

October 17, 2025 - October 23, 2025

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The Secret Is Out! Whidbey Island Nordic Lodge Is The Place To Be!



Erik and Frida Kristiansen

By Jim Sovanski

One of Whidbey Islands' better kept secrets is the Whidbey Island Nordic Lodge, just off Highway 20 at 63 Jacobs Rd, Coupeville. Unless you've been to a reception or dinner there you may never have heard of this center of community activity which is so much more than an events venue. Founded in 2001 as "... an island-wide organization of individuals who recognize the rich Nordic history found on Whidbey Island and who are dedicated to promoting and cherishing an appreciation of this Nordic history, heritage and culture," as their website says.

The lodge is hosting an Open House, Saturday October 25th to invite the public to get to know the lodge, its members and what they have to offer. As part of the days' events, Lodge President Kathy Kristiansen Smith will share the harrowing "story of my family growing up in Norway, their arrests by the Nazis and internment in prison camps in Austria and Germany during the war, followed by their emigration to the US," and here eventual arrival here on Whidbey Island.

The Nordic Lodge is a vibrant community hub for members to celebrate life in the world around Whidbey Island. Lodge membership offers everything from group events and field trips to community service opportunities and cultural exchanges.

The most recent field trips have been to visit the trolls at Bainbridge Island and the Nordic Museum in Ballard, along with boarding the recreated Viking Ship, the Valkyrie, docked in Poulsbo.



Erik's Norwegian army unit

While emphasizing Scandinavian heritage, membership is open to everyone, whether you be Norwegian at heart or even if your closest Nordic experience is visiting an IKEA store.

Part of the Lodge members' bond to each other is the emphasis on core Scandinavian values, including respect for each individual, a strong emphasis on equality and opportunities for everyone. Seasonal traditions are rooted in respect for the natural world and its cycles.

Nordic life cycles emphasize "Hygge" or coziness, finding contentment in simple pleasures, often with loved ones. This concept is also reflected in their design philosophy, which prioritizes practicality and simplicity.

Upcoming events in November include:

The annual Lutefisk & Meatball Dinner on Saturday the 15th;

Game Night at the Lodge for Teens on Friday the 21st;

Drive-Thru Swedish Pancakes at the Lodge Saturday the 29th and Visit Santa at the Nordic Lodge, also that day.

The lodge was built because of the generosity of Fritz Cornell who left funds to build the hall. A building board oversees its care and leasing. The lodge has been rented out for weddings, yoga classes, graduations and celebrations of life. Large events like the



Kathy's Aunt Edith in her BUnad

Whidbey Music Festival has been there this year, and is coming back in December. This year's Coupeville Farm to School fundraiser was also held at the lodge.

The Lodge is available for all kinds of events and all leasing can be done online. It can accommodate over 200 people for open house, and up to 90 seated at tables. Availability can be checked and arrangements made online at whidbeyislandnordiclodge.com or by calling 949-441-1226 The Lodge has internet connection, an audio-visual system and a large screen for viewing. Food service amenities are available.. It is located in a beautiful wooded area with picnic tables and lighted parking.

"COWBOYS ARE MY WEAKNESS" IS NOT ABOUT COWBOYS

Theater Review by Jim Sovanski

Don't let the title fool you. This isn't a Louis L'Amour take on western romance or a dude ranch rom-com Hallmark movie. You don't even have to like or even care much about cowboys. Come to this show and you will see an honest, punch-in-the-gut portrayal of modern women

negotiating the ever changing rapids of life and love in what happens to be the American West.

"Cowboys Are My Weakness" at the Whidbey Island Center for the Arts (WICA) is an adaptation of several of the short stories contained in Pam Houston's acclaimed 1992 book of the same name. To quote WICA's press release: "With signature wit, emotional sharpness, and a dash of Western mystique, Houston's stories showcase women navigating desire and independence against the vast backdrop of the modern West."

Myra Platt, co-founder of The Book-It Repertory Theatre in Seattle and director of the original 1999 production, has created a freshened adaptation for WICA theatergoers. "Here I am, back in the directing saddle since 2019. Together (with cast and crew) we asked hard questions: Why, as women, do we so often find ourselves in situations of self-doubt and compromise? How do any of us "marry" our past selves to our present and future selves without compromising our dreams?"

As collaboration between WICA and The Book-It Repertory Theatre in Seattle, this production is a two-tiered revival of sorts. Book-It premiered "Cowboys" in 1999 and brought the show back in 2002 and now, in this current production. In the aftermath of Covid, the Book-It Theatre shuttered operations in 2023 and is now starting again on a show-by-show basis. Founded in 1990, The Book-It Repertory Theatre made a name for itself adapting literary works in their unique and trademarked approach known as "The Book-It Style."



Quoting the Google description, "The Book-It Style" is a trademarked theatrical method developed by the Book-It Repertory Theatre that adapts literary works by using the author's exact words for dialogue on stage. Instead of a single narrator, characters deliver narrative text, descriptions, and inner thoughts, effectively turning prose into spoken drama.

There are four stories adapted here:

In "How to Talk to a Hunter," Alyssa Keene leads us through the maze of a relationship that is equal parts attraction, insecurity and raw desire.

"Selway" features Hillary Pickles, delivering a thrilling and even terrifying tale of desire and survival during a white water rafting trip on the Selway River in Montana.

In "For Bo," Hailey Henderson navigates the tricky currents of family expectations and personal contentment while living with a true dog lover.

The title story, "Cowboys Are My Weakness" showcases April Jane Herrild as she experiences first-hand her man's obsession with his real and true love, and it's not her.

All four deliver powerhouse performances enhanced by the Book-It writing style. The dramatic and moody lighting design by veteran designer Patty Mathieu and the added essential soundtrack to the on-stage action provided by noted Whidbey musicians Barbara Dunn and Beverly Heising, ably enhances the action and helps set the unique tone of each story.

Hillary Pickles, featured in "Selway" says, "Pam Houston's words are legendary.



continued on page 4



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She writes with powerful honesty that simultaneously ignites your heart and funny bone. I adore her women-centered stories that allow us to reclaim our truth and feel empowered by choices we've made in our lives. What a gift to play the central woman in Selway. I identify with her adventurous spirit and evolving perspective on what freedom means as a woman."

Adding her thoughts about the nature of this show, April Jane Herrild says, "One of the coolest parts of this show for me is getting to play many roles. From a dog to a figment of another character's imagination! I love the range and playfulness of this show. I love shows that ask the audience to use their imagination. And this show definitely does that!"

Rounding out the cast as the titular 'Cowboys,' David Mayer, Max Cole-Takanikos and Miles Harrison ably explore the 'male mystique' archetype of rugged individualism, bull-headedness and insensitivity as their women wonder why "cowboys are my weakness?"

"WICA is thrilled to be in support of Book-It Repertory Theatre's comeback," says Deana Duncan, WICA Executive Artistic Director "With COVID shuttering Book-It's amazing career as one of Seattle's top professional theatres, it means so much that our little rural island community can hold them in this way. This is a testament to Whidbey Island's care for artists and our unwavering belief in the power and importance of the arts. Cowboys Are My Weakness is carried by one of the strongest casts in our history; these 7 actors are working from their hearts and souls and guts...please don't miss it!"

"Cowboys Are My Weakness" at the Whidbey Island Center for the Arts (WICA) continues Thursday to Saturdays at 7:30 PM starting October 16th to the 25th, with a matinee performance at 2:00 PM on Sunday, October 19th. WICA is located at 565 Camano Avenue, Langley, WA 98260. Ticket sales and further information at info@wicaonline.org or call the box office at (360) 221-8268. Box office hours are Tuesday-Friday 12:00 PM - 5:30 PM and one hour before every show.



Whidbey Island Nordic Lodge

Open House ~ Join us!

Saturday October 25th

11:00 am

Kathy Kristiansen Smith will be sharing the story of her family in Norway. During World War II, they were arrested by the Nazis and interned in prison camps. This was in both Germany & Austria, before emigrating to the US. It's an amazing story!

The public is invited to attend and learn more about one family on their path toward freedom.

Brats and hot dogs will be served following the presentation.

Please join us at the lodge!

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Adapted and Directed by Myra Platt
Originally Produced by
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October 9 - 25

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What's Going On!

LIBRARY LOCK-IN SPOOKTACULAR!
Friday, Oct. 17
5:30 to 7 p.m.
Coupeville Library, 788 NW Alexander St, Coupeville

Free
Enjoy a special after-hours library event just for kids and teens age 10-18. Grab a friend and a flashlight to explore haunted books and shadowy stacks, try building a fort, play hide-and-seek among the books, and hear ghost stories. Snacks and glowsticks will be provided. Interpreters available by request.

ALL ABOUT BLACK HOLES
Saturday, Oct. 18
2 to 3:30 p.m.
Langley Library, 104 Second Street, Langley

Free

Join Dr. Dan Tomandl, Emeritus Professor of Physics and Astronomy at Northwest University in Kirkland, for an engaging presentation on black holes. He will answer questions such as "What is a black hole?" and "How can we see them if they are black?" plus bring a black hole starter kit and demonstrate how to make one. This event is suitable for adults and aims to clarify common misconceptions and share fascinating astronomy insights.

ORCA RECOVERY DAY
Saturday, Oct. 18
10 a.m. to 2 p.m.
Keystone Farm and Forest Preserve, 29807 Highway 525, Coupeville

Free
Support Southern Resident Orca recovery with the Whidbey Camano Land Trust. Enjoy hands-on educational activities, stewardship projects, guided hikes, scavenger hunts and presentations from local organizations working to protect Pacific Northwest orcas. No dogs allowed.

ORCA RECOVERY DAY
Saturday, Oct. 18
11 a.m. to 4 p.m.
Langley Whale Center, 105 Anthes Ave., Langley

Free
Celebrate Orca Recovery Day with hands-on family activities, bracelet making, coloring pages, salmon-themed crafts and educational stories about resident orcas, plus tips on how to support their recovery.

STEAM AT THE LIBRARY: EXPLORING NATURE
Monday, Oct. 20
3 to 4 p.m.
Oak Harbor Library, 1000 SE Regatta Dr, Oak Harbor

Free
Recommended for children ages 5-8, this drop-in program pairs a nature-themed story with a hands-on STEAM activity to explore and create using imagination. An adult caregiver must accompany children. Interpreters are available upon request. The program recurs monthly with upcoming dates Nov. 17 and Dec. 15.

PRACTICALLY MAGIC – COUPEVILLE
Thursday through Sunday, Oct. 23–26
Various times and locations in Coupeville

Admission varies by event

Celebrate the iconic witchy film Practical Magic in the town where it was filmed with a spellbinding weekend of fun and community spirit. Highlights include movie nights at Coupeville Rec Hall, a witch-themed scavenger hunt downtown, the Torchlight Parade & Street Dance, Ales & Apothecary brew garden, and the Great Coupeville Pumpkin Race. Many events are family-friendly, with others designated 21 and over. Costumes encouraged to enhance the magical atmosphere. Tickets and details vary by event.

THE TURN OF THE SCREW
Thursday, Oct. 23 through Tuesday, Oct. 28
Various times and locations across Whidbey Island

Price range \$15 to \$40

Island Shakespeare Festival presents a chilling adaptation of Henry James’ suspenseful tale about a young governess, haunted children and mysterious ghosts in a lonely manor. Directed by Erin Murray, with performances at Beaver Tales Coffee, The Tippy Jellyfish, Whidbey Playhouse, Kingfisher Books, Ott & Hunter Tasting Room, and Soundview Center. Recommended for ages 12 and older. Tickets are expected to sell quickly.

FRIENDS OF THE OAK HARBOR LIBRARY POP-UP BOOK SALE
Friday–Saturday, Oct. 24–25, 10 a.m. to 5 p.m.

Oak Harbor Library, 1000 SE Regatta Dr., Oak Harbor

Browse hundreds of gently used books, CDs, and DVDs at bargain prices. All proceeds support library programs, services, and materials.

WHIDBEY CHILDREN'S THEATRE: MONSTER MASH
Saturday, Oct. 25
8 a.m. to 5 p.m.
Clinton Community Hall, SR 525 and Humphrey Road, Clinton

Free
A festive costume party and fundraiser filled with spooky fun for all ages hosted by Whidbey Children's Theatre. This all-day event invites families to celebrate Halloween with games, activities, and community support for the local theater.

ARTS – CRAFTS – QUILTS – BAZAAR
Saturday, Oct. 25, 9:30 a.m. to 3 p.m.
Women of St. Hubert Church, 804 Third St., Langley

Join the Women of St. Hubert for their annual bazaar featuring handmade arts, crafts, gift treasures, baked goods, and a café. Quilts by Debbie Caffrey will be available through a silent auction, with winners announced at 2 p.m.

TORCHLIGHT PARADE & STREET DANCE
Saturday, Oct. 25
5:30 to 7 p.m.
Downtown Coupeville, Front Street and area

Free
Join the nostalgic Halloween celebration in Coupeville with a torchlight parade starting at Cook's Corner Park at 5 p.m., followed by a parade down historic Front Street with candy handed out by local businesses. The event concludes with a lively street dance featuring DJ Moose at the Coupeville Wharf. Come early to enjoy shopping and the Ales and Apothecary Brew Garden from 2 to 6 p.m.

BLACK CAT BALL @ BAYVIEW HALL
Saturday, Oct. 25
7 p.m. to 11:30 p.m.
Bayview Hall, 5642 Bayview Road, Langley

Free, donations appreciated
Dress to impress for the legendary Black Cat Ball featuring local DJs and live music by the Mutiny Bay Brass Band. This all-ages event includes a 21+ bar and promises a festive Halloween night with dancing, music, and creative costumes. Those who come uncostumed may be playfully teased, so costumes are highly encouraged.

JIGSAW PUZZLE EXCHANGE
Sunday, Oct. 26
1 to 5 p.m.
Freeland Library, 5495 Harbor Ave, Freeland

Free
Puzzle enthusiasts can drop by anytime during open hours on the 4th Sunday from October through December to exchange puzzles. Bring puzzles in good condition with no missing pieces for a swap based on honor code. A communal puzzle will also be available to work on during the event. Puzzle donations in good shape accepted at the library during open hours in these months. Interpreters available on request. Upcoming dates include Nov. 23 and Dec. 28.

THE GREAT COUPEVILLE PUMPKIN RACE
Sunday, Oct. 26
2 to 3:30 p.m.
NW Coveland Street by Town Park, Coupeville

Free

The thrilling finale to Practically Magic invites all ages to race pumpkins down Coveland Street. Choose from the precision-focused Iron Gourd category or the wild and creative Pumpkin Pandemonium. This family-friendly event promises an afternoon of fun, competition, and Halloween magic in historic Coupeville.

WHIDBEY ISLAND STRING TRIO @ WICA
Sunday, Oct. 26
4 to 6 p.m.
Whidbey Island Center for the Arts, 565 Camano Avenue, Langley

Tickets required, price varies

Enjoy an afternoon of genre-bending strings with the Whidbey Island String Trio featuring Gloria Ferry-Brennan, Linda Vogt, and Gideon Freudmann. The trio performs a vibrant mix of waltzes, swing, blues, bossanova, Bach, and a surprise hoedown, promising artistry, joy, and a musical adventure on Whidbey Island.


MEDICARE OPEN ENROLLMENT: WHAT'S NEW FOR 2026?
Tuesday, Oct. 28
2 to 3:30 p.m.
Oak Harbor Library, 1000 SE Regatta Dr, Oak Harbor

Free
Medicare Open Enrollment runs from October 15 to December 7, 2025, for coverage changes effective January 1, 2026. This seminar by a trained SHIBA volunteer covers updates to Original Medicare, Part D prescription plans, and Medicare Advantage benefits. Topics include eligibility, plan options, costs, and assistance for those with employer, VA, or TriCare coverage. Attendees can ask questions to find the best plan for their needs. Registration is recommended. SHIBA offers free, unbiased Medicare education and assistance.

THE REPTILE LADY
Wednesday, Oct. 29
10 to 11 a.m.
Coupeville Rec Hall, 901 Alexander St, Coupeville

Free
Meet April Jackson, the Reptile Lady, for an educational and fun event to interact with snakes, alligators, lizards, and reptiles from around the world. The program is suitable for kids of all ages and their caregivers. Seating and space may be limited. Interpreters available upon request.

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Publisher.....	Samantha Goodman	Contributing Writers
Editor	Jacob Goodman	Jim Sovanski
		JoAnn Hellmann
		Merrick Parnell
CONTRIBUTE TO WHIDBEY WEEKLY		
PRESS RELEASES.....	editor@whidbeyweekly.com	Contributing Columnists
ADS & WHAT'S GOING ON.....	advertise@whidbeyweekly.com	Helen Mosbrooker
OBITUARIES.....	obituaries@whidbeyweekly.com	Charles LaFond
OUR COMMUNITY	hmosbrooker@icloud.com	Tracy Loescher
CLASSIFIEDS.....	classifieds@whidbeyweekly.com	Noa
PUBLISHER.....	samantha@whidbeyweekly.com	Tiffany FitzPatrick
CIRCULATION	jacob@whidbeyweekly.com	Island County
		Historical Society
		Museum
		Whidbey Veterans
		Resource Center
		Samantha Goodman
		Jacob Goodman

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On Asking and Receiving

BY CHARLES LAFOND
ISLAND POTTER, AUTHOR, FUNDRAISER, AND WRITER

As a fundraiser for 42 uninterrupted years, and after writing three books on the subject, I still really know very little at 62. I think that's because there is so much to learn on any topic, especially one as fear-inducing as asking for a gift from another person.

Sure, I asked my next-door neighbor for a cup of sugar for a chocolate tea cake I made this morning, but let's be honest, the stakes were relatively low.

The stakes are higher when we sit on a nonprofit board and need to raise money for a beloved charity, ask a lover to marry us, request money from a parent for college, or ask friends to help us move.

I'm fascinated that the human being's brain science (neurology) shows that the part of our brain that lights up like the grand-finale of a fireworks evening when we win the lottery or find a surprise gift on our doorstep (a chocolate cake, for example) is the precise area of the brain that lights up when we give a gift to another person or to a nonprofit we love. I mean, really, that spot in our brain, smaller than a grain of sand, lights up for only those two things – getting a gift or giving one. This means the human species is neurologically wired – literally brain-wired for asking, giving, and receiving. We survive the ravages of hardships through friendship and then, through asking for help. Fundraising is just friend-raising.

Asking for and giving things is how society lived day in and day out before "fundraising" and "shopping" became standard practices. If I made pots and my neighbor had beehives, I would have traded a clay honey pot for some of her honey – that way we both have two full honey pots for cold nights and hot tea.

I have given my whole life to fundraising for human service agencies. Were I to die tomorrow, it would be a peaceful death. I may die poor, but I did my best, and left the world a bit better than I found it.

So I hope, as we enter into a series of holidays, full of chocolate, that we ask for a cup of sugar and risk the vulnerability of a "no" and the joys of a "yes." And I further hope to give a cup of sugar to someone who needs it for their chocolate cake. Either one will result in a brain-festival for me and for you.

What did I need that cup of sugar for, you ask? I needed it for this recipe – Queen Elizabeth II's favorite cake – the slices of which, I am told, she would sneak up to her bedroom, in her purse.

Queen Elizabeth II's Cake Recipe (10 minutes)

- 1/2 teaspoon butter, for greasing the pan
- 8 ounces McVitie's Digestive Biscuits
- 4 ounces (one stick or 1/2 cup) unsalted butter, softened
- 4 ounces granulated sugar (1/2 cup)
- 4 ounces dark chocolate (1/2 cup)
- 1 egg
- 1. Lightly grease a 6-inch-by-2½-inch cake ring with the butter and place it on a tray on a sheet of parchment paper.
- 2. Break each of the biscuits into almond-sized pieces by hand and set aside.
- 3. In a large bowl, combine the partially melted butter and sugar until the mixture starts to lighten, and mix in a beaten egg. Set aside.
- 4. Melt the 4 ounces of dark chocolate and add it to the butter, sugar, and egg mixture, stirring constantly. And then fold in the biscuit pieces until they are all coated with the chocolate mixture.
- 5. Spoon the mixture into the prepared cake ring. Try to fill all the gaps at the bottom of the ring, as this will be the top when it is unmolded.
- 6. Chill the cake in the refrigerator for at least 3 hours.
- 7. Remove the cake from the refrigerator and let it stand.
- 8. Carefully run a knife around the bottom of the cake where the chocolate has stuck to the cake wire and lift it onto a tea plate. (The recipe multiplies easily for bigger spring-form pans.)

Recipe courtesy of Chef Darren McGrady, The Royal Chef, Buckingham Palace

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Life Tributes

Anita G. (Nienhuis) Phillips
9/17/1949— 9/23/2025

Anita G. (Nienhuis) Phillips, age 76, of Oak Harbor WA., daughter of Bernard and Thelma Nienhuis, passed away on September 23, 2025 after a long battle with cancer.

Anita lived a fulfilling and cherished life as a mother, sister, wife and friend, her presence will be deeply missed. She loved quilting, gardening and knitting socks for many. Anita's love of quilting was shown from the many she made for family and

friends. In addition her yard was a testament to her green thumb, a vibrant sanctuary of shrubs and flowers that she happily shared with everyone. Anita's faith and loving spirit brightened the lives of all who knew her.

In keeping with her nature a private family graveside service was held at Maple Leaf Cemetery. Those wishing to honor her life can share your stories of remembrance on Saturday October 25th, 2025 at First Reformed Church from 1-3p.m.



**In Loving Memory of
Nathelle Dee Lacey**
4/3/1950— 10/8/2025

Nathelle Dee Lacey (Sissy) was born on April 3, 1950, and passed away on October 8, 2025, at the age of 75.

Sissy was the second child of David and Margaret Lacey. She had an older brother Dwight (Tiny) and a younger sister Nadine (Dino). Sissy was born and raised in Santa Paula, CA where she worked packing avocados at Calavo and later operated one of the last known PBX boards as a telephone operator. After remaining in her hometown of Santa Paula for many years, she decided to move to Oak Harbor, WA in 2005 in order to stay close to her family who were being transferred to Naval Air Station Whidbey Island.

While Sissy missed California, and the many friends she left when she moved, she believed in blooming where you are planted. She became very involved in her church, The Journey Assembly of God. She loved being of service, leading women's groups, and telling everyone about Jesus.

Nathelle was preceded in death by her mother Margaret, father David, brother Dwight and sister Nadine.

Nathelle is survived by her daughter Sarah (John) Marrufo, granddaughter Brittany (Tony) Ayala, grandson David Marrufo, grandson Joshua (Bianca) Marrufo and 4 great grandchildren.

A viewing will be held at Wallin Stucky Funeral Home in Oak Harbor, WA on Oct 14, 2025, from 4-6PM. Nathelle will be laid to rest at Sunnyside Cemetery in Coupeville, WA on Oct 15, 2025. A celebration of life will be held at The Journey Assembly of God on Oct 15, 2025, at 6:30 PM.



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October 31, 2025 • 5-7PM
With Historic Downtown Oak Harbor Merchants

TRICK OR TREATING 5-6:30PM • ZOMBIE DANCE 6:30-7PM

Halloween Music At The Buskers Corner with Dj Skip!
360 Photo Booth with Master Mix Entertainment!
Thriller Dance with Line Dancing with Gigi!

SPECIAL GUESTS:
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North Whidbey Pool, Park & Recreation District
Oak Harbor Fire Department • Oak Harbor Police Department
Oak Harbor Lions • Whidbey SeaTac Shuttle & Charter

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October 17th – October 23rd : The Fool.
The crisp autumn air in our lungs bolsters the child-like excitement of the season, regardless of age. Even though the skies darken earlier and we sense the approach of winter, this week there is a pleasantly pervasive since of hope flirting with the edges of even the most tumultuous of circumstances. The Fool card traditionally symbolizes a new beginning, and here, it also speaks of the courage and boldness of new steps taken on matters from the past, and forecasts a change of environment shifting perceptions and perspectives, granting clarity to map your path through to the horizon with renewed surety. If a seemingly unexpected prospect for travel, near or far, presents itself, fates may be guiding you to a different viewing point so that you might see new solutions to what has befuddled or stymied you over the past few months. The terrain may still be rocky, but you now have the opportunity to visualize the upward trend in progress which encourages continuing onward to reach for your goals. The ground may give way, but scaffolding was designed to be disassembled, and safety nets are not to be mistaken for bedrock or the foundation you've spent much of the year forming or strengthening. You have all you need with you, and companionable support at your back. Step forth, take flight. As Charlie Wardle illuminated, "A bird sitting on a tree is never afraid of the branch breaking, because its trust is not on the branch, but on its own wings."

~Xo, Tiffany

This week's card comes from the classic Rider Waite Smith tarot deck. Receive your own detailed, strategic, personalized reading with yours truly. Rare & Limited "Year Ahead Tarot" Readings on Special through October. Email me at: tiffanyfitzpatrickco@gmail.com Discover more at: <https://linktr.ee/tiffanyfitzpatrick>

Penn Cove Water Festival

Coupeville, Whidbey Island, WA

SCAN ME

**Penn Cove Water Festival Association
Invites You to Attend Our Fall Recruiting Gathering
We are looking for Board Members and Volunteers**

Come Learn About Our History
& Our Vision for the Future

October 22, 2025
6:00 pm to 8:00 pm
Coupeville's Recreation Hall
901 NW Alexander Street Coupeville, WA 98239

Refreshments will be served.

penncovewaterfestival.org



Hiya loves! Tiffany here.

"Tarot from Camano" author and divinationist, channeling your weekly love letter from across the Passage.

I feel blessed to call Island County home, your Camano neighbor for the last year, following a cross-country move, as my soul tugged me toward these shores, these pines. And equally grateful I help others find similar soul-deep clarity (no moving truck required). As a Consulting Strategist, I have worked with both individual clients and businesses around the world, from Portland, Oregon to Tampa, Florida, from Peru to Denmark. Together we identify goals, map out the trajectory, forecast what the path ahead holds in store, and navigate obstacles. I illuminate the unknown for practical accessibility, bridging the chasm between the ethereal and the everyday.

My consults blend intuitive insight with strategic precision. I weave a diverse skillset honed over decades to heal and align folks with a sense of wholeness within themselves, equipped with detailed roadmaps to achieve sought-after outcomes. With my unique amalgamation of divination, energetic healing work, and trauma-informed shadow guidance, I've helped thousands find decisive answers, mend deep emotional wounds and their physical health manifestations, recode outdated belief patterns preventing forward movement toward dreams, shift into alignment with the frequency of that which is most desired, and energetically cleanse bodies, chakras, homes, businesses, with a specialty for alleviating attachments and problematic properties.

I've been reading intuitive divination such as tarot cards and osteomancy with a high degree of accuracy, strategy, and detail for more than 20 years, and I've been enhancing my skills as a psychic medium and an energy healer all my life. I've offered my gifts professionally on several convention circuits prior to moving to Washington, and have been invited to divine, heal, teach, and speak at events and retreats across the country, both with physical presence and virtually.

And now I'm practically next door, your strategy bestie. Email to book with me or ask questions at: tiffanyfitzpatrickco@gmail.com And discover more about my strategic consultations, offerings, blogs, socials, guest podcast episodes, etc. at: <https://linktr.ee/tiffanyfitzpatrick>

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Astrology for October 17-23 2025

New Moon in Libra 28°, Welcome Scorpio Season

Early on **October 17**, the Sun in Libra will square Jupiter in Cancer at 24°. This can invite tests of character, a challenge to the way we embody or express our beliefs. Both of these planets want to share, shine, and expand, and for better or worse, we may face circumstances that force us to show up to do so. This square can be positive for creating motivation around self-expression. For flexing what you got, how you feel, and what you stand for. If you are prompted to strut your stuff, the goal here is to do so in alignment with integrity, to remain grounded in your truth. Should we be unaware, imbalanced, or aim to show off for the wrong reasons, there can be humbling results. What are you really about? How would you like to be known or remembered in being about it?

On **October 19**, Mercury conjuncts Mars in Scorpio at 18°. This puts a lot of power and intensity in uniting thoughts with actions. Mercury and Mars in Scorpio are a hell of a team when it comes to doing detective work or digging for answers, even beyond the seen realms, and then making moves based on their findings. We may uncover important information today or have a lot to say. Be careful of jumping to conclusions without all the facts, worst case scenario-only thinking, and pessimism. That being stated, listen to your gut feelings. Both the mind and instinct are sharp today. Arguments are likely if you do choose to share your thoughts with others. Words can cut deep. Be tactful. Engage strategies that go deeper than surface level. On another note, conspiracy theory rabbit holes, research of any kind, and creating strategies to achieve your goals are well starred. Notice where any forms of obsession have entered the chat. Are they healthy or destructive?

October 21 brings the new Moon in Libra at 28°. What type of justice would you like to see in the world? What elements of balance would you like to see in your relationships? We have a beautiful opportunity to plant new seeds in these areas. This lunation brings the Sun and the Moon together in a square to Jupiter in Cancer. The ruler of this new Moon is Venus, at home in the sign of Libra. New intentions to expand our horizons in relationships and relational dynamics. Themes from the October 17 Sun/Jupiter can surface again (see above).

On **October 22**, the Sun moves into Scorpio until November 21. This is a season ruled by the unseen realms, the shadows, and what lies beneath. Scorpio rules over taboo topics, the occult, alchemy, death and rebirth, and transformation. These themes are pulled front and center when the Sun moves into this sign. What are you hiding from yourself? What secrets do you keep from others? What are others hiding from you? Read between the lines. Pick up on energetics. The modern ruler of the sign of Scorpio, Pluto, just recently stationed direct in the sign of Aquarius last week, pulling a lot of focus to topics around power dynamics, control, and confronting uncomfortable truths. Go there. Life is messy, but transformation awaits.

On **October 23**, Jupiter in Cancer squares Chiron in Aries at 24°. This square gets in the guts. Today we have themes around comfort zones, how they are challenged or avoided. Are we really able to live our truth? Go after our desires? Embody our passion? Express our beliefs? There is an element of higher learning required today. We can feel poked and prodded by circumstances, triggered to face some of the ways that we run from our healing work, the work only we can do. Take the opportunity to assess where you are at with vulnerability. What is tender and requires care and attention? Superficial circumstances that are actually tied to unresolved pain within are begging to be tended to with intention. Accept the invitation. Over optimism or generalization in avoidance is an option, but not recommended. Remember the new intentions just set under the new Moon? How will we grow in this direction?

WEEKLY HOROSCOPES

ARIES – Mar 21/Apr 20
Aries, teamwork is key this week. Collaborations bring out your best ideas, but remember that compromise will keep things running smoothly.

TAURUS – Apr 21/May 21
Taurus, career or personal ambitions come into sharper focus. Stay steady and disciplined—small efforts add up to big results.

GEMINI – May 22/Jun 21
Gemini, a craving for change stirs your spirit. Whether it's travel, study, or a new hobby, follow your curiosity and see where it leads.

CANCER – Jun 22/Jul 22
Cancer, deep emotions rise to the surface. Take time to process them privately before sharing your heart with others. Healing follows honesty.

LEO – Jul 23/Aug 23
Leo, relationships need attention. You may be called to show patience or forgiveness—but doing so strengthens the bond in meaningful ways.

VIRGO – Aug 24/Sept 22
Virgo, organization is your superpower now. Use this momentum to clear clutter, plan ahead, and streamline your priorities.

LIBRA – Sept 23/Oct 23
Libra, romance and creativity are highlighted. Express your feelings freely—your authenticity will attract the right kind of attention.


SCORPIO – Oct 24/Nov 22
Scorpio, home feels like a retreat this week. Spend time creating comfort and security—it's where you'll find balance and renewal.

SAGITTARIUS – Nov 23/Dec 21
Sagittarius, your words carry extra weight. Communicate clearly and confidently, and you can easily win support for your ideas.

CAPRICORN – Dec 22/Jan 20
Capricorn, practical matters take precedence. Review finances and set realistic goals; it's a great time to stabilize and plan ahead.

AQUARIUS – Jan 21/Feb 18
Aquarius, you're glowing with confidence. This is the time to take initiative—others will be drawn to your originality and bold ideas.

PISCES – Feb 19/Mar 20
Pisces, rest and introspection do wonders now. Step back, recharge, and trust that the clarity you're seeking will arrive in stillness.



DEAR M's -
EMBRACE THE MAGIC, MARINER FANS!
IF YOU'RE NOT PAYING ATTENTION, THESE MOMENTS
CAN OCCUR ONCE EVERY 108 YEARS.
MAY THE BASEBALL GODS CONTINUE SHINING DOWN
ON YOU THIS SEASON. LOVE ! HIGH FIVES,
CUBS FAN
#THATFRIENDKATIE



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Come Early for Best Selection
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Home Decor • Art • Tableware
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King Crossword

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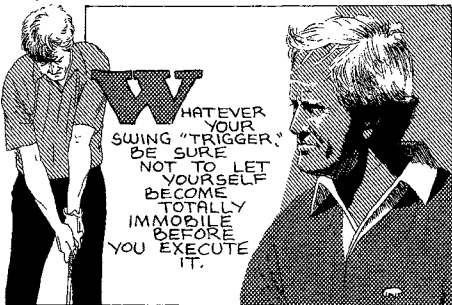
CLUES ACROSS

- 1 Bulgaria’s capital
- 6 Tub toys
- 11 Bacon pieces
- 12 Mistakes in print
- 14 Serengeti howlers
- 15 Pre-Easter
- 16 Swiss canton
- 17 Univ. divisions
- 19 Toll rd.
- 20 Lincoln in-law
- 22 “No seats”
- 23 Spring
- 24 Entangle
- 26 Surpassed
- 28 Tic-tac-toe win
- 30 Roofing goo
- 31 Indy 500 skid
- 35 Singer Norah
- 39 Marathoner’s stat
- 40 Recipe abbr.
- 42 Humorist Sahl
- 43 Chang’s brother
- 44 Unadorned
- 46 Kanga’s kid
- 47 Asian peninsula
- 49 Designer Pierre
- 51 Van Gogh’s “-- Night”
- 52 How chicken may be served
- 53 Juan’s farewell
- 54 Puccini opera

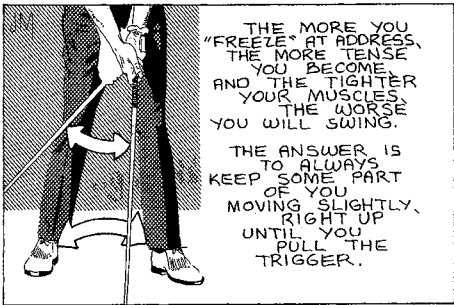
CLUES DOWN

- 1 “Sophie’s Choice” author
- 2 Frozen fries brand
- 3 Shark feature
- 4 Apple tablet
- 5 Ninnies
- 6 Sing loudly
- 7 Unrefined metals
- 8 Prince Valiant’s son
- 9 Body art
- 10 Intervene
- 11 Closes
- 13 Bracelet site
- 18 Expert
- 21 Unmanned plane
- 23 PC drive insert
- 25 Bathroom, to a Brit
- 27 -- Mahal
- 29 Expenditures
- 31 Rose parts
- 32 Target at a fiesta
- 33 “That makes me happy!”
- 34 Airport screening org.
- 36 Type of skiing
- 37 Beethoven’s Third
- 38 Sculptor’s material
- 41 Loop of lace
- 44 Arsonist
- 45 iPod model
- 48 Onassis nickname
- 50 Train lines (Abbr.)

Play Better Golf with JACK NICKLAUS



WHATEVER YOUR SWING “TRIGGER,” BE SURE NOT TO LET YOURSELF BECOME TOTALLY IMMOBILE BEFORE YOU EXECUTE IT.



THE MORE YOU “FREEZE” AT ADDRESS, THE MORE TENSE YOU BECOME, AND THE TIGHTER YOUR MUSCLES, THE WORSE YOU WILL SWING.

THE ANSWER IS TO ALWAYS KEEP SOME PART OF YOU MOVING SLIGHTLY, RIGHT UP UNTIL YOU PULL THE TRIGGER.

YOUR GUESS IS AS GOOD AS OURS WEATHER FORECAST

Fri, Oct 17	Sat, Oct 18	Sun, Oct 19	Mon, Oct 20	Tues, Oct 21	Wed, Oct 22	Thurs, Oct 23
North Isle H-57°/L-48°	North Isle H-54°/L-47°	North Isle H-53°/L-48°	North Isle H-53°/L-48°	North Isle H-53°/L-46°	North Isle H-54°/L-46°	North Isle H-55°/L-48°
South Isle H-58°/L-48°	South Isle H-55°/L-47°	South Isle H-57°/L-47°	South Isle H-54°/L-45°	South Isle H-54°/L-45°	South Isle H-55°/L-46°	South Isle H-56°/L-50°



OUR Community

An Upbeat Question of the week

By Helen Mosbrooker

Imagine you had a year to research someone’s life to write their biography. Who would you choose and why?



Mary Elizabeth Hines, Oak Harbor

I would choose Poet Gwendolyn Brooks. As a poet her themes of American life through the lens of African American city life resonates with me. Her work focuses on the way we live life outside of what it is presented visually on Television and news.

Her thoughtful and insightful works speak from the intellect of knowing self and navigating life from that intellect. Pursuing dreams regardless of oppression and obstacles and actively seek Joy while resisting social roadblocks.



Jodi Leuenberger, Langley

If I had a year to research someone’s life and write their biography, I would choose my grandparents on my dad’s side—whom I never had the chance to meet. I know this might not be the “expected” answer, and I did think about choosing a famous historical figure, but when I reflect on who I truly want to learn about, family feels more meaningful. I’ve always been curious about them, but I know very little. I wonder what kind of people they

were, what dreams they had, and what my dad was like as a child. My family on that side is small, but I would speak with their only living child, my uncle, and travel to the places they once called home. Learning about them sounds more valuable than studying any well-known historical figure.



Joanie Hindman,

(in the middle) Joe Mamo on the far right Oak Harbor

I would choose Joe Mamo father of Jason Mamo.

He is a humble, caring dad as well as mentor for all of us fortunate children growing up in our home town of Waianae.

Teaching us keikis (kids) to respect our ocean, nature, the spirit of aloha and Hawaiian culture through art. Teaching us to see the beauty of the island, the water and how to treat each other; even now he expands understanding by helping local children with autism. While his passion for sailing, surfing, paddling is mesmerizing to see his love and call of the sea, I feel his true expression of respect, honor, balance of life, land and aloha; I see him as our true Aquaman and title of Aquaman has always had a special place in heart since childhood.

Joyful Saying of the Week

“Don’t be afraid to shine bright and be joyful and honor the whole truth of. Who you are.”
-Gabby Bernstein

Weekly SUDOKU

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DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

Answer on page11

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COMMUNITY BULLETIN BOARD

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SERVICE DIRECTORY

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and Ready to Burn

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\$12
For any sales
or business
listings.

Scan to post to our this board.
Sell a car, buy some wood,
announce an engagement,
rent a house, or find a walking
buddy.
Posting is (mostly) free,
donations are
highly encouraged.



- The Publishers

ESTATE SALE



SALMAGUNDI FARMS
October 18th & 19th
9am to 4pm
Vintage tools, parts, and
Supplies of all kinds.
Furnishings, Antiques and
Vintage Items.
We buy Estates, Antique and
Vintage Items -
One Piece or A Lot.
We accept Cash, Visa, MC,
AMEX, Discover,
or Checks if we know you.

SALMAGUNDI FARMS
19162 SR 20
COUPEVILLE WA, 98239
CALL: 360-678-5888

Massive 3-Day Estate Sale!
Thurs Oct 17 (1-4), Fri-Sat
Oct 18-19 (9-4). 1590 SW Vic-
tory St, Oak Harbor. Moving
to Texas—everything must
go! Furniture, décor, tools,
clothes. Early birds welcome!

Friends of the Oak Harbor
Library Pop-Up Book Sale
Oct.24 & 25 10am-5pm Oak
Harbor Library, Hundreds of
gently used books, cds and
dvds available at bargain
prices. Proceeds support
library programs, services
and materials.

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in Japan or Germany? I
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and lenses. Oak Harbor.
Call 970-823-0002

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is toast!!! Do you have a
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call at 360-683-8283.

RESOURCES

Basic Food Benefits Community
Services Office: 275 Pioneer Way
#201, Oak Harbor 877-501-2233

Food Banks:
-Gifts From the Heart:
108 SW Terry Road
Monetary donations, they should
be sent to:
PO Box 155, Coupeville 98239
Distribution on 2nd and 4th
Wednesdays, 2-5 p.m.
-Good Cheer:
2812 Grimm Rd., Langley 360-
221-4868
Mon-Fri, 10 a.m.-4 p.m.
-North Whidbey Help House:
1091 SE Hathaway St.
Oak Harbor 360-675-0681
Mon-Fri, 9 a.m.-4 p.m.
(5 p.m. on Tues)
Closed 12-1 p.m. for lunch

Island Church of Whidbey
Soup Kitchen: 503 Cascade Ave.,
Langley 360-221-0969
Tues & Thurs 11:30 a.m.-1 p.m.
SPIN Café: 1241 SW Barlow St.,
Oak Harbor
Daily, 6:30 a.m.-5:30 p.m.

St. Hubert's Catholic Church
Wednesday Soup Kitchen
All are Welcome!
11 a.m.-12:30 p.m.
804 3rd St., Langley
360-221-5303

Ask about our Thursday Dinner

HUB After School: 301 Anthes
Ave., Langley 360-221-0969
Food and activities for middle and
high school youth. Mon, Tues,
Thurs, Friday 2-6 p.m., Wed 1-6
p.m.

Ryans House for Youth:
Food, fun, support, 19777 SR
20, Coupeville 360-331-4575
Drop-in center for adults ages 18-
24; Daily 6 a.m.- 8:30 p.m., 35 SE
Ely St, Oak Harbor 360-682-5098
Drop-in center for youth ages 12-
21; Mon-Fri 11 a.m.-7 p.m.

Women, Infants & Children
(WIC): -Oak Harbor/North
Whidbey: 1791 NE 1st Ave. Mon-
Thurs 360-240-5554 Text: 360-
544-2239

CRISIS LINES

9-1-1: Call for threats to life,
fire, accident or crime
-Non-emergency lines:
Oak Harbor Police
Department-360-279-4600
-Island Communications
Dispatch (ICOM) - 360-679-
9567
9-8-8: Suicide and crisis
lifeline, free & confidential
- 741-741: 24/7 Crisis Text Line
-800-584-3578:
24/7 Northwest Washington
Crisis Services
- 360-678-7880: Island County
Behavioral Health
866-488-7386 Trevor Project:
24/7 support for LGBTQIA2S+

SHELTERS/HOUSING

CADA Emergency Shelter
- Confidential crisis shelter
for women and children
fleeing domestic violence/
sexual assault/stalking. This
is NOT a homeless shelter.
Office: 360-675-7057 Crisis
Line: 360-675-2232 Toll Free:
800-215-5669

Island County Housing
Support - 105 NW 1st St.,
Coupeville 360-678-8284
For homeless or at risk of
losing housing. Mon-Thurs, 9
a.m.-3 p.m.

Ryan's House for Youth
- 19777 SR 20, Coupeville
360-331-4575
For at-risk adults ages 18-24

Whidbey Homeless Coalition
- Serving Island County 360-
900-3077

The Haven Overnight Shelter
is a night-to-night shelter for
up to 30 individuals. Must fol-
low check in rules and must
register daily between 4:00
and 4:30pm Mon. thru Fri.
and 3:45 pm to 4:00 pm on
Saturdays and Sundays at the
SPIN Café, 1241 SW Barlow
St., Oak Harbor.

House of Hope Emergency
Housing, Langley, 360-708-
4533. Transitional housing
for families and adults at se-
vere risk of homelessness; to
apply, contact the Housing
Support Center or call the
number above.

Oxford Houses - Recovery
housing oxfordhouse.org
-Men:360-246-4101
- Women & Children: 360-
682-5773

MONTHLY MEETING

Monthly Meeting
for Mental Health
Hosted by NAMI for All Adult
Individuals who have a family or
friend suffering from depression,
anxiety, bi-polar disorder, or
other mental health conditions.
Trinity Lutheran Church in
Freeland, Lower Building
Closest to the Highway
18341 WA-525, Freeland
3rd Wednesday of the Month
1:00 - 2:30 p.m.
Email for more Information:
karens@nami-sno-isle.org

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3rd Wednesday of the Month
1:00 - 2:30 p.m.
Email for more Information:
karens@nami-sno-isle.org

WEEKLY MEETINGS

MEMORY CAFÉ Every 1st and
3rd Tues of the Month 12:30 - 2:00
p.m. at the First United Methodist
Church 1050 SE Ireland Street
Oak Harbor, WA. Join our bi-
monthly gathering for people with
memory loss and their family to
enjoy a time of fun, conversation,
music and laughing (and snacks).
This is a dementia friendly setting.
For information: 360-720-4535

SOUTH WHIDBEY NAR-
ANON FAMILY GROUP meets
every Wednesday at 6pm at the
Langley Methodist Church, 301
Anthes in Langley. We meet in
the Fireside Room, rear of church.
Karol:360 914 7695.

Have a problem with drinking? It
doesn't cost anything to attend
A.A. meetings. Local Meet-
ings are in Coupeville, Freeland,
Langley, Clinton, and Oak Harbor.
There are no age or education re-
quirements to participate. Mem-
bership is open to anyone who
wants to do something about
their drinking problem. A.A.'s pri-
mary purpose is to help alcoholics
to achieve sobriety. We're here to
help. For local meetings search
aa.org or call 888-360-1564

Have you ever been affected by
someone else's drinking? Al-
Anon may be for you. AL-ANON:
Tuesdays at 5:30-6:30 Oak Harbor
Lutheran Church Library 1253 NW
2nd Ave. There is help and hope:
Contact for more info: Rebecca
425-773-6937

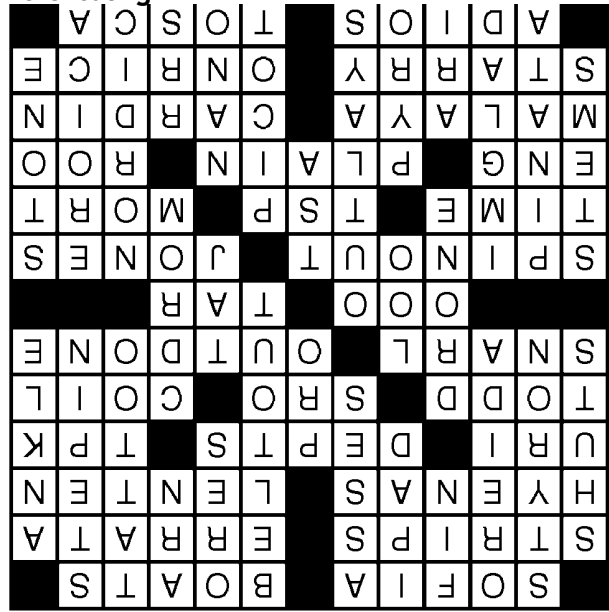
Bothered by someone's
drinking? AlAnon can help!
Langley Family AlAnon
Group, Wednesdays 9:30 AM
to 10:30 AM, Langley Meth-
odist Church, 301 Anthes
Ave, Langley. Fireside room
Information: (206) 898-2771.

Gamblers Anonymous Meeting.
Every Tuesday at 6:30 p.m. at the
Mount Vernon Senior Center.
Mount Vernon Senior Center,
1401 Cleveland Ave, Mount Ver-
non Any questions, call Washing-
ton State Gamblers Anonymous
hotline at 855-222-5542, or visit
<https://gawashington.org/>

OVEREATERS ANONYMOUS
Tuesdays 7 PM to 8 PM
Langley United Method-
ist Church 301 Anthes Ave.
Room 224
Langley, Washington 98260
For local meeting information and
support call: Kevin 206-395-9622

Adult Children of Alcoholic
and Dysfunctional Families meeting,
Tuesdays 2-3 pm, Langley Meth-
odist Church - 301 Anthes Ave,
Langley - Fireside room. Contact:
acawhidbey@gmail.com

No Cheating!



How'd you do?

6	7	1	9	3	2	5	4	8
4	9	5	6	8	1	3	7	2
2	3	8	5	7	4	6	9	1
5	2	9	1	6	8	7	4	3
3	1	4	7	9	5	2	8	6
8	6	7	3	2	4	5	1	9
1	4	6	8	7	3	9	2	5
9	8	2	4	5	6	1	3	7
7	5	3	2	1	9	8	6	4

CLASSIFIED INFORMATION

US Postal Mail

Whidbey Weekly
Classified Department
PO Box 1398
Oak Harbor, WA 98277

E-Mail classifieds@whidbeyweekly.com
Telephone 360-682-8283

PLEASE CALL WHEN YOUR ITEMS HAVE SOLD.

Please try to limit your classified to 30 words or less,
(amounts and phone numbers are counted as words)
we will help edit if necessary. We charge \$12/week for
Vehicles, Boats, Motorcycles, RVs, Real Estate Rental/
Sales, Business Classifieds and any items selling \$1,000
and above. We do charge \$25 to include a photo. The
FREE classified space is not for business use. No clas-
sified is accepted without phone number. We reserve
the right to not publish classifieds that are in bad taste
or of questionable content. All free classifieds will be
published twice consecutively. If you would like your
ad to be published more often, you must resubmit it.
Deadline for all submissions is one week prior to issue date.

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✓FREE Battery Fluid & Fill

✓NEW Oil & Oil Filter
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- Inspect Belts & Hoses
- Inspect Exhaust System
- Check Charging System
- Test Ignition Cables
- Tire Rotation & Balance
- Inspect Suspension
- Check all Fluids
- Test Anti-Freeze

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starting at

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- Road Test Vehicle
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