# South Whidbey Parks & recreation district AUG. MAY **ACTIVITY GUIDE Summer 2024**

OUTDOOR ACTIVITIES • SPORTS & FITNESS • SUMMER CAMPS WHIDBEY ISLAND TRIATHLON • SATURDAY, JULY 20

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### **Mission Statement**

Parks, facilities, and recreation programs for the citizens of South Whidbey Island.

#### **CONTACT INFO**

SWPRD Recreation Center & Offices	
Location/Mail	5475 Maxwelton Road, Langley, WA 98260
Office Phone	360-221-5484
E-mail	swparks@swparks.com
Website	www.swparks.org
Office Hours	Mon-Thu, 8:30 a.m.–5 p.m Fri, 8:30 a.m.–4:30 p.m.
Office Closed	May 27, July 4, June 19 (TBD), July 19 September 2

#### STAFF

Executive Director Brian Tomisser, 360-221-6488 director@swparks.org

Recreation Supervisor Skye Dunn, 360-221-6788 recreation@swparks.com

Business Manager Carrie Monforte, 360-221-5484 swparks@swparks.com

Administrative Assistant Shelby Lubchuk, 360-221-5484 office@swparks.org

Facilities Superintendent Tom Fallon, 360-221-7181

#### BOARD OF COMMISSIONERS

The SWPRD Board of Commissioners meets the third Wednesday of each month at 6pm in-person at the South Whidbey Parks and Recreation District business office. Commissioners are:

Jennifer Cox • Jake Grevé • Erik Jokinen Krista Loercher • Matt Simms

www.swparks.org/meetingsminutes

#### OH NO, YOU CANCELLED IT!

Sometimes programs are canceled because people delay signing up. All programs have minimum attendance. By registering at least 2 weeks in advance of a program, you ensure we meet our program minimum, and give us adequate time to prepare for you. Please register early to avoid disappointment.

#### **ADVERTISING**

Whidbey Weekly prints and distributes three activity guides a year. We welcome you to advertise your program or business along with us. For details, email: samantha@ whidbeyweekly.com

#### **RECREATION TRENDS**

Do you have ideas or suggestions for new program directions? Is there something you'd like to see us try? Email us your ideas at recreation@swparks.org. We want to hear from you!

#### DISCLAIMERS

#### **Updates & Errors**

This schedule of classes is published for information purposes only. We strive to produce the most accurate brochure possible. However, some program information may have changed after this brochure has gone to print. We will make every effort to notify participants of the changes. Please check your email regularly for updates.

#### School Disclaimer

Participants in South Whidbey Parks & Recreation District (SWPRD) programs agree to hold harmless SWPRD, South Whidbey School District, and their officials, employees, and agents for any and all claims for personal injury and damage in which damage and injury are or appear to be proximately caused by their participation or the participation of the child for whom they are responsible in SWPRD's recreation programs. Furthermore, they consent that images (photographs, video recordings, etc.) of them or their child engaged in the above activities may be used for promotional purposes. South Whidbey Parks and Recreation programs are NOT sponsored by the South Whidbey School District, the Oak Harbor School District, or the Coupeville School District, and the South Whidbey

School District, Oak Harbor School District, and Coupeville School District assume no responsibility for the conduct or safety of the activity. In consideration for the privilege to distribute these materials, the South Whidbey School District, the Oak Harbor School District, and the Coupeville School District shall be held harmless from any cause of action, claim, or petition filed in any court or administrative tribunal arising out of the distribution of these materials. Attorney's fees and judgments or awards are not the responsibility of the aforementioned districts.

#### **STAY INFORMED**

Subscribe to our e-newsletter and receive regular updates. Visit www.swparks.org to sign up for the e-newsletter. Follow us on Facebook, Twitter and Instagram.

#### INCLEMENT WEATHER & POWER OUTAGES

Programs may be canceled or postponed in the event of inclement weather or power outages.

## PARKS, FACILITIES & RESERVATIONS

We request all groups planning to use our facilities or fields notify us in advance by submitting a Reservation Request Form, which is available on our website and at our park office. Reservations are required for groups of 50+. Requests are filled on a first-come, first-served basis, depending on availability. Reservation fees may apply. For additional information about availability and rates, call 360-221-5484 or visit www. swparks.org.

#### Sports Fields

We have softball, baseball, soccer, and open fields available. Scheduling information for leagues, tournaments, and teams is available by calling 360-221-6788.

#### Facilities

You can rent space for parties, meetings, classes, and events at our recreation headquarters or The Crow's Nest (located on the 2nd floor of the Concession Stand) at Community Park.

#### **Picnic Shelters**

Our picnic shelters are available for reservation for your party or event. Picnic shelters can accommodate 45-75 people.

#### **REFUNDS & CREDITS**

- Full refunds will be given for all classes canceled by SWPRD or instructors. (If canceled by SWPRD or instructor mid-session, a pro-rated amount will be refunded)
- 2. Refunds requested and submitted in writing using the Refund Request Form before the registration deadline date (or at least 5 business days before start of program if no registration deadline) will be subject to a 10% service fee, with a minimum service fee of \$10.
- 3. SWPRD account credits requested and submitted in writing using the Refund Request Form before the registration deadline date (or at least 5 business days before start of program if no registration deadline) will be good for one calendar year from issue date, for the full fee paid and will not be subject to service fee.
- 4. Refunds or credits will not be issued if cancelled after registration deadline or within 5 business days of program start.
- 5. To request a refund, a Refund Request Form must be submitted to the SWPRD office in writing. Verbal requests will not be honored. Forms are available at the SWPRD office or online at swparks.org/ recreation/registration. Please be aware that refund requests may take up to 45 days to process.
- 6. Refunds will not be issued from an account credit.
- 7. Refunds will not be issued for programs costing \$10 or less (unless canceled by SWPRD).
- 8. One day classes, trips, or special events are not covered under this policy (no refunds or credits available).
- 9. Certain contract programs, indicated with this symbol: §, have their own refund policies. Contact the contractor directly to inquire about their specific policy.
- 10. Exceptions in certain instances may apply. See refund request form.

#### **REGISTRATION INFO**

- 1. Advance registration is required for all programs unless otherwise stated. It is best if you register at least two weeks in advance of any program start date.
- All fees are due at the time of registration. We cannot "hold" a space for you without full payment and registration.
- 3. All programs have a minimum and maximum enrollment. We request that you register early to ensure class minimums are met. We reserve the right to cancel a program if minimums are not met.
- There is a \$25 service charge on all returned checks Registration forms are available online at www.swparks.org.

#### **HOW TO REGISTER**

#### Online

For your convenience, you may register online for many of our programs, with no additional fees. Check out this service at www.swparks.org.

#### Email

Email completed registration form with credit card authorization or scan and email to swparks@swparks.org. Call the office at 360-221-5484 to confirm receipt.

#### In-Person

Walk in to our SWPRD office at 5475 Maxwelton Road, Langley, during our regular business hours. We take cash, check, or credit cards at the office.

#### FINANCIAL ASSISTANCE FOR PROGRAMS

There are needs-based resources available to enable youth and seniors (ages 60+) to participate in programs with SWPRD. Call 360-221-6788 for info.

#### HIYI YOUTH SCHOLARSHIP FUND

The Healthy Island Youth Initiative (HIYI) Committee solicits donations to support ongoing efforts to keep organized healthy activities affordable for all local youth in Island County. The HIYI Scholarship Fund addresses these needs by helping cover the cost of registration fees, equipment, and/ or other expenses so that youth in Island County can participate in organized physical activities, regardless of their family's economic status. The South Whidbey Parks & Aquatics Foundation, a 501(c)3 organization, is the fiscal agent for HIYI and receives, holds, and distributes funds upon direction from the HIYI committee. Donations to this fund may be tax deductible. Donations to the scholarship fund should be made payable to South Whidbey Parks & Aquatics Foundation and should be mailed to 5475 Maxwelton Rd, Langley WA 98260, with a note on the memo line directing it to the "HIYI Scholarship Fund". Any Whidbey Island youth may apply for assistance to participate in any organized sport or physical activity. The needs-based scholarships are awarded based on financial criteria and commitment to the activity. Those interested in receiving financial assistance

should call Skye at 360-221-6788 or visit www. islandcountywa.gov/351/Healthy-Island-Youth-Initiative

## ACCESSIBILITY & ACCOMODATION

Individuals with or without disabilities may register for all programs offered by South Whidbey Parks & Recreation District provided program safety can be met. The District provides reasonable accommodations for people with disabilities. Contact the SWPRD office three weeks in advance of the program start date to discuss accommodations. Reasonable accommodations will be determined on a case-by-case basis.

#### **INSURANCE QUESTIONS?**



Safe Harbor Agency Mary Elizabeth Himes #mamabearinsurancelady

Our goal is to educate and service the Whidbey Island and Washington community. AUTO · HOME · BUSINESS · RENTERS BOATS AND WATERCRAFT · FARMS

360-675-6663 • 360-672-7935 mary@safeharbor-whidbey.com www.safeharbor-whidbey.com 31570 SR-20, SUITE 202, OAK HARBOR



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6446 Harding, Clinton (near the ferry) Monday-Friday 8:30-5:00 360-341-3504 • mattsimporthaven.com

#### **ADULT FITNESS & SPORTS**

#### GROOVE DANCE FITNESS

#### ADULTS

GROOVE is an upbeat dance fitness class featuring simple steps, movement tips, and tons of fun. Come get your groove on and burn calories while unleashing the dancer within!

Bring: Water, athletic shoes

*Instructor:* Jules Lyon previously owned and operated a dance and fitness studio in Houston for 20 years. She studied at Burklyn Ballet Theatre in Vermont and Pacific Northwest Ballet School as a youth. While earning a degree in Dance & Movement Technology, she was a member of BYU's Theater Ballet Company and International Folk Dance Ensemble, performing across the world.

*Location:* South Whidbey Community Center Main Gym (upstairs), 723 Camano Ave, Langley

#### Mon/Wed/Fri | Time: 9-10am | \$10 per class | \$100 for 10-class punch card

Classes begin Wed, May 1; all holidays observed.

#### **BALLROOM DANCE**

#### ADULTS

Learn a new ballroom style is introduced each month. No experience or partner necessary.

Bring: Water, comfortable shoes & clothing

*Instructor:* Jules Lyon previously owned and operated a dance and fitness studio in Houston for 20 years. She studied at Burklyn Ballet Theatre in Vermont and Pacific Northwest Ballet School as a youth. While earning a degree in Dance & Movement Technology, she was a member of BYU's Theater Ballet Company and International Folk Dance Ensemble, performing across the world.

*Location:* South Whidbey Elementary South Campus Gym, 5476 Maxwelton Rd, Langley

Saturdays | Noon-1pm | \$30 per class Classes begin June 1

#### **INTRO TO PICKLEBALL**

#### Beginner Player Course ADULTS, BEGINNERS

This course is designed for beginner players who are new to the game or wish to improve their skills. Participants will learn the basics of pickleball rules, terminology, primary skills, coordination, and an introduction to the court. Upon completing the class, participants are encouraged to join the regular Pickleball program.

**Bring:** Paddle (loaner paddles available by request at registration), water bottle, seating for sidelines (optional). Nets and balls will be provided.

**Instructor:** Barry Haworth, cbhaworth@ verizon.net, with assistance from other avid picklers.

**Location:** South Whidbey Sports Complex (soccer fields). The courts are painted in the SW parking lot.

**Rain-Out Plan:** Class may be postponed due to inclement weather.

#### VISIT WWW.SWPARKS.ORG/INTRO-TO-PICKLEBALL FOR UPCOMING DATES & TIMES

#### INTERMEDIATE PICKLEBALL SKILL BUILDING

#### **ADULTS, BEGINNERS**

This course is designed for intermediate players who want to improve their skills in pickleball. Participants will learn and practice various skills and drills to enhance their game, including positions, serve development, net play, ground strokes, and lobs.

**Bring:** Paddle (loaner paddles available by request at registration), water bottle, athletic clothing and shoes. Nets and balls will be provided.

Instructor: Timm Sanford

**Location:** South Whidbey Community Center Multipurpose Gym at 723 Camano Ave, Langley.

#### Mon/Wed | May 1–20 | 1-2:30pm | \$90

#### INDOOR DROP-IN PICKLEBALL

#### ADULTS, ALL LEVELS WELCOME

Join us for indoor drop-in pickleball sessions where players of all levels are welcome.

#### Bring: Water bottle

**Location:** South Whidbey Community Center Multipurpose Gym at 723 Camano Ave, Langley.

**Fee:** \$5/day, exact change paid at check-in (Cash only, no coins)

\$35/monthly pass

Max: 18 players per day

#### VISIT WWW.SWPARKS.ORG/PICKLEBALL FOR CALENDAR AND CURRENT SCHEDULE

## PICKLEBALL

#### **NET CHECK-OUT**

You may check out a portable pickleball net to use at the primitive outdoor courts at South Whidbey Sports Complex. The courts are painted in the SW parking lot. You'll need to provide your own paddles and balls. The net may be checked out during normal business hours, free of charge.

#### **GEAR DISCOUNT**

Our Picklers can enjoy a discount of 5 percent off everything at PickleballCentral.com. An additional 5 percent of your purchase will go to us in the form of an end-of-year gift certificate.

**Club Name:** South Whidbey Parks & Rec. *Discount Code:* CRSWhidbey



#### 6 ADULT FITNESS & SPORTS • YOUTH SPORTS

#### **DROP-IN VOLLEYBALL**

#### ADULTS 18+

Adult drop-in volleyball two nights a week.

Bring: Water and non-skid athletic shoes.

**Location:** South Whidbey Community Center Main Upstairs Gym at 723 Camano Ave, Langley.

Fee:\$5 drop-in or \$20 for a 2-month pass Thur, 6-8pm | Sun, 4-7pm

#### ADULT COED SOFTBALL

#### ADULTS 18+

Come show us you still have it! Get exercise and blow off some workday steam at the best fields around. Pull a team together or join the pick-up list. This is a clean, community-oriented, alcohol-free league. ASA rules for softball are followed with some exceptions (handbook will be posted online). Emphasis is on healthful competition in a recreational atmosphere. One umpire per game is provided to facilitate fair and spirited games. Teams typically play two games per evening, for a minimum of 12 games, plus a tournament.

**Bring:** Uniforms/shirts are not provided by SWPRD

Location: South Whidbey Community Park

**Coordinator:** Recreation Supervisor, 360-221-6788, skyed@swparks.org

Fee: \$750 per team, max 20 per roster

#### 8 teams max

#### GAMES

Wednesdays or Fridays\* | 6pm, 7:15pm\* | Jun 19–Aug 17\* | \$750 per team, max 20 per roster \*Friday evening, Aug. 16 and/or Saturday, Aug 17.

*Teams will have byes July 3, 5, & 19. Alternate date will be provided for that week, if needed.* 

Games may start as early as 5:30 pm. Practices may take place other days, as scheduled, by team. If the tournament must be canceled for any reason, a portion of the team fee will be refunded.

#### **YOUTH SPORTS**

#### WRESTLING – ISLAND MAT CLUB

#### **BOYS & GIRLS AGES 6-17**

#### May-June

Island Mat Club offers youth wrestling for ages 6-17. Participants will learn various techniques and exercises to develop their skills for tournaments and meets. Aligned with USA Wrestling, IMC provides quality opportunities for participants to achieve their full potential.

Bring: shorts, t-shirts, shoes

**Location:** South Whidbey High School Mat Room

#### Tues/Thur | 6-8pm | \$40/month

#### LM PREMIER 3-ON-3 BASKETBALL TOURNAMENT

#### ADULTS & YOUTH 16+

Enjoy competitive basketball against local players! Teams consist of four players. This fundraiser benefits South Whidbey Parks and Recreation programs and projects. Contact coordinator, Louis Muniz, to sign up your team. Bring: Water bottle and towel

**Coordinator:** Louis Muniz (360) 969-1028; louismuniz@windermere.com

**Location:** The South Whidbey Community Park Outdoor Rotary Court

**Rain-Out Plan:** Tournament will be rescheduled in the event of significant rain

#### Sat, Jun 13 | 10am | \$100 per team

#### ADMIRALS BASKETBALL - SKILLS & SCRIMMAGE

#### **GRADES 3-8**

Join us for youth basketball sessions that prioritize skill development and small-group scrimmages. The focus will be on core basketball fundamentals through fun drills, teamwork, and 3-on-3 settings where every player gets the opportunity to make plays and increase their understanding and ability.

Bring: Water and athletic shoes

**Instructor:** Kevin Tempest, former SWHS boys' basketball coach

#### **GRADES 3-5**

**Location:** The South Whidbey Community Multipurpose Gym (downstairs)

#### Tues & Thur | July 16-Aug 15 | 8:30-10am | \$100\* / \$125

**Location:** South Whidbey Community Center – Main Gym (upstairs)

#### **GRADES 6-8**

#### Tues & Thur | July 16-Aug 15 | 10:30-12pm | \$100\* / \$125

(\*Early bird fee - Register before June 1)





## EXPLORE THE OUTDOORS!

Celebrate 40 years of land protection with us by joining a variety of engaging activities in nature all summer long!

## **GUIDED WALK & TALK SERIES**



Journey through Land Trust protected properties with knowledgeable guides. Discover native plants and animals, enjoy scenic views and learn more about land conservation.

Walks offered all summer!

## **SEA, TREES & PIE BIKE RIDE - JULY 7**

Bike a scenic route, then enjoy a delicious pie! <u>Two different locations offered:</u> *Central Whidbey* - Crockett Lake/Ebey's Reserve **South Whidbey** - Maxwelton Valley/Glendale Beach

Registration Opens June 10

## **VOLUNTEER WORK PARTIES**

Help out with trail building and tune-ups, weeding and more! Enjoy the outdoors, make a difference on the land, and observe native flora and fauna!

Work Parties offered all summer!

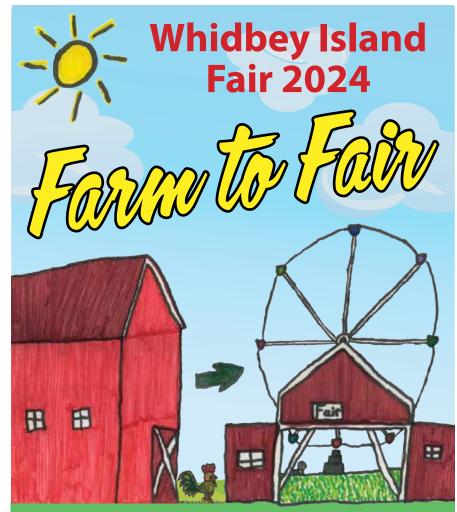


To learn more & sign up for all activities: Scan QR code or visit www.wclt.org/get-involved/events

#### **SPORTS CAMPS**

Check pages 11 -20 for various sports camps including Tennis, Soccer, Flag Football, Track & Field, Basketball, Sailing, Kayaking, and Stand-Up Paddle Boarding.





## July 25-28, 2024 https://www.whidbeyislandfair.com/

#### **AQUATICS**

#### **SWIM LESSONS**

#### 4+, LEVELS: 1-5, 6/PRE-SWIM TEAM

Learn to swim in an outdoor swimming pool at Useless Bay Golf & Country Club. South Whidbey Learn to Swim lessons teach aquatic and safety skills in a logical progression. Our objective is to teach children to be safe in and around water, have fun, and learn basic swimming skills. Children can progress through 6 levels of swimming and safety skills. All classes will participate in Safety Day on the last day of each session. Each class will talk about age-appropriate safety skills as it pertains to pools, beaches, and boating. Certificates will be handed out on the last day of each session.

#### REGISTRATION OPENS MAY 2 AT 9AM -LESSONS FILL QUICKLY!

Because we are limited in our lesson capacity, <u>we will limit to one lesson</u> package per child for an early initial registration period. Starting May 9 at 9:00 AM, you may enroll your child for additional swim lessons.

Please carefully review the website www. swparks.org/swim-lessons/ for updates on details and changes prior to registering. If applying for a scholarship, see page 3, do so at least 2 weeks prior to registration opening.

**Registration:** Choose the level most appropriate for your child's ability. If unsure, view the swim lesson class descriptions and skills online at www.swparks.org/swimlessons. Students' progress through levels at different speeds. When registering for multiple sessions please keep in mind:

- Level 3 introduces side breathing and often needs to be repeated.
- Level 4, 5 and 6/Pre-swim team are in the deep end.

If your child is registered for a level that is not appropriate for his/her skills, we will make an effort to place that child in the correct class only if there is a vacancy. If there is no vacancy, a refund may be necessary (See refund policy). Do not intentionally register for a level that is not appropriate for your child's skill level. Classes are filled on a first-come, first-served basis. If your desired level class fills, join the online waitlist. There are no make-up days due to personal reasons or weather conditions. We

#### www.swparks.org

reserve the right to change levels and times. Classes may be canceled if minimum is not met.

Bring: Swimsuit, towel, goggles, sunscreen

Instructors: Swim Director Kristi Eager keager6@gmail.com

Location: Useless Bay Golf & Country Club outdoor swimming pool.

#### **SCHEDULE IS TENTATIVE!**

Parent-Tot: Min 3/Max 6

Level 1: Min 3/Max 4

Level 2-6: Min 3/Max 5

#### **SESSION 1: JULY 1-11**

LEVEL 1-4.6: Mon-Thu | July 1-11 | 9:30-10am | \$130

**LEVEL 1-5:** Mon-Thu | July 1-11 | 10:05-10:35am | \$130

LEVEL 1-5, PT: Mon-Thu | July 1-11 | 10:40-11:10am | \$130

#### **SESSION 2: JULY 15-25**

LEVEL 1-4.6: Mon-Thu | July 15-25 | 9:30-10am | \$130

**LEVEL 1-5:** Mon-Thu | July 15-25 | 10:05-10:35am | \$130

LEVEL 1-5, PT:

#### **About Kristi Eager**

Kristi Eager has been teaching swim lessons since 1988 and coaching swimming since 1995. She served as the assistant age group coach at Samena Swim Club in Bellevue and as an assistant coach for the women's swim team at Eastlake High School. Kristi currently coaches the South Whidbey Island Masters and is the founder of the South Whidbey Swim Club.

Kristi holds a degree in Physical Education and is a Level 3 USA swim coach and Level 2 Masters Swim Coach. She is a member of USA Swimming, USMS (United States Masters Swimming), and ASCA (American Swimming Coaches Association). In addition to coaching, Kristi actively participates in swimming, competing in pool meets, open water races, and triathlons.

#### Mon-Thu | July 15-25 | 10:40-11:10am | \$130

#### **SESSION 3: JULY 29-AUGUST 8**

LEVEL 1-4.6: Mon-Thu | July 29–Aug 8 | 9:30-10am | \$130

**LEVEL 1-5:** Mon-Thur | July 29–Aug 8 | 10:05-10:35am \$130

LEVEL 1-5, PT: Mon-Thu | July 29-Aug 8 | 10:40-11:10am | \$130







## Relax, unwind, and explore beautiful Whidbey Island.

Explore a beautiful coastal island, full of history, forests, prairies, and beautiful beaches. Discover small charming towns, quaint shops, and delicious cuisine. Grab your gear and hop on board – IT'S FREE!





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#### PARENT-TOT SWIM CLASS

#### TOTS AGES 1-3, WITH AN ADULT

The emphasis of this program is to help young children relate to the water with comfort, to build self-confidence and to have fun. Children and parents will sing songs and play games that introduce basic skills such as blowing bubbles, floating, and kicking. We require that one parent/adult guardian enter the water with each child and support/hold them up in the water. Children who wear diapers outside of the water must wear water diapers and plastic diaper covers while in the pool.

Swim Director: Kristi Eager keager6@gmail. com

**Location:** Useless Bay Golf & Country Club outdoor swimming pool.

Parent-Tot — Min 3/Max 6 Mon-Thu | Jul 15-25 | 10:40-11:10am | \$130 per tot Mon-Thu | July 29-Aug 8 | 10:40-11:10am |

\$130 per tot

#### **OUTDOOR ADVENTURES**

#### ADULT SAILING LESSONS

#### ADULTS 18+ BEGINNING-INTERMEDIATE

On-the-water instruction will be provided using Pelican or Lido Sailboats. Participants will receive an email with program adjustments approximately 7 days in advance of the lesson. For a detailed description of the program and participant responsibilities, visit www.swyachtclub.org/ adult-sailing-programs/more-information

**Instructors:** Head Instructors from the South Whidbey Yacht Club are US Sailing certified and will be assisted by experienced dinghy sailors. Ample staff will be available to ensure personalized attention for each participant.

Location: Lone Lake

Sat-Sun | June 1-2\* | 10am–4:30pm | \$275\* Mon-Thu | June 3-6\* | 2-4:30pm | \$275\* Sat-Sun | June 8-9 | 10am–4:30pm | \$250\* \*\$50 discount for SWYC members

Friday, June 7th will be reserved as a make-up day if any instruction day is canceled due to weather conditions.

#### INTRO TO LASER SAILING

#### ADULTS 18+ BEGINNING-INTERMEDIATE

Looking to enhance your sailing skills beyond the basics? Join us for a weekend introduction to Laser sailing with the SWYC Laser sailors. Sailing in the sporty Laser dinghy offers a thrilling experience and is an excellent way to advance your sailing abilities. Whether you're interested in racing or simply cruising, this program will help you develop confidence and proficiency on the water.

#### **Qualifications:**

- Completion of the adult beginning sailing class OR presentation of a sailing resume demonstrating basic understanding of sailing fundamentals.
- Competency in swimming and comfort in the water with or without a life jacket.
- Must be 18 years old or older by June 8, 2024.

**Bring:** Clothing suitable for preventing hypothermia from cold water immersion (e.g., wetsuit or drysuit).

**Instructors:** Head Instructors from the South Whidbey Yacht Club are US Sailing certified and will be assisted by experienced dinghy sailors. Ample staff will be available to ensure personalized attention for each participant.



#### LIFE, STYLE, RAMEN!



ULTRA HOUSE

221 SECOND ST, BLDG 9A Langley, Washington 98260 (360)221-4959 WWW.Ultrahouse.Us **Location:** Lone Lake (detailed location TBA). \*Location may change if conditions close the lake.

Sat- Sun | Jun 8-9\* | 10am-4:30pm

(\*\$50 discount for SWYC members.)

\*When registering online, the fee will initially appear as \$225, with an additional \$50 charged for non-members.



#### FUN FOR ALL AGES

Join South Whidbey Parks and Rec for the Whidbey Telecom Concerts in the Park series, held on summer evenings. These concerts, held in a beautiful park setting, attract around 250 attendees each evening, offering great music and fostering strong community connections. It's an opportunity for the community to come together and enjoy high-quality musical entertainment for free. Bring along a picnic dinner, grab a blanket or lawn chair, and invite your family and friends to join in the fun!

#### 6:00-7:30pm

July 30 – Doctor Savage (Funk, Soul, and R&B)

August 6 – One Island Drop (Hawaiian Island-Style Reggae)

August 20 - Moonlight Swing Orchestra (Big Band Era)

#### **SUMMER CAMPS**

#### YOUTH SAILING CAMP

#### AGES 10+

Experience the thrill of sailing with our Youth Sailing Camp! Designed for ages 10 and up, this day camp offers a fantastic opportunity to learn the basics of sailing. Each student will have their own boat in each weekly session, combining shoreside learning with hands-on sailing experience. Campers will learn boating safety, basic seamanship, knot tying, and, most importantly, how to sail while having fun.

**Requirements:** Each student must demonstrate the ability to stay afloat for 2 minutes without a life jacket during the orientation. Intermediate students must be 12 years old and have achieved a level 2 competency, or have permission from the Program Director.

**Instructors:** Our Head Instructors are US Sailing certified and will be supported by experienced dinghy sailors. Safety is our priority, followed by fun and learning.

**Location:** Deer Lake, check website for details.

#### BEGINNING (AGES 10-15, LEVEL 1)

Mon-Fri | July 8-12 | 9am–2:30pm | \$222\* Mon-Fri | July 15-19 | 9am–2:30pm | \$222\* Mon-Fri | July 22-26 | 9am–2:30pm | \$222\* INTERMEDIATE (AGES 12+, LEVEL 2) Mon-Fri | July 8-12 | 9am–2:30pm | \$225\* Mon-Fri | July 15-19 | 9am–2:30pm | \$225\* Mon-Fri | July 22-26 | 9am–2:30pm | \$225\*



#### HeartField Learning Collective **SUMMER CAMPS** Inclusive Community Camps in the Fields and Forests of Greenbank

Ages 4-13

Earth Warrior Camps + Art, Song, Connection, Science, and Stars!

www.heartfieldcollective.org

Beginning camp meets on the first day at Deer Lake Park for swim assessment and orientation, then moves to the sailing site at Deer Lake. Intermediate camp meets directly at the sailing site.

## MAGIC CAMP! WITH DISCOVER MAGIC

#### AGES 7-12

Unlock the secrets of magic with our Discover Magic summer camp! This innovative national education program is specially designed to teach key life skills through the art of performing magic. Campers will not only learn amazing tricks but also valuable social interaction skills, communication skills, self-discipline, and confidence.

#### Features:

- Custom created props
- Top-secret private files
- Special bonus material unlockable with a secret code
- Tricks designed for first-time learners that will impress adults and spark creativity in every child

Bring: Water bottle

**Instructor:** JR Russell, Professional Magician, Seattle Magician of the Year, and youth leader in the Society of American Magicians and the International Brotherhood of Magicians. Contact: jr@jrrussellmagic.com

**Location:** SWPRD Headquarters, Room 111 and/or back patio

#### AGES 8-12

Mon-Fri | June 24-28 | 10am-12pm | \$225\* AGES 5-7

#### Mon-Fri | June 24-28 | 1:30–3:30pm | \$225\*

\*Includes custom magic props, folders, secret files, and secret video links.



#### UNDERWATER ROBOTICS CAMPS WITH ATLANTIS STEAM

Atlantis STEAM (Science, Technology, Engineering, Arts, and Mathematics) offers exciting hands-on classes in underwater robotics and 3D printing. Explore the world of ROVs (Remotely Operated Vehicles), buoyancy, thrusters, manipulators, motor control, electrical circuits, and more. Dive into the depths of science and technology while having fun with like-minded peers.

**Bring:** Lunch, snack, weather appropriate clothing & hat (outdoor classes)

**Instructor:** Ash Bystrom, atlantissteam@ gmail.com

**Location:** Atlantis STEAM, 9289 Hwy 525, Clinton (Next to Lincoln Computer)

For full class descriptions, visit www. swparks.org/robotics

#### **UNDERWATER ROBOTICS I**

GRADES 4-6 Mon-Fri | July 8-12 | 9am–2pm | \$295

#### **UNDERWATER ROBOTICS I**

GRADES 7-10 Mon-Fri | July 15-19 | 9am–2pm | \$295

#### **UNDERWATER ROBOTICS II**

#### **GRADES 4-9**

Mon-Fri | July 29–Aug 2 | 9am–2pm | \$295 Prerequisite: Underwater Robotics I or permission of Instructor

#### **UNDERWATER ROBOTICS II**

#### **GRADES 7-10**

#### Mon-Fri | Aug 5–Aug 9 | 9am–2pm | \$295

Prerequisite: Underwater Robotics I or permission of Instructor

#### INTRO TO COMPETITION UNDER-WATER ROBOTICS

#### GRADES 5-10 Mon-Wed | Aug 19-23 | 9am–2pm | \$325

Requirement: Serious intent to compete on underwater robotics teams during the 2023-2024 school year. Robotics experience not required but those with experience in STEAM, and non-tech graphic artists and writers and science communicators, are encouraged to participate.

#### 3D PRINTING WITH TINKERCAD OR ONSHAPE

#### GRADES 6-10 Mon-Fri | Aug 26-30| 9am—2pm | \$295\*

(\*Optional - Additional \$200 materials fee to purchase and take home an Ender 3 3D printer & filament)

Min 4/ Max 8

#### **ROWING CLINIC**

#### ADULTS AND TEENAGERS, AGES 13+

Curious about rowing? Experience the unparalleled freedom of simultaneous movement, rhythm, and motion on the water. Rowing, a surface water sport, involves propelling a boat using oars, providing a total-body workout that strengthens major muscle groups while enhancing cardiovascular endurance. Whether you're a beginner or have some rowing experience, this class welcomes you to explore the joys of rowing.

#### WHAT TO EXPECT

- **Instruction:** Learn to scull (row with two oars) in stable boats, gaining flexibility and independence with personalized 1-on-1 coaching.
- **Curriculum:** Understand the mechanics of rowing, equipment types, and rowing vocabulary.

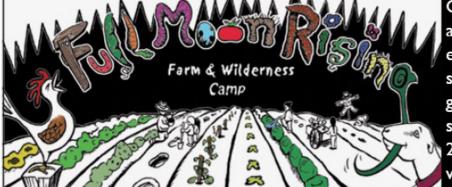
- **Safety:** Participants must be able to swim independently.
- Attire: Wear tight-fitting clothes, hat, glasses, water shoes or athletic shoes that may get wet. Bring a towel and water.
- Equipment: Rowing equipment and personal flotation devices are provided (please specify height and weight on registration).

**Instructors:** Island Rowing Association U.S. Rowing certified coaches. Email info@ islandrowing.org

**Location:** Freeland Park, 1535 E. Shorewood Dr, Freeland, Deer Lake in Clinton

#### Fri-Sat | June 28-29 | 8:30-10:30am | \$100 Max 5





Camps & Workshops for ages 4-16. Farm animals, forest skills, gardening, blacksmithing, block printing, games, herbalism, cooking, storytelling, apprenticeships 2024 Register now: www.fullmoonrisingfarm.com

#### **SKIM SKOOL**

#### SKIM CAMP AGES 5-16

Experience the thrill of riding the glide in some of the best skimboarding conditions in the country at Whidbey Island's Skim Camp. Led by the Jack'd Boards Crew, this camp provides the perfect opportunity to master the basics and advance your skills in the exciting sport of skimboarding.

**Bring:** Towel, water, snacks, weather appropriate attire for beach conditions, and a skimboard. If you do not have one, we will provide a few loaner skimboards but you will likely have to share. Please indicate at registration if you need a loaner board. Must be able to swim

**Instructors:** Auston Reisman and Riders of the Jackd Boards Crew. jackdboards@gmail. com

Location: Double Bluff Beach

#### Sat/Sun | Jun 22-23 | 10am–12pm | \$125\*

#### Sat/Sun | Aug 17-18 | 10am–noon | \$125\*

\*Fee includes instruction and equipment loan, if needed

#### SKIMBOARD PAINTING WORK-SHOP

#### AGES 5-16

Unleash your creativity and design your own unique skimboard at the Skimboard Painting Workshop. Led by the Jackd Boards Crew, this workshop provides the perfect opportunity to learn painting techniques while customizing your own skimboard masterpiece.

**Bring:** Sketches of your design ideas and clothes that are ok to get covered with paint.

**Instructors:** Auston Reisman and Riders of the Jackd Boards Crew. jackdboards@gmail. com

**Location:** Community Park Dog House, 5495 Maxwelton Rd, Langley

#### Sat | Jun 21 | 10am-12pm | \$125\* \*Fee includes a "blank slate" skimboard and painting

#### \*Fee includes a "blank slate" skimboard and painting supplies.

\* Bundle and Save! For only \$225 you can do the Skimboard Paint Workshop AND Skim Skool. Sign up by registering for Skimboard Painting Workshop and choosing the "Bundle" option.

#### KAYAK CAMP FOR TEENS!

#### AGES 13-17

Experience the thrill of sea kayaking and embrace adventure with our three-day Teen Sea Kayaking Camp. Led by experienced instructors from Whidbey Island Kayaking, this camp is designed to teach effective paddle strokes, quick rescues, and boat maneuvering techniques tailored to the learning style of young people.

#### WHAT TO EXPECT:

**Skill Development:** Learn sea kayaking skills such as paddle strokes, rescues, and boat maneuvering techniques.

**Safety Emphasis:** Emphasize a strong foundation of water safety principles and respect for the environment.

**Requirements:** Participants must be able to swim and comfortable in deep water while wearing a personal flotation device (lifejacket).

#### Equipment Provided:

Kayak, life jacket, paddle, wetsuit (if needed), and safety equipment.

Attire & Supplies: Wear comfortable clothes that can get wet, bring a hat with a brim, sunscreen, bottle of water, towel, any required medications, and dry clothes to change into after camp.

**Instructors:** Led by Whidbey Island Kayaking guides, who are certified instructors with experience in leading programming for youth.

#### Location:

Mon, Jul 1: Goss Lake Tue-Wed, Jul 2-3: South Whidbey Harbor (backup location will be Goss Lake)

**Rain-Out Plan:** Camp will only cancel due to heavy rain/electrical storm and it would not be rescheduled.

#### Mon-Wed | July 1-3 | 10am-1pm | \$145 Min 4/ Max 8

#### PADDLE BOARD CAMP FOR TEENS!

Explore the exciting world of paddle boarding in our Teen Paddle Board Camp! This camp is designed to go beyond just standing up on the board, focusing on widening the range of strokes, improving maneuvering skills, and enhancing stability. Led by experienced instructors from Whidbey Island Kayaking, participants will learn essential water safety principles and develop a deep respect for the environment.

#### WHAT TO EXPECT:

**Skill Development:** Learn a variety of paddle board strokes, maneuvering techniques, and stability skills

**Safety Emphasis:** Emphasize a strong foundation of water safety principles and environmental awareness.



www.swparks.org

**Requirements:** Participants must be able to swim and comfortable in deep water while wearing a personal flotation device (lifejacket).

**Equipment Provided:** Paddle board, life jacket, paddle, wetsuit (if needed), and safety equipment.

Attire & Supplies: Wear comfortable clothes that can get wet, bring a hat with a brim, sunscreen, bottle of water, towel, any required medications, and dry clothes to change into after camp.

**Rain-Out Plan:** Camp will only cancel due to heavy rain/electrical storm and it would not be rescheduled.

**Instructors:** Led by Whidbey Island Kayaking guides, who are certified instructors with experience in leading

#### Mon-Wed | July 15-17 | 10am–1pm | \$145

Min 4/ Max 8

#### PADDLE SPORT CAMP!

#### FOR AGES 10-14

Embark on an exhilarating water-centric journey where fun intertwines with education! No prior paddling experience is necessary as participants plunge into a week filled with immersive activities featuring both kayaks and stand-up paddleboards. Through hands-on exercises and engaging games, campers will splash around, enjoy themselves, and establish a sturdy grounding in water safety principles, emerging as confident navigators of the waterways.

**Equipment Provided:** Instructors, kayak, paddle board, life jacket, paddle, safety equipment

**Bring:** Comfortable clothes suitable for getting wet (like quick-dry synthetics) or a

bathing suit, Brimmed hat, Sunscreen, Water bottle, Towel, Any necessary medications, **Optional:** Dry clothes for after camp

**Instructors:** Led by certified instructors from Whidbey Island Kayaking, who are seasoned and passionate about guiding youth programs.

Location: Goss Lake Community Park

4879 Lakeside Drive, Langley (Not the public access)

**Rain-Out Plan:** Camp will only be canceled in the event of heavy rain or an electrical storm and will not be rescheduled.

#### Mon-Fri | Jul 8-12 | 2:00 pm - 4:30 pm | \$210

Min 4/ Max 8

#### VOLLEYKIDS

#### Indoor or Outdoor! ENTERING GRADES: K-7

Dive into the world of summer volleyball with us! We'll cover all the basics, ensuring that every camper not only learns but also falls in love with the sport. Our camp boasts instructors who are current and former South Whidbey High School coaches and players, guaranteeing top-notch guidance. Geared towards beginners to intermediate players, this camp also instills essential life lessons such as teamwork and sportsmanship.

Bring:Athletic clothing, Sneakers, Water, Snacks, Knee pads (optional), Sunscreen (for outdoor sessions)

#### Coaches:

Head Coach: Mandy Jones (mjones@ sw.wednet.edu)

Assistant Coach: Meggan Lubach

Together, they've developed VolleyKids, infusing the energy and excitement of this



Fun for the whole family! Visit us at 908 NW Alexander St Coupeville, WA Around the corner from the historic wharf Open daily 10-4

Sundays 11-4

fantastic team sport into a fun-filled summer program with a positive atmosphere.

#### **INDOOR VOLLEYKIDS**

**GRADES K-7** Location: South Whidbey High School

Mon-Thu | Jul 15-18 | 10am-12:30pm | \$110

#### **OUTDOOR VOLLEYKIDS**

#### **GRADES K-6**

Location: Community Park

Tue-Thu | Aug 12-14 | 10am-12:30pm | \$95

#### FUTURE FALCONS SUMMER BASKETBALL CAMPS

#### **BOYS & GIRLS ENTERING GRADES: 2-8**

#### A fundraiser for the Boys Basketball account of the SWHS Athletics Booster Club

Elevate your game alongside fellow aspiring ballers under the guidance of South Whidbey High School basketball coaches and players at these unmissable summer skills camps. Players will engage in small tournament-style games toward the end of the camp. Whether you're new to hoops, gearing up for the upcoming season, or seeking to refine your skills, these Future Falcons camps are tailor-made for you!

Bring: Water, snack, and athletic shoes and clothing

**Coaches:** SWHS basketball coaches & players



## Summer Camps at Whidbey Island Waldorf School

Camps for children ages 3- 12

July 8 – August 1

Questions?

summercamps@wiws.org

## See camp details and register with code below



wiws.org

#### www.swparks.org

#### Location: SWHS Gym

GRADES 2-5 Mon-Wed | Jul 8-10 | 9am-noon | \$80 (Includes t-shirt)

GRADES 6-8 Wed | Jul 10 | 1-4pm

Thu-Fri | Jul 11-12 | 9am-noon | \$80 (Includes t-shirt)

#### **TENNIS CAMP**

#### AGES 6-18

Learn tennis while having a blast on the court! Our program not only teaches tennis strokes and strategy but also emphasizes life skills through sportsmanship, self-scoring, and self-awareness. Players will be grouped based on abilities and ages, welcoming participants of all skill levels.

Bring: Appropriate clothing for the weather, Hats & sunscreen, Water, Loaner rackets and

## Penn Cove Water Festival

Tribal Canoe Races, Music, Dancers, Food, Native Arts & Crafts, Storytelling, Youth Activities



all equipment provided

**Instructors:** Timm Sanford (tfsanford@ icloud.com) and staff, including college and high school players

**Bonus:** Register 30 days ahead of camp, you will qualify to receive Early Bird pricing and a free International Soccer Jersey (plus \$7.95 S&H per jersey).

Location: SWHS Tennis Courts

**Rain-outs:** Tennis sessions may be canceled due to rain. Please call the office at 360-221-5484 or check the website (www.swparks. org) one hour before class if unsure. Fridays will be designated as makeup days.

#### AGES 6-10

T, W, TH | June 25-27 | 8:30-9:40am | \$45

T, W, TH | July 9-11 | 8:30-9:40am | \$45

T, W, TH | July 23-25 | 8:30-9:40am | \$45

T, W, TH | Aug 6-8 | 8:30-9:40am | \$45

#### AGES 11-15

T, W, TH | June 25-27 | 9:50-11:00am | 9:50-11:00am | \$45

T, W, TH | July 9-11 | 9:50-11:00am | 9:50-11:00am | \$45

T, W, TH | July 23-25 | 9:50-11:00am | 9:50-11:00am | \$45



SKYHAWKS CAMPS • NATURE CAMPS • RACE WHIDBEY 17

T, W, TH | Aug 6-8 | 9:50-11:00am | 9:50-11:00am | \$45

#### HIGH SCHOOL DRILLS & SKILLS (FOR INTERMEDIATE & AD-VANCED PLAYERS ENTERING GRADES 9-12)

T, W, TH | JUNE 25-27 | 11:00-12:00 | \$35

T, W, TH | JULY 9-11 | 11:00-12:00 | \$35

T, W, TH | JULY 23-25 | 11:00-12:00 | \$35

All classes: Min 6/Max 24 (6-8 players per court)

#### LEVO SOCCER CAMP

#### AGES 4-14 JULY & AUGUST CAMPS!

All players are welcome to attend, and our high-intensity, focused, and positive environment will emphasize technical skill development on the ball. Expect to walk away from camp as a much-improved player while having a blast with new and old friends alike. Don't miss out on this opportunity to take your game to the next level! All campers receive a Levo soccer ball and sublimated polyester training shirt.

**Bring:** Water, snack, and athletic shoes (preferably soccer cleats)

Location: South Whidbey Sports Complex

**Instructors:** Former collegiate, professional, and international soccer players

#### JULY CAMP:

Mon-Wed | July 1-3 | Sign up at julylevocamp.itemorder.com Ages 4-5 | 9:00 am - 10:00 am | \$50 Ages 6-7 | 9:30 am - 12:00 pm | \$115 Ages 8-10 | 10:00 am - 1:00 pm | \$135 Ages 11-14 | 10:00 am - 2:00 pm | \$180

#### **AUGUST CAMP:**

Mon-Thu | Aug 12-15 | Sign up at augustlevocamp.itemorder.com Ages 4-5 | 9:00 am - 10:00 am | \$65 Ages 6-7 | 9:30 am - 12:00 pm | \$150 Ages 8-10 | 10:00 am - 1:00 pm | \$180 Ages 11-14 | 10:00 am - 2:00 pm | \$240 WINGS OVER bird festival Coupeville, Whidbey Island May 11, 2024

tome great

A full day of free family fun! 11 a.m. to 3 p.m. • Saturday, May 11 Pacific Rim Institute –180 Parker Rd, Coupeville whidbeyaudubonsociety.org

Children's Activity Tent • Scavenger Hunt! • Gift Basket Raffle • Silent Auction • Guided Bird Walks, both Friday and Saturday • Artist booths • Food vendors • Affiliate Nonprofit Booths to Explore

#### **Presentations:**

11:00 Washington State Native Bee Society
12:30 Birds and Butterflies ...Which do I Choose?
2:00 Discovery Bay Wildbird Rescue - see

live birds up close

#### **Children's Book Authors Read**

11:00 Susanne Ohrvik, Blue and the Battle of the Bird Seed

12:00 Karen DeWitz, Look at that Bird! and Let's Explore the Beach!

Art Workshops by Susanne Ohrvik Registration required, \$5 for supplies

#### www.swparks.org

## INTERNATIONAL SOCCER CAMP

#### AGES 3-14

Join the Challenger Sports International coaching team for an exciting and funpacked week of soccer right here on Whidbey! Explore the cultures, games, and activities of the world's top soccer-playing nations through Challenger's unique curriculum and highly energetic coaches. Players will learn tricks, skills, and tactics throughout the week and showcase their abilities in our ever-popular Camp World Cup!

Each day includes individual foot skills, technical drills, tactical practices, smallsided games, and coached scrimmages. The International Camp curriculum reflects the truly global nature of the sport today and will provide young players with a wide variety of coaching styles, practices, and influences that will help them develop a well-rounded skill set. The Instructors: Challenger coaching staff provides your child with lessons in respect, integrity, and sportsmanship. Campers receive a free camp shirt, camp ball, and personal player evaluation.

Bring: Snacks, drinks, shin guards, and sun protection.

Location: South Whidbey Sports Complex

**Bonus:** Register 30 days ahead of camp, and you will qualify to receive Early Bird pricing.

Sign up at www.challengersports.com

## **Begin At Island Thrift**

**FUN & SAVINGS** 

APPAREL • SPORTING GOODS • BOOKS • OUTDOOR MERCHANDISE



600 SE Barrington Drive Oak Harbor (360)675-1133

> Hours: Mon-Sat 9am-5:30pm Donation Hours: Tues, Thurs, Sat 9am-12pm

#### **Host Families Needed**

For International Soccer Coaches!

Host families are needed for international soccer coaches visiting during Challenger's International Soccer Camp. Hosting a coach provides a memorable and international learning experience for your family. In return, host families will receive an \$80 rebate toward their camp fees.

For more information, contact jdrew@challengersports.com

#### **JUNE 24-28**

TINY TYKES 3-5 YEARS Mon-Fri | Jun 24-28 | 8-8:45am | \$129\*/\$149§

#### HALF DAY 6-14 YEARS

Mon-Fri | Jun 24-28 | 9am-noon | \$225\*/\$255§

#### **FULL DAY 8-14 YEARS**

Mon-Fri | Jun 24-28 | 9am-4pm | \$275\*/\$315§ \*(Early Bird pricing if registered by May 24.)

#### AUG 5-9

TINY TYKES: 3-5 YEARS Mon-Fri | Aug 5-9 | 8-8:45am | \$129\*/\$149§

HALF DAY: 6-14 YEARS Mon-Fri | Aug 5-9 | 9am-noon | \$225\*/\$255§

#### FULL DAY: 8-14 YEARS

Mon-Fri | Aug 5-9 | 9am-4pm | \$275\*/\$315§

\*(Early Bird pricing if registered by July 4.)

§ (There is a \$10 late fee for campers registering within 10 days of the camp start date. \$40 Cancellation Fee 10+ days prior to camp. No refunds for cancellation within 10 days of camp.)

#### SKYHAWKS MULTI-SPORT CAMP

#### AGES 7-12

Our Multi-Sport camp is designed to introduce young athletes aged 7-12 to a variety of different sports in one exciting setting. Throughout the program, we combine 2-3 sports into one fun-filled week, allowing athletes to learn the rules and essential skills of each sport, alongside vital life lessons such as sportsmanship and teamwork.

**Included:** T-shirt, sport ball and merit award.

**Bring:** Lunch, snack, water bottle, weatherappropriate clothing, athletic shoes, and sunscreen.

Location: Community Park

Min 8/Max 12 REGISTER ONLINE AT SKYHAWKS.COM

#### BASKETBALL, BASEBALL & SOCCER AGES 7-9

½ Day | Mon-Fri | Jul 8-12 | 9am-noon | \$159 Full Day | Mon-Fri | Jul 8-12 | 9am-3pm | \$220

## BASEBALL, FLAG FOOTBALL & SOCCER

½ Day | Mon-Fri | Jul 22-26 | 9am-noon | \$159 Full Day | Mon-Fri | Jul 22-26 | 9am-3pm | \$220 ½ Day | Mon-Fri | Aug 19-23 | 9am-noon | \$159

Full Day | Mon-Fri | Aug 19-23 | 9am-3pm | \$220

## BASEBALL, FLAG FOOTBALL & SOCCER

#### AGES 10-12

½ Day | Mon-Fri | Jul 8-12 | 9am-noon | \$159

Full Day | Mon-Fri | Jul 8-12 | 9am-3pm | \$220

½ Day | Mon-Fri | Jul 22-26 | 9am-noon | \$159

Full Day | Mon-Fri | Jul 22-26 | 9am-3pm | \$220

½ Day | Mon-Fri | Aug 19-23 | 9am-noon | \$159

Full Day | Mon-Fri | Aug 19-23 | 9am-3pm | \$220



#### SKYHAWKS MINI-HAWK® SPORTS CAMP

#### AGES 4-7

The Skyhawks Mini-Hawk<sup>®</sup> Sports Camp is tailored to provide children with a positive first step into athletics. In this multi-sport program, sports are taught in a safe and structured environment filled with encouragement and fun. Through exciting games and activities, campers explore balance, hand-eye coordination, and skill development at their own pace.

**Included:** T-shirt, sport ball, and merit award.

**Bring:** Snack, water bottle, weatherappropriate clothing, comfortable athletic shoes, and sunscreen.

Location: Community Park

#### **REGISTER ONLINE AT SKYHAWKS.COM**

Mon-Fri | Jul 8-12 | 9am-12pm | \$159 Mon-Fri | Aug 19-23 | 9am-12pm | \$159

#### SKYHAWKS FLAG FOOTBALL CAMP

#### AGES 5-10

Experience the excitement of football with Skyhawks Flag Football Fueled by USA Football. Using a curriculum developed by the experts from USA Football, coaches will teach skills like passing, receiving, kicking, and flag pulling. Participants will gain confidence and learn important life lessons in a fun, positive environment.

#### **Skyhawks Camps**

Skyhawks is the country's leader in providing a safe, fun, and skill-based sports experience for kids. Chosen for their strong character, responsibility, and capacity to effectively communicate sports skills to youth, Skyhawks coaches will make the extra effort to ensure your child has the best on-field experience.

REGISTER FOR ALL SKYHAWKS CAMPS AT SKYHAWKS.COM Included: T-shirt, poms, and merit award.

**Bring:** Two snacks, water bottle, weatherappropriate clothing, football shoes (or comfortable athletic shoes), and sunscreen.

**Location:** South Whidbey High School Football Field

#### **REGISTER ONLINE AT SKYHAWKS.COM**

#### *Min 6/Max 10* Mon-Fri | Jul 29-Aug 2 | 1-4pm | \$159

#### SKYHAWKS TRACK & FIELD

#### AGES 6-12

Skyhawks Track & Field was developed to introduce young athletes to this sport rich in tradition and history. These programs combine technical development and fundamental techniques with safety and a focus on fun! Using special equipment, our exercises and drills will prepare athletes for cross country, track and field events, and distance running, while inspiring a love for running and being active. Participants will put it all together for one fun-filled day at the end of the week at the Skyhawks track meet!



#### Included: T-shirt and player evaluation

**Bring:** Two snacks, water bottle, weatherappropriate clothing, running shoes, and sunscreen.

Location: South Whidbey High School Track REGISTER ONLINE AT SKYHAWKS.COM

#### Mon-Fri | Jul 29-Aug 2 | 9am-12pm | \$159

#### WHIDBEY WATERSHED STEWARDS NATURE CAMPS

#### FEATHERED FRIENDS DAY CAMP

#### AGES 6-9

Immerse yourself in nature with our Feathered Friends Day Camp! This outdoor adventure combines hands-on learning and birding activities, fostering a deep appreciation for birds and their habitats. We promote environmental awareness and stewardship through bird and plant identification, nature walks, guest lectures, arts & crafts, and games. Our camp provides a rich and immersive experience that inspires participants to become lifelong birdwatchers, advocates for bird conservation, and stewards of the natural world.

Instructor: Laina Stonefelt (laina. whidbeywatersheds@gmail.com) and Debbie Post

**Bring:** Water bottles, closed-toed shoes, outdoor attire/play clothes, snacks & lunch

Location: Maxwelton Outdoor Classroom – 7015 Maxwelton Rd, Clinton

#### Mon-Fri | Jul 8-12 | 9am-2pm | \$300

#### Min 6/Max 15

#### SALISH SEA JR SCIENTISTS SCHOOL AGES 9-12

Embark on a marine adventure with Salish Sea Day Camp! This unique and immersive educational experience is focused on the rich marine ecosystems of the Salish Sea region. Our camp offers kids the opportunity to explore, learn, and connect with the diverse marine life and habitats found within the Salish Sea. Participants will gain knowledge of the importance of marine conservation, biodiversity, and stewardship through hands-on activities such as beachcombing, tide pooling, using microscopes, and wildlife excursions. Join us for an unforgettable journey of immersive learning, adventure, and discovery!

Bring: Water bottles, closed-toed shoes, outdoor attire/play clothes, snacks & lunch

**Instructors:** Laina Stonefelt (laina. whidbeywatersheds@gmail.com) and Debbie Post

**Location:** Whidbey Watershed Stewards Environmental Learning Center – 723 Camano Ave, Room 109 (South Whidbey Community Center) & Langley Marina

#### Mon–Fri | Aug 5-9 | 9am–2pm | \$300 Min 6/Max 15

#### **RACE WHIDBEY**

#### WHIDBEY ISLAND TRIATHLON

#### ADULTS & YOUTH 16+

Join us for the 28th annual Whidbey Island Triathlon! Beloved by locals and visitors alike for its scenic course and friendly volunteers, the Whidbey Island Triathlon is a great first triathlon for beginners, and still a fun and challenging event for experienced triathletes. The scenic course starts with a 0.5-mile swim in beautiful Goss Lake on Whidbey Island. Leaving the lake on your bike, you'll begin the 19-mile ride on treelined paved country roads. The bike course is hilly with views of Saratoga Passage and the North Cascades. Finish with a 3.8-mile run through forest trails at Community Park and soccer fields.

#### Chip timing. Extensive suppor



**Extensive support provided by friendly volunteers.** This event has limited space and sells out, so register early! Registration is delayed this year. We do plan to hold the event, though with likely modifications!

Awards: Top male and female overall in the triathlon will receive trophies. Top three in five-year divisions will receive neck medals. Top three males and females in King Salmon division will receive neck medals. First place in relay team divisions of male, female, mixed, under 99 years, over 99 years, over 149 years, and over 200 years combined age will receive neck medals.

#### Saturday | July 20, 2024 | 9am

Registration & Info: www. whidbeytriathlon.com

#### **DOG CLASSES**

#### NOSEWORK

#### **INTRO, INTERMEDIATE & ADVANCED**

Sniffing out fun on Whidbey

#### HANDLERS 18+ (16+ W/ADULT)

Nosework is a fun activity and sport for all dogs and is ideal for those needing more confidence, senior dogs, young dogs, super energetic dogs, and reactive dogs. Dogs love to hunt & sniff, and Nosework explores this wonderful behavior in our furry companions. Each dog works individually, so no worries if your dog doesn't do well in a group class. They also work independently; in your first classes, you'll learn to observe what your dog is doing when hunting. This progresses to the two of you working as a team to cover a search area to find a "hide".

**Pre-Requisite:** Participants must be able to keep physical control of their dog on a leash. We reserve the right to restrict any dog's participation for any reason, for the safety of other dogs and participants. Evidence of current vaccinations required.

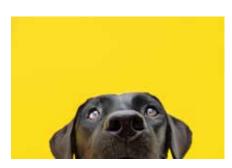
Bring: Harness, leash, and treats

**Instructor:** Jan Shannon (jan@ modernk9training.com) is a professional dog trainer certified by Karen Pryor Academy (KPA CTP), and Animal Behavior College (ABCDT) and the Certification Council for Professional Dog Trainers (CPDTKA). For a full description of education, certification, and philosophy, visit www.modernk9training. com/about

**Location:** Community Park 'Dog House', 5495 Maxwelton Road, Langley; classes meet in classrooms and outdoors.

**Schedule:** Ongoing weekly offerings for beginning to advanced levels.

Visit www.swparks.org/nosework for detailed schedule and fees.



#### **PUPPY FOUNDATION**

Education for your puppy

#### **AGES 18+ ADULT HANDLERS, AND PUPPIES AGES** 12-WEEKS TO 1-YEAR

As your puppy gets into adolescence, it's even more important to set them up for success by teaching them how to make great choices. The Puppy Foundation class will work on:

- Household manners being okay in the house, stopping the nipping and biting, growing calmness, and house training
- Inspiring great behaviors
- On-leash behavior easy walks, core concepts, and lessons that build the foundation for this before you step outside
- Off-leash behavior how to be successful with your dog choosing you over the environment & choosing to hang out with you instead

Pre-requisite: Adolescent dogs, age 8 weeks on. Participants must be able to keep physical control of their dog. We reserve

225 Anthes Ave · Langley

Game Shop with Weekly Events

the right to restrict any dog's participation for any reason, for the safety of other dogs and participants. Evidence of current vaccinations required.

#### Bring: Collar and leash

Instructor: Jan Shannon is a professional dog trainer certified by Karen Pryor Academy (KPA CTP), and Animal Behavior College (ABCDT) and the Certification Council for Professional Dog Trainers (CPDT-KA). For a full description of education, certification, and philosophy, visit www. modernk9training.com

Location: Community Park'Dog House', 5495 Maxwelton Road, Langley; classes meet in classrooms and outdoors.

#### Schedule: Ongoing offerings

Visit www.swparks.org/puppyfoundation for a detailed schedule and fees



OPEN: M,W,TH:11-7 F-SUN:12-8



#### **DOG SPORTS – FUN** WITH YOUR DOG!

#### **AGES 18+**

There are hundreds of ways old dogs, young dogs, rescue dogs, poorly socialized, small, medium, large, and all dogs can have fun with their owners. Jan has been awarded titles and is experienced in dog sports venues with all breeds.

#### We will be sampling the 'Dog Sports' listed below:

Beginning Fast CAT<sup>®</sup> (no cats involved)/ Lure Coursing: Timed dashes where dogs run one at a time, chasing a lure, retrieving on command, fetch for fun, using noses while on leash (good for young & old dogs), tracking, therapy Dog introduction, agility, trick Dog, basic Dog first aid, disaster preparedness for your animals, we will sample sports with your dog understanding the limitations they might have.

Bring: Leash, collar, treats. Dress in layers. Instructor: Jan Skewes (janskewes@ whidbey.com) has taught classes for over 30 years. She has trained and taught 4H groups in sports, worked with service dogs in training, received titles in 50+ venues, has had over 5 recognized 'Achievement Dogs', is certified by the AKC to evaluate teams for Canine Community Dogs, was recently certified to evaluate and be a tester for 'dog therapy teams', has trained and competed in 'Trick Dog' events, has logged over 100 therapy visits with her dogs, and is a 'Search & Rescue Tech 3'.

Location: Community Park 'Dog House', 5495 Maxwelton Road, Langley; classes meet in the classroom and will also have off-site field trips.

Thursdays | May 2-30 | 5-6:30pm | \$150 Min 4/Max 6

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Providing basic needs and life skills to homeless youth and young adults. Your donations support our mission.



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#### www.swparks.org



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#### MAY

- 1 Intermediate Pickleball Skill Building
- 1 Groove Dance Fitness
- 2 Dog Sports Fun with your Dog!
- 2 Swim Lesson Registration Opens 9am
- 27 SWPRD Office Closed

#### JUNE

- 1 Ballroom Dance
- 1 Beginning Adult Sailing Lessons
- 3 Beginning Adult Sailing Lessons
- 5 Adult Coed Softball Reg. Deadline
- 8 Beginner Adult Sailing Lessons
- 8 Intro to Laser Sailing
- 19 Adult Coed Softball Reg. Deadline
- 21 Skimboard Painting Workshop
- 22 Skimboarding Camp
- 24 Magic Camp
- 24 International Soccer Camp: Half Day
- 24 International Soccer Camp: Full Day
- 24 International Soccer Camp: Tiny Tikes
- 25 Tennis Camp
- 25 High School Tennis Drills & Skills
- 28 Rowing Clinic

#### JULY

- 1 Swim Lessons
- 1 Kayak Camp for Teens
- 1 LEVO Soccer Camp
- 4 SWPRD Office Closed
- 8 Sailing Camp
- 8 Paddle Sport Camp
- 8 Nature Camp Feathered Friends Day Camp
- 8 Underwater Robotics | w/ Atlantis STEAM
- 8 Skyhawks Multi-Sport Camp
- 8 Skyhawks Mini-Hawk® Sports Camp (Baseball, Basketball, Soccer)

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#### SCHEDULE OF FUN 23

- 8 Future Falcons Summer Basketball Camp
- 9 Tennis Camp
- 9 High School Tennis Drills & Skills
- 10 Future Falcons Summer Basketball Camp
- 13 3-on-3 Basketball Tournament
- 15 Swim Lessons
- 15 Parent-Tot Swim Lessons
- 15 VolleyKid Indoors
- 15 Sailing Camp
- 15 Paddle Board Camp for Teens
- 15 Underwater Robots | w/ Atlantis STEAM
- 16 Admirals Basketball
- 19 SWPRD Office Closed
- 20 Whidbey Island Triathlon
- 22 Sailing Camp
- 22 Skyhawks Multi-Sports Camp
- 23 Tennis Camp
- 23 High School Tennis Drills & Skills
- 29 Swim Lessons
- 29 Parent-Tot Swim Class
- 29 Underwater Robotics II w/ Atlantis STEAM
- 29 Skyhawks Flag Football Camp
- 29 Skyhawks Track & Field Camp
- 30 Tuesday Concerts in the Park Doctor Savage

#### AUGUST

- 5 International Soccer Camp: Half Day
- 5 International Soccer Camp: Full Day
- 5 International Soccer Camp: Tiny Tykes
- 5 Nature Camp Salish Sea Jr. Scientist School
- 5 Underwater Robotics II w/ Atlantis STEAM
- 6 Tennis Camp
- 6 Tuesday Concerts in the Park One Island Drop
- 12 VolleyKids Outdoors
- 12 LEVO Soccer Camp
- 17 Skimboarding Camp
- 19 Skyhawks Multi-Sports Camp
- 19 Skyhawks Mini-Hawk Sports Camp
- 19 Intro to Competitive Underwater Robotics w/ Atlantis STEAM
- 20 Tuesday Concerts in the Park Moonlight Swing Orchestra (Big Band Era)
- 26 3D Printing with Tinkercad or Onshape w/ Atlantis STEAM

#### ONGOING

Indoor Pickleball Groove Dance Fitness Youth Wresting - Island Mat Club Dog Nosework - Intro, Intermediate, and Advanced Puppy Foundation Adult Drop-In Volleyball

## Summer Nights Events featuring

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WICAonline.org for Events and Schedules

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