy Lofton-Day, in an email to Whidbey Weekly. "Second, our keynote speaker and many of our other instructors" classes are focused on combating the effects of climate change by bringing native plants into our gardens, nurturing the earth and promoting diversity. Basically, a return to our horticultural roots."

As noted, workshop organizers have responded to the growing interest people have in how to create a thriving garden in a changing climate.

"Many of our classes address their concerns by focusing on ways to update gardening practices, supporting pollinators, increasing diversity (through reducing lawn footprints) and conserving water, ' noted Lofton-Day. "Some of these classes include 'Eco-friendly Garden Care,' 'Less Water, More Blooms,' 'Meadowscaping,' 'Backyard Habitat Stewardship' and 'Developing and Designing Climate Resilient Gardens.'"

According to Lofton-Day, this year's keynote speaker, author Jessi Bloom, is perfect to introduce the workshop's theme.

"She is an ecological landscaper and bestselling author," she said. "The 'Seattle Times' called her a 'rockstar in the ecological gardening movement.' She literally wrote the modern book on permaculture (the concept of utilizing land, resources, people and the environment in a manner that doesn't produce any waste). Her talk will include the concepts of permaculture and re-wilding, providing an excellent kick-off for our theme and the rest of the day."

Hundreds of people of all different skill levels have made the Whidbey Gardening Workshop part of their annual routine. Lofton-Day said a combination of factors has helped make the workshop so popular.

"The time of year and the variety of classes are key. With the workshop happening right before spring, it inspires people to get out in their gardens and try new ideas, plant new plants and enjoy being outdoors," she said, adding they try very hard to offer classes that will appeal to everyone.

"Our workshop strives to provide a broad range of classes to attract experienced and novice gardeners and all in between. Gardening can be a life-long learning experience. There are always new plants and new ideas," she continued. "Over the years we have made connections with the top instructors in the area and every year we attend and review the programs of other gardening events, reach out to other organizers and comb the internet for new instructors annual Whitebey Gardening Workshop, to be held March 2.



Bestselling author Jessi Bloom will deliver the keynote address at the 35th

"The content development team starts shortly after the previous workshop has ended and works several months to identify and secure all of the instructors. It's not easy, but it is one of the most fulfilling tasks of the workshop."

Speaking of beginning gardeners, there are several classes to get them started on their own growing adventure, such as "Gardening for Beginners," "Gardening Wisdom," "Basics of Tomatoes," "Transplanting Seedlings" and many others. Demonstrations and a plant clinic can also be educational.

For the first time, the Whidbey Gardening Workshop will be offering "Make and Take" classes.

"People often learn better when they actively participate in creating something, rather than just being told what to do,' Lofton-Day said. "Our content development team has wanted to do this for a while and decided this is the year! We are hoping

these classes will be popular and provide an option for our participants to be more actively involved.'

Another popular feature of the gardening workshop is the Garden Marketplace, and this year's should be no exception, according to Lofton-Day.

"The Marketplace is rapidly filling up with all types of vendors," she said. "We will have vendors selling gardening supplies, garden art, and gifts, as well as nonprofit groups providing information important for gardeners (such as Island County Noxious Weed Control). We will also bring back the Master Gardener Bookstore, with book signings by our instructor authors and a Master Gardener plant clinic, which will answer your gardening questions. And again, we will have the popular free demonstrations on gardening techniques, our WGW24 raffle with all kinds of items from our local businesses, and the local 4-H group will be serving Whidbey Coffee and homemade snacks.

The Marketplace is open to the public from 9:30 a.m. to 5 p.m. For those not registered for classes, a \$5 admission donation is suggested. Lofton-Day noted lunch can also be purchased as part of one's registration.

"This year's lunch is provided by the Oak Harbor farm to table restaurant, Rustica," she said. "Participants can purchase a boxed lunch to enjoy in the lunchroom or the Marketplace or for an extra fee, they can have lunch with our keynote speaker, Jessi Bloom, where they can participate in an active discussion."

All of this, of course, is put together by the Island County Master Gardener Foundation. Organizers always hope to spur more interest among those attending to perhaps join their ranks.

"There will be a Master Gardener recruiting booth in the Marketplace," said Lofton-Day. "Interested folks can also go online to https://extension.wsu.edu/island/ gardening/mg/ to learn more and for the contact information of the program coordinator.

"This event has been a highlight for me since I finished my certification in 2020,' she continued. "As Island County Master Gardeners, we work throughout Island County (both Whidbey and Camano). There is an overwhelmingly positive response to our efforts. We help provide food to local food banks, conduct clinics throughout the year and have an education garden at Greenbank Farm that demonstrates a number of garden types that are possible on the islands."

For registration and more information, go to whidbeygardening.org.



More than 40 different in-person classes, along with demonstrations and a plant clinic, will be featured at this year's Whidbey Gardening Workshop, which will be held Saturday, March 2 at Oak Harbor High School.





## Thursday, Jan. 4 8:33 am, NE 11th Ave.

Two loose dogs in the area; one dog now contained; were harassing a neighbor. Other dog has run off; unknown location.

# 8:47 am, SW 17th Ave.

Reporting party advising is trying to sell a gun to a friend; they want proof that the gun is registered to reporting party and her husband.

## 10:43 am, SW 17th Ave.

Caller advising water to location has been turned off for last month; was just checking the meter and it appears subjects are still living there; truck in driveway with broken out

## 2:30 pm, NE Regatta Dr.

Advising one minute ago, caller saw female running down Regatta Drive in the roadway.

# 3:29 pm, SW Lansdale St.

Party requesting call to check out unknown person, identifying themselves as law enforcement, is calling to tell him he has warrants.

# 6:27 pm, SW Erie St.

Female in parking lot is trying to get into vehicles; yelling at herself. White female, approximately 30 years old, last seen wearing gray T-shirt, jeans.

# Friday, Jan. 5

# 5:08 am, NE Izett St.

Reporting party advising there was a Holiday Rambler that appeared to be following her around on the morning of Jan. 1; now the vehicle is parked on her street.

# 9:45 am, NE 8th Ave.

Party requesting call regarding going through a separation with wife with kids involved and wanting to know his rights.

# 9:53 am, SW 24th Ave.

Reporting party advising his house cat has died; wondering what to do with the cat; unsure if he can bury it.

# 2:36 pm, SW Erie St.

Caller advising was hit by a vehicle an hour ago; no medical need; vehicle that struck them is no longer there.

# 3:53 pm, N Oak Harbor St.

Caller advising of dark gray Hyundai that showed up since this morning; window down on it; no one seen around it.

# 4:33 pm, SE Catalina Dr.

Advising subject previously trespassed was on the property earlier today; no longer there.

# 6:53 pm, SW McCrohan St.

Caller advising yelling nephew threatened her with a knife.

# Saturday, Jan. 6 12:37 am, NW Crosby Ave.

Caller advising of "some type of excessive force;" when asked what unit, said, "all of it;" "It's not safe for people to live here now."

### 7:37 am, SE Barrington Dr.

Reporting party is requesting update on who was arrested last night; wants to know court

### 10:10 am, SR 20

Reporting party advising there is a male with pants down and fully exposed right in front of sign on sidewalk; reporting party drove by

### 7:26 pm, SE Barrington Dr.

Reporting party states her phone may be stuck in SOS mode; requesting an officer take a look and see if it's okay.

# Sunday, Jan. 7

8:44 am, NW Crosby Ave.

Party requesting phone call; wants to know if it's okay to write down license plate of other vehicles.

# 3:01 pm, SW Barlow St.

Reporting party advising they bought a truck a few days ago; reporting party gave him the money and subject left and has not returned.

# Monday, Jan. 8 11:56 am, NW 2nd Ave.

Caller advising people are parking in front of his house, where he has no parking signs; white pickup currently there.

# 12:27 pm, SR 20

Reporting party advising of RV parked behind location; sometimes it is running; no one seen, RV just heard running.

# 2:05 pm, SW Erie St.

Incident occurred yesterday; car was scratched in the Walmart parking lot.

# 2:23 pm, SR 20

Advising subject is peeing behind the building. Report provided by OHPD & Island County Sheriff's Dept.

# PHONE: 360-682-8283



Publisher	Samanthajoy Goodman
Editor	Kathy Reed
Graphic Design	Currently Evaluating
Production & Circulation	Jacob Goodman

**Contributing Writers** Kathy Reed Tracy Loescher Helen Mosbrooker **Amy Hannold** 

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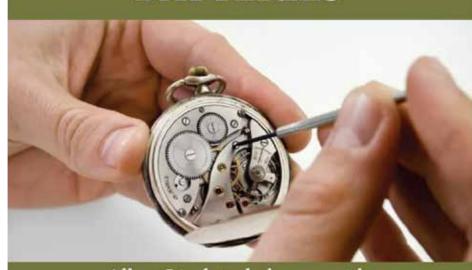
# **DONATIONS NEEDED**

We could use your help with these items: cereal mac & cheese individual packaged crackers

canned meat (chicken, etc.) tuna

1091 SE Hathaway St · Oak Harbor · 360-675-0681

# WATCH REPAIR & **BATTERIES**

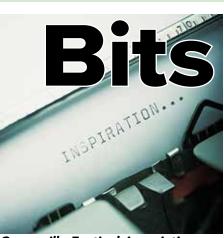


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## Coupeville Festival Association Awards Local Grants

The Coupeville Festival Association held its annual meeting and grant award presentation Jan. 9 at the Pacific NorthWest Art School. This was the largest awards ceremony in the festival's history, totaling almost \$43,000 in grant awards.

Presentations were made

to the following: Coupeville School District Cheer Squad Coupeville Chamber of Commerce – Greening of Coupeville Coupeville Chamber of Commerce – Memorial Day Parade Coupeville Schools Juvenile Detention Center School Coupeville Arts Center (dba The Pacific NorthWest Art School) Pacific Rim Institute for Environmental Stewardship Island County Historical Museum Friends of the Coupeville Library Coupeville Farm to School Penn Cove water Festival Association Saratoga Orchestra of Whidbey Island – A Very Merry Whidbey Christmas Coupeville Scout Troop 4058 Price Sculpture Forest



The Coupeville Festival Association presents a check to scout troop 4058 at its annual grant awards ceremony Jan. 9

The Coupeville Festival Association raises funds to financially fulfill project grants submitted by local organizations. Grant requests are evaluated on how well they meet CFA goals while enhancing the offerings of the requesting organization's programs not for regular operational expenses (staff, rent, etc); promote quality handcrafts and the arts; ensure the cultural enrichment of our 98239 residents; beautify and preserve the unique historical qualities of Coupeville. Together with set-asides for scholarships and special projects, CFA has produced approximately \$1,200,000 in its 60 years of operation.

For further information or to volunteer please contact Deborah O'Brien at cfaboardpresident@gmail.com or 360-320-

[Submitted by Deborah O'Brien, Coupeville Festival Association]

# Water for Agriculture featured at Tilth annual meeting

South Whidbey Tilth's annual membership meeting will take place from 3 to 6 p.m. Sunday. John Lovie will present a program about water for agriculture.

The program will be followed by a short business meeting with board elections and a potluck dinner. Doors open at 3 p.m. at the Bayview Cash Store at 5603 Bayview Road, Langley. Come upstairs via elevator or stairs to the Front Room. The program is free and hybrid, please register to receive a zoom link at www.southwhidbeytilth. org/events. The public is welcome. Only

members in good standing may vote at the meeting. Non-members are also welcome to stay for the meeting and participate in the potluck. There is no kitchen available, but there will be tables laid out for everyone's contribution. Attendees who would like to partake need to bring their own plate and utensils. Coffee, tea and water will be provided. Anyone with symptoms of cold, flu or COVID, we ask that you join us virtually. For any questions, email membership@ southwhidbeytilth.org or leave a message at 360-321-0757.



John Lovie will speak at South Whidbey Tilth's annual meeting Sunday

John Lovie is a leader in the world of water quality and marine resource conservation. He won the Sound Water Stewards' Jan Holmes Award in 2023. He is a vegan, runner, cyclist, hiker, kayaker, open water swimmer, environmentalist, photographer, musician, chemist and software developer. He lives on Whidbey Island and writes about any of the above. He has been an avid volunteer, dedicating countless hours as part of community science organizations and community-driven boards to improve the water quality, coastal resources, and health of Island County. Read more on the Sound Water Stewards' website, soundwaterstewards.org/bios/john-lovie.

South Whidbey Tilth is a volunteer-run, nonprofit organization devoted to learning and sharing practices for building healthy soil, growing food, planting gardens and raising farm animals as good stewards of the Earth.

[Submitted by Susan Prescott, South Whidbey Tilth]

# Central Whidbey Hearts & **Hammers Community Dinner**

Finally, after a two-year pause, Central Whidbey Hearts & Hammers is delighted to host its annual Community Dinner, Friday, from 5:30 - 7:30 p.m. at the Coupeville Rec Hall. Everyone in the community is invited – bring family and friends.

This dinner is an opportunity to meet your neighbors and share in our Central Whidbey community spirit. Everyone is welcome for a delicious meal with the cost of the dinner covered by donations. Central Whidbey Hearts & Hammers is a nonprofit, all-volunteer organization with a mission to keep homeowners healthy and safe in their homes, "neighbors helping neighbors." Volunteers help homeowners within the Coupeville School District who own their homes and are physically or financially chal lenged with maintenance or repair projects that affect their health or safety.

Although resolving health and safety issues is prioritized, many types of maintenance and repair projects are accepted. Please refer to the Homeowner page on the website for more information and to make a request

This year's Workday is Saturday, May 4, a free one-day work blitz tackling a variety of projects. If you know someone who would like to be a new volunteer, please have them go to the Volunteer page of the website and sign up.

Central Whidbey Hearts & Hammers looks forward to seeing neighbors in person again to enjoy a great dinner! Visit the website www.cwheartsandhammers.org,

call 360-720-2114, or email cwheartsandhammers@gmail.com for any questions you may have.

[Submitted by Central Whidbey Hearts & Hammers]

# 2024 Salish Sea Early Music **Festival Concerts Announced**

Please join us Sunday for our opening 2024 Salish Sea Early Music Festival program in Freeland on Whidbey Island at the Unitarian Universalist Congregation, to whom we are most grateful. All eight festival programs feature outstanding specialists performing early music on period instruments coming from Germany, Switzerland, Montreal and all around the United States and the Northwest.

Sunday at 7:30 p.m., lutenist and guitarist Michael Freimuth, from Kiel in Northern Germany, joins Jeffrey Cohan for a musical tour of three centuries and five distinct instruments: renaissance guitar, which is considerably smaller and more mellow-toned than its modern descendant; theorbo (an extremely long-necked lute), the one-piece cylindrical renaissance flute along with the bass renaissance flute, and the one-keyed baroque flute.

This program offers an unusual and expansive journey through the 16th, 17th and 18th centuries and music for guitar, lute and flute, including elaborate jazzed-up versions of well known songs of the time, published by the incredible wind instrument virtuosi of the late 16th century, along with canzonas, sonatas and suites from Spain, Italy, England and France. 16th century composers Diego Ortiz, William Byrd, Giovanni Bassano and Girolamo Dalla Casa; 17th-century composers Giovanni Paulo Cima, Girolamo Frescobaldi, Giovanni Battista Fontana, Bartolomé de Selma y Salaverde and Giovanni Battista Buonamenti; and 18th-century composers Arcangelo Corelli and André Chéron will be represented on the program.

Admission is by suggested donation (a free will offering) of \$20 to \$30. Those 18 and under are free. All are most welcome regardless of donation.

The next concert in this series will be held: Sunday, Feb. 18 at 7:30 p.m., Simphonie Nouvelle: France and Bach, featuring Stephen Stubbs on baroque guitar, Susie Napper (Montreal) on viola da gamba and Jeffrey Cohan, baroque flute.

[Submitted by Salish Sea Early Music Festival]

# **Inaugural Bluegrass Festival Comes** to Whidbey Island

The soulful sounds of Bluegrass will fill Whidbey Island Center for the Arts (WICA) Jan. 24 and 25 with the official launch of the inaugural Bluegrass Festival. The festival brings two Oregon-based trios to WICA, the Tony Furtado Acoustic Trio on Jan. 24 and the Stephanie Schneiderman Trio on Jan. 25. Set against the backdrop of a beautiful Pacific Northwest winter, the Bluegrass Festival will transport attendees to a bygone era while offering a new perspective on this quintessential American music.

"We love bringing new artists and programming to WICA," said Deana Duncan, executive artistic director. "Over the years, our Bluegrass Jams have been a wonderful gathering opportunity for our community. We've been able to showcase the talents of our local Bluegrass artists and have created a space that connects and fosters a shared love of music. Now, as we launch our first Bluegrass Festival, I can't wait to celebrate the talent that will be featured!"

The festival was inspired by the success of WICA's Bluegrass Jams, which began during the COVID-19 pandemic as a part of WICA's music education program—bringing local musicians together to meet and share music. Since then, the jams have grown to monthly events, consistently bringing people to WICA who are interested in learning more about Bluegrass.

The first day of the festival will kick off with the Tony Furtado Acoustic Trio performance at 7:30 p.m. Featuring Tony Furtado, John Reischman, and Luke Price, the trio's soulful music and multi-instrumental talent will entertain audiences, perfectly embodying the roots of Bluegrass music.

The second day of the festival will feature a performance by the Stephanie Schneiderman Trio at 7:30 p.m. The trio includes award-winning singer-songwriter Stephanie Schneiderman, as well as keyboardist and accordionist Jenny Conlee and bassist Keith Brush. Their performance will offer an exploration of folk, Americana, trip hop, and pop, all while celebrating Bluegrass and its

The Rusty Rails String Band, a Whidbey Island-based Bluegrass group, will play in the piano bar an hour before the performances and during the intermission on both festival days. With a repertoire that includes Bluegrass material as well as fiddle tunes, country music, and related songs, the group consists of Whidbey Island locals Michael McInerney (guitar, mandola, and vocals), Bev Heising (fiddle, mandolin, and vocals), David Auer (6 and 12 string guitars, five string banjo, and vocals), Bob Aldrich (bass and vocals), and Chip Hayward (sound system, and audio and video recording).

During the festival, attendees will have the opportunity to take part in Whiskey tasting, which will occur in Zech Hall an hour before the mainstage performance each day.

"It's going to be a great festival and we can't wait to share it with our patrons,' said Duncan. "What better way to spend a winter day than with the upbeat tempos, soulful acoustics, and beautiful vocals that make Bluegrass such a beloved music

Tickets are on sale now. To learn more about the Bluegrass Festival and to purchase festival tickets, visit wicaonline.org.

[Submitted by Whidbey Island Center for the Arts]

# South Whidbey at Home Offers Safety Presentation

Are you safe from serious accidents in your home? What can cause such accidents? How prevalent are harmful falls in the home? How can you improve your flexibility and strength to prevent serious injury?

A public program, Safety in Your Home, will be held Saturday from 1 to 3:15 p.m., presented by South Whidbey at Home. The program will take place at St. Hubert Catholic Church, 804 3rd St., Langley.

Prevention of falls in the home is the focus of the Safety in Your Home event. Incidence of serious falls reported by the AARP Bulletin (Nov. 2023) and by emergency rooms across the country has grown significantly over the past several years. The Centers for Disease Control (CDC) says about three million people over 65 end up in the hospital per year with injuries from falls. In 2022, the CDC reported 38,742 of these falls resulted

The frequency, causes and seriousness of falls, how falls can be prevented, and how to prevent serious injury or death from a fall is the focus of this program. Presentations will include topics like the incidence and seriousness of falls at home on Whidbey Island; causes of falls in the home; how to improve your strength and flexibility to prevent injury from a fall; and how South Whidbey at Home can help. Audience members will be able to ask questions. Refreshments will be available and there will be plenty of parking for those who wish to attend.

Contact South Whidbey at Home for questions at 360-331-1971 or by email at info@ swathome.org

South Whidbey at Home is a membership-based nonprofit dedicated to helping older (55+) South Whidbey residents remain in their homes and stay active in the community by providing access to a variety of professional services, volunteer assistance, and social activities.

[Submitted by South Whidbey at Home]





# What's Going On

# Whidbey Island Film Festival

Now through Sunday, Jan. 21, Times Vary Whidbey Island Center for the Arts, 565 Camano Ave., Langley

A one-week festival featuring a curated list of classic screwball comedies. For tickets and information, visit whidbeyislandfilmfestival.org.

### How Birds Fly

Friday or Saturday, Jan. 19 or 20, 9:30-11a.m. Deception Pass State Park, 41229 SR 20, Oak Harbor



Learn about how birds fly during Family in Nature, a free, 90-minute program at which families play games, do activities and learn about the natural world. There are 11 different, twice-amonth programs from January to May. How Birds Fly is open to those ages 2 to 5 and their caregiver(s). Tickets are free, but space is limited. A Discover Pass is required for vehicle access. Register at www.eventbrite.com/family-in-nature-2024-2828599.

# Nurturing Nature: What's Up with Water Bugs?

Friday, Jan. 19, 4-5 p.m. Oak Harbor Library, 1000 SE Regatta

Join Island County Natural Resources staff to learn about water quality and the types of animals living in our streams that need clean, unpolluted water. What will we find as we turn over rocks and sort through mud? How clean are our streams? Come find out, and afterwards stay for a fun activity creating your very own caddisfly home away from home.

# Disability and Death Workshop

Saturday, Jan. 20, 10 a.m. St. Augustine's in-the-Woods, 5217 South Honeymoon Bay Rd., Freeland

Jay Ryan, a retired estate planning attorney, will present a free workshop on planning for potential disability (or incapacity) and death. Several questions will be explored in this oneand-a-half-hour workshop, including disability – what powers of attorney and health care directives can or can't do. Death – what is the difference between a will and a trust? Do you have a will? If yes, is it up to date? Estate planning – what are some considerations? Should you worry about estate taxes? Do you want to avoid probate and what are the alternatives? Bring your questions about end-of-life planning.

# Ways of Whales Workshop

Saturday, Jan. 20, 10:30 a.m. – 5 p.m. Coupeville High School Performing Arts Center

Orca Network's annual Ways of Whales Workshop features a dynamic program of speakers from all aspects of whale research and advocacy. Orca Network's co-founder and board

president, Howard Garrett, will debut Toki's Legacy, a partnership between the many different groups who worked for decades to return the captive orca Tokitae/Sk'aliCh'elh-tenaut/Lolita to her home waters, before her tragic death last August.

The Ways of Whales workshop brings together researchers, advocates, educators and whale lovers for continuing education and networking. In addition to fascinating presentations by experts in their field. The day offers a popular silent auction, an opportunity to socialize with fellow whale enthusiasts, and the chance to visit the Learning Lobby and learn about the great work being done by Orca Network's Pod Partners.

Find more information and register at https://orcanetwork.regfox.com/waysof-whales-2024

Registration is \$40 general admission, \$30 seniors and students. A limited number of full and partial scholarships are available for those who need them. Teacher clock hours are also available through the Heritage Institute (https:// www.hol.edu/). Please email cindy@ orcanetwork.org for more information.

# Learn Needle Felting

Saturday, Jan. 20, 1-3 p.m. Island County Historical Museum, 908 NW Alexander St., Coupeville

Local fiber artist, Kathleen Dodge-De-Haven will demonstrate the art of needle-felting, showing how to create a sculpture or picture, then try it for yourself! She often combines multiple felting techniques with hand embroidery and machine stitching to make one-of-a-kind works of art. This demonstration is free, but donations are welcome. Children 8 and older are welcome, but must be supervised by an adult, as the needles are sharp.

# Safety in the Home Presentation

Saturday, Jan. 20, 1-3:15 p.m. St Hubert Church, 804 3rd St., Langley

South Whidbey at Home presents an afternoon of tips and presentations on how older adults can stay safely in their own homes. Presentations include information on falls in the home, strength, balance and fitness routines and much more. Refreshments will be available and there will be plenty of parking. Contact South Whidbey at Home for questions at 360-331-1971 or info@swathome.org.

# Salish Sea Early Music Festival

Sunday, Jan. 21, 7:30 p.m. Unitarian Universalist Congregation of Whidbey Island, Freeland

The Salish Sea Early Music Festival kicks off this year's series of eight concerts with renaissance and baroque (1580-1730), with musicians Michael Freimuth, theorbo (Keil, Germany) and Jeffrey Cohan, renaissance and baroque flutes. The festival offers an unusual and expansive journey through the music of the 16th, 17th and 18th centuries. Suggested donation: \$20-\$30; those 18 and under are free. All are welcome, regardless of donation.

# Dine Out for Kids

Monday, Jan. 22, 9 a.m.-8 p.m. Callen's Restaurant, 12981 SR 20, Coupeville

Dine out with family and friends and Callen's Restaurant will donate a portion of the day's sales to the Coupeville Schools Foundation. For menu offerings, visit callensrestaurant.com. The Coupeville Schools Foundation provides an extra measure of support to students through teacher grants, college scholarships and the Promise Fund. Learn more at www.4coupevilleschools.org.

# Welcome to Medicare Coffee Hour!

Tuesday, Jan. 23, 1 p.m. The Center 51 SE Jerome Street, Oak Harbor

If you are among the 12,000 people who are turning 65 every day this year and who is new to Medicare or will soon be eligible for Medicare, join a team of Statewide Health Insurance Advisors (SHIBA) for a free, comprehensive workshop that explains Medicare enrollment, costs, benefits, and all related insurance options. We will share information about prescription coverage and income eligibility for financial assistance. Still working? You may be able to postpone Medicare enrollment without incurring a penalty. Let's talk. We look forward to meeting you, answering your questions, and sharing a cup of coffee!

SHIBA) is a program of the Washington Office of the Insurance Commissioner offering free, unbiased, comprehensive Medicare information. Questions? 360-321-1600

# **Drop-in Board Games**

Tuesday, Jan. 23, 3-6 p.m. Coupeville Library, 788 NW Alexander St.

Join Zo at Coupeville Library for an afternoon of games. Try out the board games provided or bring a game to share. If you need any help learning a new game or deciding what to play Zo's got you covered. All skill levels are welcome. Ages 10 and older. Snacks and warm beverages will be provided but feel free to bring your own food with you if you like. Please eat carefully to prevent damage to the board

# **Bluegrass Festival**

Wednesday and Thursday, Jan. 24-25, 7:30 p.m. Whidbey Island Center for the Arts, 565 Camano Ave., Langley



Join WICA for its first ever Bluegrass Festival! For tickets and information, go to wicaonline.org.

# Community Crab Feed

Saturday, Jan 27, 5:30-8:30 p.m. Elks Lodge, 155 NE Ernst St., Oak

Enjoy a crab-tastic time at the Oak Harbor Lions Club Community Crab Feed FUNdraiser. Doors open at 5:30 p.m., meal starts at 6:30 p.m. Choose from crab or ham. Tickets are \$50 per person. NO tickets will be available at the door, so purchase them at https:// ohlions.org by Jan. 20.

# Make Your Own Candle

Monday, Jan. 29, 3-4:30 p.m. Oak Harbor Library, 1000 SE Regatta Dr.

Teens ages 12 to 19 are invited to come make a scented candle at the Oak Harbor Library. Megan from Varner Candle Co. will help participants learn how to add scents and fun decorations to their own custom candle. All supplies will be provided and attendees will take home their candle creation.

# Meet the Robots with Imagine Children's Museum

Wednesday, Jan. 31, 3-4 p.m. Coupeville Library, 788 NW Alexander St.

Direct a fleet of mini robots around obstacles and control them using sensors and simple programming. Led by skilled educators from Imagine Children's Museum, this Museum-onthe-Go class offers engaging hands-on activities to encourage creative thinking and problem solving. For kids ages 6 and up and their caregivers. Space is limited and registration is required. Please register kids only at: https:// sno-isle.bibliocommons.com/ events/65711a58067df23e002a70d1?fbclid=IwAR3fjp8UVDALiGbPX-CgLFNsfOXX9cewp48zcqIFPdztX5n19-GEqYnm0DYM.

# Traveling the Dementia Journey

Thursday, Feb. 1, 2-3:30 p.m. Regency on Whidbey, Assisted Living Building, Third Floor Day Room

Do you have questions about dementia? How does it progress? What changes you can expect? What to do when your loved one won't listen? How to communicate with your loved one? Would you like to gain some insight into what they might be experiencing? Join us for a friendly, relaxing time to share and support each other as we travel on this dementia journey together. Questions? Call 360-279-

# "The 25th Annual Putnum County Spelling Bee"

Fridays, Feb. 2, 9, 16, 23 @ 7:30 p.m. Saturdays, Feb. 3, 10, 17, 24 @ 7:30 p.m. Sundays, Feb. 4, 18, 25 @ 2:30 p.m. \*Note: Feb. 11 show will take place Saturday, Feb. 10 @ 2:30 p.m. Whidbey Playhouse, 730 SE Midway

Blvd., Oak Harbor

This is not your parent's spelling bee! Local spelling bee contestants duke it out for a place at the National Spelling Bee. See how reading the dictionary, magic feet, helicopter dads, and speaking a whole lot of languages figures into the competition, overseen by a former champion. Juice boxes please! Rated PG13. Tickets are \$25 and are on sale now; purchase at the box office or online at: https:// app.arts-people.com/index.php?show=179500.

# Adventures in Life Cycles

Friday or Saturday, Feb. 2 or 3, 9:30-11 a.m. Deception Pass State Park, 41229 SR 20, Oak Harbor

Learn about how tadpoles become frogs! Suitable for ages 2-5 with caregiver. This is a free, Family in Nature activity; space is limited. A Discover Pass is required for vehicle access to the park. Register at: www.eventbrite. com/cc/family-in-nature-2024-2828599.





### OAK HARBOR GETS COHO **SALMON FOR 2024**

This week marks the third year the city of Oak Harbor will have the pleasure of rearing 30,000 baby coho salmon in the Oak Harbor Marina. The 30,000 salmon are part of Washington State's efforts to increase the number of adult salmon that return to the Puget Sound. More importantly, because of the Oak Harbor rearing pens, these returning adult pacific salmon will concentrate in the vicinity of Oak Harbor and Marine Areas 8-1 and 8-2, providing food for our Southern Resident female orca mothers, who marine scientists say have been showing signs of starvation due to a lack of salmon protein. Plus, it gives new anglers and seasoned anglers alike the opportunity to catch coho from our local beaches without the need of a boat.

With the support of Oak Harbor Public Schools, local businesses, the city of Oak Harbor, the Puget Sound Anglers, and Whidbey Island residents, the Salmon Enhancement and Recovery Program became active once again in October 2021. The first batch (30,000) of juvenile coho was released from the Oak Harbor rearing pens in May of 2022. The hope is for a 10 percent return of adult coho. The coho fry were hatched at the Marblemount hatchery facility on the Cascade River. The fry are delivered with a feeding schedule and enough special food pellets for the four-month stay in the rearing pens. The fish are fed three times a week by elementary through high school students, Puget Sound Angler (PSA) club members, local island residents, and the marina staff.

Coho are considered a "three-year fish," meaning after three years in the northern Pacific, they will return to the Puget Sound to spawn. We should see our first adult fish back in October of next year (2025). There is a chance we could see a few fish return this fall, but these fish would be immature fish known as "jacks." Marine Area 8-1 is normally closed to salmon fishing in the late fall, but with the enhancement program and fish returning to our specific location, the Washington Department of Fish and Wildlife (WDFW) can open a small, designated area of 8-1 known as a bubble or terminal fishery. This would allow coho retention in this small area. I have been in contact with the WDFW recreational representative for our region on this matter and she will be bringing the subject up at meetings this spring in Olympia.

When the coho fry first arrive from the hatchery and are transferred into the pens, the fish are skittish and not very active at the surface; they are acclimating to the saltwater and their new surroundings. After 30 to 40 days in the pens, the fish become very active at the surface during feeding times. They jump and aggressively attack the small floating food pellets on the



Here are a few questions we have been asked over the last couple of years:

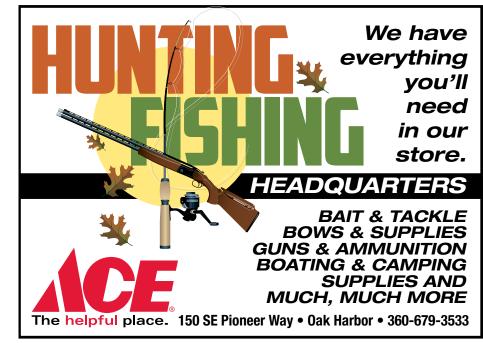
- Do the seals bother the nets? No.Due to the rearing pen location in the marina and the daily presence of boat owners, marina guests, and other daily visitors, we have not had any issues with the local harbor seals
- Do any of the fish die in the pens? Yes, but not very many. Over the past two years we have only lost an average of 20 fish each year out of the 30,000 delivered.
- Can they jump out of the pens? Possibly. The top of the wooden pen frame sits about two feet above the water. This would be quite a big jump for a 3-and-a-half inch fish, but it could happen.
- Does Oak Harbor get fish each year? Yes. We continue to work closely with the state fisheries department and plan to continue the enhancement program for many years
- Does the enhancement program raise any chinook salmon? Unfortunately, no. We have asked the Washington Department of Fish and Wildlife if we could, but when Puget Sound chinook salmon were placed on the endangered species list in 1999, heavy restrictions were implemented, including hatchery production and rearing programs. Many residents ask if it would not be beneficial to add chinook to our program to help increase numbers of fish. It makes logical sense, but for now
- Are there other rearing programs like ours? Yes. The city of Everett has rearing pens very similar to ours. I have not personally seen them, but I think it would be wise to contact their organizers and spend some time sharing any helpful information.



Young anglers observe as the nets are lowered and the coho are set free.

I am extremely happy Oak Harbor has a program that is adding to the wellbeing of Pacific salmon. It is wonderful to see young children come to the pens to feed the fish and get excited when the fish begin to jump and splash. If you would like more information, or would like to be involved with the Enhancement and Recovery Program, feel free to contact me at tlfishmonger@ gmail.com or contact the Oak Harbor marina at 360-279-4575.

Use the winter months to clean and inspect your fishing gear for the spring. Be ready!





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Whidbey Weekly

www.whidbeyweekly.com



THE BOYS IN THE BOAT (PG-13) FRIDAY - TUESDAY: 1:30PM, 4:00PM & 7:00PM **MEAN GIRLS (PG-13)** FRIDAY - TUESDAY: 1:45PM, 4:15PM & 7:15PM

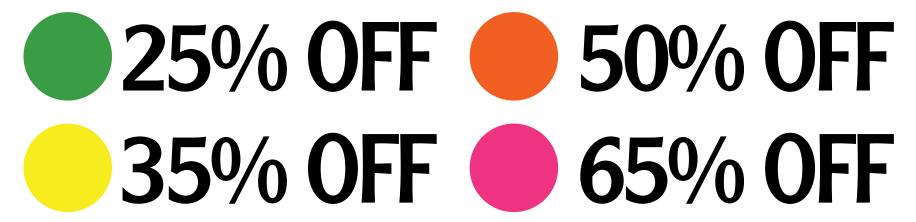
FRIDAY - TUESDAY: 2:00PM, 4:30PM & 7:30PM **CLOSED WEDNESDAY & THURSDAY** COMING SOON: 2/23 "ORDINARY ANGELS"





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Me and my best friend, partner and love, Doug!

# **Meet the Editor**

Greetings, Whidbey Weekly readers!

Our new publisher, Samathajoy, has asked me to provide you with a "formal" introduction – an ask most journalists will avoid, as we try never to "be" the story. So off we go:

I spent the first six years of my life as an Air Force brat; my dad retired when I was 6. So, I grew up in rural Minnesota, the fourth of Jack and Bonnie Higley's five children. I attended St. Cloud State University in St. Cloud, Minn., earning a bachelor's degree in mass communications with an emphasis in television production. My first job was for our hometown newspaper which had started a small television enterprise. I moved on to become a news producer at television stations in Wisconsin and Florida.

took an extended break from television news when my daughter was born. Lots of moves around the country followed as we traveled in conjunction with my first husband's jobs. During that time, I needed a creative outlet, and cake decorating presented itself. I took classes, became an instructor and eventually got paying gigs doing all different kinds of decorated cakes for people. The wedding cakes were always my favorites!



Some of my most recent favorite cakes.

When I found myself unexpectedly single with a teenage daughter, my previous news experience paid off and I was hired as the newsroom assistant at The Chronicle newspaper in Centralia, Wash. At the time, it published six days a week. (That sadly, has been reduced to twice a week.) When the editors at *The Chronicle* discovered I could report and write, I started contributing small stories and was eventually promoted to Features Editor, where I, along with a couple of wonderful freelance writers, churned out stories for the daily features section of the paper, such as arts and entertainment, food, business, health and beauty, home and garden, etc. It was a wonderful learning and growth experience and helped me find my writing "voice."

Fast forward a few years and I remarried and moved to Whidbey Island, a place I had fallen in love with on a previous visit. Here, again, my news writing experience paid off and I was hired as the editor of a weekly, military-focused paper run by another publishing group on the island. As





Kathy Reed

that paper morphed into a monthly publication, I also wrote for the newsgroup's other papers.

I eventually left that paper to pursue other opportunities, which led me to begin writing on a freelance basis for Whidbey Weekly, which I have continued to do for nearly eight years now. Then I began working a few hours a week in the office, which led then-publisher, Eric Marshall, to promote me to editor. The rest, as they say, is history.

Writing for Whidbey Weekly has offered a creative outlet I desperately need. I have continued to decorate cakes as well, and my husband even built me a commercial kitchen in our garage so I could fulfill a longtime dream of having my own cake business, while also working for the paper. Although short lived, due in part to the pandemic, Forget Me Knot Cake Co. was a dream come true. It was, perhaps, a dream fulfilled too late, as I discovered aging did not help my decorating abilities and I now stick to doing cakes for family.



Our fur babies, Katie and Sophie.

editor, always an editor!)

And so, I find myself at my computer keyboard, weaving words and phrases into what I hope is a tapestry of stories representing the fabric of Whidbey Island. I have so enjoyed getting to know the people and places of Whidbey by sharing your stories! It is an honor. I hope our readers enjoy what Eric, and now Samanthajoy, offer Whidbey Island through what has become a rare and unique thing – a true community newspaper!

That's what I love about Whidbey Weekly – it's all about community. Sharing what's going on, what's important to people and introducing everyone to Whidbey's unique, colorful and talented residents. It's a unique take on a newspaper, all this positivity, but I feel like that's what our wonderful readers and supporters like about what we do and what Whidbey Weekly has become. I like to think I have managed to make a small contribution as I read through pages of copy, trying to make sure all the i's are dotted and the t's are crossed, it's all spelled correctly and we're meeting basic AP Style standards. (Once an

Thank you for reading and thank you for your continued support. We can't do any of it without you!

# -Kathy Reed





Comfort foods often are on the minds of home cooks when the mercury drops. Rich and savory dishes that warm from the inside can chase away the chills of winter weather and bring the entire family together around the table.

Spaghetti is often paired with meatballs and covered in marinara sauce as an ideal comfort dish. But there's much more to this pasta, and it can be enjoyed in many different ways. In this recipe for "Chicken Spaghetti" courtesy of Ree Drummond, who is known as the "The Pioneer Woman," on Food Network, spaghetti is paired with several ingredients and baked into a tasty casserole that can easily accommodate a crowd.

# Chicken Spaghetti

2 cups cooked chicken

3 cups spaghetti, uncooked and broken into two-inch pieces

2 cans cream of mushroom soup

2 cups grated sharp cheddar cheese

1/4 cup finely diced green pepper

1/4 finely diced onion

1 4-ounce jar diced pimentos, drained

2 cups reserved chicken broth from pot

1 teaspoon Lawry's Seasoned Salt

1/8 to 1/4 teaspoon cayenne pepper

Salt and pepper, to taste

1 cup additional grated sharp cheddar



1. Cook one cut up fryer chicken and pick out the meat to make two cups.

2. Cook spaghetti in same chicken broth until al dente. Do not overcook. When spaghetti is cooked, combine with remaining ingredients except additional 1 cup sharp cheddar.

3. Place mixture in casserole pan and top with remaining sharp cheddar. Cover and freeze up to six months, cover and refrigerate up to two days, or bake immediately: 350 F for 45 minutes until bubbly. (If the cheese on top starts to get too cooked, cover with foil.)

# WEEKLY HOROSCOPES

# ARIES - Mar 21/Apr 20

Aries, you may have an artistic talent that you haven't explored yet. Events this week may spur you on to try something new because inspiration is high for you right now.

# TAURUS – Apr 21/May 21

Taurus, your household may not agree on which remodeling changes to make. Unless you come up with a compromise, nothing will get done at all.

# GEMINI - May 22/Jun 21

A miscommunication with a loved one could have you trying to make amends soon enough, Gemini. Don't worry, you will easily resolve your differences in time

# CANCER - Jun 22/Jul 22

Cancer, you might be asked for assistance by a close friend having financial troubles. Be careful about lending out money at this juncture because you don't want to cause issues for yourself.

# LEO – Jul 23/Aug 23

This week you may have a hard time integrating yourself into a group, Leo. Make a concerted effort to be supportive of others. This can be an effective way to get back into the group's good graces.

# VIRGO - Aug 24/Sept 22

Speaking with friends this week could help to address a number of things you're wrestling with, Virgo. Don't hesitate to lean on this support network.

# LIBRA - Sept 23/Oct 23

Libra, when you discover a mutual interest with someone you consider a friend, your bond may grow even deeper. Have fun spending time together.

# SCORPIO - Oct 24/Nov 22

Scorpio, something important to you doesn't seem to be moving along at the pace you had hoped it would. You might have to be a little more patient in this situation.

# SAGITTARIUS - Nov 23/Dec 21

General malaise may have you wondering if you are sick. It's likely nothing more than stress and fatigue. Keep an eye on symptoms moving forward

# CAPRICORN - Dec 22/Jan 20

Capricorn, a romantic encounter you have been counting on may not pan out this week, or it may be less exciting than you imagined. Wait a few days before reevaluating things.

# AQUARIUS - Jan 21/Feb 18

Don't put all of your trust in new information this week, Aquarius. It is likely unreliable, so take everything that is said with a grain of

# PISCES - Feb 19/Mar 20

Your imagination is riding high this week, Pisces. Don't hinder it in any way so you can explore all of the creativity that is flowing out of you right now.

# IT'S BASKETBALL SEASON!



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**WED 1/17 – WOMENS HOOPS EVERETT CC AT SVC – TIPOFF 5:00 PM** 

**WED 1/17 – MENS HOOPS EVERETT CC AT SVC – TIPOFF 7:00 PM** 

THR 1/18 – VARSITY GIRLS HOOPS LAKEWOOD AT OHHS – TIPOFF 7:15 PM

**SAT 1/20 – WOMENS COLLEGE HOOPS** SVC AT EDMONDS-TIPOFF 2:00 PM

**SAT 1/20 – MENS COLLEGE HOOPS** SVC AT EDMONDS – TIPOFF 4:00 PM

**TUE 1/23 – VARSITY BOYS HOOPS** SQUALICUM AT OHHS – TIPOFF 7:15 PM

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# 15 16 17 18 20 22 23 29 33 31 32 34 37 38 39 41 42 43 44 46 50 55 51 58 64 65 67 66

## **CLUES ACROSS**

68

- 1. Defensive nuclear weapon
- 4. Moved back and forth
- 9. One-time coach of the Cowboys
- 14. Last letter
- 15. Cause to become less intense
- 16. Genus of tree bugs
- 17. Body art
- 18. Romance novelist
- 20. Be filled with love for
- 22. City
- 23. Make vivid
- 24. Horses
- 28. Mauna \_\_\_, Hawaiian volcano
- 29. Atomic #18
- 30. Shortly
- 31. A type of prejudice
- 33. Whirls
- 37. Six
- 38. Old world, new
- 39. \_\_ Hess, oil company
- 41. Talk
- 42. Not off
- 43. Begets
- 44. Cars need them
- 46. Computing architecture (abbr.)
- 49. Of I
- 50. Journalist, activist Wells
- 51. Takes apart
- 55. Lists

58. Positively charged electrode

69

- 59. Hard, colorless compound
- 60. Inflammation of the peritoneum
- 64. Trent Reznor's band
- 65. Simply dry fruit 66. "Ivanhoe" author
- 67. Google certification
- 68. French commune
- 69. Medieval circuit courts
- 70. Soviet Socialist Republic

# **CLUES DOWN**

- 1. Indigenous people of Mexico
- 2. Dietary supplement
- 3. Having a particular sheen or luster
- 4. Views
- 5. Academic Bill of Rights
- 6. Automobile
- 7. When you anticipate arriving
- 8. Beef or chicken intes-
- 9. Conspiracy
- 10. Blood disorder
- 11. Long-time NBAer Shawn
- 12. Time zone
- 13. US, Latin America, Canada belong to
- 19. Upton Sinclair novel
- 21. What a cow does

- 24. Cavalry-sword
- 25. Ancient Greek war galley

70

- 26. Stars
- 27. Rebukes
- 31. Billion year periods
- 32. Some are in a bottle
- 34 Tears down
- 35. Lethal dose
- 36. Humorists
- 40. Midwestern US state (abbr.)
- 41. Frameworks
- 45. Rocker Billy
- 47. More thin
- 48. Dog
- 52. Habitual repetitions
- 53. State of fuss
- 54. Uneasy
- 56. Chemical compounds
- 57. More cognizant of reality
- 59. A place to build
- 60. Exclamation that denotes disgust
- 61. Supplement with difficulty
- 62. Very slick
- 63. Hill or rocky peak

Answers on page 15

# YOUR GUESS IS AS GOOD AS OURS WEATHER FORECAST



Thurs, Jan. 18



Fri, Jan. 19



Sat. Jan. 20











# **OUR Community**

# An Upbeat Question of the week

By Helen Mosbrooker

What historical person would you like to meet and why?



# **Broderick Petett**, Oak Harbor

The historical person I would like to meet would be Dr. M. L. King. His "I have a Dream" speech on Aug 28, 1963, has inspired me for years. I was 3 when he gave this speech on the National Mall in Washington D.C. I will be quoting parts of his speech in my answer. In his speech he talks about his children living in a nation where they will not be judged by the color of their skin but by their character. The character of a person shows who they really are! You do right by people showing love and compassion. I grew up in the South in the 60s and 70s. I remember the past, but my partners taught me to not judge

everyone with a big brush. I served 24 years in the Navy and have worked as a contractor for over 20 years - guess what I have not seen: COLOR. Everyone worked as a team understanding when one fails, we all fail. We as a nation need to learn from our past and work to make our nation better. I see great things in this country, but WE all need to work together. As MLK said, "With this faith we will be able to transform the jangling discords of our nation into a beautiful symphony of brotherhood". GO NAVY!

# Christy Brandt, Oak Harbor

If I could go back in history and meet anybody, I would like to meet Janis Joplin. I remember being very little, riding in the car with my mother and her singing along with the radio. She encouraged us kids to sing since we could open our vocal cords and one song that I remember her singing when I was very small was the Janis Joplin song "Mercedes-Benz." I've been in love with Janis and her music ever since. My mother was an inspiration and a free spirit, much like her. She was an icon at a time that people, especially women, were coming into their own skins and finding their voices and she encouraged it and she encouraged most of all love!



Always keep dreaming. There's only one you! I like to think she would say that if you can't find your voice, just remember that music is feelings put to sound. I don't know who said it, but I can hear it in Janis' voice whenever I think it, followed by her lively signature cackle.



# Tre Frampton, Coupeville

If I could meet any historical person, it would have to be Steve Irwin. Growing up I watched so many episodes of his show on the TV that I truly think it is the reason I am so involved in animal welfare and animal sheltering as an adult. His passion for animals and wildlife conservation was so infectious, as an adult now looking back on old videos and interviews from him, I see so many of my ideologies that I cannot help but thank him for instilling that passion for animals in not just myself but so many other people of my generation and generations prior

# Mason Andrews, Langley

My Answer: Nipsey Hussle

Meeting Nipsey Hussle would be a rare opportunity to connect with a visionary artist, entrepreneur, and community leader. Known for his impactful music and dedication to empowering his community, Nipsey transcended the boundaries of traditional celebrity to become a symbol of resilience and inspiration. Meeting Nipsey would offer a chance to engage with his wisdom, passion for positive change, and gain insights into how to make a lasting impact in both artistic and entrepreneurial ways.



# 3 OUBUILO. 5 O 4 Every row of 9 numbers must include all digits 9 1 through 9 in any order Every column of 9 numbers must include all digits 1 8 through 9 in any order Every 3 by 3 subsection 5 of the 9 by 9 square must include all digits 1 through 9 2 5 6 9 Answers on page 15



# **Community Bulletin Board**

To place an ad, email classifieds@whidbeyweekly.com

### ANNOUNCEMENTS

Lions clubs are volunteers serving our community through various projects. Come and visit us at one of our meetings – both meet the 2nd and 4th Wednesdays. North Whidbey Lions meet at noon at the VFW Post, 3037 Goldie Rd. in Oak Harbor. Oak Harbor Lions meet at 7 p.m. at the Elks Lodge, 155 NE Ernst St. in Oak Harbor. LIONS motto is "WE SERVE." This is an opportunity to help your neighbors and have fun doing it.

Think you may be pregnant? Stop by Whidbey Island Women's Clinic for free pregnancy testing. We are also here to support our community with diapers, formula, baby clothes, and more. All our services are free. Open Tue and Thu, 10am-4pm, and Wed, noon-7pm. Located at 670 SE Midway Blvd in Oak

Be the difference in a child's life and become a foster parent today! Service Alternatives is looking for caring, loving, and supportive families to support foster children. 425-923-0451 or mostermick@servalt-cfs.com

The Whidbey Island community is encouraged to try out the paddling sport of dragon boating with the Stayin' Alive team. Our team's mission is to promote the physical, social, and emotional benefits of dragon boating. It has been shown to be especially beneficial to cancer survivors. Practice with us for up to 3 times for free. Life-jackets and paddles provided. Saturdays at the Oak Harbor Marina, 8:45am. Contact njlish@gmail.com. More info at our Facebook Page: www.facebook.com/ NorthPugetSoundDragon-BoatClub?ref=hl

Medical Marijuana patients unite; If you need assistance, advice, etc. please contact at 420patientnetworking@ gmail.com. Local Whidbey Island help.

If you or someone you know has been a victim of homicide, burglary, robbery, assault, identity theft, fraud, human trafficking, home invasion and other crimes not listed, Victim Support Services has advocates ready to help. Please call the 24-hr Crisis Line 888-388-9221. Free service. Visit our web site at http://victimsupportservices.org

# **VOLUNTEER OPPORTUNITIES**

Volunteer for Island Shakespeare Festival! Many hands help keep the island's only

outdoor classical summer theater going and growing! Can you help? There are many opportunities throughout the year to join the ISF family as a volunteer. These opportunities are a great way to get acquainted with the organization. • Distribute Ad Packets and Posters for our Summer Season • Production: Help set up Henry the Tent/Help with scenic painting, props, or costumes • Front of House: Usher, gate, greeter, sell snacks • House an Artist: Actors/Designers need free housing June-Sept./Or partial summer • Loan a Vehicle: Actors are housed on various areas of the island and need loaner cars; can you help? • Work at the Bard's Boutique: This fun and easy volunteer job is at the Bayview Cash Store and requires only a few hours per week. • Become a Board Member: Development/Outreach/Special Skills. Please contact Angelica, angelica. metcalfe@islandshakespearefest.org, if interested in volunteering.

Big Brothers Big Sisters of Island County (BBBSIC) is actively seeking new member(s) for its board of directors. Join the board's exciting array of professionals! BBBSIC is seeking individuals who are committed to defending the potential of youth in our community through their time, skill sets, and influence in the community. To complement the existing board, candidates with expertise in accounting, law, nonprofit management, networking, or fundraising are of particular interest. Committed to diversifying its board to better represent our community, BBBSIC encourages BIPOC and LGBTQIA community members to inquire. Please contact admin@bbbsislandcounty.org for more

The Island County Medical Reserve Corps (ICMRC) is a local network of volunteers organized to improve the health and safety of communities on Whidbey and Camano Islands. Volunteers primarily include medical and public health professionals but other volunteers who have no healthcare backgrounds are also utilized. MRC responds to local emergencies such as natural disasters and public health emergencies. If you are interested in volunteering please contact us at Island County MRC website for application and information.

information.



If you are looking for a meaningful volunteer opportunity, look no further! When you volunteer at one of the Habitat for Humanity of Island County stores, you are helping local families attain decent, affordable housing. Income from the stores is vital to giving families a path to homeownership. We need people who can commit to help out in our Oak Harbor or Freeland store at least two-hours per week. Schedules are flexible. Our friendly volunteers provide customer service, help with receiving donated household items and furniture, and maintain the store. We also need drivers and driver helpers who will professionally represent Habitat as they pick up donated items using our trucks. Please call either store for more information. Oak Harbor: 360-675-8733, Freeland: 360-331-6272. College student? Student of history? History buff? Opportunities are available to spend constructive volunteer

yourself. Mother Mentors needs volunteers! Oak Harbor families with young children need your help! Volunteer just a couple of hours a week to make a difference in someone's life! To volunteer or get

hours at the Pacific North-

west Naval Air Museum.

Go to www.pnwnam.org

and click on "Volunteer" or

just stop by and introduce

more info, email wamothermentors@gmail.com or call 360-321-1484.

## **WORK WANTED**

Caregiver/Nursing Assistant: Professional, dependable, honest. Hospice and after surgery care OK. Call or text Jackie at 425-985-1659 or email jl-3@comcast.net (1)

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# **HOUSEWARES**

Cookware: New Duo Nova Instant Pot multi-use pressure cooker, never used, serves 6 or more people. Features 8 one-touch settings and 7 functions: pressure cooker, steamer, saute pan, slow cooker, rice cooker, food warmer and yogurt maker. \$99. To inquire, please leave a voice message at 360-675-4352 (0)

# **ANIMALS/SUPPLIES**

If you or someone you know needs help in feeding pet(s), WAIF Pet Food Banks may be able to help. Pet Food Banks are located at WAIF thrift stores in Oak Harbor (465 NE

> 3 3 Z

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(1660 Roberta Ave) and are generously stocked by donations from the community. If you need assistance, please stop by. **WANTED** 

Midway Blvd) and Freeland

Cars, Trucks, RVs, Motorcycles, Vans and Equipment Wanted. Premium for complete running or vintage vehicles. Cash paid for most others. Expert, fast removal. Free estimates. TJ's Recycling, 360-678-

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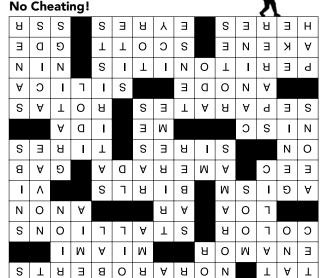
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