

October 31, 2025 - November 6, 2025

Whidbey Weekly

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present:

A FREE showing of the hit film

THELMA

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Sunday, Nov. 9th
1-4 p.m.

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Oak Harbor Educational Foundation to Host “Dream Big” Gala Supporting Students and Educators

By Merrick Parnell



Photo supplied by Oak Harbor Educational Foundation

The Oak Harbor Educational Foundation (OHEF) is inviting the community to its “Dream Big: Shaping the Future of Education” fundraising gala, set for Nov 8 at the Oak Harbor Elks Lodge.

Guests can look forward to an evening of entertainment and activities, including a plated dinner prepared by Jackie Huerta of Zaninis, a musical performance by Oak Harbor High School students, inspiring guest speakers, and live and silent auctions.

Organizers are encouraging attendees to wear cocktail attire and enjoy a night out while supporting local students and educators.

“The mission of the Oak Harbor Educational Foundation is to empower Oak Harbor School District students and educators,” said Lisa Jones, OHEF executive director. “We create opportunities for students to thrive, provide scholarships for post-secondary education, and enable teachers and schools to offer supportive and innovative learning experiences. Our Stay in School Funds supply essential clothing, personal care items, and educational supplies at the elementary level. Each June, we provide more than \$65,000 in scholarships to graduating Oak Harbor seniors.”

Previous OHEF fundraising efforts have made a lasting impact on the community. “Our support has funded projects that directly benefit and involve students, including installing communication boards at each elementary school playground, which improve interaction among students and staff. We’ve also funded school garden projects, recycling initiatives, robotics programs, and public art installations across town,” Jones said.

With state and national funding for public schools shrinking, community support is essential to help educators provide quality learning opportunities and enable students to achieve their goals, Jones added.

Attendees of this year’s gala can support the cause by bidding on a variety of silent and live auction items, including art, leisure experiences, home improvement packages, a private catered dinner, and a boat cruise. Guests may also contribute directly through a paddle raise.

Tickets and more information are available at ohedfoundation.org.



Blithe Spirit Delivers A Hauntingly Good Time

Photos and Theater Review by Jim Sovanski



“Blithe Spirit” at the Whidbey Playhouse in Oak Harbor is a rollicking must see!

Combine Noel Coward’s pithy dialogue and story with some of Whidbey’s finest actors and the Playhouse has whipped up a frothy concoction perfect as an antidote to our PNW grey season and dreary times.

Charles Condomine, as played by Lachlan Waterbury in his first headlining role at the Playhouse, has a haunting problem. Innocently enough, he has invited curiously odd psychic Madame Arcati, uproariously portrayed by Tiffany Scribner, to his home to perform a seance in the hopes of gaining material for a book he is writing. He gets much more than he bargained for.

Arcati accidentally and hilariously conjured back to this world Charles’ deceased first wife Elvira’s unsettled spirit, coyly portrayed by Playhouse veteran Abby Thuet, and Elvira is not happy about it. Especially because Charles has remarried and the self-absorbed Elvira is not inclined to want to share her husband with another woman, dead or alive. The new wife Ruth, depicted by Shealyn Christie, sees her tranquil domestic existence turned topsy-turvy by the mischievous and willful Elvira’s shenanigans.

In talking about “Blithe Spirit,” Director Dave Frazer said: “It was written during a

time of great turmoil in the world (1941), with the German Blitz of London occurring nightly, and people searching for solace in their lives. Coward helped provide this with a show that helped to lighten the mood of the Brits during this dark period. In times of turmoil, comedy and the ability to laugh can help people through dark times. Our country is going through great turmoil now, and no matter your beliefs, a good laugh can help to lighten your load. This show provides laughs in abundance.”

Frazer has cast a stellar troupe of local actors for this production and while none are from the United Kingdom, I’m happy to report all the actors do

a remarkable job sounding very British. I have to give a special shout out to Tiffany Scribner and her absolutely brilliant turn as Madame Arcati. She brazenly steals every scene she’s in.



Tiffany Scribner as Madame Arcati delivers a stellar performance.

Continued on Page 6

Now Showing!

Friday, October 31-Sunday, November 2

Stitch Head (PG)
Regretting You (PG-13)





VETERANS DAY PARADE

NOVEMBER 11 • 2PM • DOWNTOWN OAK HARBOR

Parade route:
SE Pioneer Way from Ely Street to Midway
Rain or Shine

Application to be in the parade: www.oakharbormainstreet.com/events
For more info: director@oakharbormainstreet.com or Julie Dunn: whidbeycrafters@gmail.com

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Meals On Wheels (ISR)
Friends of Ebey's Landing
National Historical Reserve
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- Final Price: \$10 per pound, minus your \$50 deposit.



Visit our website for full details. onewillowfarmwa.com/
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We could use your help with these items:

Thanksgiving Dinner Meals

Pumpkin Pie Filling

Green Beans, Chicken Broth

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15 oz cans of Sweet potatoes or Yams

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Pudding Mix, Nuts, or Candy



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for Oak Harbor City Council
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BITS & PIECES

Federal Government Shutdown: Impacts to DSHS Services and Washington Residents

With the federal government unable to pass spending legislation to maintain operations, portions of federal agencies officially ceased operations on October 1, 2025. The Washington State Department of Social and Health Services (DSHS) is outlining how the ongoing federal shutdown may affect Washington residents and employees if federal funding is not restored soon.

Food and Cash Benefits

All October 2025 food and cash benefits distributed by DSHS will continue as scheduled. However, if federal funding is not reinstated, DSHS will be unable to issue food benefits after October 31. Cash benefits for November 2025 will continue to be distributed as usual.

DSHS continues to closely monitor the situation and will update the public as additional information becomes available.

Employee and Program Impacts

If the shutdown continues into November, DSHS employees whose positions are funded by the Supplemental Nutrition Assistance Program (SNAP) may face temporary employment interruptions beginning in early November. Affected employees will be notified directly and provided with details regarding available resources, including health benefits and other support.

These potential staffing impacts could affect services statewide. DSHS Tribal outstations may not be staffed until the federal government reopens, and mobile office teams may not operate during the shutdown. Customers should prepare for longer wait times in offices and call centers during this period. DSHS appreciates the public's patience as the agency works to maintain essential services.

Disability and Other Services

The Division of Disability Determination Services continues to process all disability claim types using state funding during the federal funding lapse. For questions about Social Security Administration (SSA) benefit payments, residents should visit www.ssa.gov for the latest updates during the shutdown.

The Office of Financial Management (OFM) is tracking statewide impacts to Washington state agencies and posting updates on its website.

If the federal government shutdown continues beyond October 31, 2025, DSHS will not have federal funding to issue November food benefits. Benefits will resume once Congress and the President approve a budget. During this time, DSHS will continue to accept applications, reviews, and updates, which will be processed when federal guidance is received.

Beginning November 1, the shutdown affects Basic Food benefits, including SNAP and the Food Assistance Program for legal immigrants. Medical and cash programs are not affected for November.

Clients do not need to spend their food benefits before the end of October. Funds already on an EBT card remain available and roll over monthly, only expiring after 274 days of inactivity. Grocery stores and authorized retailers will continue accepting EBT benefits, and residents can replace lost or damaged cards by calling 888-328-9271.

The Housing and Essential Needs (HEN) program is not affected, as DSHS does not manage those funds. Residents with questions about housing assistance should contact their local housing providers. Similarly, school meal programs are not expected to be impacted, though families should check with the Office of Superintendent of Public Instruction (OSPI) for updates.

DSHS understands this is a challenging time for many families. Residents needing food or other assistance can contact 211 or visit 211.org to find local food banks and community resources. Additional help is available through WashingtonConnection.org, the Division of Child Support's Alternative Solutions database, and the Reduced Cost Services Guide.

For those wishing to advocate for a resolution to the shutdown, DSHS encourages residents to reach out directly to their federal legislators.

Feed Your Soul at the Whidbey Island Center for the Arts on November 15 - Featuring Eric Vanderbilt-Mathews Quintet



On November 15, 2025, Whidbey Island Nourishes (WIN) will host South Whidbey-famed Eric Vanderbilt-Mathews in partnership with Whidbey Island Center for the Arts (WICA). The esteemed fundraiser, "Feed Your Soul," provides a visual display of community impact, a sampling of youth program foods, and highlights the work WIN does to provide food for local

Continued on page 7

DREAM BIG

Shaping the Future of Education

Saturday, Nov. 8 • 6 p.m.
Oak Harbor Elks Lodge

Dinner • Live & Silent Auction
Supporting Oak Harbor Students & Educators

Tickets!

www.ohedfoundation.org



THANK YOU FOR YOUR SUPPORT | TURN ME INTO A HAT



What's Going On!

BLITHE SPIRIT
Now through Sunday, Nov. 23
Fridays and Saturdays, 7:30 p.m.;
Sundays, 2:30 p.m.
Whidbey Playhouse, 730 SE Midway Blvd.,
Oak Harbor

Whidbey Playhouse presents Blithe Spirit, Noël Coward's delightfully witty supernatural comedy. When novelist Charles Condomine hosts a séance, he accidentally summons the ghost of his first wife, Elvira — who has no intention of leaving quietly. As Elvira wreaks havoc on his new marriage, chaos, laughter, and otherworldly mischief ensue.

This beloved classic sparkles with Coward's sharp humor and timeless exploration of love, rivalry, and the afterlife.

Tickets: \$25 at whidbeyplayhouse.com or by calling 360-679-2237.

DÍA DE LOS MUERTOS CELEBRATION
Saturday, Nov. 1, 5 to 8 p.m.
Wallin-Stucky Funeral Home, 1615 NE 16th Ave, Oak Harbor

Join Wallin-Stucky Funeral Home for an evening of tradition and remembrance featuring food, face painting, raffles, and a showing of The Book of Life. Guests are invited to bring framed photos of loved ones for the community ofrenda.

Free and family-friendly. Festive attire encouraged.

STEAM SUNDAY: CRAYONS ROCK!
Sunday, Nov. 2, 2 to 3 p.m.
Freeland Library, 5495 Harbor Ave, Freeland

Use crayons to model the rock cycle, then create your own melted crayon art at this hands-on STEAM Sunday session. Each month, explore a new theme through art, science, and creativity — from nature and animals to maker projects and crafts.

Designed for ages 5–13. Supported by the Friends of the Freeland Library.

Free and open to the public.

AND IT HAS POCKETS! THE BATTLE FOR WOMEN'S CLOTHING EQUALITY
Tuesday, Nov. 4, 2 to 4 p.m.
Coupeville Library, 788 NW Alexander St

Join costume designer Diane Johnston for a lively Humanities Washington talk on how something as simple as a pocket became a symbol of women's independence—and how that struggle continues in fashion today.

Free and open to adults and teens.

FREE SKIN CANCER SCREENING
Coordinated by WhidbeyHealth
Wednesday, November 5, 9 a.m.–1 p.m.
Freeland Library, 5495 S Harbor Ave, Freeland

Your private screening includes a brief skin examination by a WhidbeyHealth provider or local dermatologist. Each appointment takes about 10 minutes. Please arrive 5–10 minutes early to complete a short questionnaire.

All are welcome—cancer survivors are especially encouraged to participate. Space is limited. To request an appointment, call 360-678-7624 ext. 4221 or email Phaysh@whidbeyhealth.org. For general information, contact Megan L. at 360-331-7323.

HYGGE HIDEAWAY
Thursday, Nov. 6, 3:30–5 p.m.
Langley Library, 104 Second Street, Langley

Enjoy a cozy afternoon with good conversation, candlelight, crafting and warm tea. Bring your own project or take part in a simple craft provided by the library.

FREELAND HALL COMMUNITY DINNER
Thursday, Nov. 6, 6 to 8:30 p.m.
Freeland Hall, 1515 Shoreview Dr., Freeland

Join friends and neighbors for the monthly community potluck dinner at Freeland Hall, held the first Thursday of each month. Bring a favorite dish to share and enjoy an evening of great food and conversation. Annual membership is \$25 and helps continue a tradition more than a century old.

For more information, call Lynn Thomson at 541-961-1914.

MAKERS BOUTIQUE
Friday–Sunday, Nov. 7–9, 9 a.m. to 5 p.m.
Greenbank Progressive Club, 3090 Firehouse Road, Greenbank

Shop handmade and local at the 2025 Makers Boutique! This three-day event features the best of Whidbey Island's artisan community — including wire tree sculptures, carved wooden creations, pottery, jewelry, crocheted plush toys, kitchen essentials, quilted goods, artwork, jellies, sauces, jams, and more.

Whether you're searching for unique holiday gifts or simply love supporting local makers, you'll find something special here.

Hosted at the Greenbank Progressive Clubhouse, located at the corner of Bakken and Firehouse Road.

FLYING FINGERS DEAF AND HOH SOCIAL
Friday Nov. 7, 5:30 p.m.
Langley United Methodist Church, Fireside Room (Third St and Anthes Ave)

We gather held monthly for a fun social and gather to learn sign language. We share our treats and enjoy each other company. The Fireside Room is in the back section of the church, it is the perfect room for learning ASL. Contact Susan for details, sisoleil973@yahoo.com.

MEDICARE Q+A
Saturday, Nov. 8, 10 a.m.–1 p.m.
Coupeville Library, 788 NW Alexander St, Coupeville

Got Medicare questions? Drop in to meet with a SHIBA (Statewide Health Insurance Benefits Advisors) volunteer for answers during Open Enrollment.

CYTHARA VII: THE HISTORY OF THE WORLD ACCORDING TO THE GUITAR
Saturday, Nov. 8, 7:30 to 9:30 p.m.
Whidbey Island Center for the Arts, 565 Camano Ave., Langley

Guitar virtuosos André Feriante and Troy Chapman return to the WICA stage for Cythara VII: The History of the World According to the Guitar — an evening that blends music, storytelling, and cultural discovery. Through their collection of rare stringed instruments, the duo explores the evolution of music across centuries and continents, weaving humor, warmth, and artistry into a performance that's both educational and enchanting.

Tickets available at wicaonline.org.

FRIENDS OF THE LIBRARY BOOK SALE
Saturday, Nov. 8, 10 a.m.–2 p.m.
Freeland Library, 5495 Harbor Ave, Freeland

Hundreds of books for all ages available by donation, or fill a bag for \$20. Cash, check, credit, debit, and Venmo accepted. All proceeds support library programs, services, and materials. Volunteers are welcome to help during the sale or with setup and cleanup.

THELMA SCREENING & ELDER-FRAUD Q&A
Sunday, Nov. 9, 1 to 4 p.m.
The Clyde Theater, 217 First St., Langley FREE

Island Senior Resources and The Clyde Theater present a free afternoon of entertainment and community education. Enjoy Thelma, a heartwarming comedy-drama about a 93-year-old woman who takes justice into her own hands after being scammed.

Following the screening, join Assistant Attorney General Jeremy Morris from Washington State's Medicare Fraud Control unit for an informative discussion on how to recognize and avoid elder-fraud scams. Arrive early—seating is limited. Can't make the movie? Stop by at 2:30 p.m. to join the conversation.

More information at senior-resources.org.

HONORING OUR VIETNAM VETERANS: PORTRAITS & STORIES
Monday, Nov. 10, 4–5 p.m.
Oak Harbor Library, 1000 SE Regatta Dr, Oak Harbor

Photographer and author Michael Holtby presents his portrait series honoring Whidbey Island veterans who served in the Vietnam War. The photographs, on display throughout

November, feature portraits and first-person reflections on the war's lasting impact. Holtby will also share a slideshow and discuss the 50th anniversary of the fall of Saigon.

DISCOVER PASS FREE PARKING DAY – VETERANS DAY
Tuesday, Nov. 11
All Washington State Parks and state-managed public lands

Celebrate Veterans Day with free access to all Washington State Parks—no Discover Pass required. Enjoy the outdoors while honoring those who have served.

Free parking applies to day use only; overnight stays and facility rentals are not included.

OAK HARBOR VETERANS DAY PARADE
Tuesday, Nov. 11, 2 to 3 p.m.
Downtown Oak Harbor, SE Pioneer Way (from Ely Street to Midway Boulevard)


Come celebrate and honor our nation's heroes at the Oak Harbor Veterans Day Parade. Bring family, friends, and neighbors for an afternoon of patriotic pride as the community salutes the brave men and women who have served our country.

The parade will feature veterans, marching bands, community groups, colorful floats, and more — all joining together in a moving tribute. Rain or shine, the procession begins at Ely Street and concludes at Midway Boulevard.


BUSINESS BUILDER: CREATE YOUR IDEAL BUYER PERSONA AND UNIQUE BUSINESS VALUE PROPOSITION
Thursday, Nov. 13, 6 to 7 p.m.
Oak Harbor Chamber of Commerce, 32630 SR 20, Oak Harbor

Learn how to identify your ideal customer and define what sets your business apart from the competition in this free Business Builder workshop. Held on the second Thursday of each month, this series helps local entrepreneurs strengthen their business skills and strategies.


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October 31, 2025 • 5-7PM

With Historic Downtown Oak Harbor Merchants

TRICK OR TREATING 5-6:30PM • ZOMBIE DANCE 6:30-7PM

Halloween Music At The Buskers Corner with DJ Skip!
Thriller Dance with Line Dancing with Gigi!
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Magnificent Crab Queens • Oak Harbor Lions • Oak Harbor Elks
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OAK HARBOR MAIN STREET

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Blithe Spirit

Continued from Page 2



“Coward’s tight script is the real star; his genius lies in the rapid repartee between characters,” said Waterbury. “I feel that the role of Charles is primarily to support the wonderful, vibrant, female trio of Madame Arcati, Ruth, and Elvira, so, initially, I found that he lived in a pretty narrow space, bouncing between supercilious, sexist, master of the house and bewildered, powerless victim of a dual haunting.” Shealyn Christie shines as second wife Ruth, suffering the mischief and wrath of the invisible Elvira.

In talking about a theater classic like “Blithe Spirit,” Abby Thuet (Elvira) commented, “I wanted my version of “Elvira” to be unique to other interpretations I have seen of this character. My Elvira has a light British accent and into that I’ve tried to blend flavors of coy seductress and mischievous child; both of which I hope convey to the audience a feeling of “she’s up to something.”

Rounding out the trio of ladies, Tiffany Scribner had this to say about her portrayal and unique voice: “Madame Arcati is an outsider in many ways in this play- according to the script she is not from the area/fairly new in town. She is a true believer in the occult, as her mother was before her, and social graces are not high on her list of concerns- in a time and place where social graces were the heartbeat of civility. So, it makes sense to me that Arcati would sound different than the rest of the characters in the show. I wanted to emphasize her strangeness, her otherworldliness.”

Community theater has always been a haven and home for talented actors. Ben Honeycutt reflected on that truth with this cast.

“Everyone in this production is a veteran actor and they are all an incredibly talented bunch. Every single cast member has, in rehearsals, successfully broken up the entire cast at some point, such that we all stop while we recover from laughter. Any time you get that level of horsepower – and chemistry - on stage, it’s a blast to work with. It’s even more fun when we take the audience down our rabbit hole.”

As a newcomer to the Playhouse, Kellen Cox has her own take on performing at the Playhouse. “We moved to Whidbey Island from Savannah, Georgia in June. I knew I wanted to be involved with community theater here having loved it when I lived in the South. I saw that Whidbey Playhouse was doing “Blithe Spirit” and have wanted to be in a Noel Coward play. Seemed like kismet, so I jumped at the chance.”

Rounding out the cast is Elizabeth Rud as the speedy housemaid Edith.



Blithe Spirit at the Whidbey Playhouse opens Friday, October 31st at 7:30 PM and runs weekends through November 23rd. Friday and Saturday shows are at 7:30 PM and Sunday matinee performances are at 2:30 PM. The Whidbey Playhouse is located at 730 SE Midway Blvd. in Oak Harbor. Ticket sales and further information at www.whidbeyplayhouse.com or call the box office at 360 679-2237. Box office hours are Tuesday-Friday 1:00 PM - 6:00 PM.



On Death and Halloween

BY CHARLES LAFOND
ISLAND POTTER, AUTHOR, FUNDRAISER, AND WRITER

After almost five decades as a potter and three decades as a minister, my life has naturally conflated the two careers by a delight in making funeral urns for human and pet cremains.

My pottery is slowing as I age. My body can no longer dig, carry and process the Whidbey wild clay like it used to, so work on urns in particular has ended, as things do. And as for being a minister,

well, I am, these days, only sure that “something amazing” is out there. If that “something” that seems to connect sentient beings and life is one of the 2,700 religious gods of our human species’ history, I am cool with that.

Making cremains urns required about the same skills as making a cookie jar, and about the same amount of clay — seven pounds. I don’t make them anymore because the conversations about them with shoppers were, as my British mother would say, “rather fraught.” We humans become dysregulated when we discuss death because it brings up so many mysteries, which we either like to make facts or hide in darkened closets and under beds — companions of those things that go “bump” in the night. We Westerners work hard to erase mystery in favor of awe, which is easier for our neurology and prefrontal cortex to consider.

Halloween, and indeed fall, is a time when we celebrate death — not because we like thinking about it, but because we simply cannot bear to ignore it happening around us in nature. The holiday came with Irish and Scottish immigrants who received it from the church, who received it from Druids, who received it from farmers making sense of the end of the growing season. OK, and also the end of lives they loved, or at least lived.

Halloween’s black clothes, candles, masks and ghosts are a symbolic language for our subconscious. Black represents night and mystery, while candles pierce darkness, bringing warmth in cold, light in darkness and sight in blindness. We may not be able to fight a bully or ghoul, but at least we can see one coming. The \$13 billion Americans will spend on Halloween in 2025 helps relieve the tension that builds up from daily denial of mortality. I believe there are other ways too.

As a fundraiser of 42 years, my own release of tension from denying my own mortality, and from my visceral fear of dying (not so much of death), seems best metabolized by meaning-making.

Viktor Frankl noticed in Auschwitz, a German concentration camp, that in the darkness of those fears, prisoners would metabolize their fears by giving their last bit of bread to a bunkmate. He also focused on the memory of his wife, which gave him a different meaning-making purpose that he felt helped give him strength to survive. And having a goal — an unfinished task like, in his case, rewriting a book manuscript — could make meaning of a dark present by imagining the flickering candle of a lit future. Jews would imagine being liberated “by the time of Hanukkah this year!” That whispered longing would keep them alive in those dark, wintry Novembers and Decembers. The problem he noticed was that after Hanukkah came and went, thousands would suddenly die in their sleep.

Making cremains urns for human ashes helped me find meaning as a potter, just the way inspiring meaning-making with philanthropy helps me to help others find meaning every day.

Sure, I’ll dress in black, wear a mask and go to two parties on Halloween night. It’s what we do. It is good to have a night in which we do not ignore death. But perhaps it’s even better to use every day, while we have them, to make meaning out of life.

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Whidbey Weekly

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Jacob Goodman

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DEADLINES: The Whidbey Weekly is a submission based editorial with contributing writers. Please feel free to submit any information (please limit to 200 words) that you would like to share with the Whidbey Weekly. You may submit by email to editor@whidbeyweekly.com, postal mail to PO BOX 1398, Oak Harbor, WA 98277, check back in next week's issue. Submitted editorial is NOT guaranteed to be published. Deadline for all submissions is one week prior to issue date. For more information, please visit www.whidbeyweekly.com.

Let's celebrate together!

HOLIDAY

Market

Please join us for a Christmas Market

8 NOVEMBER

Whidbey Golf Club

2430 Fairway Lane

11:00am - 2:30pm

Local Artisan Crafts

Continued from page 4

youth in need. The event will open with appetizers and a social hour at 7:00 PM, followed by a concert from the Eric Vanderbilt-Mathews Quintet. Vanderbilt-Mathews, a South Whidbey High School alumnus and saxophone prodigy, is back from New York for this impactful fundraiser, so attendees are encouraged to buy their tickets early on the WICA website.

For 18 years, WIN has been working to ensure that South Whidbey youth have access to the healthy food they need to thrive. During 2025, WIN's client volume has skyrocketed—indicating the high need local youth and families are experiencing. WIN currently serves 16 percent of the South Whidbey School District's youth on the weekends. This event will raise funds in support of this mission and will help close the hunger gap that exists in our community.

Partnering with WIN for this end-of-season fundraising concert is the perfect collaboration opportunity for WICA, according to Deana Duncan, WICA's Executive Artistic Director. "WICA is a social hub and community aggregator. As the largest arts organization in Island County, we recognize our role in amplifying voices and raising awareness for nonprofits like WIN," she says. "We firmly believe in the power the arts have to bring us together—to make us think differently, to encourage dialogue, and to foster empathy. Partnering with WIN on this fundraiser is a wonderful example of the arts enriching lives through shared experiences, and how we can have even greater impact through collaboration."

Tickets for this benefit concert are \$100, with admission including appetizers from Biercuterie. Click here to learn more and to purchase tickets.

Contact:
whidbeyislandnourishes@gmail.com · 360-221-7787 · PO Box 1642, Langley, WA 98260

Breathing Space Counseling TMS Clinic Opens in Oak Harbor

Breathing Space Counseling PLLC is pleased to announce the grand opening of its new TMS clinic in Oak Harbor. A ribbon-cutting ceremony, hosted in partnership with the Oak Harbor Chamber of Commerce, will take place Thursday, October 30, at 5:30 p.m.

This marks the second Breathing Space Counseling location on Whidbey Island, with the first established in Freeland on the South End.

The Oak Harbor clinic offers NeuroStar® Transcranial Magnetic Stimulation (TMS) — a cutting-edge treatment option providing new hope for individuals living with depression, anxiety, and obsessive-compulsive disorder (OCD). In addition to TMS, Breathing Space Counseling provides a full range of mental health services, including counseling for PTSD, depression, anxiety, OCD, substance use treatment, and other brain health concerns for adults and families.

Breathing Space Counseling is now open and accepting new patients. Most major insurance plans are accepted.

For more information or to schedule an appointment, please call (360) 963-4550.

- Clinic Locations:
- Freeland Clinic: 1796 E Main St., Suite 201, Freeland, WA 98249
 - Oak Harbor Clinic: 275 SE Pioneer Way, Suite 102, Oak Harbor, WA 98277

About Breathing Space Counseling PLLC

Founded by Dr. Paula Lintin, LMHC, LPCC, Breathing Space Counseling is dedicated to providing compassionate, evidence-based mental health care across Whidbey Island. The practice combines advanced technology with personalized therapeutic support to help individuals and families achieve lasting well-being.

Farm to Market Workshop Offered by Goosefoot Community Fund, Rewild Learning, and Whidbey Island Conservation District



Learn how to take the produce you grow or your favorite jams or pies to market—whether it's a farmers market, a farm stand, or wholesale outlets. Perfect for the person who has a little plot of land, a homestead, or somewhere they grow more food than their family and neighbors can eat.

In this interactive workshop, participants will learn from a panel of local farmers and food producers and have time to network with fellow food growers. Sessions take place on both North and South Whidbey Island.

Admission is free, but registration is strongly encouraged at goosefoot.org/food-to-market/ or contact sami@goosefoot.org.

Bring Your Food to Market: Farmers Panel

Oak Harbor, Saturday, November 8 | 1–3 p.m., The Collective, 749 SE Pioneer Way, Oak Harbor
Featuring panelists from North Central Whidbey Farmers Market, Rowdy Sprout Farm, and Whidbey Island Grown Cooperative.

Langley, Saturday, November 15 | 1–3 p.m., Front Room, Bayview Cash Store, 5603 Bayview Road, Langley
Featuring panelists from Case Farm, Foxtail Farm, Rowdy Sprout Farm, and Whidbey Island Grown Cooperative.

November's workshops are the first in a series: Bring Your Food to Market: Selling Specialty or Ready-to-Eat Food Items will take place in December. January 2026 will feature Bring Your Food to Market: Social Media for Farmers. These workshops will also be located in both Oak Harbor and Langley.

For more information on the full series, visit goosefoot.org/food-to-market/ or contact Sami Postma at sami@goosefoot.org.

Goosefoot Community Fund is dedicated to supporting essential needs, helping local businesses grow, preserving historic places and rural landscapes, and connecting neighbors.

Rewild Learning works to promote learning as a practice of connection, care, and community resilience.

Whidbey Island Conservation District promotes natural resource stewardship and resilient ecosystems for present and future generations.



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GREEN TICKET CASH GIVEAWAY

\$3000 IN CASH PRIZES THIS YEAR!

\$1500 Cash • \$500 Cash • 2 - \$250 Cash • 5 - \$100 Cash



NOVEMBER 1 - DECEMBER 19, 2025

Earn a GREEN TICKET for every \$20 purchase* at participating merchants between November 1 and December 19, 2025 and be entered to win \$1500 CASH, \$500 CASH, 2-\$250 CASH OR 5-\$100 CASH PRIZES ON SATURDAY, DECEMBER 20!

*1 ticket per \$20 purchase with a maximum of 50 tickets per individual transaction. Drawing will be held at Harborside Village at 2pm on Saturday, December 20. Must be 18 years older to participate. Do not need to be present to win. Receive one ticket at Oak Harbor Main Street Office, no purchase necessary.

Sponsored by



WEEKLY HOROSCOPE

ARIES (Mar 21 – Apr 20)

A bold week for finishing what you've delayed. Mars sharpens focus and courage, making it easier to handle work or fitness goals. Just don't rush conversations—Mercury urges patience.

TAURUS (Apr 21 – May 21)

Relationships deepen as Venus harmonizes with Neptune. Honest sharing clears the air and revives warmth. Mid-week may bring a sudden invitation or heartfelt confession.

GEMINI (May 22 – Jun 21)

Little routines yield big rewards. A Virgo Moon highlights wellness and planning—organize, declutter, or revise your schedule. Productivity peaks when you keep things simple.

CANCER (Jun 22 – Jul 22)

Joy returns through creativity and connection. Express yourself—paint, write, dance, or laugh with loved ones. A playful spark mid-week could rekindle romance or family harmony.

LEO (Jul 23 – Aug 23)

Home and comfort call your name. Whether redecorating or spending quiet hours with family, grounding yourself brings emotional renewal. Friday favors peaceful resolutions.

VIRGO (Aug 24 – Sept 22)

Communication is your key to clarity. Misunderstandings ease as Mercury aspects Jupiter—write, call, or meet face-to-face. It's also a good time to learn or share knowledge publicly.

LIBRA (Sept 23 – Oct 23)

Values and finances take center stage. Venus stabilizes income and self-esteem—be practical but generous. An overdue payment or project may finally come through.

SCORPIO (Oct 24 – Nov 22)

Your season shines! Confidence rises as the Sun empowers your sign. Channel passion into new goals—career, love, or personal reinvention. You attract attention without trying.

SAGITTARIUS (Nov 23 – Dec 21)

Quiet reflection recharges your spirit. Dreams or intuitive messages guide your next step. Avoid over-committing until your energy aligns—clarity comes by week's end.

CAPRICORN (Dec 22 – Jan 20)

Networking opens doors. A group project or friendship brings surprising opportunity. Stay open to collaboration; even casual talks could turn into long-term partnerships.

AQUARIUS (Jan 21 – Feb 18)

Ambition surges as Saturn supports your professional zone. Your dedication pays off—expect praise or progress on a long-term goal. Keep steady; your breakthrough is close.

PISCES (Feb 19 – Mar 20)

A wave of inspiration flows through art, study, or travel. Neptune and Venus spark imagination—record your ideas before they fade. Late-week brings a sweet surprise from afar.



History Corner

Sponsored by:
Island County Historical Society Museum
908 NW Alexander St, Coupeville

THE GRENNAN AND CRANNEY MILL



ICHS Collection 2021.005.013a

general store at Coveland together on Penn Cove in the 1850s. Their building became the first Island County courthouse. In 1853, Grennan took on two other partners to establish a lumber camp at Utsalady Point. Grennan chose Utsalady because the bay was sheltered and deep enough for the tall ships, and there was a safe passage for ships to the harbor there. With help and support from the Kikiallus people who lived on Camano, the first load of Douglas fir spars was logged from Utsalady.



Lawrence Grennan ICHS Collection 2025.025.001

were fifty-six men working at the mill or spar camp. Utsalady had quite a few workers who were sailors that jumped ship while in port.

The mill attracted workers and settlers to the area after the Fraser River gold rush in 1858. Grennan and Cranney established a school, a Masonic Hall, and a store, and there were several houses built to accommodate the workers and their families. Mill workers' cottages were built behind and up the logged-off hillside at Utsalady Point. A two-story granary was built to hold grain from Skagit River farms. The noise from machinery, including a 175-foot-long slab conveyor, was said to be overwhelming, and smoke continuously poured from the chimneys. In August of 1866, the mill produced a 150 foot long flagstaff to be used in Paris at the 1867 Exposition. The 1867 Pacific Coast Business Directory advertised "lumber and spars shipped to all parts of the world" from Camano Island.



Thomas Cranney ICHS Collection 2013.190.007

In 1869 Lawrence Grennan, died while on a business trip to California. Cranney continued operations along with business partner Colin Chisholm and silent partner Elizabeth Grennan. The Puget Mill Company purchased the mill and mill site for \$32,000 in March 1876, and Cranney moved back to Whidbey Island in 1877.



THANK YOU FOR READING WHIDBEY WEEKLY | REDUCE ➡ REUSE ➡ RECYCLE



Astrology for October 31-November 6 2025
Full Moon in Taurus

On **November 2**, Venus in Libra squares Jupiter in Cancer at 25°. Tensions may rise today around relationships and the ways in which we are or are not getting our needs met within them. Venus in Libra is looking for balance, fairness, and harmony. Jupiter in Cancer wants to expand our emotional bonds and utilize creature comforts to nurture that process. Because both of these planets are benefics, positive outcomes are likely, even through conflict. By facing differences and discussing feelings, combat can turn to connection. Be honest about your needs. Be gentle and diplomatic with expressing your feelings. If we can remember to focus on nurturance and care, notable progress is possible today.

On **November 4**, Mars enters Sagittarius until December 15. Get ready to do some exploring with Mars in this sign. Under this energy, our actions lean toward expansion, higher learning, debates, spontaneity, asking big picture questions, and considering new travel plans. Ha! A word of caution here on travel plans at this time, as Mercury in the same sign will be stationing retrograde in a few days on November 9. (More on that in next weeks horoscope.) Today, pay attention to your inspirations. We are more likely to try new things, and take action in the direction of our philosophical curiosities. Mars in this position is searching for deeper meaning and is also “down for whatever” when it comes to achieving it. Optimism and enthusiasm on 11. And an open attitude is a great strategy under this sky, because as soon as Mars enters the sign of Sagittarius, it will oppose Uranus retrograde in Gemini at 0° creating potent wildcard energy. Expect the unexpected. Risk taking vibes. Don’t forget to look before you leap.

November 5 brings the full Moon in Taurus at 13°. This is a major completion point in matters of money, materials, resources, and the balance of these elements within the context of relationships and intimacy. Taurus rules the physical five senses. Themes around physical touch, sensuality, and simple satisfaction are heightened. The Mars opposite Uranus transit is still in effect, so consider that both arguments and adventurous action may spring up out of the blue. When the Moon is full, emotions run high. Think back to earlier this year when we had the new Moon in Taurus on April 27. What was beginning then? What was discussed? Are our needs being met? Finances affected? Have we made any progress? This full moon will also shine a light on where we have been stubborn and unwilling to change. It will be loud. The Sun in Scorpio is pressing us all collectively, and individually for various forms of transformation. What are you still holding onto in the shadows? The Moon will reveal it.

On **November 6**, Venus enters Scorpio until November 30. This is the transit where relationships get very raw and real. We dive into the depths reviewing matters of sexuality, psychology, occultism, and all things taboo or uncomfortable to face. Venus in this position is not concerned with keeping the peace. Intuition is razor sharp. We are more likely to cut away at the fluff. Truth will be uncovered in matters of the heart. Take care not to abandon tact as you navigate through deep feelings with self and others. What truly matters to you? You can’t please everybody.

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Check out my new Album “ROT” on Bandcamp



October 31st – November 6th :
Knight of Wands Reversed



This week there is an immense energy of charging forward, however this may feel more akin to being pulled by the momentum, rather than leading the action. There’s a scene in “Independence Day: Resurgence” displaying pilots as they have to calmly navigate a “controlled dive” after they’ve fried their engines. Panic and inaction would not only cost them an opportunity to save the world, but also result in their own demise. How can you focus and channel impact through the potential chaos of the moment? How can you keep your balance and direct the ferocity without succumbing to the trampling of the masses?

A stampede cannot be controlled, but must run itself out. In moments out of our control, two choices are vital: 1) diminishing our discomfort with the unknown, and 2) concentrating on what we can control within ourselves. When swept up in the charge, there is a matter of going with the flow, but also an intentionality, a directionality, and a grit that

is necessary to stay on your feet so as not to be ground beneath the actively progressing forces around you.

Although it may be (inaccurately) easy to feel like you’re no more than a pawn on the board, a cog in the machine, at the mercy of powers seemingly greater than ourselves, this week’s card desires you to truly hear two messages above the noise: 1) the sweeping energy of this week hurtles us toward an aligned destination (the GPS may have rerouted us through detours, but remains focused on the objective), and 2) every cavalry member is responsible for their own actions, which add quantifiably to the success of the outcome.

Every group project has individual roles. Find good teammates, BE a good teammate, and communicate your own perceived strengths and weaknesses, as well as, the vision to be pursued, individually and collectively. What goal(s) are you focused on, and what steps are you taking toward reaching said goal?

And if you haven’t already, go VOTE!

Xo, Tiffany



Year Ahead Tarot Special

Your detailed 12 months forecast to
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October 31 -November 6

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FRIDAY OCT 31 - THURSDAY NOV 6
(CLOSED MONDAY & TUESDAY)

REGRETTING YOU (PG-13):
1:30PM 4:00PM & 7:00PM

BLACK PHONE 2 (R):
1:45PM, 4:15PM & 7:15PM

KPOP DEMON HUNTERS SING ALONG (PG):
FRIDAY: 2:00PM & 4:30PM
SATURDAY & SUNDAY: 2:00, 4:30 & 7:30PM
SENSORY FRIENDLY SHOWING
SATURDAY AT 2:00 PM

GOOD FORTUNE (R):
WEDNESDAY&THURSDAY:
2:00PM, 4:30PM & 7:30PM

ROCKY HORROR PICTURE SHOW (R):
FRIDAY ONLY AT 9:00PM

COMING SOON:
11/7 “CHAINSAW MAN - THE MOVIE”
“PREDATOR: BADLANDS” & “PETS ON A TRAIN”



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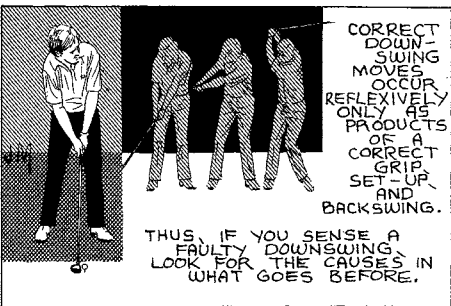
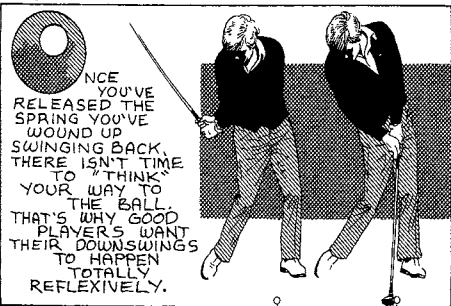
CLUES ACROSS

- 1 Dandies
- 5 Patient’s need, briefly
- 8 Small town
- 12 “Yeah, right!”
- 13 Brazilian city
- 14 Screenwriter James
- 15 Buyer’s offer
- 17 “Pinocchio” fish
- 18 Six, in Milan
- 19 Devoured
- 20 Dexterity
- 21 “See ya!”
- 22 Knock
- 23 Apiary homes
- 26 Business magnates
- 30 “Shake --!” (“Hurry!”)
- 31 Singer Carly -- Jepsen
- 32 Aussie hoppers
- 33 Lend a hand
- 35 Composer Joplin
- 36 Priestly garment
- 37 “Humbug!”
- 38 Music category
- 41 JFK Library architect
- 42 “-- the season ...”
- 45 During
- 46 “Troy” actor
- 48 Flintstones’ pet
- 49 Long. crosser
- 50 Skin care brand
- 51 Ollie’s pal
- 52 Corp. symbols
- 53 Conference leader?

CLUES DOWN

- 1 Little lies
- 2 Theater award
- 3 Mani counterpart
- 4 NASCAR sponsor
- 5 Banal
- 6 Grown-up nits
- 7 Iowa college
- 8 Rear veranda
- 9 Hybrid fruit
- 10 Stagger
- 11 Earth sci.
- 16 Light beams
- 20 Pouch
- 21 “Excuse me?”
- 22 Deli bread
- 23 “So there!”
- 24 -- -de-France
- 25 Speed (Abbr.)
- 26 Make lace
- 27 Tic-tac-toe win
- 28 “-- so fast!”
- 29 Retired jet
- 31 Barbecue coating
- 34 World Cup cheer
- 35 Stated
- 37 Pulsates
- 38 Wanders
- 39 Send forth
- 40 Jazz singer Simone
- 41 Baby carriage
- 42 Scrabble piece
- 43 Slanted type (Abbr.)
- 44 Ocular woe
- 46 Crunchy sandwich
- 47 Soup cooker

Play Better Golf with JACK NICKLAUS



Answer on page11

YOUR GUESS IS AS GOOD AS OURS WEATHER FORECAST						
Fri, Oct 31	Sat, Nov 1	Sun, Nov 2	Mon, Nov 3	Tues, Nov 4	Wed, Nov 5	Thurs, Nov 6
North Isle H-52°/L-44°	North Isle H-54°/L-45°	North Isle H-52°/L-42°	North Isle H-51°/L-43°	North Isle H-54°/L-43°	North Isle H-52°/L-45°	North Isle H-51°/L-46°
South Isle H-52°/L-44°	South Isle H-55°/L-47°	South Isle H-53°/L-43°	South Isle H-51°/L-43°	South Isle H-54°/L-44°	South Isle H-53°/L-46°	South Isle H-53°/L-47°



OUR

Community

An Upbeat Question of the week

By Helen Mosbrooker

What has been the most fun Halloween you have ever experienced and why?



Eli B,
Oak Harbor

"That we get candy, we go to Fort Nugent to park our van and trick-or-treat in FireSide. We sometimes see our friends. I was a golden ninja. I got lots of candy, it was awesome!"



Cameron M,
Oak Harbor

The most fun Halloween I have ever experienced was in 2023 when my dad and I went trick-or-treating together. That night was so much fun because we went all out with our costumes and decided to visit a haunted house after collecting candy around the neighborhood. I remember the cool night air, the sound of laughter and spooky music filling the streets, and the excitement of running from house to house with my candy bag getting heavier each stop. When we entered the haunted house, my heart was racing—I didn’t know whether to scream or laugh! My dad and I held onto each other and couldn’t stop laughing afterward. It was one of those nights I’ll always remember because we had so much fun just being together.

Joyful Saying of the Week

To get joy, We must give it, And to keep joy, We must scatter it.
-John Templeton

Weekly SUDOKU		5	6					1	
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		2					9		3
		7				3	6		
		3		8	2	9		5	
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			7		4	1	8	9	5
	8	1	5			2			6

DIFFICULTY THIS WEEK: ♦ ♦♦♦ Challenging

♦♦♦♦ HOO BOY!

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Answer on page11

COMMUNITY BULLETIN BOARD

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Americanisms



“A man says a lot of things in summer he doesn’t mean in winter.”
— Patricia Briggs

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BINGO

BINGO at Whidbey Golf Club

No membership required to play. \$10 for 10 games. Fully licensed bar and restaurant. Every 1st and 3rd Wednesday, Monthly. Starts at 6:00 p.m. Whidbey Golf Club 2430 SW Fairway Lane www.whidbeygolfclub.com 360-675-5490 ext.4

ESTATE SALE



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Was your Dad or Gramps in Japan or Germany? I collect old 35 mm cameras and lenses. Oak Harbor. Call 970-823-0002

Whidbey Weekly needs a delivery vehicle while we raise money for a replacement engine. Have something to spare? Give us a call at 360-682-8283.

How'd you do?

9	3	4	2	6	7	5	8
5	6	8	1	4	3	7	9
1	7	2	8	9	5	3	6
7	5	1	6	2	8	4	9
8	2	9	3	1	4	6	5
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6	9	7	4	5	1	2	8
2	8	5	9	3	6	1	7
4	1	3	7	8	2	9	5

RESOURCES

Family Resource Center
723 Camano Ave, Langley. 360-221-6808 ext 4321
School supplies, coats, warm clothing, resource connections. Mon-Wed 9 a.m. - 5 p.m. Thurs 9 a.m. - 12 noon, or by appt. readinessstolearn.org

Mother Mentors
360-321-1484 · info@whidbeymothermentors.org
Carregiving mentoring and play support, mothermentors.org

I Support the Girls
360-678-2090 · isupportthegirls.org/affiliates/whidbey-island
Essential health and hygiene items for women and girls.

Island Senior Resources
360-321-1600
14594 SR 525, Langley
Multiple 50+ programs and services. Mon-Fri, 8:30 a.m. - 4:00 p.m. senior-resources.org

Pamoja Place pamojaplace.org
721 Camano Ave, Langley
Safe space for BIPOC people and allies to connect, collaborate, and celebrate.

Veterans Resource Center
360-331-2496
723 Camano Ave, Langley
Events, Support, and Benefits help
Monday 10 a.m. - 3:30 p.m.
Tues - Thurs 1:00 - 4:30 p.m.
Saturday by Appointment. whibeyvrc.org

Veterans Services
360-632-2496
105 NW 1st, Coupeville
Monday - Friday, 8:00 a.m. - 4:30 p.m.

RESOURCES

Basic Food Benefits Community Services Office: 275 Pioneer Way #201, Oak Harbor 877-501-2233

Food Banks:
Gifts From the Heart:
108 SW Terry Road
Monetary donations, they should be sent to:
PO Box 155, Coupeville 98239
Distribution on 2nd and 4th Wednesdays, 2-5 p.m.
Good Cheer:
2812 Grimm Rd., Langley 360-221-4868
Mon-Fri, 10 a.m.-4 p.m.
North Whidbey Help House:
1091 SE Hathaway St. Oak Harbor 360-675-0681
Mon-Fri, 9 a.m.-4 p.m. (5 p.m. on Tues)
Closed 12-1 p.m. for lunch

Island Church of Whidbey
Soup Kitchen: 503 Cascade Ave., Langley 360-221-0969
Tues & Thurs 11:30 a.m.-1 p.m.
SPiN Café: 1241 SW Barlow St., Oak Harbor
Daily, 6:30 a.m.-5:30 p.m.

St. Hubert's Catholic Church
Wednesday Soup Kitchen
All are Welcome!
11 a.m.-12:30 p.m.
804 3rd St., Langley 360-221-5303
Ask about our Thursday Dinner

HUB After School: 301 Anthes Ave., Langley 360-221-0969
Food and activities for middle and high school youth. Mon, Tues, Thurs, Friday 2-6 p.m., Wed 1-6 p.m.

Ryans House for Youth:
Food, fun, support, 19777 SR 20, Coupeville 360-331-4575
Drop-in center for adults ages 18-24; Daily 6 a.m.- 8:30 p.m., 35 SE Ely St., Oak Harbor 360-682-5098
Drop-in center for youth ages 12-21; Mon-Fri 11 a.m.-7 p.m.

Women, Infants & Children (WIC): -Oak Harbor/North Whidbey: 1791 NE 1st Ave. Mon-Thurs 360-240-5554 Text: 360-544-2239

CRISIS LINES

9-1-1: Call for threats to life, fire, accident or crime
-Non-emergency lines:
Oak Harbor Police Department-360-279-4600
-Island Communications Dispatch (ICOM) - 360-679-9567
9-8-8: Suicide and crisis lifeline, free & confidential - 741-741: 24/7 Crisis Text Line -800-584-3578:
24/7 Northwest Washington Crisis Services - 360-678-7880: Island County Behavioral Health
866-488-7386 Trevor Project: 24/7 support for LGBTQIA2S+

No Cheating!

E	T	E	T		S	M	T		N	A	T	S
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SHELTERS/HOUSING

CADA Emergency Shelter
– Confidential crisis shelter for women and children fleeing domestic violence/sexual assault/stalking. This is NOT a homeless shelter. Office: 360-675-7057 Crisis Line: 360-675-2232 Toll Free: 800-215-5669

Island County Housing Support – 105 NW 1st St., Coupeville 360-678-8284
For homeless or at risk of losing housing. Mon-Thurs, 9 a.m.-3 p.m.

Ryan's House for Youth
– 19777 SR 20, Coupeville 360-331-4575
For at-risk adults ages 18-24

Whidbey Homeless Coalition
– Serving Island County 360-900-3077

The Haven Overnight Shelter
is a night-to-night shelter for up to 30 individuals. Must follow check in rules and must register daily between 4:00 and 4:30pm Mon. thru Fri. and 3:45 pm to 4:00 pm on Saturdays and Sundays at the SPiN Café, 1241 SW Barlow St., Oak Harbor.

House of Hope Emergency Housing, Langley, 360-708-4533. Transitional housing for families and adults at severe risk of homelessness; to apply, contact the Housing Support Center or call the number above.

Oxford Houses – Recovery housing oxfordhouse.org
-Men:360-246-4101
- Women & Children: 360-682-5773

MONTHLY MEETING

Monthly Meeting Hosted by NAMI for All Adult Individuals who have a family or friend suffering from depression, anxiety, bi-polar disorder, or other mental health conditions. Trinity Lutheran Church in Freeland, Lower Building Closest to the Highway 18341 WA-525, Freeland 3rd Wednesday of the Month 1:00 - 2:30 p.m.
Email for more Information: karens@nami-sno-isle.org

WEEKLY MEETINGS

MEMORY CAFÉ Every 1st and 3rd Tues of the Month 12:30 - 2:00 p.m. at the First United Methodist Church 1050 SE Ireland Street Oak Harbor, WA. Join our bi-monthly gathering for people with memory loss and their family to enjoy a time of fun, conversation, music and laughing (and snacks). This is a dementia friendly setting. For information: 360-720-4535

SOUTH WHIDBEY NAR-ANON FAMILY GROUP meets every Wednesday at 6pm at the Langley Methodist Church, 301 Anthes in Langley. We meet in the Fireside Room, rear of church. Karol:360 914 7695.

Have a problem with drinking? It doesn't cost anything to attend **A.A. meetings**. Local Meetings are in Coupeville, Freeland, Langley, Clinton, and Oak Harbor. There are no age or education requirements to participate. Membership is open to anyone who wants to do something about their drinking problem. A.A.'s primary purpose is to help alcoholics to achieve sobriety. We're here to help. For local meetings search aa.org or call 888-360-1564

Have you ever been affected by someone else's drinking? Al-Anon may be for you. **AL-ANON:** Tuesdays at 5:30-6:30 Oak Harbor Lutheran Church Library 1253 NW 2nd Ave. There is help and hope: Contact for more info: Rebecca 425-773-6937

Bothered by someone's drinking? **AlAnon** can help! Langley Family AlAnon Group, Wednesdays 9:30 AM to 10:30 AM, Langley Methodist Church, 301 Anthes Ave, Langley. Fireside room Information: (206) 898-2771.

Gamblers Anonymous Meeting. Every Tuesday at 6:30 p.m. at the Mount Vernon Senior Center. Mount Vernon Senior Center, 1401 Cleveland Ave, Mount Vernon Any questions, call Washington State Gamblers Anonymous hotline at 855-222-5542, or visit <https://gawashington.org/>

OVEREATERS ANONYMOUS Tuesdays 7 PM to 8 PM Langley United Methodist Church 301 Anthes Ave. Room 224 Langley, Washington 98260 For local meeting information and support call: Kevin 206-395-9622

Adult Children of Alcoholic and Dysfunctional Families meeting, Tuesdays 2-3 pm, Langley Methodist Church - 301 Anthes Ave, Langley - Fireside room. Contact: acawhidbey@gmail.com

CLASSIFIED INFORMATION

US Postal Mail

Whidbey Weekly Classified Department
PO Box 1398
Oak Harbor, WA 98277

E-Mail classifieds@whidbeyweekly.com
Telephone 360-682-8283

PLEASE CALL WHEN YOUR ITEMS HAVE SOLD.

Please try to limit your classified to 30 words or less, (amounts and phone numbers are counted as words) we will help edit if necessary. We charge \$12/week for Vehicles, Boats, Motorcycles, RVs, Real Estate Rental/Sales, Business Classifieds and any items selling \$1,000 and above. We do charge \$25 to include a photo. The FREE classified space is not for business use. No classified is accepted without phone number. We reserve the right to not publish classifieds that are in bad taste or of questionable content. All free classifieds will be published twice consecutively. If you would like your ad to be published more often, you must resubmit it. **Deadline for all submissions is one week prior to issue date.**

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