

August 7, 2026 - August 13, 2026

ISLAND 911 IS BACK!!

Whidbey Weekly

Your Source For "What's Happening" On Whidbey Island

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NEWS • BITS • WHATS GOING ON • PUZZLES

COLUMNISTS • CLASSIFIEDS

LANGLEY STREET DANCE 2026



&



WHEN SAT, AUG 22 6:30-10pm

**WHERE 2ND ST PLAZA
in Langley WA**

Enjoy live music under the stars!

FOR MORE INFORMATION ON LANGLEY'S ANNUAL STREET DANCE,
GO TO: www.LangleyMainStreet.org



What's Going On!

DEAF/HARD OF HEARING SOCIAL: 250TH ANNIVERSARY CELEBRATION

Friday, Aug. 7, 5:30 p.m.
Langley United Methodist Church, Fireside Room, 301 Anthes Ave.

Celebrate America's 250th anniversary with an evening of community, conversation and learning. The gathering begins with a beginner-friendly American Sign Language lesson, including fingerspelling, holiday signs and receptive signing practice, followed by a potluck and surprise celebration. All are welcome. Free parking is available across the street and behind the church. For more information, contact Susan at (831) 334-6257.

WHIDBEY'S SARATOGA ORCHESTRA & PACIFIC NORTHWEST CONDUCTING INSTITUTE SUMMER FESTIVAL CONCERT

Friday, Aug. 7, 7:30-9:30 p.m.
Whidbey Island Center for the Arts, 565 Camano Ave., Langley

Whidbey's Saratoga Orchestra and the Pacific Northwest Conducting Institute present their annual Summer Festival Concert featuring the Institute's 2026 conducting fellows leading the orchestra in works by Beethoven, Ethel Smyth, Gabriela Lena Frank and Mendelssohn. A pre-concert talk begins at 6:45 p.m. Tickets are \$35-\$40 through the WICA box office. For more information, visit wicaonline.org or sowhidbey.com.

COUPEVILLE ARTS & CRAFTS FESTIVAL

Saturday, Aug. 8, 10 a.m.-6 p.m.
and Sunday, Aug. 9, 10 a.m.-5 p.m.
Downtown Coupeville

Celebrate one of Whidbey Island's premier summer traditions at the Coupeville Arts & Crafts Festival. Browse handcrafted artwork from talented artisans, enjoy live entertainment, sample local food vendors and explore historic downtown Coupeville during this free, family-friendly event. Proceeds support the Coupeville Festival Association's mission to promote the arts and preserve the community's historic character.

FRIENDS OF THE COUPEVILLE LIBRARY ARTS & CRAFTS FESTIVAL BOOK SALE-

Saturday, Aug. 8, 10 a.m.-5 p.m., and Sunday, Aug. 9, 10 a.m.-4 p.m.
Coupeville Library, 788 NW Alexander St., Coupeville.

Browse hundreds of gently used books, CDs and DVDs during the annual Friends of the Coupeville Library book sale. Shoppers will find mysteries, cookbooks, children's books, literary fiction and more. Donations support the library. Cash and checks are accepted, and children receive a free book.

BLUEGRASS FESTIVAL AT MEERKERK GARDENS

Saturday, Aug. 8, noon-4 p.m.
Meerkerk Gardens, 3531 Meerkerk Lane, Greenbank.

Enjoy an afternoon of live bluegrass music featuring Ricky Gene Powell and the Boys of Greenwood Glen and Salish Moon at Meerkerk Gardens. Food, beer, wine and nonalcoholic beverages will be available for purchase. Tickets are \$25 in advance (\$35 premium, including a chair and one drink), and children 12 and younger are admitted free with a paid adult. Bring a lawn chair with regular admission. Space is limited to 450 attendees. For more information, visit meerkerkgardens.org/bluegrass-festival or call (360) 678-1912.

AMERICAN ROOTS CONCERT SERIES: BOKA KOUYATÉ & THE DJELIYAH BAND-

Saturday, Aug. 8, 7-8 p.m.
North Beach Amphitheater, Deception Pass State Park, 41020 State Route 20, Oak Harbor.

Experience an evening of interactive West African rhythms and energetic Highlife music with Boka Kouyaté & the Djeliyah Band as part of the American Roots Concert Series. Bring a blanket or lawn chair and enjoy this free outdoor concert overlooking the waters of Deception Pass.

STATE PARKS FREE DAY: SMOKEY BEAR'S BIRTHDAY

Sunday, Aug. 9, 8 a.m.-5 p.m.
Washington State Parks, including Deception Pass State Park.

Celebrate Smokey Bear's Birthday with free day-use access to Washington State Parks. No Discover Pass is required for day-use parking on this special free admission day, making it a great opportunity to explore Deception Pass State Park and other state parks throughout the region.

SOUNDS OF SUMMER CONCERT SERIES: PETTY THIEF

Wednesday, Aug. 12, 5:30-7 p.m.
Windjammer Park, 1600 S. Beeksma Drive, Oak Harbor.

Enjoy a free outdoor concert featuring Petty Thief as part of the Oak Harbor Music Festival's Sounds of Summer Concert Series. Pack a picnic, lawn chair or blanket and relax with live music in the scenic setting of Windjammer Park.

5TH ANNUAL COLLABORATIVE GOLF TOURNAMENT

Friday, Aug. 14; registration at 11:30 a.m., shotgun start at 1 p.m.
Whidbey Golf Club, 2430 Fairway Lane

The Coupeville and Oak Harbor chambers of commerce invite golfers of all skill levels to the 5th Annual Collaborative Golf Tournament. Enjoy an afternoon on the Whidbey Golf Club course while supporting local chamber programs. Registration is \$140 per player or \$515 per team of four. For more information, call Oak Harbor Chamber at (360) 675-3755.

LITTLEBIGFEST

Friday, Aug. 14, 3-11:30 p.m.
Whidbey Island Fairgrounds & Event Center, Camano Avenue, Langley.

Kick off the sixth annual LittleBIGFest, a three-day music and arts festival featuring live performances on multiple stages, artisan vendors, food trucks, beer gardens, workshops, a family zone and a midnight silent disco. Friday's lineup includes Torin Frost & the Patterns of Saturn, Panda Conspiracy, Haunting Autumn and Clark Engine Company. Tickets are \$30-\$120, with free admission for children 12 and younger. Camping is available. For tickets and information, visit littlebigfest.org.

BY THE HARBOR MARKET

Friday, Aug. 14, 4-8 p.m.
Pioneer Way, 749 SE Pioneer Way

Browse vintage finds, antiques, art, handmade goods and one-of-a-kind treasures during By the Harbor Market in historic downtown Oak Harbor. Shop local vendors, explore downtown businesses and enjoy live music by Ronnie Nix at Busker Corner beginning at 5:30 p.m. Admission is free. For more information, visit oakharbormainstreet.org.

TOUR DE WHIDBEY

Saturday, Aug. 15
Coupeville Elementary School, Coupeville

Registration is now open for the 24th annual Tour de Whidbey, a fully supported cycling event benefiting the WhidbeyHealth Foundation. Riders can choose from five routes ranging from the family-friendly 11-mile Fort Casey Slow Roll to the new 100-mile South Island Stretch. All routes begin and end at Coupeville Elementary School and feature fully stocked hospitality stations. Proceeds support WhidbeyHealth by funding medical equipment, facility improvements and scholarships for healthcare staff.

WHIDBEY WORKING ARTISTS STUDIO TOUR

Saturday, Aug. 15, 10 a.m.-5 p.m.
Various artist studios throughout Whidbey Island.

Explore the workspaces of 69 professional artists at 48 studios during the 22nd annual Whidbey Working Artists Studio Tour. Meet artists, learn about their creative processes, view original artwork and purchase pieces directly from the makers. Self-guided tours take visitors across Whidbey Island, offering art, scenic views and opportunities to explore local communities. For maps and information, visit whidbeyworkingartists.com.



WEDNESDAY, 07/01/26

02:10:04, NE FARIS ST.

Reporting party advises a home in the area is blasting loud bass music, believed to be on the north side of the street.

WEDNESDAY, 07/01/26

08:24:06, HOLLYDALE LN.

Reporting party advises a neighbor is burning debris and throwing cigarettes into their yard.

WEDNESDAY, 07/01/26

09:05:06, 5521 EAST HARBOR RD.

Caller requests a phone call regarding concerns that family members have been poisoning her, stealing her money for years and falsely claiming she is mentally ill.

WEDNESDAY, 07/01/26

10:24:03, DISCOVERY PL.

Caller reports receiving a text message from someone claiming to be with Apple who is requesting gift cards.

WEDNESDAY, 07/01/26

14:32:54, TORRENCE LN.

Reporting party advises his wife, who has undiagnosed dementia, is in the woods because she believes she is seeing horses.

WEDNESDAY, 07/01/26

16:00:03, SMITH RD.

Caller reports missed call from Rick regarding jury duty, believed to be part of a scam.

WEDNESDAY, 07/01/26

18:52:58, WEST BEACH RD.

Reporting party advises neighbors' dogs are repeatedly being let outside at night and barking.

WEDNESDAY, 07/01/26

19:11:04, MAIN ST. & VANBARR PL.

Caller reports two goats are in the roadway near Payless Foods.

WEDNESDAY, 07/01/26

23:56:46, AULT FIELD RD. &

HAWKS PRAIRIE RD.

Caller reports a stove has been dumped on the side of the road.

THURSDAY, 07/02/26

00:19:51, WEST BEACH RD.

Reporting party calls again to report neighbors' dogs are currently barking.

THURSDAY, 07/02/26

10:55:09, 5521 EAST HARBOR RD.

Reporting party requests information about whether golf carts are permitted in the Maxwellton Parade.

THURSDAY, 07/02/26

16:16:07, MAIN ST.

Caller reports a man with two goats has been asking customers for money and requests he be trespassed from the property.

THURSDAY, 07/02/26

22:56:22, TAYLOR RD. & WILDLIFE RANCH LN.

Caller reports a person sitting on the side of the road rocking back and forth. No detailed description was available due to darkness.

FRIDAY, 07/03/26

09:20:32, HELLER RD.

Caller reports an elderly woman entered their home through the back door while the reporting party's wife was sleeping. She was asked to leave and remained in the yard.

FRIDAY, 07/03/26

14:52:02, TOMREN LN.

Reporting party reports a peacock in the backyard and does not know where it came from.

FRIDAY, 07/03/26

16:20:48, TASMAN PL.

Caller reports a person is setting up camp on the beach and installing a portable toilet despite being told they are not allowed to be there.

FRIDAY, 07/03/26

21:14:42, IRENELLA LN.

Caller reports a previously reported incident involving drug use and requests restitution.

SATURDAY, 07/04/26

06:18:58, IRENELLA LN.

Reporting party states they used cocaine in their parents' garage and that their father witnessed the incident.

Now Showing!

NOW thru Thurs., Aug. 13th

Spider-Man: Brand New Day (PG-13)

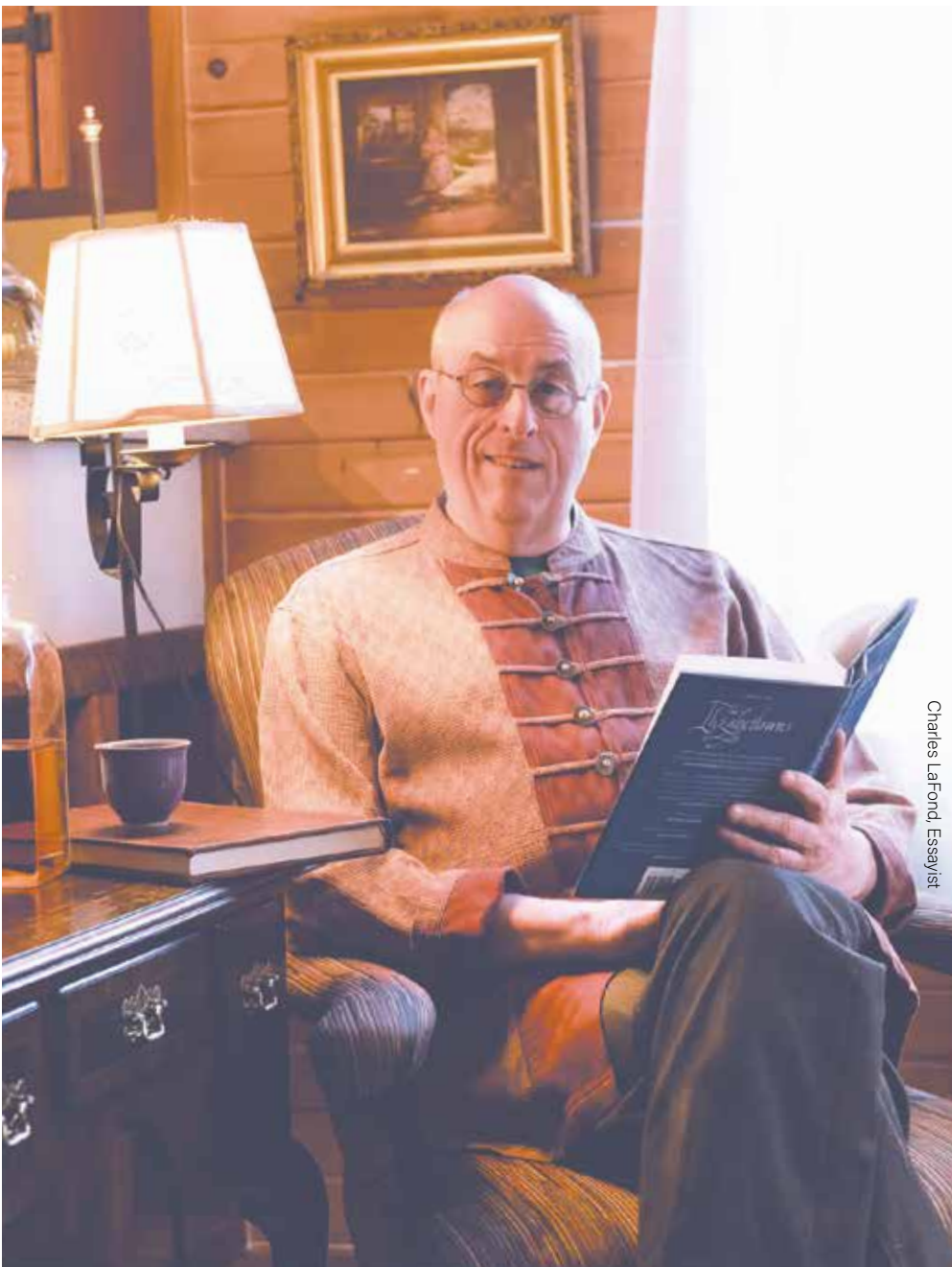
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Supergirl (PG-13)

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Decluttering:
On dismantling our “stage set”



Charles LaFond, Essayist

by Charles LaFond
Island Fundraiser, Potter, Author, and Essayist

Do possessions own you, or do you own them? Is your home a storage unit for possessions, most of which you have not lovingly held or used in years, or is it a museum? Like many of you reading this, I have been collecting things for my whole life. Some of my collecting is actually the inheritance of received things that other members of my family had spent their lives collecting – things they passed on to me. There are my mother’s pots and pans, my father’s pens (we are both writers), my aunt’s brass table, my uncle’s cranky disposition before tea in the morning, my grandmother’s trademark Aquamarine ink for her fountain pen, my black lab’s (RIP 2019) collar, my great, great grandfather’s Edwardian furniture and my mother’s silver collection. And then there are the books – some of which have been in the same secretary desk since Charles Dickens was still writing books.

There are so many possessions to manage. As I grew up, I collected things and placed them around my home, in my office, and on my person as if I were about to raise the curtain on a play called “Charles LaFond.” It was set, sound effects, catering, and costuming for the audience of my life. But as I age, I realize the audience is empty. Nobody is watching. They are all setting up THEIR stages – millions of them to the left and right of mine, stretching for as long as the eye can see. And their stages don’t have audiences either.

If you have ever been in a play as an actor, stagehand, or investor, you know that it’s not just the dialogue or acting that makes the play. We, the audience, need help to imagine the setting of the story, and we need the beats of the story to change – and so too, sometimes, the stage set. It would make no sense to have act two be a scene or “beat” of the story about two lovers on a quilt having a picnic in a forest by a stream and yet have the stage set showing an edgy, dark, dank, inner city alley with rats, pavement, screaming domestic disputes fr and the sound of a bottle tossed, smashing on black, wet pavement surrounded by brick walls and fire-escapes with a deeper background sound of police sirens. The scene one sets for a play is itself, a character. The stage set is telling much of the story in relative silence.

When I entered my grandmother’s downtown Washington, DC apartment, the stage set of her apartment sent signals. It revealed the setting for my grandmother’s whole life and remnants of my Edwardian great-grandparents and my Victorian great-great-grandparents. If one were a skilled police detective entering her rooms, or a private detective like Miss Marple or Hercule Poirot, one could deduce a few things at a glance. Silver picture frames, oil paintings, photos at the British Embassy, Asian porcelain, red lacquer bowls, a view of Washington, DC, from the 40th floor, an efficient galley kitchen, and yet also a huge study. A quick read of her stage set – her home’s décor, clothing and signals, will tell you what you need to know about my grandmother, and that was the intention or at least the result of her choices.

My home tells people about my life – or at least what I want them to know or think about it. So does yours. This past weekend I set the goal of combing through eight drawers as I downsize. Four were from my great-uncle’s secretary desk, and four were from my mother’s Silver Chest of drawers (the silver left my home seven years ago, but they filled up fast with life’s detritus.)

By the end of the weekend, after watching four movies, I had a massive garbage bag for Good Cheer donations, another for the trash dump, and – joyously – four empty drawers! Each item was Marie Condo-ed. It was hard emotional work to let go of things. Some were set aside to be mailed to nieces and a nephew, and to one great-niece. At the end, I felt drained, exhausted, and fragile. But also, I felt a bit liberated from the mess as I reinvent myself. I kept opening the newly empty drawers. First, I would think of the things that used to be there. But then I would sigh in relief that the space was empty, cleaned out, disposed of.

When I die one day, whoever comes to clean out my house need not face an exhausting week of sorting and dumping. It’s hard work, but in my final 30 years of life after 60, it is my responsibility to downsize and simplify. It’s my gift to the next generation.



BLUE FOX DRIVE IN SUMMER FLEA MARKETS

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FOR ALL BLUE FOX DRIVE IN SUMMER FLEA MARKET INQUIRES
CONTACT THE WHIDBEY ISLAND LIONS CLUB

TICKETS AT [LITTLEBIGFEST.ORG](https://littlebigfest.org)

6TH ANNUAL LITTLE BIG FEST



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August Business of the Month



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VETERANS ★ POST ★

by Freddy Groves

Confusion over payment for non-VA medical care

Let's hear it for whistleblowers, especially when big money is involved, and most especially when some of that money should have gone into the pockets of veterans.

Specifically, starting in 2001, non-VA medical providers and veterans had 90 days to file for reimbursement for veterans who had sought emergency care. Then in 2022 the Cleland-Dole Act added the requirement that non-VA providers submit payment requests within 180 days for providing nonemergency care. However, there was no mention of veterans having that same 180-day time limit to file for reimbursement, or any time limit at all.

The VA continued, however, to apply the original 90-day payment limit.

Enter the VA Office of Inspector General because of the whistleblower. When asked, the VA identified 78,000 claims -- to the tune of \$373 million -- that had been denied because they didn't meet the 90-day limit. And no, they hadn't reviewed those 78,000 denied claims. Apparently there was confusion due to the fact that the law was written to give non-VA providers that 180 days, but not veterans.

Further confusion (or so it was said) arose because it wasn't clear whether the 90-day filing period should begin on the date of discharge, the date of a veteran's death during emergency treatment or the date it became clear that a third-party payer would not cover the claim. The VA sought clarification from the policy department ... and promptly dropped the ball, not pursuing answers.

The VA began processing those claims, leaving it to the individual claims processors to decide whether they would use the 90- or 180-day limitation.

If you need to get emergency care at a non-VA medical facility, there are some rules you need to know so it will be paid for. You can read the info at www.va.gov/resources/getting-emergency-care-at-non-va-facilities so you'll know what you should do in an emergency. For example, going to urgent care doesn't count. And someone needs to tell the VA within 72 hours that you've had a medical emergency. You can notify the VA at 844-724-7842.

HELP KEEP Whidbey Weekly IN PRINT

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HEALTH CORNER

By Dr. Darlene Castle
Chiropractor



FEELIN' GOOD

"But why should I go to a Chiropractor? I'm healthy now!"

Stop for a minute and ask yourself what you mean by "healthy." Chances are, all you mean is "feelin' good." Now there's nothing wrong with feeling good, it just doesn't indicate how you really are.

Our bodies compensate quickly and adapt to stress and strain so well we often don't even know we have a problem. Oh, we may feel grouchy and irritable for a day or so, or "just not with it," but we always manage to find excuses for it. We were late for work that morning, got a traffic ticket, or well it's just that time of the month.

We take our bodies pretty much for granted, but when you consider everything they're doing while we go about our day, they're pretty remarkable.

Your liver for instance, performs over 500 functions every day.

Your kidneys work continuously filtering four ounces of blood every minute.

Your gallbladder absorbs water and salts every minute and constantly holds up to 80 milliliters of fluid.

Your heart at rest ranges from 60 to 100 beats per minute and changes automatically when you get up and start moving around.

All that, and more, happens while you're drinking your first cup of coffee in the morning, or reading a bedtime story to your children at night.

And here's something else we don't think about: all body functions need to be coordinated. Each and every cell needs to do its work in tandem with others. Organs need to work in harmony with all the others to create efficient systems and a healthy body.

And only one system controls and coordinates all these actions: the brain and nerve system.

Fact is, the normal, healthy body is quite capable of dealing with its own processes as well as everyday stresses. But if the body's nerve system is interfered with, it already has a strike against it.

Ever try driving with your emergency brake on? It's a good comparison. With nerve interference, your body has to work twice as hard just to accomplish normal functions, like digesting the food you ate for dinner.

It would seem wise to ensure your nerve system is not being interfered with in any way. A good way to do that is to visit a Chiropractor regularly. By maintaining your nerve system in good health, you can be assured you're doing the best thing possible to maintain the entire body in good health.

Feelin' good is all well and good, it's just not good enough to settle for.

Contact Dr. Castle at 425-238-8704 for questions. Walk-ins welcome Tuesdays and Thursdays, 1-5 p.m., at the Oak Harbor Chamber of Commerce Building, 32630 State Route 20.



Community Chiropractor

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Tuesdays & Thursdays 1-5 pm**

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Life Tributes

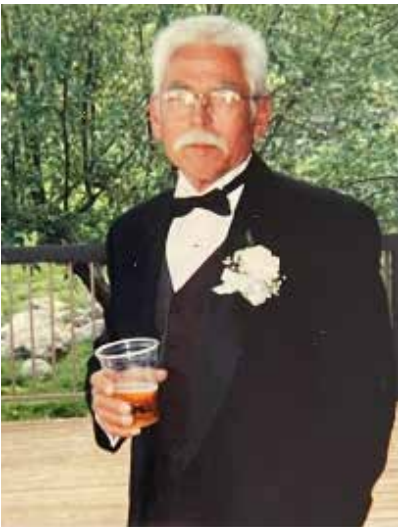
Canuto Bawdon "Ken" Rivera
October 18, 1946 – July 24, 2026

Canuto Bawdon "Ken" Rivera, born October 18, 1946, in Hollister, CA, passed away peacefully on July 13, 2026. Ken was a skilled builder of custom and log homes during his career working in construction. He deeply loved Whidbey Island, walking the beach, playing guitar with his family, and crafting custom furniture for his loved ones to enjoy.

Ken was preceded in death by his daughter, Brandy Ann Jones, in 2022.

He is lovingly remembered by his wife of 33 years, Sharen Young Rivera, daughter, Kendrah Ann Skiver, stepchildren, Emrie McCauslin and Colin McCauslin, nine grandchildren, and one great-granddaughter. Ken is also survived by all eight of his siblings, seven brothers and one sister.

A Celebration of Life will be held at a later date. For details, please contact the family directly.



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PNWCI ORCHESTRA
Festival Concert

FRIDAY AUG 7
7:30pm

Whidbey Island Center for the Arts
Langley



Ludwig van Beethoven
Coriolan Overture, Op. 62

Gabriela Lena Frank
Elegia Andina

Ethel Smyth
Serenade in D Major

Felix Mendelssohn
Symphony No. 4 "Italian"

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Festival of GLOBAL TRADITIONS

SATURDAY AUG 15
1:00pm

Oak Harbor
United Methodist Church



The PERCUSSIVE ARTS world comes to the Rock with a vibrant program blending Western chamber music and global rhythms from Africa. Highlights include music for the Gyl xylophone from Ghana and a rare opportunity to experience the monumental Emboire, a massive wooden log xylophone and one of only a handful found outside Uganda.

Free Admission
Donations Encouraged

GO FIGURE!

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

	+		-		= 2			
+		+		-				
	+		-		= 8			
-		÷		÷				
	-		+		= 11			
=		=		=				
1		13		1				
1	2	3	4	5	6	7	8	9

Answer in next week's edition!

STAN SMITH'S TENNIS CLASS

SERVICE MOTION

In order to get all the power possible on your serve, try to bring your racket back behind your back before you hit.





You should think in terms of uncoiling and snapping up toward the ball as you swing forward – trying to whip through the ball.

BARNEY GOOGLE AND SUFFY SMITH

HERE'S ALL TH' STUFF I BORRIED FROM YA, LO !!

AN' HERE'S ALL TH' STUFF I BORRIED FROM YOU, ELVINEY !!

AN' DON'T FERGIT—I WANT MY WHEELBARROW BACK !!

HEY, ELVINEY, HOW D'YA SPELL "CONTINENT"?

C...O...N...

HEY, ELVINEY, HOW D'YA SPELL "GALVANIZE"?

G...A...L...

HEY, ELVINEY, HOW D'YA SPELL "METEOR"?

M...E...T...

HEY, ELVINEY... **ARRRG!!**

HEY, ELVINEY, WHEN YA GONNA RETURN THAT DADBURN DICTIONARY YA BORRIED FROM US ?!

PHONE: 360-682-8283 WHIDBEYWEEKLY.COM

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Astrology for August 7-13 2026
New Moon Total Solar Eclipse in Leo 20°

On **August 9**, Mercury enters Leo until August 25. Break out into song! Confident public speaking! Bold expression! The planet of communication in the sign of Leo will add a boisterous flare to our exchanges. We are more inclined to speak with conviction and our minds will be more focused on creative or romantic endeavors. This Mercury joins the Sun, Jupiter, and the South Node all in the sign of Leo. That's a lot of fire! The shadow of this position can create ego trips, or constantly redirect conversation back to the self. This position wants compliments and recognition, but can also provide that for others in spades if present and aware. Hype up your friends! Pursue a creative project, hobby, or social goal. Move the needle on personal and/or business goals. Post about it! Market! Promo! Mercury is direct and moving forward. This is a great time period for being seen! As far as the first day of this transit is concerned, on August 9 Mercury in Leo will square Chiron retrograde in Taurus at 0°. There may be an important conversation that motivates bolder self-expression; something another says stays stuck on our mind or something you need to get off your chest arises. Whatever initial conflict kicks off this transit, its tender and can be easy to take personally. That just might be the catalyst necessary to create a change in perspective, a shift in mindset. Try to look at the old hurts that words trigger. They are pointing toward what needs to change.

On **August 10**, Venus in Libra will trine Pluto retrograde in Aquarius at 3° and oppose Neptune retrograde in Aries at 4°. Venus trine Pluto will trigger an urge for deeper connection in relationships, wanting to bond beyond current-level encounters. It will add some passion and intensity to an already busy sky. Don't get lost. Venus opposite Neptune is the classic rose-colored glasses transit. Venus is strong in Libra, one of her signs of rulership. She is focused on partnership, equality, fairness, and the pleasure that comes from balance in relationships. Neptune retrograde in Aries is concerned with imagining a new self-hood. Its mission is self-oriented, and is concerned with finding the spiritual meaning associated with our authentic desires. Venus desires partnership, co-creation, commitment, and Neptune is busy imagining what-if scenarios that appease romantic wishes. This is incredibly dreamy energy that is amazing for creative projects, but in relationships can be dangerous without boundaries. It is difficult to see the full picture of others' intentions or offers at this time. Be weary of fantasies posing as realities. If it seems too good to be true, it likely is and will later be revealed. Don't get caught up. Channel into the arts.

On **August 11**, Venus will trine Uranus in Gemini at 5°. This encourages us to open to new possibilities in matters of pleasure, finance, and society. This is a moment where socializing in new circles or saying yes to the meeting is a good idea. Meet the moment with an open mind and important connections can be made. A good social flow that feels open, freeing, and exciting, but take care when it comes to important conversations. Clock the stance and positioning of those you encounter, as also on August 11, Mercury in Leo opposes Pluto retrograde in Aquarius at 3° creating intensity in debates. You may discover that strong opinions presented during meetings leave you feeling differently about your encounters, perhaps about your involvement or the intentions of others. If you are going to tackle tough subjects with other people, listen deeply, beyond the surface of the interaction.

Also on **August 11**, Mars enters Cancer until September 27. Mars is considered to be in its "fall" in Cancer, meaning it has a difficult time accomplishing business as usual. But like with every sign, there are both positive and negative aspects to the position of Mars in Cancer. The planet of action is in his feelings! This may hinder the pace or the approach to going after desires or accomplishing tasks, however it also allows for emotional courage. As Mars enters Cancer it will make a sextile with Chiron retrograde in Taurus at 0° on August 12, helping to kick off this transit with some emotional support. This is a day with motivation to investigate feelings, reflection of past wounds, and the ability to take a tender look at emotional patterns. And this will be a welcome support to the new Moon solar eclipse in Leo that will demand a release of old ways. Do not shy away from feelings that need to be faced.

Brand new beginnings are afoot! **August 12** brings a new Moon total solar eclipse in Leo at 20°. A new Moon is always a time of seeding new intentions and new starts. When it is an eclipse, these themes can be exaggerated and intensified. What is no longer meant to continue becomes very clear. This is a South Node eclipse, revealing elements that are outdated and no longer aligned so that we can step into the new and next. Old ways of performing, seeking validation, and extravagance will be checked. New ways of presenting our unique authenticity will be invited and revealed. The voice of the inner child gets louder. What fears of being seen have not been confronted? How can you share your gifts and talents with the community, with the world, and without selling out? What are you passionate about? What truly brings you joy? How can you bring those parts of you to the front? It's time to make some bold moves. Let go of the need for permission or approval. Get honest about what you desire and validate yourself. It's time to get creative, to lean into what brings you life. Leo is a sign of fixed fire. It is passionate and charismatic and very generous in its healthy expression. How can you bring more of these qualities into your life? Opportunities are arriving with those invitations. Start something important to you. Say yes to yourself.

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Mala Sooknanan

QR

Children's Museum

WHERE PLAY & LEARNING THRIVE

Jaylynn Sybrant

QR

INDOOR PLAY - PARTY SUPPLIES - YARD CARDS - BALLOON BAR
CRAFTS - STEM KITS - USBORNE BOOKS - CUSTOM APPAREL & DECOR
230 SE Pioneer Way, Oak Harbor, WA 98277 360-246-4676

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August 7th – August 13th :Two of Wands

An elevated view intended to aid your perusal for deeper clarity has been rolled forth ahead of you; you need only adjust your vision from the hyperfocus upon what is at hand in your forefront, relaxing your sight to stretch across the horizon, mapping the possibilities and endeavoring not to forget to also simply enjoy the view, or how far you've come.

You seek direction. And while you may feel alone in this state of confusion, many occupy this vessel alongside you, oblivious to those around them as they riddle through their thoughts. This week's collective card breezes around you each, compassionately calming the blood rushing through your ears until you can hear the gentle whisperings; seek not with your eyes, your reasoning, your careful shoulders and supposed-tos, but rather seek through a deep exhale and hooded eyes, leaning forth into the pull of your heart. What does your body murmur to you when you give the mind a break from the controls? What if you didn't

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dismiss those subtle thoughts, instead inquisitively pondering how these understated data points could expand your personal world view and show you a path you'd never previously thought to consider.

And a call for a specific concept of balance, between the actions we steer with a firm grasp toward the heading of our desires, and the actions we must have faith will conspire around us like winds in our sails, guiding us along what we hope is a mutually aligned course. That is to say, as we navigate Wednesday's total solar eclipse and the totality of the eclipse portal this month, keep a loose hand on the reins to avoid whiplash or disorientation as the Fates conjure or eliminate pieces on the board while recalibrating your path toward your true north. Resistance is understandable, even expected, especially if you've lost sight of the trail. Ask yourself, would you strong arm a compass? Or adjust course accordingly? Free will is always yours. But if you're honest with yourself, you already feel the shift.

It doesn't have to make sense, love... it just has to feel right for you. ~Xo, Tiffany

Cards are drawn from the classic Rider Waite Smith tarot deck.

More goodies offered here: <https://linktr.ee/tiffanyfitzpatrick>

And please consider supporting this column: buymeacoffee.com/tiffanyfitzpatrick

PPS: You deserve to feel heard and to also feel the equality of partnership you desire. More goodies offered here: <https://linktr.ee/tiffanyfitzpatrick>

And please consider supporting this column: buymeacoffee.com/tiffanyfitzpatrick

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WEEKLY HOROSCOPES

ARIES – Mar 21/Apr 20
You've been overthinking a decision that's already been made in your heart. Trust yourself and move forward. The hardest part is getting started.

TAURUS – Apr 21/May 21
You can't control every outcome, no matter how carefully you plan. Focus on what you can influence and let the rest unfold. Peace comes from knowing when to let go.

GEMINI – May 22/Jun 21
Your calendar is filling up, but that doesn't mean every invitation deserves a yes. Protect your time this week. The right opportunities won't disappear if you take a breath.

CANCER – Jun 22/Jul 22
Stop comparing your progress to someone else's. You're building something meaningful, even if it's taking longer than expected. Consistency beats rushing every time.

LEO – Jul 23/Aug 23
The spotlight is yours, but don't spend all your energy trying to impress everyone. Be genuine, and the right people will notice. Authenticity outlasts applause.

VIRGO – Aug 24/Sep 22
You're close to solving a problem, but you're making it more complicated than it needs to be. Simplify your approach. The obvious answer may be the right one.

LIBRA – Sept 23/Oct 23
A difficult conversation won't get easier by postponing it. Speak with kindness, but don't avoid the truth. You'll feel lighter once it's behind you.

SCORPIO – Oct 24/Nov 22
You've learned the lesson—now stop carrying the baggage. This week is about looking ahead instead of replaying the past. Give yourself permission to move on.

SAGITTARIUS – Nov 23/Dec 21
Routine has its place, but you've been craving something different. Break the pattern, even in a small way. A simple change could reignite your enthusiasm.

CAPRICORN – Dec 22/Jan 20
You've been working hard, but don't forget why you started. Reconnecting with your bigger purpose will give everyday tasks new meaning.

AQUARIUS – Jan 21/Feb 18
Someone is paying closer attention to your ideas than you realize. Speak up in the meeting, send the message, or share the plan. Your voice carries more influence than you think.

PISCES – Feb 19/Mar 20
You don't have to fix everyone's problems. Offering support is generous, but protecting your own energy is just as important. Healthy boundaries make you stronger, not colder.

1	2	3		4	5	6		7	8	9	10	11
12				13				14				
15				16			17					
18				19								
20			21		22				23	24	25	26
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				45				46		47		
48	49	50	51							52		
53						54				55		
56						57				58		

- CLUES ACROSS

1

URL ending

4

“Now I get it!”

7

Shimmering fabrics

12

Texter’s “I think”

13

Young bloke

14

Mover’s rental

15

H.S. proficiency test

16

Held in trust

18

Census stat

19

Wonderland visitor

20

Hindu deity

22

Moray, for one

23

Ski lift type

27

TV screen choice

29

Beekeeper’s place

31

Blood line?

34

Sweetie

35

Monastery

37

Play part

38

Romanov ruler

39

College URL ender

41

Appear

45

Chopin piece

47

Roman 56

48

Branch of government

52

Puzzle

53

“-- Called Wanda”

54

Actress Ruby

55

Before

56

Give up amateur status

57

Pink Floyd’s Barrett

58

Rds.
- CLUES DOWN

1

Humidor item

2

Alpha’s opposite

3

Cable company device

4

-- Romeo

5

Saluted

6

“Paper Moon” tyke

7

“Time” co-founder

8

Sushi fish

9

Goat’s plaint

10

Where Lux. is

11

Devious

17

Bruins’ sch.

21

Wedding setting

23

Leans

24

Sheepish “Hello!”

25

Branch

26

Bagel variety

28

One for the road?

30

Cpl.’s subordinate

31

Sternward

32

Hosp. areas

33

Estuary

36

Bigfoot’s kin

37

Hollywood’s Hepburn

40

Couples

42

Santa’s crew

43

Tennis great Chris

44

Blends

45

Repeat

46

Sized up

48

Binge

49

“Avatar” craft

50

Chips go-with

51

Leb. neighbor

Answer on page 12

Play Better Golf with JACK NICKLAUS

CONFIDENCE IN YOUR SHOT-MAKING ABILITY IS OFTEN THE DECISIVE FACTOR IN MATCH-PLAY WHEN YOUR ADVERSARY IS AN IMMEDIATE PRESENCE RATHER THAN A VAGUE ABSTRACTION.

YOU’LL FIND CONFIDENCE MOSTLY ON THE PRACTICE TEE, BUT ALSO FROM YOUR PREVIOUS SUCCESSFUL COMPETITIVE EXPERIENCES. THE LESS OF THE LATTER YOU CAN CLAIM THE MORE OF THE FORMER YOU NEED - AND DON’T FORGET TIME ON THE PRACTICE PUTTING GREEN ALSO!

YOUR GUESS IS AS GOOD AS OURS WEATHER FORECAST							
	Fri, Aug 7	Sat, Aug 8	Sun, Aug 9	Mon, Aug 10	Tues, Aug 11	Wed, Aug 12	Thurs, Aug 13
North Is.	H-72° L-57° 5%	H-69° L-55° 10%	H-67° L-55° 10%	H-67° L-56° 5%	H-68° L-56° 0%	H-69° L-55° 0%	H-72° L-56° 0%
South Is.	H-74° L-59° 5%	H-71° L-56° 10%	H-69° L-57° 10%	H-68° L-57° 5%	H-68° L-57° 0%	H-69° L-57° 0%	H-72° L-57° 0%

OUR Community

An Upbeat Question of the week

By Helen Mosbrooker

If you were to enter the witness protection program, what identity would you choose?

Daniel Cornell, Coupeville

I would be a surfboard shaper on Maui. I’d trade Washington rain for Hawaiian sunshine and spend my days crafting custom longboards, surfing before dawn, and living by the rhythm of the tides alongside my wife, Jackie. I’d have a small workshop near the beach where locals and visitors could stop by to talk story, watch boards take shape, and maybe share a cup of coffee. My new name would be Bohdi Longboard. While I enjoy building things and serving my community now, the idea of creating surfboards by hand and spending more time in the warm ocean sounds like a pretty good “cover” for a fresh start. I’d end each day watching the sunset from the beach, grateful that my biggest decision was whether tomorrow’s waves would be better on the north shore or the south.

Brandy Thompson, Oak Harbor

If I was in a witness protection program I would want to identify as wealthy land owner that had a 100 acre horse ranch in some remote countryside.

Dick Johnson, Coupeville

I would choose to be the salesman in the hardware department at Ace Hardware because you have the opportunity to help people every day but nobody would know who you were because nobody knows your name or anything besides you are just the hardware guy that knows where everything is and your secret would always be safe.

Polly Primm, Langley

If given a ‘second chance’ at a new identity, I would hope to be the unexpected, hidden talent emerging from the studio of a brilliant cellist

Lt Mike Reinstra, Oak Harbor

Name: Ray Lahey
Job: Senior water compliance auditor
Location: Zellwood Fl

Ray Lahey lives a quiet, predictable life built around routine. As a senior compliance auditor for a municipal water district, he spends each day reviewing permits, checking financial records, and organizing digital files from the safety of his desk. His office is brightly lit, climate-controlled, and completely free of physical risk or unexpected emergencies. Ray dislikes uncertainty, avoids the outdoors because of mild allergies and a strong dislike of bad weather, and relies on public transit for his daily commute. He dresses in beige khakis, sensible walking shoes, and neatly pressed button-down shirts. Outside of work, he enjoys cataloging model train schedules and solving Sudoku puzzles. His calm, ordinary lifestyle makes him appear completely unremarkable—the perfect cover for someone who wants to blend into the background.

Weekly SUDOKU

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2		7			9	3		
		9					5	
	8	2	7	3	6	5		
1	6	5					3	
9	7		8				4	6
7		1	3		8	6		4
		8	2					
	2		1		7			

Answer on page 12

THANK YOU FOR READING WHIDBEY WEEKLY | REDUCE ➡ REUSE ➡ RECYCLE

COMMUNITY BULLETIN BOARD

To place an ad, email classifieds@whidbeyweekly.com

SERVICE DIRECTORY

PAINTER

Island Painting WA

Interior & Exterior Painting
Handyman Services

No Job Too Small

360-637-0782

islandpaintingwa@gmail.com

Licensed · Bonded · Insured

ISLANP**758JD

BARN SALE

Barn Sale This Weekend and every weekend at Salmagundi Farms

19162 SR 20 3 miles South of the Coupeville overpass on Hwy 20
9am to 4pm

Vintage fishing gear, boating and marine items, vintage paper ephemera, Artworks, Vintage furniture and decor.

Something for everyone. Welcome Friends!

WE BUY SELL & TRADE VINTAGE AND ANTIQUE ITEMS

360-678-5888

NEED HELP?

Need a Hand?

I'm Happy to Help.

Got a project you've been meaning to finish? Cleaning out a room, organizing a space, or hauling a load to the dump? I offer friendly, reliable help with clean-outs, detailed cleaning, organizing, and junk removal and more!

Call or text Jacob: 360-499-9157

IN SEARCH OF

Collecting Old American Money

Retired Police Officer whose hobby is Collecting Old American Money

360-320-8544

Art, Antiques & Collectibles. Cash paid for quality items. Call or text 360-661-7298

Was your Dad or Gramps in Japan or Germany? I collect old 35 mm cameras and lenses. Oak Harbor. Call 970-823-0002

THOUSANDS OF BOOKS

Peruse Thousands of Books, payment is by donation. Cash or Cr Card

Coupeville Public Library
788 NW Alexander Street
Coupeville WA

Saturday 8.8.26 10-4,
Sunday 8.9.26 10-5

Proceeds benefit community through remarkable library programs for all ages, four yearly Scholarships and participation in local Farmers Market.

One complimentary book per child!

Your ad here.

\$12

For any sales or business listings

YARD SALE

Friday & Saturday
August 7 & 8 - 9am-4pm
26431 SR20 & Holbrook, Coupeville, Across highway from The Three Sisters Market

•Fabric 100% Cotton
•Vintage Quilt •Sewing Tools & Items •Vintage Linens •Vintage Collectibles
•Model Train, ETC.

MOVING SALE

MOVING SALE!

August 14th 8 AM - 4:00 PM
August 15th 8 AM - 3:00 PM
Rolling Hills in Oak Harbor
Address will be posted in next week's issue.
LOOK FOR THE SIGNS!

STARLINK FOR SALE

Brand new in box. I paid \$900.00 for it will sell for \$630.00. Couldn't use because rental is not aligned to satellite and cant cut trees down. My phone is 425-210-5336 or text is favorable. -Lucky Encinas

WORK FOR STUDENTS

Part-time employment as landscapers and more. \$90 paid daily. 8-hour workday. 1 hour lunch. Immediate opening for two people. Must have a cell phone and transportation. Call Jim at (360) 730-1526.

THE HEALERS FESTIVAL

The Healers Festival returns to Coupeville on Saturday, Aug. 22, 2026, from 10 a.m.-6 p.m. at the Coupeville Recreation Hall. Explore holistic wellness, meet local practitioners, shop artisan vendors, and enjoy inspiring workshops. Admission is free. Learn more and register at www.healersfestival.com.

How'd you do?

5	8	6	7	9	1	4	2	3
3	7	1	5	4	2	8	6	9
4	2	9	8	6	3	1	5	7
9	4	2	1	5	8	3	7	6
7	3	8	4	2	6	5	9	1
6	1	5	9	3	7	2	8	4
1	5	4	2	7	9	6	3	8
8	9	3	6	1	5	7	4	2
2	6	7	3	8	4	9	1	5

WEEKLY MEETINGS

MEMORY CAFÉ

Every 1st and 3rd Tues of the Month 12:30 - 2:00 p.m. at the First United Methodist Church 1050 SE Ireland Street Oak Harbor, WA. Join our bi-monthly gathering for people with memory loss and their family to enjoy a time of fun, conversation, music and laughing (and snacks). This is a dementia friendly setting. For information: 360-720-4535

SOUTH WHIDBEY NAR-ANON FAMILY GROUP

meets every Monday at 6pm at the Langley Methodist Church, 301 Anthes in Langley. We meet in the Fireside Room, rear of church. Karol:360 914 7695.

Have a problem with drinking? It doesn't cost anything to attend

A.A. meetings.

Local Meetings are in Coupeville, Freeland, Langley, Clinton, and Oak Harbor. There are no age or education requirements to participate. Membership is open to anyone who wants to do something about their drinking problem. A.A.'s primary purpose is to help alcoholics to achieve sobriety. We're here to help. For local meetings search aa.org or call 888-360-1564

Have you ever been affected by someone else's drinking? Al-Anon may be for you. AL-ANON: Tuesdays at 5:30-6:30 Oak Harbor Lutheran Church Library 1253 NW 2nd Ave. There is help and hope: Contact for more info: Rebecca 425-773-6937

Bothered by someone's drinking? AlAnon can help! Langley Family AlAnon Group, Wednesdays 9:30 AM to 10:30 AM, Langley Methodist Church, 301 Anthes Ave, Langley. Fireside room Information: (206) 898-2771.

Gamblers Anonymous Meeting.

Every Tuesday at 6:30 p.m. at the Mount Vernon Senior Center. Mount Vernon Senior Center, 1401 Cleveland Ave, Mount Vernon Any questions, call Washington State Gamblers Anonymous hotline at 855-222-5542, or visit <https://gawashington.org/>

OVEREATERS ANONYMOUS

Tuesdays 7 PM to 8 PM Langley United Methodist Church 301 Anthes Ave. Room 224 Langley, Washington 98260 For local meeting information and support call: Kevin 206-395-9622

Adult Children of Alcoholic and Dysfunctional Families meeting, Tuesdays 2-3 pm, Langley Methodist Church - 301 Anthes Ave, Langley - Fireside room. Contact: acawhidbey@gmail.com

WEEKLY MEETINGS

Memory Support and Connection

Join us for our Support Group Thursdays from 5:30-6:30 PM at 390 NE Midway Blvd B203 Oak Harbor, WA. Caregivers, family members, and loved ones are all welcome. We also offer a separate space for your loved one to be cared for and engaged during the group.

MONTHLY MEETING

Monthly Mental Health Meeting

Hosted by NAMI for All Adult Individuals who have a family or friend suffering from depression, anxiety, bi-polar disorder, or other mental health conditions. Trinity Lutheran Church in Freeland, Lower Building Closest to the Highway 18341 WA-525, Freeland 3rd Wednesday of the Month 1:00 - 2:30 p.m. Email for more Information: karens@nami-sno-isle.org

RESOURCES

Family Resource Center

723 Camano Ave, Langley. 360-221-6808 ext 4321

School supplies, coats, warm clothing, resource connections. Mon-Wed 9 a.m. - 5 p.m. Thurs 9 a.m. - 12 noon, or by appt. readinesstolearn.org

Mother Mentors

360-321-1484 · info@whidbeymothermentors.org

Carregiving mentoring and play support, mothermentors.org

I Support the Girls

360-678-2090 · isupportthegirls.org/affiliates/whidbey-island

Essential health and hygiene items for women and girls.

Island Senior Resources

360-321-1600

14594 SR 525, Langley

Multiple 50+ programs and services. Mon-Fri, 8:30 a.m. - 4:00 p.m. senior-resources.org

Pamoja Place

pamojaplace.org

721 Camano Ave, Langley

Safe space for BIPOC people and allies to connect, collaborate, and celebrate.

Veterans Resource Center

360-331-2496

723 Camano Ave, Langley

Events, Support, and Benefits help

Monday 10 a.m. - 3:30 p.m. Tues - Thurs 1:00 - 4:30 p.m. Saturday by Appointment. whidbeyvrc.org

Veterans Services

360-632-2496

105 NW 1st, Coupeville

Monday - Friday, 8:00 a.m. - 4:30 p.m.

MORE RESOURCES

Basic Food Benefits Community Services

Office: 275 Pioneer Way #201, Oak Harbor 877-501-2233

Food Banks:

Gifts From the Heart

108 SW Terry Road

Monetary donations, they should be sent to:

PO Box 155, Coupeville 98239

Distribution on 2nd and 4th Wednesdays, 2-5 p.m.

Good Cheer:

2812 Grimm Rd., Langley 360-221-4868

Mon-Fri, 10 a.m.-4 p.m.

North Whidbey Help House: 1091 SE Hathaway St. Oak Harbor 360-675-0681

Mon-Fri, 9 a.m.-4 p.m. (5 p.m. on Tues)

Closed 12-1 p.m. for lunch

Island Church of Whidbey Soup Kitchen: 503 Cascade Ave., Langley 360-221-0969

Tues & Thurs 11:30 a.m.-1 p.m.

SPIN Café: 1241 SW Barlow St, Oak Harbor

Daily, 6:30 a.m.-5:30 p.m.

St. Hubert's Catholic Church

Wednesday Soup Kitchen

All are Welcome!

11 a.m.-12:30 p.m.

804 3rd St., Langley 360-221-5303

Ask about our Thursday Dinner

HUB After School: 301 Anthes Ave., Langley 360-221-0969

Food and activities for middle and high school youth. Mon, Tues, Thurs, Friday 2-6 p.m., Wed 1-6 p.m.

Ryans House for Youth:

Food, fun, support, 19777 SR 20, Coupeville 360-331-4575

Drop-in center for adults ages 18-24; Daily 6 a.m.- 8:30 p.m., 35 SE Ely St., Oak Harbor 360-682-5098

Drop-in center for youth ages 12-21; Mon-Fri 11 a.m.-7 p.m.

Women, Infants & Children (WIC):

-Oak Harbor/North Whidbey: 1791 NE 1st Ave. Mon-Thurs 360-240-5554

Text: 360-544-2239

SHELTERS/HOUSING

CADA Emergency Shelter –

Confidential crisis shelter for women and children fleeing domestic violence/sexual assault/ stalking. This is NOT a homeless shelter. Office: 360-675-7057

Crisis Line: 360-675-2232 Toll Free: 800-215-5669

Island County Housing Support – 105 NW 1st St., Coupeville 360-678-8284

For homeless or at risk of losing housing: Mon-Thurs, 9 a.m.-3 p.m.

Ryan's House for Youth – 19777 SR 20, Coupeville 360-331-4575

For at-risk adults ages 18-24

Whidbey Homeless Coalition – Serving Island County 360-900-3077

The Haven Overnight Shelter is a night-to-night shelter for up to 30 individuals. Must follow check in rules and must register daily between 4:00 and 4:30pm Mon. thru Fri. and 3:45 pm to 4:00 pm on Saturdays and Sundays at the SPIN Café, 1241 SW Barlow St., Oak Harbor.

House of Hope Emergency Housing, Langley, 360-708-4533. Transitional housing for families and adults at severe risk of homelessness; to apply, contact the Housing Support Center or call the number above.

Oxford Houses – Recovery housing oxfordhouse.org

-Men:360-246-4101

- Women & Children: 360-682-5773

Last week's answer

Go Figure!

answers

8	+	3	-	7	=	4
+		+		-		
9	-	4	÷	5	=	1
÷		×		÷		
1	+	6	-	2	=	5
=		=		=		
17		42		1		

CLASSIFIED INFORMATION

US Postal Mail

Whidbey Weekly Classified Department

PO Box 1098

Oak Harbor, WA 98277

E-Mail classifieds@whidbeyweekly.com

Telephone 360-682-8283

PLEASE CALL WHEN YOUR ITEMS HAVE SOLD.

Please try to limit your classified to 30 words or less, (amounts and phone numbers are counted as words) we will help edit if necessary. We charge \$12/week for Vehicles, Boats, Motorcycles, RVs, Real Estate Rental/Sales, Business Classifieds and any items selling \$1,000 and above. We do charge \$25 to include a photo. The FREE classified space is not for business use. No classified is accepted without phone number. We reserve the right to not publish classifieds that are in bad taste or of questionable content. All free classifieds will be published twice consecutively. If you would like your ad to be published more often, you must resubmit it. Deadline for all submissions is one week prior to issue date.

THANK YOU FOR READING WHIDBEY WEEKLY | REDUCE ➡ REUSE ➡ RECYCLE