



OurCommunity
An Upbeat Question
of the week

Page 10

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LOCALLY OWNED & OPERATED FEBRUARY 6, 2025 - FEBRUARY 12, 2025

# An American Thriller Inspired by the Live Radio Broadcasts of the 1950s Opens on the WICA Mainstage

Written by Sam Bobrick

Adapted and Directed by David Ossman and Orson Ossman

The mystery lovers among us will once again find the Whidbey Island Center for the Arts (WICA) home to an entertaining thriller—sure to keep the sleuths guessing and the audience entertained. Flemming: An American Comedy Thriller, will open on the WICA mainstage February 7 following a Pay What You Wish performance on February 6. This award-winning play was written by Sam Bobrick.



Firesign Theatre legend David

Ossman and his son, writer-director Orson Ossman, have created a unique, conceptual stage production based on the big live broadcast hit radio comedies of the past, taped live in front of a studio audience each performance. Flemming is presented as a live radio broadcast from the 1950s—when actors worked with scripts in hand and a "Foley" sound effects team created all the rest, from cocktails and telephones to murder!

With a three-week run through February 22, Flemming is the story of Henry Flemming, who, bored with privilege and his mundane life, sells his lucrative brokerage firm to become a detective. A spoof of the noir thrillers from the 1940s and '50s, the play is set in Connecticut and is a comedy turned thriller filled with an eccentric and witty cast.

"We're thrilled to have Flemming on the WICA stage," says Executive Artistic Director Deana Duncan. "It is a refreshing and avant-garde take on the noir murder mystery genre, with audiences feeling transported to the live radio performances from half a century ago. Our radio actors will literally be acting as on-air personalities, script in hand as they deliver their lines, and our sound effect actors will be creating an acoustic environment that will be a rich and immersive experience for audiences. We can't wait to share it with you all."

The cast for the WICA production is as follows:

- George Tirebiter, our Live broadcast host
- David Ossman, Walter
- Jim Scullin, Henry Flemming
- Suzi Dixon, Karen Flemming
- Tristan Steel, Stan Spencer
- Deana Duncan, Suzy Spencer
- Max Cole-Takanikos, Lt. Davis
- Kyle Collins, Vito Mardigian
- Cerys Bishop, Miss Havenhurst
- Tony Brewer, Foley Artist
- Zachary Schneider, Foley Assistant

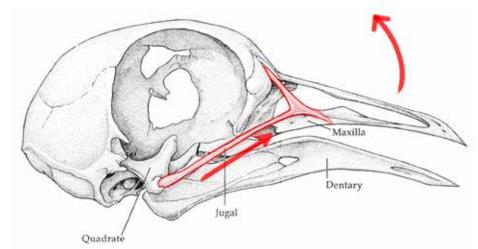
An opening night party on February 7 will include small bites and a no host bar, and a specialty cocktail will be available throughout the theatre run. This production coincides with the City of Langley's Murder/Mystery weekend, so don't miss the fun of being in the audience for a "live taping" of this comedic mystery!

For writer-director Orson Ossman, it's all about transporting viewers to the glamour and intrigue of old Hollywood. Imagine, "it's 73 degrees and the sun is shining. You pull into the studio lot. The gate guard gives you a guest pass and you find a parking spot. You walk past sound stages full of half-built sets and mingling working actors. You crane your neck to spot a familiar Hollywood face, but alas, they are all extras. You continue down a street that looks like New York, but you are in Los Angeles. You arrive at Stage 5 for the live taping of a long-running radio show, America's favorite family comedy: The Flemmings. You hear in the hubbub of the crowd that they will be turning The Flemmings into a television series soon—what will that mean for the cast? What will become of the normal, suburban family of Westport, Connecticut? It probably won't be too different from the last hundred radio episodes...You sit in your seat with the rest of the tourists, also here to sneak a peek behind the scenes in Hollywood. It's almost time for the live broadcast to begin, the Foley artist takes the stage, the lights dim..."

[Submitted by:WICA]

#### **Under the Surface: Bird Bones and Skeletons**

Birds are exquisitely designed creatures of the air, but have you ever thought about how the underlying structure of a bird's bones and skeletons help birds move and fly? Flight is not just a matter of flapping your wings harder, it actually requires many special adaptations and compromises that impact all aspects of a bird's life. In this presentation, learn about some of the fascinating adaptations that can be observed when looking at a bird's skull, beak, eyes, wings, legs and feet. Many of these features are hidden by feathers, yet they uniquely shape every aspect of what is seen when watching birds. Expect to come away with a new understanding and appreciation for the hidden mechanics of how birds eat, sleep, and move, along with an understanding of how feathers interact with a bird's skeletal structure.



Jugal bone: This illustration of a Rock Dove's skeletal head features the long, skinny bone called the jugal, the forward motion of the jugal pushes the upper beak upward. The result of this jaw mechanism is that one muscle pulling down on the lower jaw of a bird triggers a series of mechanical movements that opens the upper bill at the same time.

Whidbey Audubon Society is hosting naturalist David Lukas at its free, online public program on Thursday, February 13. Register to attend on Zoom, https://www.whidbeyaudubonsociety.org/events-list/aekv00avv49gcu8hdi093a97exd2up. You will receive the link when you sign up. Sign in at about 7 p.m. for a brief meeting and announcements. The program begins at 7:30 p.m.



David Lukas is a well-known naturalist and author based in the Methow Valley. He has written seven books and contributed chapters to another 40 books on a range of nature topics. He has also led thousands of natural history tours, classes and workshops.

 $[Submitted\ by: Whidbey\ Audubon\ Society]$ 

# OHHS Drama Club Invites Media to Exclusive Press Night for A Trip to the Moon

The Oak Harbor High School (OHHS) Drama Club is proud to present its upcoming theatrical production of A Trip to the Moon. Media representatives are invited to an exclusive Press Night on Tuesday, February 11, 2025, at 7:00 PM for a special preview of the show.

A Trip to the Moon is a vignette-style production set in 1969 around the time of the moon landing. The OHHS Drama Club has been hard at work preparing for this production in addition to their recent success at the Thespy competiton earlier in January.

Following Press Night, the public will have the opportunity to experience the show on February 20-22 and February 28-March 1, 2025. Performances begin at 7:00 PM, with doors opening at 6:30 PM. Tickets will be available for \$10 at the door.

Press Night provides a unique opportunity for media to preview the production, interview cast and crew, and capture behind-the-scenes insights before the show opens to the public.

For more information or to RSVP for Press Night, please contact Micki Gibson, OHHS Drama Club Director, at mgibson@ohsd.net.

About OHHS Drama Club: The Oak Harbor High School Drama Club is dedicated to fostering creativity, teamwork, and a love for the performing arts among students. Through innovative productions, students develop skills in acting, stagecraft, and storytelling while bringing engaging performances to the community.

[Submitted by:OHHS Drama Club]



# Sunrise Caregiver Training will be offering two caregiver training options in Oak Harbor Washington

We will offer the 75-hour HCA-C (Home Care Aide Certified) DSHS approved hybrid program which consists of 5 days online train-



ing and 2 days of hands-on skill training. An HCA-Certification allows for working in Adult Family Homes, Assisted Living Facilities, and Enhanced Living Facilities.

What's more is that the HCA-C is 70% of what is needed for a CNA/NAC (Certified Nursing Assistant/Nursing Assistant Certified) and starting on March 4-8 we will be offering the bridge CNA/NAC program that allows licensed HCA-C to add five more days of in-person training and testing to earn certification as a (CNA/NAC).

In fact, anyone who has a nonexpired HCA-C is eligible to enroll in the Bridge Program to learn new skills and be approved to work in any long-term health setting, as well as working in a hospital. With Washington's new LPN (Licensed Practical Nurse) Apprenticeship program, 6 months of work as CNA/NAC, and a few classes you can be well on your way to becoming an LPN. Sunrise Caregiving Training Program offers complimentary career support, and every class needed for starting a new health care career pathway.

Upcoming dates:

#### HCA-C

- March 1 online class and March 19 and 20th for 16 hours of skills
- March 15 to start online class and April 9,10 for 16 hours of skills.
- April 15 to start online class and May 7 and 8th for 16 hours of skills.
- Bridge CNA/NAC
- March 4-8
- May 13-17

Classes being held at Regency on Whidbey in Oak Harbor – Whidbey Island 1040 SW Kimball Dr, Oak Harbor, WA 98277.

For more information or to Register, call 425-212-4210 and email: enrollment@sunriseemail.com

[Submitted by: Regency Oak Harbor]

### Chronic pain had ruined my life...



Over the last four years, the quality of my life had been deteriorating.

I had been in constant pain and my mobility has been greatly restricted and my sleep was interrupted by constant pain.

I have seen numerous doctors and surgeons, four out of the six I saw wanted to do a hip replacement and two said I didn't need one.

I have seen internists, chiropractors, acupuncturists, physical therapists and a trip to a pain clinic to try and find someone who could help me.

I didn't know how I was going to make it through each day.

After my 1st session with Dr. Kevin, I had four hours pain free and was able to get some sleep. Now my pain level is manageable without the use of drugs and my mobility allows me to do some yard work, shop, and visit family and friends.

I believe Dr. Kevin Smith saved my life.

With deep gratitude, Bonnie P

Providing house calls to the South Island (office coming soon!)

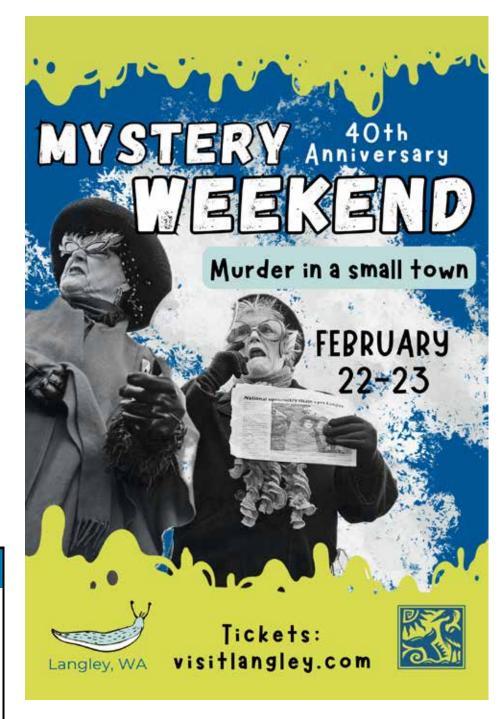
Call (208) 874-3979 Today
See how you can get your life back!
Dr. Kevin Smith, DC, LAc

Dr. Kevin is grateful to the 2 Qigong masters, Dr. Sun and Dr. Liu who have trained him in the ancient method of Taoist medicine.

He practices diligently to bring their knowledge to the people he works with.



Whidbey Weekly



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#### WHIDBEYWEEKLY.COM



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Sign-Up For Our Newsletter

# What's Going On!

#### WHIDBEY PLAYHOUSE PRESENTS "ANNIE"

Now - Sunday, Feb. 23 Fridays and Saturdays, 7:30 p.m. Sunday matinees, 2:30 p.m. Tickets: \$25

Experience the heartwarming tale of orphan Annie as she searches for her parents. No show on Feb. 9 (Super Bowl).

#### RANGER HOUR: BUILD A BIRD

Friday, Feb. 7 4:00 p.m.

Oak Harbor Library, 1000 SE Regatta Dr., Oak Harbor

Free Admission

Explore bird adaptations with Deception Pass State Park staff. Learn about wildlife, play games, and discover how different bird features help them survive. All ages welcome, with adult caretakers required to stay during the 60-minute program.

#### FREELAND HALL - COMMUNITY **DINNER**

Thursday, Feb. 6 6-8:30 p.m.

Freeland Hall, 1515 Shoreview Drive,

Join a monthly potluck dinner. Membership: \$25/year. Bring a dish to share. Contact Lynn Thomson at (541)

#### FLEMMING - AN AMERICAN THRILLER

Thursday, Feb. 6 – Saturday, Feb. 25 Michael Nutt Mainstage, Whidbey Island Center for the Arts, 565 Camano Ave., Langley

Thursday-Saturday, 7:30 p.m. | Sunday matinees, 2 p.m.

Tickets: WICA Star \$47/\$32, Standard \$32/\$27

A comedic noir spoof about a man who trades his career for detective work, only to find himself surrounded by chaos and corpses.

#### COUPEVILLE CHOCOLATE WALK

Saturday, Feb. 8 Downtown Coupeville 10:00 a.m. - 4:00 p.m. Tickets: \$30

Visit participating shops in Coupeville and receive sweet chocolate treats, just in time for Valentine's Day.

#### **FAMILY FUNDAY AT DANCING FISH VINEYARDS**

Saturday, Feb. 8 Dancing Fish Vineyards, 1953 Newman Rd., Freeland

1:00 p.m. - 4:00 p.m. Free Admission, No Reservations

Needed

Family-friendly event featuring Valentine's crafts, s'mores (weather permitting), hot cocoa bar, and wine bar. Fun for all ages!

#### **BIRD WALKS AT DECEPTION PASS**

Saturday, Feb. 8 and Saturday, Feb. 22 Deception Pass State Park Time: 10:00 - 11:00 a.m.

Free (State Park Discover Pass required) Discover common and uncommon bird species that call Deception Pass State Park home.

#### VALENTINE'S MARKET + GREENBANK **FARM 120TH BIRTHDAY**

Saturday, Feb. 8 – Sunday, Feb. 9 10 a.m.-4 p.m. Greenbank Farm, 765 Wonn Road, Greenbank

Shop handmade gifts, enjoy food and drink, and celebrate Greenbank Farm's 120th birthday with cake on Saturday at

#### SKYLARK - SWEET MYSTERY OF LOVE

Saturday, Feb. 9 7:30 p.m.

Zech Hall, Whidbey Island Center for the Arts, 565 Camano Ave., Langley Tickets: WICA Star \$47, Standard \$32

The Whidbey Island Orchestra's string ensemble performs romantic and mysterious selections in a candlelit setting.

#### STOP THE BLEED WITH CENTRAL WHIDBEY ISLAND FIRE & RESCUE

Wednesday, Feb. 12 Coupeville Library, 788 NW Alexander St. 2:00 p.m. - 3:30 p.m. Free Admission

Learn life-saving skills to respond to emergencies involving severe bleeding. Division Chief James Meek will provide hands-on training using props. Space limited to first 20 attendees.

#### **LEGO® AT THE LIBRARY**

Wednesday, Feb. 12 Oak Harbor Library, 1000 SE Regatta Dr. 3:45 p.m. - 4:45 p.m. Free Drop-In Program

Create, build, and share your masterpiece with LEGO® bricks provided by the library. Recommended for children ages 5 and up. No registration required.

#### FRUIT TREE AND VINE PRUNING

Saturday, Feb. 15 10 a.m.-1 p.m. Pacific Rim Institute, 180 Parker Rd., Coupeville

Learn pruning techniques in a classroom session followed by hands-on practice in the orchard. Dress for cold and damp weather.

#### **SARATOGA STRING QUARTET** PRESENTS "SEASONS OF L.O.V.E."

Saturday, Feb. 15

The Center, 51 SE Jerome St., Oak Harbor 2:00 p.m.

Tickets: \$20 Adults, \$15 Seniors/Military/ Members, Free for Students 17 and

Join the professional musicians of Whidbey's Saratoga Orchestra resident String Quartet for a Valentine's weekend celebration featuring popular and classical music

#### LOVE: IT'S COMPLICATED - WHIDBEY ISLAND MUSIC FESTIVAL

Saturday, Feb. 15 and Sunday, Feb. 16 Saturday: Noorlag Salon, 579 SE Ely St., Oak Harbor

Sunday: St. Augustine's in-the-woods, 5217 Honeymoon Bay Rd., Freeland 3:00 p.m.

Tickets: \$35 General Admission, Free for Students

Romantic composers Clara and Robert Schumann, and Johannes Brahms explore passion and longing through timeless masterpieces, featuring works for violin, piano, viola, and natural horn

#### THE GREAT WHIDBEY SEED SWAP

Sunday, Feb. 16

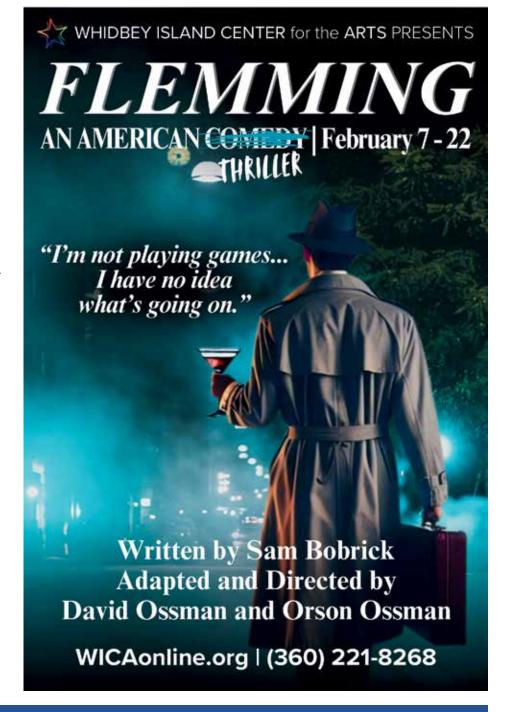
11 a.m.-4 p.m.

YMCA Camp Casey, Auditorium A, 1276 Engle Rd., Coupeville

Join the Whidbey Island Growers Association and Heavy Nettle Collective for seed exchanges, classes, kids' activities, food, music, and more. Free admission; sharing seeds encouraged but not required.

# **SHOW YOUR LOVE** FOR **DOWNTOWN** AND SHOP LOCAL FEBRUARY 8 & 9!











# What's Going On!

#### PRESIDENT'S DAY WALK AT **MEERKERK GARDENS**

Sunday, Feb. 16 1:00 p.m.

Meerkerk Gardens, 3531 Meerkerk Lane, Greenbank

Tickets: Free for Friends of Meerkerk Members and children under 13, \$15 for non-members

Guided winter walk through curated gardens and legacy forest featuring evergreen trees, wildlife, colorful berries, and early rhododendron blooms. Dress in warm layers and water-resistant shoes. Walks may be cancelled due to high

#### PACIFIC NORTHWEST NAVAL AIR MUSEUM COMMUNITY LUNCHEON

Tuesday, Feb. 18

11:30 a.m. Meet and Greet | 12:00 p.m. Program Start

Oak Harbor Elks Lodge, 155 NE Ernst St, Oak Harbor Tickets: \$18

Annual Community Luncheon featuring Volunteer Awards Ceremony, Museum updates, and Big Move information. RSVP by Feb. 14.

Contact: Kelly Davidson, (360) 240-9500, kdavidson@pnwnam.org

#### **GROWING UNDER COVER: GETTING THE MOST OUT OF YOUR** GREENHOUSE, CLOCHE OR COLD FRAME

Wednesday, Feb. 19 1:00 p.m.

Coupeville Library, 788 NW Alexander St. Free Admission

Garden educator Lisa Taylor, author of Your Farm in the City and Maritime Northwest Garden Guide, shares techniques for extending your growing season. Learn about constructing low tunnels, cold frames, and selecting vegetable varieties for greenhouses and high tunnels to maximize your spring garden.

#### **ROOTS ON VIEW**

Wednesday, Feb. 19

Coupeville Library, 788 NW Alexander St Free Admission

Join garden educator Lisa Taylor for a hands-on session creating a Magic Subterranean Viewer (MSV) pot. Learn about seed growth, indoor planting techniques, and watch seeds sprout. Space limited to first 30 children ages 5-10 with caregivers. All materials provided.

#### WHIDBEY WONDERS: FERRY TALES WITH WSF CAPTAIN REEVES

Thursday, Feb. 20 4:00 p.m.

Oak Harbor Library, 1000 SE Regatta Dr. Free Admission

Washington State Ferries Captain Jeffrey Reeves shares behind-the-scenes stories from his career, from deckhand to captain. Learn about navigating San Juan Island waters and unexpected maritime experiences.

#### WHIDBEY ISLAND STRING TRIO

Friday, Feb. 21 2:00 p.m.

Freeland Library, 5495 Harbor Ave., Freeland

Free Admission

Cellist Gideon Freudmann leads the Whidbey Island String Trio featuring violinist Gloria Ferry-Brennan and a special guest violinist. Performance spans musical styles from Baroque to modern pop. Seating first-come, first-served; arrive by 1:30 p.m. for best seats.

#### MYSTERY WEEKEND IN LANGLEY

Saturday-Sunday, Feb. 22-23 10:00 a.m. - 5:00 p.m. Downtown Langley Tickets: \$15 Adults (16-64), \$12 Seniors/ Military/Youth

Celebrate the 40th anniversary of Langlev's famous interactive mystery event! Solve "The Silence of the Mime" mystery by gathering clues, interviewing suspects, and reading The Langley Gazette. Parade on Saturday at noon. Submit your solution by 4 p.m. Sunday for a chance to win prizes from local businesses.

#### OAK HARBOR ART WALK

Saturday, Feb. 22 1:00 p.m. - 4:00 p.m. Downtown Oak Harbor Free Admission

Enjoy an afternoon of art featuring local artists, live music, shopping, and dining along Pioneer Way. Stroll through downtown and experience the creative spirit of Oak Harbor.

#### PAMOJA PLACE SECOND ANNUAL BLACK HISTORY MONTH

**CELEBRATION** Saturday, February 22 Pamoja Place 1:00 - 3:00 p.m. Donations Suggested Honoring Marcus Mosiah Garvey



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#### Jack Kraft (James Nicholas Kraft)

September 6, 1942 - January 13, 2025

It is with deep sorrow that we announce the passing of Jack Kraft (James Nicholas Kraft), age 82 on January 13, 2025 of Parkinson's. He was a beloved husband, father, uncle and friend.

Jack was born in Minneapolis, Minnesota to Wallace and Helen (Brown) Kraft and graduated from Lake Minnetonka High School in 1960. He was appointed to the

1964 with a degree in Engineering.



After earning his wings in Pensacola, Florida, Jack flew A-4s operating aboard the carriers USS ROOSEVELT (CVA-42) and USS SHANGRI LA (CVA-38) on cruises in the Mediterranean Sea. He attended Naval Postgraduate School, in Monterey, California, where he earned Masters of Science Degrees in both Aeronautical Engineering and Management. In June 1972, he reported to VAQ-129 at NAS Whidbey Island, WA as an EA-6B Instructor Pilot. In July 1974, he attended the US Navy Test Pilot School and served as a Test Pilot at NATC Patuxent River, Maryland through May 1977. Commander Kraft then served on the COMFAIRWESTPAC Staff at NAF Atsugi, Japan as the Navy Plant Representative at Japan Aircraft Company.

Upon release from active duty in May 1980, Commander Kraft affiliated with the Naval Reserves at NARU Whidbey Island. He was employed by the Boeing Company as an Engineering Test Pilot and enjoyed the short-term travel. He retired from the Navy in 1996 with the rank of Captain and from the Boeing Company in 2003.

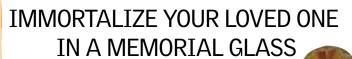
In retirement, Jack enjoyed traveling the world on cruises and in the good, old USA in his 42-foot, 2003 Country Coach Motor Home. He was a devoted SNOWBIRD spending winters in Arizona with his wife and summers in Oak Harbor, WA. He often said, "Snow is good in a photo, ice is good in a drink." He loved his trips to New Zealand (twelve total) and Australia.

Jack was a devoted Catholic and was a 4th Degree Knight of Columbus. He was an Elk and served on the Secretary of the Navy's Veterans Affairs Committee. He received many awards throughout his career such as Meritorious Unit Citation, National Defense Medal and 2 Navy Overseas Service Ribbons. Jack is survived by his wife Delores and two sons, Jimmy Kraft, Oak Harbor and Christopher Kraft of Seattle. Jack always said, "Be sure to tell your loved ones how much you care for them every day. You never know when the angels will take them away."

We wish to thank Regency Memory Care in Oak Harbor, WA and Hospice of Whidbey for their kind, loving care of Jack. They are very special to

Rosary will be held at Wallin-Stucky Funeral Home in Oak Harbor, WA. on Thursday, Jan. 30, at 3-5.

Mass will be held at St. Augustine Catholic Church at 10 AM Friday, Jan. 31 with burial at Tahoma National Cemetery on Monday, Feb. 3, 2025 at 12:30 PM, please arrive by 12:00.

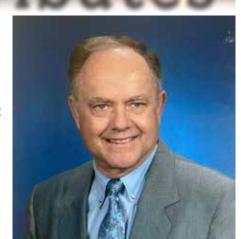


You can honor your loved one (pets included) in a beautiful glass memorial.

Mortal remains can be infused into a keepsake piece of art glass for as little as \$115. Call for details.



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Whidbey Weekly

#### **AUGUST 15, 2025** WHIDBEY GOLF CLUB

- 1:00pm shotgun start
- \$140 per player
- \$515 for foursome

visit oakharborchamber.com







### **BASKETBALL SEASON**



#### **STREAM OPENS 60 MINUTES BEFORE START TIME**

SATURDAY, FEBRUARY 7 **NWC GIRL'S BASKETBALL** SOUALICUM AT OAK HARBOR TIPOFF AT 7:15 PM

SATURDAY, FEBRUARY 8 NWAC NORTH BASKETBALL OLYMPIC AT SKAGIT VALLEY **WOMEN'S TIPOFF AT 2:00 PM MEN'S TIPOFF AT 4:00 PM** 

**WEDNESDAY, FEBRUARY 12** NWAC NORTH BASKETBALL **EVERETT AT SKAGIT VALLEY WOMEN'S TIPOFF AT 5:00 PM MEN'S TIPOFF AT 6:00 PM** 

www.soundsportsnet.com







# Say It RIGH with: Cynthia Kaiser

You have a friend that you've known for several years that wants an intimate connection with you emotionally and you're just not comfortable in that space with anyone. You do care about this person very much but the way that they communicate with overt emotion is off-putting but you are not quite sure how to deliver the message without hurting their feelings.

Solution: Try to explain your discomfort in the way that your friend wants to communicate with you as something that you are sensitive to, and not something that they are doing wrong or inappropriately. Sometimes it is much easier to communicate a difficult issue in a softer way by taking responsibility for the feeling. It is tough to dispute that from the other side because it is about your feelings, and not subject to being right or wrong.

You are in a romantic relationship with someone and they insist on controlling your behavior in the relationship and outside of the relationship. You want to continue to see this person but not if they are unwilling to relinquish control and allow you your own power. A relationship should be about communicating with someone that you care about and not trying to conform to how they want you to communicate and behave.

Solution: The best way to communicate this issue is to explain how uncomfortable you feel when you are being told what to do and what not to do in an adult relationship. The object of the game is to enjoy being in a relationship with someone without having to change them, because if that's the case, maybe you should adjust your expectations of the relationship.

**Tip of the week:** It is important to remember the power of communication even when in very stressful situations, such as a memorial service or a celebration of life. There is no rule that you have to do everything and be everything in those moments, but speaking up and asking for support will solidify the relationships of the people around you that really show up for you when you need it, but the key is to communicate for help.

> Forward your Say it Right questions to: Editor@whidbeyweekly.com. Subject: Say it Right?





#### **NOT A NEW TAX**

This levy renews an existing tax and continues all of the AMAZING PROGRAMS and services currently offered by



### **INVEST IN OUR SCHOOLS**

Strong schools strengthen the ENTIRE COMMUNTY by enhancing the local economy and cultivating a skilled workforce.



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#### Breakfast in Bed for Your Special Valentine

Valentine's Day is a time for couples to express their affection and appreciation for each other. Such expressions can be made in a variety of ways, from a grandiose gesture like a surprise trip to Paris to more traditional approach involving a bouquet of roses and a night out on the town.

Those who want to go the extra mile for their special someone can do so with a little home cooking. Preparing a meal for a loved one is a great way to show that person how much you appreciate him or her, and such meals can even include the element of surprise. Preparing breakfast in bed is a great way to surprise a loved one on Valentine's Day, and the following recipe for "Mini Banana Blueberry Streusel Coffee Cakes" from Marguerite Marceau Henderson's "Small Sweet Treats" (Gibbs Smith) can make a great addition to the most important meal of the day.

#### Mini Banana Blueberry Streusel **Coffee Cakes**

#### Ingredients:

Makes 8 to 12 individual coffee cakes

#### **Crumb Topping**

- 3/4 cup all-purpose flour 1/4 cup sugar
- 4 tablespoons cold unsalted butter, cut into small pieces
- 1/4 cup chopped walnuts
- 1/2 teaspoon ground cinnamon

#### **Coffee Cake**

- cup all-purpose flour
- 1/4 cup sugar
- teaspoons baking 11/2 powder
- 1/2 teaspoon baking soda1 teaspoon ground cinnamon
- 1/4 teaspoon ground nutmeg1/2 teaspoon kosher salt
- cup fresh blueberries
- cup chopped walnuts
- large eggs
- large bananas, mashed teaspoon vanilla extract
- Powdered sugar

#### Instructions:

- In a bowl, combine the flour, sugar and butter for the topping. With a pastry cutter, cut in the butter until the size of peas. Reserve 1/2 cup of the mixture in a small bowl and add the walnuts and cinnamon; set aside.
- In the bowl with the remaining flour mixture, add the first nine coffee cake
- In another bowl, beat together the eggs, bananas and vanilla until just mixed. Add the egg mixture to the dry ingredients and stir until just combined.
- Grease an 8-section mini loaf pan or a 12-cup muffin tin with Baker's Joy or vegetable spray.
- Divide the butter among the individual sections. Top evenly with the reserved crumb mixture.
- Bake on the middle rack of an oven preheated to 350 F. Bake for 35 to 40 minutes until puffed and center is set. Cool slightly before dusting with powdered sugar.

Pairs well with yogurt and berries.

### WIEIKILY HOROSCOPES

#### ARIES - Mar 21/Apr 20

Aries, your leadership skills shine this week. The 7th is a great time to take charge of a project or personal goal. By the weekend, focus on self-care to avoid burnout.

#### TAURUS - Apr 21/May 21

Taurus, patience is key this week. The 8th may bring delays or challenges, but staying steady will lead to success. A heartwarming moment on the 11th strengthens a close relationship.

#### GEMINI – May 22/Jun 21

Gemini, your social life picks up speed. The 6th is perfect for making new connections. By the 10th, you may need quiet time to recharge and reflect on your next steps.

#### CANCER - Jun 22/Jul 22

Cancer, career matters demand your attention early in the week. The 9th brings an opportunity for growth, so be ready to step up. This weekend, prioritize relaxation and family time.

#### LEO - Jul 23/Aug 23

Leo, adventure calls! The 7th is ideal for exploring new ideas or experiences. A bold decision on the 12th could set the tone for exciting changes in the months ahead.

#### VIRGO - Aug 24/Sept 22

Virgo, focus on financial matters this week. The 8th is great for reviewing budgets or making a smart investment. By the weekend, a deep conversation brings clarity in a relationship.

#### LIBRA - Sept 23/Oct 23

Libra, relationships take center stage. The 9th is perfect for resolving misunderstandings or strengthening a bond. Trust your intuition on the 11th when faced with an important

#### SCORPIO - Oct 24/Nov 22

Scorpio, discipline and focus will help you achieve major progress. The 7th is a power day for tackling big projects. This weekend, take time to unwind and enjoy simple pleasures.

#### SAGITTARIUS - Nov 23/Dec 21

Sagittarius, creativity is flowing this week. Use the 6th to dive into a passion project. The 10th could bring unexpected good news—stay open to new possibilities.

#### CAPRICORN - Dec 22/Jan 20

Capricorn, home and family matters are highlighted. The 8th is great for reconnecting with loved ones or making household changes. The 12th is perfect for planning future goals.

#### AQUARIUS - Jan 21/Feb 18

Aguarius, ideas are flowing fast. The 9th is a great day for brainstorming or sharing your vision with others. A conversation on the 11th may offer unexpected insight.

#### PISCES - Feb 19/Mar 20

Pisces, trust your instincts when making a financial or personal decision on the 7th. Midweek, creative inspiration strikes. The 12th brings a chance to relax and reflect on your



#### Astrology for February 6 - 12 2025

Full Moon in Leo, Big Feelings, Unexpected Shifts

On February 7, Venus in Aries sextiles Pluto in Aquarius at 2°. Venus in Aries is ready and willing to go after her heart's desires. With the help of Pluto, this drive is strengthened and we can become much more willing to innovate old ways to achieve desired outcomes. This transit notoriously deepens drive and intensity, and naturally this can play out in romantic contexts. The objects of our desires become magnetic. This can be wonderful, but be weary of all or nothing mentalities and unhealthy power dynamics wrapped up in passionate displays. This transit can be helpful in lending confidence to go after something we want. Initiate an experience that you desire now, it will lead to deeper understanding, especially of our personal power.

On February 9, Mars retrograde in Cancer trines Saturn in Pisces at 18°. This is more helpful energy for accomplishing tasks and achieving goals. Mars has been having a hell of a go since it stationed retrograde on December 6, 2024. In many ways, it has been difficult to streamline productivity since then, no? With the help of Saturn, what truly needs to get done can happen today. This is a water trine. Keep in mind, some of the things that need to be taken care of will need to be done with care. There is a mute on rush and impulsivity, helping us handle any type of work with diligence. From an emotional standpoint, today we can face feelings that have been previously shelved.

Also on **February 9**, Mercury conjuncts the Sun at 21° of Aquarius. Times are busy, there is a lot to do, and thankfully, our minds are more alert. This is helpful for communicating truth and self-expression. In Aquarius, this may point us toward accurately sharing views on collective issues with others in our community, and the ability to detach and see other perspectives more easily than usual.

On February 10, Mercury in Aquarius squares Uranus in Taurus at 23°. Important information day. Sudden news. Clash of opinions. Sudden changes as unexpected information lands. Arguments and frustration. Mental tension that builds as we approach the full Moon.

On **February 12**, we are greeted by the Full Moon in Leo at 24°. This full Moon is in a square to Uranus in Taurus at 23°. Themes of the unexpected crescendo. Potential for emotional erraticism. Things are illuminated under the light of a full Moon that may have been previously hidden and we are likely to be surprised by what is revealed. Information can shock and create dramatic feelings. All manner of dramatic displays or confessions can surface. The vibe is not chill nor stable, and it would be best to let the chips fall where they may before making quick decisions from hot feelings. Luckily, Mars retrograde Cancer is still in that helpful trine to Saturn in Pisces, favoring pause, and aiding in emotionally mature responses to chaos. Moon in Leo always has something to do with our own personal feelings and how we are or are not expressing them healthfully. From another angle, this full Moon is wildly creative and can help revolutionary art, projects, and forms of expression come to fruition. Remember, there are still so many planets in Pisces at this time, and all is not as it seems. Observe. What is highlighted in your story at this time?

Book a session with Noa by sending an inquiry below:

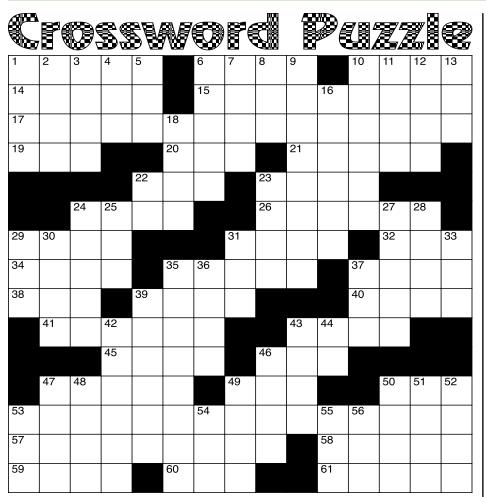
readingsbynoa@gmail.com readingsbynoa.com @readingsby\_NOA











#### **CLUES ACROSS**

- 1. "The Las Vegas of the East"
- 6. Cook
- 10. Manning and Wallach are two
- 14. Chameleon
- 15. A way to fill up
- 17. What MLBers hope to play in
- 19. Unhappy
- 20. Indefinite period of time
- 21. Excites
- 22. Males
- 23. Mongol leader Genghis
- 24. Turfs
- 26. Soda comes in them
- 29. Not nice
- 31. Professional organization
- 32. Part of a play
- 34. Sea eagle
- 35. Emily Blunt's character in "Sicario"
- 37. Beige
- 38. Mental sharpness
- 39. Valley
- 40. Alcyone's husband
- 41. A place to gamble
- 43. Flightless Australian birds
- 45. Call out somebody's name over a P.A. system
- 46. US spy group

- 47. Pancakes from buckwheat flour
- 49. Swiss river
- 50. Disfigure
- 53. Have surgery
- 57. Formal withdrawal
- 58. Early English coun-
- 59. Square measures
- 60. 2,000 lbs.
- 61. Siskel and \_\_\_, critics

#### **CLUES DOWN**

- 1. Mouths
- 2. Buffalo
- 3. You plug it in
- 4. Each
- 5. Largest English dictionary (abbr.)
- 6. King of Thebes
- 7. English name meaning "mythical hunter'
- 8. Indicates near
- 9. More herbaceous
- 10. Gas-powered cars need one
- 11. Dishonest individual 12. Systems, doctrines,
- theories 13. The woman
- 16. The whole of one's holdings
- 18. Witnesses
- 22. Doctor
- 23. Paul \_\_\_, Swiss painter
- 24. Kids look for him on

- December 24
- 25. Single
- 27. Competitions
- 28. Predict the future
- 29. Cage for trained hawks
- 30. Musician Clapton
- 31. Frozen water
- 33. Semiformal men's evening attire
- 35. Most worn
- 36. Common soap ingredient
- 37. Former EU monetary unit
- 39. Provisions
- 42. Book parts
- 43. Republic of Ireland
- 44. Partner to "Pa"
- 46. Sammy \_\_\_, songwriter
- 47. Dutch colonist
- 48. Clare Booth \_ American writer
- 49. Solar disk in Egyptian mythology
- 50. Minute arachnid
- 51. From a distance
- 52. Monthly apartment
- 53. Young women's association
- 54. Tourist destination
- 55. "Woman" in Ojibwe language
- 56. Pointed end of a

Answers on page 11

#### YOUR GUESS IS AS GOOD AS OURS WEATHER FORCAST Sat, Feb 8 Sun, Feb 9 Mon, Feb 10 Tues, Feb 11 Wed, Feb 12 Thurs, Feb 6 Fri, Feb 7 North Isle H-35°/L-25° H-37°/L-29° H-39°/L-31° H-39°/L-29° H-39°/L-27° H-38°/L-24° H-36°/L-28° South Isle H-43°/L-42° H-38°/L-30° H-49°/L-36° H-41°/L-35° H-42°/L-33° H-36°/L-29° H-37°/L-29°



# **OUR Community**

# An Upbeat Question of the week

By Helen Mosbrooker

How did you choose Coupeville to move to over the other towns on Whidbey?



#### Don Farber,

Coupeville

In 2003, my wife and I decided to move west.

My wife (a former Seattleite) said "I know where you'd like to live -Coupeville . . . on Whidbey Island – it combines rural farms and an ideal little village.

I had never heard of Coupeville; when I looked for houses there I couldn't find any that met our needs and budget.

So I gave up on Whidbey . . . and told my wife we should look on the mainland.

She didn't say anything; just disappeared for a few seconds, came back, and said that she just heard the voice of her mom (recently passed away), saying:

"Don't settle for anything less than Whidbey"

I went back online, searched on Coupeville, and up came a house newly listed that day. It was the one.

#### Maryann Holden, Coupeville

I chose Coupeville due to small-town and Welcome feelings while visiting in 2013. It seemed right to live in the middle of Whidbey There was just too much activity/traffic in other areas.



#### Mike Diamanti, Coupeville

Photo is from Mother's Day art sale at Coupeville Rec Hall, 2024. As an artist, this is a sample of what I do.

My wife and I wanted to live in the country and both of us had briefly visited the Pacific Northwest. We moved in 1988, and stayed with friends for a couple of months. Our original plan was to live in

Bellingham, but after spending more than a month looking for affordable rentals, we stopped in Coupeville and bought a local paper. There was a listing for a small house in Greenbank and we lived there for nine years, moved to Crockett Lake Estates, and eventually to our present location on 10 acres near Admirals Cove. Living in Central Whidbey was the right choice for both of us and our family.

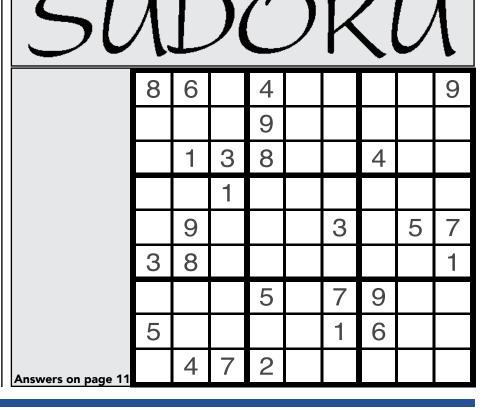
#### Dick Johnson, Coupeville

In1997 my wife and I came to Whidbey Island to work on the movie Practical Magic and we went from filming in Coupeville to San Juan Island to complete the location work and after returning to Hollywood to complete the project we were four years away from retirement so after a lot of looking Coupeville won out and we built our forever home and retired in 2003



# Joyful saying of the week

"Don't postpone joy until you have learned all of your lessons. Joy is your lesson." - Alan Cohen



# COMMUNITY BULLETIN BOARD

# To place an ad, email classifieds@whidbeyweekly.com

#### COMMUNITY EVENT

#### **FOR PEACE**

Whidbey Island Friends Meeting is a local group of Quakers that meet for worship, conversation, potlucks and inspiration. Anyone is welcome to attend. Join us on Sundays from 4 to 5 p.m. in the Unitarian Universalist Congregation meeting house at 20103 State Route 525 north of Freeland. We also meet via Zoom on Wednesday mornings at 9 a.m. for a half hour of silent worship. Quakers, also known as Friends. have been working toward peacemaking for over 350 vears. In these polarized times, we work to understand one another and to find common ground so that we are on good terms with our neighbors. To learn more, email whidbeyquakers@amail.com or visit our website, whidbeyquakers. org.

#### **CRISIS LINES**

9-1-1: Call for threats to life, fire, accident or crime
-Non-emergency lines:
Oak Harbor Police
Department-360-279-4600
-Island Communications
Dispatch (ICOM) - 360-679-9567

9-8-8: Suicide and crisis lifeline, free & confidential - 741-741: 24/7 Crisis Text Line -800-584-3578:

24/7 Northwest Washington Crisis Services - 360-678-7880: Island County

Behavioral Health

866-488-7386 Trevor Project:
24/7 support for LGBTQIA2S+

#### IN SEARCH OF

Looking for a small portable DVD player which can be plugged into a car or a wall outlet. Call 360-672-7813

#### Art, Antiques & Collectibles. Cash paid for quality items. Call or text 360-661-7298

Was your Dad or Gramps in Japan or Germany? I collect old 35 mm cameras and lenses. Oak Harbor. Call 970-823-0002

Cars, Trucks, RVs, Motorcycles, Vans and Equipment Wanted. Premium for complete running or vintage vehicles. Cash paid for most others. Expert, fast removal. Free estimates. Call TJ, 360-678-4363

#### MONTHLY MEETING

#### Monthly Meeting for Mental Health

Hosted by NAMI for All Adult Individuals who have a family or friend suffering from depression, anxiety, bi-polar disorder, or other mental health conditions.

Trinity Lutheran Church in Freeland, Lower Building Closest to the Highway 18341 WA-525, Freeland 3rd Wednesday of the Month 1:00 - 2:30 p.m.

Email for more Information:

# karens@nami-sno-isle.org RESOURCES

Basic Food Benefits Community Services Office: 275 Pioneer Way #201, Oak Harbor 877-501-2233

Food Banks:

-Gifts From the Heart, 203 N Main St., Coupeville 360-672-5502

Distribution on 2nd and 4th Wednesdays, 2-5 p.m.
-Good Cheer, 2812 Grimm Rd., Langley 360-221-4868 Mon-Fri, 10 a.m.-4 p.m.
-North Whidbey Help House, 1091 SE Hathaway St. Oak Harbor 360-675-0681 Mon-Fri, 9 a.m.-4 p.m. (5 p.m. on Tuesdays) Closed 12-1 p.m. for lunch

Island Church of Whidbey
Soup Kitchen: 503 Cascade
Ave., Langley 360-221-0969
Tues & Thurs 11:30 a.m.-1 p.m.
SPiN Café: 1241 SW Barlow
St., Oak Harbor
Daily, 6:30 a.m.-5:30 p.m.
St. Anthony's Soup Kitchen:
804 3rd St., Langley 360-2215303/sthubert@whidbey.com
Tuesday orders for home;
Wednesday kitchen meals 11

a.m.-1 p.m. HUB After School: 301 Anthes Ave., Langley 360-221-0969 Food and activities for middle and high school youth. Mon, Tues, Thurs, Friday 2-6 p.m., Wed 1-6 p.m. Ryans House for Youth: Food, fun, support, 19777 SR 20, Coupeville 360-331-4575 Drop-in center for adults ages 18-24; Daily 6 a.m.-8:30 p.m., 35 SE Ely St., Oak Harbor 360-682-5098 Drop-in center for youth ages

12-21; Mon-Fri 11 a.m.-7 p.m.

#### How'd you do

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#### **RESOURCES CONT.**

Women, Infants & Children (WIC): -Oak Harbor/North Whidbey: 1791 NE 1st Ave. Mon-Thurs 360-240-5554 Text: 360-544-2239

#### **SERVICES**



#### **COASTAL TIMBER CUTTING**

Turn your Trees into Profit Ethical Forest Management Selective Timber Harvesting 25+ Years of Experience CALL: (360) 812-1548

https://coastaltimbercutting.com/

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#### MEDICARE CONSULTATION (360) 440-3334

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#### SHELTERS/HOUSING

CADA Emergency Shelter – Confidential crisis shelter for women and children fleeing domestic violence/sexual assault/stalking. This is NOT a homeless shelter. Office: 360-675-7057 Crisis Line: 360-675-2232 Toll Free: 800-215-5669

Island County Housing Support – 105 NW 1st St., Coupeville 360-678-8284 For homeless or at risk of losing housing. Mon-Thurs, 9 a.m.-3 p.m.

Ryan's House for Youth – 19777 SR 20, Coupeville 360-331-4575

For at-risk adults ages 18-24 Whidbey Homeless Coalition – Serving Island County 360-900-3077

The Haven Overnight Shelter is a night-to-night shelter for up to 30 individuals. Must follow check in rules and must register daily between 4:00 and 4:30pm Mon. thru Fri. and 3:45 pm to 4:00 pm on Saturdays and Sundays at the SPIN Café, 1241 SW Barlow St., Oak Harbor.

House of Hope Emergency Housing, Langley, 360-708-4533. Transitional housing for families and adults at severe risk of homelessness; to apply, contact the Housing Support Center or call the number above.

Oxford Houses – Recovery housing oxfordhouse.org -Men:360-246-4101 - Women & Children: 360-

682-5773

#### **WEEKLY MEETINGS**

MEMORY CAFÉ Every 1st and 3rd Tues of the Month 12:30 - 2:00 p.m. at the First United Methodist Church 1050 SE Ireland Street Oak Harbor, WA. Join our bi-monthly gathering for people with memory loss and their family to enjoy a time of fun, conversation, music and laughing (and snacks). This is a dementia friendly setting. For information: 360-720-4535

#### SOUTH WHIDBEY NAR-ANON FAMILY GROUP

meets every Wednesday at 6pm at the Langley Methodist Church, 301 Anthes in Langley. We meet in the Fireside Room, rear of church. Karol:360 914 7695.

Have you ever been affected by someone else's drinking? Al-Anon may be for you. **AL-ANON**: Tuesdays at 5:30-6:30 Oak Harbor Lutheran Church Library 1253 NW 2nd Ave. There is help and hope: Contact for more info: Rebecca 425-773-6937

Anonymous Gamblers Every Meeting. Tuesday at 6:30 p.m. at Senior Vernon Mount Center. Mount Vernon 1401 Senior Center, Cleveland Ave, Mount Any questions, Vernon Washington State Gamblers Anonymous hotline at 855-222-5542, or visit https://gawashington. org/

#### Adult Children of Alcoholic and Dysfunctional Families

meeting, Tuesdays 2-3 pm, Langley Methodist Church - 301 Anthes Ave, Langley - Fireside room. Contact: acawhidbey@ gmail.com

#### OVEREATERS ANONYMOUS

Tuesdays 7 PM to 8 PM Langley United Methodist Church 301 Anthes Ave. Room 224 Langley, Washington 98260

For local meeting information and support call: Kevin 206-395-9622

#### **VOLUNTEER**

Coupeville and Oak Harbor Farmers Markets are looking for board members and volunteers for our 2025 season.

Please email us at whidbeyfarmersmarket@ gmail.com if you would be interested in learning more about volunteering with the market! Fun group with flexible volunteering.

#### WHIDBEY WEEKLY

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# OPPORTUNITIES

- AD SALES HELP US GROW -



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- Benefit Events - Community Gatherings -
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Reminding the community that you're here in next week's paper.

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#### No Cheating!

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#### **CLASSIFIED INFORMATION**

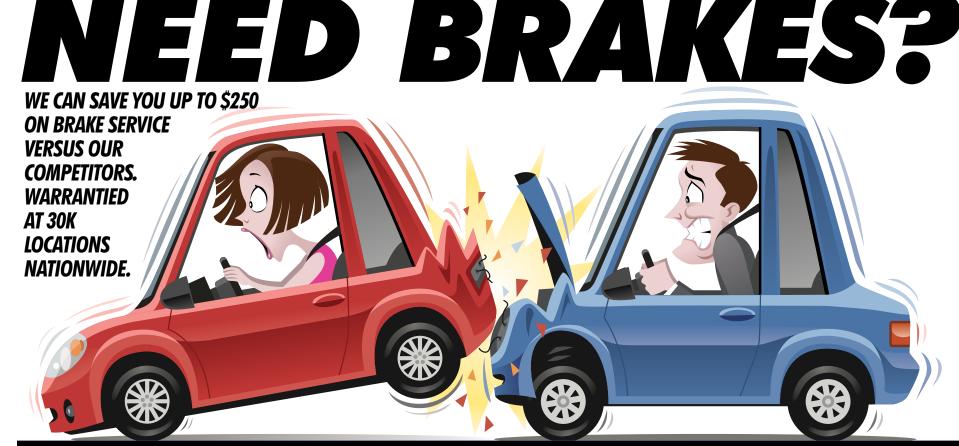
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