

July 31, 2026 - August 6, 2026

Whidbey Weekly

absolutely **FREE**

Your Source For "What's Happening" On Whidbey Island

Locally Owned • Locally Operated

NEWS • BITS • WHATS GOING ON • PUZZLES

COLUMNISTS • CLASSIFIEDS



Two Great Musical Events for Whidbey Island

PNWCI ORCHESTRA *Festival Concert*

FRIDAY AUG 7

7:30pm

Whidbey Island Center for the Arts
Langley



Ludwig van Beethoven
Coriolan Overture, Op. 62

Gabriela Lena Frank
Elegia Andina

Ethel Smyth
Serenade in D Major

Felix Mendelssohn
Symphony No. 4 "Italian"

*Experience Whidbey's
professional orchestra!*



Tickets available @
www.wicaonline.com
Box Office: 360-221-8268

Festival of **GLOBAL TRADITIONS**

SATURDAY AUG 15

1:00pm

Oak Harbor
United Methodist Church



The **PERCUSSIVE ARTS** world comes to the Rock with a vibrant program blending Western chamber music and global rhythms from Africa. Highlights include music for the **Gyil** xylophone from **Ghana** and a rare opportunity to experience the monumental **Embaire**, a massive wooden log xylophone and one of only a handful found outside **Uganda**.

Free Admission
Donations Encouraged

info @ www.sowhidbey.com

A Robin Hood For Modern Time



Review by Jim Sovanski
Submitted photos

What to do if you want to do a new take on an old story? That seemed to be the conundrum facing the Island Shakespeare Festival this season. With Macbeth they found a new interpretation and approach to the title character. With Robin Hood, Artistic Director Olena Hodges could not find a version they liked, "What to pair with Macbeth?" she asked.

"Robin Hood came to mind immediately. While one play digs around in corruption and power and legacy and the perpetuation of the status quo, another has the opportunity to give us an alternative. To invite us into a community of care and system-bucking. So I went looking for a Robin Hood that I'd want my son to be inspired by. And I couldn't find one! I assumed there must be an accepted stage version every Shakespeare theatre does, but there isn't really. So we decided to make our own version with the hero we wanted to see. My deepest gratitude to Erin Murray for offering to write it."

"Both Macbeth and Robin Hood are making the rounds of theaters right now, and I think there's good reason," she continued. "Exactly the themes that resonated to me must be resonating around our country. Macbeth gives us a lens to explore how far a person will go for power, and why. Robin Hood gives us an opportunity to celebrate community and sharing and a hero worth fighting for."

The new play "Robin Hood of Sherwood Forest" introduces us to a Robin Hood for the people. His entire purpose in life is to help and protect others who can not help

themselves. This extends not only to those closest to him, but everyone. As a man who is constantly questioning his own motivations, he worries that his very acts of helping others is putting his loved ones in harm's way.

Murray has accomplished a wonderful thing with this play. Her Robin Hood sounds as if it was written 400 years ago, mirroring Elizabethan language while wholeheartedly embracing modern sensibilities. No small achievement.

"When Olena asked me to write a new Robin Hood story for the 2026 season, I knew I wanted to write a Robin who asks questions," comments playwright Murray. "This decision led to more questions. How could I revitalize a figure so many of us feel that we 'know?' What could the strong, brave Robin Hood question? There is strength in asking questions, and I have learned to suspect anyone who does not ask questions, or, worse, appears to have all the answers."

She continues, "Social media asks for our location, password, and reinvented individualism every day. Are we even in a position to give? Besides, I am sad to report my grim findings: there is no rational reason to give unto others. This discovery led me to realize I was asking the wrong question. The legend of Robin Hood dares to ask the people of 2026: what happens to the world when we stop thinking of others? Do you want to live in that world? What lengths would you go to prevent that world from arriving?"

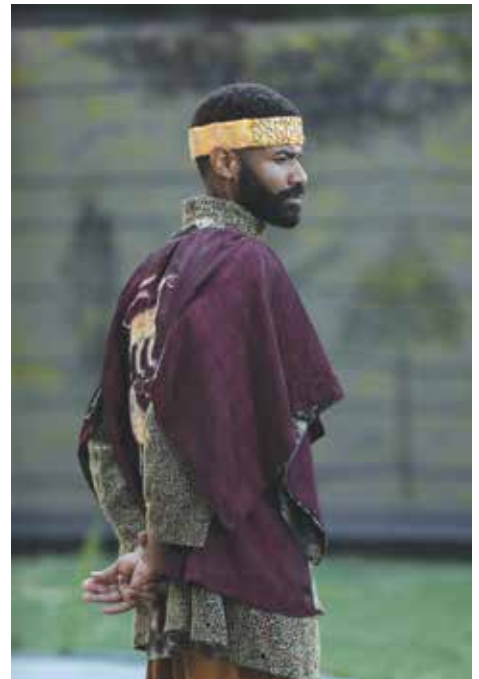
"When it feels like everyone I know is doing a certain story, I pay attention," says Aili Huber, Director of "Robin Hood of Sherwood Forest." "This is the summer of Robin Hood. I have colleagues in theaters all over the country

telling this story of a merry band of outlaws pushing back against an oppressive government. The adaptations are all different, but the core messages are the same. We're living in an era of high income inequality and cuts to government programs that help people. We need a story of hope, community, and pushing back against oppressive forces."

Davion Tynarius Brown, who brings this Robin Hood vividly to life, shared his history with the role. "Back in 2017," he relates, he landed "the role of the Sheriff of Nottingham. A role with which I had a blast. Like all actors, you try to find the justification of your character's thoughts and actions. And I did so with the Sheriff."

"Now here we are in 2026 and I'm playing Robin Hood. And once again, I'm having a blast with the role, and I'm finding his justifications. Playing Robin now fully reminded me of why I was so adamant about landing the role in the past. I truly love this character." He continues, "The strange thing is, now having played characters on either side of the morality scale, neither perspective is absolute to me. Which proves to me that the beauty of being an actor is the empathy you have for your characters, be they the villain or the hero"

Not only Brown but all of his castmates are obviously having a blast and it shows. Watching the ensemble ISF has gathered is a thing of beauty. Over the course of two shows, ISF seamlessly blends newcomers and veterans, humor and tragedy giving actors and audiences alike a chance to stretch different mus-



the country. They strive for quality productions without sacrificing the mental health of their performers and collaborators. ISF has ambitious goals of being a welcoming and safe environment for EVERYONE to work and thrive."

So the ISF offers a truly unique theatrical experience this season. A new interpretation of a very old show and a new presentation of a very old story. Both shows are very worth your time.



cles, so to speak, to the benefit of all.

For example, in this story, "Will Scarlet is troubled, conflicted, and lost." In talking about playing Scarlet, returning actor Christopher Atchison says "I consider myself a tragedian and love unlocking characters that are morally complex. So, it has been an absolute honor inhabiting and creating a character that was originally written with my abilities in mind."

He continues, "This is my 3rd consecutive summer here with ISF. ISF as a company is so different than many other theaters across

"Robin Hood of Sherwood Forest." at the Island Shakespeare Festival (ISF), 5476 Maxwellton Rd, Langley continues Wednesdays to Sundays through September 6th, alternating performances with its companion show, "Macbeth." ISF operates on a pay-what-you-will model because they believe theatre should be for everyone—no exceptions. For tickets and more information, visit www.islandshakespearefest.org.



BITS & PIECES

Whidbey Island Music Festival Presents Schubert's Die Schöne Müllerin: An Unforgettable Journey Through Love, Hope, and Heartbreak

The Whidbey Island Music Festival invites audiences to experience one of the greatest masterpieces of the Romantic era when internationally acclaimed baritone Tyler Duncan and pianist Erika Switzer perform Franz Schubert's Die schöne Müllerin on Saturday, August 1 at 3:00 p.m. at St. Augustine's in-the-Woods in Freeland.



More than a concert, Die schöne Müllerin (The Fair Maid of the Mill) is an intimate musical drama that has captivated audiences for more than two centuries. Composed in 1823, Schubert's first great song cycle follows a young miller's emotional journey as he falls deeply in love, dreams of a joyful future, struggles with jealousy, and ultimately confronts profound heartbreak. Through twenty exquisitely crafted songs, Schubert transforms poetry into one of the most moving and psychologically rich works in all of classical music.

For this extraordinary performance, audiences will hear the cycle interpreted by two of today's most celebrated art song performers. Hailed by The New York Times for his "warm, noble baritone," Tyler Duncan is renowned for his expressive storytelling and nuanced interpretations of German Lieder. At the piano, Erika Switzer brings remarkable artistry to Schubert's evocative score, where flowing melodies become the murmuring brook, the turning mill wheel, and the emotional heartbeat of the story itself.

Together, Duncan and Switzer have shared the concert stage for more than twenty-five years, performing throughout North America, Europe, and South Africa. Celebrated for their exceptional musical partnership, they create performances in which voice and piano become a single expressive narrative. In addition to their acclaimed interpretations of the Romantic repertoire, they are passionate champions of contemporary music, having premiered dozens of new works by leading Canadian composers.

Individually, both artists enjoy distinguished international careers. Duncan has appeared regularly at the Metropolitan Opera, London's Wigmore Hall, and major festivals around the world, while Switzer has performed at Carnegie Hall's Weill Recital Hall, the Kennedy Center, the Bard Music Festival, and the Spoleto Festival, among many other prestigious venues. Both are dedicated educators, mentoring the next generation of musicians at leading conservatories.

Audiences familiar with Schubert will discover new depths in this timeless masterpiece, while those experiencing it for the first time will find an unforgettable introduction to one of classical music's greatest emotional journeys. The intimate setting of St. Augustine's in-the-Woods provides the perfect venue to experience the subtle beauty, dramatic intensity, and profound humanity of this remarkable work.

Whether you are a devoted classical music enthusiast or simply curious about the power of live performance, this concert promises an afternoon of extraordinary artistry and emotional resonance.



Schubert's Die schöne Müllerin
Saturday, August 1, 2026
3:00 p.m.
St. Augustine's in-the-Woods
Freeland, Washington

Tickets and additional information are available at www.whidbeyislandmusicfestival.org.

2026 Grant Opportunities from Whidbey Community Foundation Now Accepting Applications!

Whidbey Community Foundation (WCF) is excited to announce that our Nonprofit Capacity Building and Community Health grant programs are now accepting applications! Any organization that operates with a charitable status or for a charitable purpose on behalf of Whidbey Island is eligible to apply for a grant.



WCF's mission is to improve the quality of life on Whidbey Island. Many factors contribute to the conditions that shape a thriving, healthy community. A wide range of factors influence how long and how well we live, including: opportunities for education, income and wealth, safe housing, and the right to shape policies and practices that impact our lives and futures. Community Health grants will be awarded to projects and organizations that take action to improve health and eliminate unjust barriers to opportunity for all who call Whidbey home—now and into the future.

Nonprofit Capacity Building grants support the organizational strength and effectiveness of nonprofits on Whidbey Island. Capacity-building grants are awarded to nonprofits for one-time projects that address a part of the organization's strategic plan to improve the management, governance, and administration of the organization. By strengthening the internal capacity of an organization, WCF believes the programs and services will also be strengthened.

"Our Grants Committee is made up of community members from all across our island and helps WCF determine priority areas for funding. WCF's grant programs are open to all nonprofit organizations serving Whidbey Island. Through our Community Health grant program, we are looking to fund organizations working to improve the health of our Island. Our Nonprofit Capacity Building grant program will fund projects meant to fortify the foundation of organizations serving Whidbey," stated Jessie Gunn, Executive Director. "We look forward to reviewing this year's applications and learning more about the work being done in our community!"

Grant applications will be accepted through August 31, 2026. Visit WCF's website www.whidbey-foundation.org for more information. If you have questions about the grant process, email info@whidbeyfoundation.org or call 360-660-5041.

For more information, please visit our Funding Opportunities page.

Whidbey Community Foundation

Main: 360-660-5041
Mailing address: PO Box 1135, Coupeville, WA 98239
Physical address (appt. only): 1660 Layton Rd, Suite 104, Freeland, WA 98249

MAPLE LEAF FOODS INC. RECALLS NOT READY-TO-EAT (NRTE) BACON PRODUCT IMPORTED WITHOUT THE BENEFIT OF IMPORT REINSPECTION

Maple Leaf Foods, Inc., located in Lisle, Illinois, is recalling approximately 12,036 pounds of not ready-to-eat (NRTE) smoked bacon product that was imported from Canada without the benefit of import reinspection into the United States, the U.S. Department of Agriculture's Food Safety and Inspection Service (FSIS) announced today.

The NRTE refrigerated smoked bacon product was produced June 9, 2026, June 10, 2026, June 12, 2026, June 13, 2026, and June 15, 2026. The following products are subject to recall [view labels]:

- 12-oz vacuum package of "Royale Natural Applewood Smoked ALL NATURAL Uncured Bacon Product of Canada" with sell by dates of "SEP 01 2026" and "SEP 07 2026" printed on the side of the package
- 12-oz vacuum package of "TOP VALU Uncured Hardwood Smoked Bacon PRODUCT OF CANADA" with various sell by dates of "SEP 01 2026", "SEP 02 2026", "SEP 04 2026", "SEP 05 2026", and "SEP 07 2026" printed on the side of the package

The product subject to recall bears Canadian establishment number "EST. 1" printed on the side the package, and health certificate "2026-S732971612" on master case boxes. This item was further distributed to Grocery Outlet distributors and retailers in Idaho, Oregon, and Washington.

The problem was discovered during routine FSIS inspection activities.

There have been no confirmed reports of illness or injury due to consumption of these products. Anyone concerned about an illness or injury should contact a healthcare provider.

FSIS is concerned that some product may be in consumers' refrigerators and freezers. Consumers who have purchased these products are urged not to consume them. These products should be thrown away or returned to the place of purchase.

FSIS routinely conducts recall effectiveness checks to verify recalling firms notify their customers of the recall and that steps are taken to make certain that the product is no longer available to consumers. When available, the retail distribution list(s) will be posted on the FSIS website at www.fsis.usda.gov/recalls.

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THIS IS NOT YOUR FATHER'S

MACBETH

A NEW TAKE ON AN OLD CLASSIC AT THE ISLAND SHAKESPEARE FESTIVAL



Review by Jim Sovanski
Submitted photos

A curious phenomena seems to have happened here on Whidbey Island. A local theater is producing a 400 year old play, one that also happens to be a cultural icon. As it turns out, there are different ideas about how to do it! Who knew there were so many ways to approach it? Is the title character the pure embodiment of evil? Is he an opportunist who seizes a chance? Is he a fool, manipulated by his conniving wife? Or is he a hero who has honorably earned a shot at power?

That is the central conceit of the Island Shakespeare Festival's thrilling new production of Macbeth. Artistic Director Olena Hodges explains, "When Jackie Apodaca, who directs the play, pitched her idea for Macbeth to me, the spark was immediate. I hadn't previously



felt called to produce this play. We are always looking for ways to upset tradition in Shakespeare, and I hadn't found that way in yet. But Jackie's vision turned things inside out in this play and suddenly brought a whole complicated spectrum of right, wrong, and maybe into focus. That excited me!"

"Additionally, Jackie and James Donlon, who plays Macbeth, were both professors of mine at Southern Oregon University, so it's really special to work on this unique production of Macbeth with them."

With that, director Apodaca then asked the question, "What if Macbeth actually deserves to be king? What if he has done everything



right—fought every battle, waited his turn, and served faithfully—only to be taken for granted, passed over, and forgotten? Now, nearing eighty, he sees his final chance to be remembered, to truly matter, slipping away."

She continues, "I first worked with James Donlon in the 90s, when I was his student at UC Santa Barbara. He quickly became one of my most impactful and important mentors. When James mentioned he had always wanted to play Macbeth, my imagination sparked to life. What does it mean for someone in their 70s to play this role? How does age affect the urgency of the murder? And what if the typical witches could be reimagined as angels?"

Veteran actor and educator James Donlon, masterfully playing an aged Macbeth, continues the thought. "The opportunity to play Macbeth after decades of performing in theatre since 1970, offers unique insights into the role. The character is usually played by a much younger actor, and my perspective provides viewpoints of another nature. I have been fascinated by Shakespeare's Macbeth since as a kid, I first saw Orson Welles perform the part on black and white TV in the '50's. The play speaks to the abuses of power that range through human history to this day."

Forming the other half of this Shakespearian power couple, Maria Porter as Lady Macbeth, is simply mesmerizing. "I have always identified with Lady M. as a capable, accomplished person that should in fact have been King, ruler, or president, but because of patriarchal systems could never achieve her potential. I found/find that to be true in my academic career, and now as an aging woman trying to find roles, challenging ones. I had given up on the dream of playing her a few years ago, as I imagined I was too old."

Any theater production is only as good as its entire cast and ISF has again assembled an outstanding company of new and returning players for Macbeth and ISF's sister production of a new telling of "Robin Hood of Sherwood Forest." (also reviewed in this issue.)

Australian Davion Tynarious Brown, who wonderfully does double duty as Banquo in Macbeth and the title character in Robin Hood, shares his thoughts. "As like many theatrical performers, Shakespeare has been a major part of my career. I always say that; "Bill pays my bills." But even moreso, the study of Shakespeare's works in both my Undergraduate and Grad Student years has very much shaped how I approach performance in general. And working with theatres like ISF, who very much take chances with Shakespeare's works, has only helped me broaden my horizons on the subject."

Doing summer repertory theater, and especially here on Whidbey Island, is a unique experience, for actors and artistic staff alike. Brown succinctly summed up the feeling shared by everyone I've ever talked to at ISF. "ISF holds a special place in my heart as an artist. In my entire 15 years as a freelancer, no place has ever made me feel more welcome, and free to express myself creatively. I would work with ISF a million times over!"



So come, join the unique, community spirit that Whidbey gives to live theater.



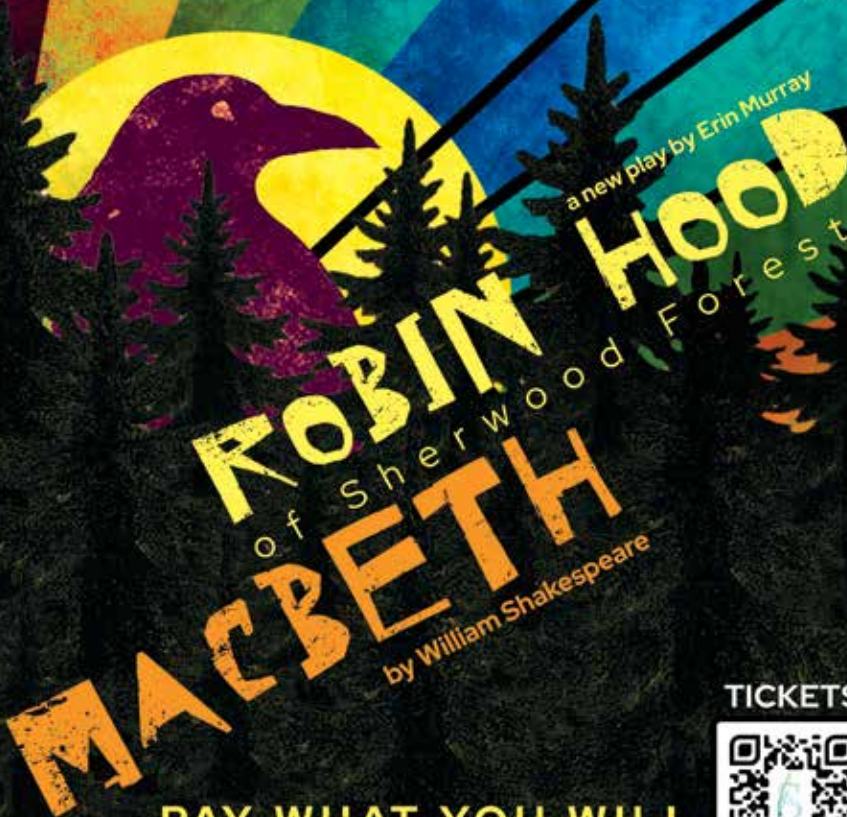
ISLAND SHAKESPEARE FESTIVAL

Macbeth at the Island Shakespeare Festival (ISF), 5476 Maxwellton Rd, Langley continues Wednesdays to Sundays through September 6th, alternating performances with its companion show, "Robin Hood of Sherwood Forest." ISF operates on a pay-what-you-will model because they believe theatre should be for everyone—no exceptions. For tickets and more information, visit www.islandshakespearefest.org.

ISLAND SHAKESPEARE FESTIVAL PRESENTS

two shows outdoors in rotating repertory

July 23 - Sept. 6



ROBIN HOOD of Sherwood Forest

MACBETH by William Shakespeare

TICKETS



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What's Going On!

ISLAND SHAKESPEARE FESTIVAL 2026: MACBETH AND ROBIN HOOD OF SHERWOOD FOREST

Now through Sept. 6; various dates and times. Island Shakespeare Festival, 5476 Maxwellton Road, Langley

Island Shakespeare Festival presents Macbeth by William Shakespeare and the world premiere of Erin Murray's Robin Hood of Sherwood Forest. Performances run through Sept. 6, with 6 p.m. evening shows and 1 p.m. matinees on select dates. Audiences are invited to arrive early for pre-show activities, including Shakes & Bakes and Swordplay Saturdays. The season also features ISF Beyond performances, including Red Eagle Soaring, James Donlon Physical Theatre, King John: A Solo Performance and Sound & Fury: An Improvised Shakespeareance. Beer, wine and concessions are available, and patrons are welcome to bring a picnic. For tickets and performance schedules, visit islandshakespearefest.org.

1, 2, 3 GET READY TO READ / 1, 2, 3 LISTOS PARA LEER

Saturday, Aug. 1, 11 a.m.-noon
Coupeville Library, 788 NW Alexander St.

Families with children ages 2-9 are invited to enjoy bilingual stories, songs, rhymes and dancing with Marco Cortes. Presented in Spanish and English, this interactive program encourages early literacy through music, movement and storytelling.

LANGLEY FIRST SATURDAY ART WALK

Saturday, Aug. 1, 5-7 p.m.
Downtown Langley

Spend the evening exploring Langley's vibrant arts scene during the monthly First Saturday Art Walk. Visit participating galleries, meet local artists and be among the first to view new exhibitions and installations. Participating galleries include Artworks Gallery, Lasher Gallery at WICA, Museo Gallery, Rob Schouten Gallery and Whidbey Art Gallery. Free and open to the public.

AMERICAN ROOTS CONCERT SERIES: ANGEL GADZHEV FOLK BAND

Saturday, Aug. 1, 7-8 p.m.
North Beach Amphitheater, Deception Pass State Park, Oak Harbor

Experience the rich musical traditions of Bulgaria with the Angel Gadzhev Folk Band as part of the American Roots Concert Series. The ensemble performs authentic folk songs and dances using traditional instruments, including the gaida, kaval, gadulka and tupan, while sharing the cultural stories behind the music. Audience members will also have the opportunity to learn basic horo dance steps. Admission is free; a Discover Pass is required for vehicle access.

TUESDAY CONCERTS IN THE PARK: POSER

Tuesday, Aug. 4, 6-7:30 p.m.
South Whidbey Community Park, 5495 Maxwellton Road, Langley

Enjoy an evening of '90s favorites with Poser during South Whidbey Parks & Recreation's Whidbey Telecom Tuesday Concerts in the Park series. Bring a picnic, blanket or lawn chair and enjoy free live music in a beautiful outdoor setting. The family-friendly concert is free to attend.

SOUNDS OF SUMMER CONCERT SERIES: DARING GREATLY

Wednesday, Aug. 5, 5:30-7 p.m.
Windjammer Park, 1600 S. Beeksma Drive, Oak Harbor

The Oak Harbor Music Festival's Sounds of Summer Concert Series continues with a free performance by Daring Greatly. Bring a picnic, lawn chair or blanket and enjoy an evening of live music, community and waterfront views at Windjammer Park.

BAYVIEW CORNER STREET DANCE: WESTERN HEROES

Wednesday, Aug. 5, 6-8 p.m.
Bayview Cash Store, 5603 Bayview Road, Langley

Dance the evening away with Western Heroes,

a longtime Whidbey Island band known for its eclectic mix of original dance music spanning polka, punk and everything in between. Free and family-friendly, the Bayview Corner Street Dance welcomes community members and visitors alike. Beer, wine and soft drinks will be available for purchase, food can be purchased from the Taproom and Merriweather Creperie, and picnic dinners are welcome. Rain or shine.

SUN PRINTS AND SHADOW ART

Thursday, Aug. 6, 10-11 a.m.
Freeland Library, 5495 Harbor Ave.

Create unique works of art using sunlight during this hands-on program at the Freeland Library. Participants will make cyanotype sun prints with natural materials such as leaves and shells and experiment with shadow art drawings. Free and open to all ages.

WHIDBEY: ADVOCACY BUILDING BLOCKS

Thursday, Aug. 6, 10 a.m.-2 p.m.
Pacific Rim Institute for Environmental Stewardship, 180 Parker Road, Coupeville

Learn the fundamentals of nonprofit advocacy during this free workshop presented by the Nonprofit Association of Washington in partnership with the Whidbey Community Foundation. Participants will explore advocacy, lobbying, legal compliance and effective communication with policymakers. A light lunch will be provided. Nonprofit professionals, board members and volunteers are encouraged to attend. Please register through the Nonprofit Association of Washington website. Registration is free.

PAINTING WITH PRIYA

Thursday, Aug. 6, 11 a.m.-noon
Coupeville Library, 788 NW Alexander St.

Get creative with local artist Priya Esperanto as participants make, paint and decorate oversized caterpillar creations in preparation for the Coupeville Arts & Crafts Festival. Finished artwork can be displayed at the library or taken home. All supplies are provided, and all ages are welcome.

DEAF/HARD OF HEARING SOCIAL: 250TH ANNIVERSARY CELEBRATION

Friday, Aug. 7, 5:30 p.m.
Langley United Methodist Church, Fireside Room, 301 Anthes Ave.

Celebrate America's 250th anniversary with an evening of community, conversation and learning. The gathering begins with a beginner-friendly American Sign Language lesson, including fingerspelling, holiday signs and receptive signing practice, followed by a potluck and surprise celebration. All are welcome. Free parking is available across the street and behind the church. For more information, contact Susan at (831) 334-6257.

WHIDBEY'S SARATOGA ORCHESTRA & PACIFIC NORTHWEST CONDUCTING INSTITUTE SUMMER FESTIVAL CONCERT

Friday, Aug. 7, 7:30-9:30 p.m.
Whidbey Island Center for the Arts, 565 Camano Ave., Langley

Whidbey's Saratoga Orchestra and the Pacific Northwest Conducting Institute present their annual Summer Festival Concert featuring the Institute's 2026 conducting fellows leading the orchestra in works by Beethoven, Ethel Smyth, Gabriela Lena Frank and Mendelssohn. A pre-concert talk begins at 6:45 p.m. Tickets are \$35-\$40 through the WICA box office. For more information, visit wicaonline.org or sowhidbey.com.

COUPEVILLE ARTS & CRAFTS FESTIVAL

Saturday, Aug. 8, 10 a.m.-6 p.m.
and Sunday, Aug. 9, 10 a.m.-5 p.m.
Downtown Coupeville

Celebrate one of Whidbey Island's premier summer traditions at the Coupeville Arts & Crafts Festival. Browse handcrafted artwork from talented artisans, enjoy live entertainment, sample local food vendors and explore historic downtown Coupeville during this free, family-friendly event. Proceeds support the Coupeville Festival Association's mission to promote the arts and preserve the community's historic character.



Two Great Musical Events for Whidbey Island

PNWCI ORCHESTRA Festival Concert

FRIDAY AUG 7
7:30pm

Whidbey Island Center for the Arts
Langley



Ludwig van Beethoven
Coriolan Overture, Op. 62

Gabriela Lena Frank
Elegia Andina

Ethel Smyth
Serenade in D Major

Felix Mendelssohn
Symphony No. 4 "Italian"

Experience Whidbey's
professional orchestra!

Tickets available @
www.wicaonline.com
Box Office: 360-221-8268

Festival of GLOBAL TRADITIONS

SATURDAY AUG 15
1:00pm

Oak Harbor
United Methodist Church



The PERCUSSIVE ARTS world comes to the Rock with a vibrant program blending Western chamber music and global rhythms from Africa. Highlights include music for the Gyi xylophone from Ghana and a rare opportunity to experience the monumental Embaire, a massive wooden log xylophone and one of only a handful found outside Uganda.

Free Admission
Donations Encouraged

info @ www.sowhidbey.com

Now Showing!

NOW thru Thursday, August 6th

Spider-Man: Brand New Day (PG-13)

&

Young Washington (PG-13)

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Whidbey Weekly

"To thine own self be true."

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OAK HARBOR MAIN STREET PRESENTS

Buskers on the Corner

Fridays, June 5-August 28, 2026
5:30-6:30PM at Pioneer & Dock
DOWNTOWN OAK HARBOR

JUNE	JULY	AUGUST
6/5 Sage Haze	7/3 Rene Abadesco	8/7 Erik Christensen Band
6/12 Lauren Flynn	7/10 Selena Mac	8/14 Ronnie Nix
6/19 ShiDaa	7/17 Shannon Patino	8/21 Steve Johnson
6/26 Danika Kloewer & Ethan Tang	7/24 Ribbons & Bows	8/28 Bobby Silver & The FatDaddys
	7/31 Keith Howard	

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OAK HARBOR MUSIC FESTIVAL

OAK HARBOR MAIN STREET

Whidbey Weekly

Out on a Limb

by Gary Kopervas

HERE COMES THE ZEN (DOOT-N-DO-DO)

I CALL MY SNEAKERS, "VANS"

I CALL MY UNICYCLE A "SANDAL"

The Garden Bug

Anoles

Both the native green anole (*Anolis carolinensis*) and the non-native brown anole (*Anolis sagrei*) are small lizards found in the southeastern parts of the United States. They compete for food sources by preying on many of the same insects, such as crickets, moths and flies. A green anole can actually be either green or brown, and both species also have the distinctive pink-to-red dewlap they frequently display. However, brown anoles have more distinctive patterns on their skin. - Brenda Weaver

Source: www.nps.gov

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Island Angler

THE LORE OF SPORTFISHING

By Tracy Loescher

"CAN THERE BE ONLY ONE?"

Walk into any large sporting goods store or outfitter shopping headquarters and head for the fishing section, the display of fishing tackle is large, colorful, bright, and pretty expensive these days. I would say that at least half of the tackle available to us will catch fish on any given weekend, however, we will empty our wallets or purses of hard-earned cash at the check-out counter buying one of each. So, what is the best solution? In my opinion we must narrow down the large choice of lures to just a few or "the one" that has the potential to be the best all-around artificial lure to catch fish in both salt and freshwater.

Without going into too much detail, for me there are seven primary categories that describe most artificial baits or lures. Keep in mind that under each primary category there will be sub-categories or versions that stem from each. Here are the seven categories I use to describe fishing lures and their basic design (working parts) and function:

- Spinners**, are generally built (arranged) on a short length of small diameter stainless steel wire, having a main body made of beads, metal shapes (bells or sleeves), and a shaped thin blade that is attached to the wire with a small horseshoe clevis allowing the blade to spin as it is pulled through the water, and of course a hook.
- Spoons**, are what their name implies, they are closely shaped like a spoon we would pull from the silverware drawer. Spoons do come in a variety of shapes and sizes, narrow, longer spoons are widely used to troll for salmon, wider tear-drop shaped spoons (wobblers) are a staple lure for steelhead fishermen. A very common elongated, shallow "S" shaped stamped spoon has a wonderful wobble/flutter action in the water.
- Lead-Head Jigs**, twitching jigs have taken salmon fishing by storm over the last few years here in the lower 48 states, fishermen in Alaska were some of the first to use jigs in the rivers to attract a salmon to bite, especially coho salmon. You have probably heard the word "crappie jig," the jigs for salmon are simply bigger and made of different materials. Rabbit fur, marabou feathers, and rubber squids are some of the most common materials.



>Jigs like these are salmon producers! And many other species too!



- Darts**, sometimes get described as jigs, however darts look nothing like a jig, they are primarily made of lead, steel, aluminum, or heavy dense plastics formed in 2-to-10-inch-long slender shapes to mimic baitfish. They are called "jigs" by some fishermen due to the up-and-down jigging motion used when fishing them. Darts are extremely effective in saltwater for salmon and bottom fish. Small colorful darts are also deadly for perch, walleye, and trout when ice fishing.

<A dart is a great lure, but not as versatile as a jig.

- Crankbaits**, are most commonly associated with bass fishing because they are cast into a fishy spot and cranked (reeled) back towards the boat. Crankbaits are designed to work in all levels of the water column, surface, suspended, and sinking. However, bass are not the only species to attack a crankbait, aggressive coho salmon have been known to strike a moving crankbait on or just under the surface.
- Plugs**, come in a variety of shapes and sizes and have a very successful reputation for catching salmon in both salt and freshwater. Trolling cylindrical-tapered shaped plugs are used by commercial salmon trollers, and quickly trolled cigar-shaped cedar plugs can be irresistible to Albacore tuna 60 miles off the Pacific Coast. Crescent moon shaped plugs are very popular when back-trolled for salmon in the rivers.

This style of plug is an effective salmon lure, especially in coastal waters.>



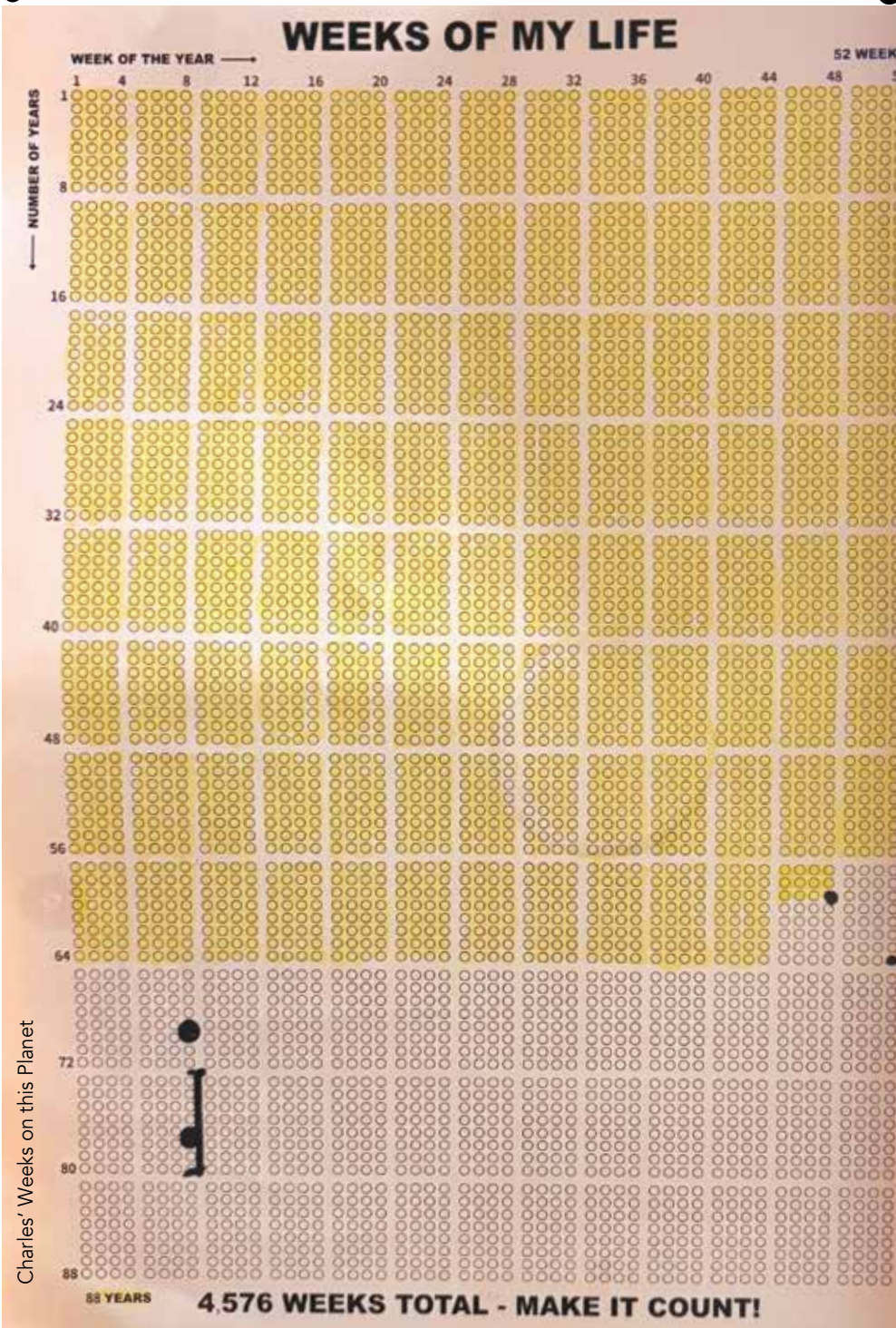
- Flies**, bring to mind the old, and very correct phrase "match the hatch," man-made flies have mimicked nature's bug and insect world for many years. In recent years with modern textile materials available to the fisherman, the use of flies has moved from small streams and tributaries where they attracted hungry 6-to-8-inch brook, rainbow, and cut-throat trout to the large rivers and tidewaters to catch everything from king salmon to hammerhead sharks. In many ways flies are/were the springboard to many ideas and fishing lures we fish with today.

With all of the options available to us, what would be "the one" lure I would pick to spend my money on? Hands down a lead-head jig, with the wide range of weights available to us it is unmatched when it comes to the different ways we can rig them. From a 1/16-ounce lead-head rigged with a tiny rubber curly-tail for crappie and bluegill; a 1/2-ounce head with bright pink and purple rabbit fur to twitch salmon out of the rivers or cast into schools of migrating pink salmon in the saltwater bays and shorelines; a 1/2-ounce head rigged with a black and blue rubber squid skirt to yank largemouth bass from the Lilly pads; to a rod-bending 24-ounce head rigged with a large rubber twin-tail or curly-tail grub for deep water lingcod and halibut, the lead-head jig is so versatile, they are the perfect base to build upon for any species of fish you are going to target.

<Jigs like these are dynamite for lingcod and halibut!

Yes there "can be only one" when a little research is done on size and color are matched with some time on the water learning how to control the jigs movements to trigger the fish to strike. The lead-head jig will definitely help you put fish in your coolers and on the barbecues!

On The Luxury and Perils of Too Many Choices



by Charles LaFond
Island Fundraiser, Potter, Author, and Essayist

Perhaps the greatest obstacle to meaningful living on Whidbey Island is not laziness but abundance; not compounded interest but compounded generosity.

Much of Whidbey Island is populated by wealthy retired people who live in a coastal circle on beaches, with their proverbial backs to the center of the island, where many young families rent small homes or farmland, just struggling to get by. There's nothing wrong with that. It's just a reality of life on an island which is a vacation destination for so many.

As you can see from the image above, I keep a poster on the wall of my bathroom next to my mirror. Every morning and every night, as I look into the mirror at this aging, wrinkly face with its bald head and jowls on my neck that sometimes remind me of curtain swags and other days remind me of the neck of an ancient turtle, I can see myself aging both in the mirror and on this poster. The poster reminds me every day of the thousands of weeks I have lived and the hundreds of weeks I have left to live. Now, you may think that's a bit macabre, but I quite like it because it reminds me of the urgency and self-offering with which one must live to make meaning in this life.

The strange burden of a beautiful life, like that which we can live on the island, is that with so much beauty and freedom, so many of us put off the things that matter most.

There are so many people on this island who:

- Clean our houses
- Make our coffee
- Bring us our restaurant meals
- Dry clean our clothes
- Manage our streets
- Make sure the water runs to our faucets
- Mow our lawns
- Add up our groceries and bag them
- Paint our houses.

Many of those people are literally struggling

just to get by. Many of them are what we call "the working poor," who have two or three jobs but can barely pay the rent, while many others live without the burden of counting pennies, dimes, or even dollars. The paradox is that I have compassion for both groups. On the one hand, I have compassion for the workers on Whidbey who make things work by the sweat of their brow. On the other hand, I have deep compassion for the people who get up every morning and are not quite sure what to do with their day or their money.

The single parent who gets up at 5:30 every morning to get their kids off to school, or the fisherman who's out on his boat to catch the fish we eat at night, or the nurse who needs to show up for her shift, or the grocery clerk who needs to check out our grocery bill - they don't debate whether they feel motivated to go to work. Their mortgage does not care how inspired they feel, and the Stoics admired this, as do I. William James wrote, "There is no more miserable human being than one in whom nothing is habitual but indecision."

It feels important to me to look into the mirror twice a day in my bathroom and remind myself that the clock is ticking and that I need to make good choices this day. It is important for me to see that I have already spent thousands of weeks living my life and only have hundreds left, because it places into high relief the importance of making decisions that lead to meaning-making in my life. In other words, I only have a few hundred more weeks left to do the good on this planet that I want and need to do.

Whidbey Island is filled with extraordinary privilege, but the greatest privilege here is not owning waterfront property, an investment account, or a massive tract of land. It is having the freedom to decide what kind of human being we want to become, and it is having the desire to leave the world better than we found it, not by our possessions, our cars, or our homes, but by helping the people and land, animals and plants, oceans and sea-life all around us. They are looking back at us. They are asking, "Do you care? Can you help?"



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HEALTH CORNER

By Dr. Darlene Castle
Chiropractor



BEIN' FINE

"I don't need to go to a Chiropractor. My back feels fine!"

Terrific! But how's your nerve system?

Chiropractors aren't Sore Back Doctors. In fact, the only reason we look to the spine is because that's where your nerve system is. Your brain uses that nerve network to communicate to every cell in your body.

The network: extending out from the spinal cord are 33 pairs of nerve trunks. Protecting those nerves are individual bones called vertebrae which have holes in them called "foramina" that enclose the nerve trunks.

When a vertebra is jarred out of place

- the foramina become smaller
- the nerve trunks become compressed
- compression against those nerve trunks creates swelling within those small holes putting additional pressure against the nerves
- this causes a breakdown of the parts of the nerve that provide its blood supply
- the nerve becomes starved of oxygen and nutrients contained in that blood and is finally unable to maintain its own health
- the brain orders surrounding muscles to contract, forming a protective area to guard against further injury creating muscle spasms in the area



All this disrupts the normal transmission of electrical impulses traveling between the brain and the rest of the body. A short circuit occurs. Cells don't do their jobs. Organs don't function properly. Systems begin to break down. Health declines.

You feel fine.

How much pressure is enough to cause this cascading problem?

Picture the weight of a dime sitting on your finger.

That's the amount of pressure it takes to cause this destruction of proper function and health.

Chiropractors call this problem a subluxation. We find and correct them by gently pushing vertebrae off the nerves. By doing that for you, we help you to get healthy and stay healthy.

You'll probably feel fine too.

Footnote: "Dr. Chang Ha Suh, a prominent biomechanics researcher and engineer at the University of Colorado, conducted landmark, federally-funded research in the 1970s regarding the physiological effects of spinal subluxation and nerve compression. 10mm of H2O which is roughly 2 mm of Hg (mercury) of pressure, or about the physical weight of a dime) was enough to drastically alter and decrease electrical conduction through the nerve."

Contact Dr. Castle at 425-238-8704 for questions. Walk-ins welcome Tuesdays and Thursdays, 1-5 p.m., at the Oak Harbor Chamber of Commerce Building, 32630 State Route 20.

ABOUT: Dr. Darlene Castle attended Palmer College of Chiropractic and graduated with a Doctor of Chiropractic degree in 1972.

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Life Tributes

In Loving Memory of Marie Theresia Hamilton (née Kurtz)

June 15, 1938 – July 24, 2026

With hearts full of love and gratitude for a life beautifully lived, we announce the passing of Marie Theresia Hamilton, who entered into the presence of her Lord and Savior on July 24, 2026, at the age of 88.

Marie was born on June 15, 1938 to Theresia (Antonia) Bischoff and Harry S Kurtz , in Philadelphia, Pennsylvania. She has 3 siblings preceding her in death, Edith, Harry Jr. and James. She married the love of her life and best friend, Ralph James Hamilton on May 28th, 1958 and together they spent 50 wonderful years building a life filled with faith, family, and adventure. Through Ralph's career in the United States Navy, they traveled the world before eventually planting roots in Oak Harbor, Washington—a place Marie would proudly call home for the rest of her life. Ralph preceded her in death in 2007, and we find comfort in knowing they are together once again.

To know Marie was to know kindness. She had an extraordinary gift for making people feel loved, welcomed, and cared for. Whether through her career in nursing, her work as a caregiver, or her countless acts of charity, she spent her life putting others before herself. Caring wasn't simply what she did—it was who she was.

Her greatest joy was her family. She is survived by her children, Ralph and Lisa; seven grandchildren; thirteen great-grandchildren; and fourteen great-great-grandchildren, each carrying a piece of her love and legacy.

One of Marie's greatest blessings was raising her great-granddaughter, Morgan, for over 32 years. The bond they shared was one of unwavering love, faith, and devotion—a relationship that reflected Marie's generous heart and her willingness to step into whatever role was needed for the people she loved.

Marie delighted in the simple joys of life. She could often be found wandering thrift stores in search of hidden treasures, creating beautiful crafts, tending her garden, or preserving its harvest to share with family and friends. She believed that a home was meant to be lived in, filled with laughter, good food, and always one more seat at the table for anyone who needed it.

Her faith in Jesus Christ was the foundation of her life. A faithful member of the Oak Harbor Church of the Nazarene, Marie joyfully served through Vacation Bible School, Bible studies, and the Gleaners ministry alongside dear friends from her church family. Even when she could no longer attend in person, she faithfully participated in worship through online services, never wavering in her commitment to the Lord she loved so deeply.

Also known as the Oak Harbor High School Grandma for her uplifting messages on Facebook, Marie will be remembered not only for what she did, but for who she was—a woman whose joy was contagious, whose generosity knew no limits, and whose love made everyone feel like family. Her legacy is woven into every life she touched, every child she encouraged, every meal she shared, and every prayer she faithfully prayed.

Many who walked out her door were lovingly sent on their way with words they will never forget:

"May God go before you and keep your way safe, and may He stay behind you and keep you covered."

And perhaps no words capture her heart more completely than the phrase she shared so freely with everyone she loved:

"I love you, and so does Jesus."

While her family mourns the loss of her earthly presence, they rejoice in the promise of eternal life and the assurance that she has heard the words, "Well done, good and faithful servant." Her love, her faith, and the example she set will continue to guide her family for generations to come.

Marie was deeply loved, and she will be deeply missed, until the day her family is joyfully reunited with her in the presence of the Lord.



GO FIGURE!

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

	+		-		= 4			
+		+		-				
	-		÷		= 1			
÷		×		÷				
	+		-		= 5			
=		=		=				
17		42		1				
1	2	3	4	5	6	7	8	9

Answer in next week's edition!
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STAN SMITH'S TENNIS CLASS

DOUBLES

SINGLES

DOUBLES: AT THE NET

You have less area at the net to cover in doubles than in singles, so don't be discouraged from playing at the net. Think of the net as the easiest place to win points in doubles.

It's important to move to the net in doubles since you can better control the point. At the net, you have more opportunity to hit down on the ball – increasing your chances of hitting a winner – while staying back means you often have to hit up on the ball.

AT THE NET

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Astrology for July 31-August 6 2026
Chiron retrograde in Taurus 0°, Venus Enters Libra

On **July 31**, the Moon moves through the sign of Pisces, inviting a subtle sense of surrender. The Moon’s position indicates the emotional frequency of the collective, and in Pisces it can get quite ethereal. It can spark creativity, a desire to dive into the muses, but just the same, it can trigger a ‘what’s the point?’ attitude and a nose dive into escapism. In either manifestation, we are invited to be mutable, changeable, and a little dreamy. In the afternoon, the Moon will square Uranus in Gemini at 4° and this is where we can catch a few hours of mood swings. Erratic shifts in emotional tone that may lead to important reflections or time alone.

On **August 3**, Chiron stations retrograde in Taurus at 0° until January 6, 2027. Chiron governs our deepest wounds and most potent medicine. The wounded healer asteroid will turn energies inward and ask for some reflection about how far we have come in our individual and collective healing journeys. In the sign of Taurus, these reflections will be around our wallets, our resources, and all ways that we relate to our values. As old systems crumble or resources become unstable, where do you go? How do you respond? How do you prepare? It’s time to look within at the ways in which old programs are running our lives, especially the way we work with money and materials. Where do you feel unworthy or undeserving? Why? Where do those beliefs come from? Do you walk with fists or open hands? How strong is your ability to ask for help in a time of need? This cycle will encourage a deep dive into the healing work required to rewire thoughts, beliefs and actions in these areas. As Chiron moves retrograde, it will back into the sign of Aries on September 17 until it stations direct in Aries on January 6, 2027 at 26°. This is the final stretch of the Chiron in Aries transit that began in 2018. What have you healed in terms of confidence since then? Aligning with your desires? Tempering impulsivity? With the Moon moving through conjunctions to Neptune retrograde and Saturn retrograde in Aries, the inner reflections that kick off today will pull focus. Look at your personal birth chart to find any planets or points in early fixed signs (Leo, Aquarius, Scorpio, Taurus), as this day may feel heavier to those placements.

On **August 6**, Venus enters Libra until September 10. Venus is at home in the sign of Libra, strengthening the capacity for beauty, joy and pleasure to be experienced in relationships and one-on-one alliances. From business to romance, this transit smiles on those willing to play fair. We are more inclined to be inclusive, play devil’s advocate, and see all sides to a problem. Venus in Libra loves a link up, so this is a ripe season for dating, business meetings, and like-minded collaborations. There is a sense of diplomacy and elegance that can be felt (or desired) in our exchanges. The goal of this position is balance. Is the me getting as much attention as the we? Lean into romance, lean into love, but avoid codependent tendencies or over compromising. Indulge in some one-on-one time with loved ones. Invite conversations that reveal differences. Art as nourishment. Connection as luxury.

On **August 6**, the Sun in Leo trines Saturn retrograde in Aries at 14°. Fire sign trines help move established dynamics forward. The Sun in Leo is creative and focused on self-expression, while Saturn retrograde is working through an internal audit of self-responsibilities. If there is something creative, inspiring, or connected to our personal mission that needs a productive push, this should do it relatively effortlessly. Discipline, drive, and a wind in your sails. Focus the energy of the day into something you want to make progress on. The Moon moving through Taurus will help temper the pace. Slow and steady wins the race, but make a move.

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July 31st – August 6th:
The Lovers

For the sake of optimal mental health, you are lovingly encouraged to read the post script below, first, if you have habitually experienced being gaslit or gaslighting yourself.

At some point darling, you just have to ask yourself... are you perhaps simply more comfortable in discontent, even at a subconscious level? No shame, love, but I do wish more for you, and it would seem the Major Arcana do as well. Mind you, comfortable does not suggest a desired or happy state; only one you’ve grown used to existing within. And our nervous systems will choose the perceived safety of the known comfort over the potential dangers of the unknown.

There’s an anticipation known in some circles as “waiting for the other shoe to drop” whereby if you’ve grown accustomed to finding yourself in unpleasant encounters, you begin to expect, and then often antagonize,

to reach the same conclusion sooner... urging the shoe to drop, if you will. Because our histories have taught us to know that d-e-f follow a-b-c and the anticipatory phase has become more intolerable than the disagreeable conclusions; we crave to ‘get it over with’, often at the expense of what could otherwise have been an upliftingly memorable moment.

Dear one, the trick isn’t to get through the next shoe drop more rapidly, but instead to assess the balance of joy vs discontent in any given establishment within your life, and start making room for more love and happiness.

This week’s card is quite symbolically (with emphasized attitude) stating, “I’ve brought you the Sun (to say, I’ve provided you warmth and light to clarify, purify, and guide your foot-steps), I’ve made way for your paths to meet, I’ve blessed your union, and I’ve watered your harvests... why do you make mountains of molehills between you?” [Note: these connections can be romantic, as well as, platonic or professional in nature; and there will be a newness to these arrangements this week, even if you may have met previously.]

Even at the hands of Fate, you have freewill; yet is rebelliously settling in high misery the best use of said freewill? Ponder a moment this invitation to strengthen your ability to receive and your capacity for holding joy. ~Xo, Tiffany

PS: Often quarries of persistent manipulation initially internalize themselves as ‘the problem’ in any given situation. If you’ve questioned your ability to differentiate reality from influenced illusion, mental health services could be a beneficial resource, as could seeking means of strengthening skills of discernment.

Please do not equate having been deceptively told “you’re just picking fights” when you’ve endeavored to communicate with a partner with the deeper loving nudge of this card’s message to inquire within if you’ve adopted a detrimental pattern. One is deflection; the other is judicious introspection.

PPS: You deserve to feel heard and to also feel the equality of partnership you desire. More goodies offered here:

<https://linktr.ee/tiffanyfitzpatrick>

And please consider supporting this column: buymeacoffee.com/tiffanyfitzpatrick

ARIES - Mar 21/Apr 20
You’re not behind—you’ve just been distracted. Stop chasing every opportunity and commit to the one that matters most. Focus beats speed every time.

TAURUS - Apr 21/May 21
Comfort is great until it starts holding you back. If you’ve been waiting for the “perfect” moment, this is your reminder that good enough is often enough. Take the first step.

GEMINI - May 22/Jun 21
Everyone seems to want your attention this week. Be careful not to promise more than you can deliver. A polite “no” now prevents bigger headaches later.

CANCER - Jun 22/Jul 22
You’ve been carrying more than your share. It’s okay to ask for help or hand off a responsibility. You don’t have to prove your strength by doing everything alone.

LEO - Jul 23/Aug 23
Your confidence is high, but don’t let pride keep you from listening. Someone close has advice worth hearing, even if it’s not what you expected.

VIRGO - Aug 24/Sept 22
Not everything needs another round of planning. At some point, preparation becomes procrastination. Trust yourself and move forward.

LIBRA - Sept 23/Oct 23
Stop trying to make everyone happy. A decision that’s right for you may disappoint someone else, and that’s okay. Your peace matters, too.

SCORPIO - Oct 24/Nov 22
You’re holding onto something that’s already taught you its lesson. Whether it’s a grudge, a habit, or an old worry, it’s time to let it go and move on.

SAGITTARIUS - Nov 23/Dec 21
You’ve been craving something different. You don’t need a major life change—just say yes to an opportunity you’d normally pass by. Small adventures count.

CAPRICORN - Dec 22/Jan 20
You’ve been so focused on the finish line that you’ve forgotten to acknowledge how far you’ve come. Take a moment to appreciate your progress before setting the next goal.

AQUARIUS - Jan 21/Feb 18
Your ideas deserve more than the notes app on your phone. Share one of them this week. You might be surprised by how quickly others get on board.

PISCES - Feb 19/Mar 20
If something keeps draining your energy, stop pretending it isn’t. Protecting your time and peace isn’t selfish—it’s necessary.

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- CLUES ACROSS

1

Photo, for short

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Senate staffer

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Scoff

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Rx overseer

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Classic theaters

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Bohemian

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Tunes from Trinidad

17

Pinta's companion

18

MSN rival

19

Acapulco native

21

NAACP co-founder W.E.B.

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Collection

25

-- Cruz Kayne of "Barbie"

26

D.C. baseballer

28

Serious

32

Overlook

34

Inherited

36

"Little Caesar" role

37

Group spirit

39

Rug cleaner, briefly

41

Buddy

42

Felon's flight

44

Arctic shoe

46

Bitter orange liqueur

50

French monarch

51

Unsigned (Abbr.)

52

All-important

56

Male deer

57

Notes after "do"

58

Bird (Pref.)

59

Harboring a grudge

60

"I'm a klutz!"

61

Napkin's perch
- CLUES DOWN

1

Cpl.'s subordinate

2

Wyo. neighbor

3

Utensil made from a gourd shell

4

Sturdy fabric

5

Billboards

6

Euclidean subj.

7

Relaxes

8

Custodian

9

Rocker Clapton

10

Sicilian volcano

11

Vanna's "Wheel of Fortune" colleague

16

-- -hoo!"

20

Crosses (out)

21

Title for Judi Dench

22

One

23

Droop

27

"Mazel --!"

29

Scripture-based

30

Beige

31

Castle

33

Singer Knowles

35

Highland hat

38

Pouch

40

Actress Jamie Lee

43

PC shortcut

45

Japanese pond carp

46

Mama -- Elliot

47

Golden Rule word

48

Den noise

49

Black-and-white cookie

53

Little rascal

54

Hollywood's Gardner

55

Sass

Answer on page 12

Play Better Golf with JACK NICKLAUS

F TROUBLE SHOTS MAKE UP A HIGH PROPORTION OF YOUR PLAY. IT MIGHT BE A GOOD IDEA TO PRACTICE THEM OCCASIONALLY.

HERE'S THE TECHNIQUE YOU'LL MOSTLY NEED.

OPEN YOUR STANCE AND CLUBFACE, SET THE BALL FORWARD, PICK THE CLUB UP QUICKLY WITH AN EARLY WRIST BREAK, THEN HIT SHARPLY DOWN WITH YOUR RIGHT HAND.

THIS WILL PRODUCE A HIGH-FLYING SHOT THAT WILL LAND SOFTLY AND STOP QUICKLY.

YOUR GUESS IS AS GOOD AS OURS WEATHER FORECAST						
	Fri, July 31	Sat, Aug 1	Sun, Aug 2	Mon, Aug 3	Tues, Aug 4	Wed, Aug 5
North Isle	H-68° L-56° 7%	H-62° L-53° 71%	H-62° L-53° 23%	H-65° L-55° 7%	H-68° L-55° 5%	H-73° L-55° 5%
South Isle	H-76° L-57° 8%	H-67° L-54° 68%	H-68° L-54° 24%	H-72° L-56° 6%	H-78° L-56° 4%	H-79° L-58° 4%
						Thurs, Aug 6
						H-68° L-55° 6%

OUR Community

An Upbeat Question of the week

By Helen Mosbrooker

What is the best compliment you have ever received?

Nancy Bolin- Romanski,
Oak Harbor

From my working life I offer two that were especially meaningful to me. For 28 years my business taught effective communication skills to information providers throughout the US. One client, who we'd worked with multiple times, told me that we were "wonderfully congruent" over the years we had worked with them. She went on to say that we were always genuine, consistent, and caring.

In retirement, I was a colonial tour guide in Annapolis, MD (est1696). a boy, who had gone out with me on a school tour, came back with his parents to tour with me. He said, "When I grow up I want to be just like you."

I loved the fact that bringing history to life made him see how much more history can be given the opportunity. Something I hope to do at the 1866 Haller House, opening August 22, in Coupeville.

Arletha Albright,
Oak Harbor

The best compliment I remember was when my eighth grade teacher, Blanche Joyce, said I was a good writer. Because of that early encouragement—and because of my love of reading and writing—I got a degree in journalism and pursued a career as a magazine editor. No regrets.

Helen Mosbrooker,
Oak Harbor

This past April I had a kids question in my column. What historical person would you like to meet? A little girl by the name of Bianca, responded, I would like to meet President Obama because he was the first African American president. I have many questions I would like to ask him. (I am paraphrasing, as she asked many questions.)

I sent that column to President Obama the first of May.

Imagine my surprise when I got a letter and 8 by 10 signed photos of the president and then his family! He also enclosed the letter to me and photos to Bianca. She was just so excited to get them from the president.

Some of what President Obama wrote in his letter. "Each of us has a role to play in creating a better world for future generations, and it's clear you are doing your part to look out for your fellow citizens. I trust that you take pride in your contributions, and I hope your service moves others to serve as well.

Sincerely,

Barack Obama (his signature)

Now that is the best compliment I have ever received.

Joyful Saying of the Week

Find a place inside where there is joy, and the joy will burn out the pain.

- Joseph Campbell

Weekly SUDOKU

		2		5			6	8
		5	6	9				
1		6			3			
	9	7			4			
	3			8	9	7		2
2		8		3	7	6	9	4
			9		5	4	8	
4				1	8			
8	5	3	4	7		2		

Answer on page 12

THANK YOU FOR READING WHIDBEY WEEKLY | REDUCE ➡ REUSE ➡ RECYCLE

COMMUNITY BULLETIN BOARD

To place an ad, email classifieds@whidbeyweekly.com

SERVICE DIRECTORY

PAINTER

Island Painting WA

Interior & Exterior Painting
Handyman Services

No Job Too Small

360-637-0782

islandpaintingwa@gmail.com

Licensed · Bonded · Insured

ISLANP**758JD

BARN SALE

Barn Sale This Weekend and every weekend at Salmagundi Farms

19162 SR 20 3 miles South of the Coupeville overpass on Hwy 20
9am to 4pm

Vintage fishing gear, boating and marine items, vintage paper ephemera, Artworks, Vintage furniture and decor.

Something for everyone. Welcome Friends!

WE BUY SELL & TRADE VINTAGE AND ANTIQUE ITEMS

360-678-5888

NEED HELP?

Need a Hand?

I'm Happy to Help.

Got a project you've been meaning to finish? Cleaning out a room, organizing a space, or hauling a load to the dump? I offer friendly, reliable help with clean-outs, detailed cleaning, organizing, and junk removal and more!

Call or text Jacob: 360-499-9157

IN SEARCH OF

Collecting Old American Money

Retired Police Officer whose hobby is Collecting Old American Money

360-320-8544

Art, Antiques & Collectibles. Cash paid for quality items. Call or text 360-661-7298

Was your Dad or Gramps in Japan or Germany? I collect old 35 mm cameras and lenses. Oak Harbor. Call 970-823-0002

THOUSANDS OF BOOKS

Peruse Thousands of Books, payment is by donation. Cash or Cr Card

Coupeville Public Library
788 NW Alexander Street
Coupeville WA

Saturday 8.8.26 10-4,
Sunday 8.9.26 10-5

Proceeds benefit community through remarkable library programs for all ages, four yearly Scholarships and participation in local Farmers Market.

One complimentary book per child!

Your ad here.

\$12

For any sales or business listings

GARAGE SALE

Garage Sale
Aug. 1-2,
10:00 - 3:00

Power tools, hand tools, hardware, coolers, duffles, license plates (US and foreign), Xmas decorations, Hess trucks, books, collector plates, recliner, odds and ends, and free stuff.

351 NW Ensign Dr., Oak Harbor.

STARLINK FOR SALE

Brand new in box. I paid \$900.00 for it will sell for \$630.00. Couldn't use because rental is not aligned to satellite and cant cut trees down. My phone is 425-210-5336 or text is favorable.

-Lucky Encinas

WORK FOR STUDENTS

Part-time employment as landscapers and more. \$90 paid daily. 8-hour workday. 1 hour lunch. Immediate opening for two people. Must have a cell phone and transportation. Call Jim at (360) 730-1526.

ISLAND SENIOR RESOURCES

Tech Time with Whidbey Telecom and Island Senior Resources

Need help connecting with your tech devices? Local tech pros will answer questions and troubleshoot your tech challenges. Bring your tech devices and get help in a supportive setting. August 3rd & then the 1st Monday of the Month ISR Bayview Center Lunch: 11:45 a.m. - 12:30 p.m. Tech Time: 12:30 p.m. - 1:00 p.m. Meals are provided by donation.

How'd you do?

6	1	2	9	7	4	3	5	8
9	7	5	8	1	3	6	2	4
3	8	4	5	2	6	1	9	7
4	6	9	7	3	5	8	1	2
2	5	7	6	8	1	4	3	9
1	3	8	4	9	2	7	6	5
5	2	6	3	4	8	9	7	1
7	4	7	2	6	9	5	8	3
8	9	3	1	5	7	2	4	6

WEEKLY MEETINGS

MEMORY CAFÉ

Every 1st and 3rd Tues of the Month 12:30 - 2:00 p.m. at the First United Methodist Church 1050 SE Ireland Street Oak Harbor, WA. Join our bi-monthly gathering for people with memory loss and their family to enjoy a time of fun, conversation, music and laughing (and snacks). This is a dementia friendly setting. For information: 360-720-4535

SOUTH WHIDBEY NAR-ANON FAMILY GROUP

meets every Monday at 6pm at the Langley Methodist Church, 301 Anthes in Langley. We meet in the Fireside Room, rear of church. Karol:360 914 7695.

Have a problem with drinking? It doesn't cost anything to attend A.A. meetings. Local Meetings are in Coupeville, Freeland, Langley, Clinton, and Oak Harbor. There are no age or education requirements to participate. Membership is open to anyone who wants to do something about their drinking problem. A.A.'s primary purpose is to help alcoholics to achieve sobriety. We're here to help. For local meetings search aa.org or call 888-360-1564

Have you ever been affected by someone else's drinking? AL-Anon may be for you. AL-Anon: Tuesdays at 5:30-6:30 Oak Harbor Lutheran Church Library 1253 NW 2nd Ave. There is help and hope: Contact for more info: Rebecca 425-773-6937

Bothered by someone's drinking? AIAAnon can help! Langley Family AIAAnon Group, Wednesdays 9:30 AM to 10:30 AM, Langley Methodist Church, 301 Anthes Ave, Langley. Fireside room Information: (206) 898-2771.

Gamblers Anonymous Meeting.

Every Tuesday at 6:30 p.m. at the Mount Vernon Senior Center. Mount Vernon Senior Center, 1401 Cleveland Ave, Mount Vernon Any questions, call Washington State Gamblers Anonymous hotline at 855-222-5542, or visit <https://gawashington.org/>

OVEREATERS ANONYMOUS

Tuesdays 7 PM to 8 PM Langley United Methodist Church 301 Anthes Ave. Room 224 Langley, Washington 98260 For local meeting information and support call: Kevin 206-395-9622

Adult Children of Alcoholic and Dysfunctional Families meeting, Tuesdays 2-3 pm, Langley Methodist Church - 301 Anthes Ave, Langley - Fireside room. Contact: acawhidbey@gmail.com

WEEKLY MEETINGS

Memory Support and Connection

Join us for our Support Group Thursdays from 5:30-6:30 PM at 390 NE Midway Blvd B203 Oak Harbor, WA. Caregivers, family members, and loved ones are all welcome. We also offer a separate space for your loved one to be cared for and engaged during the group.

MONTHLY MEETING

Monthly Meeting for Mental Health

Hosted by NAMI for All Adult Individuals who have a family or friend suffering from depression, anxiety, bi-polar disorder, or other mental health conditions. Trinity Lutheran Church in Freeland, Lower Building Closest to the Highway 18341 WA-525, Freeland 3rd Wednesday of the Month 1:00 - 2:30 p.m. Email for more Information: karens@nami-sno-isle.org

RESOURCES

Family Resource Center

723 Camano Ave, Langley. 360-221-6808 ext 4321

School supplies, coats, warm clothing, resource connections. Mon-Wed 9 a.m. - 5 p.m. Thurs 9 a.m. - 12 noon, or by appt. readinesstolearn.org

Mother Mentors

360-321-1484 · info@whidbeymothermentors.org

Carregiving mentoring and play support, mothermentors.org

I Support the Girls

360-678-2090 · isupportthegirls.org/affiliates/whidbey-island

Essential health and hygiene items for women and girls.

Island Senior Resources

360-321-1600

14594 SR 525, Langley

Multiple 50+ programs and services. Mon-Fri, 8:30 a.m. - 4:00 p.m. senior-resources.org

Pamoja Place

pamojaplace.org

721 Camano Ave, Langley

Safe space for BIPOC people and allies to connect, collaborate, and celebrate.

Veterans Resource Center

360-331-2496

723 Camano Ave, Langley

Events, Support, and Benefits help

Monday 10 a.m. - 3:30 p.m. Tues - Thurs 1:00 - 4:30 p.m. Saturday by Appointment. whibeyvrc.org

Veterans Services

360-632-2496

105 NW 1st, Coupeville

Monday - Friday, 8:00 a.m. - 4:30 p.m.

MORE RESOURCES

Basic Food Benefits Community Services

Office: 275 Pioneer Way #201, Oak Harbor 877-501-2233

Food Banks:

Gifts From the Heart

108 SW Terry Road

Monetary donations, they should be sent to:

PO Box 155, Coupeville 98239

Distribution on 2nd and 4th Wednesdays, 2-5 p.m.

Good Cheer:

2812 Grimm Rd., Langley 360-221-4868

Mon-Fri, 10 a.m.-4 p.m.

North Whidbey Help House: 1091 SE Hathaway St. Oak Harbor 360-675-0681

Mon-Fri, 9 a.m.-4 p.m. (5 p.m. on Tues)

Closed 12-1 p.m. for lunch

Island Church of Whidbey Soup Kitchen: 503 Cascade Ave., Langley 360-221-0969

Tues & Thurs 11:30 a.m.-1 p.m.

SPIN Café: 1241 SW Barlow St., Oak Harbor

Daily, 6:30 a.m.-5:30 p.m.

St. Hubert's Catholic Church

Wednesday Soup Kitchen

All are Welcome!

11 a.m.-12:30 p.m.

804 3rd St., Langley 360-221-5303

Ask about our Thursday Dinner

HUB After School: 301 Anthes Ave., Langley 360-221-0969

Food and activities for middle and high school youth. Mon, Tues, Thurs, Friday 2-6 p.m., Wed 1-6 p.m.

Ryans House for Youth:

Food, fun, support, 19777 SR 20, Coupeville 360-331-4575

Drop-in center for adults ages 18-24; Daily 6 a.m.- 8:30 p.m., 35 SE Ely St., Oak Harbor 360-682-5098

Drop-in center for youth ages 12-21; Mon-Fri 11 a.m.-7 p.m.

Women, Infants & Children (WIC):

-Oak Harbor/North Whidbey: 1791 NE 1st Ave. Mon-Thurs 360-240-5554

Text: 360-544-2239

SHELTERS/HOUSING

CADA Emergency Shelter –

Confidential crisis shelter for women and children fleeing domestic violence/sexual assault/ stalking. This is NOT a homeless shelter. Office: 360-675-7057

Crisis Line: 360-675-2232 Toll Free: 800-215-5669

Island County Housing Support – 105 NW 1st St., Coupeville 360-678-8284

For homeless or at risk of losing housing: Mon-Thurs, 9 a.m.-3 p.m.

Ryan's House for Youth – 19777 SR 20, Coupeville 360-331-4575

For at-risk adults ages 18-24

Whidbey Homeless Coalition – Serving Island County 360-900-3077

The Haven Overnight Shelter is a night-to-night shelter for up to 30 individuals. Must follow check in rules and must register daily between 4:00 and 4:30pm Mon. thru Fri. and 3:45 pm to 4:00 pm on Saturdays and Sundays at the SPIN Café, 1241 SW Barlow St., Oak Harbor.

House of Hope Emergency Housing, Langley, 360-708-4533. Transitional housing for families and adults at severe risk of homelessness; to apply, contact the Housing Support Center or call the number above.

Oxford Houses – Recovery housing oxfordhouse.org

-Men:360-246-4101

- Women & Children: 360-682-5773

CRISIS LINES

9-1-1: Call for threats to life, fire, accident or crime

-Non-emergency lines: Oak Harbor Police Department-360-279-4600

-Island Communications Dispatch (ICOM) - 360-679-9567

9-8-8: Suicide and crisis lifeline, free & confidential

- 741-741: 24/7 Crisis Text Line

-800-584-3578:

24/7 Northwest Washington Crisis Services

- 360-678-7880: Island County Behavioral Health

866-488-7386 Trevor Project: 24/7 support for LGBTQIA2S+

Last week's answer

Go Figure!

answers

8	+	5	×	2	=	26
+		-		+		
9	-	1	+	6	=	14
-		÷		+		
7	-	4	÷	3	=	1
=		=		=		
10		1		11		

CLASSIFIED INFORMATION

US Postal Mail

Whidbey Weekly Classified Department

PO Box 1098

Oak Harbor, WA 98277

E-Mail classifieds@whidbeyweekly.com

Telephone 360-682-8283

PLEASE CALL WHEN YOUR ITEMS HAVE SOLD.

Please try to limit your classified to 30 words or less, (amounts and phone numbers are counted as words) we will help edit if necessary. We charge \$12/week for Vehicles, Boats, Motorcycles, RVs, Real Estate Rental/Sales, Business Classifieds and any items selling \$1,000 and above. We do charge \$25 to include a photo. The FREE classified space is not for business use. No classified is accepted without phone number. We reserve the right to not publish classifieds that are in bad taste or of questionable content. All free classifieds will be published twice consecutively. If you would like your ad to be published more often, you must resubmit it. Deadline for all submissions is one week prior to issue date.

THANK YOU FOR READING WHIDBEY WEEKLY | REDUCE ➡ REUSE ➡ RECYCLE