

May 29, 2026 - June 4, 2026

absolutely **FREE**

Whidbey Weekly

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SUNDAY MAY 31
7:00 PM

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Julian Garvue is a Los Angeles-based pianist and vocal coach currently serving as staff pianist for LA Opera's productions of *West Side Story*, *Akhnaten*, and *Falstaff*.

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BITS & PIECES

Sno-Isle Libraries Announces 2026 Community Read Selection



Sno-Isle Libraries invites the community to join in reading the Sno-Isle Reads Together selected title, "Remarkably Bright Creatures" by Shelby Van Pelt. Sno-Isle Reads Together is an annual program designed to spark meaningful discussions and bring our community together through the power of storytelling.

Born and raised in Washington, Van Pelt's luminous debut novel tells the story of widow Tova Sullivan who forms an unlikely friendship with a giant Pacific octopus reluctantly residing at the Sowell Bay Aquarium. Set against the backdrop of the Pacific Northwest, Tova navigates relationships and complex community bonds while seeking the truth behind her son's disappearance 30 years ago.

Sno-Isle Libraries will provide complementary programs, including book discussions, marine and nature-themed events, and opportunities to meet the author. Sno-Isle Libraries is grateful for the Sno-Isle Libraries Foundation's generous support.

"Remarkably Bright Creatures" is available at local libraries as an eBook, audiobook, and physical copy. Join the conversation, start reading (or listening) today!

Event Details

Meet Author Shelby Van Pelt

- October 21, 6:00 pm - Rosehill Community Center, 304 Lincoln Ave, Mukilteo WA 98275
- October 22, 6:00 pm - Oak Harbor Yacht Club, 1301 SE Catalina Dr, Oak Harbor WA 98277
- October 28, 6:30 pm - online, register at sno-isle.org.

The reach of "Remarkably Bright Creatures" extends to the screen with a movie adaptation available on Netflix, starring Sally Field, Lewis Pullman, and Alfred Molina. This film offers an additional medium to explore the themes and characters of Van Pelt's celebrated novel.

About Sno-Isle Libraries

sno-isle.org

Sno-Isle Libraries serves over 800,000 residents in Snohomish and Island counties through 23 community libraries, online services, and Library on Wheels. Our Vision: Everyone in our community is connected to their library. Our Mission: We engage and inspire our communities through equitable access to knowledge and resources.

Rob Schouten Gallery presents

CRAIG KOSAK - "Enchanted"

New oil paintings

June 3 - 29

DON WODJENSKI - "Form & Reveal"

Turned Wood Vessels

June 3 - 29

Opening Reception Saturday, June 6 from 5-7 during Langley's First Saturday Art Walk

In his new exhibition "Enchanted" painter Craig Kosak explores the experience of enchantment. Craig paints intuitively, directed by both his experiences in nature, and guidance from the unseen. The animals in his paintings take on a mythological quality as they emerge from spacious backgrounds and bring their story to the viewer. Inspired by the forests and wildlife around his Whidbey Island home and the American West, Kosak integrates representational and abstract forms into emotionally compelling paintings that weave together a sense of mystery and magic.

Kosak explains, "I often have no idea why I'm painting any particular work other than the overwhelming feeling that it demands to be made. This stream of inspiration is constant and follows me everywhere. When I meet collectors who have acquired a painting they often share remarkable stories about how the artwork deeply touched them, revealing the painting's purpose."

View Craig Kosak's work here: <https://www.robschoutengallery.com/craig-kosak>

Don Wodjenski exhibition "Form & Reveal" is a showcase of turned wood using a variety of local and ethically sourced exotic woods. Wodjenski creates bowls, platters and vases that often incorporate inlays of turquoise, malachite, lapis or gold, in a manner akin to the Japanese Kintsugi tradition of fixing flaws and cracks in ceramics. He also employs the Shou Sugi Ban technique of charring and burning piercings to add decorative elements. Don's work incorporates both decorative and functional pieces in a variety of sizes.

View Don Wodjenski's work here: <https://www.robschoutengallery.com/don-wodjenski>

We hope you can come by and enjoy this beautiful exhibition!

Bold Stories and Fresh Voices Headline WICA New Works June Festival



The arts enrich lives through powerful, shared experiences that invite patrons to think differently, ask questions, and engage with new stories. At the Whidbey Island Center for the Arts (WICA), this takes center stage with the organization's beloved New Works June festival, which has gained a reputation for bringing fresh, bold storytelling to Whidbey Island. This year's festival, running June 4-14, features a diverse lineup of programming and an exciting chance to witness the organization's commitment to storytelling, in whatever form it takes.

"New Works June is the perfect example of what the arts are intended to do," said WICA Executive Artistic Director Deana Duncan. "They're meant to push the boundaries, encourage expression, and uplift voices. With New Works June, this is your chance to take a seat and experience firsthand new art within an incubator. In this, we are inviting audience members to come experience 'performing arts that you'll hear about first' at WICA, because we know that this is only the beginning for these inspired works."

The June 4 opening night of the festival will kick off with a performance of new Modern dance works by Meander Dance Collective, exploring the question "Who are we?" In addition to this, the festival will include an invitation-only, non-ticketed professional staged reading of Giant (June 5, 7, and 13), directed by the festival's Producing Director Vito Zingarelli. Inspired by true events, Mark Rosenblatt's drama Giant explores the tangled legacy of literary icon Roald Dahl. With biting wit and unsettling honesty, the play scrutinizes how charm and intellect can mask prejudice, confronting the uneasy truths behind beloved cultural figures. Blending dark humor with sharp insight, Giant challenges audiences to reckon with the real-world harm of antisemitic rhetoric and the enduring power of words.

New Works June will also feature two evenings of Solo Theatrics (June 6 and 14). In these solo performances, Alyssa Keene and Eric Mulholland, two WICA stage icons, will explore memory, caregiving, history, grief, and human connection. WICA's ongoing partnership with Island Shakespeare Festival (ISF) will be on display June 11 for the Robin Hood of Sherwood Forest world-premiere staged reading and new works conversation. Also on June 11, Claudia Castro Luna will be sharing work from her most recent poetry book, Green, the World. The book, partly inspired by the verdure and spring of Whidbey Island, is an ode to the plants and trees that surround and sustain us. Castro Luna will also read an excerpt from her upcoming lyrical memoir The Flowers Along the Way, forthcoming in September of this year. ISF and Meander Dance will be back again on June 12 for a combination of theatre and dance programming.

"With New Works June, it's important to note that all offerings are accompanied afterward with audience talkback sessions allowing the audience to become a partner in the collaboration," said Zingarelli. "I find one of the most exciting opportunities of presenting new work is to engage with the community, exchange ideas with the artists, and experience a greater connection with the work. Please do plan to stay and participate in this vital and illuminating component of New Works June."

"We are thrilled to have a varied lineup this year, showcasing the diverse types of arts programming that come through our doors," added Duncan. "Featuring dance along with theatre and solo works demonstrates how dynamic the arts can be, and how you can find something that speaks to you at your community arts center."



Ancestors - oil on canvas by Craig Kosak - 36" x 36"



Spalted Maple Centerpiece - turned wood by Don Wodjenski - 4" h x 16" diameter

Rob Schouten Gallery, a premier showcase for Whidbey Island and Northwest artists, is located at 101 Anthes Avenue, Langley WA at the corner of First and Anthes. Summer Gallery Hours: Open Daily 11 - 5.

For further information, call 360.222.3070 or email info@robschoutengallery.com

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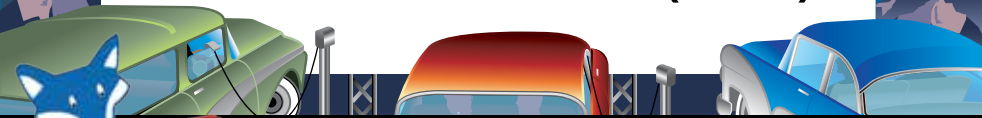
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Fri. May 29 - Sun. May 31:

The Mandalorian and Grogu (PG-13)

&

The Devil Wears Prada 2 (PG-13)



Box office, Snackbar, Arcade & Tavern open at 4pm.
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HEALTH CORNER

By Dr. Darlene Castle
Chiropractor

WHY SHOULD I GO?

Last's week's article dealt with the original cause of spinal problems for every adult: childbirth. It stated that ninety five percent of all newborns have one or more vertebrae out of place at the time of birth. The remaining five percent will get their first displacement within their first year of life.



How is it that a youngster could hurt his spine before he turned one? Let's look at some possibilities.

- Being dropped by a handler. It happens. Baby is being held, he jerks suddenly, mom loses her grip and the infant lands on the floor. Instantly contrite, mom picks him up with lots of loving kisses; the crying will soon stop, but how is the baby's neck?
- Being hauled up from the floor by one or both arms. Within the first year of life a baby can weigh around 20 pounds. All too often, his arms offer a convenient way to get him from Point A to Point B, and all that body weight dangles at the end of those arms putting lots of stress on the spine.
- Learning to walk. This skill takes some practice and is filled with failures. With each tumble there are lots of things for little heads to connect with.

And then baby grows up: walking turns to running and the falls get harder. Now enter trikes and bikes, skateboards and snowboards, football hits and sliding into home plate—it's all part of growing up. Remember?

Adult trauma involves hard machinery for the soft body to collide with: cars, tractors, four wheelers and motorcycles. If I had a nickel for every patient who was in a car accident and "walked away with no lasting injuries," I'd be rich.

In an accident, attention is always given to the body part that was obviously hurt. When an ankle is broken, all care goes to that area of pain. A concussion? The brain must be carefully evaluated.

But what of the spine and the very bones protecting the spinal cord and nerves?

A vertebral subluxation is a condition in which a bone in the spine is partially out of alignment. The word subluxation is Latin: 'sub' means slightly, 'luxation' means dislocation.

A subluxated vertebra puts pressure on surrounding nerves causing a short circuit between the brain and the rest of the body. The brain uses those nerves to carry its messages to every cell. Pressure against a nerve disrupts that control and leads to malfunction.

The causes of subluxations are endless and are often overlooked in the pain and drama of a traumatic incident.

What's a person to do? Get checked by a Chiropractor. See if you have vertebral subluxations in your spine. It's painless and takes about 4 minutes. Then you can decide what to do about it.

Contact Dr. Castle at 425-238-8704 for questions and appointments: Tuesdays and Thursdays, 1-5 p.m., at the Oak Harbor Chamber of Commerce Building, 32630 State Route 20.

ABOUT: Dr. Darlene Castle attended Palmer College of Chiropractic and graduated with a Doctor of Chiropractic degree in 1972.

"I knew I wanted to become a Chiropractor while still in high school. I made the right choice - 50 plus years in practice and I'm still helping people with Chiropractic care."

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What's Going On!

WHIDBEY ISLAND JAZZ FESTIVAL 2026

Now – Sunday, May 31

Whidbey Island Center for the Arts, Langley

The Whidbey Island Jazz Festival returns for four days of live performances, interactive events and community celebration at WICA's Mainstage and Zech Hall. Highlights include Christian McBride and Ursa Major, the Brubeck Brothers Quartet, Whidbey Jazz Residency performances, jazz trivia, and family programming for young musicians. Featured artists range from internationally acclaimed performers to emerging local talent. For tickets and festival information, visit wicaonline.org or call the box office at 360-221-8268.

PATIO SALE BENEFITS VETERANS RESOURCE CENTER

Friday, May 29–Sunday, May 31

South Whidbey Community Center, 723 Camano Ave., Langley

The Whidbey Veterans Resource Center will host a patio sale to support the center transportation program. The event will feature housewares, clothing, vintage items, collectibles and miscellaneous goods including two high quality E-Bikes and a refurbished motorized scooter. Sale hours are 9 a.m.–5 p.m. Friday and Saturday and 9 a.m.–3 p.m. Sunday. For donations or information, call 360-320-9008.

EMPOWERING CAREGIVERS WITH SUPPORT AND RESOURCES

Friday, May 29, 10–11:30 a.m.

Freeland Library, 5495 Harbor Ave.

Presenter Nancy Madsen will share planning and support strategies for caregivers, especially family caregivers, including how to adapt to ongoing changes, seek help from family and friends and access community resources. Madsen is program manager for the State of Utah's Division of Aging and Adult Services and an adjunct professor of gerontology at Brigham Young University. This program is part of the Whidbey Island End of Life series.

50-HOUR FILMSLAM PUBLIC SCREENING & AWARDS CEREMONY

Friday, May 29, doors open at 5 p.m.; screening begins at 6 p.m.

Coupeville Recreation Hall, Coupeville

Pacific Northwest Art School will host a public screening and awards celebration showcasing original short films created by eight local filmmaking teams in just 50 hours. Guests are encouraged to walk the red carpet and support local filmmakers during this community event celebrating creativity and Ebey's Landing National Historical Reserve. Tickets are \$25.

FAMILY FUN RUN FOR EDUCATION

Saturday, May 30, beginning at 9 a.m.

Windjammer Park, Oak Harbor

The Oak Harbor Educational Foundation will host a family-friendly fun run featuring a 5K route, a 1-mile student run and a half-mile student run along the Oak Harbor waterfront. Participants are encouraged to dress in their favorite '80s attire. The half-mile student run begins at 9 a.m., followed by the 1-mile run and 5K. Kona Ice and Travelin' Tom's Coffee will be available for purchase during the event, and MOD Pizza will donate proceeds from qualifying purchases made on run day. Registration fees and optional T-shirt purchases benefit the Oak Harbor Educational Foundation. For more information or to register, visit runsignup.com/Race/WA/OakHarbor/OHEFFamilyFunRun.

WHIDBEY ISLAND FOREST OWNERS FIELD DAY

Saturday, May 30, 9 a.m.–3:30 p.m.

1355 Monroe Landing Rd., Oak Harbor

Hosted by WSU Extension Forestry – Puget Sound, this outdoor educational event offers forest and woodland owners practical guidance on forest health, wildfire risk reduction, habitat stewardship and long-term land management. Participants will engage with experts through field-based learning sessions and demonstrations. Gates and exhibits open at 8 a.m. Registration is required by May 28. Cost is \$20 per individual or \$35 per couple; youth under 18 attend free.

SHRED-IT EVENT

Saturday, May 30, 9 a.m.–noon

Whidbey Island Bank, 401 N. Main St., Coupeville

Soroptimist of Coupeville will host its annual document shredding fundraiser. Community members are invited to bring old receipts, files and paperwork for secure destruction. Proceeds support educational opportunities for women and girls in local communities.

LITTLE GROOVERS – JAZZ FOR KIDS (AGES 6–9)

Saturday, May 30, 10–11 a.m.

Zech Hall, Langley

Young musicians ages 6–9 are invited to explore jazz through rhythm, movement, listening and improvisation during this interactive workshop. No prior musical experience or instruments are required. Parents must remain with their children during the session. Tickets are \$25 per student.

"CINDERELLA" PRESENTED BY THE BALLET SLIPPER CONSERVATORY

Saturday, May 30, 2 p.m. and 7 p.m.; Sunday, May 31, 2 p.m.

Oak Harbor High School Auditorium, 1 Wildcat Way, Oak Harbor

The Ballet Slipper Conservatory of Oak Harbor presents "Cinderella," a family-friendly ballet bringing the beloved fairytale to life through dance, costumes and classical storytelling. Audiences will follow Cinderella's magical journey from servant to princess, complete with fairy transformations, a royal ball and a pumpkin carriage. The approximately two-hour production features local dancers under the direction of Diane Geragotelis. Tickets are \$18 for adults and \$13 for seniors and youth under 18. Advance ticket purchases are recommended at tbscoh.org. For more information, call 360-929-5828.

MUSIC TO MAKE US SMILE

Saturday, May 30, 4–5 p.m.

St. Stephen's Episcopal Church, 555 SE Regatta Drive, Oak Harbor

The Bells of Whidbey present a benefit concert for Whidbey Camano Land Trust. Admission is by donation.

YMCA CAMP CASEY OPEN SWIM

Sunday, May 31, noon–7 p.m.

YMCA Camp Casey, 1276 Engle Rd., Coupeville

Celebrate opening weekend at the YMCA Camp Casey pool during a community open swim event. Admission is included with Charter Memberships, while nonmember day passes are \$5 for children and \$6 for adults. Additional open swim sessions are scheduled throughout Memorial Day weekend and Saturday, May 30. For more information, visit ymcacampcasey.org or the YMCA Camp Casey Facebook page.

REDISCOVERED BACH

Sunday, May 31, 3 p.m.

St. Augustine's in-the-Woods, 5217 S. Honeymoon Bay Rd., Freeland

Whidbey Island Music Festival presents an afternoon celebrating newly authenticated works by Johann Sebastian Bach performed on the baroque organ at St. Augustine's. Featured musicians Henry Lebedinsky and Tekla Cunningham will perform works for organ and violin, including the newly recognized "Chaconne and Fugue in D Minor, BWV 1178" and "Chaconne in G Minor, BWV 1179." General admission is \$35; students attend free.

BENEFIT DINNER & AUCTION AND CHARITY GOLF TOURNAMENT

Sunday, May 31, 4–7 p.m.;

Monday, June 1, check-in at 10:30 a.m., noon shotgun start, dinner at 5 p.m.

Whidbey Golf Club, 2430 Fairway Ln., Oak Harbor

Island Senior Resources will host two fundraising events supporting programs and services for older adults across Whidbey Island. Sunday's Benefit Dinner & Live Auction features cuisine by Chef Gordon Stewart and auction items from local artists and donors. Monday's Charity Golf Tournament includes scramble-style play, lunch, prizes and dinner follow-

ing the tournament. Registration and event information are available at senior-resources.org/benefit-events-2026/.

RAVEL. MOZART. GARROP.

Sunday, May 31, 7–9 p.m.

First Reformed Church, 250 SW Third Ave., Oak Harbor

Whidbey's Saratoga Orchestra presents a one-night-only performance featuring Ravel's Piano Concerto in G Major, Mozart's Symphony No. 41, "Jupiter," and Stacy Garrop's "Penelope Waits" from her "Mythology Symphony." Tickets are \$25–\$30; students are free.

CRESCENT HARBOR ELEMENTARY CLOSING CEREMONY

Wednesday, June 3, 6 p.m.

Crescent Harbor Elementary School, 330 E. Crescent Harbor Rd., Oak Harbor

Oak Harbor Public Schools invites the community to celebrate the history and memories of Crescent Harbor Elementary School during a special closing ceremony before the building is replaced for the 2026–2027 school year. Guests are encouraged to walk through the school, reconnect with former classmates and staff, and share stories, photographs and memorabilia reflecting the school's legacy.

BBY PROM

Thursday, June 4, 1:30–2 p.m.

Langley Library, 104 Second St., Langley

Dress up your little one and join Langley Library for "Baby Prom," a playful afternoon featuring music, dancing and photo opportunities for babies and caregivers. Families are encouraged to bring babies in their favorite formal or fun outfits while the library provides the party atmosphere.

LEARN HOW TO LEVERAGE AI FOR YOUR BUSINESS

Thursday, June 4, 6 p.m.

Coupeville Library, Coupeville

Brandon Ericson of Local Biz AI will present a free workshop exploring how businesses can use accessible AI tools to improve productivity, automate tasks and support business growth. The session will include hands-on examples related to real estate investing, property selection, due diligence, automation and general business operations, along with time for discussion and networking. Open to the public.

A LIFE & DEATH DETECTIVE STORY ABOUT SALMON

Thursday, June 4, snacks and social at 5:45 p.m.;

program from 6–8 p.m.

St. Hubert's Community Room, 804 3rd St., Langley

This free educational presentation explores the growing threats facing Pacific salmon and steelhead trout populations in Washington watersheds. University of Washington graduate student Amirah Casey will discuss current research surrounding 6PPD-Q contamination, climate change and aquatic ecosystem health, while offering practical actions community members can take locally. Hosted by Whidbey Climate Action.

NEW WORKS JUNE 2026 AT WICA

Thursday, June 4–Sunday, June 14

Whidbey Island Center for the Arts, 565 Camano Ave., Langley

WICA's New Works June festival returns with staged readings, original performances, modern dance, artist conversations and collaborative productions celebrating new and developing creative work. Highlights include performances by Meander Dance Collective, solo theatrical works by Alyssa Keene and Eric Mulholland, staged readings of "GIANT," and Island Shakespeare Festival's new work "Robin Hood of Sherwood Forest." Many events include post-show discussions and artist talkbacks. Full festival details and tickets are available at wicaonline.org/new-worksjune.

MEANDER DANCE COLLECTIVE @ WICA

Thursday, June 4 and

Friday, June 12, 7:30 p.m.

Whidbey Island Center for the Arts, 565 Camano Ave., Langley

Meander Dance Collective presents an evening of contemporary dance works exploring the question "Who Are We?" through movement, collaboration and shared human experience. The performances feature special

guest artist Khairat Salum and her installation "Space/Spa(ces)" displayed in Zech Hall.

LEARN WAYS TO REDUCE MEDICARE COSTS

Friday, June 5, 1 p.m.

The Center in Oak Harbor, 51 SE Jerome St., Oak Harbor

Join a free educational class focused on practical ways to reduce Medicare-related expenses, including premiums, prescription costs and out-of-pocket healthcare expenses. Participants will learn about assistance programs that may help lower costs and will have the opportunity to ask questions of trained SHIBA volunteers. Registration is encouraged at tinyurl.com/shiba26signup. For more information, contact reception@senior-resources.org or call 360-321-1600.

WHIDBEY PLAYHOUSE PRESENTS "LITTLE SHOP OF HORRORS"

Friday, June 5–Sunday, June 28

Fridays and Saturdays at 7:30 p.m.; Sunday matinees at 2:30 p.m.

Whidbey Playhouse, 730 SE Midway Blvd., Oak Harbor

Whidbey Playhouse presents the cult classic musical "Little Shop of Horrors," a dark comedy filled with catchy rock-and-roll tunes, outrageous humor and campy horror. The story follows Seymour, a shy floral assistant whose mysterious plant brings unexpected fame and dangerous consequences. Reserved seating tickets are \$25. For tickets and information, visit whidbeyplayhouse.com or call the box office at 360-679-2237.

POETRY OPEN MIC NIGHT

Friday, June 5, 5–7 p.m.;

The Commons Café & Books, 124 Second St., Langley |

Hosted by The Commons Café & Books, this inclusive open mic welcomes all forms of original poetry and works in progress. Share spoken word, sing with acoustic instruments, or collaborate with others in a supportive creative space. All themes and emotions are welcome.

SALISH SEA DAY 2026

Saturday, June 6, 12–4pm

Deception Pass State Park

Free – no registration required. Discover Pass Free day.

Come and join us to celebrate the annual Salish Sea Day with the Samish and Swinomish tribes at Bowman Bay in Deception Pass State Park. We will have tribal canoe culture, canoe journey, weaving, salmon and other food preparation to share with you all.

FIRE STATION 82 GRAND OPENING AND PANCAKE BREAKFAST

Saturday, June 6, 9 a.m.–12 p.m.

Fire Station 81, Oak Harbor

Celebrate the opening of Fire Station 82 with a free community pancake breakfast and family-friendly activities. The event features station tours, live demonstrations, touch-a-truck displays, games and shuttle service to tour the newly completed Fire Station 82. Tax-deductible donations supporting food costs may be made through the Oak Harbor Chamber Foundation. For more information, contact Oak Harbor Communications Officer Magi Aguilar at maguilar@oakharbor.org.

FLYING FINGERS DEAF GROUP

Friday, June 6, 5:30 p.m.

Langley United Methodist Church, Fireside Venue

Our once a month gathering is a wonderful place to learn some sign language. And practice your fingerspelling and numbers too. Open to all, with shared food adding a fun surprise element to the gathering.

BBY RESOURCE EXPO

Sunday, June 7, 11 a.m.–4 p.m.

WhidbeyHealth Medical Center, 101 N. Main St., Coupeville

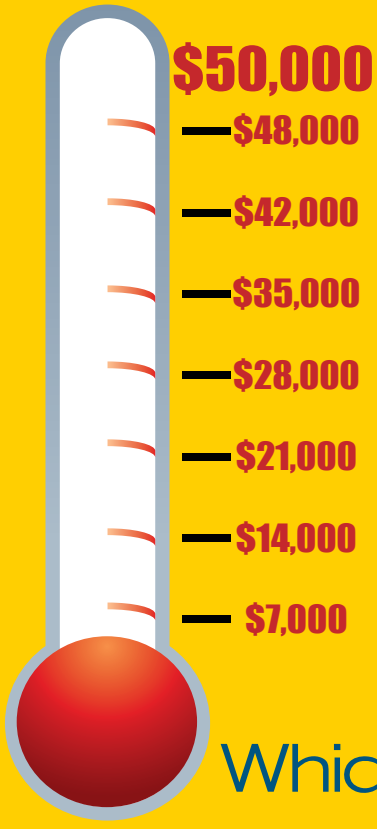
Expectant parents and families with newborns are invited to explore local family resources and businesses at the Baby Resource Expo. Guests may tour the WhidbeyHealth Family Birthplace, meet OB providers and nursing staff, and connect with community organizations.

HELP KEEP WHIDBEY WEEKLY IN PRINT

Whidbey Weekly is your free, independent community newspaper — and we need your help to continue.

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WEEKLY HOROSCOPES

ARIES – Mar 21/Apr 20

Aries, momentum builds quickly this week. Stay focused on priorities and avoid unnecessary distractions. A positive conversation may open a new door.

TAURUS – Apr 21/May 21

Taurus, practical decisions bring peace of mind. Trust your steady approach, especially with finances or long-term plans. Stability grows through patience.

GEMINI – May 22/June 21

Gemini, your energy shines brightly now. Social opportunities and fresh ideas keep things exciting. Speak up—your words have extra influence this week.

CANCER – June 22/July 22

Cancer, slowing down helps restore balance. Take time to recharge emotionally before committing to new responsibilities. Clarity arrives by the weekend.

LEO – July 23/Aug 23

Leo, teamwork proves rewarding. Friends or coworkers may offer helpful support or encouragement. Collaboration leads to stronger results than working alone.

VIRGO – Aug 24/Sept 22

Virgo, responsibilities increase, but so does your confidence. Staying organized helps you manage everything smoothly. Recognition for your effort may arrive soon.

LIBRA – Sept 23/Oct 23

Libra, a fresh perspective changes your outlook. Trying something new or stepping outside your routine brings inspiration and renewed motivation.

SCORPIO – Oct 24/Nov 22

Scorpio, honesty clears the air this week. Addressing emotional or financial matters directly helps restore stability and peace of mind.

SAGITTARIUS – Nov 23/Dec 21

Sagittarius, relationships improve through patience and understanding. A thoughtful conversation strengthens trust and helps smooth over recent tension.

CAPRICORN – Dec 22/Jan 20

Capricorn, practical routines keep you productive. Focus on steady progress instead of perfection. Small accomplishments now create lasting momentum.

AQUARIUS – Jan 21/Feb 18

Aquarius, creativity and spontaneity brighten your week. A new idea or unexpected opportunity may spark excitement and inspiration.

PISCES – Feb 19/Mar 20

Pisces, home and family bring comfort and support. Spending time with loved ones helps you feel grounded and emotionally refreshed.

LOCAL MOTION



by Auston Reisman FATHER, FARMER, ARTIST, BUILDER, COMPOST CULTIVATOR

Local small businesses define neighborhood character and vitality, offering a distinct alternative to the convenience-driven model of large, impersonal retailers. Choosing to shop locally is a commitment to nurturing the unique charm and economic health of our community. We create what I call 'local motion' when we shop at stores close to our own backyard. When dollars are spent at locally owned businesses rather than chain stores or online giants, your money recirculates through the local economy 2-4 times more than when spent at a non-local company. As this money moves through the community, it may generate more local wealth, charitable contributions, and job opportunities. Last year, \$85,113 was raised for community non-profits by 'rounding up' at The Goose Community Grocer; this was made possible by creating local motion.

Local establishments serve as the core of our community, acting as much more than simple commercial storefronts. They offer vital spaces where neighbors can naturally gather, interact, and form lasting relationships. Personalized interactions cultivate a sense of belonging that is often lost in larger, impersonal retail environments. I do a large amount of my socializing while shopping at Star Store or The Goose, knowing that buying a loaf of bread may take up to 45 minutes, depending on who I run into.

Being a builder, the quality of materials is always a top priority. I would not build a doghouse with the lumber found at large chain stores. For construction supplies, I gravitate to Hanson's and Frontier Building Supply. The quality of their lumber outshines corporate chains significantly, and they offer an unmatched level of individualized attention and deep product knowledge. Their teams are genuinely passionate about what they sell, and they take the time to understand each customer's specific needs and offer highly tailored recommendations. This hands-on, expert guidance transforms routine shopping into a memorable experience, ensuring one leaves with a specific solution rather than a generic alternative. This dedicated care creates a reliable support system that transforms casual shoppers into lifelong supporters, anchoring the neighborhood

economy. Our local Sebo's Hardware is another great example of a store that offers this specialized approach, creating a ripple effect of benefits that strengthen the entire local community. These business owners know their personal reputations are directly tied to their livelihoods, and they maintain a strict standard of accountability and customer service.

Choosing neighborhood shops serves as a major driver for environmental sustainability by actively breaking our reliance on the high-emission-based networks of conventional retail. Buying from neighborhood storefronts shrinks distribution chains, which dramatically lowers the fuel consumption and greenhouse gases created by long-distance shipping freight trucks. Amazon keeps its shipping and fuel statistics well hidden, but I was able to do some deduction to figure out that approximately 1,200,000,000 pounds of cardboard are used annually for shipping purchases in North America alone! That is enough to build 218,000 one-thousand-square-foot tiny homes out of cardboard. Other information indicates that the direct fossil fuel combustion from this massive global transportation network generated nearly 6 million metric tons of carbon dioxide. That is equivalent to a car driving around the world 600,000 times. These massive numbers provide insight into how creating local motion instead of shopping online may have significant impacts.

The next time you order a toothpick online and receive it in a box big enough for a trampoline, you may ask yourself - was this worth the environmental sacrifice? At one of our local stores, you may have been guided to floss instead and enjoyed a stimulating conversation to boot!

Shopping regionally is not only about what you buy, but it's also about the neighborhood you build. Next time you're tempted by a one-click corporate checkout, pause and imagine a nice chat with Frank instead at Sebo's as he walks with you to the nuts and bolts aisle to help you find the exact size you need. Choose connection over convenience, all while boosting local economy and community camaraderie, one small purchase at a time.

Out on a Limb

by Gary Kopervas



On our “yes” and our “no.”



by Charles LaFond
ISLAND FUNDRAISER, POTTER,
AUTHOR, AND ESSAYIST

It has taken more than 63 years for me to figure out that I was trained by my parents and then by society never to say “no.” It is a stunning realization after six decades on this planet. And the big problem with never having learned how to say “no” is that by not saying “no,” it is very hard to say “yes”.

When I think about my life, it literally stuns me to realize that saying “no” was trained out of me. Children are designed for unconditional love. And the thing I have learned about love, after all the sickly-sweet malarky written about it in religion and literature, is that love is rather little more than seeing and being seen.

If you spend any time at all with small children, you will notice how often they want to be seen. “Daddy, look at me toss this ball.” Mommy, look at me dancing to this song.” Granny, look at this drawing I made.” As children, we experience love by being held, being stared at with unconditional love, and being seen – really

seen. And when I say “seen,” I mean not glanced at, not looked at over my iPhone screen, not told to wait a minute. I mean that a parent or a spouse looks at and spends valuable time with the beloved, remarking on how wonderful the beloved is.

I have a dear friend who has a flip phone. One day I jokingly said, “I need to buy you an iPhone – they are amazing!” He looked up at me and said, “It would distract me from my children, and they need me while they are young.” He was not being unkind or dismissive in saying this. He is a farmer with three small children. He literally wants his focus to be chosen by him. His focus is on his children, his friends, and his farming.

One day, I asked him why he lives so differently, and he responded, “To live differently, you have to live differently.” I thought it was a riddle, and it was one of those situations in which I was too embarrassed to admit that I did not understand. But over the time we have been friends, I have understood that koan not by having him explain it to me but by watching how he is with his friends, family, children, and gardens. He exists in silent

focus. And one day, I want to be like him.

When we live in other people’s heads, always worrying about what they will think of us, we lose contact with the reality that they are not thinking of us as much as we think they are, if at all, really. And if they judge our clothes or home, accent or job title, then do we really want them around? To let go of what others think of us is to be released into our “no” and then, in time, into our “yes.”

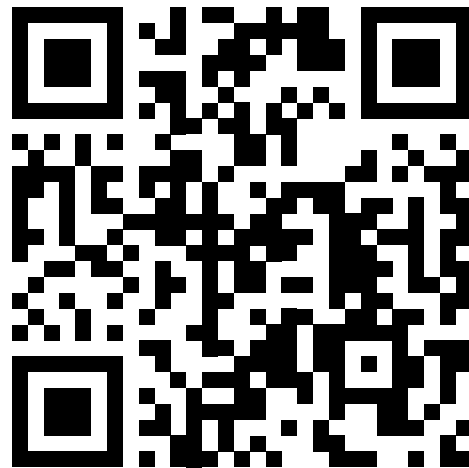
In the last few months, I have found the courage to say “no,” and that has also meant finding the joy of saying “yes.” Living as I do in a society that uses money, media, and power to control what we do and think, I am learning the wonder of my “yes” not from a teacher, a mystic, a priest, a religion, or a book. Rather, I am learning it from walking on these islands. My “yes” – that “yes” that has been buried in my pathological desire to please others – to hustle – to be “enough” or do “enough” has risen from a grave of acknowledgment and is stretching in the sunlight.

Thomas Merton, the great 20th-century writer, once celebrated the color “midnight blue.” When asked why, he explained that midnight blue is the color of that part of the early morning before dawn, when the sun was about to rise. It is when the birds begin to sing, when hospice patients pass, and when every insect and animal makes a lot of noise. He said that he called that moment before sunrise – when the dark of night is its darkest – “Le Point Vierge” (in English: “The Virgin Point”). He said that in that moment when nature is preparing for the sun to rise, nature requests one more day. And whatever cosmic energy is out there – whatever created this gorgeous planet – it responds with one whispered word.

“Yes.”

See a film about Charles’ Pottery Studio Open House June 6, 2026

<https://youtu.be/jfm2RdpejUg>



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SCIENCE *corner*

The Island Effect: Did you know that islands often act as "evolutionary laboratories"? Because of their isolation, unique species (like some of our own local flora and fauna here on Whidbey) can develop distinct traits compared to their mainland relatives. It's nature's way of keeping things local!

The Wood Wide Web: Scientists have discovered that trees in a forest are actually connected by a massive underground network of fungi called mycorrhizae. Through this "web," trees can share nutrients and even send "warning signals" to their neighbors about pests or drought. Your backyard isn't just a collection of trees—it's a sophisticated, talking community.

The Mechanics of the "Perfect Cut": Ever wonder why your lawnmower starts struggling mid-season? It's not just "wear and tear." It's physics. When your mower blade loses its edge, it tears the grass blades instead of slicing them. That jagged edge doesn't just look messy—it leaves the grass vulnerable to disease and moisture loss. Keeping that blade sharp is a simple, daily-life application of material science and fluid dynamics!

A New Way to Clean Up?: Researchers have recently made breakthroughs in "plastic-eating" enzymes—tiny biological tools that can break down common plastics into harmless materials in a matter of days. While we aren't at the point of cleaning the oceans yet, it's a massive step forward in waste management technology. It's a perfect reminder that the solutions to some of our biggest global problems might be hidden in the microscopic world.

Update: West Beach Whale: You may have noticed the gray whale currently resting on North Sunset Beach. While it's a striking sight, experts from NOAA and Island County are asking the public to please keep your distance—at least 100 feet.

As the whale decomposes naturally, it becomes a health hazard for both humans and pets. Please keep dogs on leashes and well away from the area. Nature is simply taking its course, and keeping a respectful distance allows this process to happen safely for our local ecosystem.



How to report a stranding: If you spot a stranded, injured, or dead marine mammal on our shores, please do not attempt to move or touch it. Instead, call the West Coast Marine Mammal Stranding Network Hotline at 1-866-767-6114. Or call Orca Network at 1-866-ORCANET (866-672-2638) for local guidance in Island County.

STICKELERS [sic]

by Terry Stickels

Answer on page 12

If the day before yesterday is three days after Tuesday, what day is it today?

GO FIGURE!

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

	+		-		= 4			
-		+		-				
	+		÷		= 2			
÷		-		+				
	+		×		= 27			
=		=		=				
2		5		11				
1	2	3	4	5	6	7	8	9

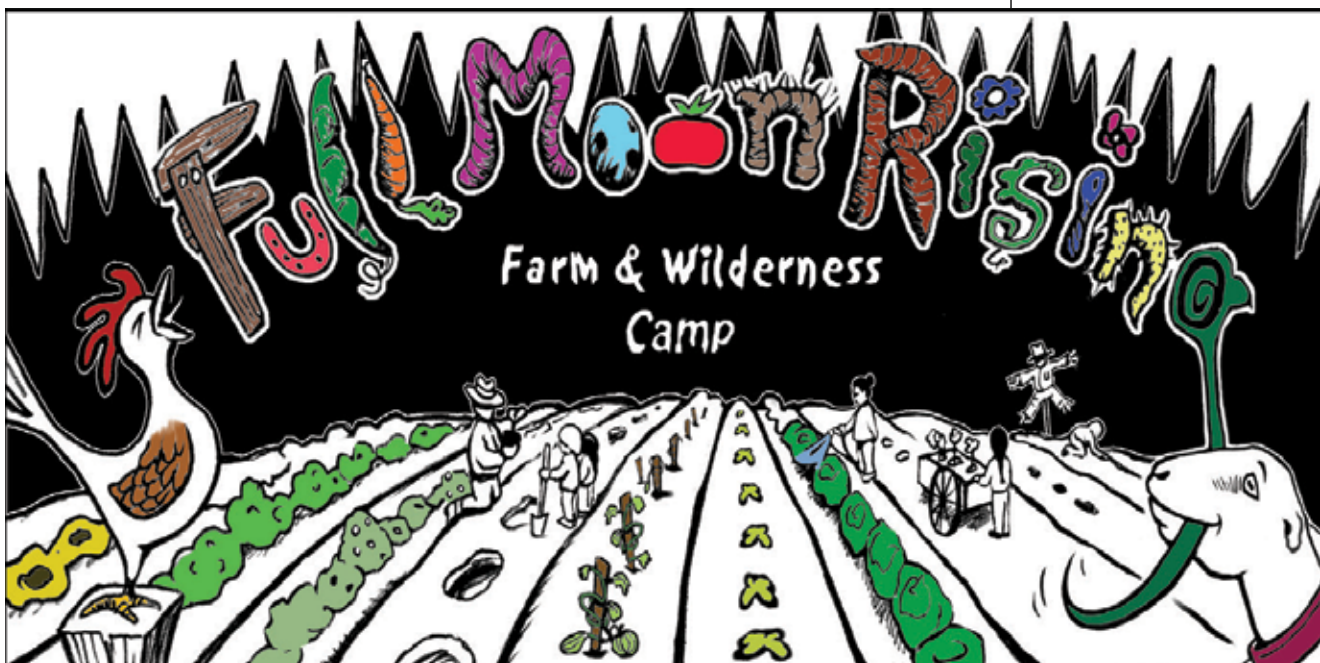
Answer in next week's edition!

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Fun Fact

Every three seconds, somewhere in the world a baby is born.

A baby has 300 separate bones at birth but by adulthood has only 206. Some bones, like the skull, fuse together over time.

Babies are born with soft kneecaps.

Source: doc.vortala.com



WHIDBEY ISLAND INVESTOR MEETUP

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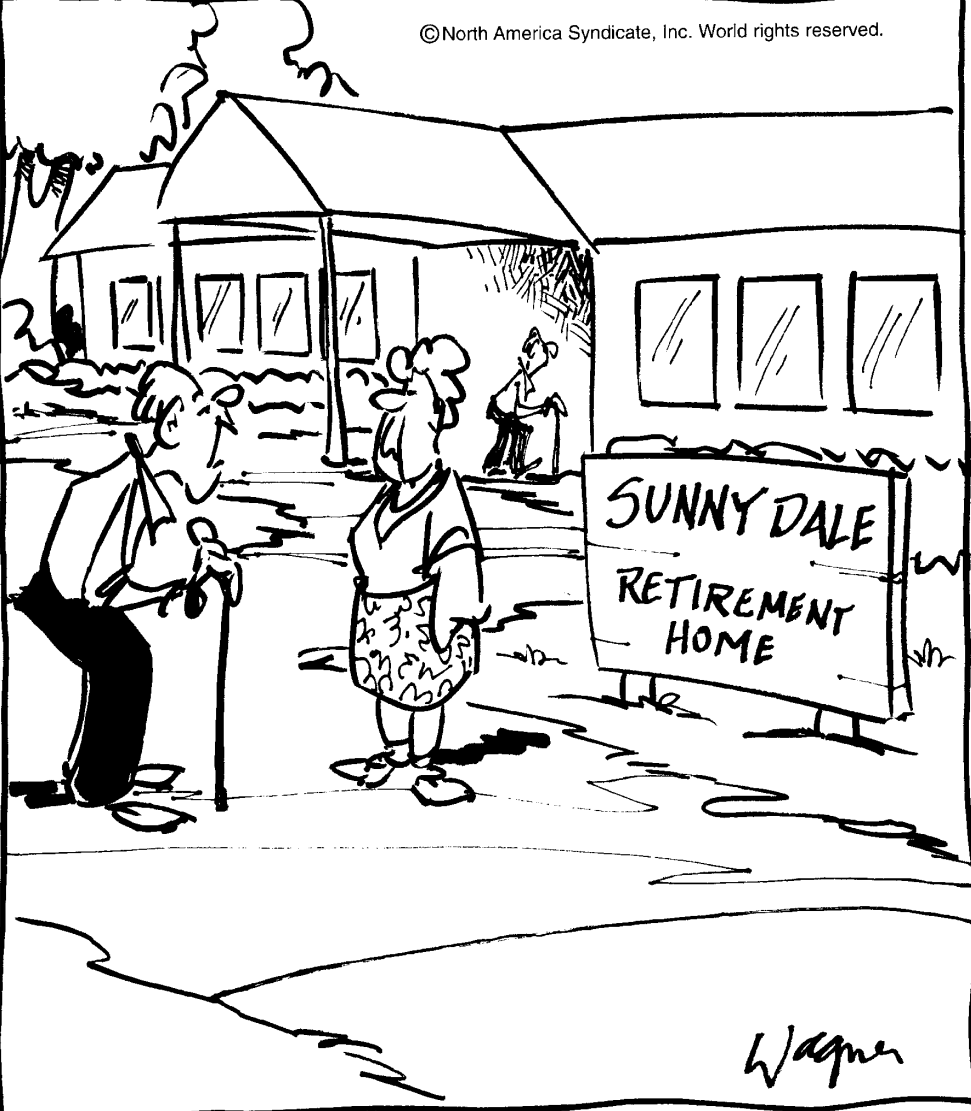
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GRIN like BEAR IT

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Wagner

“Then I apologize for hitting on you. ... I didn’t know you were my wife.”

The Garden Bug

Unless you live in a tropical climate, nutmeg trees do best in containers. As the plant grows, move it gradually into containers with two more inches of width and depth than the previous pot. Eventually, transplant nutmeg trees into five-gallon pots. Once the roots fully occupy that space, move the tree into its final location, either a larger container (like a ten-gallon pot) or the ground.

Nutmeg grows best in full sun to partial shade, with four to six hours of direct sunlight per day. Water when the top soil feels dry.

— Brenda Weaver

Source: www.epicgardening.com/nutmeg-tree

PHONE: 360-682-8283 | WHIDBEYWEEKLY.COM

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Readings by Noa

Astrology for May 29-June 4 2026

Full Moon in Sagittarius 9°

May 31 brings the full Moon in Sagittarius at 9° as well as Mercury in Gemini sextile Chiron in Aries at 29°. This full Moon is expansive, optimistic and encouraging. Sagittarius is a mutable fire sign that takes action on the curiosity stirred by the Sun in Gemini. There is a sense of saying yes to a quest and we are ready to move in a definitive direction. Since it is the Moon, this quest could be emotional, not just physical. Saturn sits in a close trine to this full Moon, a concrete signal that there is stability and support to move in that identified direction. This full Moon is ruled by Jupiter, sitting in a prominent position of exaltation in the sign of Cancer. From many angles, this full Moon is beautifully bolstered. Should our aims stem from a pure sense of ambition aligned with our beliefs, the actions taken under this full Moon are likely to take us very far. Where Sagittarius energy usually desires to stay free of most commitments, Saturn's presence helps us create structure by way of a practice, plan, or boundary. The full Moon signals a completion or culmination in the Sagittarius part of our birth charts. What has come to fruition? What adventure is calling? What belief is strongly present, loud and illuminated at this time? How is that belief guiding where you are heading next? This is an amazing time for social endeavors, especially of a diverse nature. The Mercury/Chiron sextile further pads us with supportive energies that allow for open and healing conversations, especially that include declaring our desires or posing important inquiries. Stay open to possibilities. Stay available for exploration. Continue asking a ton of questions. There is a benevolence in this sky and it is something special. After all, this is the second full Moon of the month of May, a semi-rare occurrence called a Blue Moon. Who or what is coming together? Elements of celebration. Enjoy this moment!

On **June 1**, Mercury enters Cancer and will be in this sign until August 9, an unusually long time due to its retrograde phase that begins on June 29. Mercury in Cancer in its shadow can lean passive aggressive, or have a difficult time approaching conversations in a direct way. The strength of this position however, lies in Cancer's intuitive nature. Under this sky, the mental and emotional bodies are more connected. We can feel into energies to source data and find answers. We may notice that mental processes slow down and topics of conversation more often now surround feelings, emotional dynamics, nostalgia, the past, memories, etc. This energy softens the frenetic buzz of Gemini and invites the unseen realms to be included in our curiosities. Feel into your ideas. Consult beyond logic and spreadsheets. We will be here a while. The retrograde will bring back thoughts and memories from the past that need to be revisited and revised. Take notes on intuitive hits and big feelings, there is key information here.

On **June 2**, the Sun in Gemini sextiles Saturn in Aries at 12°. This is a lovely transit! The Sun in Gemini is excited to play, to try new things and Saturn in Aries encourages patience, the ability to try long enough to achieve a result. This is a very helpful sky for moving in the direction of a goal, a dream, a vision, or a new mode of self-expression. Saturn is encouraging us to lean in to our curiosities long enough to persevere, to achieve a noticeable bit of progress. Although these planets are in signs that are not known for their ability to finish what they start, that Saturnian push, that bit of progress, fuels the journey with momentum to continue on. This combination adds discipline to playtime. We are social and able to challenge assumptions by engaging our ideas. Talk to people, ask for advice, and be open to criticism. It could really land and help you today.

On **June 3**, Mercury in Cancer trines the North Node in Pisces at 3° and then later in the evening will square Neptune in Aries at 4°. Fated conversations and/or important information arrives. When Mercury the planet of communication trines the Node of Fate, we want to pay attention to what is being said. What is on your mind? What do you need to say? What is being communicated to you? A trine is an easy-flowing aspect, so there is nothing that necessarily needs to be done, but listening is key. There may be an important detail, a hit, a feeling, that makes a subtle but important shift in our current mental focus. That shift has an auspicious ripple effect on future timelines. The square to Neptune in Aries can fog up our perceptions, especially around logic and reason. Not a great day to sign business deals or make any promises. Watch for deceptive language, sneaky fine print, or vague terms. A fantastic day for creative endeavors, daydreaming, and engagement with the other realms. It will be more difficult to tend to responsibilities in some ways, so perhaps its best to lean into a healthy escapism under such a sky. Sometimes the mind could use a day off, and it is often those release points that lead to places we least expect.

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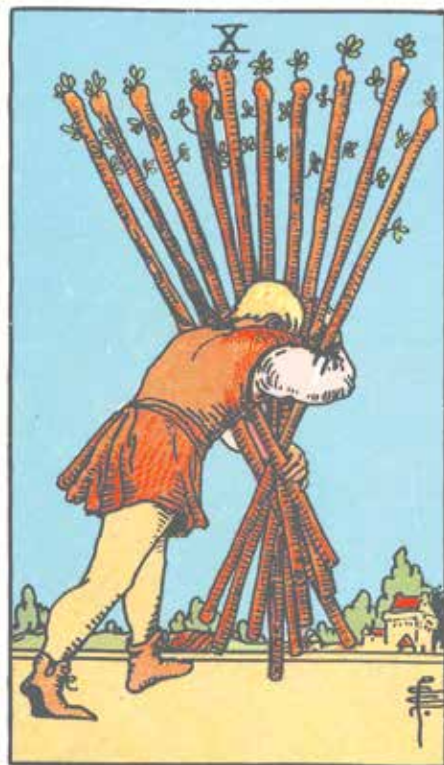


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Tarot from Camano

with Tiffany FitzPatrick



May 29th – June 4th : the Ten of Wands.

You've buried yourself in work; always more to do, seemingly never ending. However, you're so focused on bulldozing through the task list, successfully exhausting yourself to avoid forming coherent thought, that you've ceased hearing what your body is aching to get through to you. You're taking on too much, demanding too much of yourself without allowing for proper recuperation and adaptation. And whether you're consciously aware, your withdrawal into yourself, isolating from others under the guise of focus, savors strongly of the subconscious undercurrents of self-punishment. There is so much determination not to process what has you in a bother that you're ripping to shreds your physical and mental health. You are worthy of and deserve better care for yourself, especially from yourself. The work will reach the accomplishment for which you're striving, but it does not all need done this very week. And in your brute drive, the vital minutia is getting scrambled. This week's card urges you to: Pause. Attend to your needs. Clear your mind by letting what's grieved you move through you, and ground yourself in something joyful that brings you back into the present. Then review the details and consider asking for assistance, as you need not toil alone.

You've convinced yourself your dreams are out of reach, but there they are, awaiting you on the horizon even as you continue to dismiss them as a mirage. Meanwhile you lug around the memory, the stories, the data sets, no longer taking the initiative to read the missives endlessly seeking to reach you. This week's card reflects you're all action, moving through the dependable motions, and no one can question your strength, but you've not been following your intuition. Free will, as always, remains in your hands and the choice is yours to continue as you have. This message only aims to reassure that, should you choose, a path toward your dreams is always accessible to you. Dare to look inward and onward; even acknowledging within yourself that your dreams do still exist, although kept buried inside, and are not mere overactive imagination, is an emboldened step toward materializing what you once convinced yourself was only delusion.

~Xo, Tiffany

Cards are drawn from the classic Rider Waite Smith tarot deck.

More goodies offered here: <https://linktr.ee/tiffanyfitzpatrick>

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55					56				57			

CLUES ACROSS

- 1 Rain-delay cover
- 5 Prattle
- 8 Minn. neighbor
- 12 Declare
- 13 Lab eggs
- 14 "Rule, Britannia!" composer
- 15 "Arrivederci!"
- 16 Dawn
- 18 Airport area
- 20 Upper House
- 21 Fed. workplace monitor
- 23 Director Burton
- 24 9-to-5 work period
- 28 Slightly
- 31 Dos preceder
- 32 -- the above
- 34 Equi-
- 35 Boxing match
- 37 The "D" of DST
- 39 ICU workers
- 41 Sent a dupe to
- 42 Barely manage
- 45 Coiffure
- 49 Make a short-term investment
- 51 Last write-up
- 52 Sheltered
- 53 -- Angeles
- 54 Maxi's opposite
- 55 GI dining hall
- 56 Permit
- 57 Bygone fliers

CLUES DOWN

- 1 Diplomacy
- 2 Athletic shoe brand
- 3 Bring up
- 4 "Coming Soon" ads
- 5 Sponsored infant
- 6 "Selma" director DuVernay
- 7 Inlets
- 8 Aslan's land
- 9 Have lofty aspirations
- 10 Gray's subj.
- 11 "Nope" actress Palmer
- 17 Wager
- 19 Author Bandele
- 22 Insurance giant
- 24 Name
- 25 Year in Mexico
- 26 "For -- Only" (Bond film)
- 27 Kid's storage unit
- 29 Somewhat (Suff.)
- 30 Youngster
- 33 Beagle's bane
- 36 Govt. securities
- 38 Figures of speech
- 40 South, in Spanish
- 42 Dutch cheese
- 43 Curly cabbage
- 44 Towering
- 46 Baseball stats
- 47 Force
- 48 Elevator name
- 50 Fawn's mama

Answer on page 12

Play Better Golf with JACK NICKLAUS

ASSESS THE CONSISTENCY OF THE SAND WHEN FIGURING BUNKER PLAYS. THE MORE POWDERY OR LOOSER THE SAND THE HARDER IT IS TO CONTROL THE BALL'S BEHAVIOR.

I GENERALLY PLAY AGGRESSIVELY FROM FIRM OR WET SAND, BUT AM A LITTLE MORE CAUTIOUS FROM COARSE OR HEAVY STUFF. WHEN THE SAND IS REALLY FINE OR POWDERY, I ALWAYS PLAY VERY CONSERVATIVELY. YOU SHOULD STRATEGIZE LIKEWISE.

YOUR GUESS IS AS GOOD AS OURS WEATHER FORECAST

	Fri, May 29	Sat, May 30	Sun, May 31	Mon, June 1	Tues, June 2	Wed, June 3	Thurs, June 4
North Isle	H-57° L-50° 5%	H-60° L-49° 10%	H-64° L-50° 0%	H-69° L-52° 0%	H-73° L-57° 5%	H-61° L-53° 10%	H-62° L-50° 20%
South Isle	H-55° L-49° 35%	H-59° L-49° 10%	H-63° L-50° 0%	H-68° L-53° 0%	H-72° L-58° 5%	H-62° L-54° 10%	H-63° L-51° 15%



By Helen Mosbrooker

OUR Community

An Upbeat Question of the week

What has been the most amazing adventure you have ever experienced?



Barry Wenaas,
Oak Harbor

One of the most exciting adventures I experienced was the First World Congress on Aerospace Education. We took over 70 educators from the United States to Egypt. We were there for 10 days conference meetings in the morning and exploring the rest of the day. We met incredible people from around the world. So exciting for the teachers to bring back to their classroom. Two years later we had the conference in Russia. The times were calmer in the late 70's and early 80's.



Patti Buckland, (Daughter),
Marrowstone Island

The greatest adventure of my life has been my marriage to my husband, Jon. We've had our share of classic adventures, sailing across Lake Michigan, climbing Mount Rainier, and biking through Slovenia, Croatia, and Cuba, but none have required the same stamina as marriage. This year, we celebrate 20 years. It has been the scariest, hardest, and most rewarding adventure of all. Also the one where you pack for every possible condition and are still somehow unprepared. Our marriage is less about dramatic moments and more about the daily expedition like figuring out what's for dinner. I'm grateful for the road ahead. Less adrenaline and more appreciation.



Jackie C.,
Oak Harbor

Fortunately I've had a lifetime of wonderful vacations. Maybe everyone can relate to their 1st Disneyland visit as a small child. One of my first as an adult was in the 1970's. It was a scuba diving vacation on the Great Barrier Reef. I was doing a photo shoot for a clothing line on a tiny island in Australia. The tiny island had only about 20 bungalows. Among the prestigious guests was one of the Beatles. I had to agree not to report who or where this Beatle was. This was long before you could steal a photo on a cell phone. Today the mystery Beatle still remains nameless in my conversations but vivid in my memory. I can keep secrets.

Joyful Saying of the Week

If the sight of the blue skies fills you with joy, rejoice, for your soul is alive.
-Eleanora Duse

STAN SMITH'S TENNIS CLASS

POUND IT!
Look for a weakness in your opponent's game and exploit it. For instance, if he has a weak backhand, drive several shots at the backhand until you get a weak return.

Then close to the net for a volley. You could hit your volley to the forehand side (which might be more open), or it could go to the backhand side again. It's usually best to keep hitting to his weaker side - so his passing shot will not be as effective. If you keep pounding his weak side, he'll generate more errors.

Weekly SUDOKU

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	4		2					
8		3			1		6	7
	6			4			1	
1	2		8			9	3	
4	3		7	6	2		8	9
			8			9		3
			5	2		8		1
						8		1
								6

Answer on page 12

