

April 11 through April 17, 2024

FREE

Whidbey Weekly

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 WHIDBEY ISLAND CENTER for the ARTS PRESENTS



JUSTICE

A MUSICAL

Book by Lauren Gunderson

Music by Bree Lowdermilk Lyrics by Kait Kerrigan

Directed by Rose Woods Musical Direction by Sheila Weidendorf

APRIL 12 - 27, 2024

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Whidbey Weekly
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Continued Traditions and the Afghan Advantage



Photo courtesy of Afghan Advantage
At an Afghan Advantage Pod Meeting educators are greeted with a meal and warm welcomes.

By **Samanthajoy Goodman** Whidbey Weekly

Washington state has become a haven for Afghan refugee families seeking safety and opportunity in the aftermath of conflict and war.

Our state is among the top 4% in the U.S. for housing Afghanistan's displaced, with additional thousands hosted at U.S. bases in their homelands and in the U.S. These are our allies, who risked their lives alongside American troops in pursuit of freedom and justice. Among these displaced individuals are educators, nonprofit leaders, doctors, mothers, and grandmothers who have banded together to reshape their future here on American soil.

Afghan Advantage (AA+), a team of Afghan and American volunteers, works side by side to provide information, training, and support to Afghan families, aiming to teach American independence and continued accomplishments. This initiative, rooted here on Whidbey Island, began in response to a call for help and has since evolved into a nonprofit—an endeavor characteristic of Whidbey's spirit.

Initiative members and AA+ educators will speak at Music for the Eyes in Langley on Sunday, April 14, at 5 p.m., Sharon and Fred have graciously opened their doors to share grassroots and independent perspectives. The stories these women share resonate deeply with my own quest for community engagement, drawing people together. Through the challenges of COVID and across cultures, these women have united in unwavering passion, sharing both food and ideas.

Sharon and Fred have supported this group since receiving that initial 2019 call for assistance with a family of Afghan doctors among the Fall of Kabul, gifting them traditional Afghan rugs—a gesture honoring their homeland and to continue their cultural traditions in here and in peace.

Sharon respects these women, acknowledging the difficult paths they've walked. She hopes to inspire them by showing what's possible in the U.S.—Their daughters could be a race car driver, President, or newspaper publisher, so should they choose.

Every dollar donated to Afghan Advantage paves the way for brighter futures, preparing individuals for community college-level ESL courses and beyond. Additional services include driving instruction through a third-party partner. Less than 20% of Afghan women have received formal education, though significant progress was made during U.S. Troop deployments in Afghanistan since 2001, stabilizing resources for displaced individuals. The Hazara people, especially women, have suffered repression for over two decades. We are privileged to hear their stories and provide a platform for listening.

Compassion, community, and consistency are the cornerstones of these efforts for a more cohesive tomorrow.

To learn more, or contribute to Afghan Advantage: <https://afghanadvantage.org/#footer>



Photo courtesy of Afghan Advantage
Educators offer basic life skills training in literacy and phonics.

TALKS WITH AFGHAN WOMEN AT MUSIC FOR THE EYES



SUNDAY, APRIL 14TH AT 5PM
MUSIC FOR THE EYES · 314 FIRST STREET · LANGLEY
PLEASE JOIN US TO TALK WITH AFGHAN WOMEN ABOUT THE "AFGHAN ADVANTAGE" LITERACY PROGRAM.



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Monday, 04/01/24
06:56:23, SW BARLOW ST
Reporting party advises male is sleeping outside of location.

09:21:07, SE GLENCOE ST
Reporting party needs help with her phone, but also rambling about getting help.

10:25:13, SE ELY ST
Wants to speak to someone about mom's cats in the unit.

10:51:10, SE BARRINGTON DR
Reporting party heard report that an associate was arrested on 031324 - requests additional information - reporting party only knew date and occurred in Oak Harbor WA.

Tuesday, 04/02/24
08:08:40, SR 20
Reporting party requests a call regarding a cashier not giving back the correct change.

08:29:38, NE KOETJE ST
Reporting party advises subject has left items all over their property. No address to property provided.

10:33:15, SE GLENCOE ST
Reporting party requests contact in PD lobby regarding a situation occurring with the reporting party.

10:45:48, SR 20
Elderly male wearing pajama bottoms looks very lost.

11:28:32, SR 20
Reporting party requests a call regarding Oak Harbor Police Department giving a female customer his personal number.

12:23:51, N OAK HARBOR ST
Reporting party advises vehicle was stolen from location. Reporting party gave wrong address and space number.

12:39:12, SW ERIE ST
Reporting party advises reported vehicle with a dog in it. Associated vehicle: 17 Chevy Colorado.

13:29:41, SR 20 & SW BARRINGTON DR
Male was screaming at the reporting party at the location. The reporting party

advised that the male had walked towards the reporting party's vehicle.

13:46:00, NE KOETJE ST
Reporting party requests call, has info about a car meet on Friday. Advises was told that subjects from other towns will be coming and "stir things up" to male local LE not allow the meets.

14:57:34, NE MIDWAY BLVD
Unknown when happened - advises looking through security cameras - 3 large trash bags left - advises one trash bag was filled with marijuana.

Wednesday, 04/03/24
11:54:54, NE MIDWAY BLVD
Four subjects on back loading dock smoking from foil - 3 males, 1 female - no description.

13:35:56, SE CITY BEACH ST
Advising third-party report of someone seen on the reporting party's stolen bike.

13:46:16, SW ERIE ST
Reporting party advises someone in the store has a dog in a cart and she believes the collar is too tight.

14:04:40, SW BARLOW ST
Advising purchased vehicle, provided money, was given a key, told was at Les Schwab, now not able to locate the vehicle.

14:22:05, SE 8TH AVE
Requests check at location for his kids. Advising that his ex-wife lost custody today, and he has a pick-up order but has no idea where they are.

15:45:00, NW RIGGING ST
States neighbor keeps parking gray GMC Colorado blocking reporting party's wife's vehicle. Reporting party has already asked neighbor to move it but this continues to happen.

16:34:49, SE BARRINGTON DR
Order in place with male - has been seen pacing outside reporting party's place of employment multiple times today.

21:37:30, SW BAYSHORE DR
Jeep parked at bank is screaming and shouting at nothing - occurring for the last three days.

Report provided by OHPD & Island County Sheriff's Dept.

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April 20, 2024
9:00 am - 3:00 pm
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Saturday April 20 at 11 AM
Oak Harbor Library Meeting Room
1000 SE Regatta Drive, Oak Harbor

SPEAKER
James Shepherd, CS
Christian Science Practitioner
member of the Christian Science Board of Lectureship

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The Gang is Back!



Photo by Jill Hein (Cascadia Research Collective & Orca Network)

Yes, gray whales actually do come that close to shore! According to Cindy Hansen with the Orca Network, they come into the intertidal areas during high tide and feed very close to shore, then head back out again to deeper water when the tide starts to go out. "It's incredible that the whales have figured out this risky feeding technique, and that new Sounders seem to learn from the whales who have been doing it for awhile." The whale in the photo is CRC 22 Earhart, who was one of two original Sounders gray whales who first discovered the Puget Sound ghost shrimp in 1990.

By Jon Bach Whidbey Weekly

Each year, a group of approximately 20 Eastern Pacific gray whales, affectionately known as "The Sounders", deviates from their main migration route into Puget Sound to feed on ghost shrimp. The Orca Network's annual "Welcome the Whales" parade honors these well-known and beloved whales with costume-making, a waterside ceremony, the Langley Beach clean-up, a special presentation from the Cascadia Research Collective, a fundraising boat trip, and a critter parade.

"The beauty of the Welcome the Whales parade is that we never know what to expect. The parade is open to anyone on foot (no vehicles larger than a golf cart) and we are always amazed at the creative costumes we see. We're looking forward to seeing all the whales, mermaids, jellyfish, frogs, and all the other critter costumes," said Cindy Hansen, Education and Advocacy Coordinator at Whidbey Island's Orca Network.

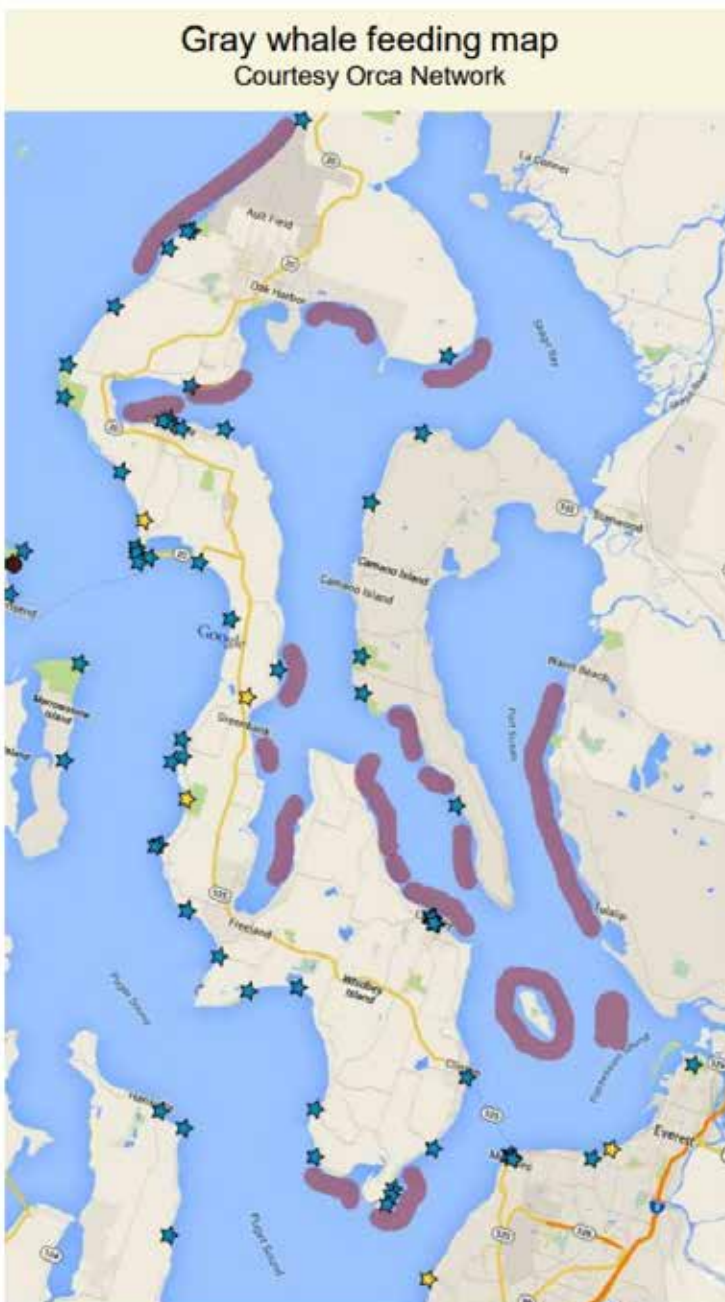
Parade staging takes place on Saturday, April 13 at 1:30 p.m. at the old U.S. Bank parking lot at 202 Anthes Avenue with the parade starting at 2:00. On Sunday, April 14, the presentation with Cascadia Research Collective will take place at the Langley Whale Center at 105 Anthes Avenue.

Hansen mentioned changes to this year's festival, including a beach clean-up instead of the educational presentation on Saturday afternoon, immediately following the parade and waterside ceremony. Community members are encouraged to remove garbage from Langley Beach to protect critical gray whale feeding habitat and will also clean grassy areas and streets along the parade route to ensure cleanliness.

The educational presentation will take place on Sunday at noon at the Langley Whale Center, featuring John Calambokidis from Cascadia Research Collective, providing updates on the Sounders gray whales.

The Orca Network celebrates that the gray whale 5-year Unusual Mortality Event (UME) has officially been closed. According to the National Oceanographic and Atmospheric Administration (NOAA), the [Marine Mammal Protection Act](#) defines a UME as "a stranding that is unexpected; involves a significant die-off of any marine mammal population; and demands immediate response."

Despite a 46% decline in the population, Hansen emphasized the importance of raising awareness, protecting habitat, and mitigating climate change to support recovery efforts. "We're very grateful that the Sounders gray whales have found a reliable food source here that has not only helped many of them survive the UME but has also provided a refuge for new Sounders as well."



Stars represent public viewing spots to observe gray whales. Visit Orca Network's online sightings map for more information.

When asked if there was a climate change impact on the Sounders, Howard Garrett, Co-Founder of the Orca Network and Orca Network Board President said the warming ocean has gradually moved the gray whales' prey base (primarily amphipod crustaceans and other benthic invertebrates found in muddy bottoms) further north in the Bering Sea and into the Chukchi Sea, making their annual 10-14,000-mile round trip migration even longer.

To be on the lookout for whales, see inset map of where they might be seen. This map was produced as part of the yearly "Guide to Gray Whales of North Puget Sound", available for sale and download on webshop page at orcanetwork.org. The Orca Network is a 501C3 nonprofit organization, with donations being tax-deductible, and in some cases, being matched by companies like eBay.

To register for the "Welcome the Whales" boat trip on April 14 from 3:00 p.m. - 5:00 p.m., reserve your seat at <https://givebutter.com/UxhTIZ>

Even if you can't attend the events, you can help the Sounders by reporting any sightings or strandings to a toll-free number: 866-ORCANET (672-2628).

Saturday, April 13

11:00 - Costume Making at Langley United Methodist Church

1:30 - Staging for Parade at 202 Anthes

2:00 - Parade through downtown Langley. All are welcome to walk in the parade.*

2:30 - Waterside Ceremony at Seawall/Whale Bell Park after the parade

3:30 - Langley Beach Clean-Up

* No vehicles larger than golf carts permitted. Please contact cindy@orcanetwork.org for more information.

Sunday, April 14

12:00 - Reception and Presentation from Cascadia Research Collective (location TBA)

3:00 - Fundraising boat trip with Puget Sound Express, leaving from Langley Marina.

<https://www.orcanetwork.org/>

<https://www.orcanetwork.org/events/welcome-the-whales-1>



Meet Bridget Beorse

Bridget is a versatile artist, spanning roles as an art director, graphic designer, illustrator, muralist, installation artist, and interdisciplinary fine artist.



She brings a wealth of experience from her tenure at Sub Pop Records, where she served as an Art Director at Sub Pop and Hardly Art Records. During her time there, she worked on projects for renowned musicians such as Sleater-Kinney, Fleet Foxes, Band of Horses, L7, Mudhoney, Mark Lanegan, Sunny Day Real Estate, Whitmer Thomas, The Helio Sequence, Jeremy Enigk, Damien Jurado, Kiwi Jr., Metz, Rolling Blackouts Coastal Fever, La Luz, and many others.

Her distinctive design work has graced billboards in major cities like New York, Los Angeles, London, and Toronto. Her work has been featured in publications including Print, Bust, The Big Takeover, Magnet, L&Q, New Noise, Mojo, Uncut, Konkurrent, and Under the Radar.



She has collaborated with a diverse range of clients including musicians, global tech companies, branding agencies, bars, construction firms, coffee shops, and weed dispensaries, among others. Her creative expertise spans multiple sectors, bringing innovative visual solutions to each project she undertakes.

Bridget's interests include Geology, Rock Climbing, Mountaineering, and Art History.

Bridget splits here time between Washington and Spain. She is a longtime friend of Samanthajoy, and a blessing to have on the Whidbey Weekly Team.

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 CIVIL WAR (R)
 2:00, 4:30, & 7:30 P.M.
 CLOSED WEDNESDAY & THURSDAY
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 4/19 "MINISTRY OF UNGENTLEMANLY WARFARE"

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Meet Jon Bach

Jon Bach is a freelance writer in Coupeville but his secret identity is a Technical Program Manager and software testing expert. He's been in Tech since 1995 and had worked at for eBay for 13 years until he was recently laid off. As Jon looks for another tech role, his mom is glad that he's picking up assignments for the Weekly and finally dusting off his B.A. in Journalism from the University of Maine.



Jon's also related to his famous literal "Tech bro" James Bach (author of "Lessons Learned in Software Testing" and "Secrets of a Buccaneer-Scholar") and his less famous father, Richard Bach, author of several books including "Jonathan Livingston Seagull".

Jon is also an author, having written the autobiographical "Above the Clouds: A Reunion of Father and Son" published in 1993. He moved to Seattle the day the I-90 bridge sank, and after living various places in the area since then, moved to beautiful Whidbey in 2021 with his wife and daughter.

Jon joined the Whidbey Weekly team after sending some of the honest, and most encouraging letter we've received to the inbox. We're beyond delighted to have someone as excited to sustain and support this paper as Jon. We look forward to doing more with them in the future.

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BITS & PIECES

Trailblazing Musical "Justice" Comes to Whidbey Island Center for the Arts

[LANGLEY, Wash.] — On April 11, the groundbreaking musical "Justice" will open at the Whidbey Island Center for the Arts (WICA) for a three-week run on the Michael Nutt Mainstage. The new American musical, by playwright Lauren Gunderson of "The Revolutionists," along with composer Bree Lowdermilk and lyricist Kait Kerrigan, explores the lives of the first female Supreme Court Justices—Sandra Day O'Connor, Ruth Bader Ginsburg, and Sonia Sotomayor—and delves into issues related to equality and civic responsibility while exploring the justices' personal journeys. WICA's production is directed by Rose Woods, with musical direction by Sheila Weidendorf and stage management by Michelle Durr.

"Playwright Lauren Gunderson gives us characters deeply seeped in language—words that are transformational and powerful. These three characters are all 'women of words,' and this musical upends any preconceived notion that we 'know them.' They all ask themselves what they must do to 'get it done,' and their stories will inspire us," says WICA Executive Artistic Director Deana Duncan. "We are thrilled that 'Justice' has a home at WICA, and we know that it'll encourage conversations, creating a ripple effect that will truly impact our community. That is our mission at WICA, and this is the right play at the right time. We are so excited to support Rose Woods and the entire creative team in the PNW premiere of a new American musical."

The epic and intimate musical is brought to life by a three-person cast: Christina Boom (O'Connor), Gail Liston (Bader Ginsburg), and Jessica Robins (Sotomayor). Whidbey Island locals Boom and Liston are no strangers to the WICA stage, having previously appeared in numerous productions at the arts center. With a background in scripted, improvisational, and musical theater, Robins will be making her Whidbey Island debut, having performed with other Pacific Northwest theater companies.

"I was surprised to find out that Sandra Day O'Connor did not have the goal of becoming a Supreme Court justice; rather, when she was asked by President Reagan to be a nominee to the Supreme Court, she felt it was her duty to accept," says Boom. "It clearly wasn't an easy task, being the first woman on the court, and yet she felt the responsibility to do it well and to make sure she 'wasn't the last.'"

For the three actors, the musical is an opportunity to explore current themes and to have important conversations about societal issues.

"When I first heard about this play, I got excited," says Liston. "What an amazing concept. And the idea of playing one of these strong, brave women was irresistible. The show is so timely, with an important message about fighting for your rights and never giving up or becoming complacent."

Adds Robins, "More than anything, this show is a call to action. Please, please vote. Make your voice heard. Our democracy needs us more than ever!"

The WICA production includes sweeping songs and an exploration of incredibly relevant themes that Woods hopes will encourage the audience to think deeper about their shared humanity.

"I think we are living in a time when it is getting more and more impossible to look away from the ugliness, the violence, the rifts in our society," says Woods, who was drawn to the musical for the opportunity to bring this "call to action" to life on WICA's mainstage. "I think this play gives us a deep and personal look at our recent history and brings us to right now; to a better understanding of Equal Justice Under Law; to We the People; and to a powerful sisterhood of trailblazers as they confront the battles of their time. I hope our audience is moved by the personal stories and perhaps motivated to step out and make a difference in social justice and equity in our own communities."

Adds Durr, "This musical isn't just about the Supreme Court and 'government' but about these women's personal lives and the challenges they each faced outside of being a Supreme Court Justice."

It is the unique blend of music genres and the powerful messages behind the musical score that intrigued Weidendorf, who, as musical director, will also be supporting the cast on piano during the performances. "The 'Justice' score is largely what we would call a 'pop/rock' score with nods to old Broadway, TV Westerns, and more."

For her, the production has the power to truly inspire through artistic creativity. "Art is most potent when creativity intersects with and illuminates our shared experiences—be that political or personal experience. 'Justice' brings the personal to the political and makes the conversation accessible."

It is this "raw expression of living a life" that Woods can't wait to witness with the official opening this month.

"I am in love with this cast," she says. "There is a kind of alchemy and power between these actors. From the beginning, they dove into research and each shared stories of these characters they learned. We all got to know these women through our rehearsals. I won't pretend this was easy. The music is complex, the pacing is relentless, and the actors never leave the stage. But they bring everything they've got to every single rehearsal."

Adds Durr, "All these incredible humans have come together to tell this timely story. From the actors, music, and costumes, we have supported and held each other up every rehearsal and beyond. We are truly the Justice League, as we like to call ourselves."

In addition to the "Justice" performance run, WICA will also be hosting a Center Conversation Series event on April 21 following the matinee performance, featuring retired Washington State Supreme Court Justice Bobbe Bridge and sitting Washington State Supreme Court Justice Mary Yu who will discuss how the groundbreaking work of women Supreme Court Justices relates to the courts today.

For more information and to purchase tickets to the WICA events, please visit wicaonline.org.

Production photos will be available by request starting April 10, 2024.

About Whidbey Island Center for the Arts

Established through a grassroots effort to bring arts programming to the Whidbey Island community, Whidbey Island Center for the Arts (WICA) opened its doors in 1996.

[Submitted by WICA]

Habitat for Humanity of Island County Empowers Women in Construction through Women Build Event

[FREELAND, Wash.] — Habitat for Humanity of Island County is excited to announce its upcoming Women Build Event, a pioneering initiative aimed at empowering women to take an active role in construction and community development. Scheduled for May 17 and 18, 2024, the Women Build Event invites women from diverse backgrounds to come together and contribute to building safe and affordable housing for families in need.

Women Build is part of a nationwide initiative by Habitat for Humanity that celebrates the strength, dedication, and skills of women in the construction industry. This event not only fosters a sense of community but also provides invaluable hands-on experience in construction, enabling women to break barriers and thrive in traditionally male-dominated fields.

The Women Build Event hosted by Habitat for Humanity of Island County will feature two days of teamwork, learning, and empowerment. Participants will have the opportunity to work alongside experienced construction professionals, learning essential skills while making a tangible difference in the lives of families in need. From framing to roofing, women of all skill levels are encouraged to join and contribute their unique talents to the project.

"Last year's Women Build actually helped begin the framing of my family's home. As homebuyers, we were amazed by the ladies that turned out last year. The experience of lending a helping hand, directly seeing the impact YOU are making in the community that you live in is unparalleled. I really do recommend it. I made memories that will last forever; every time I look at a wall or out the window, I will be reminded of the women that helped me achieve the dream of my own safe and affordable home," said Misty Downard, future Habitat for Humanity of Island County homeowner.

Habitat for Humanity of Island County invites women of all ages and backgrounds to participate in this transformative event. Whether you're a seasoned construction professional or have never picked up a hammer before, there's a place for you at Women Build. Join us as we break barriers, build homes, and empower women to create positive change in our community.

Event Details:

- Date: May 17 and 18, 2024
- Time: 8:00 am – 4:00 pm
- Location: Freeland, Wash.

For more information and to register for the Women Build Event, please visit Island County Habitat's [Women Build 2024 page](#) or contact Lauren Taffer at 360-291-6057 or via email at lauren@islandcountyhabitat.com.

[Submitted by Habitat for Humanity of Island County]

GRAND OPENING

Of our new exhibit: *Native Species*
This finishes our *Native People, Native Places* exhibit and showcases the plants and animals of Island County
3-6 PM April 20th.
Ribbon cutting Ceremony 3:15PM



What's Going On!

The Mystery of Owls with Izzy Edwards

Thursday, April 11, 7-8:30 p.m.
Coupeville Recreation Hall, 901 NW Alexander Street, Coupeville

The Whidbey Audubon Society presents "The Mystery of Owls with Izzy Edwards" featuring Isabelle (Izzy) Edwards. Dive into owl photography and life history with Izzy as she shares her journey into the world of owls. The event is free and open to the public.

Orchard Day with Good Cheer Garden

Friday, April 12, 1-4:00 p.m.
Good Cheer Garden, 2812 Grimm Rd, Langley



Join Good Cheer Garden for Orchard Day in the Big ACRE garden. Help prepare fruit trees for the season with weeding, feeding, and woodchipping. Tools and gloves provided.

Sip & Science: Welcome Sounders Gray Whales!

Friday, April 12, 1-2:00 p.m.
Beaver Tales Coffee, 1900 SE Pioneer Way, Oak Harbor

Join the Sip & Science series at Beaver Tales Coffee to learn about The Sounders, gray whales that visit North Puget Sound each year. Enjoy a beverage

while discovering the world of gray whales.

All Whidbey Island Juried Art Show

Friday, April 12, 6-9:00 p.m.
Weekend Art Sale, Saturday, April 13 & 14: 10:00 a.m.- 4:00 p.m.
Pacific Northwest Art School, 15 NW Birch Street, Coupeville

Pacific Northwest Art School hosts the All Island Juried Art Show. Join the art reception and sale.

The Letter, a documentary movie

Friday, April 12, 6:30-8:30 p.m.
St. Augustine's In-The-Woods, 5217 S Honeymoon Bay Rd, Freeland

St. Augustine's In-The-Woods presents "The Letter," a documentary about the Pope's environmental encyclical and climate justice efforts.

Del Fairfax Preserve Family Friendly Guided Walk

Saturday, April 13, 9:00-10:30 a.m.
Del Fairfax Preserve, 1817 Zylstra Rd, Oak Harbor, WA 98277

Explore Del Fairfax Preserve on a family-friendly guided walk and learn about native flora and fauna.

Kiss Your Gas Goodbye – Electric Vehicle Roundup

Saturday, April 13, 10:00 a.m.-2:00 p.m.
Unity of Whidbey, 5671 Crawford Road, Langley, WA 98260

Unity of Whidbey hosts the Electric Vehicle Roundup featuring an assortment of EVs and e-bikes. Learn about EVs and test drives may be available.

Citizens' Climate Lobby Whidbey Island Meeting

Saturday, April 13, 10:00 a.m.-12 p.m.
Oak Harbor Library, 1000 SE Regatta Dr., Oak Harbor, WA 98277

Join the Citizens' Climate Lobby Whidbey Island Meeting to learn about climate policy and local chapter actions.

Welcome the Whales Festival and Parade

Saturday, April 13, 11:00 a.m.-4:00 p.m.
Langley Whale Center, 105 Anthes, Langley

Join the annual Welcome the Whales Festival and Parade to celebrate the gray whales' return to Puget Sound. Enjoy activities, a beach clean-up, and more.

WICA: JUSTICE (The Musical)

Sunday, April 21 | 2:00 PM
Thursday, April 25 | 7:30 PM
Friday, April 26 | 7:30 PM
Saturday, April 27 | 7:30 PM
Whidbey Island Center for the Arts, 565 Camano Avenue, Langley

Whidbey Island Center for the Arts presents "JUSTICE (The Musical)" featuring the first women Supreme Court Justices. Directed by Rose Woods, musical direction by Sheila Weidendor. Available at the door (Pay What You Wish), WICA Star: \$45, Standard: \$30, Youth 18 and Under: Free

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Penn Cove Water Festival

Tribal Canoe Races, Music, Dancers, Food, Native Arts & Crafts, Storytelling & Youth Activities



May 18th 2024
11am - 5pm

Coupeville
Whidbey Island
Washington

penncovewaterfestival.org · penncovewaterfestival@gmail.com

In loving memory of Tsimshian Tribe Members: Roger Purdue & Doreen May Nathan (S'kali'Ch'elh-tenaut)

Help Us Keep the Penn Cove Water Festival moving forward.
We need volunteers in different categories.

Follow the QR scan to our sign-up form
or visit penncovewaterfestival.org to the Volunteer section.
<https://www.signupgenius.com/go/20F0E4EAFAB2DA4FB6-47915763-penn#!>



APRIL, TROUT AND HALIBUT

April fourth was the Puget Sound area Halibut opener for 2024, and Island Anglers were given a nice change to the usual chopped up short and sporadic season. Halibut fishing is now open seven days a week until June 15. If our allotted quota is not met during this period, the Washington Department of Fish and Wildlife (WDFW) will reopen Puget Sound halibut fishing in August through September. Keep a close watch on the WDFW website's "emergency rule change" section for in-season updates and closures.

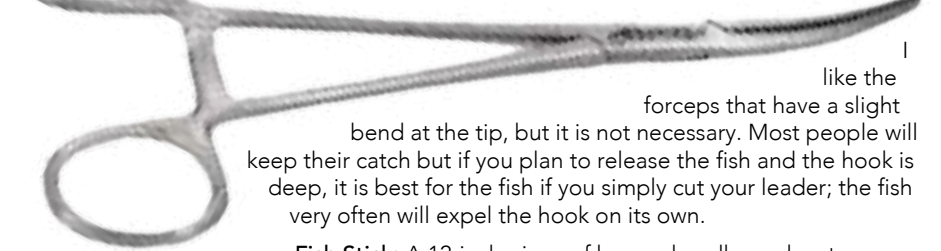
For avid trout fishermen, the last Saturday in April signifies the seasonal lake opener. All lakes that have been closed since last Labor Day will reopen, most of them freshly stocked with rainbow and cutthroat trout. Most lakes will have a daily limit of five fish per person, but check with the current regulations to be sure. Although most of the fish will be around one pound, hatchery facilities often stock a few larger broodstock fish weighing up to six pounds. Whether fishing from a boat or the bank, trout fishing presents a wonderful opportunity to introduce young anglers to the joys of fishing and teach them to be good stewards of the sport.

Growing up in Idaho rainbow trout fishing was an annual event, lakeside camping with family and friends was something I looked forward to each spring and summer. My dad taught me at a very young age that taking proper care of your catch from the water to the table is key to good tasting fish; we always had ice ready to rest our fish on. I have heard fisherman say a person should not put the fish directly on the ice, I personally have not had an adverse reaction to it. However, we have used wet burlap between the fish and ice at times; the blood-soaked burlap can get pretty ripe after a few trips out if not thoroughly cleaned after each use.

Here are a few helpful tools and gear suggestions to enhance your trout fishing experience:

Fish Rags: Old shower or hand towels make excellent fish rags. Cut or tear them into usable sizes, preparing both wet and dry rags. The dry rag aids in holding onto slippery fish, while the wet one cleans your hands afterward.

6 Inch Forceps: Many trout will swallow bait deeply, making hook removal nearly impossible with fingers alone. Thin-pointed forceps are ideal for reaching in and grasping the hook to remove it.



Fish Stick: A 12-inch piece of broom handle or closet doweling serves as an effective trout "fish stick." Having better control of thrashing fish is safer when dealing with hooks, and swiftly dispatching the fish contributes to tastier trout on the table. A single well placed strike on the top of the fish's head directly between the eyes is where you want to strike; hitting the fish anywhere else all you are doing is tenderizing and bruising the fish.

Baby Wipes: After a successful day of fishing it always feels good to clean your hands and wipe down fishing gear before getting back into the truck or car. Baby wipes are great, they clean well and you can give each fisherman in your group some in a sandwich bag if you don't have room to carry the entire package.

Trout, like any fish, are best enjoyed fresh whenever possible, so only take home what you can consume in the next couple of days. Avoid freezer burn for optimal taste. Spring is here and summer is just around the corner which will mean more and more fishing opportunities but don't wait, get out now and target what is open because the 2024 season will go by in a flash. Remember to take the kids fishing and be patient, great memories are made while fishing. GOOD LUCK out there!!

Women Build 2024

May 17th - 18th

Women Build!
Women Build is an empowering annual event where women of all ages and backgrounds join forces to build homes, tackle homeownership challenges, and make a visible impact in our community. Join us in fostering a unique and positive environment for everyone to give back.

Are you ready to build with us?
Get your tickets now for just \$30, which includes a commemorative t-shirt, a custom Habitat for Humanity hard hat, and lunch for both days. Scan the QR code above to secure your spot and be a part of this meaningful experience!

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islandcountyhabitat.org/women_build-2024/

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OHHS @ SEHOME
FIRST PITCH AT 4:00 PM

Fri 4/19 - BASEBALL
SEDRO-WOOLLEY @ OHHS
FIRST PITCH AT 4:00 PM

Sat 4/20 - BOY'S SOCCER
FERNDALE @ OHHS
FIRST PITCH AT 4:00 PM

www.soundsportsnet.com



Recipe of the Week

Homestyle Japanese
ideal for experimental home cooks



Japanese food may seem like a cuisine that can only be enjoyed in Japanese restaurants, but home cooks willing to take a chance and try something new can enjoy this popular take on food in the comfort of their own kitchens. "Hayashi Raisu (Beef and Onions in Tomato Gravy Over Rice)" is commonly eaten at home in Japan, so it naturally makes a great dish for home cooks to try. The following recipe is courtesy of Amy Kaneko's "Let's Cook Japanese Food!" (Chronicle Books).

Hayashi Raisu
Beef and Onions in Tomato Gravy Over Rice (Serves 4)

- 3/4 pound beef rib eye, very thinly sliced (almost shaved; for ease, freeze for 1 hour before slicing)
- 1/2 teaspoon salt
- 1/2 teaspoon ground pepper
- 1 teaspoon plus 1 tablespoon sugar
- 3 tablespoons unsalted butter

- 1 1/2 yellow onions, cut into 1/4-inch-thick slices
- 1/2 cup sliced fresh white mushrooms
- 2 1/2 tablespoons all-purpose flour
- 1 cup dry red wine
- 3/4 cup tomato purée
- 3 tablespoons Worcestershire sauce
- 1 chicken or beef bouillon cube or 1/2 teaspoon granulated chicken stock base

Place the beef in a large bowl and sprinkle with the salt, pepper, and 1 teaspoon of the sugar. Massage the seasonings evenly into the beef. Set aside.

In a large frying pan or wok, melt 2 tablespoons of the butter over medium-high heat. When the butter is foaming, add the onions and cook, stirring often, until translucent and soft but not browned, 4 to 6 minutes. Transfer the onions to a Dutch oven or other heavy pot.

Add the remaining 1 tablespoon butter to the frying pan and return to medium-high heat. When the butter is foaming, add the meat and cook briefly, stirring constantly to prevent the pieces from sticking together. Add the mushrooms and, when the beef is almost cooked, after about 3 minutes, sprinkle in the flour and mix well. Add the wine, again stir well to combine with the beef and mushrooms, and then transfer to the pot holding the onions.

Place the pot over medium-high heat and heat until the mixture bubbles. Reduce the heat to medium-low, add the tomato purée, the remaining 1 tablespoon sugar, the Worcestershire sauce, and the bouillon cube and mix well. Cook, uncovered, for 15 minutes to blend the flavors.

Taste and adjust the seasoning with salt and pepper, then serve hot.

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WEEKLY HOROSCOPES

ARIES – Mar 21/Apr 20

Aries, this is a great week for transformation. Be careful where you direct your attention, as what you do will have lasting effects. Choose your plans wisely.

TAURUS – Apr 21/May 21

Utilize this week's powerful energy to strip away all unnecessary static in your life right now. It's doing more harm than good. Open yourself up to new opportunities, Taurus.

GEMINI – May 22/June 21

Gemini, there is a lot going on around you, and you need to sort through the noise to determine your priorities. Things will start to become clearer this week.

CANCER – June 22/July 22

You are in a great position to make lasting and strong impressions on others, Cancer. Focus on group work, as this will showcase how well you work with others.

LEO – July 23/Aug 23

Leo, if you're feeling uncertain about which direction to take this week, that's perfectly fine. Experiment with different options and figure out what fits best. This may involve some trial and error.

VIRGO – Aug 24/Sept 22

Virgo, you have a tremendous amount of power at your disposal this week. Use it wisely and thoughtfully. Your presence will strongly affect others.

LIBRA – Sept 23/Oct 23

A conflict in your life that may feel beyond your control could arise at the worst time, Libra. Use this as a learning opportunity to develop coping strategies under pressure.

SCORPIO – Oct 24/Nov 22

Scorpio, you have the power to produce a significant outcome, even if it seems that forces are working against you. Do not give up; in fact, double down on your efforts.

SAGITTARIUS – Nov 23/Dec 21

Sagittarius, take things with a grain of salt if people seem insensitive to your feelings this week. Remember, you don't know what others have going on in their lives.

CAPRICORN – Dec 22/Jan 20

Nothing can stop you when you put a lot of gusto behind your efforts, Capricorn. Just be mindful of how your ambition might affect others.

AQUARIUS – Jan 21/Feb 18

Aquarius, are you getting the sense that something is happening around you that you're simply not a part of? Perhaps your exclusive invitation is just waiting in the wings. Be patient.

PISCES – Feb 19/Mar 20

Pisces, stand up for what you want, even if it means taking a different stance than others. You don't have to please everyone in every endeavor.

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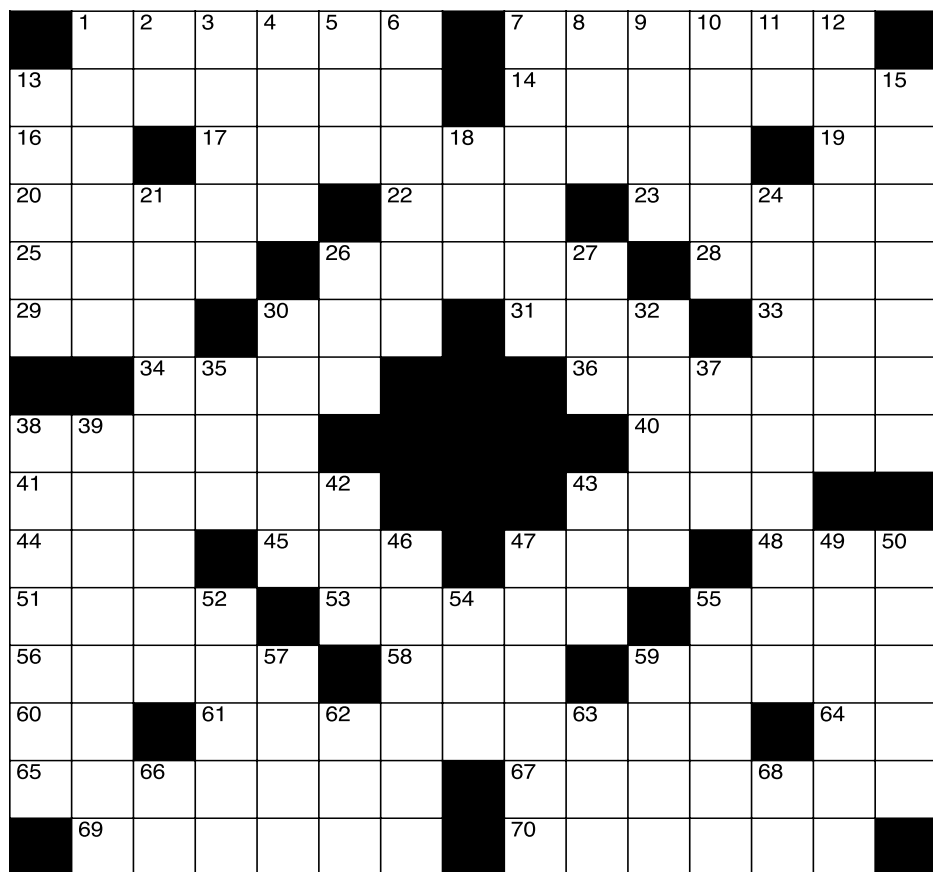
We divert organic waste from Northwest Washington landfills and transform it into premium compost. We sell compost, general soil mix, mulch, beauty bark, cedar playground chips, and gravel.

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Crossword Puzzle



CLUES ACROSS

- 1. Island nation
- 7. Platforms
- 13. Project plan
- 14. French fishing port
- 16. South Dakota
- 17. Oakland's baseball team
- 19. Military policeman
- 20. Ornamental stone
- 22. Garland
- 23. Process that produces ammonia
- 25. Mousses
- 26. Music notation "dal"
- 28. Fail to win
- 29. Peyton's little brother
- 30. Not near
- 31. Some cars still need it
- 33. Lizard genus
- 34. An idiot (Brit.)
- 36. Postponed
- 38. African country
- 40. Gazes unpleasantly
- 41. In a way, traveled
- 43. Ukraine's capital
- 44. Appropriate
- 45. Dash
- 47. Twitch
- 48. Swiss river
- 51. Data file with computer animations

- 53. City in S. Korea
- 55. Particular region
- 56. They have eyes and noses
- 58. Tear
- 59. Large Madagascan lemur
- 60. Not out
- 61. Ornamental saddle covering
- 64. A driver's license is one
- 65. Latin term for charity
- 67. Rechristens
- 69. Objects from an earlier time
- 70. Hindu male religious teachers

CLUES DOWN

- 1. Used as a weapon
- 2. Yukon Territory
- 3. Makes a map of
- 4. An established ceremony prescribed by a religion
- 5. Unnilhexium
- 6. Merchant
- 7. Playing the field
- 8. Folk singer DiFranco
- 9. Something to scratch
- 10. Mexican agave
- 11. Equal to one quintillion bytes
- 12. Session
- 13. North American people
- 15. Ranches

- 18. Electroencephalograph
- 21. A type of compound
- 24. Avenue
- 26. High schoolers' test
- 27. A type of meal
- 30. Gradually disappeared
- 32. Ancient Frankish law code
- 35. Popular pickup truck
- 37. Buzzing insect
- 38. Deal illegally
- 39. Lying in the same plane
- 42. Obstruct
- 43. Related
- 46. Challenge aggressively
- 47. Nocturnal hoofed animals
- 49. Bird's nests
- 50. Forays
- 52. ___ B. de Mille, filmmaker
- 54. Title of respect
- 55. One-time name of Vietnam
- 57. Self-immolation by fire ritual
- 59. Private school in New York
- 62. Political action committee
- 63. A way to fashion
- 66. Email reply
- 68. "The Great Lake State"

Answers on page 15

YOUR GUESS IS AS GOOD AS OURS WEATHER FORECAST

Thurs, Apr. 11 North Isle H-55°/L-45°	Fri, Apr. 12 North Isle H-55°/L-46°	Sat, Apr. 13 North Isle H-56°/L-44°	Sun, Apr. 14 North Isle H-56°/L-42°	Mon, Apr. 15 North Isle H-54°/L-42°	Tues, Apr. 16 North Isle H-55°/L-41°	Wed, Apr. 17 North Isle H-59°/L-42°
South Isle H-54°/L-47°	South Isle H-54°/L-46°	South Isle H-57°/L-45°	South Isle H-57°/L-44°	South Isle H-53°/L-40°	South Isle H-55°/L-39°	South Isle H-59°/L-40°



OUR Community

An Upbeat Question of the week

By Helen Mosbrooker

As a nonprofit farm, what is your distinct mission statement?



Arwen Norman Coupeville

The mission of the Coupeville School Farm is to promote familiarity with fresh, local, healthy food by producing fruits and vegetables for the Coupeville school cafeterias and providing on-farm educational opportunities. The Coupeville School District and the non-profit Coupeville Farm to School partner to support the farm, which is on the school campus. This enables educational programming for all grade levels that range from physical health and nutrition, science, the environment, and math to service projects and hands-on experience in gardening. The school farm is a place for students to explore and be curious, to develop as courageous eaters, and where we always say "YES!", when they ask to eat kale (which they often do).

For more information about the farm (including volunteer opportunities), contact Arwen at anorman@coupeville.k12.wa.us. For more information about Coupeville Farm to School, visit www.coupevillefarm2school.org.

Carlee, Katherine, Stephanie Turco Langley

The Good Cheer Garden's purpose is to increase the availability of fresh produce for everyone in our community. Crops are planted and harvested year-round to ensure that people visiting the food bank have consistent access to nutritious and fresh fruits, vegetables, and herbs. Our garden is also a community space where people of all ages and abilities are welcome to gather together, learn about gardening, and benefit from connection to place. We strive to bring beauty and joy with fresh flowers in the summer; and free seeds and plant starts provide everyone the opportunity to experience growing food for themselves and sharing the abundance with their neighbors.

Stephanie Turco [she/her] Good Cheer Food Bank goodcheer.org/donate



Garrett Michael Oak Harbor

Growing Veterans offers a new healthcare model that combines informal peer support and farming. This community interaction lessens the divide between veterans and civilians. Our model helps us achieve our mission: "To empower veterans to grow food, communities, and each other."

Growing Veterans creates a safe space to cultivate peer support training and community. Our interactions lessen the divide between veterans and civilians, aiming to achieve our mission of empowering military veterans and the community.

Judy Feldman and Jeff Markette Freeland

Our Mission Statement is: As a learning center, the Organic Farm School trains new farmers to develop and manage small farms focused on ecological, economic, and social regeneration while simultaneously offering opportunities for our community and others to learn about their role in strengthening local/regional food systems. We firmly believe it does no good to train new farmers without also training eaters to support them.

(Produce from the Organic Farm School can be purchased from foodhub@whidbeyislandgrown.com or by calling Shannon at 360-961-7777. Last week, I purchased baby kale from the Organic Farm School and have been very happy with its quality. I highly recommend the Organic Farm School.)



CAN DO SUDOKU!

Every row of 9 numbers must include all digits 1 through 9 in any order
Every column of 9 numbers must include all digits 1 through 9 in any order
Every 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9

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		1	7	9				5
	4	6				8	9	2
8							3	

Answers on page 15

COMMUNITY BULLETIN BOARD

To place an ad, email classifieds@whidbeyweekly.com

ESTATE SALE

Salmagundi Farms Big Red Heritage Barn Sale. Sale of the 2024 Season and Our 50th Year in Business. April 13th and 14th, 9 am to 4 pm Many choice vintage and farm items, furniture, tools, silver artworks, china glass, and books. Useful and Needful items of all types. Always Buying Estate Items Vintage and Antique small items, Tools Household Goods, Fishing and Sporting Gear, Jewelry etc. We pay the same day at pickup. Visit us at: 19162 SR-525, Coupeville. Call 360-678-5888 Or Text 360-969-1948

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VOLUNTEERING

Looking to make a meaningful difference in your community? Join us at Habitat for Humanity of Island County and discover a fulfilling volunteer experience! Your support in the stores directly contributes to providing families with a pathway to homeownership. We offer a variety of volunteer opportunities at our Oak Harbor and Freeland locations. Whether you enjoy assisting customers, organizing donations, or maintaining the store, there's a role for you. Best of all, schedules are flexible, allowing you to volunteer in whatever way suits you! In addition to store support, we're also seeking volunteers for construction projects throughout the area. If you're passionate about building homes and changing lives, we'd love to have you join our team, no experience needed! To learn more about these rewarding opportunities, please give us a call at 360-291-6057. Join us in making a difference—one volunteer at a time!

We are always looking for volunteers and donations to make the Penn Cove Water Festival a success! If you're interested in lending a hand, we have a variety of roles available, from event setup and take down, to race

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VOLUNTEERING CONT.

committee and everything in between. We also would love to have you get involved with the board and association. And if you're unable to volunteer, consider making a donation to help us cover the costs of the event. Every little bit helps! Thank you for your support and we look forward to seeing you at the festival. Visit penncovewaterfestival.org under Volunteer.

The Coupeville Farmers Market is looking for volunteers for our 45th consecutive season! If you want to help support your local market and have interest in volunteering either on a market day for set up/tear down or helping in a different capacity we would love to talk to you. Please email us at whidbeyfarmersmarket@gmail.com if you would be interested in learning more about volunteering with the market!

WEEKLY MEETINGS

Have you ever been affected by someone else's drinking? Al-Anon may be for you. AL-ANON: Tuesdays at 5:30-6:30 Oak Harbor Lutheran Church Library 1253 NW 2nd Ave. There is help and hope: Contact for more info: Danielle 360-840-7181 or Randy 360-914-8084

MEMORY CAFÉ Every 1st and 3rd Tues of the Month 12:30 - 2:00 p.m. at the First United Methodist Church 1050 SE Ireland Street Oak Harbor, WA. Join our bi-monthly gathering for people with memory loss and their family to enjoy a time of fun, conversation, music and laughing (and snacks). This is a dementia friendly setting. For information: 360-720-4535

SOUTH WHIDBEY NAR-ANON FAMILY GROUP meets every Wednesday at 6pm at the Langley Methodist Church, 301 Anthes in Langley. We meet in the Fire-side Room, rear of church. Karol:360 914 7695.

How'd you do?

1	3	7	2	4	9	5	6	8
2	6	8	3	1	5	9	4	7
5	4	9	8	6	7	1	2	3
7	6	4	1	8	3	2	5	9
6	1	3	5	2	4	7	8	9
8	5	2	9	7	6	3	4	1
9	2	6	7	5	8	4	3	1
3	2	6	7	9	8	5	1	4
4	8	5	1	3	9	6	8	2
3	8	1	4	6	2	9	7	5

MEETINGS CONT.

Alzheimer's/Dementia Caregivers Support Group Oak Harbor 2nd Thursday of the month, 2 -3:00 p.m., 1st Reformed Church, 250 SW 3rd Ave, Oak Harbor. Build a support network with people who understand. Alzheimer's Association® support groups conducted by trained facilitators are a safe place for people living with dementia and their caregivers. Contact Kayla at 360-333-9004, or Mykel Husk at 360-969-1248.

SHELTERS/HOUSING

CADA Emergency Shelter – Confidential crisis shelter for women and children fleeing domestic violence/sexual assault/stalking. This is NOT a homeless shelter. Office: 360-675-7057 Crisis Line: 360-675-2232 Toll Free: 800-215-5669

Island County Housing Support – 105 NW 1st St., Coupeville 360-678-8284 For homeless or at risk of losing housing. Mon-Thurs, 9 a.m.-3 p.m.

Ryan's House for Youth – 19777 SR 20, Coupeville 360-331-4575

For at-risk adults ages 18-24

Whidbey Homeless Coalition – Serving Island County 360-900-3077

The Haven Overnight Shelter: Night-to-night shelter for up to 30 individuals. Must follow check-in rules and must register Mon-Fri between 4 and 4:30 p.m. at SPiN Café, 1241 SW Barlow St., Oak Harbor.

House of Hope Emergency Housing, Langley 360-708-4533 Temporary shelter for families and adults at severe risk of homelessness; to apply, contact the Housing Support Center or call the number above.

Oxford Houses – Recovery housing oxfordhouse.org -Men:360-246-4101 - Women & Children: 360-682-5773

No Cheating!

S	I	W	V	M	S	S	O	I	T	E	R		
S	E	W	V	N	E	R	S	V	L	I	R	V	C
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RESOURCES

Basic Food Benefits Community Services Office: 275 Pioneer Way #201, Oak Harbor 877-501-2233

Food Banks: -Gifts From the Heart, 203 N Main St., Coupeville 360-672-5502

Distribution on 2nd and 4th Wednesdays, 2-5 p.m.

-Good Cheer, 2812 Grimm Rd., Langley 360-221-4868 Mon-Fri, 10 a.m.-4 p.m.

-North Whidbey Help House, 1091 SE Hathaway St. Oak Harbor 360-675-0681 Mon-Fri, 9 a.m.-4 p.m. (5 p.m. on Tuesdays) Closed 12-1 p.m. for lunch

Island Church of Whidbey Soup Kitchen: 503 Cascade Ave., Langley 360-221-0969 Tues & Thurs 11:30 a.m.-1 p.m.

SPiN Café: 1241 SW Barlow St., Oak Harbor Daily, 6:30 a.m.-5:30 p.m.

St. Anthony's Soup Kitchen: 804 3rd St., Langley 360-221-5303/sthubert@whidbey.com Tuesday orders for home; Wednesday kitchen meals 11 a.m.-1 p.m.

HUB After School: 301 Anthes Ave., Langley 360-221-0969

Food and activities for middle and high school youth. Mon, Tues, Thurs, Friday 2-6 p.m., Wed 1-6 p.m.

Ryans House for Youth: Food, fun, support, 19777 SR 20, Coupeville 360-331-4575

Drop-in center for adults ages 18-24; Daily 6 a.m.-8:30 p.m., 35 SE Ely St., Oak Harbor 360-682-5098

Drop-in center for youth ages 12-21; Mon-Fri 11 a.m.-7 p.m.

Women, Infants & Children (WIC): -Oak Harbor/North Whidbey: 1791 NE 1st Ave. Mon-Thurs 360-240-5554 Text: 360-544-2239

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RESOURCES CONT.

Women, Infants & Children (WIC):-Langley/South Whidbey: 5475 Maxwellton Rd. Thurs Only 360-221-8880 Text: 360-544-2238 -Camano Island: 127 N East Camano Dr. Mon Only 360-544-2633

Whidbey Island Nourishes: Serving South Whidbey 360-221-7787 / winourishes@whidbey.com

- School Year Meal Program: For families with school-aged children to 18 within S Whidbey School District can choose weekend groceries or ready-to-eat sack lunches; Delivery on Thursday

- Self-serve Program: Youth and others in need can request a sack lunch from Good Cheer food bank, Mon-Fri 10 a.m.-4 p.m.

Island Senior Services: meals@senior-resources.org

- Meals on Wheels: Email or call 360-672-6416 for home-delivered meals by noon

-Frozen Take-Out Meals: Call 360-321-1600 Mon, Wed, Fri to arrange pickup

-Brookhaven Community Meals: 150 4th St, Langley Thurs, 5-5:45 p.m.
-Leo's Place Community Meals: 14594 SR 525, Bayview Hot lunches Mon, Wed, Fri 11:45 a.m.-12:30 p.m. Sack Lunches Tues 11:45 a.m.-12:30 p.m.

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CRISIS LINES

2-1-1 or 877-211-9274: 24/7 confidential referral to crisis programs and services statewide; wa211.org

9-1-1: Call for threats to life, fire, accident or crime
-Non-emergency lines: Oak Harbor Police Department-360-279-4600

-Island Communications Dispatch (ICOM) - 360-679-9567

-Langley Police Department – 360-321-4400
Island County Sheriff's Office – 360-678-4422

9-8-8: Suicide and crisis lifeline, free & confidential - 741-741: 24/7 Crisis Text Line -800-584-3578: 24/7

Northwest Washington Crisis Services - 360-678-7880: Island County Behavioral Health

866-789-1511: Recovery help; warecoveryhelpline.org

800-215-5669: CADA 24/7 confidential domestic violence crisis support; 360-675-2232;textLOVEIS to 22522

866-488-7386 Trevor Project: 24/7 support for LGBTQIA2S+; text 678.678

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