

October 17 through October 23, 2024

FREE

# Whidbey Weekly

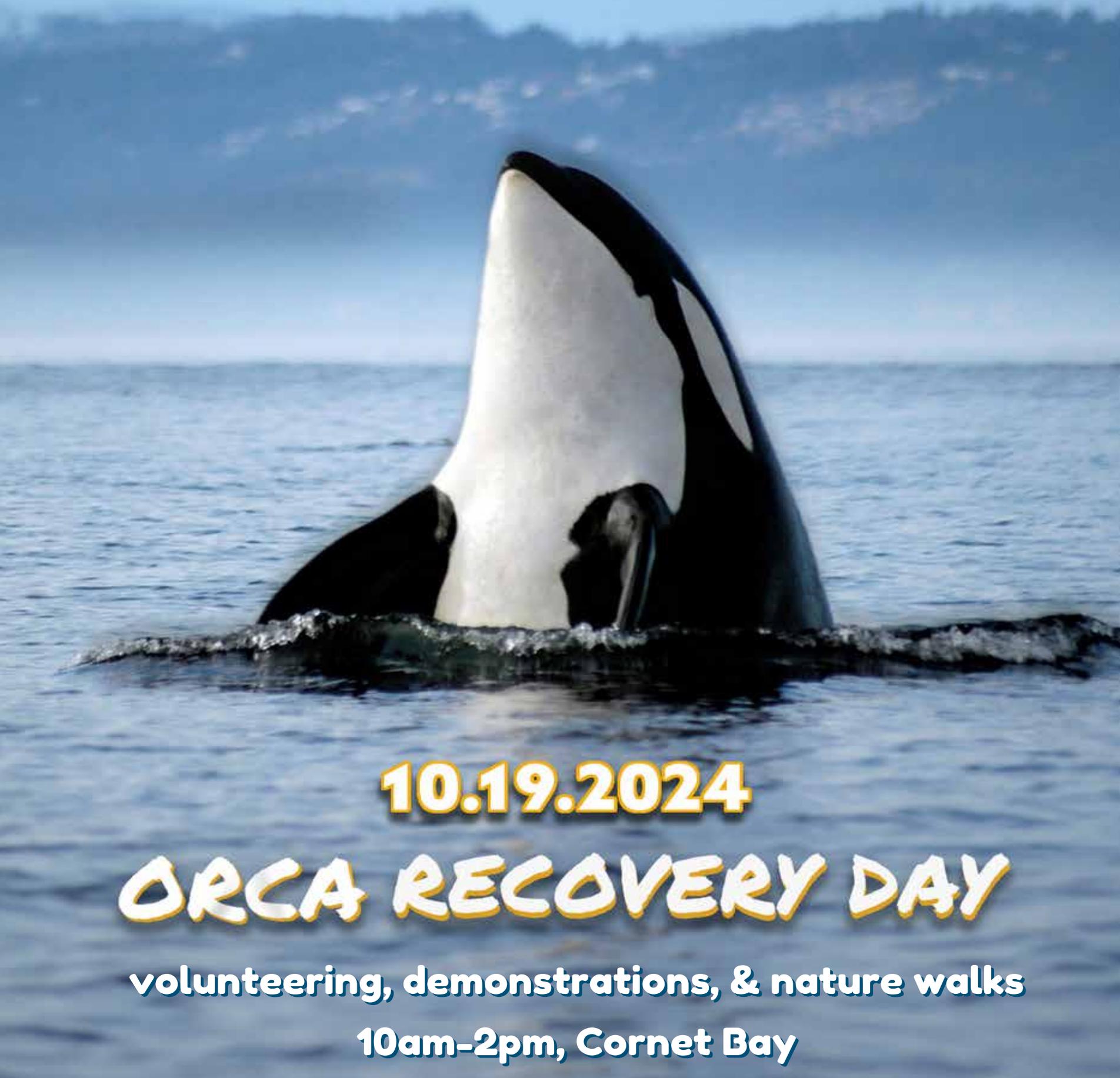
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learn more at [whidbeycd.org/events](http://whidbeycd.org/events)



**10.19.2024**

## ORCA RECOVERY DAY

volunteering, demonstrations, & nature walks

10am-2pm, Cornet Bay



Whidbey Weekly  
[www.whidbeyweekly.com](http://www.whidbeyweekly.com)

Send the Digital Copy to a Friend Near or Far



Whidbey Weekly is proud to support organizations which contribute to supporting our natural landscape and all its inhabitants.

## Whidbey Island MOAA and Guitars for Vets: A Harmony of Support for Veterans



On behalf of a generous donation from Whidbey Island Chapter Military Officers Association of America, Guitars for Vets was able to present two guitars to their recent program graduates to own. WICMOAA recently donated a total of five guitars, one presented to fellow Guitars for Vets instructors designated for student loaners in their lessons program (see bottom right photo.).

Photo by Samantha Goodman | Whidbey Weekly

By Samantha Goodman | Whidbey Weekly

At a recent meeting of the Whidbey Island Chapter Military Officers Association of America (WICMOAA), the organization made a generous donation of five guitars to Guitars for Vets' Island County chapter. This act of giving represents more than just the transfer of musical instruments; it symbolizes a commitment to supporting the mental and emotional well-being of veterans on Whidbey Island, fostering community, connection, and healing.

The Whidbey Island Chapter of the Military Officers Association of America (WICMOAA) plays a pivotal role in supporting local veterans, both through legislative advocacy and by fostering initiatives that provide direct services to veterans in the community. WICMOAA, like its national counterpart, is dedicated to preserving the benefits of military personnel, whether they are active duty, retired, or veterans. However, the organization's mission extends beyond policy and into the everyday lives of veterans, demonstrated by their support of programs like Guitars for Vets.

Being invited to the recent WICMOAA chapter meeting was an honor, and it gave me the opportunity to see the faces behind this incredible organization. I owe my gratitude to David Cohick for inviting me, and it became immediately clear that WICMOAA is made up of an impressive group of individuals who have dedicated their lives to service. From submariners to pilots, and possibly those who have been involved in cutting-edge satellite technology, the room was filled with military professionals who have chosen Whidbey Island as their permanent home.

Their continued service to their brothers and sisters in arms, through programs like Guitars for Vets, is a testament to their commitment to the military community.



WICMOAA's David Cohick presents a certificate of support to Guitars for Vets Co-Coordinator and fellow instructor Kris Bodenhafer.

Photo by Samantha Goodman | Whidbey Weekly

### A Meaningful Donation: Five Guitars for Veterans' Healing

WICMOAA's donation is not just a gesture of support but a powerful tool that will help veterans begin their healing process through music. Three of these guitars were immediately handed over to new students of the program, with one serving as a loaner for the classes.

Kris Bodenhafer, co-coordinator and instructor for the Oak Harbor G4V chapter, was present at the event and spoke about the profound impact that music, and specifically the guitar, has on veterans. Kris, himself a graduate of the G4V program, highlighted how the lessons and jam sessions go beyond the technical aspects of music and offer veterans a

space to connect, share experiences, and find solace in the camaraderie of others who have shared similar journeys.

Guitars for Vets provides veterans with a unique opportunity to engage in music therapy, beginning with 10 private lessons from volunteer instructors. These lessons focus not only on learning guitar techniques but also on the therapeutic aspects of playing, offering veterans a creative outlet to express emotions that may otherwise be difficult to process. Upon completing the program, each veteran is gifted a guitar, allowing them to continue their musical journey and reinforcing their path to emotional recovery.

The jam sessions held by G4V in Oak Harbor offer more than music—they foster a sense of belonging and community. Veterans of all ages, from those in their

thirties to their eighties, come together to share their love of music and their experiences as military personnel. Kris mentioned how powerful it is to see veterans from different generations playing side by side, learning from one another and building supportive relationships.

These jam sessions, held at the VFW and American Legion, are open to all veterans, whether they are just beginning to learn the guitar or have been playing for years. The monthly gatherings not only provide a creative outlet but also offer a space where veterans can be themselves, free from the pressures of daily life.

### WICMOAA's Ongoing Support for Veterans

The recent donation of five guitars is just one example of how WICMOAA is supporting veterans and their families on Whidbey Island. Their involvement with Guitars for Vets aligns with their broader mission of ensuring that veterans receive the care and resources they need to thrive. As part of a military-centric community, with Naval Air Station Whidbey Island at its heart, WICMOAA understands the unique challenges veterans face, particularly when it comes to mental health.

By supporting programs like Guitars for Vets, WICMOAA is helping to bridge the gap between veterans and the civilian community, fostering understanding and connection. Their contributions, whether through donations, advocacy, or volunteer efforts, are making a tangible difference in the lives of veterans.

The recent donation of guitars by WICMOAA is a shining example of how the Whidbey Island community is coming together to support its veterans. Through music, Guitars for Vets is offering a lifeline to those who have served, helping them find peace, purpose, and connection in their post-service lives.

For the veterans who receive these guitars, the gift is more than just an instrument—it's a symbol of hope, a tool for healing, and a reminder that they are not alone on their journey. Thanks to the generosity of organizations like WICMOAA, Guitars for Vets can continue to expand its reach, offering healing through music to veterans across Whidbey Island and beyond.





Seriously, we do not make this stuff up!

**Friday, 09/26/24**  
**08:25:03, SE BARRINGTON DRIVE & SR 20**  
 Subject was on his phone while driving. Caller honked at the driver because they didn't go through a light.  
**08:26:51, NE MIDWAY BOULEVARD**  
 Caller states a subject in a ball cap and brown coat is in the dumpster throwing items out.  
**09:12:18, NW 7TH AVENUE**  
 Caller reports her DoorDash order went missing two minutes ago. A female with tattoos, wearing pajama shorts, came running to her home, yelling "I did it," and then went inside the caller's home.  
**11:49:11, SR 20**  
 A male seen walking with his hands in his pockets.  
**17:33:47, SE CITY BEACH STREET**  
 A surfer on a surfboard approximately 1/4 mile out, waving the surfboard around.  
**19:53:15, SE MIDWAY BOULEVARD**  
 Two loose dogs last seen northbound on Midway, on the right side of the road.  
**20:08:17, NE KETTLE STREET**  
 Caller reports hearing strange noises coming from the backyard.

**Saturday, 09/27/24**  
**00:59:16, NW 7TH AVENUE**  
 Caller reports someone rang the doorbell two minutes ago. They don't believe the person was supposed to be there and think it might be the next-door neighbor's roommate.

**07:53:05, SW FAIRWAY LANE**  
 Request for assistance regarding a snapping turtle found at the location.  
**11:46:29, NW ATALANTA WAY**  
 Caller reports the neighbor is being disturbing with roach spray and has a month of rent-free. Also mentions the neighbor talking about the caller's daughter being arrested.

**Sunday, 09/28/24**  
**01:08:35, NW RIGGING STREET**  
 Caller reports her brother is "freaking out over his girlfriend" and is currently in his truck trying to ram into a trailer.  
**13:03:32, SW SWANTOWN AVENUE**  
 Caller advises of a motorcyclist with a bright orange helmet passing on a double yellow line.  
**20:25:08, SW FAIRHAVEN DRIVE**  
 Caller reports hearing people yelling, stating they are going to fight.

**Monday, 09/29/24**  
**16:33:25, S BEEKSMA DRIVE & SW BAYSHORE DRIVE**  
 Caller reports he and his friend were riding bikes when a female ran after them, yelling.  
**16:39:24, NE GOLDIE STREET & NE 16TH AVENUE**  
 A male in a large Dodge pickup truck is doing donuts in the roadway.

Report provided by OHPD & Island County Sheriff's Dept.

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FRIDAY, OCTOBER 18 - OCTOBER 22

Smile 2 (R)  
 1:30pm, 4:10pm & 7:00pm  
 Terrifier 3 (R)  
 1:45pm, 4:20pm & 7:15pm  
 The Wild Robot (PG)  
 2:00pm, 4:30pm & 7:30pm

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**COMING SOON:**

10/25 "Venom: The Last Dance"  
 11/15 "Red One"  
 11/22 "Gladiator II"

PHONE: 360-682-8283 WHIDBEYWEKLY.COM



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— Mitch Incarnato

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# PRACTICALLY MAGIC

CASTING A SPELL OVER HISTORIC COUPEVILLE

Shopping • Dining • Themed Community Events + Halloween fun for all!

\* **Movie Nights (21+)** \*  
 OCTOBER 24<sup>TH</sup>, 25<sup>TH</sup> & 26<sup>TH</sup>

\* **Torchlight Parade and Street Dance** \*  
 OCTOBER 26<sup>TH</sup>

\* **Spells and Brews Garden (21+)** \*  
 OCTOBER 26<sup>TH</sup>

\* **The Great Coupeville Pumpkin Race** \*  
 OCTOBER 27<sup>TH</sup>

OCTOBER 2024 IN HISTORIC COUPEVILLE, WA

Where there's a little witch in all of us...

www.coupevillehistoricwaterfront.com/practicallymagic

# BITS & PIECES

## Letters to the Editor

### Having My Say:

Well Patriots, it's that time again! Time to select the men and women who represent us in the offices of governance, for better or for worse! You know, like the marriage vows, "for better or worse, for richer or poorer, in sickness and in health, and we've been witnessing the downside of each vow for the past four years! We've had the "worse" economy, we've become "poorer", and "sicker" as well, due to overreaching government shutdown policies!

What do you look for in the person who will represent you?

- I look for strong constitutionalists who reflect the Christian values of our founders. Our founders didn't always see eye to eye but the importance of their goal, to unite our country, overrode the less important minor personal desires.
- What are your hot buttons? I have many, as those who know me can verify, but;
  - I want our United States government to follow our constitution which is clearly written and easily understood!
  - I want our children to receive a quality education, learn our founding documents and become critical thinkers, not indoctrinated robots!
  - I want people to take their obligations as American citizens seriously, take the time to make informed decisions and vote! I'm tired of people telling me they aren't going to vote because the choices aren't to their liking! Well, put on your big boy/girl panties and grow up! We all have to grow up sometime!

Voting is a privilege and a duty, the responsibility of every American citizen!

Our military fight and die for our country so that we can stay a sovereign nation and keep this sacred privilege! Shame on those who choose not to vote! America's enemies don't need a military force to bring down America because America has enough homegrown apathetic "citizens", and, self serving politicians in office who have deserted their posts!

Respectfully, Patti Ruple

### RE: North Whidbey Pool, Park:

The argument against the North Whidbey Pool, Park, and Recreation District Renewal Levy in the voter's pamphlet is an exercise in deception. I would like to attempt to provide some clarity and truth on the matter.

Back in 2017, the City of Oak Harbor had neither the resources nor the desire to assume control of the North Whidbey Pool, Park, and Recreation District. It seems as though some folks at the city now have the desire, but nothing has changed in their ability to adequately fund and maintain the district. In fact, with the Marina question looming, and no clear way to pay for any of the options currently being discussed for that significant issue, the city is less capable now than before of taking on what is an efficiently running entity.

Fiscal savings and program efficiency were mentioned in the argument put forth against the levy. This is blatantly false information. The cost to maintain and run the pool, along with the other programs such as the Summer Day Camp, Youth Sports Leagues, and Special Programs, will remain. These are separate facilities and separate programs, so those with an eye for absorbing the physical building, along with all the associated programs, are either disingenuous or grossly misinformed when attempting to convey the vast savings to be achieved.

The writer states customer convenience could be gained by the city taking over the NWPPRD. This seems like an incredulous claim, as history teaches us that centralization of program management often takes control away from the managed entity, removing the personal service patrons have come to expect with local control. The writer also states the two organizations provide recreational services to the same population. This is also not true. The NWPPRD boundaries stretch far beyond those of the city limits.

The city does not have the funds to manage the NWPPRD. The cost savings touted by not having to fund the overhead for two organizations is also false. The associated costs of maintaining the building, the pool, the park, and programs will all remain and will have to be funded. The fledgling City of Oak Harbor Parks and Recreation Department (they are, after all, only two years old) is in no position, financially or otherwise, to manage this endeavor if they are successful in their hostile takeover bid. They mentioned the additional cost for funding two parks and recreation organizations. That wasn't necessary two years ago before the new city parks and recreation department came into being. Over the course of the last six years, the NWPPRD has made many improvements to the facility, updated much of the equipment, and brought many programs online for residents. They have been fiscally responsible and responsive to the population served, which stretches beyond the city limits.

The city is grappling with enough of its own problems and fiscal concerns. If the levy doesn't pass, the pool and all NWPPRD programming will close and cease. The city was unable and unwilling to do anything about that in 2017. I don't see what has changed since then, other than the desire to expand their empire without the necessary resources or will to ensure the district's viability.

[Submitted by William Larsen]

## The Navy League of the United States, Oak Harbor Area Council announces their 21st annual community Veterans Day Ceremony

The program will be held on November 11th at 11am to 12pm at the Oak Harbor High School Auditorium. The program features the North Whidbey Middle School Choir and the All-Island Community Band. The Color Guard is from the High School Navy JROTC.

The featured speaker is Command Master Chief Dennis B. Custodio.

Veterans Day is observed annually on the 11th hour of the 11th month to memorialize the signing of the Armistice ending World War 1. The federal holiday honors all who have served and are currently serving in America's Armed Forces.

The Oak Harbor Chamber of Commerce is a partner of the event.

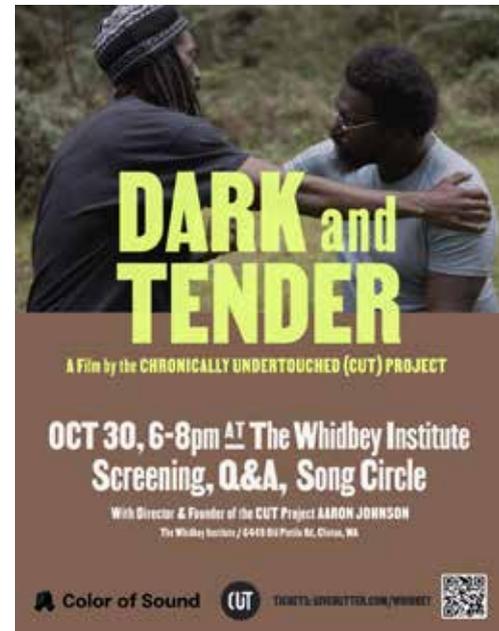
Island County has the highest proportion of Veterans in Washington State with over 11,000 veterans, representing over 13% of the County's population.

This year's theme is Honor and Unity - Bridging Generations of Service and will highlight multi-generational families of military service.

[Submitted by William Larsen]

## Whidbey Institute screens "Dark and Tender" filmed at the Whidbey Institute and selected for Cannes Independent Shorts, Renaissance Black Film Festival in NY, and two other international film festivals

On October 30, The Whidbey Institute welcomes the community to attend a special event that includes a screening of "Dark and Tender", a short film by the Chronically UnderTouched (CUT) Project and was produced locally by Port Townsend's Color of Sound and shot on location at the Whidbey Institute. Tickets are free, but a donation is encouraged. To reserve tickets to this limited seating, please scan the QR code below.



### About the Film

Aaron Johnson's powerful short film "Dark and Tender" follows ten Black men on a transformative retreat with the Chronically UnderTouched (CUT) Project at the Whidbey Institute in April of this year. The men seek to reclaim platonic intimacy and tenderness through close encounters with nature and depictions of gentle Black masculinity, restoring the vital aspect of touch by replacing violence and rough play with care, connection, and intimacy. You can view a trailer by scanning the QR code below.

This event will include an opening talk by Aaron Johnson, a screening of the short film, Q&A with the director, and a song circle led by Aaron.

Aaron Johnson is a public speaker, facilitator, and touch activist who practices closeness as a way to break down barriers between people. As co-founder of both Holistic Resistance and Grief to Action, Aaron takes the time to hold the stories of black people around homophobia, transphobia, internalized racism, and those that are Chronically UnderTouched. Aaron has created the Chronically UnderTouched (CUT) Project – basic strategies to bring a black body from being Chronically UnderTouched to a state of touch balance – as part of the lifelong journey of interrupting oppressive systems that make touch balance a radical action.

[Submitted by Ben Wilson | Sound of Color]



To view the trailer



To reserve tickets

## New Afterschool Classes Starting This Week!

Fun programs and a special workshop for tweens and teens



Whidbey Island Learning and Activity Center (WILASC) is excited to announce the start of several new afterschool classes this week, perfect for students looking to explore new skills or pursue their creative interests. As the fall season unfolds on beautiful Whidbey Island, it's the ideal time for children to try something new.

Highlights this week include:

### Coding Club at Coupeville Elementary (Tuesdays, 3:30 - 4:45 p.m.):

Students will learn the basics of coding through interactive projects, including creating simple games and animations. No prior experience is required, and laptops will be provided for in-class use. This new offering is perfect for grades 3-5, though younger students with reading skills are welcome to join!

**BITS & PIECES CONTINUED ON PAGE 6**

# What's Going On!

## VIRTUAL CANDIDATE FORUM

Thursday October 17  
6:00 p.m.

ONLINE

Hosted by League of Women Voters  
Whidbey Island and Sno-Isle Library

Candidates will answer questions by the  
League's Forum Committee in a free and  
open to the public zoom meeting. To be  
present, visit the League of Women Voter's  
website at:

www.lwwwhidbey.com  
Information to log into  
the zoom meeting will  
be posted on Wednes-  
day, October 16.



Scan here to go directly  
to the League of Women Voter's Website

## WHIDBEY WONDERS: SNOW GEESE, BEYOND THE NORTH WIND

Thursday, October 17  
4:00 PM – 5:00 PM

Oak Harbor Library, 1000 SE Regatta Dr  
Oak Harbor

Each fall, Lesser Snow Geese from Russia  
blanket fields in the Skagit Valley. Hear  
the striking story of the perils faced by  
goslings on the arctic tundra breeding  
grounds and learn about the valiant  
two-continent migration. Find out what  
draws them here and listen as a flock  
arises from a field. Be captivated by these  
birds from Beyond the North Wind.

Presenters Steve & Martha Ellis have been  
leading walks and giving talks on a wide  
range of natural history topics for more  
than 30 years. Steve is a former president  
of Whidbey Audubon Society; Martha is a  
member of the Washington Native Plant  
Society.

## STELLAR LIFE CYCLE: THE BIRTH, LIFE, & DEATH OF STARS

Friday, October 18  
2:00 PM – 3:30 PM

Freeland Library, 5495 Harbor Ave  
Freeland

Each star is born within a cloud of  
interstellar gas and dust. But its birth  
weight (mass) determines its subsequent  
lifestyle and lifespan, and whether it will  
go out with a bang or a whimper to leave  
behind a white dwarf, neutron star, black  
hole, or perhaps nothing at all.

Our presenter, NASA Ambassador Greg  
Donohue, returns with a new look at the  
life cycle of stars.

## BLACK CAT BALL CREEPY POTLUCK

October 18  
6:00 pm – 9:00 pm

Halloween Foods  
All ages silent disco  
Roller skates  
And costumes!

Get ready for a frightfully fun October  
at Bayview Hall! Join us for three nights  
of spooky celebrations starting with the  
Creepy Potluck on Oct 18th, the Black Cat  
Ball on Oct 26th and on Halloween night,  
Oct 31st adopt your very own creepy doll!

Additional Events in the Black Cat Ball  
series Include:

Oct 26 | Black Cat Ball from  
7:00pm – midnight

Beer & Wine  
DJ Hallpass & Bakkinger  
Sound Machine

Oct 31 | Dolls Adoption starting at 8:00pm  
DJ Hallpass

Come collect your dolly  
Costumes and candy

Donations Appreciated.

Event by Bayview Community Hall,  
Whidbey Island Music Portal and Carie L  
Elder

## ISLAND COUNTY EMERGENCY PREPAREDNESS FAIR - OAK HARBOR

Saturday, October 19  
10:00 a.m. – 2:00 p.m.

North Whidbey Middle School, 67 NE  
Izett St., Oak Harbor

When disaster strikes, will you know how  
to survive? Island County Emergency  
Management and the City of Oak  
Harbor have joined with many of our  
local and regional partners to host  
our annual Emergency Preparedness  
Fair. All of the booths at this event will  
provide important information on being  
prepared for a disaster. Join us to learn  
valuable skills, win a prize, and prepare  
your loved ones for a disaster.

This is a FREE event for all ages.

## ORCA RECOVERY DAY

Saturday, October 19  
10:00 a.m. – 2:00 p.m.

Cornet Bay - 160 Cornet Bay Rd,  
Oak Harbor

Join us for a day filled with educational  
talks, hands on stewardship work, and  
community building as we showcase  
the great work our partners are leading  
throughout Cornet Bay and Hoypus Point!  
The Sound Water Stewards will host a  
walk & talk on the Cornet Bay Marina  
Dock to discuss the crab light traps they  
are monitoring for the Swinomish Crab  
Abundance Monitoring Project. This  
activity is limited to 15 people, so please  
register early to ensure your spot. If you  
don't see the option below, the spots  
have been filled.

Register online  
here: [https://  
nwstraitsfoundation.  
salsalabs.org/  
orcarecoveryday2024/  
index.html](https://nwstraitsfoundation.salsalabs.org/orcarecoveryday2024/index.html)



Or by scanning:

## OKTOBERFEST CELEBRATION AT THE GREENBANK FARM

Saturday, October 19  
11:00 a.m. – 4:00 p.m.

Join us at Greenbank Farm's Beer Hall  
Barn for our first annual Oktoberfest  
celebration in support of Whidbey's  
Saratoga Orchestra.

Enjoy local handcrafted beers and wine  
Brats & Dogs, Pretzels, Currywurst &  
Snacks Available

Blechkuchen & Apfeltaschen from Kaf-  
feeklatsch German Bakery

Games and Prizes include Saratoga  
Sausage Toss, Hammerschlagen (Nail  
Hitting), Masskrugstemmen (Liter Stein  
Lifting) – \$10 Entry Fee

21+ Beer Hall Area and separate Family  
Friendly fun area to include games and  
art activities. PLEASE, NO outside alco-  
hol permitted and leave your furry four-  
legged friends at home.

Enjoy a day of Gemütlichkeit in support  
of Whidbey's Saratoga Orchestra!

## REPAIR CAFE WITH REPURPOSE

Saturday, October 19  
2:00 PM – 4:00 PM

Coupeville Library, 788 NW Alexander St  
Coupeville

Join local nonprofit rePurpose for a  
repair cafe at Coupeville Library.

Bring your broken items from home

and work with volunteer specialists to  
make your repairs in the Repair Café.  
This is a free meeting place where we'll  
repair things together as part of a zero  
waste, circular economy. You'll find tools,  
materials and support to help you make  
the repairs you need on clothes, furniture,  
electrical appliances, bicycles, crockery,  
appliances, toys, et cetera. You'll also find  
expert volunteers, with repair skills in all  
kinds of fields.

If you have nothing to repair, you can  
observe, tinker, take things apart and  
enjoy the community. Or you can lend a  
hand with someone else's repair job.  
Learn more about rePurpose and their  
work on Whidbey at:  
[www.repurposewhidbey.org](http://www.repurposewhidbey.org)

## FINDING GOBI: THE HEARTWARMING, TRUE STORY OF A MAN AND HIS BEST FRIEND

Saturday, October 19  
2:00 PM – 3:00 PM

Langlely Library, 723 Camano Ave  
Langlely

Join bestselling author [Dion Leonard](#),  
a seasoned ultramarathon runner, and  
his dog Gobi to hear their story about  
the little stray that went step for step  
with him for nearly 80 miles through  
the Gobi desert. Learn how Gobi  
found Dion, got lost in China, and  
how Dion found Gobi again.

Dion Leonard is an Australian/British ultra  
runner who competes around the globe  
in events ranging from 100 miles to over  
240 miles in some of the most extreme  
conditions known to man. Dion has  
numerous top 10 finishes in some of the  
toughest races on the planet.

Hosted by the Langlely Library.

## AUDITIONS FOR A CHRISTMAS CAROL WITH WHIDBEY PLAYHOUSE

Saturday, October 19 - Sunday, October 20  
12:00 – 2:00 p.m.

A Christmas Carol by Charles Dickens  
and adapted by Stan Thomas recounts  
the story of Ebenezer Scrooge, an elderly  
miser who is visited by the ghost of his  
former business partner Jacob Marley  
and the spirits of Christmas Past, Present  
and Yet to Come. After their visits,  
Scrooge is transformed into a kinder,  
gentler man.

AUDITIONS will be in the Star Studio  
Saturday, October 19th, 2024 from 12:00  
2:00 pm as well as Sunday, October  
20, 2024 from 12:00-2:00 pm. There will  
be cold readings from the script. We  
also ask that you come prepared with  
a traditional Christmas Carol of your  
choosing.

ALL AGES are welcome to come and  
audition. We would love to have you.  
Visit [www.whidbeyplayhouse.com](http://www.whidbeyplayhouse.com)  
for more information and character  
descriptions.

## THE TWISTED BARN

Sunday, October 20  
2:00- 4:00 p.m.

The Roller Barn,  
98 NE Barron Drive, Oak Harbor

Low Scare Matinee:

For the not-so-fearless, the lights are on,  
and the big scares won't jump out at you:  
\$15 each

Oct. 20 | 2:00 - 4:00 p.m.

Oct. 27 | 1:00 - 4:00 p.m.

There are three levels of scare.

Full Scare – The same great haunted  
house you've known for years with a new  
name and a new theme: \$25 each

Oct. 18, 19, 25 & Nov. 1 | 6:00 - 9:30 p.m.

Oct. 26 & Nov. 2 | 6:00 - 10:00 p.m.

Oct. 31 | 5:00-10:00 p.m.

Automation Only – No live actors but  
with the underground twists ready to  
give you a thrill: \$20 each

Oct. 19, 26 & Nov. 2 | 3:00 - 5:00 p.m.

Oct. 19, 26 & 30 | 5:00 - 8:00 p.m.

OAK HARBOR MAIN STREET PRESENTS

# NO TRICKS SAFE TREATS

OAK HARBOR MAIN STREET

October 31 • 5-7PM • Downtown Oak Harbor

TRICK OR TREATING AT HISTORIC DOWNTOWN MERCHANTS

Special Guests:  
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# WHIDBEY KID'S CORNER

BY: VANESSA CISCO

## The History of Jack'O' Lantern

Every year around Halloween time, do you ever wonder why we carve Jack'o' lanterns? Well, the story comes from Europe, where they would carve faces onto turnips or potatoes. Then placing them in windows to scare away Stingy Jack (a trickster) and other evil spirits. This Irish and Scottish customs (tradition) was brought to America by Irish immigrants (people who move to a new country).

Some fun facts about pumpkins are...

1. Pumpkins are a type of fruit and are part of the squash family.
2. Pumpkins are actually rich in vitamins such as vitamin A, vitamin C, and minerals.
3. Each pumpkin has about 300 to 500 seeds, and every part of the pumpkin can be eaten, even the stem!



Read or watch about it on Cascade PBS - The History of Jack'o' Lantern  
(<https://www.pbs.org/video/the-history-of-the-jack-o-lantern-dz7azq/#:~:text=Originally%2C%20Europeans%20carved%20faces%20in to,they%20emigrated%20to%20the%20U.S..>)

## Veggie Stamps

- Materials:**
- Vegetable of your choice
  - Paint or ink
  - Paper
  - Something to cut the vegetable with



BITS & PIECES CONTINUED FROM PAGE 4

### Art Class at Coupeville Elementary (Thursdays, 3:30 - 4:45 p.m.):

Led by experienced instructor Mary Hogan, this creative class is designed for grades K-3. Children will explore different art techniques, learn about famous artists, and get hands-on with mediums like acrylics, watercolors, and pastels. Class size is limited, so early registration is encouraged.

### Spanish Adventures in Langley (Wednesdays, 1:50 - 2:50 p.m.):

Open to beginners, this mixed-level class will introduce students to Spanish through songs, games, and interactive lessons. Taught by a Venezuelan native, students will build communication skills and enhance their vocabulary in a fun, immersive environment.

### Ukulele Class in Clinton (Wednesdays, 2:00 - 3:00 p.m.):

There's still time to sign up for this beginner ukulele class led by local musician Keegan Harshman. Students will learn to play the ukulele, sing songs, and develop critical music skills while having fun. Open to ages 7-10, with enrollment closing on October 16.

For Tweens and Teens:

### Executive Functioning Skills Workshop (November 25-26):

A special two-day workshop for students aged 10-15, focusing on essential skills like time management, decision-making, and organization. These tools are key for success both in school and in life. Taught by Jeana Dominguez, this workshop is expected to be popular, so early sign-up is recommended. Scholarships are available to ensure accessibility for all families.

Community Event:

Don't forget to join us at the annual Cider Press Community Event this weekend (October 19) at the South Whidbey Community Center! WILASC will host a craft table and hand out gifts for event attendees. Bring a jar for cider pressing and enjoy a day of fall fun with your family.

For more information and to sign up for any of the programs or events, please visit our website by scanning the QR code. We look forward to seeing you at our classes and community events!



[Submitted by WILASC - Whidbey Island Language, Art & STEM]

## Coupeville Lions Club Annual Shopping Spree to Benefit Local Food Bank

The Coupeville Lions Club is thrilled to announce its Annual Shopping Spree, a fun community event supporting Gifts From the Heart Food Bank. One lucky winner will have the chance to participate in a 3-Minute Shopping Spree at Prairie Center Red Apple Market on November 16, cheered on by Lions Club members.



Tickets for the event are just \$1 each and will be sold by Lions Club volunteers at Prairie Center on October 25-27 and November 1-3 (Friday, Saturday, and Sunday). Every ticket purchased helps support local families in need, with all net proceeds going directly to the food bank.

The Coupeville Lions Club invites the community to join in by purchasing tickets and supporting this great cause. Every ticket helps ensure Gifts From the Heart Food Bank can continue its vital work providing food to local families, especially during the holiday season.

For more information goto <https://www.coupevillelions.org/>

[Submitted by WILASC - Whidbey Island Language, Art & STEM]

## St. Augustine's 2024 Holiday Market

St. Augustine's-in-the-Woods Episcopal Church will host its annual Holiday Market on Saturday, November 9, 2024, from 9 a.m. to 2 p.m. at 5217 S Honeymoon Bay Rd, Freeland. This festive event features handcrafted holiday décor, unique crafts, and gifts. Guests can also enjoy a delicious and affordable lunch with pie at the market café.



This popular holiday fundraiser supports local Whidbey Island charities, and this year, all proceeds will benefit Oasis for Animals, Black Seed Farms, South Whidbey Toys for Tots, and CADA - Citizens Against Domestic Abuse.

Join us to shop for a cause and support your local community!

[Submitted by St. Augustine's-in-the-Woods Episcopal Church]

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# History Corner

Research by  
**Dick Eigenraam**

**BEYOND TOP SECRET: EARLY EUROPEAN EXPLORERS SEARCHING FOR THE STRAIT OF JUAN DE FUCA**

We like to think of political intrigue that impacts people across continents as being a modern phenomenon, but many of the first European explorers to the PNW were on top-secret missions. The 1500-1600s were a time of tension between the Spanish and the English, and their attempts to out-maneuver each other spanned the globe. Possibly the first European to travel to the Pacific Northwest was Francis Drake. Drake was the first Englishman to make the perilous passage around the tip of South America. His intent was to prey upon Spanish treasure ships that were routinely sailing across the Pacific from South America to the Philippines. Drake is believed to have traveled as far north as southern Oregon in 1579. Some believe he went considerably further. Most of the records of the voyage have been lost, due to the secrecy required by the English Crown. Queen Elizabeth didn't want the Spanish to know that she was authorizing what was essentially piracy, so she sealed all the records, and they have become lost to history.

The Spanish had their own secret missions at sea. The story goes that in 1592 there was a secret Spanish expedition to find the legendary Straits of Anian, which were supposed to connect the Pacific with the Atlantic. The Strait of Juan de Fuca is named after Apostolos Valerianos, a Greek navigator and ship's pilot who worked for the Spanish, who was known as Juan de Fuca. While the Spanish claim to have no records of this, the English do. After returning from the PNW, de Fuca never received the rewards he was promised. Disgusted with the Spanish, de Fuca was convinced by an Englishman, Michael Lok, to offer his services to Queen Elizabeth, so we know about him through English records. The lack of information about de Fuca could have been the result of Spanish secrecy, similar to the secrecy of the English about their voyages.

The Spanish and English continued explorations of the northwest coast still looking for the fabled Northwest Passage into the 1700s, but more motivated by land and trade than by political intrigue. Juan Perez sailed north in 1774 from the Spanish settlement of San Blas on the west coast of Mexico. His mission was to voyage north to secure claims of all the lands bounded by the Pacific Ocean. He got as far north as latitude 54° 40' and on the way back stopped at Nootka Sound on the northwest corner of Vancouver Island and did some trading with the local tribes there. Captain Cook arrived from England in 1778 on his third voyage of exploration. Cook, though tasked with finding the Strait to facilitate trade, was skeptical of its existence. He actually sailed very closely by the Strait of Juan de Fuca and narrowly missed finding it. Cook sailed further north and also traded with the indigenous people at Nootka Sound. There, he was less than happy to discover that he had been preceded by the Spanish. Even though the wars were over, the rivalry remained.

The name for the Strait of Juan de Fuca was actually given by Charles William Barkley, a maritime fur trader, in 1787. Barkley was the first recorded person to find the strait, unless Juan de Fuca's story was true. After over 250 years, the legendary Straits of Anian had finally been found. It wasn't what early explorers had hoped—a passage that would allow travel by sea from the Pacific straight to the Atlantic.



Those of us who live in this corner of the world now may find it hard to imagine how mysterious and strategically important the Pacific Northwest was to Europeans in the 1500s. We would agree, however, that the Strait of Juan de Fuca leads to a magical and important place.

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## Whidbey Island Football Round-Up

By: Merrick Parnell

### Coupeville High School

**Coupeville 25 vs. South Whidbey High School 30**

Coupeville High School (CHS) hosted South Whidbey High School (SW) in a non-league contest this past Friday in the annual "Bucket Game." SW would take the bucket with a 30-26 win thanks to a 14-point first quarter and 16-point third, while limiting CHS to just 7 points in the first and seven more in the third.

#### Up Next

Coupeville High School at Adna High School, Friday, 10/18, 7 PM  
CHS will travel to Southwest Washington to take on Adna High School, who is 3-3 on the season, and beat Forks High School in their latest game this week.

### South Whidbey High School

#### Up Next

South Whidbey High School at Granite Falls High School, Friday 10/18, 7 PM  
South Whidbey will travel to Granite Falls this Friday to take on the Tigers, who are 4-2 after topping Friday Harbor 34-20 on the road.

### Oak Harbor High School

**Oak Harbor 49 vs. Mount Vernon 21 - Wildcats Win!**

Oak Harbor High School (OHHS) topped Mount Vernon at home this past Friday, 49-21, to move to 4-1 in the league and 5-1 overall, thanks to a solid running game by the Wildcats.

"This week, we did a great job of dominating the line of scrimmage on Offense with 453 yards rushing. The defense played solid but we still need to continue to work on tackling better. Overall, our goal every week is to continue to get better," said OHHS Head Coach Marcus Hughes.

"The keys were to sharpen the running game and, most importantly, stay healthy across the stretch. The Bulldogs scored 21 points in the second half with our deep reserves on the field. They have some standout players, yet our overall performance in all phases of the game is very sound with our first teams; playing shutout ball over six consecutive quarters not conceding a single point defensively is huge," said Play by Play Broadcaster JJ Jensen, who broadcasts the OHHS games on Sound Sports Net

#### Up Next

OHHS will host Snohomish High School (SHS) this next Friday.  
"They [Snohomish] will give some good tests with their run game and pass game. Defensively, they fly around and will give us different looks, so we have a lot to prepare for this week," Hughes said. Snohomish came into the game winless on the season and lost 27-7 to Ferndale High School in their most recent game.

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NAS BEQ-NAS Whidbey NGIS-NAS Gateway Inn OH Hotels-Oak Harbor Hotels CPV-Coupeville FRL-Freeland GBK-Greenbank LNG/CL-Langley/Clinton BAY-Bayview PAE-Paine Field Airport SEA-SeaTac International Airport SEA Hotels-SeaTac Area Hotels

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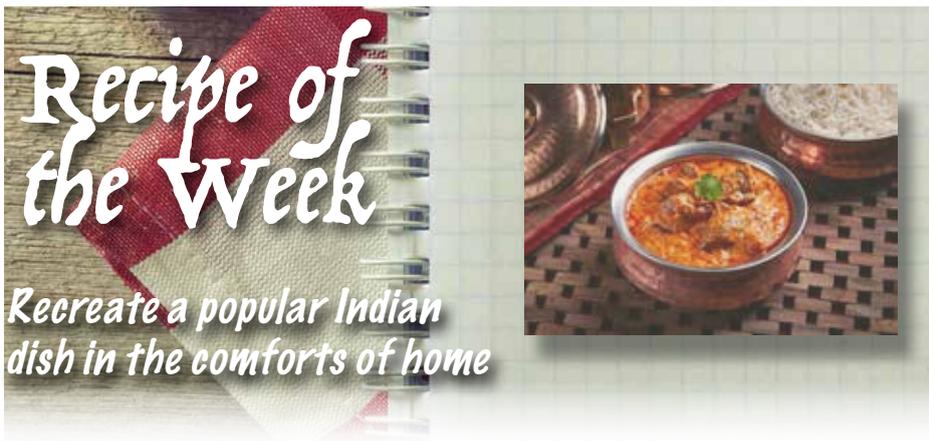


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# Recipe of the Week

Recreate a popular Indian dish in the comforts of home



Recreating certain ethnic cuisines can be challenging even for the most skillful home cooks. For example, devotees of Indian cuisine may find that, no matter how hard they try, it's difficult to replicate the flavor of their favorite dishes from their local Indian recipes.

But that difficulty shouldn't prevent people who love Indian food from trying to replicate those flavors at home. Lamb Rogan Josh is a popular Kashmiri dish that is found on the menu at many Indian restaurants. Fans of this spicy lamb curry can try their hand at making the dish at home with this recipe for "Kashmiri Braised Lamb (Rogan Josh)" from Will Budiaman's "The Essential Kamado Grill Cookbook" (Rockridge Press).

## Kashmiri Braised Lamb (Rogan Josh) (Serves 6)

### Ingredients:

- 2 pounds bone-in lamb shanks
- Kosher salt
- 1 tablespoon ghee or unsalted butter
- 1 medium red onion, coarsely chopped
- 4 garlic cloves, finely chopped
- 1 1-inch piece fresh ginger, peeled and finely chopped
- 2 tablespoons tomato paste
- 4 bay leaves
- 2 teaspoons ground coriander
- 1 1/2 teaspoons ground cardamom
- 1 teaspoon ground cinnamon
- 1 teaspoon ground turmeric
- 10 cloves
- 5 dried red chiles, such as chile de árbol
- 2 3/4 cups water
- 1/2 cup Greek yogurt

### Instructions:

1. Season the lamb generously with salt. Refrigerate overnight.
  2. Pat the lamb dry.
  3. Bring the grill to 500 F with the cooking grate installed, then preheat a 5-quart cast iron Dutch oven on the grate with the lid closed.
  4. Put the ghee in the Dutch oven and close the grill lid. Once hot, add the lamb in a single layer. Close the grill and cook, turning halfway through, for 10 to 12 minutes or until browned on both sides. Transfer to a plate.
  5. Add the onion to the Dutch oven. Close the grill lid and cook, stirring occasionally, for 2 to 3 minutes or until starting to soften. Season with salt.
  6. Add the garlic and ginger. Close the grill lid and cook, stirring frequently, for 30 to 60 seconds or until fragrant.
  7. Add the tomato paste, bay leaves, coriander, cardamom, cinnamon, turmeric, cloves, and chiles and stir to combine. Cook, stirring, for 1 to 2 minutes or until the tomato paste turns bright red. Season with salt.
  8. Add the lamb; turn to coat with the tomato-spice mixture. Add the water. Cover the Dutch oven with a tight-fitting lid. Remove from the heat.
  9. Wearing barbecue gloves, carefully remove the grate, install the heat deflector, and replace the grate. Reduce the grill temperature to 350 F.
  10. Put the Dutch oven back on the grate. Close the grill lid and cook for 55 minutes to 1 hour 5 minutes or until the lamb is tender.
  11. Stir in the yogurt. Cook for 5 minutes or until the flavors meld. Serve immediately.
- Pair it: Serve this with grill-toasted naan or steamed basmati rice and chickpea masala for a complete meal.



# Readings by Noa

## Astrology for Oct 17-23 2024

Full Moon coming in real hot and bothered, and likely more bothered than hot. Early in the morning on October 17 we are greeted rather dramatically by the full Moon in Aries at 24° square Mars in Cancer at 23° and conjunct Chiron in Aries at 21°. Damn! Shit is personal! Think back to the new Moon solar eclipse we had on October 2, and reflect on the new Moon solar eclipse we had back on April 8. The themes that surfaced around these previous lunations are being answered to under the light of this October full Moon. There is a visceral tension in the air and very likely within as we are being called to confront some important feelings that require meeting ourselves objectively and getting very honest about what has us so bothered. Unfortunately, objectivity may seem impossible to come by under a sky like this where everyone including ourselves may be hyper-prone to taking things personally. However uncomfortable, this is a blessing. As triggered as we may be, the feelings that rise within us most intensely are pointing the way. This is where we need to lean in and investigate far beyond a surface level. Remember that Mercury is in Scorpio at this time, lending support to dive deep into hard questions and big feelings. If we are brave enough to ask the questions and face the answers, we will be supported in organizing our next steps. This aid comes from Jupiter retrograde in Gemini at 21° in a sextile with Chiron in Aries at 21°. What we face will be rewarded via progress in our personal self-healing journey.

Some questions for reflection: What has us angry or frustrated at this time? What has been the pattern we've upheld for going after our desires and maintaining healthy independence within our lives? Where is it time to stand up for our personal beliefs or boundaries within ourselves, our relationships, and the world at large? Where is there any festering resentment? Where have we been avoiding deep self-reflection about our anger (or any personal feelings) - this full Moon could be the stop sign/red light in the middle of our busy highway. Tickets will be issued if you run it. Slow down, get present and reflective. What comes to light now is valuable information. These aspects are still felt very strongly on Oct 18.

On October 21 the Moon in Gemini will meet up with Jupiter and hit the Jupiter/Chiron sextile configuration from the back... meaning from the Gemini side of the aspect, offering a need to communicate our feelings and find healing words about what blew up or transpired under the full moon. Luckily, if we are willing to engage it, we can be offered assistance with much needed emotional objectivity and positive communications via this aspect.

October 22 finds the Sun in its last moment of Libra at 29° in a square with Pluto in its last moment of Capricorn at 29° and later that day, will enter the sign of Scorpio. Hello, spooky season! Buckle up for some intensity here. A power dynamic is challenging our personal preferences or expressions. This aspect forces us to make a choice on a matter, has us confront a situation with boldness and depth and may be tied to the circumstances we faced under the recent full Moon. Change is happening with the season. Oct 22 also has Venus in Sagittarius at 6° form a trine with the North Node in Aries at 6° and later that evening, the Moon in Cancer at 14° will trine Mercury in Scorpio at 14°. Some connections will deepen if they are true and aligned with the path ahead. Engaging in tough topics together will continue to help sort feelings as we engage new perspectives. The onset of Scorpio season will hit very different than the season of Libra we've just completed, however. The wishy-washy, shades of gray, seeing all sides and all possibilities - these tactics are expiring now. Yes/no decision making is taking over and the path ahead starts to appear. We have decided to claim our power via our choices while intuition guides the way. Listen deep. Get honest. Pluto is the ruler of Scorpio season ... sitting at the most intense degree of Capricorn preparing to make an opposition to Mars (not exact until Nov 3 but we are feeling it build now). This is the conflictual tension rising personally and collectively. Surrender to the breakdown of what is not working to make way for the next and better aligned. Because that breakdown is already underway...

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# WEEKLY HOROSCOPES

## ARIES – Mar 21/Apr 20

Aries, you might find it challenging to assess a situation this week. Always stick to what your instincts are telling you as they are rarely wrong. Try not to get sidetracked by small details.

## TAURUS – Apr 21/May 21

You may find a need to be more assertive at work, Taurus. Your ideas are sound, so don't hesitate to share them with colleagues. Others will appreciate your insight.

## GEMINI – May 22/June 21

Communication may be the key for you this week, Gemini. It is an excellent time to network and share your ideas. Be concise in your interactions to avoid misunderstandings.

## CANCER – June 22/July 22

Cancer, consider new habits that promote well-being and balance. It is important to focus on your health and tailor routines to that end. Find time to reflect on your goals and ambitions.

## LEO – July 23/Aug 23

It's a great time to express yourself through art, hobbies, or social activities, Leo. Romance also could be in the cards, so make space for some fun and connection in your personal life.

## VIRGO – Aug 24/Sept 22

This week could be focused on family matters and your home life, Virgo. It's an excellent time to organize your space and strengthen family bonds. You also can work on personal goals.

## LIBRA – Sept 23/Oct 23

Social interactions this week are bound to be lively and stimulating, Libra. It can be easy to get carried away, so balance your social life with some quiet time to recharge.

## SCORPIO – Oct 24/Nov 22

Financial matters might be in focus this week, Scorpio. Make a plan to review your budget and figure out how to save more. You may want to consider new investments.

## SAGITTARIUS – Nov 23/Dec 21

You might experience a boost in energy and optimism this week, Sagittarius. It's always a good idea to focus on personal goals and any ambitions that you might have.

## CAPRICORN – Dec 22/Jan 20

Capricorn, an exercise in reflection and introspection might be a good idea this week. It is time for some personal growth, including figuring out ways to be more receptive to feedback.

## AQUARIUS – Jan 21/Feb 18

Aquarius, your innovative ideas may receive some positive attention, so don't be afraid to share with others. Social interactions rev up, but be sure to balance social life with downtime.

## PISCES – Feb 19/Mar 20

This is a good week to reassess your professional aspirations and take practical steps toward achieving them, Pisces. Put out some feelers to your employment network.

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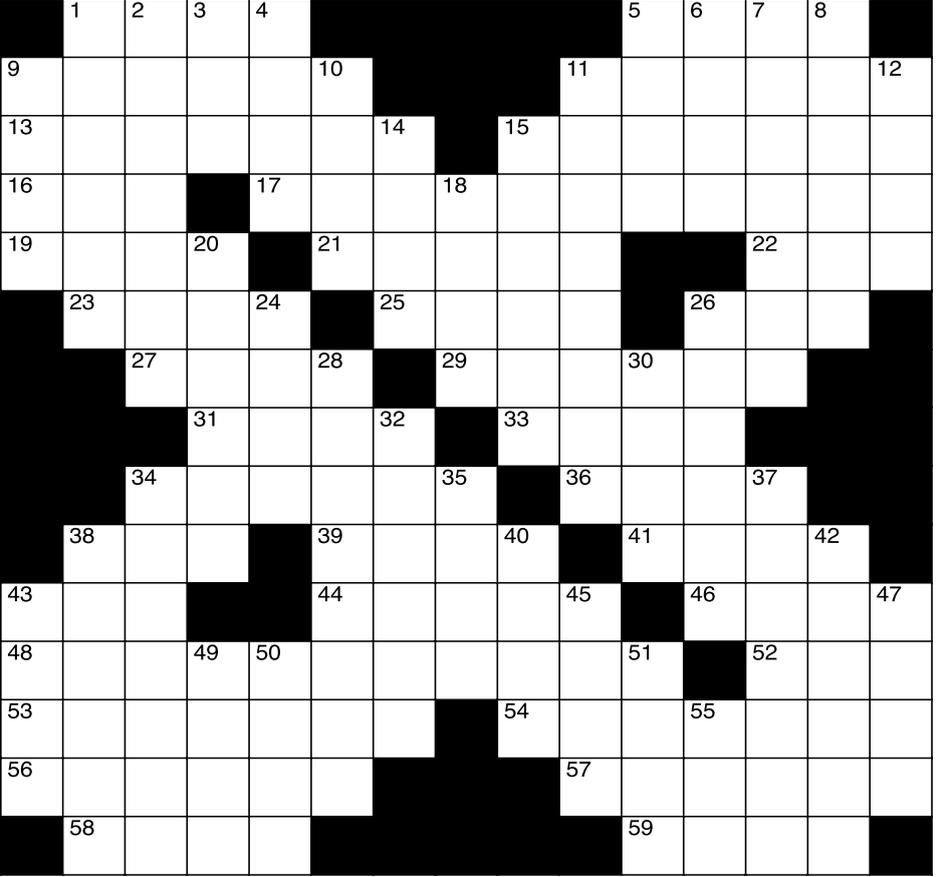
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# Crossword Puzzle



### CLUES ACROSS

1. Tall, upright post on a boat
5. Basics
9. Used to refer to cited works
11. Folds
13. Former UK PM May
15. Cold region of Russia
16. Standard operating procedure
17. Separating
19. Particles
21. A way to map out
22. Referee declares
23. Beginner
25. Water (Spanish)
26. Gov't lawyers
27. Non-reproductive parts of an organism
29. Spanish friends
31. A type of tree
33. Walk heavily
34. About a wood
36. Free-swimming marine invertebrate
38. Political action committee
39. SB19 hit song
41. Scorch the surface of
43. Moved quickly on foot
44. Sacred state for a Muslim
46. Growl
48. Pearl Jam frontman
52. Irritating person
53. Something requiring a solution
54. Firing
56. Hazards
57. Taiwan capital
58. Impudence
59. Rock frontman Durst

### CLUES DOWN

1. One who rides an elephant
2. Absence of bacteria
3. Soviet Socialist Republic
4. Men's fashion accessories
5. "Honey" actress Jessica
6. Round red root vegetable
7. Latin term for "charity"
8. Doesn't smell good
9. Mental health issue
10. Millisecond
11. Hairstyle
12. Edible starch
14. Middle Eastern military title
15. Protein-rich liquids
18. Indian musical pattern
20. Cancer and Capricorn
24. Country along the Arabian peninsula
26. A bend
28. Fishes of the herring family
30. Antelopes
32. Chaos
34. Popular music app
35. Cooking material
37. Musical instrument
38. San Diego ballplayers
40. Small amounts
42. Poured
43. Fabric
45. Food option
47. Finger millet
49. The U. of Miami mascot is one
50. Alberta, Canada river
51. Canadian flyers
55. Dry white wine drink

Answers on page 11

**YOUR GUESS IS AS GOOD AS OURS WEATHER FORECAST**

Thurs, Oct 10 North Isle H-59°/L-45° South Isle H-59°/L-45°	Fri, Oct 11 North Isle H-59°/L-47° South Isle H-60°/L-46°	Sat, Oct 12 North Isle H-60°/L-49° South Isle H-64°/L-48°	Sun, Oct 13 North Isle H-61°/L-49° South Isle H-66°/L-49°	Mon, Oct 14 North Isle H-61°/L-51° South Isle H-66°/L-52°	Tues, Oct 15 North Isle H-58°/L-48° South Isle H-59°/L-48°	Wed, Oct 16 North Isle H-57°/L-45° South Isle H-58°/L-48°
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# OUR Community

## An Upbeat Question of the week

By Helen Mosbrooker

As the manager of a food bank, what brings you joy?



**Jean Wieman**  
Oak Harbor

There are many things that bring me joy as the Director of the Help House. Seeing someone who is having a really hard time coming to tears when we give them their food bag, having someone who had worked here before stop by and say "just wanted to come in and say hello and let you know I am doing well", seeing a former client show up with a donation to "thank us for helping them when they needed a hand", having a younger child coming in to give us food donations they collected instead of receiving gifts at their birthday party, having a family come in with their kids who wanted to donate their allowance to help people. I could go on, but think I already have. Those moments are what make me come to work everyday and bring me the most joy!

**Molly Hughes**  
Coupeville

Serving our food bank clients, being a part of the food bank volunteer family and the constant and generous support from our community, all bring me joy! However, this year we are working on a very special project that is especially joyful! After a successful capital campaign, we broke ground on a permanent home for the food bank. The building will allow us to become a full shopping model food bank which gives our clients more choices and assures that no food will go to waste. There will also be two workforce housing apartments on the second floor. We will be able to provide housing below market rate and the rent will pay for the food bank's increase in overhead costs. This will allow us to spend every penny donated for food, to be spent on food. Win-win! The building should be done the first quarter in 2025.



**Karen Korbelik**  
Langley

As the chill of fall creeps in, heaters begin to hum. At Good Cheer food bank in Langley we are also aware that cozy thoughts of holidays and togetherness can be hampered by the worries of whether to "heat or eat". What brings me joy in the Fall, is being an active part of our community as it comes together to address the impacts and roots of hunger. Together we are creating a hunger free community.

**An invitation:** if you would like to participate in an upbeat question of the week, please call or email Helen Mosbrooker at 360-320-1810 or email her at hmosbrooker@icloud.com. Everything is done by email- for your convenience.

## CAN DO SUDOKU!

Every row of 9 numbers must include all digits 1 through 9 in any order  
Every column of 9 numbers must include all digits 1 through 9 in any order  
Every 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9

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4	9	7	3		6		2	
		6		4		5		

Answers on page 11

# COMMUNITY BULLETIN BOARD

To place an ad, email [classifieds@whidbeyweekly.com](mailto:classifieds@whidbeyweekly.com)

### COMMUNITY EVENT

#### VIRTUAL CANDIDATE FORUM

Thursday October 17 @ 6:00 p.m. ONLINE  
Hosted by League of Women Voters Whidbey Island and Sno-Isle Library

Candidates will answer questions by the League's Forum Committee in a free and open to the public zoom meeting.

To be present, visit the League of Women Voter's website at: [www.lwwhidbey.com](http://www.lwwhidbey.com)  
Information to log into the zoom meeting will be posted on Wednesday, October 16

#### Medicare Open Enrollment Workshops

- Tues., 10/22 / 1:30-3:00 p.m., Island Senior Resources, Bayview
- Wed., 10/23 / 11:00-12:30 a.m., The Center in Oak Harbor
- Thur., 10/24 / 9:30-11:00 a.m., St. Stephen's Episcopal Church, Oak Harbor
- Sat., 10/26 / 10:00-11:30 a.m., Coupeville Library

Join SHIBA volunteers to learn about Medicare changes for 2025, determine which plans available to Whidbey Island residents best meet your needs. Free, unbiased assistance sponsored by Island Senior Resources and WA Office of the Insurance Commissioner. Questions? Call 360-321-1600 for more information.

### IN SEARCH OF

**Art, Antiques & Collectibles. Cash paid for quality items. Call or text 360-661-7298**

Was your Dad or Gramps in Japan or Germany? I collect old 35 mm cameras and lenses. Oak Harbor. Call 970-823-0002

### JOB OPPORTUNITY

PART-TIME JOB OPPORTUNITY: EXECUTIVE DIRECTOR

Whidbey Audubon Society is seeking an Executive Director who, in collaboration with the board of directors, will provide both strategic and operational leadership to ensure the organization's long-term success and sustainability with vision and enthusiasm. Work at home, \$30/hour, 15-20 hours per week. Submit a cover letter and resume to [contact.us@whidbeyaudubonsociety.org](mailto:contact.us@whidbeyaudubonsociety.org) by October 15, submissions will be accepted until the position has been filled. No phone calls please. The full job description is posted at [www.whidbeyaudubonsociety.org](http://www.whidbeyaudubonsociety.org).

#### Coupeville and Oak Harbor Farmers Markets are looking for members and volunteers for our 2025 season.

Please email us at [whidbeyfarmersmarket@gmail.com](mailto:whidbeyfarmersmarket@gmail.com) if you would be interested in learning more about volunteering with the market! Fun group with flexible volunteering

Do you enjoy the Sculpture Forest and would like to be involved behind the scenes? We are an all-volunteer led organization with a fun group of people who casually work together and have formed some great friendships as we bring art and nature to the entire community. We are always interested to meet people who like to do landscaping, social media, community outreach, lead tours, write grants, and more. Whatever skill you want to bring is appreciated, and whatever time availability you have is appreciated. Reach out to [Contact@Sculpture-Forest.org](mailto:Contact@Sculpture-Forest.org) to inquire and explore new possibilities.

### SHELTERS/HOUSING

CADA Emergency Shelter – Confidential crisis shelter for women and children fleeing domestic violence/sexual assault/stalking. This is NOT a homeless shelter. Office: 360-675-7057 Crisis Line: 360-675-2232 Toll Free: 800-215-5669

Island County Housing Support – 105 NW 1st St., Coupeville 360-678-8284 For homeless or at risk of losing housing. Mon-Thurs, 9 a.m.-3 p.m.

Ryan's House for Youth – 19777 SR 20, Coupeville 360-331-4575

For at-risk adults ages 18-24  
Whidbey Homeless Coalition – Serving Island County 360-900-3077

The Haven Overnight Shelter is a night-to-night shelter for up to 30 individuals. Must follow check in rules and must register daily between 4:00 and 4:30pm Mon. thru Fri. and 3:45 pm to 4:00 pm on Saturdays and Sundays at the SPIN Café, 1241 SW Barlow St., Oak Harbor.

House of Hope Emergency Housing, Langley, 360-708-4533. Transitional housing for families and adults at severe risk of homelessness; to apply, contact the Housing Support Center or call the number above.

Oxford Houses – Recovery housing [oxfordhouse.org](http://oxfordhouse.org)  
-Men:360-246-4101  
- Women & Children: 360-682-5773

### RESOURCES

Basic Food Benefits  
Community Services Office: 275 Pioneer Way #201, Oak Harbor 877-501-2233

Food Banks:  
-Gifts From the Heart, 203 N Main St., Coupeville 360-672-5502

Distribution on 2nd and 4th Wednesdays, 2-5 p.m.

-Good Cheer, 2812 Grimm Rd., Langley 360-221-4868 Mon-Fri, 10 a.m.-4 p.m.

-North Whidbey Help House, 1091 SE Hathaway St. Oak Harbor 360-675-0681 Mon-Fri, 9 a.m.-4 p.m. (5 p.m. on Tuesdays) Closed 12-1 p.m. for lunch

Island Church of Whidbey Soup Kitchen: 503 Cascade Ave., Langley 360-221-0969 Tues & Thurs 11:30 a.m.-1 p.m.

SPiN Café: 1241 SW Barlow St., Oak Harbor Daily, 6:30 a.m.-5:30 p.m.

St. Anthony's Soup Kitchen: 804 3rd St., Langley 360-221-5303/[sthubert@whidbey.com](mailto:sthubert@whidbey.com) Tuesday orders for home; Wednesday kitchen meals 11 a.m.-1 p.m.

HUB After School: 301 Anthes Ave., Langley 360-221-0969

Food and activities for middle and high school youth. Mon, Tues, Thurs, Friday 2-6 p.m., Wed 1-6 p.m.

Ryans House for Youth: Food, fun, support, 19777 SR 20, Coupeville 360-331-4575

Drop-in center for adults ages 18-24; Daily 6 a.m.-8:30 p.m., 35 SE Ely St., Oak Harbor 360-682-5098

Drop-in center for youth ages 12-21; Mon-Fri 11 a.m.-7 p.m.

Women, Infants & Children (WIC): -Oak Harbor/North Whidbey: 1791 NE 1st Ave. Mon-Thurs 360-240-5554 Text: 360-544-2239

### WEEKLY MEETINGS

MEMORY CAFÉ Every 1st and 3rd Tues of the Month 12:30 - 2:00 p.m. at the First United Methodist Church 1050 SE Ireland Street Oak Harbor, WA. Join our bi-monthly gathering for people with memory loss and their family to enjoy a time of fun, conversation, music and laughing (and snacks). This is a dementia friendly setting. For information: 360-720-4535

SOUTH WHIDBEY NAR-ANON FAMILY GROUP meets every Wednesday at 6pm at the Langley Methodist Church, 301 Anthes in Langley. We meet in the Fireside Room, rear of church. Karol:360 914 7695.

Have you ever been affected by someone else's drinking? Al-Anon may be for you. AL-ANON: Tuesdays at 5:30-6:30 Oak Harbor Lutheran Church Library 1253 NW 2nd Ave. There is help and hope: Contact for more info: Danielle 360-840-7181 or Randy 360-914-8084

Gamblers Anonymous Meeting. Every Tuesday at 6:30 p.m. at the Mount Vernon Senior Center. Mount Vernon Senior Center, 1401 Cleveland Ave, Mount Vernon Any questions, call Washington State Gamblers Anonymous hotline at 855-222-5542, or visit <https://gawashington.org/>

Adult Children of AlcoholicTV and Dysfunctional Families meeting, Tuesdays 2-3 pm, Langley Methodist Church - 301 Anthes Ave, Langley - Fireside room. Contact: [acawhidbey@gmail.com](mailto:acawhidbey@gmail.com)

### SERVICES



#### COASTAL TIMBER CUTTING

Turn your Trees into Profit Ethical Forest Management Selective Timber Harvesting 25+ Years of Experience **CALL: (360) 812-1548** <https://coastaltimbercutting.com/>

#### CAREGIVER AND NURSING ASSISTANT FOR HIRE

Honest, Dependable, and Professional Contact Jackie - Text Or Call 425-985-1659

### CRISIS LINES

9-1-1: Call for threats to life, fire, accident or crime  
-Non-emergency lines:  
Oak Harbor Police Department-360-279-4600  
-Island Communications Dispatch (ICOM) - 360-679-9567

9-8-8: Suicide and crisis lifeline, free & confidential - 741-741: 24/7 Crisis Text Line -800-584-3578:

24/7 Northwest Washington Crisis Services - 360-678-7880: Island County Behavioral Health

866-488-7386 Trevor Project: 24/7 support for LGBTQIA2S+

**Your Donations Are Always Needed and Appreciated!**

**NORTH WHIDBEY HELP HOUSE**

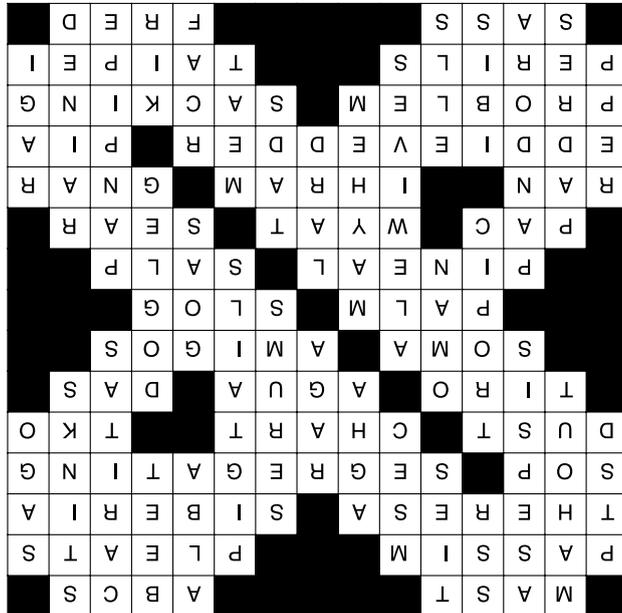
Your Community Food Bank Since 1977  
1091 SE Hathaway St • Oak Harbor

Your ad here. FREE Personal Ads Help Wanted Volunteer Weekly Meetings

Submit to our Community Board



### No Cheating!



### How'd you do?

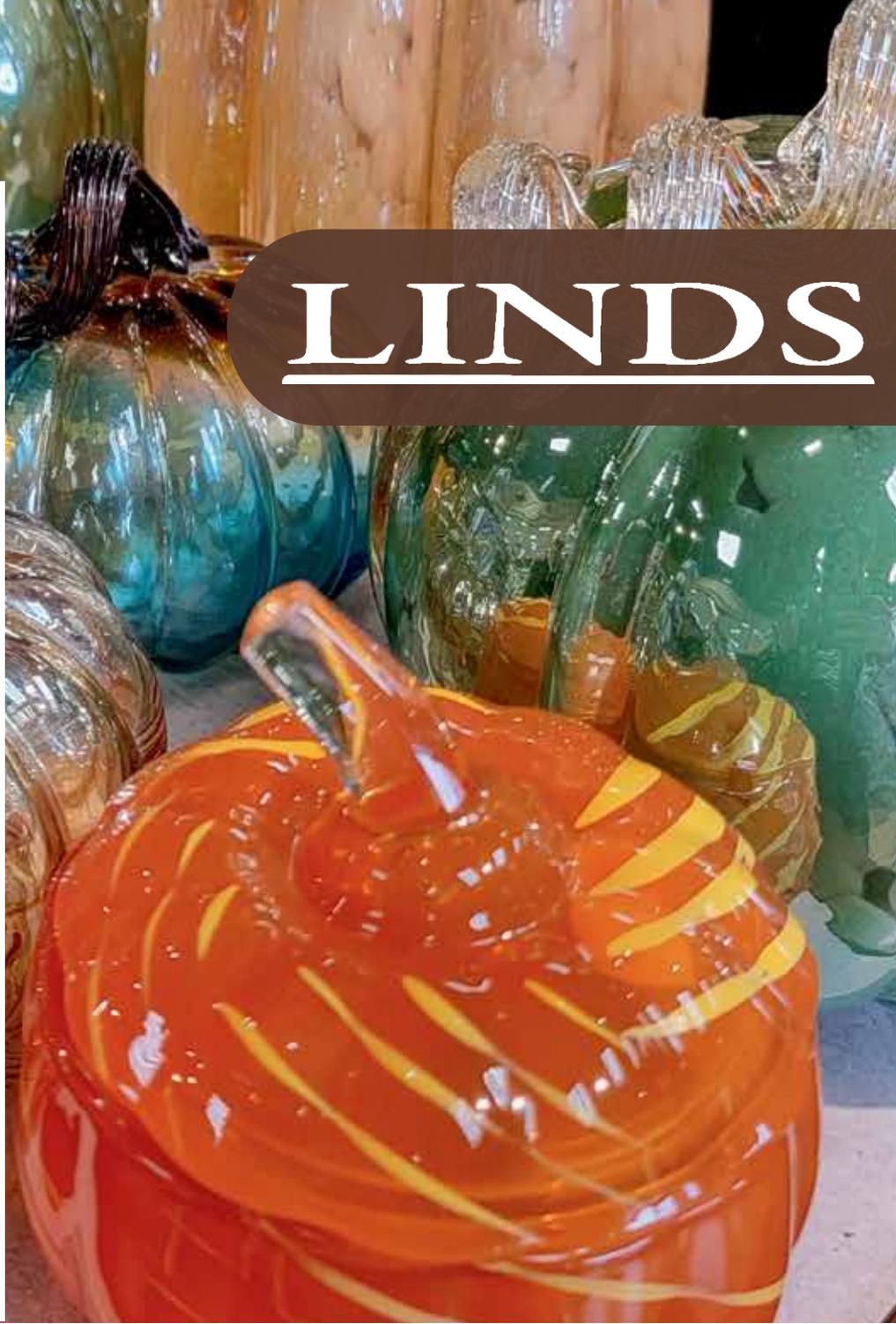
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### CLASSIFIED INFORMATION

**US Postal Mail** Whidbey Weekly Classified Department PO Box 1398 Oak Harbor, WA 98277  
**E-Mail .....** [classifieds@whidbeyweekly.com](mailto:classifieds@whidbeyweekly.com)  
**Telephone .....** 360-682-8283

### PLEASE CALL WHEN YOUR ITEMS HAVE SOLD.

Please try to limit your classified to 30 words or less, (amounts and phone numbers are counted as words) we will help edit if necessary. We charge \$12/week for Vehicles, Boats, Motorcycles, RVs, Real Estate Rental/Sales, Business Classifieds and any items selling \$1,000 and above. We do charge \$25 to include a photo. The FREE classified space is not for business use. No classified is accepted without phone number. We reserve the right to not publish classifieds that are in bad taste or of questionable content. All free classifieds will be published twice consecutively. If you would like your ad to be published more often, you must resubmit it. **Deadline for all submissions is one week prior to issue date.**



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