

September 26, 2025 - October 2, 2025

FREE

# Whidbey Weekly

Your Source For "What's Happening" On Whidbey Island

Locally Owned • Locally Operated

NEWS • BITS • WHATS GOING ON • PUZZLES

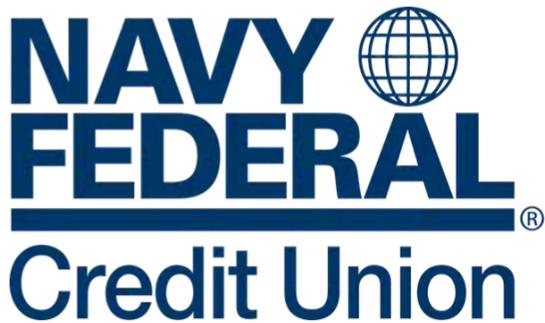
COLUMNISTS • CLASSIFIEDS



## Habitat for Humanity<sup>®</sup> of Island County

# UP CYCLE-IT 2025

SPONSORED BY



**September 27th  
11:30am-2:30pm  
Oak Harbor Elk's Lodge  
Silent and live auction!  
Delight in expertly  
crafted hors d'oeuvres  
by the beloved,  
family-owned Zanini's,  
a local favorite!**

**BUILDING  
FUTURES WITH  
CREATIVITY**



**Purchase your tickets today  
and join us at Habitat for  
Humanity of Island County's 4th  
Annual Up Cycle-It Auction!**



[islandcountyhabitat.org/up-cycle-it/](https://islandcountyhabitat.org/up-cycle-it/)



## THE ISLAND COUNTY HISTORICAL SOCIETY PRESENTS 2025 ANNUAL FALL GALA CELEBRATION

# Peace, Love, & Island Music

GUESTS OF HONOR

★ **CYNTHIA & LARRY MASON** ★

FOUNDERS OF THE OAK HARBOR MUSIC FESTIVAL

**OCTOBER 4, 2025**

**4:00 PM MIX & MINGLE**

**5:00 PM DINNER**

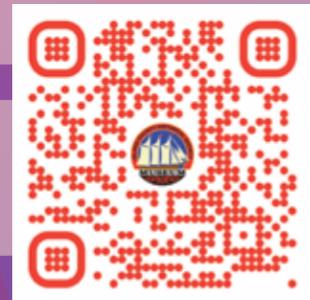
**6:00 PM AUCTION**

**OAK HARBOR ELKS LODGE**

**155 NE ERNST, OAK HARBOR, WA 98277**

**TICKETS: \$90**

[WWW.ISLANDHISTORY.ORG/AUCTION-2025](http://WWW.ISLANDHISTORY.ORG/AUCTION-2025)



**PURCHASE TICKETS ON OUR WEBSITE  
OR AT THE COUPEVILLE MUSEUM FRONT DESK**

**908 NW ALEXANDER ST  
COUPEVILLE, WA 98239**



# BITS & PIECES

## FSIS ISSUES PUBLIC HEALTH ALERT FOR READY-TO-EAT TURKEY WRAP PRODUCT DUE TO POSSIBLE LISTERIA CONTAMINATION

The U.S. Department of Agriculture's Food Safety and Inspection Service (FSIS) is issuing a public health alert for a ready-to-eat (RTE) turkey wrap product due to concerns that the product may be contaminated with *Listeria monocytogenes*. A recall was not requested because the affected product is no longer available for purchase.

The RTE turkey wrap product was produced on September 10, 2025. The following product is subject to the public health alert [view sample labels]:

10-oz. clear plastic clamshell packages containing "TRADER JOE'S TURKEY GOBBLER WRAP" with "BEST BY SEP 16, 2025."

The product bears establishment number "P-1644" inside the USDA mark of inspection. This item was shipped to Trader Joe's retail locations nationwide.

The problem was discovered when the establishment notified FSIS that food contact surface samples associated with this product tested positive for *Listeria monocytogenes*.

There have been no confirmed reports of adverse reactions due to consumption of this product. Anyone concerned about an illness should contact a health care provider.

Consumption of food contaminated with *L. monocytogenes* can cause listeriosis, a serious infection that primarily affects older adults, persons with weakened immune systems, and pregnant women and their newborns. Less commonly, persons outside these risk groups are affected.

Listeriosis can cause fever, muscle aches, headache, stiff neck, confusion, loss of balance and convulsions sometimes preceded by diarrhea or other gastrointestinal symptoms. An invasive infection spreads beyond the gastrointestinal tract. In pregnant women, the infection can cause miscarriages, stillbirths, premature delivery or life-threatening infection of the newborn. In addition, serious and sometimes fatal infections can occur in older adults and persons with weakened immune systems. Listeriosis is treated with antibiotics. Persons in the higher-risk categories who experience flu-like symptoms within two months after eating contaminated food should seek medical care and tell the health care provider about eating the contaminated food.

FSIS is concerned that some product may be in consumers' refrigerators. Consumers who have purchased this product are urged not to consume it. The product should be thrown away or returned to the place of purchase.

Media and consumers with questions regarding the public health alert can contact Trader Joe's Customer Relations at 626-599-3817, on Monday through Friday from 6:00 am to 6:00 pm Pacific Time.

Consumers with food safety questions can call the toll-free USDA Meat and Poultry Hotline at 888-MPHotline (888-674-6854) or send a question via email to MPHHotline@usda.gov. For consumers that need to report a problem with a meat, poultry, or egg product, the online Electronic Consumer Complaint Monitoring System can be accessed 24 hours a day at <https://foodcomplaint.fsis.usda.gov/eCCF/>.

NOTE: Access news releases and other information at FSIS' website at <http://www.fsis.usda.gov/recalls>.



## ShakeOut Earthquake Drill set for Oct. 16; includes webinars and online discussions in weeks before



On Oct. 16, students, families and folks in businesses will drop, cover and hold on for the Great Washington ShakeOut, part of the country's largest earthquake drill. The event also includes a tsunami siren test and evacuation drills in some schools.

Leading up to ShakeOut Day will be chances to interact with scientists and preparedness experts.

At 10:16 a.m. on Oct. 16, you're invited to drop, cover and hold on wherever you are – whether it's at work, home or school. Practicing builds muscle memory for when the real earthquake comes. We created a drill recording to help with the experience. At about the same time, more than 120 Washington tsunami sirens along the inner and outer coast will be tested using the real wailing sound of a tsunami warning, not the Westminster Chimes that are typically used during the monthly tests.

### PLEASE DO NOT CALL 911.

This year's ShakeOut theme is "Be Alerted." There are many different ways to get important emergency alerts. Besides the tsunami sirens, those who have downloaded the free MyShake Earthquake Early Warning App on their phones will also get a test. Sirens related to the Columbia Generating Station will be tested in the Tri-Cities areas and some local jurisdictions will test their reverse 911 and opt-in text alerts. NOAA Weather Radios will also sound an alarm. To make sure you're signed up for alerts, visit <https://mil.wa.gov/alerts>.

There WILL be a test of the Emergency Alert System on radio and television this year.

The Wireless Emergency Alert text system on cell phones will NOT be tested. Lahar sirens in Pierce County will also not be tested.

More than 1 million Washington residents have registered to participate in the earthquake and tsunami drill so far. Registration isn't required but it helps us with understanding how effective our outreach is. It's also free and easy to register at <https://www.shakeout.org/washington>

### EVENTS

**FREE Webinar:** Noon, Wednesday, Oct. 1. Join our hazard and preparedness experts as they discuss the science behind earthquakes and tsunamis, their potential impacts, and what to expect when they happen. Most importantly, the team will provide insights on what you can do to prepare, and how to keep yourself and your family as safe as possible when these events occur someday. Reserve your spot using this link.

**A Reddit Ask-Me-Anything session** with scientists and preparedness experts is slated to go from 11 a.m. to 1 p.m., Oct. 9, 2025. A free Reddit account is needed to participate, but not to read the responses. Follow this account to be notified when the session is live.

In October, we will send a separate advisory about a school where media will be able to take video and conduct interviews in the Seattle area. If you're not in the Seattle area, locate a local school, business or agency participating using this searchable database.

**KEEP THIS NEWSPAPER GOING  
CONTRIBUTE TODAY!**

Whidbey Weekly

**WHIDBEY WEEKLY**  
PO BOX 1398, Oak Harbor, WA 98277

Thank you for supporting these *always free* community newspapers.  
Coming soon, new looks, more content, and more resources for you!



Scan Here to make a one-time donation to our community newspaper. **Thank you!**

**CHEF IN THE BLACK BANDANA**

**FALL CATERING NOW AVAILABLE**

Celebrations  
Cocktail Hours  
Fundraisers  
Holiday Parties  
Meetings  
Retirement  
Themed Dinners

[chefintheblackbandana.com](http://chefintheblackbandana.com)  
360-682-5448

PHONE: 360-682-8283 WHIDBEYWEEKLY.COM

Whidbey Weekly  
LOCALLY OWNED & OPERATED

Publisher.....Samantha Goodman  
Editor.....Jacob Goodman

### CONTRIBUTE TO WHIDBEY WEEKLY

PRESS RELEASES.....editor@whidbeyweekly.com  
ADS & WHAT'S GOING ON.....advertise@whidbeyweekly.com  
OBITUARIES.....obituaries@whidbeyweekly.com  
OUR COMMUNITY.....hmosbrooker@icloud.com  
CLASSIFIEDS.....classifieds@whidbeyweekly.com  
PUBLISHER.....samantha@whidbeyweekly.com  
CIRCULATION.....jacob@whidbeyweekly.com

Contributing Writers  
**Jim Sovanski**  
**JoAnn Hellmann**  
**Merrick Parnell**

Contributing Columnists  
**Helen Mosbrooker**  
**Charles LaFond**  
**Tracy Loescher**  
**Noa**  
**Island County Historical Society Museum**  
**Whidbey Veterans Resource Center**

**Samantha Goodman**  
**Jacob Goodman**

Volume 17, Issue 39 | © MMXXV Whidbey Weekly

**PUBLISHED** and distributed every week. No part of this publication may be reproduced without the written consent of the publisher. The Whidbey Weekly cannot be held responsible for the quality of goods or services supplied by advertisers in this publication. Articles, unless otherwise stated, are by contribution and therefore the Whidbey Weekly is not in a position to validate any comments, recommendations or suggestions made in these articles. **Submitted editorial is NOT guaranteed to be published.**

**DEADLINES:** The Whidbey Weekly is a submission based editorial with contributing writers. Please feel free to submit any information (please limit to 200 words) that you would like to share with the Whidbey Weekly. You may submit by email to editor@whidbeyweekly.com, postal mail to PO BOX 1398, Oak Harbor, WA 98277, check back in next week's issue. **Submitted editorial is NOT guaranteed to be published.** Deadline for all submissions is one week prior to issue date. For more information, please visit [www.whidbeyweekly.com](http://www.whidbeyweekly.com).





# UP CYCLE-IT 2025

SPONSORED BY



September 27th  
11:30am-2:30pm  
Oak Harbor Elk's Lodge  
Silent and live auction!  
Delight in expertly  
crafted hors d'oeuvres  
by the beloved,  
family-owned Zanini's,  
a local favorite!

**BUILDING  
FUTURES WITH  
CREATIVITY**



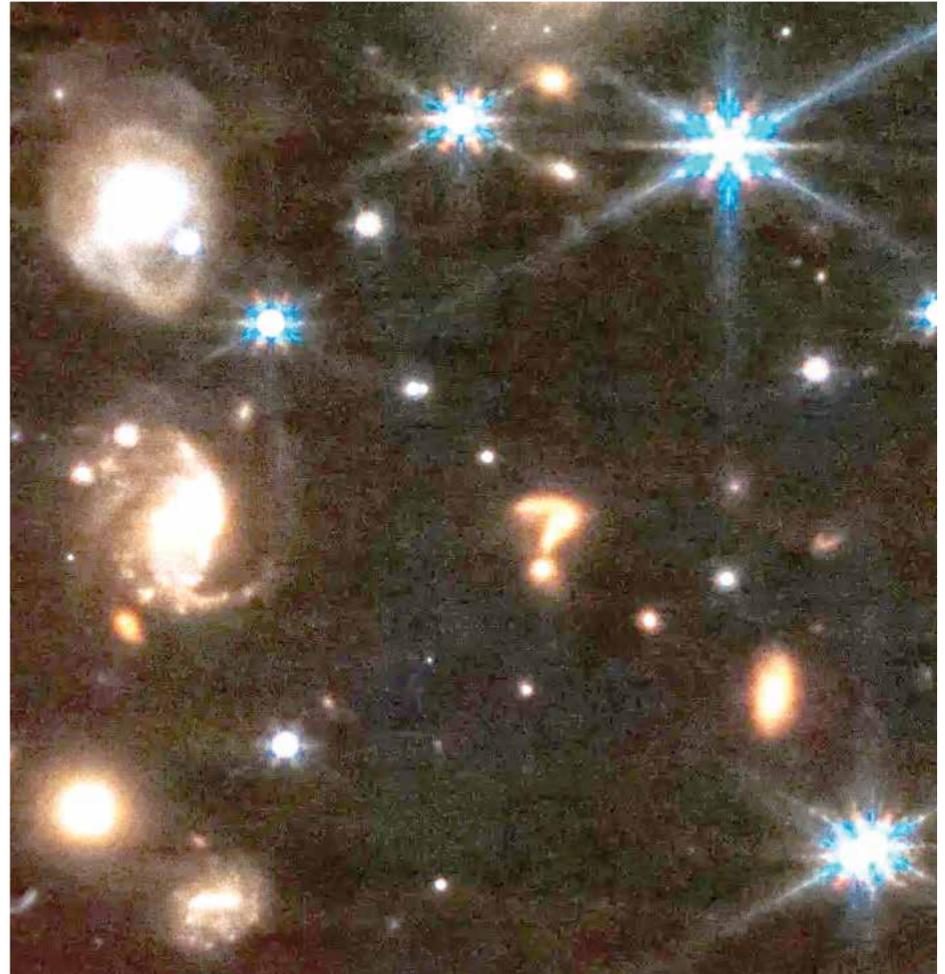
Purchase your tickets today  
and join us at Habitat for  
Humanity of Island County's 4th  
Annual Up Cycle-It Auction!



[islandcountyhabitat.org/up-cycle-it/](http://islandcountyhabitat.org/up-cycle-it/)

## The Sun, the Moon, the Stars and Me?

by JoAnn Hellmann



Remember the song "We are all made of stars" by Moby? Even astronomer Carl Sagan said we are made of "star stuff" because humans are largely made of the elements forged in stars. Meaning that the atoms in our bodies, like carbon, nitrogen, and oxygen, were forged in the interiors of past stars and supernovae explosions. His statement emphasizes that the fundamental elements making up all living things originate from celestial bodies. But do the stars guide us? The Sun shapes the structure of the day and the seasons, the Moon influences the ocean's tides and eclipses turn the sky dark. No wonder people throughout history have wondered if the planets' positions could also influence human life on Earth. Although astrology has no scientific validity, astrological beliefs have impacted human history and helped to drive the development of astronomy.

I'm not a strong believer of astrology but I do dabble. Just for fun I once anonymously (signed Curious) submitted my place of birth, date and time along with the following to a local astrologer: Dear Astrologer, I saw in a recent column you noted that Rising Sign and Moon always trump Sun in defining a personality. Makes me wonder what that says about my personality. Perhaps knowing will help me sleep better. :P

Dear Curious,

Our Rising Sign is the dominant impression people get from us at first meeting. Your rising sign, and the dominant impression of your letter, is quintessential Leo. "Let's have fun; let's talk about me! I acknowledge you; you're important too, but let's not forget about me! :P"

Google says :P is "Sticking out one's tongue in a spirit of playful mockery." It is also a very Leo expression, saying: "Appreciate me and I'll appreciate you ten-fold, 'cause I'm that warm and generous and giving." Leo lights up the room merely walking into it. Leo delights in turning heads and will reward your attention by beaming brighter. Who could not love sunny Leo?

Our Moon defines how we feel within ourselves. Your Moon is that slice of Capricorn known to the ancients as Uttara-Ashadha. By this we know you to be a social person, with emphasis on the quality of your social connections. Yours are deep and meaningful friendships, alliances and associations that contribute to your successes, which are probably numerous. Leadership traits are likely, along with focus, determination and power.

Our Sun describes our essence. Your essence is Scorpio. The Scorpio way is to dive deep and never mind the chit-chat. Scorpio is silent, brooding and mysterious; an intensity that backs timid people away. More delicate types confuse Scorpio's intensity with anger. Scorpio's loves are sex, psychology, the occult and similarly deep and transformative subjects.

Now that you know the categories, how much of your personality comes from your Scorpio Sun and how much from your Moon and Rising Sign?

Sleep on it and let us know. ;-)

My first thought was "That's so me!" But then I remembered from my college psychology days the Barnum Effect: the tendency to accept vague, general personality descriptions as if they were specific and accurate for oneself, named after showman P.T. Barnum, who was known for his crowd-pleasing, broad statements. So I asked a couple of friends what they thought. They both independently agreed with the reading. One said "That's pretty much you!" The other: "That is so you, you married a man with Leo as his middle name."

Well, that confirmation is called the Bandwagon Effect. But you know what? I know me and even without others' validation, I gotta say that analysis, while not 100% (nor did it get into the fault in my stars), wasn't too far astray. ;)

THE WHIDBEY PLAYHOUSE COMMUNITY THEATRE PRESENTS

# Calendar Girls

Written by Tim Firth

Based on the Miramax Motion Picture  
by Juliet Towhidi and Tim Firth

Sept. 5-28  
Fridays 7:30 p.m.  
Saturdays 7:30 p.m.  
Sundays 2:30 p.m.

Directed, by Sarah Jaye Gallella  
Produced, by Amy Jones

"Calendar Girls" is presented by  
arrangement with Concord Theatricals  
on behalf of Samuel French, Inc.  
[www.concordtheatricals.com](http://www.concordtheatricals.com)

WHIDBEY PLAYHOUSE  
Tickets and Box Office: 360-679-2237  
730 SE Midway Blvd., Oak Harbor  
[www.whidbeyplayhouse.com](http://www.whidbeyplayhouse.com)

# What's Going On!

## AN OUTCAST PRODUCTIONS: THE CARETAKER

Friday, Sept. 26  
OutCast Black Box Theater, Camano Avenue, Langley  
7:30 to 9:30 p.m.

\$20 adult, \$17 student/senior

Harold Pinter's "The Caretaker" explores the fragile balance of trust and betrayal when Aston offers the down-and-out Davies a place to stay, only for power struggles and shifting loyalties to unfold between Davies and Aston's brother, Mick. Directed by Dan Christiaens and Robert Sindelar.

## FINAL SHOWINGS: WHIDBEY PLAYHOUSE PRESENTS CALENDAR GIRLS

Fridays and Saturdays, 7:30 p.m.; Sundays, 2:30 p.m., through Sept. 28  
Whidbey Playhouse,  
730 SE Midway Blvd., Oak Harbor

This heartwarming comedy tells the true story of women who take an unconventional approach to fundraising by creating a tastefully daring calendar. A story of friendship, courage, and embracing life, Calendar Girls will have you laughing and cheering. Reserved seating \$25. For tickets, call the box office at 360-679-2237.

## FALL ART WALK

Saturday, Sept. 27, 2-5 p.m.  
Historic Downtown Oak Harbor

Spend the afternoon strolling downtown, meeting artists, and watching live art demonstrations while you shop and dine. Participating merchants include A Vintage Affair, Artists Lounge, Barrington's Irish Bar and Grill, Blooms & Bites, Garry Oak Gallery, Lotus Tea Bar & Studio, Mad Batter Bakehouse, PNW Vibes Market, Varner Candle Co., Whidbey Island Crafter's Market, Whidbey Leaf & Vine, Wild Ophelia's, and more.

Hosted by Oak Harbor Main Street.

## OAKTOBERFEST PUB CRAWL

Saturday, Sept. 27, 2 to 8 p.m.  
Downtown Oak Harbor – meet at the Kraken Statue across from Lava Louie's Pizza

Celebrate Oaktobefest with the Good Vibe Tribe. Dress in your dirndl and lederhosen for a group photo at 2 p.m. before beginning the crawl at Lava Louie's Pizza. Stops include Orlando's Southern BBQ, China Harbor Restaurant, Barrington's Irish Bar and Grill, Riverside Cafe & Lounge, The Tippy Jellyfish, Noe Jose Café, Sweet Rice Thai Cuisine, Off the Hook, and Kraken's Cove.

## 4TH ANNUAL UP CYCLE-IT

Saturday, Sept. 27, 11:30 a.m. to 3 p.m.  
Elks Lodge, 155 NE Ernst St., Oak Harbor

Join Habitat for Humanity's annual Up Cycle-It Contest and Auction Fundraiser, where creativity meets community impact. Artists, DIYers, and first-timers are invited to transform discarded items into one-of-a-kind pieces, showcased in a community auction. Proceeds support affordable housing in the community.

## BACH IN MOTION

Sunday, Sept. 28  
Fort Casey Barn, 556 Fort Casey Road, Coupeville  
3 to 4:30 p.m.

\$39.19 general admission; free for students

Whidbey Island Music Festival presents a vibrant recital bringing solo baroque violin music to life with choreography by Anna Mansbridge. Tekla Cunningham performs works by Telemann, Melia Watras, and J.S. Bach's d minor partita, accompanied by lute interludes from John Lenti. Dancers Tshedzom Tingkhye and Alejandro Frederickson embody the emotional depths of Bach's Ciaccona. Experience this unique performance in the rustic setting of a Washington State Heritage Barn. Doors open at 2:30 p.m. Limited seating.

## WHIDBEY ALLIED ARTISTS ART SHOW AND SALE

Friday through Sunday, Oct. 3-5  
Coupeville Recreation Hall, 901 NW Alexander St., Coupeville  
Friday and Saturday 10 a.m. to 5 p.m., Sunday 10 a.m. to 4 p.m.

Free admission

Discover a wide variety of artworks from local island artists including watercolors, quilts, oils, glass, pottery, ceramics, mixed media and more. This is a perfect opportunity to find unique holiday gifts or something special for yourself. Enjoy the art, then explore nearby restaurants and the charm of downtown Coupeville.

## FLYING FINGERS DEAF AND HOH SOCIAL

Friday, Oct. 3, 5:30 p.m.  
Langley United Methodist Church, Fireside Room (Third Street and Anthes Avenue)

A casual gathering for Deaf, hard-of-hearing, and ASL learners. Enjoy conversation, practice sign language, and share some treats. Follow posters to the Fireside Room at the back of the church. For details, contact Susan at sisolei973@yahoo.com.

## DIA DE FIESTA – HISPANIC HERITAGE FESTIVAL

Saturday, Oct. 4  
Historic Downtown Oak Harbor,  
SE Pioneer Way  
11 a.m. to 5 p.m.

Free

Celebrate Hispanic culture at the third annual Dia de Fiesta Hispanic Heritage Festival. Enjoy live music, authentic food, merchandise, and performances. Vendors will feature Hispanic food products and goods. Fun for all ages and a vibrant way to honor local heritage. Vendor applications and general liability insurance are required for participants. For details, visit oakharbormainstreet.org.

## OKTOBERFEST

Saturday, Oct. 4  
Greenbank Farm, 765 Wonn Road, Greenbank  
Noon to 6 p.m.

\$20 presale, \$25 at the door, 21 and over

Experience Oktoberfest at the Greenbank barn transforms into a traditional German beer hall with music by the Oompah-sters, Puget Sound Alphorn Society, and accordionist David Locke. Enjoy local craft beer, imported German beer, cider, brats, hot dogs, pretzels and Bavarian pizza. Contests include sausage toss, nail hitting and stein lifting. Proceeds support Saratoga Orchestra's education and enrichment programs. Tickets and information at sowhidbey.com or 360-929-3045.

## Blue Ribbon Cleaning Co.



Cleaning a home is exciting, when WE clean it for YOU!

### Our Services Include:

- ✓ Residential Cleaning
- ✓ Office Cleaning
- ✓ Deep Cleaning
- ✓ Move-in/Move-out
- ✓ Post-Construction
- ✓ Routine Cleaning

- Locally Owned + Operated
- Green Products on Request
- Flexible Scheduling
- Licensed and Insured
- Screened + Trained Professional Staff



**Call now!**  
**(360) 728-0496**



blueribboncleaningco@gmail.com  
blueribboncleaningcompany.com

## Now Showing!

Friday, Sept. 26- Sunday, Sept. 28

## Demon Slayer Infinity Castle (R) & Caught Stealing (R)

**Box office, Snackbar, Arcade & Tavern open at 4pm.**  
**First movie starts at 7pm.**  
**11 & OVER \$6.50\* KIDS 5-10 \$1.00\* 4 & UNDER FREE \*CASH PRICES**  
**GO KARTS CLOSED FOR THE SEASON**  
**1403 N MONROE LANDING RD • OAK HARBOR**  
**360-675-5667 • www.bluefoxdrivein.com**

## Imagination Cove

### Children's Museum

WHERE PLAY & LEARNING THRIVE

Mala Sooknanan

Jaylynn Sybrant

**INDOOR PLAY - PARTY SUPPLIES - YARD CARDS - BALLOON BAR**  
**CRAFTS - STEM KITS - USBORNE BOOKS - CUSTOM APPAREL & DECOR**  
**230 SE Pioneer Way, Oak Harbor, WA 98277 360-246-4676**

SERVING OUR WHIDBEY COMMUNITY FOR 20 YEARS AND COUNTING

## Whidbey → SeaTac Shuttle & Charter

BOOK YOUR WINTER BREAK TRAVEL NOW



Direct Nonstop Service Between Whidbey Island & Seatac International Airport

360.679.4003 | www.seatacshuttle.com

**OAK HARBOR CINEMAS**  
1321 SW Barlow St • Oak Harbor • 360-279-2226  
Book A Party or Special Showing 360-279-0526  
Book online: oakharborcinemas.com

**Regular Seats ONLY \$8 For All Showtimes**

**NOW SHOWING**

FRIDAY SEP 26 - THURSDAY SEP 2 (CLOSED MONDAY & TUESDAY)

**ONE BATTLE AFTER ANOTHER (R)**  
1:30 PM & 7:00 PM

**GABBY'S DOLLHOUSE: THE MOVIE (G)**  
2:00 PM, 4:10 PM & 7:30 PM

**DEMON SLAYER (DUB) (R)**  
1:45 PM

**THE SENIOR (PG)**  
7:15 PM

**COMING SOON:**  
10/3 "TAYLOR SWIFT - THE OFFICIAL RELEASE OF A SHOWGIRL"  
10/10 "TROY:ARES"  
10/17 "GOOD FORTUNE"





# ANDY'S ISLAND TRACTOR WORKS

## Serving Island County

Specializing in professionally operated  
equipment for any projects you may have!

### INCLUDING:

- General lot/driveway grading/clean up
- Gravel driveway repairs
- Drainage repair
- Brush clearing and removal
- Tree and stump removal
- Trenching

**FREE ESTIMATES**

Licensed • Bonded • Insured

**360-544-2381**



Whidbey Veterans Resource Center's mission is to connect, educate, and serve Veterans, their families and communities.

### Navigating VA Disability Benefits System Part 1 of 3

Advocating for my husband, Robert, to receive Disability Benefits was an eye-opening experience. Thankfully, the Benefits Specialist at Whidbey Veteran Resource Center (360-331-8081) and VA representatives (1-800-827-1000) were available to assist during the process. I will share what I learned from the experience over three WVRC columns.

First Step. Do this first! Submit an 'Intent to File a Claim' for Compensation and/or Pension or Survivors Pension and/or DIC form 21-0966. You can do this over the phone, which is easiest and gets the claim established at 1-800-827-1000. VBA Customer Service. Follow the prompts and a person answers – M-F 8am – 9pm ET; 5am – 5pm PT.

Or online at <https://www.va.gov/disability>. The date of the submission establishes the date when retroactive Disability Benefits are calculated upon approval of your claim. Make sure the form is signed and dated. \*Intent to File is good for one year but don't wait!

Second Step: Have available photo ID, a cell phone with camera or high-resolution digital camera for photographing your ID, a computer, a printer and an email account. Computers and printers are available at Sno-Isle libraries if you don't have either. Temporary day use passes are issued by librarians if you don't have a library card. Up to \$7.00 worth of prints (that's 70 black and white copies) are free per library patron each week.

Third Step. Establish an account at Login.gov. This is where the cell phone or digital camera comes into play. Follow the account instructions to take photos of your ID and upload as instructed. When you complete the account application a Key (an alpha-numerical designation) is generated. Take a screenshot and/or print out of the Key. Keep the printout in a safe accessible place in case you need to refer to it in the future.

Fourth Step. Determine the primary condition for your disability claim. If you are unsure talk to a disability claims assistant (WVRC 360-331-8081). Let the claim assistant

know when you served, where you served and of any accidents / experiences / conditions that required an infirmary visit. If you aren't clear if it's in your record you can use form 'Statement in Support of a Claim' to write it in the correct VA form. Tell the assistant about all health or mental health issues you are currently experiencing. And I do mean all issues no matter how embarrassed you may feel speaking about it. Exposures to chemicals during military service in the past may be the cause of your present health issues. Exposure can determine your eligibility and rate for disability payments. Submit the claim for your conditions through the online process (assistance available through the WVRC) Or on paper form 21-526EZ Application for Disability Compensation and Related Compensation Benefits. Make sure the form is signed and dated.

The VA will acknowledge receipt of your application for VA benefits. They will send you a letter with your claim file number. Keep this number handy because all future claim correspondence will require it. VA requests you "Please put your VA file number on the first page of every document you send us".

Fifth Step. File Authorization to Disclose Information to the Department of Veterans Affairs form 21-4142. This is a general release of information to back up your claim. Make sure the form is signed and dated.

Sixth Step. Even with a release it is important to get a pdf electronic copy of all your medical records! Get your documents or pdf from any non-VA providers – this includes 'community care', urgent care notes, specialty care, ER records, all records related to your conditions. Having the VA get your records is not the best way – a 'Fully Developed Claim' is processed more expeditiously – records substantiate the claim. VA is doing more online, benefits specialists are available through WVRC, Island County Veterans Assistance and other Veterans organizations.

The paper process takes longer but is still available. File a 'General Release for Medical Provider Information to the VA form 21-4142a. List all private and public facilities that have the veteran's medical records. Make sure the form is signed and dated.

Seventh Step. Request military medical and personnel records. All states: submit Standard Form (SF) 180, "Request Pertaining to Military Records," or use the online eVetRecs system on the National Archives website (archives.gov). This requires login.gov or id.me profile set up.

I'm a hard copy kind of gal so I make copies of all forms at a Sno-Isle library. If you file online, you get confirmation you can print and keep copies of all the uploaded claim support documents. Now take a deep breath and be patient as your claim for disability benefits proceeds.



Hearing Health Services  
Hearing & Balance Center

KEEPING YOU  
CONNECTED TO WHAT  
MATTERS MOST



## Whidbey's Premier Audiology Clinic

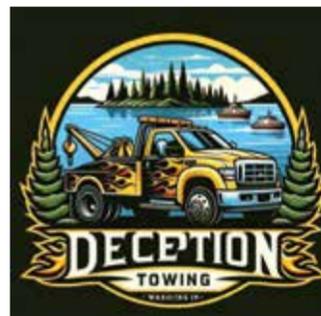
### Dr. Kristine Jarrell

Hearing Health Services utilizes state-of-the-art hearing aid technologies, a comprehensive array of services and the collective expertise of our experienced, empathetic multi-provider team to ensure hearing success when you're together with loved ones.

Discover the difference the latest hearing solutions can make in your daily moments.



20 NW Birch St., Coupeville, WA 98239  
(360) 678-1423  
[www.coupevillehearing.com](http://www.coupevillehearing.com)



**DECEPTION PASS  
TOWING**

**360-929-2862**

3063 OAK HARBOR RD · OAK HARBOR, WA 98277



## Autumnal Chills

BY CHARLES LAFOND  
ISLAND POTTER, AUTHOR, FUNDRAISER, AND WRITER

"Her mind lives tidily, apart  
From cold and noise and pain,  
And bolts the door against her heart,  
Out wailing in the rain."

This final stanza of Dorothy Parker's majestic poem "Interior" follows two previous stanzas about the "neat" and "quiet" room (figuratively and literally) in which she pretends to sit with perfect posies and straight vines.

But posies are never perfect. They are flowers that naturally tumble and nod in untidy ways. And what vine have you ever seen that was straight?

Her poem is about how we keep our worries inside, and then dress them up as lives calm and perfect, when actually, we are so often living messy lives full of insecurities, mistakes, betrayals, and fears.

And yet, Dorothy Parker ends with this stunning stanza in which her mind is seemingly kept safe from the cold, noise, and pain of life, by locking her own heart "out wailing in the rain" on the other side of a bolted door that she, herself, has bolted.

Fall can be so lovely with its browns, rusts, and burnt orange – its pumpkins, Whidbey rains, and apple pie. The familiar routines that follow summer's heat tumble into burdened calendars...Halloween, Thanksgiving, Black Friday, and winter holidays.

It is easy to bolt the door against our own hearts, with our own hands, leaving ourselves out in the rain of family conflicts, nightly news, rising prices, life-regrets and rumbles of national division.

So how do we lift our hand - unbolt that door to our own hearts?

I think the clue lies in the previous two lines of that final stanza:

"Her mind lives tidily, apart  
From cold and noise and pain,..."

The clue is not to live apart from one's own heart. The clue, I think, is to live an integrated life. The clue is to weave together the untidy and the tidy, the ordered and the disordered, the mistakes and the successes of life – letting go of the bolt, opening the door, so that our wounded selves can come in from the rain and be held by us near the fires of our friends.

If you drive by my home at night, you will see that in all six windows of my home, tucked back in a forest of cedar trees, I have electric candles burning from 8:00 until midnight. This is a custom I took from my parents, who took it from theirs, who took it from theirs. We keep candles in our windows for those caught in dark storms, literal and figurative, outside, in the cold, even if sometimes we are the very ones lost and cold.

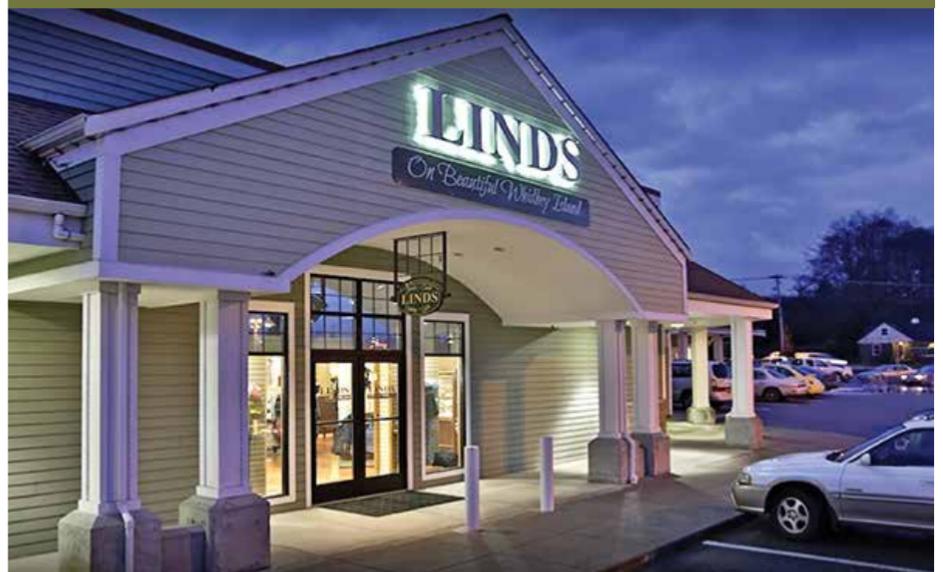
# CUSTOM JEWELRY DESIGN



Let Linds Goldsmiths  
help you design the  
jewelry of your dreams.



Pat and Carrie  
are here to help you.



1609 E. Main St • Freeland • 360-221-6111  
[www.lindswhidbeyisland.com](http://www.lindswhidbeyisland.com)  
Monday-Saturday 10-5, Closed Sunday

SOUND DIALECT PRESENTS

# THE LAB

SPONSORED BY  
CLICK MUSIC  
Whidbey Weekly

**1ST SAT OF EVERY MONTH | 03 - 06 PM**

LOCATION:  
CLICK MUSIC  
1330 SW BARLOW ST B  
OAK HARBOR, WA 98277

GOT A SONG IDEA THAT NEEDS SUPPORT?  
CRAVING THE ENERGY OF COLLABORATING  
LIVE? THE LAB IS YOUR CHANCE TO CONNECT  
WITH FELLOW ARTISTS AND BRING YOUR  
CONCEPT TO LIFE. JOIN US IN AN INSPIRING  
SPACE WHERE CREATIVITY THRIVES. STEP OUT,  
PLUG IN, AND LET'S CREATE TOGETHER!

FREE ALL EXPERIENCES LEVELS INSTAGRAM: SOUND DIALECT

WWW.SOUNDSPORTSNET.COM



BROADCASTING  
REGIONAL  
HIGH SCHOOL  
AND COLLEGE  
SPORTS



Stream opens 60 minutes before all sports

Friday, September 26 at 7:00 p.m.

WESCO Football

Sedro Woolley at Oak Harbor

Tuesday, September 30 at 7:00 p.m.

NWC Girl's Soccer

SEHOME at Oak Harbor

Thursday, October 2 at 7:00 p.m.

NWC Volleyball

Mount Vernon at Oak Harbor

Friday, October 3 at 7:00 p.m.

WESCO Football

MSVL-Getchell at Oak Harbor

www.soundsportsnet.com

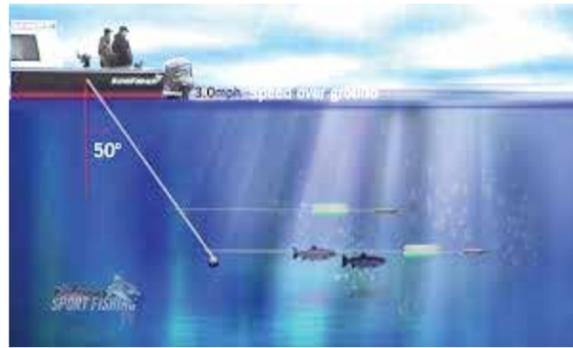


By Tracy Loescher

LAST CHANCE AT SUMMER SALMON

As October starts to push September out of the way, so rain and cooler weather has begun to push the salmon out of the saltwater and into the rivers. There is still the chance of finding a late straggler school, but the big swarming schools of pink salmon are gone. Saltwater coho should be on your RADAR right now, as they too will be quickly headed for their spawning rivers, good numbers of coho are being caught all along the West side of Whidbey Island from Possession Point to West beach near Deception Pass. The boats are reporting better catch numbers than the beach fishermen are, but they are still fish being caught for those willing to go the distance.

Eastern Bank, Salmon Bank, and Eagle Point have all been producing fish. Trolling your choice of colors in 3.5 or 4.0 inch spoons, Ace-Hi flies, and hoochie squids are all getting bit in the artificial category, 4 to 6 inch herring or anchovies in a helmet are also working for the bait fishermen. These choices are trailing behind a large flasher, green or red are always popular if you do not already have your own confidence colors. Coho are a little more unpredictable than chinook with regards to depth, coho will be anywhere from the surface jumping, down to 150 feet so use your electronics to help find the schools. If you are trolling more than one downrigger, stagger the depths until you hook-up then adjust accordingly.



Trolling speed for coho is fast, not tuna fishing fast but faster than chinook. 2.5 to 3.5 mph are good speeds to start with, and if you're not getting bit, bump your speed up a little more. I use a 45 degree angle (blow-back) on my downrigger cables to effectively fish for all chinook salmon, so I use a minimum of 45 degrees + for snappy coho.

< Example of downrigger cable angle (blow back).

The only good thing I can think of about the tail-end of the season is the fish are typically larger, later season runs can have 15 to 18 pound coho in the mix and when you hook into one, its game on! They hit hard and fight even harder.

I have had reports that the "Oak Harbor Salmon Recovery and Enhancement Program" coho (silvers) are here! Fishermen have reported seeing 10 pound coho jumping in and around the marina area, plus harbor seal activity is way up, they are in hot pursuit of the returning coho. The reports indicate that the fish are very finicky and can be difficult to get to bite, this is where we separate the great fishermen from the good fishermen. I would be prepared to show these difficult fish the "kitchen sink", everything from a Buzz Bomb to a gob of roe under a float, we have to get them to bite out of hunger or anger. The marina area is in Marine Area 8-1 and as it stands salmon season ends on October 13th so target these fish sooner than later. The recovery program has been established long enough now that we will see coho every year around this time so keep these fish in mind as a "backyard" opportunity.

Once the pinks and coho have committed to the rivers there will still be some good fishing into November or the end of the season whichever comes first. Tactics and gear will change to meet river conditions, Buzz Bombs will give way to spinners and rubber jigs to match the shallow waters. Rain will dictate how effective we can fish the rivers, a little water color (chocolate) can be good, it can help calm spooky fish but too much chocolate water makes it almost impossible to have a productive day of fishing, the fish have a hard time seeing the lures and are holding up and are tight lipped. If fishing the high dirty water is your only opportunity then fish close the banks edge, the water tends to be a little clearer here and that is where the majority of the biting fish will be.

Fish close to the shore during muddy water conditions. >



Chasing coho in the rivers is a blast, they are still great fighting fish and hold up well in the fresh water for a few months, pinks on the other hand start to soften and get mushy quickly. Lower river pinks can be firm and make great smoking fish but upper river pinks are best released back into the river to finish spawning.

< When the spawning pink salmon are this color it's best to release them.

I hope everyone got the chance to experience some great pink salmon fishing in the saltwater and also a shot at some coho this summer, remember it will be two years before we see pinks again. They only return on odd years to the Puget Sound. If you have any Oak Harbor coho sightings or updates I would love to hear from you to pass it along to the Oak Harbor Marina Staff who help make the recovery program possible. Here is my email tlfishmonger@gmail.com feel free to drop me a message or ask questions about the Coho program or fishing tips. Enjoy the last of the summer season and GOOD LUCK out there!

RAIN SHADOW NURSERY & HARDWARE  
FALL INTO GREAT DEALS...  
TOOLS, TREES & EVERYTHING IN BETWEEN  
107 S. MAIN STREET  
COUPE'S VILLAGE  
OPEN 10 AM - 5 PM  
360.678.9114

ONLINE AD SUBMISSIONS  
NOW AVAILABLE!

Advertising in the Whidbey Weekly  
is an investment in your business  
and your community.



Whidbey Weekly

PO Box 1398 • Oak Harbor • 360-682-8283 • www.whidbeyweekly.com



Readings by Noa

Astrology for Sept 26 - Oct 2 2025

Adjustment Week

This week, there are not many major planetary aspects. When this occurs, I like to look at the lunar aspects, which happen much more quickly, as the Moon changes signs every 2-2.5 days. Lunar aspects speak to the emotional atmosphere we might experience. Just as all astrological aspects are experienced uniquely by each individual, I would argue the Moon to be the most so, as it represents one's personal and inner life. This is a week of digesting the aftermath of the most recent new Moon solar eclipse that occurred on September 21, and the recent change of season, welcoming the Fall Equinox that occurred on September 22. Let yourself flow and feel into these adjustments. Things will be picking up speed very soon.

Early on **September 29**, the Moon in Sagittarius will square Saturn retrograde in Pisces at 27°. This aspect can be felt as emotional restriction or the need to feel into something serious. With a simultaneous trine to Chiron in Aries, there is a clue here that exploring hard feelings, being curious about boundaries, and looking deeper at feelings that arise today create progress in a much larger scale healing journey. Ask yourself serious questions today. Reflection.

On **September 29**, the Moon in Capricorn will first sextile Mars in Scorpio at 5° and then square the Sun in Libra at 7°. Emotional reflection is reiterated again. Moon sextile Mars will activate an emotionally driven conversation in a positive light. Here is where we glean some information about what actions to take and how we feel about them. However, we may not feel ready to act on our findings exactly in this moment, as the Moon then squares the Sun. Moon in Capricorn encourages that we slow down and take our time before acting out of just wanting something to be over with vs. steady maturity.

On **September 30**, the Moon in Capricorn will oppose Jupiter in Cancer at 22°. This is an aspect that is related to big feelings, eating our feelings and engaging with escapism. Jupiter magnifies all that it comes into contact with by aspect, and today that is our feelings. This does not need to be negative, however. Moon opposite Jupiter can indulge in positivity and joy just the same. Today, invite prudence and temperance. Check in with your own personal outlook. Balance is key. Watch for imbalanced generosity. Too much of a good thing may not always be a good thing.

On **October 1**, Mercury in Libra will square Jupiter in Cancer at 22°. The planet of communication is challenged by the planet of expansion and higher learning. This is a great transit for sharing ideas and enthusiasm, for learning and speaking, for inviting many perspectives and diving into their exploration - that is of course, if we find we are in like-minded territory. Mercury in Libra is skilled at seeing all sides to an issue and carrying out debate with great diplomacy. Jupiter in Cancer will expand rhetoric around home and country, nationalism, roots and heritage, etc. Our eagerness and optimism in discussion may be met with challenges. Also, we can be so moved to explore options that we create a more difficult time making a choice on something. Eager to speak and share, not so eager to listen deeply. Are you really listening?

Support a small and women-owned business!

Want a personal reading? I offer easy and potent mini readings - 30 min/\$80  
Visit [readingsbynoa.com](http://readingsbynoa.com) to book your session or gift a friend.  
Want personal access to my inbox?  
I now offer memberships for my Astro Ppl That Care!  
<https://buymeacoffee.com/readingsbynoa>



# 2ND ANNUAL COUPEVILLE HARVEST FAIR

OCTOBER 11, 2025 10 AM - 4 PM

ON THE COMMUNITY GREEN  
788 NW ALEXANDER ST, COUPEVILLE, WA

- HAYBALE MAZE
- PENNY CARNIVAL
- PUMPKIN PATCH
- FACE PAINTING

Presented By  
NORTH CENTRAL WHIDBEY FARMERS MARKETS

Like us on: facebook®

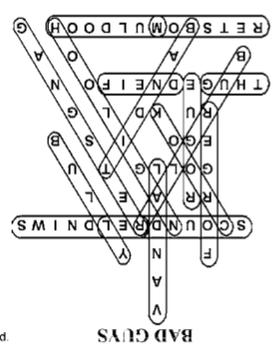
Whidbey Weekly

360-682-8283  
[www.whidbeyweekly.com](http://www.whidbeyweekly.com)

MAGIC MAZE ● BAD GUYS

X G C Z W T V Q N J G D A X U  
R O L J G D A A X V S P N K I  
F C A F X V N S Y Q O L J H E  
C S C O U N D R E L D N I W S  
A X V R R T A R E P L N L J H  
F D B G O L L G Y T X U V T R  
P O M E G O K I I G S E B D B  
Z X W R U U K D T L R G Q O N  
T H U G E D N E I F O L N J I  
G B F N I A L L I V D O C A A  
R E T S B O M U L D O O H Y G

- Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally  
Unlisted clue hint: THE BAD GUY IN A PLAY
- |         |          |           |          |
|---------|----------|-----------|----------|
| Bandit  | Fiend    | Hooligan  | Swindler |
| Bully   | Forger   | Mobster   | Thug     |
| Burglar | Gangster | Rogue     | Vandal   |
| Crook   | Hoodlum  | Scoundrel |          |



WEEKLY HOROSCOPES

**ARIES – Mar 21/Apr 20**  
Aries, your focus sharpens this week, especially on long-term goals. Take small, steady steps, and you'll feel momentum building quickly.

**TAURUS – Apr 21/May 21**  
Taurus, relationships are highlighted now. A conversation you've been putting off may finally unfold, leaving you with clarity and peace of mind.

**GEMINI – May 22/June 21**  
Gemini, it's easy to get scattered, but prioritizing will help you avoid stress. Tackle your most pressing tasks first, then let the rest follow.

**CANCER – June 22/July 22**  
Cancer, creative energy flows easily this week. Whether at work or home, you can find joy in making something beautiful or meaningful.

**LEO – July 23/Aug 23**  
Leo, your natural charm draws people in, but don't overcommit. Balance social energy with private downtime to recharge fully.

**VIRGO – Aug 24/Sept 22**  
Virgo, home and family matters take center stage. Focus on bringing order and comfort to your space—you'll feel more grounded as a result.

**LIBRA – Sept 23/Oct 23**  
Libra, your ideas are sharp and persuasive. This is a strong week for writing, teaching, or presenting—your words carry extra weight.

**SCORPIO – Oct 24/Nov 22**  
Scorpio, financial decisions come into play. Take a cautious approach, but know that one smart choice now can bring long-term stability.

**SAGITTARIUS – Nov 23/Dec 21**  
Sagittarius, a burst of confidence propels you forward. Take advantage of this energy to launch a new project or set something important in motion.

**CAPRICORN – Dec 22/Jan 20**  
Capricorn, you may prefer to work behind the scenes this week. Quiet effort pays off, and you'll soon be ready to step into the spotlight.

**AQUARIUS – Jan 21/Feb 18**  
Aquarius, teamwork feels especially rewarding now. Collaboration leads to innovative results, so don't shy away from group efforts.

**PISCES – Feb 19/Mar 20**  
Pisces, career or community recognition may come your way. Step up and take pride in what you've achieved—you've earned the attention.

# King Crossword

1	2	3	4		5	6	7		8	9	10	11
12					13				14			
15					16				17			
18							19	20				
			21		22	23		24				
25	26	27			28		29			30	31	32
33					34					35		
36					37					38		
		39	40			41		42				
43	44				45			46		47	48	49
50					51	52	53					
54					55					56		
57					58					59		

**CLUES ACROSS**

- 1 Antiquing aid
- 5 McCourt memoir
- 8 Alphabet quartet
- 12 Houston org.
- 13 "I love," to Ovid
- 14 Chaste
- 15 Floor cleaners
- 17 "Got it"
- 18 Plum relatives
- 19 Raw bar mollusk
- 21 Numbered rds.
- 24 "Eureka!"
- 25 River blockers
- 28 Rich soil
- 30 Prattle
- 33 Debtor's note
- 34 Elegance
- 35 Swiss canton
- 36 Golfer Ernie
- 37 Plucked instrument
- 38 Slightly
- 39 Brewed drink
- 41 Bygone jets
- 43 Jerry of the Grateful Dead
- 46 Part of 42-Across
- 50 Sweet sandwich
- 51 Nike slogan
- 54 Use a rotary phone
- 55 Santa -- winds
- 56 Part of Q.E.D.
- 57 "Maureen" singer
- 58 Abolish
- 59 Missile shelter

**CLUES DOWN**

- 1 Common conjunctions
- 2 Old France
- 3 Canadian gas brand
- 4 Critics, often
- 5 Eastern path
- 6 Little rascal
- 7 Mediocre
- 8 Gorilla-like
- 9 Work very hard
- 10 Manitoba tribe
- 11 Woodland grazer
- 16 Rockies hrs.
- 20 Candied veggies
- 22 First lady of scat
- 23 Flies high
- 25 Conk out
- 26 MSN rival
- 27 Highly-recommended book
- 29 Nile vipers
- 31 Football's Parseghian
- 32 eBay offer
- 34 Spiced 39-Across
- 38 Stage comments
- 40 Paris school
- 42 Stick with a kick
- 43 Pantheon members
- 44 Met melody
- 45 Slightly open
- 47 Actress Spelling
- 48 Iranian money
- 49 "Beetle Bailey" dog
- 52 Numerical prefix
- 53 Melancholy

**The Spats**



**YOUR GUESS IS AS GOOD AS OURS WEATHER FORECAST**

Fri, Sept 26 North Isle H-64°/L-50°	Sat, Sept 27 North Isle H-64°/L-55°	Sun, Sept 28 North Isle H-66°/L-54°	Mon, Sept 29 North Isle H-60°/L-54°	Tues, Sept 30 North Isle H-60°/L-51°	Wed, Oct 1 North Isle H-60°/L-49°	Thurs, Oct 2 North Isle H-62°/L-47°
South Isle H-66°/L-49°	South Isle H-68°/L-55°	South Isle H-65°/L-54°	South Isle H-61°/L-54°	South Isle H-63°/L-52°	South Isle H-61°/L-50°	South Isle H-64°/L-49°



# OUR Community

An Upbeat Question of the week

By Helen Mosbrooker

*What is the best compliment you have ever received?*



**Megan Macklin,**  
Oak Harbor

The best compliment(s) I have ever received have been the times that people have told me things that they don't typically share or talk about. It's an honor to be trusted enough, and to make people feel safe enough, to unburden themselves.



**Brennan Zwak,**  
Oak Harbor

We all have received compliments most genuine, some, well, perhaps overly generous; some are the culmination of great effort and others the result of choosing a certain shirt to wear. The best compliments I have received were not my own but those directed at my children. When a teacher, coach, or community member compliments them on their work ethic, compassion, or kindness, I am warmed within. I'm not foolish enough to take credit for my children's success, but I might pat myself on the back for managing to not sink their chances to thrive and develop into such wonderful young people. I can't think of a better goal than to help your children achieve independence, happiness, and their own goals. The compliments they or I receive on their character are among the most fulfilling that I have ever received.



**Casey Yeadon,**  
Oak Harbor

The best compliment I've received was from the grandmother of a student. I was a new teacher, and her grandson was repeating Kindergarten with me. His first year had been difficult. My goal was to make his second year the opposite. At the end of the school year, his grandmother sent me a card. She wrote about how much she appreciated all I'd done for her grandson. He enjoyed school. He excelled. His behavior improved. The card was filled with words of gratitude and joy, and I cried reading it.

As a new teacher, it was encouraging to see that I had made a difference and that I was a good teacher. Now, 14 years later, it still encourages me and reminds me how far a little kindness can go.

## Joyful Saying of the Week

Since you get more joy out of giving joy to others, you should put a good deal of thought into the happiness that you are able to give.

-Eleanor Roosevelt

Answer on page 11

# Weekly SUDOKU

						6	9	1
1				4	9	5	3	
	5		7		1	8		
		7	6	5				
4	9		3	8	7	2		6
8	6				4		5	3
					6	3		
		4		9	8		7	
5				2	3	9		8

DIFFICULTY THIS WEEK: ◆

◆ Moderate ◆◆ Challenging  
◆◆◆ HOO BOY!

© 2025 King Features Synd., Inc.



THANK YOU FOR READING WHIDBEY WEEKLY | REDUCE → REUSE → RECYCLE

# COMMUNITY BULLETIN BOARD

To place an ad, email [classifieds@whidbeyweekly.com](mailto:classifieds@whidbeyweekly.com)

## SERVICE DIRECTORY

### FIREWOOD

**Firewood**  
(360) 320-4316  
Cut, Split, Delivered  
and Ready to Burn

Your ad here.  
**\$12**  
For any sales  
or business  
listings.

Scan to post to our this board.  
Sell a car, buy some wood,  
announce an engagement,  
rent a house, or find a walking  
buddy.  
Posting is (mostly) free,  
donations are  
highly encouraged.



- The Publishers

### ESTATE SALE



**SALMAGUNDI FARMS**  
September 27th & 28th  
9am to 4pm  
Vintage tools, parts, and  
Supplies of all kinds.  
Furnishings, Antiques and  
Vintage Items.  
We buy Estates, Antique and  
Vintage Items -  
One Piece or A Lot.  
We accept Cash, Visa, MC,  
AMEX, Discover,  
or Checks if we know you.

**SALMAGUNDI FARMS**  
19162 SR 20  
COUPEVILLE WA, 98239  
CALL: 360-678-5888

### COMMUNITY EVENT

**BLESSING OF THE ANIMALS**  
Saturday, Oct. 4  
St. Augustine's in-the-Woods,  
5217 S. Honeymoon Bay  
Road, Freeland  
2 to 3 p.m.  
Free  
Celebrate St. Francis Feast  
Day with a compassionate  
blessing for pets and  
animals. Bring your leashed  
or caged pet to be blessed,  
or bring a photo or item  
if your pet cannot attend.  
A freewill offering of pet  
food for animals in need is  
appreciated but not required.  
For questions, call St.  
Augustine's at 360-331-4887.

### SERVICES

**CAREGIVER AND NURSING ASSISTANT FOR HIRE**  
Honest, Dependable, and Professional  
Contact Jackie - Text Or Call  
425-985-1659

**MEDICARE CONSULTATION**  
(360) 440-3334  
Call or Text

### FOR SALE

Firewood for sale. Two years seasoned. Alder \$225/cord, Fir \$285/cord. Delivered, (fee if north of Freeland.) **TEXT "WOOD" to 206-947-8078** with contact number you can be reached at. Thank you.

For Sale: Custom Cut Rough Sawn Beams. Any size and up to 20ft. in length. **TEXT "BEAMS" to 206-947-8078** with contact number you can be reached at. Thank you.

Firewood for sale Nice fir \$350/cord, cut, split & delivered to Oak Harbor & Coupeville (360)675-4490

### IN SEARCH OF

**Art, Antiques & Collectibles.**  
Cash paid for quality items.  
**Call or text 360-661-7298**  
Was your Dad or Gramps in Japan or Germany? I collect old 35 mm cameras and lenses. Oak Harbor. Call 970-823-0002

The Whidbey Weekly Van is toast. Do you have a replacement for us? Give us a call at 360-683-8283.

### RESOURCES

**Basic Food Benefits Community Services Office:** 275 Pioneer Way #201, Oak Harbor 877-501-2233

Food Banks:  
**Gifts From the Heart:**  
108 SW Terry Road  
Monetary donations, they should be sent to:  
PO Box 155, Coupeville 98239  
Distribution on 2nd and 4th Wednesdays, 2-5 p.m.

**Good Cheer:**  
2812 Grimm Rd., Langley 360-221-4868  
Mon-Fri, 10 a.m.-4 p.m.

**North Whidbey Help House:**  
1091 SE Hathaway St.  
Oak Harbor 360-675-0681  
Mon-Fri, 9 a.m.-4 p.m. (5 p.m. on Tues)  
Closed 12-1 p.m. for lunch

**Island Church of Whidbey**  
Soup Kitchen: 503 Cascade Ave., Langley 360-221-0969  
Tues & Thurs 11:30 a.m.-1 p.m.

**SPIN Café:** 1241 SW Barlow St., Oak Harbor  
Daily, 6:30 a.m.-5:30 p.m.

**St. Hubert's Catholic Church**  
Wednesday Soup Kitchen  
All are Welcome!  
11 a.m.-12:30 p.m.  
804 3rd St., Langley  
360-221-5303

Ask about our Thursday Dinner

**HUB After School:** 301 Anthes Ave., Langley 360-221-0969  
Food and activities for middle and high school youth. Mon, Tues, Thurs, Friday 2-6 p.m., Wed 1-6 p.m.

**Ryans House for Youth:**  
Food, fun, support, 19777 SR 20, Coupeville 360-331-4575  
Drop-in center for adults ages 18-24; Daily 6 a.m.- 8:30 p.m., 35 SE Ely St., Oak Harbor 360-682-5098  
Drop-in center for youth ages 12-21; Mon-Fri 11 a.m.-7 p.m.

**Women, Infants & Children (WIC):**  
-Oak Harbor/North Whidbey: 1791 NE 1st Ave. Mon-Thurs 360-240-5554 Text: 360-544-2239

### CRISIS LINES

9-1-1: Call for threats to life, fire, accident or crime  
-Non-emergency lines:  
Oak Harbor Police  
Department-360-279-4600  
-Island Communications Dispatch (ICOM) - 360-679-9567  
9-8-8: Suicide and crisis lifeline, free & confidential  
- 741-741: 24/7 Crisis Text Line  
-800-584-3578:  
24/7 Northwest Washington Crisis Services  
- 360-678-7880: Island County Behavioral Health  
866-488-7386 Trevor Project:  
24/7 support for LGBTQIA2S+

### SHELTERS/HOUSING

**CADA Emergency Shelter**  
- Confidential crisis shelter for women and children fleeing domestic violence/sexual assault/stalking. This is NOT a homeless shelter.  
Office: 360-675-7057 Crisis Line: 360-675-2232 Toll Free: 800-215-5669

**Island County Housing Support** - 105 NW 1st St., Coupeville 360-678-8284  
For homeless or at risk of losing housing. Mon-Thurs, 9 a.m.-3 p.m.

**Ryan's House for Youth**  
- 19777 SR 20, Coupeville 360-331-4575  
For at-risk adults ages 18-24

**Whidbey Homeless Coalition**  
- Serving Island County 360-900-3077

**The Haven Overnight Shelter**  
is a night-to-night shelter for up to 30 individuals. Must follow check in rules and must register daily between 4:00 and 4:30pm Mon. thru Fri. and 3:45 pm to 4:00 pm on Saturdays and Sundays at the SPIN Café, 1241 SW Barlow St., Oak Harbor.

**House of Hope Emergency Housing**, Langley, 360-708-4533. Transitional housing for families and adults at severe risk of homelessness; to apply, contact the Housing Support Center or call the number above.

**Oxford Houses** - Recovery housing [oxfordhouse.org](http://oxfordhouse.org)  
-Men:360-246-4101  
- Women & Children: 360-682-5773

### MONTHLY MEETING

**Monthly Meeting for Mental Health Hosted by NAMI** for All Adult Individuals who have a family or friend suffering from depression, anxiety, bi-polar disorder, or other mental health conditions. Trinity Lutheran Church in Freeland, Lower Building Closest to the Highway 18341 WA-525, Freeland 3rd Wednesday of the Month 1:00 - 2:30 p.m.  
Email for more information: [karens@nami-sno-isle.org](mailto:karens@nami-sno-isle.org)

### WEEKLY MEETINGS

**MEMORY CAFÉ** Every 1st and 3rd Tues of the Month 12:30 - 2:00 p.m. at the First United Methodist Church 1050 SE Ireland Street Oak Harbor, WA. Join our bi-monthly gathering for people with memory loss and their family to enjoy a time of fun, conversation, music and laughing (and snacks). This is a dementia friendly setting. For information: 360-720-4535

**SOUTH WHIDBEY NAR-ANON FAMILY GROUP** meets every Wednesday at 6pm at the Langley Methodist Church, 301 Anthes in Langley. We meet in the Fireside Room, rear of church. Karol:360 914 7695.

Have a problem with drinking? It doesn't cost anything to attend **A.A. meetings**. Local Meetings are in Coupeville, Freeland, Langley, Clinton, and Oak Harbor. There are no age or education requirements to participate. Membership is open to anyone who wants to do something about their drinking problem. A.A.'s primary purpose is to help alcoholics to achieve sobriety. We're here to help. For local meetings search [aa.org](http://aa.org) or call 888-360-1564

Have you ever been affected by someone else's drinking? Al-Anon may be for you. **AL-ANON**: Tuesdays at 5:30-6:30 Oak Harbor Lutheran Church Library 1253 NW 2nd Ave. There is help and hope: Contact for more info: Rebecca 425-773-6937

Bothered by someone's drinking? **AlAnon** can help! Langley Family AlAnon Group, Wednesdays 9:30 AM to 10:30 AM, Langley Methodist Church, 301 Anthes Ave, Langley. Fireside room Information: (206) 898-2771.

**Gamblers Anonymous Meeting**. Every Tuesday at 6:30 p.m. at the Mount Vernon Senior Center. Mount Vernon Senior Center, 1401 Cleveland Ave, Mount Vernon Any questions, call Washington State Gamblers Anonymous hotline at 855-222-5542, or visit <https://gawashington.org/>

**OVEREATERS ANONYMOUS** Tuesdays 7 PM to 8 PM Langley United Methodist Church 301 Anthes Ave. Room 224 Langley, Washington 98260 For local meeting information and support call: Kevin 206-395-9622

Adult Children of Alcohol and Dysfunctional Families meeting, Tuesdays 2-3 pm, Langley Methodist Church - 301 Anthes Ave, Langley - Fireside room. Contact: [acawhidbey@gmail.com](mailto:acawhidbey@gmail.com)

THE ILLUSTRATED BIBLE

You examine the Scriptures because you think that in them you have eternal life; and it is those very Scriptures that testify about Me...

JOHN 5:39

"Woman Reading" by Rembrandt (1634)

### How'd you do?

8	9	6	3	2	4	1	7	5
7	2	8	6	5	9	4	3	6
5	4	3	9	7	6	8	2	1
3	5	3	1	4	7	6	2	9
9	6	2	1	4	7	8	3	5
6	8	9	7	2	1	4	5	3
9	8	4	2	5	9	7	3	1
4	2	8	1	9	7	3	5	6
7	1	2	6	4	8	9	5	3
1	9	6	4	8	9	2	7	5
7	4	8	2	3	5	6	1	9

### No Cheating!

O	L	I	S		D	I	R		E	D	V	S
L	V	A	T		A	N	A		L	A	L	D
T	I	O	I	T	S	J	U		O	E	O	R
R	O		T	R	N		A		I	C	R	G
		S	T	S	S		V		T	E		
D	V	A	T	A		P	R	A	H	S	E	L
R	I		U	R		S	S	A	C	L	O	I
B	A		G	A		M	A		L	O	S	D
		A	H	A		S	E		R	T	E	S
R	E	S	T	E		Y	O		S	E	S	L
E	E	S	E		S	O	P		M	T	S	D
E	R	E	P		O	A	M		A	S	A	N
D	A	B	C		A	B	C		D	A	G	E

## CLASSIFIED INFORMATION

US Postal Mail

Whidbey Weekly  
Classified Department  
PO Box 1398  
Oak Harbor, WA 98277

E-Mail ..... [classifieds@whidbeyweekly.com](mailto:classifieds@whidbeyweekly.com)  
Telephone ..... 360-682-8283

### PLEASE CALL WHEN YOUR ITEMS HAVE SOLD.

Please try to limit your classified to 30 words or less, (amounts and phone numbers are counted as words) we will help edit if necessary. We charge \$12/week for Vehicles, Boats, Motorcycles, RVs, Real Estate Rental/Sales, Business Classifieds and any items selling \$1,000 and above. We do charge \$25 to include a photo. The FREE classified space is not for business use. No classified is accepted without phone number. We reserve the right to not publish classifieds that are in bad taste or of questionable content. All free classifieds will be published twice consecutively. If you would like your ad to be published more often, you must resubmit it. **Deadline for all submissions is one week prior to issue date.**



# NEED BRAKES?

WE CAN SAVE YOU UP TO \$250  
ON BRAKE SERVICE  
VERSUS OUR  
COMPETITORS.  
WARRANTIED  
AT 30K  
LOCATIONS  
NATIONWIDE.



## FULL SERVICE AUTO REPAIR

**Mobil 1**  
Lube Express

### Star Service Oil Change

**\$69<sup>95</sup>** Full Synthetic  
**\$59<sup>95</sup>** Includes 4X4 & SUV

No Appointment  
Necessary!

- ✓ FREE Anti-Freeze & Fill
- ✓ FREE Transmission & Fill
- ✓ FREE Power Steering & Fill
- ✓ FREE Brake Fluid & Fill
- ✓ FREE Differential & Fill
- ✓ FREE Transfer Case & Fill
- ✓ FREE Windshield Washer Fluid & Fill
- ✓ FREE Battery Fluid & Fill

- ✓ NEW Oil & Oil Filter
- ✓ LUBE Chassis
- ✓ INFLATE Tires
- ✓ VACUUM Interior
- ✓ WASH Front & Rear Windows

- ✓ Wiper Blade
- ✓ Air Filter
- ✓ Belts & Hoses
- ✓ Headlights & Signal Lights

Most cars up to 5 qts. 5W20, 5W30, 10W30. Other grades extra. Some filters cost extra. Vehicles with Skid Plates may be extra. Plus \$1 Environmental Disposal Fee.

### Flat Rate Auto Repair only \$89<sup>95</sup> per hour

always

**FREE ESTIMATES!**

At Hilltop Service Center we only repair and replace parts that are needed. We will not oversell or install unnecessary parts. We are highly trained brake technicians, not high pressure sales people.

**\$1\***

Per gallon  
of Unleaded  
Limited Time Only  
\* Ask for details

### Diagnostic Scope & Scan

**\$89<sup>95</sup>**

- Retrieving Codes
- Reset Check Engine Light
- Up to 1 Hour Diagnostic
- 12 month/12,000 mile warranty

### Safety Inspection

#### Labor Includes

- Scope & Scan (Retrieving Codes, Reset Check Engine Light)
- Brake Inspection
- Tire Rotation
- Inspect Belts & Hoses
- Inspect Exhaust System
- Check Charging System
- Test Ignition Cables
- Tire Rotation & Balance
- Inspect Suspension
- Check all Fluids
- Test Anti-Freeze

**\$89<sup>95</sup>**

### Radiator Flush & Fill

starting at **\$89<sup>95</sup>**

Flushes Radiator, Engine Block, Heater Core & Hoses to -35° below.

Brake Flush \$89.95, Clutch Flush \$89.95, Power Steering Flush \$89.95, Front Diff Flush \$89.95, Rear Diff Flush \$89.95, Transmission Flush \$89.95, Transfer Case Flush \$89.95, Final Drive Flush \$89.95 Manual Transmission Flush 89.95

### Computerized TUNE-UP Special

**\$79<sup>95</sup>\***  
4 cyl

**\$89<sup>95</sup>\***  
6 cyl

**\$99<sup>95</sup>\***  
8 cyl

- Check Compression
- Clean/Replace Spark Plugs & Air Cleaner
- Inspect/Replace Distributor Cap & Rotor
- Check Charging System
- Inspect Ignition Cables
- Scope & Scan
- Adjust Timing & Idle Speed
- Safety & Brake Inspection

\*Plus Parts

### Brake Reline Special **FREE** Brake Inspections

2-Wheel Front Brake Reline or 2-Wheel Rear Brake Reline starting at **\$119<sup>95</sup>**

#### DRUMS

- H Raybestos Brake Shoes
- Machine Drums
- Rebuild Wheel Cylinders
- Adjust Parking Brake
- Bleed & Adjust System
- Road Test Vehicle
- 3 Year or 26,000 mile Warranty

#### DISCS

- Install Raybestos Disc Pads
- Machine Front Rotors
- Repack Wheel Bearings
- Clean-Lube Sleeve & Bushings
- New Seals
- Bleed & Adjust System
- Road Test Vehicle
- 3 Year or 26,000 mile Warranty

**Raybestos**  
The Best in Brakes

LIFETIME  
BRAKE PARTS  
AVAILABLE

Most Cars • HD Shoes  
Semi-Metallic Extra

**FALKEN**  
TIRES

GAINING TRACTION. EARNING TRUST. DELIVERING EXCELLENCE.



**WILDPEAK M/T**  
MAXIMUM OFF-ROAD TRACTION BUILT FOR THE TOUGHEST TERRAIN



**WILDPEAK A/T3W**  
ALL-TERRAIN, ALL-WEATHER RUGGED CAPABILITY



**WILDPEAK A/T TRAIL**  
RUGGED CROSSOVER CAPABILITY ENGINEERED FOR ADVENTURE



**WILDPEAK H/T02**  
RUGGED ALL-SEASON DURABILITY BUILT FOR TODAY'S PICKUP TRUCKS



**AZENIS RT660**  
PEAK PERFORMANCE INSPIRED BY ENTHUSIASTS



**AZENIS RT615K+**  
COMPETITION-PROVEN PERFORMANCE FOR ENTHUSIASTS



**AZENIS RFK510**  
SUMMER ULTRA HIGH PERFORMANCE

**HILLTOP AUTO SERVICE • 360-675-7011**  
826 S.E. MIDWAY BLVD • OAK HARBOR • SERVING WHIDBEY ISLAND SINCE 1957