

June 26, 2025 - July 2, 2025

Whidbey Weekly

FREE

Your Source For "What's Happening" On Whidbey Island

Locally Owned • Locally Operated

NEWS • BITS • WHATS GOING ON • PUZZLES

COLUMNISTS • CLASSIFIEDS



46th ANNUAL

Coupeville Lions Club

CARAGE SALE

Saturday, June 28, 9am-4pm
Sunday, June 29, 9am-12pm
Preview: Friday, June 27, 3-6pm



Coupeville
Elementary School
S. Main St & Hwy 20

- FURNITURE • POWER TOOLS
- BIKES • MOWERS
- PLANTS • PATIO
- APPLIANCES • ELECTRONICS
- KITCHEN • BOOKS
- SPORTING GOODS
- HARDWARE
- TOYS AND MORE!!!



360-678-4105
www.CoupevilleLions.com



Whidbey Weekly is honored to support our Local Nonprofits and the community members that serve.



A Powerful Experience In The Castle



Left to Right, J. Rob Huntington, and Marta Mulholland

Review By Jim Sovanski, Whidbey Weekly
The truly marvelous production of “A Room in the Castle” at the Whidbey Island Center of the Arts (WICA) is Shakespeare for those who don’t get Shakespeare but would like to. It’s a powerful evening in the company of three women with something so obvious to say but who’ve seldom had the opportunity to say it.

Director Rose Woods has brought together three extraordinary actors, breathing life into a re-imagining of the world of Shakespeare’s “Hamlet” as it happens in “A Room in the Castle.” The play takes place parallel to the action in Hamlet in Ophelia’s (Valerie Anne Huntington) bed chamber and Queen Gertrude’s (Marta Mulholland) dressing room. In the privacy of the rooms, the women react, respond and retreat from the madness and chaos of life and death in the rest of the castle. A true beauty of the show is you do not need to know Hamlet to appreciate the story.

In talking about the show, director Woods explains Lauren Gunderson’s script, elevates “the often-overlooked perspectives of the women that run parallel to the original narrative. The play invites us into the lives of three extraordinary women, drawing intriguing connections to Ophelia and Gertrude, and adding in a new voice in the character of Anna, (JRob) Ophelia’s nurse, while allowing their voices to resonate with poignant clarity.”

“As we delve into their stories,” Woods continued, “we witness their courage in confronting a powerful and dangerous society that seeks to silence them. Each woman embodies resilience and strength.”

WICA’s production continues a theme of socially relevant Whidbey Island theater productions this year, including the recent WICA productions of Fiddler on the Roof and The Sound of Music at the Whidbey Playhouse.

In an interview earlier this year with Shakespeare & Beyond, playwright Gunderson shared her thoughts on the play: “...the joy of this play is the humor, teasing, and surprising revelations the women are able to share with each other precisely because they are not in public, but are in a safe privacy of their own. Truths come out in private spaces when public spaces are not safe.”

Leading the cast as Ophelia, Valerie Anne Huntington is a revelation as she explores the range of emotions and dilemmas faced by Ophelia. “I feel honored to be in this new work, exploring the women of Hamlet. When I spoke to a friend, she mentioned how Ophelia in Shakespeare’s play does not have any agency, and I don’t think I agree anymore. Yes she’s a forgotten character, not only by the other characters in the play but also by the audience.” She continued, “...in this play, I feel Lauren Gunderson has shown where all of Ophelia’s agency is, where her fight is.”

Playing nurse and surrogate mother to Ophelia, JRob feasts on the role. “Anna is a character that lives her life in the shadows, but she is covertly powerful and uses her knowledge and invisibility to orchestrate a world in which she can fiercely protect those she cares most about. She also has the funniest lines.” Continuing, “Lauren Gunderson is one of my favorite playwrights

and there is a lot of magic in getting to help a brand new script find its voice. Especially when the script gives voice to the voiceless.”

Rounding out the cast as Hamlet’s mother Queen Gertrude, Marta Mulholland takes us on her personal journey of growth and self-realization. “Gertrude undergoes a powerful change over the course of this story. She starts out isolated and separate from Ophelia and Anna. Within a few scenes, she lets down her guard ~ something I don’t think she has done with anyone for a very long time ~ and finds companionship and her

own strength as a woman, not just a queen. I love that these three women find power in themselves and in supporting each other ~ they are stronger together.”

Mulholland has a personal inspiration in this story as well. “I have an 18-year old son who will be going off to college in the fall. I can speak from my heart all of Gertrude’s lines about her love for Hamlet, as I think of my own son. I can identify with Gertrude’s loyalty to her son and her refusal to leave him.”

“A Room in the Castle” is a new play, premiering this last March by the Cincinnati Shakespeare and Folger Theatre, Washington, D.C. WICA’s production is the West Coast premier of the show. In the last 10 years, Lauren Gunderson has become the most produced playwright in the United States, with 27 productions in the 2017-18 season alone.

“A Room in the Castle” at the Whidbey Island Center for the Arts (WICA) continues Thursday, June 26 th at 7:30 PM and runs to Sunday June 29th. Evening shows are at 7:30 PM and matinee performances are at 2:00 PM. WICA is located at 565 Camano Avenue, Langley, WA 98260 Ticket sales and further information at info@wicaonline.org or call the box office at (360) 221-8268. Box office hours are Tuesday-Friday 12:00 PM - 5:30 PM and one hour before every show.



Valerie Anne Huntington

There’s Something About A Garage Sale



Tony Hernandez tool expert

By Jim Sovanski, Whidbey Weekly
Call it what you will: yard sale, junk sale, community sale, flea market or even a thrift store. Single car garage or 6000 foot warehouse. Fill it with previously owned stuff and they will come. Unknown and untold treasures abound, all in the guise of someone’s unwanted junk. It amazes the amount of things we no longer want or need but are in too good of shape to just throw out. So it’s also about recycling. But it’s also so much more. Call it curiosity. It’s a chance to see how the other half lives but it’s also a glimpse into an everyman’s art museum. It’s like taking a peek in the fabled storage rooms of the Smithsonian institution. America’s attic. Except here it’s all for sale.

Which brings us to the Coupeville Lions Club Annual Garage Sale, happening this year on Friday, June 27th to Sunday June 29th at the Coupeville Elementary School, South Main Street and Highway 20. Billed as the “Biggest and Best In Our World,” for 2 weeks every June, the Lions Club takes over the school as soon as it is out for the season. That’s when the fun begins, setting out everything from lawn mowers and bikes to furniture and appliances to home and holiday decor. About the only thing not included is clothing. (Clothes don’t winter well in a barn.)

Going on 46 years, the Lions have been annually collecting and storing donations from Coupeville and all of Whidbey Island and beyond. And every year at the end of the sale, it’s all gone and they start over again. By Sunday afternoon, if it hasn’t been sold, it’s offered to local thrift stores, charities or anyone with a need.

They take July off and in August start all over again.

The list of programs the Lions Club support is seemingly endless. The Lions Club national focus is Sight and Hearing services, but locally they cast a much wider net. Some of the programs include Firewood for the Needy, Meals on Wheels, Scouting Troop 58, Girls from the Heart Food Bank, Students of the Quarter, Camp Horizon for disabled adults and more.

The Garage Sales is the Club’s major fundraiser for the year, last year raising over \$40,000.

Involvement in the community isn’t only about the programs they support. It includes the sale itself. Lion Gary Leake tells the story of a Navy family last year. “A family that showed up on Saturday afternoon. They’d just arrived Friday the day before in Oak

GARAGE SALE continued on page 6



Island Residents Share Experiences and Build Friendships

By Sharon Heiber, freelance writer for Island Senior Resource

The weekly Parkinson’s support group, held by Island Senior Resources, allows people at all stages of the disease to learn from peers and make lasting connections. For one Freeland resident, it has also been an opportunity to deepen a lifelong friendship.

Karen Anderson has lived on South Whidbey Island for more than 50 years. She moved here in 1974, when she and her husband, Dave, were looking for a place where he could establish a veterinary practice. They’d considered other areas, but Karen said, “Whenever we came to Whidbey Island, we felt good.”



Karen Anderson and Anne Dalton with a pony they shared as children.

Dave opened a clinic at Ken’s Korner. Together, Karen and Dave ran the business and raised two boys, one of whom, Daren, now lives across the street from them. They served the community as volunteers, including at the Orca Network’s Whale Center. After their sons graduated from college, Karen and Dave founded and ran Island Greens, a nine-hole golf course in Clinton, for 22 years.

In 2017, Karen was diagnosed with Parkinson’s disease. Soon after receiving the news, she started attending what was then a monthly in-person support group meeting at the Lutheran Church.

“When I got diagnosed, I wanted to find out as much as I could about the disease,” Karen said. The support group seemed like a great opportunity to learn from people who were having the same experience I was.”

As Karen sought resources and began to share her diagnosis with others, she learned that her lifelong friend, Anne Dalton, who lives in Port Angeles, also had Parkinson’s.

and Christmas card exchanges, they stayed in periodic touch.

But when Karen and Anne learned that they had both had Parkinson’s, they immediately planned to meet in Port Townsend for lunch.

“I was newly figuring things out, and during that visit, it was reassuring and hopeful to see Anne dealing with the diagnosis confidently and casually,” Karen said.

When the ISR Parkinson’s support group transitioned to online meetings during COVID, Karen invited Anne to attend. They’ve both been regular participants ever since.

“The Parkinson’s support group is a great source of information. It’s good to be talking with fellow Parkinson’s travelers who can give you hints about what is working, Karen said. “And, as a bonus, I get to see my friend Anne’s smiling face every week!”

Anne concurs about the importance of participating in the group and the connections that come from it: “Isolation is a very real problem. It’s important to feel like you have a group of people who check in and who care about you.”

The Island Senior Resources Parkinson’s support group meets Tuesdays on Zoom at 10. A Caregiver support group meets Wednesdays at 10 on Zoom and ISR Bayview. Learn more about these at www.senior-resources.org/support-groups/

From sharing a Pony to sharing a Diagnosis

Karen and Anne had been friends since childhood. As little girls growing up north of Bothell, they shared a pony, Mousey, who Karen says, “was the color of a mouse.”

Karen and Anne attended high school and college together (Whitman, then the University of Washington) and spent time on Whidbey Island at Anne’s grandmother’s home in Maxwelton. Through periodic visits

Imagination Cove
Children's Museum
WHERE PLAY & LEARNING THRIVE
HOME OF WHIDBEY YARD CARDS & PARTY POPS
Whidbey Yard Cards
PARTY POPS
230 SE PIONEER WAY, OAK HARBOR, WA 98277
WWW.IMAGINATIONCOVECM.ORG 360-246-4676

SERVING OUR WHIDBEY COMMUNITY FOR 20 YEARS AND COUNTING

Whidbey SeaTac
Shuttle & Charter

BOOK YOUR
SUMMER BREAK
TRAVEL
NOW



Direct Nonstop Service Between
Whidbey Island &
Seatac International Airport
360.679.4003 | www.seatacshuttle.com

DECEPTION PASS
TOWING
360-929-2862
3063 OAK HARBOR RD · OAK HARBOR, WA 98277

PHONE: 360-682-8283 WHIDBEYWEEKLY.COM

Whidbey Weekly
LOCALLY OWNED & OPERATED

Publisher.....Samantha Goodman
EditorJacob Goodman

Contributing Writers

Jim Solvanski
JoAnn Hellmann
Merrick Parnell

CONTRIBUTE TO WHIDBEY WEEKLY

PRESS RELEASES..... editor@whidbeyweekly.com
ADS & WHAT’S GOING ON..... advertise@whidbeyweekly.com
OBITUARIES..... obituaries@whidbeyweekly.com
OUR COMMUNITY..... hmosbrooker@icloud.com
CLASSIFIEDS..... classifieds@whidbeyweekly.com
PUBLISHER..... samantha@whidbeyweekly.com
CIRCULATION jacob@whidbeyweekly.com

Contributing Columnists
Helen Mosbrooker
Amy Hannold
Tracy Loescher
Noa
Island County
Historical Society
Museum

Samantha Goodman
Jacob Goodman

Volume 17, Issue 26 | © MMXXV Whidbey Weekly

PUBLISHED and distributed every week. No part of this publication may be reproduced without the written consent of the publisher. The Whidbey Weekly cannot be held responsible for the quality of goods or services supplied by advertisers in this publication. Articles, unless otherwise stated, are by contribution and therefore the Whidbey Weekly is not in a position to validate any comments, recommendations or suggestions made in these articles. Submitted editorial is NOT guaranteed to be published.

DEADLINES: The Whidbey Weekly is a submission based editorial with contributing writers. Please feel free to submit any information (please limit to 200 words) that you would like to share with the Whidbey Weekly. You may submit by email to editor@whidbeyweekly.com, postal mail to PO BOX 1398, Oak Harbor, WA 98277, check back in next week’s issue. Submitted editorial is NOT guaranteed to be published. Deadline for all submissions is one week prior to issue date. For more information, please visit www.whidbeyweekly.com.

Mermaids & PIRATES
SATURDAY, JUNE 28 | 11AM - 2PM | SHIPWRECK SHORES @ WINDJAMMER PARK
Free Activities - All Ages Welcome - Food Vendors - Sensory Friendly Area
11AM - 12PM LIVE MUSIC BY THE SHIFTY SAILORS
12PM PIRATE & MERMAID COSTUME CONTEST
CITY OF Oak Harbor
WHIDBEY ISLAND, WASHINGTON
Parks & Recreation

OAK HARBOR CINEMAS
1321 SW Barlow St • Oak Harbor • 360-279-2226
Book A Party or Special Showing 360-279-0526
Book online: oakharborcinemas.com
Regular Seats are ONLY \$8 for All Showtimes
NOW SHOWING
6/27 - 7/3
FRIDAY - SUNDAY & TUESDAY (CLOSED MONDAY)
F1: THE MOVIE (PG-13): 1:30PM & 7:30PM
HOW TO TRAIN YOUR DRAGON (PG): 1:45PM, 4:25PM & 7:15PM
ELIO (PG): 2:00PM, 4:10PM & 7:30PM
WEDNESDAY & THURSDAY
F1: THE MOVIE (PG-13): 1:30PM & 7:00PM
JURASSIC WORLD: REBIRTH (PG-13): 1:45PM, 4:35PM & 7:20PM
HOW TO TRAIN YOUR DRAGON (PG): 2:00PM, 4:45PM & 7:35PM
COMING SOON:
7/11 “SUPERMAN”
7/25 “FANTASTIC FOUR: FIRST STEPS”



Bernadoodle Puppy F1B

Dewormed and the 1st Vaccination

Ready For New Home by July 5—\$2500.00

360-706-5373 - Joi



SHRUBS TO SAWS...

107 S. MAIN STREET
COUPE'S VILLAGE
OPEN 10 AM - 5 PM
360.678.9114



BITS & PIECES

ORCA NETWORK CELEBRATES "TOKI'S LEGACY" WITH WASHINGTON STATE FERRIES

Aboard the Ferry Tokitae and at Clinton Community Hall

Orca Network and Washington State Ferries will host an event aboard the ferry Tokitae on Sunday, June 29, from 12:00 to 4:00 p.m. to celebrate Toki's Legacy. The ferry's name, nominated by Orca Network, honors Tokitae—also known as Sk'aliCh'elh-tenaut or Lolita—who was captured from Penn Cove in 1970 and spent 53 years in captivity before her death in August 2023.



A commemorative mural and updated educational panels about Tokitae and the Southern Resident orcas will be unveiled during the sailing. The Tokitae mural is also part of a larger Toki's Legacy Exhibit at the Langley Whale Center, supported by the Maritime Washington Grant Program.

Following the mural unveiling, a free community gathering and fundraiser will be held at Clinton Community Hall from 4:00 to 8:00 p.m. The event will feature guest speakers, educational exhibits, and light refreshments. Donations are welcome on a give-what-you-can basis. Registration is free and available at givebutter.com/4O9hzJ.

"The name Tokitae represents and honors this orca and her family, the Southern Resident orcas who range throughout the Salish Sea and beyond," said Howard Garrett, co-founder and board chair of Orca Network.

June is Orca Action Month, originally proclaimed in 2007, to raise awareness of the challenges facing Southern Resident orcas. When the ferry Tokitae entered service, 89 Southern Residents remained. Today, only 74 survive. These whales are threatened by a lack of Chinook salmon, toxic pollution, and vessel noise.

"It's a nice coincidence that Tokitae's first sailing happened during Orca Action Month, eleven years ago," said Susan Berta, Orca Network co-founder and executive director. "We appreciate Washington State Ferries' continued partnership in honoring Toki's legacy."

The name Tokitae comes from a Chinook greeting meaning "nice day, pretty colors." It was chosen by Whidbey Island author Deb Lund, who proposed it for the ferry in 2012. In 1970, Dr. Jesse White, a veterinarian with the Miami Seaquarium, selected Tokitae from a group of captured orcas and gave her the name after seeing it in a Seattle gift shop.

Orca Network's Toki's Legacy Program honors Tokitae's spirit and intelligence and promotes orca recovery efforts. It also recognizes the emotional bonds she formed with her caregivers, even while enduring decades of captivity.

Throughout the summer, Orca Network ferry naturalists will ride selected routes to share information about Southern Resident orcas and other Salish Sea marine life. For details or to volunteer, visit www.orcanetwork.org.

2025 SALISH SEA EARLY MUSIC FESTIVAL

Early chamber music on period instruments on Whidbey Island and around the Salish Sea

The Salish Sea Early Music Festival is honored to present Bach & Scarlatti, featuring Spain's award-winning harpsichordist Irene Roldán and flutist Jeffrey Cohan on Sunday, July 13 at 7:30 PM in Freeland.

The program includes:

- Four solo harpsichord sonatas by Domenico Scarlatti
- Three sonatas for harpsichord and flute by Johann Sebastian Bach
- A new transcription of Scarlatti sonatas for flute and harpsichord

Irene Roldán, winner of the Bach Prize at the XXXIII International Bach Competition in Leipzig, performs widely across Europe. This concert marks her U.S. debut and concludes the 2025 Salish Sea Early Music Festival season.

Bach and Scarlatti—both born in 1685—developed contrasting styles. Scarlatti, influenced by Spanish folk music, composed over 550 sonatas, while Bach, based in central Germany, was relatively unknown during his lifetime despite his immense output.



Roldán's participation is made possible by the Honorary Consulate of Spain in Seattle and Acción Cultural Española (AC/E) through the PICE Program for the Internationalisation of Spanish Culture.

Born in 1997 in southern Spain, Irene Roldán is one of Europe's most celebrated young harpsichordists. She has won numerous international prizes, including:

- First and Audience Prize, III International Harpsichord Competition "Città di Milano"
 - First Prize, IV International Bach Competition in Berlin (with ensemble Flor Galante)
 - Bach Prize and Special Award, XXXIII International Bach Competition in Leipzig
- She has studied at top conservatories in Spain, the Netherlands, and Switzerland, and is currently pursuing an advanced degree at Schola Cantorum Basiliensis. Irene has performed at major festivals including FEMAS, Urbino Musica Antica, and Mars en Baroque, and has worked with conductors like Maurice Steger and Alfredo Bernardini. Her ensemble Flor Galante revives lesser-known 18th-century works. Her debut album Scarlatti & Beyond was recorded in 2023.

About the Festival:

The Salish Sea Early Music Festival presents early chamber music on period instruments across the region. It is an affiliate of Early Music America, promoting historically informed performance throughout the U.S. and Canada.

BITS & PIECES continued on page 8

WHIDBEY ISLAND CENTER for the ARTS PRESENTS

A ROOM IN THE CASTLE

WRITTEN BY LAUREN GUNDERSON
DIRECTED BY ROSE WOODS

JUNE 19 - 29

WICAonline.org | (360) 221-8268



What's Going On!

OUTDOOR FAMILY STORYTIME

Thursday, June 26, 10–11 a.m.
Community Green behind the
Coupeville Library, 788 NW
Alexander St.

Enjoy stories, songs, rhymes and
creative activities together as a family
to prepare for the wonder of reading.
A play time or art activity may follow.

**LEVEL UP AT YOUR LIBRARY:
GAMES!**

Thursday, June 26, 10 a.m.–12 p.m.
Freeland Library, 5495 Harbor Ave.

Drop in to play board games,
Connectors, straws, and Nintendo
Wii. Bring the family or come solo.
Play one game or try them all.

Part of the Level Up at Your Library
series:

- July 10 — Mini Games
- July 24 — Minute to Win It
- Aug. 7 — Mazes

**SUMMER FESTIVAL AT FREELAND
LIBRARY**

Saturday, June 28,, 11 a.m.–1 p.m.
Freeland Library, 5495 Harbor Ave,
Freeland

Celebrate summer with an outdoor
festival featuring ice cream, live
music, giant bubbles, crafts, face
painting and more family fun at the
Sno-Isle Freeland Library.

**SASQUATCH WALK 2025: A BITE
OF DOWNTOWN OAK HARBOR**

Saturday, June 28, 11 a.m. – 3 p.m.
Historic Downtown Oak Harbor

Join Garry the Sasquatch for the
5th Annual Sasquatch Walk, a fun
downtown stroll featuring food and
drink samples from local businesses.
Registration is open, but free t-shirts
are no longer available.

Stops include:

Amaya’s Bakery, Barrington’s Irish Bar
& Grill, Chef in the Black Bandana,
China Harbor, Crystal Mysteaque,
Frasers Gourmet Hideaway, Keto
Carb Crave, Kraken’s Cove, Lava
Louie’s Pizza, Lotus Tea Bar, Mad
Batter Bakehouse, Noe Jose, Off
the Hook, Orlando’s Bar & Southern
BBQ, PNW Vibes Market, Popsies,
Riverside Café & Lounge, Soo Berry
Good, The Tipsy Jellyfish, Whidbey
Coffee.

For details, visit downtownoakharbor.org.

JULY ON WHIDBEY Family Guide

By Amy Hannold

FLEA MARKETS AT THE DRIVE-IN:

The Whidbey Island Lions Club
is excited to announce their 2025
Summer Series of Flea Markets at
the Blue Fox Drive In! Get ready for
the most epic summer of bargain
hunting ever! The Flea Markets begin
on Saturday, July 12th from 9 a.m. – 3
p.m. and runs every Saturday until
August 16th. Vendor spaces are just
\$20, are dog friendly, and include the
opportunity to enjoy the arcade, great
food and go-carts at the drive-in while
you are there. Vendor information:
E-clubhouse.org/sites/whidbeyisland
or wilclions@gmail.com.

**EXPLORE DECEPTION PASS STATE
PARK THIS SUMMER:**

- Rosario Discovery Center: Tide
pool specimens, microscopes,
and engaging activities for the
whole family await you at the
Discovery Center at Rosario
Beach, inside Deception Pass
State Park, on Saturdays and
Sundays, between July 1 and
September 3, 12:00 p.m. and
4:00 p.m. Tour the displays while
talking with park volunteers and
interns about what you see. The
Discovery Center is sponsored
by the Deception Pass Park
Foundation.
- “Learn About Your Park”
Programs: For Junior Rangers,
park staff join you and your family
for learning all about the park and
its forests, habitats and wildlife.
The 30–40-minute presentations
are designed for ages 4 to 12,
though anyone is welcome. You
can attend one during the week,
or on the weekend, through Labor
Day. Junior Ranger programs are
just one educational opportunity
hosted by the park, sunset walks
and other events are available.
View the calendar at: [Parks.
wa.gov/497/Deception-Pass](http://Parks.wa.gov/497/Deception-Pass).
- “Free Concerts in The Park”:
The Deception Pass State Park
amphitheater in July and August
is the place for the Our American
Roots Concert Series, hosted in
partnership with the Washington
State Parks and Recreation’s
Folk & Traditional Arts Program.
Every Saturday, 7 p.m. to 8
p.m., from July 12 through
August 23. Get an introduction
to this summer’s lineup at
[Deceptionpassfoundation.org/
park-programs/american-roots](http://Deceptionpassfoundation.org/park-programs/american-roots).

Admission is free to Deception Pass
State Park programs, although, a
Washington State Parks Discover Pass
is required for park access.

AN INDEPENDENCE WEEKEND

OF CELEBRATION: The Oak Harbor
Chamber, along with their sponsors
and partner organizations welcome
you to a weekend of food, five days of
carnival rides, a street fair, the annual
parade, fireworks and more. Opening
the weekend will be the carnival,
which will run Thursday, July 3 through
Sunday, July 6. An old-fashioned
street fair with arts and crafts booths,
food trucks and a beer garden will
be open July 4-6, 11 a.m. to 6 p.m.
The “Whidbey Wags Parade and Pet
Fair”, on July 3, starting at 5:30 p.m.,
where pets and their humans will stroll
Windjammer Park, leading to snacks
and fun for the four-legged loved
ones. Oak Harbor’s Independence
Day parade begins at 11 a.m. on
Friday, July 4, Fireworks launch on July
4, at 10 p.m. Schedule of events and
information: Oakharborchamber.com.

“BEETLEJUICE JR.” A wildly
inventive, hilarious, and heartwarming
show that celebrates life, death, and
everything in between. At its core, it’s
a story about embracing the strange
and unusual, finding your voice, and
discovering that even in the afterlife,
family—and a little chaos—can bring
you back to life. Presented by local
youth July 18-27, at the Whidbey
Playhouse. Tickets and information:
WhidbeyPlayhouse.com.

CLASSIC CARS GALORE: If you’re
a classic car enthusiast, there are
upcoming events, just for you:

- Rotary Walk of Honor Car Show,
on Saturday, July 5, 12 p.m. to 4
p.m., on Pioneer Way (between
Midway Blvd & SE Pasak Streets),
in Oak Harbor, Ohrotary.org.
- Car Show to Benefit Vietnam
Veterans: Sunday, July 20, 10 a.m.
to 3 p.m., in Bellingham. [Vva165.
org/index.php/car-show](http://Vva165.org/index.php/car-show).
- The La Conner Classic Boat &
Car Show: Saturday, August 2,
10 a.m. to 2 p.m. [Facebook.com/
LaConnerClassic](http://Facebook.com/LaConnerClassic).
- All Mopar Summer Sizzler Car
Show at Oak Harbor Motors,
Sunday, August 10, 8 a.m. to 3
p.m.
- NAS Whidbey Seaplane Base
Exchange Car Show: Saturday,
August 9, 11 a.m. to 4 p.m. Base
access is required to attend this
free event.
- Chrome and Classics Car Show in
Stanwood, Saturday, August 30,
Lincolnhill-rc.org.

JULY EVENTS OF NOTE:

- Oak Harbor Kiwanis Bazaar,
July 12, 9 a.m. – 3 p.m. at
North Whidbey Middle School,
Oakharborkiwanis.com
- Skagit Valley Highland Games:
July 12-13, in Mt. Vernon,
Celticarts.org.
- Shipwreck Festival, 400 Booths of
garage sale vendors in Anacortes,
July 19, Shipwreckfest.com
- Whidbey Island Fair, July 24-27, in
Langley, Whidbeyislandfair.com

Connect to local summer camps and
family-friendly, Whidbey-Area Events
at [WhidbeyIsland.MacaroniKid.](http://WhidbeyIsland.MacaroniKid.com)
com and [Facebook.com/groups/
whidbeyislandeventsandmore](http://Facebook.com/groups/whidbeyislandeventsandmore).

Amy Hannold is a life-long resident
of Whidbey Island. She’s the
founder of Macaroni Kid Whidbey
Island. Now the “Assistant to
the Publisher”, Amy continues to
share her knowledge of Whidbey’s
best events, via her Facebook
group “Whidbey Island Events
and More” and at WhidbeyIsland.
MacaroniKid.com You can reach her
at mackidwhidbey@gmail.com.



What's Going On!

with Island Senior Resources

**COUPEVILLE LUNCH & LEARN
(JULY 2025)**

Wednesdays, 12:30–1:30 p.m.
Coupeville UMC Fellowship Hall – 608
N Main St
Schedule:

July 2: Sweet Bingo (free treats)

July 9: Guitar Music with Terry

July 16: Advance Care Planning (Pam
Putney, NW Hospice)

July 23: Diabetes & High Blood
Pressure (Amilia)

July 30: Painting with Ivy Breen

Sponsor: Island Senior Resources
Rides: Call Pam Tranat at 360-678-7771
Contact: 360-678-4256 (UMC) or 360-
321-1600 (ISR)

**ADVANCE CARE PLANNING
WORKSHOP**

Wednesday, July 16, 2025, at 12:30 p.m.
Coupeville UMC – 608 N Main St

Learn about Advance Directives,
Durable Power of Attorney, and POLST.
Free documents provided.

Host: Hospice of the Northwest
Contact: 360-814-5550 | [HospiceNW.
org](http://HospiceNW.org)

SHIBA MEDICARE COUNSELING

Tuesday, July 22, 2025, at 10 a.m.
Freeland Library – 5495 Harbor Ave,
Freeland

Tuesday, August 12, 2025, at 11 a.m.
The Center in Oak Harbor – 51 SE
Jerome St, Oak Harbor

Free Medicare advising covering Parts
A/B, Medigap vs. Advantage plans,
and prescriptions.

Pre-registration required.
Call 360-321-1600

MEMORY CAFÉS

Oak Harbor: 1st & 3rd Tuesdays,
12:30 p.m.
First United Methodist Church – 1050
SE Ireland St

For caregivers and individuals with
dementia/cognitive impairment.
Contact: 360-321-1600

SUPPORT GROUPS

CAREGIVER SUPPORT: Wednesdays,
10 a.m. (Zoom & Bayview)

PARKINSON’S SUPPORT:

Tuesdays, 10 a.m. (Zoom)
Contact: 360-321-1600

LANGLEY WALKING GROUP

Tuesdays, 11:00 a.m.–12:00 p.m.
Trustland Trails (Craw Rd & SR 525)
ADA-accessible flat trail. All welcome!

GAME AFTERNOONS

Mondays & Wednesdays,
1:00–3:00 p.m.
Bayview Office – 14594 SR 525, Langley

MONDAYS: MAHJONG

WEDNESDAYS: ASSORTED GAMES
Join Community Lunch at 11:45 a.m.
beforehand!

SAIL FITNESS CLASS

Strength, balance, and fall prevention
for adults 65+.
Locations/Times: Vary across Whidbey
Island and Zoom.

Details: [senior-resources.org/fall-
prevention](http://senior-resources.org/fall-prevention)

COMMUNITY MEALS

LOCATIONS:

Oak Harbor (The Center): Mon/Fri,
11:45 a.m.–12:30 p.m.

Langley (Bayview): Mon/Wed/Fri,
11:45 a.m.–12:30 p.m.

Coupeville (UMC): Wed,
11:45 a.m.–12:30 p.m.

Camano Island (Camano Center): Mon/
Wed/Fri, 11:45 a.m.–12:30 p.m.

Langley (Brookhaven): Thu,
5:00–5:45 p.m.

**SENIOR THRIFT STORE – JULY
SALES**

Hours: Tue–Sun, 10 a.m.–5 p.m.
5518 Woodard Ave, Freeland
Sales:

Tue: 25% off Toys

Wed: 30% off Jewelry

Thu: 25% off One Item

Fri: 30% off Books

Sat: 25% off Clothes

Sun: 30% off Shoes

VOLUNTEER WITH ISR

Help seniors
in your
community!
Contact: 360-
321-1600



GARAGE SALE continued from page 2



Harbor. They had nothing. They owned nothing other than the suitcases they had. They had arranged a two-bedroom apartment and they came here Saturday. I told him to come back Sunday and 'bring cash so you can put your hand on what you buy instead of running a credit card tab.' They showed up with \$600 cash and by noon they had outfitted the entire two bedroom apartment. The kids are running around at noon when it goes to "make me an offer or free." The kids were picking out their dressers, mom and dad were getting extra lamps. We basically gave them all kinds of fun stuff for \$600."

Lion Dave Fish handles logistics to help manage the sale. He is also a font of knowledge and history of the event. "Obviously this is a year-round project," he said.

Managing an event like this is a major undertaking. Starting each August, Lions start collecting donations for the next year's sale. Several members donate the use of at least 3 barns on their properties. Fish described the process. "There are regular people who gather the things we

go to pick up. We sort things at least once a month depending on how much stuff there is, two or three hours on Saturday with maybe somewhere between six or eight people, so it's pretty efficient."

The connection of the sale to the community is strong, sometimes serving as a catalyst for life events. Fish explains: "Island Disposal provides our dumpsters. The woman who arranges that at their office bought a couch from us. We helped put it in her car and when she got home she couldn't get it out. So she sent out a text to the drivers and one of them came over and helped her. This was 2 years ago. And then they started dating and they're getting

married in August, so they blame it on the garage sale!"

"I call this the largest recycling program in the western United States! All of this stuff we are recycling. The way I look at it, we're serving the community by picking it up and we're serving the community by selling it to them and then we're serving it again by spending the money for the community's good! It's a big recycling program!"

There's something fascinating about sales like this. Going to a sale can be like going to a mini museum. "Oh my gosh yes," Fish continued. "We have some interesting stuff. One year we had this little thing and couldn't figure out what it was. We researched it and finally figured out it was a cone out of a cotton mill. They're used to separate the cotton seeds. We have no idea how it got here but that's one of the kind of unusual things that I remember, that we had just a little, little part out of a cotton mill."

The start of the sale is quite a sight, something akin to a marathon or a Black Friday shopping spree. Depending on what they are wanting, buyers line up outside the entrances and all around the buildings of the school eagerly awaiting the 9AM air horn blast announcing the start of the sale. After that, it's a mad dash inside where treasures of every kind can be found and are quickly snatched up to be put to good use.

One year they had a crab boat on a trailer, complete with pots and everything. "On Friday afternoon we had a price on it and I had about three or four guys that were just salivating over this boat. I knew I couldn't tell who got there first so I said 'Okay, look guys. At 9:00 we're going to have an auction. I got an extra 400 bucks out of it.'"

As the local tradition continues, the Lions Club Annual Garage Sale is this weekend, June 27th to 29th. Sale items can be previewed only on Friday from 3 to 6 PM. The actual sale runs from 9AM to 4PM Saturday and from 9AM to 12PM Sunday.



Cindy Van Dyk promoting the wares!

Hearing Health Services
Hearing & Balance Center

KEEPING YOU
CONNECTED TO WHAT
MATTERS MOST

WHIDBEY NEWS GROUP
2023
THE BEST
OF WHIDBEY
READERS CHOICE AWARDS

Whidbey's Premier Audiology Clinic

Dr. Kristine Jarrell

Hearing Health Services utilizes state-of-the-art hearing aid technologies, a comprehensive array of services and the collective expertise of our experienced, empathetic multi-provider team to ensure hearing success when you're together with loved ones.

Discover the difference the latest hearing solutions can make in your daily moments.

20 NW Birch St., Coupeville, WA 98239
(360) 678-1423
www.coupevillehearing.com



SATURDAY
JULY 19
10AM-7PM
PIONEER WAY
DOWNTOWN
OAK HARBOR



VINTAGE,
ANTIQUES,
ART, PRIMITIVES,
GREAT JUNQUE & MORE!

OAK HARBOR
MAIN STREET

LIVE MUSIC AT THE BUSKERS CORNER!
Mutiny Bay Brass Band 11AM-12PM • Kevin Fristad 1-2PM
Walk The Line 3-4PM • FireCreek 5-7PM
www.oakharbormainstreet.org/events

THANK YOU TO OUR SPONSORS & SUPPORTERS



THANK YOU FOR READING WHIDBEY WEEKLY | REDUCE ➡ REUSE ➡ RECYCLE

Shifting Your Perspective Leads to Healthier Aging



By Robin Bush, ISR Communications



If you see everything wrong with the world, your life, your relationships, your health, etc., you are focusing on the negative. Numerous studies have demonstrated that a negative outlook is associated with a detrimental impact on physical health and longevity.

Is there anything you can do to shift your perspective? Yes. Start by listing three positive things that occurred during the day, and do this for at least a month. The positive things can be in any arena, find three to focus on, and vary the type of things you pay attention to each day. As you do this, you are retraining your brain to scan across the whole scope of life to see the good around you. This does not mean dismissing the often-great challenges we each encounter as we age, including loss of physical or cognitive function, loss of

friends, disease, financial difficulties, and so on. Those demand attention, but again, our power rests in how we choose to react. If we reframe challenges as opportunities to make changes in our lives and find solutions, those challenges will become more manageable.

Here are some other techniques to shift attitude:

- Smiling helps cope with sadness by elevating mood and helps build optimism
- Try gratitude meditations (there are many found online)
- Have a sense of purpose and contribution. Try volunteering
- Exercise regularly. We've all heard that repeatedly and perhaps ignored it, but it's time to do it (with physician approval). It helps lower the risk of cardiovascular disease, regulates blood pressure, reduces the risk of Type 2 diabetes, improves sleep quality, and decreases the likelihood of falls. Island

Senior Resources offers online and in-person fitness classes through the certified S.A.I.L. program (Stay Active and Independent for Life). We also offer group outdoor walks that not only provide physical health benefits, but are an excellent opportunity to socialize.

- Visualize positive aging. Picture yourself in your mind socializing, being more flexible, more resilient, and more active.
- Try something new. It's never too late. If mobility is an issue as you age, shift that energy into crafting, writing, or teaching. Learning something new is shown to improve memory and boost self-esteem, and it is an integral part of re-inventing yourself for a better future.

So, it is time to ask yourself, "How do I want to age? How well do you want to age? One study published in JAMA found that those with higher satisfaction with aging had a 43% lower risk of dying from any cause than those with a negative attitude toward aging. Those with a positive attitude tend toward more positive healthful behaviors, which increases longevity. Negative attitudes toward aging tend to be self-fulfilling prophecies. That is why shifting our mindset is so critical. What can you start today that will make a positive impact on your longevity?

For more articles on healthy aging, visit our blog and explore our Healthy Aging series on senior-resources.org/resources.

WATCH REPAIR & BATTERIES



Allow Linds to help you with all your watch repair and watch battery needs. All repair estimates are FREE.



1609 E. Main St • Freeland • 360-221-6111
www.lindswhidbeyisland.com
Monday-Saturday 10-5, Closed Sunday



one quick click

shop online now

islandcountyhabitat.org/store/

For any inquiries email wayne@islandcountyhabitat.com

- affordable prices
- unique finds
- sustainable shopping
- free delivery on Whidbey
- special sales and promotions



Store

Habitat for Humanity of Island County





Join us for a meal

ISR provided over 100,000 meals in Island County in 2024 through Meals on Wheels and Community Meals

The Center in Oak Harbor 51 SE Jerome St. Oak Harbor	Mon, Fri	11:45 - 12:30
Island Senior Resources - Bayview  14594 SR 525 Langley	Mon, Wed, Fri Tues box lunch	11:45 - 12:30
Coupeville United Methodist Church 608 N. Main St. Coupeville	Wed	11:45 - 12:30
Camano Center 606 Arrowhead Rd. Camano Island	Mon, Wed, Fri	11:45 - 12:30
Brookhaven 150 4th St. Langley	Thurs	5:00 - 5:45

Donations accepted to help cover the costs of a meal
senior-resources.org/donate

For information on our Nutrition Programs:
senior-resources.org/nutrition-overview



MEALS ON WHEELS AMERICA 2025 MEMBER

July Entrée Menu 2025

Wed	2	BBQ Pork Ribs
Fri	4	Closed, Happy 4th of July!
Mon	7	Beef Ravioli
Wed	9	Chicken Tikka Masala
Fri	11	Muffuletta Sandwich, Greek w/Olives
Mon	13	Beef Chili Mac & Cheese
Wed	15	Roast Chicken Thigh
Fri	17	Lemongrass Pork Rice Noodle Salad
Mon	20	Quich Lorraine w/Bacon
Wed	22	Chicken & Biscuits
Fri	24	Mushroom Swiss Burger
Mon	27	Sweet & Sour Tofu w/Vegetables
Wed	30	Hawaiian Pizza



We are hiring a Finance Assistant!

senior-resources.org/employment

BITS & PIECES continued from page 4

July at Penn Cove Gallery

Featured Artist, Jan Priggee

Please drop by this month and see our Featured Artist, Jan Priggee’s new impressionist work. Jan says “My latest painting at PCG is “Undercurrents”, an acrylic abstract piece inspired by our nation’s restless times. “Stand By You” is a simple collage and ink abstract.



Undercurrents by Jan Priggee



Stand By You by Jan Priggee

Two NEW Artists Lisbeth Cort & Kent Sanders

Lisbeth Cort returns to Penn Cove Gallery full time in July. She lives in a colorful island world, painting combining acrylics, watercolor, or gouache with pastels, ink, graphite and collage elements to present her subjects in joyful and lively ways. Her mixed media paintings are influenced by the verdant farm fields, flower stands, island landscapes and coastal life around her.



Red Barn by Lisbeth Cort



Red and Pink Geraniums by Lisbeth Cort

Penn Cove Gallery Welcomes our new artist, Kent Sanders. Kent describes his work as “nature talking to us”. He says that if we listen, “her art will astound us”. Come to see Kent’s necklaces, earrings, and unique pendants using beach glass. He works in sterling silver and semi-precious stones.



Whidbey Island Necklace by Kent Sanders



Sterling Silver Necklace by Kent Sanders

Construction Notification: South Whidbey Hot Mix Asphalt Overlays

Hot Mix Asphalt Overlays

“Hot Mix Asphalt (HMA) Overlays” play a vital role in public infrastructure, providing essential paving solutions that enhance safety, efficiency, and sustainability. Its properties make it suitable for various applications, contributing to the overall effectiveness of road construction and maintenance.

Prior to paving some areas may require planning/grinding of the surface. Planning of joints before paving is essential for creating durable, efficient, and visually appealing asphalt surfaces. It enhances the longevity and performance of the pavement, ensuring that it serves its intended purpose effectively over time.

The following South Whidbey Roads are scheduled for HMA Overlays 6/23-6/27

- Beach Drive
- Brainers Road
- Emmet Place
- Saratoga Road
- Lakeview Way
- Hi Crest Road
- Quigley Place

Extended Wait Times Are Expected.

Please use alternate routes if possible.





Being mindful of one’s diet is an important component of a healthy lifestyle. Certain foods, and particularly many desserts, are not exactly synonymous with healthy eating. Thankfully, many chefs and home cooks experiment with different ingredients to make sweets a little bit less indulgent. Take for example, chocolate mousse, which can be delicious, but a tad heavy when loaded with dairy. However, “Vegan Chocolate Mousse” is made with avocado at the base. That’s notable because avocado contains heart-healthy fats that make the dessert a little better for you than more traditional alternatives.

Enjoy this recipe, courtesy of “Les Dames d’Escoffier new York Cookbook: Stirring the Pot” (American Palate) by Silvia Baldini & Sharon Franke.

Vegan Chocolate Mousse
(Makes 4 servings)

Ingredients

- 2 large ripe avocados
- 1/2 cup unsweetened cocoa
- 6 to 8 tablespoons maple syrup
- 2 tablespoons non-dairy milk
- 1 teaspoon vanilla extract
- 1/4 teaspoon coarse salt
- 1/2 cup fresh berries, for topping
- 1/4 cup walnuts, crushed, for topping

Instructions:

Add avocado, unsweetened cocoa, maple syrup, non-dairy milk, vanilla, and salt to a food processor and puree until creamy. Divide mousse into 4 cups; top with fresh berries and crushed nuts.



WEEKLY HOROSCOPES

ARIES – Mar 21/Apr 20
Aries, home and emotional roots take the spotlight this week. Around the 28th, you may feel the need to step back and recharge. A family conversation could bring needed resolution—if you lead with care.

TAURUS – Apr 21/May 21
Taurus, your words carry weight. The 27th is ideal for sending an important message, starting a dialogue, or signing something official. Communication clears the path forward—just be sure you’ve thought it through.

GEMINI – May 22/Jun 21
Gemini, this week urges you to slow down and consider what truly brings you comfort. Money or material concerns may arise, especially around the 29th. Get practical, but don’t forget your worth isn’t defined by numbers.

CANCER – Jun 22/Jul 22
Cancer, it’s your season and your time to realign with yourself. A New Moon in your sign on June 27 marks a beautiful reset—set bold intentions. You’re more magnetic than you realize right now.

LEO – Jul 23/Aug 23
Leo, the past bubbles up this week. Use the quiet energy to process, heal, and release. By the 2nd, you may feel a spark of renewed clarity—just in time for the forward momentum you’ve been craving.

VIRGO – Aug 24/Sept 22
Virgo, friendships and group goals take center stage. The 28th may present an opportunity to join forces or step into a leadership role. Let others see how reliable and insightful you truly are.

LIBRA – Sept 23/Oct 23
Libra, your professional image comes into focus. Around the 26th, you could be asked to step up publicly. Balance diplomacy with confidence—you don’t need to prove yourself, just show up as you are.

SCORPIO – Oct 24/Nov 22
Scorpio, expansion is calling. This is a week to dream bigger—especially around the 30th. Whether through travel, study, or vision-setting, the world is ready to meet you halfway when you say yes to growth.

SAGITTARIUS – Nov 23/Dec 21
Sagittarius, deeper themes are rising. You may be working through trust or money dynamics with someone close. The New Moon gives you the strength to let go of what no longer feels mutual or secure.

CAPRICORN – Dec 22/Jan 20
Capricorn, partnerships—romantic, business, or otherwise—are highlighted. A new beginning is possible around the 27th, but it’ll require honesty and compromise. Don’t assume; ask. Don’t push; invite.

AQUARIUS – Jan 21/Feb 18
Aquarius, this week is about refining your systems. From your morning routine to your inbox, small tweaks can bring big rewards. The 2nd is a great time to start fresh—your energy will thank you.

PISCES – Feb 19/Mar 20
Pisces, joy and creativity come back into focus. A flirtation, artistic project, or playful outlet may surprise you around the 30th. Follow the fun—it’s leading you toward something meaningful.



Astrology for June 26 - July 2 2025

Mercury Making Moves in Leo, Opposes Pluto

Heads up! **June 26** is a very busy day. Today, Mercury in Cancer sextiles Uranus in Taurus at 29°, Venus in Taurus sextiles the North Node in Pisces at 21°, and the Sun in Cancer sextiles Mars in Virgo at 5°. Luckily, these sextiles are offering helpful and supportive energy for communicating and exchanging important information on how we can innovate current circumstances. This is a feeling of forward momentum based on the intentions of yesterday’s June 25 new Moon in Cancer. All of these sextiles involve planets in earth and water, so getting grounded with a sense of connection to our own inner life and empathy for others will go a long way as we move to take action. This day is filled with business, discussions, correspondences, activity, and overall, from business to pleasure, can be extremely productive. With Venus/North Node in the mix, the heart is pointing to the true path of the moment. Go that way. Don’t go for the distracting side quest. Significant progress for your current aims are available today with some intention and focus.

Also on **June 26**, Mercury moves into the sign of Leo, preparing to go retrograde later in July. Mercury moves out of water and into fire bringing inspired ideas, new confidence in a mindset or outlook, and a lot of social banter. Mercury in this position enhances storytelling, public speaking and performance. But what makes this transit so compelling? It can help us to speak from the heart. Live and direct. This is a passionate and direct position when it comes to communication and displays of affection. If we can let go of ego desires in intellectual and social matters and truly be ourselves, there is a magic to this transit that helps us discover more of who we are and what we enjoy. Mercury is interested in learning, after all. Pay attention to what styles, subjects and hobbies pop up now and throughout July and early August. They are important markers. In fact, when Mercury goes retrograde on July 17, we may be prompted to partake in creative endeavors we once were fond of but for some reason fell off. Pay attention to what sparks joy, and what kind of joy - be curious about this now. Because the retrograde will make you investigate this more deeply later.

On **June 27**, Mercury in Leo will trine Saturn in Aries at 1° and a few hours later on June 28, Mercury in Leo will trine Neptune in Aries at 2°. This is very helpful for progress, forward momentum, and for both dreaming and getting things done. Mercury trine Saturn offers some mental stability and fortitude. Mercury trine Neptune aids with creativity and inspiration. Having direct access to other realms and the imagination today proves helpful for problem solving in any scenario. If we are looking for solutions, we are able to find some.

On **June 29**, Mercury in Leo will oppose Pluto in Aquarius at 3°. Powerful standoffs, debates, arguments with themes around my way vs. your way and self vs. the group will for sure be popping off. How we should or should not be innovating collectively, technologically, socio-politically is super loud. A lot of people will want to talk about it, and public figures will be engaged. Tension, power struggles, and all matters of disagreement through the lens of communications, the media, and our own daily lives. Pluto is revealing something that may be difficult to look at, and Mercury may have very good points to counter, but both are in fixed signs, making compromise a tall order. Approach conflict with some humility. Speak with confidence from the heart. Listen to each other. Something important might be brought to the table, but it doesn’t mean that we also have to sort it all out today.

Noa is an astrologer and artist based in Austin, Texas with a love for nature, live music and the occult. She has been practicing astrology for 10 years and is dedicated to making astrological concepts more widely accessible and useful for navigating everyday life.

Book a session with Noa by sending an inquiry below:

readingsbynoa@gmail.com

readingsbynoa.com

@readingsby_NOA



Crossword Puzzle

1	2	3	4		5	6	7		8	9	10
11				12		13			14		
15						16			17		
	18				19	20			21		
					22	23			24		
25	26	27	28	29							
30							31				
32								33	34	35	36
					38	39	40		41	42	
					43			44			
			45	46							
47	48				49			50	51	52	53
55					56			57			58
59					60			61			
62					63				64		

CLUES ACROSS

1. Computer manufacturer
5. Noted space station
8. Kurt Russell film "Captain"
11. Automaton
13. Everyone has one
14. Incline from the vertical
15. Fights
16. Dunn & Bradstreet (abbr.)
17. Finishes off
18. Places to store things
20. Dutch painter Gerard ____
21. Smaller quantity
22. There's a North, South and Central of these
25. In an early way
30. More spacious
31. Short-term memory
32. One who possesses
33. Sesame
38. Forbid
41. A way to explain
43. Not around
45. Evoke or suggest
47. Ancient kingdom near Dead Sea
49. Dekameter
50. Fencing sword
55. "Luther" actor Idris
56. Affirmative (slang)
57. Afflicted
59. One point north of northeast
60. Born of
61. Arabic name
62. Hong Kong food stall: ____ pai dong
63. Not the start
64. Post

CLUES DOWN

1. Creative expression
2. Fiber from the outer husk of a coconut
3. City in ancient Syria
4. College army
5. More disturbed
6. Pays no attention to
7. Restored
8. Competitions
9. Lyric poems
10. Famed American lawman
12. Expression of disappointment
14. Scars
19. Satisfy
23. Central European river
24. Brass instrument
25. One who gets paid to perform
26. Propel with oars
27. Long period of time
28. Woman (French)
29. Type of plane
34. Pitching stat
35. Pointed end of a pen
36. Pro sports league
37. Body part
39. Inoffensive
40. Yellowish cotton cloth
41. Feline
42. Does not tell the truth
44. Set out to attract
45. Spiritual leader of a Jewish congregation
46. Abba __, Israeli politician
47. Repair
48. Genus of flowering plants
51. Tributary of the High Rhine
52. Prejudice
53. C. European river
54. Restrain
58. Father

Answers on page 11

YOUR GUESS IS AS GOOD AS OURS WEATHER FORECAST						
Thurs, June 26	Fri, June 27	Sat, June 28	Sun, June 29	Mon, June 30	Tues, July 1	Wed, July 2
North Isle H-61°/L-48°	North Isle H-63°/L-53°	North Isle H-63°/L-53°	North Isle H-67°/L-55°	North Isle H-69°/L-56°	North Isle H-67°/L-56°	North Isle H-66°/L-55°
South Isle H-60°/L-53°	South Isle H-62°/L-54°	South Isle H-65°/L-54°	South Isle H-69°/L-57°	South Isle H-72°/L-57°	South Isle H-70°/L-56°	South Isle H-68°/L-56°



OUR

Community

An Upbeat Question of the week

By Helen Mosbrooker

What is the best piece of advice you have ever been given, and why?



Marilee Paddock,
Oak Harbor

You have more power than you think."Early on those words were life-changing. In a world that often underestimates young people, being told that your voice, your choices, and your dreams matter can spark something big. It reminds you that you don't have to wait to grow up to make an impact. You can lead, change minds, break cycles, and build something better - right now.

You don't need to have it all figured out. Just start. You have more power than you think — and that power grows every time you believe in yourself. You don't have to wait to be older, richer, or "ready." Start now. Speak up.

Build something. The world doesn't change someday. It changes when you decide to move forward.

Megan Birney,
Oak Harbor



The best piece of advice I have ever received is "Don't take life too seriously. You'll never get out alive." This advice reminds me that life is hard, no one is perfect, and the state of the world can be overwhelming. Sometimes we need to step back and appreciate the silly moments. Laugh when you can. Give yourself the space to be a perfectly imperfect person. This advice reminds me to enjoy the chaos of life because I only have a finite amount of time.



Karmin Fitzgerald,
Oak Harbor

I couldn't be happier to share the best advice I've ever received as I know most people experience it through out life. My dad has always said you do good you'll get good if you do bad you're going to get bad in your life. It's as simple as my name Karmin..... Karma is actually why he said he named me Karmin and I definitely believe that it's the best advice I could ever ask for. I live by this advice everyday and always treat others how I want to be treated.

Genesis Godinez,
Oak Harbor



The best piece of advice that i have ever received was "Be where your feet are." My husband gave me this valuable advice. As someone like myself that is extremely hard on myself and multitask a lot of things at once, this advice has helped ground me and focus on the present. Sometimes I get easily overwhelmed and stressed and this advice helps me relax, breathe, and process things/tasks one at a time.

Joyful saying of the week
"A joy that's shared is a joy made double."
- UNKNOWN

SUDOKU

3		6						7
			4		5			8
				6		4		
								1
		3	9				8	
9	6	1		4		2		
			1			9		
	8	4	7	9		5		
	9							2

Answers on page 11

COMMUNITY BULLETIN BOARD

To place an ad, email classifieds@whidbeyweekly.com

ESTATE SALE



SALMAGUNDI FARMS
June 28st & 29nd
9am to 4pm
Vintage tools, parts, and Supplies of all kinds. Furnishings, Antiques and Vintage Items.
We buy Estates, Antique and Vintage Items - One Piece or A Lot.
We accept Cash, Visa, MC, AMEX, Discover, or Checks if we know you.

SALMAGUNDI FARMS
19162 SR 20
COUPEVILLE WA, 98239
CALL: 360-678-5888

FARMERS MARKETS

OAK HARBOR FARMERS MARKET
32630 State Route 20, Oak Harbor
Thursdays through August 28, 4-7 p.m.
Enjoy local produce, handmade goods, and community spirit every Thursday this summer.

COUPEVILLE FARMERS MARKET
788 NW Alexander St., Coupeville
Saturdays through October 11, 10 a.m.-2 p.m.
Find fresh food, crafts, and more at this long-running market. Closed Aug. 9 for the Arts and Crafts Festival.

BAYVIEW FARMERS MARKET
Corner of SR 525 and Bayview Road, Langley
Saturdays through October, 10 a.m.-2 p.m.
A vibrant market with local food, crafts, live music, and more. Celebrate the 25th season with the community every Saturday.

SOUTH WHIDBEY TILTH FARMERS MARKET
2812 Thompson Road, Langley
Sundays through October, 11 a.m.-3 p.m.
Family-friendly market in a meadow setting, featuring fresh produce, plants, crafts, and prepared food. SNAP and nutrition program benefits accepted.

IN SEARCH OF

Art, Antiques & Collectibles.
Cash paid for quality items.
Call or text 360-661-7298
Was your Dad or Gramps in Japan or Germany? I collect old 35 mm cameras and lenses. Oak Harbor. Call 970-823-0002

In Search Of:
An Outdoor Utility Sink
Call or Text 253-409-4509

JOB OPPORTUNITY

Farmers Market Assistant!
Support vibrant markets in Oak Harbor & Coupeville.
Part-time, outdoors, seasonal. Love local food?
Email resume/cover letter to whidbeyfarmersmarket@gmail.com.

CRISIS LINES

9-1-1: Call for threats to life, fire, accident or crime
-Non-emergency lines:
Oak Harbor Police
Department-360-279-4600
-Island Communications
Dispatch (ICOM) - 360-679-9567
9-8-8: Suicide and crisis lifeline, free & confidential
- 741-741: 24/7 Crisis Text Line
-800-584-3578:
24/7 Northwest Washington Crisis Services
- 360-678-7880: Island County Behavioral Health
866-488-7386 Trevor Project: 24/7 support for LGBTQIA2S+

SERVICES

CAREGIVER AND NURSING ASSISTANT FOR HIRE
Honest, Dependable, and Professional
Contact Jackie - Text Or Call 425-985-1659

MEDICARE CONSULTATION
(360) 440-3334
Call or Text

VOLUNTEER

Coupeville and Oak Harbor Farmers Markets are looking for board members and volunteers for our 2025 season.
Please email us at whidbeyfarmersmarket@gmail.com if you would be interested in learning more about volunteering with the market! Fun group with flexible volunteering.

RESOURCES

Basic Food Benefits
Community Services Office:
275 Pioneer Way #201, Oak Harbor 877-501-2233

Food Banks:
-Gifts From the Heart, 203 N Main St, Coupeville 360-672-5502
Distribution on 2nd and 4th Wednesdays, 2-5 p.m.
-Good Cheer, 2812 Grimm Rd., Langley 360-221-4868
Mon-Fri, 10 a.m.-4 p.m.
-North Whidbey Help House, 1091 SE Hathaway St. Oak Harbor 360-675-0681
Mon-Fri, 9 a.m.-4 p.m. (5 p.m. on Tues)
Closed 12-1 p.m. for lunch
Island Church of Whidbey Soup Kitchen: 503 Cascade Ave., Langley 360-221-0969
Tues & Thurs 11:30 a.m.-1 p.m.
SPIN Café: 1241 SW Barlow St., Oak Harbor Daily, 6:30 a.m.-5:30 p.m.
St. Hubert's Catholic Church Wednesday Soup Kitchen All are Welcome!
11 a.m.-12:30 p.m.
804 3rd St., Langley 360-0-221-5303
Ask about our Thursday Dinner HUB After School: 301 Anthes Ave., Langley 360-221-0969
Food and activities for middle and high school youth. Mon, Tues, Thurs, Friday 2-6 p.m., Wed 1-6 p.m.
Ryans House for Youth: Food, fun, support, 19777 SR 20, Coupeville 360-331-4575
Drop-in center for adults ages 18-24; Daily 6 a.m.-8:30 p.m., 35 SE Ely St, Oak Harbor 360-682-5098
Drop-in center for youth ages 12-21; Mon-Fri 11 a.m.-7 p.m.
Women, Infants & Children (WIC): -Oak Harbor/North Whidbey: 1791 NE 1st Ave. Mon-Thurs 360-240-5554 Text: 360-544-2239

SHELTERS/HOUSING

CADA Emergency Shelter – Confidential crisis shelter for women and children fleeing domestic violence/sexual assault/stalking. This is NOT a homeless shelter. Office: 360-675-7057 Crisis Line: 360-675-2232 Toll Free: 800-215-5669
Island County Housing Support – 105 NW 1st St., Coupeville 360-678-8284
For homeless or at risk of losing housing. Mon-Thurs, 9 a.m.-3 p.m.
Ryan's House for Youth – 19777 SR 20, Coupeville 360-331-4575
For at-risk adults ages 18-24
Whidbey Homeless Coalition – Serving Island County 360-900-3077
The Haven Overnight Shelter is a night-to-night shelter for up to 30 individuals. Must follow check in rules and must register daily between 4:00 and 4:30pm Mon. thru Fri. and 3:45 pm to 4:00 pm on Saturdays and Sundays at the SPIN Café, 1241 SW Barlow St., Oak Harbor.
House of Hope Emergency Housing, Langley, 360-708-4533. Transitional housing for families and adults at severe risk of homelessness; to apply, contact the Housing Support Center or call the number above.
Oxford Houses – Recovery housing oxfordhouse.org
-Men:360-246-4101
- Women & Children: 360-682-5773

MONTHLY MEETING

Monthly Meeting for Mental Health Hosted by NAMI for All Adult Individuals who have a family or friends suffering from depression, anxiety, bi-polar disorder, or other mental health conditions. Trinity Lutheran Church in Freeland, Lower Building Closest to the Highway 18341 WA-525, Freeland
3rd Wednesday of the Month 1:00 - 2:30 p.m.
Email for more Information: karens@nami-sno-isle.org

WEEKLY MEETINGS

MEMORY CAFE Every 1st and 3rd Tues of the Month 12:30 - 2:00 p.m. at the First United Methodist Church 1050 SE Ireland Street Oak Harbor, WA. Join our bi-monthly gathering for people with memory loss and their family to enjoy a time of fun, conversation, music and laughing (and snacks). This is a dementia friendly setting. For information: 360-720-4535
SOUTH WHIDBEY NAR-ANON FAMILY GROUP meets every Wednesday at 6pm at the Langley Methodist Church, 301 Anthes in Langley. We meet in the Fireside Room, rear of church. Karol:360 914 7695.
Have a problem with drinking? It doesn't cost anything to attend A.A. meetings. Local Meetings are in Coupeville, Freeland, Langley, Clinton, and Oak Harbor. There are no age or education requirements to participate. Membership is open to anyone who wants to do something about their drinking problem. A.A.'s primary purpose is to help alcoholics to achieve sobriety. We're here to help. For local meetings search aa.org or call 888-360-1564
Have you ever been affected by someone else's drinking? Al-Anon may be for you. AL-ANON: Tuesdays at 5:30-6:30 Oak Harbor Lutheran Church Library 1253 NW 2nd Ave. There is help and hope: Contact for more info: Rebecca 425-773-6937
Gamblers Anonymous Meeting. Every Tuesday at 6:30 p.m. at the Mount Vernon Senior Center. Mount Vernon Senior Center, 1401 Cleveland Ave, Mount Vernon Any questions, call Washington State Gamblers Anonymous hotline at 855-222-5542, or visit <https://gawashington.org/>
OVEREATERS ANONYMOUS Tuesdays 7 PM to 8 PM Langley United Methodist Church 301 Anthes Ave. Room 224 Langley, Washington 98260
For local meeting information and support call: Kevin 206-395-9622
Adult Children of Alcoholic and Dysfunctional Families meeting, Tuesdays 2-3 pm, Langley Methodist Church - 301 Anthes Ave, Langley - Fireside room. Contact: acawhidbey@gmail.com



No Cheating!

D	N	E	S				D	N	E			I	V	D
V	I	B	V	R			E	E	N		N	B	E	N
D	E	T	I	V			P	E	V		V	B	T	E
	R	E	B	V	S		W	K	D		B	V	O	W
						E	T	V	N	O	S	E	R	
E	T	B	V	T	I	V		V	N	U				
V	F	I	R	V	T	C		N	V	B				
E	N	N	E	B						R	E	N	W	O
						M	T	S		R	E	I	W	O
						V	T	E	R	U	T	V	W	E
														P
			S	V	C	I	R	E	M	V				
S	S	E	T		U	O	D		S	K	C	V	R	
S	E	C	I		B	N	D		S	T	T	I	T	
E	D	V	H		E	G	V		T	O	B	O	R	
N	O	R			R	I	M			R	E	C	A	

ONLINE AD SUBMISSIONS
NOW AVAILABLE!

Advertising in the Whidbey Weekly
is an investment in your business
and your community.

Whidbey Weekly

PO Box 1398 • Oak Harbor • 360-682-8283 • www.whidbeyweekly.com

How'd you do?

2	7	8	4	3	9	5	6	1
3	1	5	2	6	7	4	8	9
9	4	6	8	5	1	2	3	7
5	3	2	7	4	8	1	9	6
4	8	7	9	1	6	3	2	5
1	6	9	3	2	5	8	7	4
6	2	4	1	9	3	7	5	8
8	9	3	5	7	4	6	1	2
7	5	1	6	8	2	9	4	3



NEED BRAKES?

WE CAN SAVE YOU UP TO \$250
ON BRAKE SERVICE
VERSUS OUR
COMPETITORS.
WARRANTIED
AT 30K
LOCATIONS
NATIONWIDE.



FULL SERVICE AUTO REPAIR

Star Service
Oil Change

\$69⁹⁵ Full Synthetic
\$59⁹⁵ Includes 4X4 & SUV

- ✓FREE Anti-Freeze & Fill
- ✓FREE Transmission & Fill
- ✓FREE Power Steering & Fill
- ✓FREE Brake Fluid & Fill
- ✓FREE Differential & Fill
- ✓FREE Transfer Case & Fill
- ✓FREE Windshield Washer Fluid & Fill
- ✓FREE Battery Fluid & Fill

- ✓NEW Oil & Oil Filter
- ✓LUBE Chassis
- ✓INFLATE Tires
- ✓VACUUM Interior
- ✓WASH Front & Rear Windows

- ✓Wiper Blade
- ✓Air Filter
- ✓Belts & Hoses
- ✓Headlights & Signal Lights

Flat Rate Auto Repair
only \$89⁹⁵ per hour

always
FREE ESTIMATES!

At Hilltop Service Center we only repair and replace parts that are needed. We will not oversell or install unnecessary parts. We are highly trained brake technicians, not high pressure sales people.

\$1*
Per gallon of Unleaded
Limited Time Only
*Ask for details

Most cars up to 5 qts. 5W20, 5W30, 10W30. Other grades extra. Some filters cost extra. Vehicles with Skid Plates may be extra. Plus \$1 Environmental Disposal Fee.

Diagnostic Scope & Scan

\$89⁹⁵

- Retrieving Codes
- Reset Check Engine Light
- Up to 1 Hour Diagnostic
- 12 month/12,000 mile warranty

Safety Inspection

\$89⁹⁵

Labor Includes

- Scope & Scan (Retrieving Codes, Reset Check Engine Light)
- Brake Inspection
- Tire Rotation
- Inspect Belts & Hoses
- Inspect Exhaust System
- Check Charging System
- Test Ignition Cables
- Tire Rotation & Balance
- Inspect Suspension
- Check all Fluids
- Test Anti-Freeze

Radiator Flush & Fill

\$89⁹⁵
starting at

Flushes Radiator, Engine Block, Heater Core & Hoses to -35° below.

Brake Flush \$89.95, Clutch Flush \$89.95, Power Steering Flush \$89.95, Front Diff Flush \$89.95, Rear Diff Flush \$89.95, Transmission Flush \$89.95, Transfer Case Flush \$89.95, Final Drive Flush \$89.95 Manual Transmission Flush 89.95

Computerized TUNE-UP Special

\$79⁹⁵* 4 cyl

- Check Compression
- Clean/Replace Spark Plugs & Air Cleaner
- Inspect/Replace Distributor Cap & Rotor
- Check Charging System

\$89⁹⁵* 6 cyl

***Plus Parts**

- Inspect Ignition Cables
- Scope & Scan
- Adjust Timing & Idle Speed
- Safety & Brake Inspection

\$99⁹⁵* 8 cyl

Brake Reline Special **FREE Brake Inspections**

2-Wheel Front Brake Reline or 2-Wheel Rear Brake Reline **starting at \$119⁹⁵**

DRUMS

- H Raybestos Brake Shoes
- Machine Drums
- Rebuild Wheel Cylinders
- Adjust Parking Brake
- Bleed & Adjust System
- Road Test Vehicle
- 3 Year or 26,000 mile Warranty

DISCS

- Install Raybestos Disc Pads
- Machine Front Rotors
- Repack Wheel Bearings
- Clean-Lube Sleeve & Bushings
- New Seals
- Bleed & Adjust System
- Road Test Vehicle
- 3 Year or 26,000 mile Warranty

LIFETIME BRAKE PARTS AVAILABLE
Most Cars - HD Shoes Semi-Metallic Extra

FALKEN TIRES

GAINING TRACTION. EARNING TRUST. DELIVERING EXCELLENCE.

WILDPEAK M/T
MAXIMUM OFF-ROAD TRACTION BUILT FOR THE TOUGHEST TERRAIN

WILDPEAK A/T3W
ALL-TERRAIN, ALL-WEATHER RUGGED CAPABILITY

WILDPEAK A/T TRAIL
RUGGED CROSSOVER CAPABILITY ENGINEERED FOR ADVENTURE

WILDPEAK H/TO2
RUGGED ALL-SEASON DURABILITY BUILT FOR TODAY'S PICKUP TRUCKS

AZENIS RT660
PEAK PERFORMANCE INSPIRED BY ENTHUSIASTS

AZENIS RT615K+
COMPETITION-PROVEN PERFORMANCE FOR ENTHUSIASTS

AZENIS RFK510
SUMMER ULTRA HIGH PERFORMANCE

HILLTOP AUTO SERVICE • 360-675-7011
826 S.E. MIDWAY BLVD • OAK HARBOR • SERVING WHIDBEY ISLAND SINCE 1957