

August 14, 2026 - August 20, 2026

ISLAND 911: 4th OF JULY RECAP

Whidbey Weekly

Your Source For "What's Happening" On Whidbey Island
NEWS • BITS • WHATS GOING ON • PUZZLES
Locally Owned • Locally Operated
COLUMNISTS • CLASSIFIEDS

THREE DAYS OF FAMILY-FRIENDLY ENDLESS FUN

6TH ANNUAL
LITTLE BIG FEST
AUGUST 14-16 2026
MUSIC & ARTS FESTIVAL

LEE OSKAR & FRIENDS OUTER ORBIT
TORIN FROST & THE PATTERNS OF SATURN
SCOTT PEMBERTON TRIO GENERAL MOJO'S
PANDA CONSPIRACY JOHN KESSLER BAND
MIDPAK HOT DAMN SCANDAL
VINCE GIMO'S HOT FIRE GALEN CLARK ORGAN TRIO
NATHANIEL TALBOT (W/ GUESTS) SHADOW BASKET
IAN GEORGE & THE KNEE POCKETS HAUNTING AUTUMN
SHELBY NATASHA WOLFCHILD CLARK ENGINE CO.
CELIA FARRAN ANT AESTHETIC MYSTERIUM
TEMPLE GRANDIN ETHAN TANG THOSE GUYS
JUSTCOS & THE CHILDREN OF THE DAY
MICHAEL MANAHAN JAMIE SCHWABL RAMIRO EMILY SONG
JON LEMMON MISS MIN.D LGSP ZACH VAN LUE
JOSE MADRE JASH HEGGENES PUDDLE JUMP

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SATURDAY, JULY 4TH

09:40:10, MELISSA ST.

Caller woke up to find a trailer outside and a car parked in the cul-de-sac. They are concerned the vehicles are parked on the side of a county road.

10:22:56, PILCHUCK DR.

Caller reports a house across the street that was previously confirmed abandoned now appears to have a door that has been kicked in.

11:26:47, TASMAN PL., BEACH

Caller reports people are camping on the beach and are not allowed to be there.

12:50:24, EASY ST.

Caller reports their car was broken into the previous night and requests law enforcement respond for insurance purposes and to make a report.

13:38:07, WAHL RD.

Caller reports loud mortars being set off in the area. The caller later reported the fireworks were still going off.

13:51:35, FIRESIDE LN.

Caller is yelling about a dog barking in the area. Another caller reported the same issue.

14:12:31, E. FAKKEMA RD. & SNOWFLAKE RD.

Caller reports a large white dog running loose up and down Fakkema Road.

14:36:19, SUN VISTA CIR.

Caller reports very loud fireworks being set off by neighbors, shaking the caller's windows.

14:50:24, AUSTIN LN.

Caller reports hearing mortars being set off behind the residence.

14:50:45, NE RONHAAR ST.

Caller reports an elderly woman with white hair and black spots around her eyes who is hobbling along. She is reportedly diabetic, partially blind and has cancer.

14:51:35, LEAF LN.

Caller put up a barrier to prevent a neighbor's dogs from entering the property. The neighbor reportedly removed the barrier.

SATURDAY, 07/04/26

15:44:58, MAXWELTON RD.

Caller reports a neighbor is intoxicated, yelling and swearing at them. The call had a poor connection.

16:30:45, W. MORRIS RD.

Caller reports dogs repeatedly wandering into the area. One of the dogs previously attacked the caller's dog.

17:13:38, STATE ROUTE 532 & VINEYARD LN.

Caller reports a large group selling mortars with a sign advertising "Big Cakes Mortars, best price in town."

17:48:03, W. DRY LAKE RD.

Caller reports numerous loud explosions in the area.

17:57:41, S. WEST CAMANO DR.

Caller reports someone setting off mortars at the location.

18:41:12, STATE ROUTE 525 & STATE ROUTE 20, PARK AND RIDE

Caller reports an ongoing issue involving a dog being tied up all day and barking. Caller says they have reported the issue several times.

18:41:26, EWING RD.

Caller reports a goat is still stuck on the bluff. The fire department was unable to find it the previous night.

18:48:13, LOWELL POINT RD., CAMANO ISLAND STATE PARK

Caller reports people using marijuana in the gravel lot.

18:55:53, E. GREEN VALLEY RD. & WILSON RD.

Caller reports that during a previous traffic stop, an officer took his truck keys and threw them. He was released that day and says he was not given his keys back.

19:09:34, HANSEN DR.

Caller reports fireworks that sound like mortars being set off in the area.

19:11:03, DRIFTWOOD WAY

Caller says the Sheriff's Office directed them to call and stated they had asked whether they should shoot their neighbors, who were reportedly on Seashell Court.

19:49:53, HOMESTEAD PL.

Caller reports tenants left the property with a cat belonging to the caller. The caller says they are now being blackmailed to get the cat back.

19:55:56, MARINE DR.

Caller reports dogs running off-leash on the beach.

20:53:13, WEST BEACH RD. & SWANTOWN RD.

Caller reports a sign on the beach says fireworks are not allowed, but four people are setting off fireworks.

20:55:33, BLAKELY AVE. & PEAR ST.

Caller reports people who live at the end of Pear Street are setting off fireworks on Blakely Avenue that sound like bombs.

21:22:51, JUNIPER BEACH RD. & SMITH RD.

Caller reports a red truck is looking for a place to watch fireworks and says the occupants appear to be intoxicated.

22:21:07, LIBBEY RD. & FORT EBEY RD., BEACH

Caller is concerned about a bald eagle nest in the area because fireworks are being set off nearby.

22:55:27, DOUBLE BLUFF RD. & SHORE AVE., DOUBLE BLUFF BEACH

Caller reports someone intentionally lit a fire on the beach.

22:58:32, MAXWELTON RD.

Caller reports cars are driving around and setting off fireworks in a county park.



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What's Going On!

5TH ANNUAL COLLABORATIVE GOLF TOURNAMENT
Friday, Aug. 14; registration at 11:30 a.m., shotgun start at 1 p.m.
Whidbey Golf Club, 2430 Fairway Lane

The Coupeville and Oak Harbor chambers of commerce invite golfers of all skill levels to the 5th Annual Collaborative Golf Tournament. Enjoy an afternoon on the Whidbey Golf Club course while supporting local chamber programs. Registration is \$140 per player or \$515 per team of four. For more information, call Oak Harbor Chamber at (360) 675-3755.

LITTLE BIG FEST
Friday-Sunday, Aug. 14-16
Whidbey Island Fairgrounds and Events Center, Camano Avenue, Langley

Little Big Fest returns for its sixth annual three-day music and arts festival featuring local and regional musicians on three stages, artisan vendors, food trucks, beer gardens, a silent disco, workshops, family activities and more. This year's lineup includes Scott Pemberton, Lee Oskar & Friends, McTuff, Panda Conspiracy, Hot Damn Scandal, Nathaniel Talbot Band, Outer Orbit, Celia Farran and many more. Tickets range from \$30-\$120; children 12 and younger are admitted free.

BY THE HARBOR MARKET
Friday, Aug. 14, 4-8 p.m.
Pioneer Way, 749 SE Pioneer Way, Oak Harbor

Browse vintage finds, antiques, art, handmade goods and one-of-a-kind treasures during By the Harbor Market in historic downtown Oak Harbor. Shop local vendors, explore downtown businesses and enjoy live music by Ronnie Nix at Busker Corner beginning at 5:30 p.m. Admission is free. For more information, visit oakharbormainstreet.org.

TOUR DE WHIDBEY
Saturday, Aug. 15
Coupeville Elementary School, Coupeville

Registration is now open for the 24th annual Tour de Whidbey, a fully supported cycling event benefiting the WhidbeyHealth Foundation. Riders can choose from five routes ranging from the family-friendly 11-mile Fort Casey Slow Roll to the new 100-mile South Island Stretch. All routes begin and end at Coupeville Elementary School and feature fully stocked hospitality stations. Proceeds support WhidbeyHealth by funding medical equipment, facility improvements and scholarships for healthcare staff.

WHIDBEY WORKING ARTISTS STUDIO TOUR
Saturday-Sunday, Aug. 15-16, 10 a.m.-5 p.m.
Various artist studios throughout Whidbey Island

Explore the workspaces of 69 professional artists at 48 studios during the 22nd annual Whidbey Working Artists Studio Tour. Meet artists, learn about their creative processes, view original artwork and purchase pieces directly from the makers. Self-guided tours take visitors across Whidbey Island, offering art, scenic views and opportunities to explore local communities. For maps and information, visit whidbeyworkingartists.com.

MEANDER DANCE COLLECTIVE
Saturday-Sunday, Aug. 15-16 and Aug. 29-30
Whidbey Institute, 6449 Old Pietila Road, Clinton, and South Whidbey State Park, 4128 S. Smugglers Cove Road, Freeland

Meander Dance Collective presents an eclectic program of community-based contemporary dance and improvisational works. Performances are at 6 p.m. Aug. 15 and 2 p.m. Aug. 16 at the Whidbey Institute, and 6 p.m. Aug. 29 and 2 p.m. Aug. 30 at South Whidbey State Park. Guest artist and Whidbey Institute Poet Laureate Mary Elizabeth Himes will also present. The family-friendly performances are by donation; no registration is required.

AMERICAN ROOTS CONCERT SERIES: QUEEN'S BLUEGRASS
Saturday, Aug. 15, 7-8 p.m.
North Beach Amphitheater, Deception Pass State Park, 41020 State Route 20, Oak Harbor.
Enjoy an evening of traditional bluegrass as

Queen's Bluegrass performs during the American Roots Concert Series at Deception Pass State Park. Bring a blanket or lawn chair for this free outdoor concert featuring music rooted in the traditions of the Smoky Mountains.

FEED YOUR SOUL: BENEFIT CONCERT FOR WIN
Sunday, Aug. 16, 1-3 p.m.
Dancing Fish Vineyards, 1953 Newman Road, Freeland

Support Whidbey Island Nourishes (WIN) during its annual summer benefit concert featuring Beverly Graham and Joe Carolus, with Philip Van Seters opening. Enjoy music inspired by the 1960s and '70s, live and silent auctions, appetizers prepared in part by the WIN Kitchen team and a complimentary drink with paid admission. Tickets are \$65. Proceeds help provide healthy food to more than 700 South Whidbey children each week. For tickets and information, visit whidbeyislandnourishes.org.

MACBETH
Sunday, Aug. 16
6-8:30 p.m.
Island Shakespeare Festival Outdoor Stage, 5476 Maxwelton, Langley

Island Shakespeare Festival presents a fresh take on Shakespeare's Macbeth, exploring ambition, power and the tragic consequences of one man's desire to make an impact before it's too late. Directed by Jackie Apodaca and featuring physical theater artists James Donlon and Alina Ceñal, the production blends dynamic movement with Shakespeare's classic tragedy. Pay-what-you-will tickets are available. An additional performance is scheduled for 6 p.m. Thursday, Aug. 20.

WHIDBEY PLEIN AIR PAINT OUT
Monday, Aug. 17-Sunday, Aug. 23
Pacific Northwest Art School, 15 NW Birch St., Coupeville, and locations throughout Whidbey and Camano islands

The Pacific Northwest Art School's annual Whidbey Plein Air Paint Out returns with a week of competitive outdoor painting inspired by the landscapes of Whidbey and Camano islands. Artists will paint on location Aug. 17-20, followed by a gala and art sale Aug. 21, and a free public exhibition and sale Aug. 22-23 featuring newly created works. For registration, tickets and additional information, visit pacificnorthwestartschool.org.

THE REPTILE LADY
Monday, Aug. 17, 2-3 p.m.
Coupeville Rec Hall, 901 NW Alexander St., Coupeville

Meet snakes, lizards, alligators and other fascinating reptiles from around the world during this interactive educational program with The Reptile Lady, April Jackson. Children of all ages and their caregivers are invited to learn about these remarkable animals.

TUESDAY CONCERTS IN THE PARK: MOONLIGHT SWING ORCHESTRA
Tuesday, Aug. 18
6-7:30 p.m.
South Whidbey Community Park, 5495 Maxwellton Road, Langley

South Whidbey Parks & Recreation closes out its annual Tuesday Concerts in the Park series with the Moonlight Swing Orchestra performing music from the Big Band era. Bring a picnic dinner, blanket or lawn chair and enjoy the final free concert of the summer.

SOUNDS OF SUMMER CONCERT SERIES: JOEL GIBSON JR.
Wednesday, Aug. 19, 5:30-7 p.m.
Windjammer Park, 1600 S. Beeksma Drive, Oak Harbor

Joel Gibson Jr. takes the stage for the next installment of the Oak Harbor Music Festival's Sounds of Summer Concert Series. Bring family and friends, along with a picnic, lawn chair or blanket, for this free evening of live music at Windjammer Park.

BAYVIEW CORNER STREET DANCE: PETE THE BAND
Wednesday, Aug. 19, 6-8 p.m.
Bayview Cash Store, 5603 Bayview Road, Langley

Goosefoot's free Bayview Corner Street Dance series continues with PETE the BAND, a Whidbey Island garage band performing rock, blues and American groove music. Beer, wine and soft drinks will be available for purchase, and attendees are welcome to bring a picnic dinner. The family-friendly event takes place rain or shine.

OAK HARBOR FARMERS MARKET COMMUNITY DAY
Thursday, Aug. 20, 4-7 p.m.
Rotary Park, 32630 SR 20, Oak Harbor

The Oak Harbor Farmers Market hosts Community Day with a special remembrance of Peg Tennant and her contributions to local farmers markets. The market's first Heart of the Market Award will be presented in her honor at 5:30 p.m.

SUMMER NIGHTS SERIES: LOCAL VOCAL JAZZ SHOWCASE
Friday, Aug. 21, 5-7 p.m.
Whidbey Island Center for the Arts, 565 Camano Ave., Langley

WICA's Summer Nights Series continues with the Local Vocal Jazz Showcase during Happy Hour Under the Tent. Enjoy live music, specialty cocktails and summer evening vibes during this community celebration of the arts.

NAS WHIDBEY ISLAND OPEN HOUSE & FLIGHT LINE 5K RUN
Saturday, Aug. 22, 10 a.m.-2 p.m.
NAS Whidbey Island, Ault Field, 3730 N. Charles Porter Ave., Oak Harbor

The public is invited to NAS Whidbey Island's annual Open House featuring static aircraft displays, exhibits and the Flight Line 5K Run. The 5K begins at 8 a.m. following 7 a.m. registration, while the open house opens at 10 a.m. Visitors age 18 and older must present a REAL ID-compliant photo ID for entry. Security restrictions apply. For more information, call (360) 257-2286 or visit the NAS Whidbey Island Facebook page.

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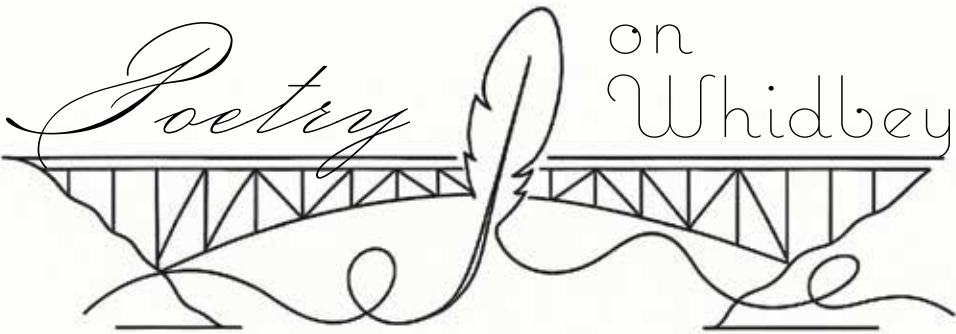
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Whidbey Weekly

Poetry on Whidbey



THE WHIDBEY ISLAND FAIR SONG

Chorus

We hope that you, we hope that you, we hope that you'll be there

We hope that we will see you at the Whidbey Island Fair

We hope that you, we hope that you, we hope that you'll be there

We hope that we will see you at the Whidbey Island Fair

There's cotton candy, popcorn, juice, and ice cream

There're hot dogs and there're helium balloons

There're 4-H, craft exhibits, and the horse teams

Flowers, quilts and Country Western tunes, Yee-haw!

Chorus Again

We hope that you, we hope that you, we hope that you'll be there

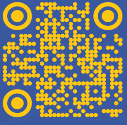
We hope that we will see you at the Whidbey Island Fair

We hope that you, we hope that you, we hope that you'll be there

We hope that we will see you at the Whidbey Island Fair

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Whidbey Weekly

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"To thine own self be true."

Whidbey Weekly is a community sourced and supported newspaper only available in print on Whidbey.

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Event Listings & Classifieds

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OAK HARBOR FARMERS MARKET

COMMUNITY DAY

THURSDAY, AUGUST 20, 2026

This year we will be remembering Peg Tennant and her contributions to our community farmers markets.

Presentation of our first ever Heart of the Market award will be given in her honor at 5:30 pm.

4 PM - 7 PM

Rotary Park

Next to the Oak Harbor Chamber of Commerce

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Oak Harbor, WA



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JUNE	JULY	AUGUST
6/5 Sage Haze	7/3 Rene Abadesco	8/7 Erik Christensen Band
6/12 Lauren Flynn	7/10 Selena Mac	8/14 Ronnie Nix
6/19 ShiDaa	7/17 Shannon Patino	8/21 Steve Johnson
6/26 Danika Kloewer & Ethan Tang	7/24 Ribbons & Bows	8/28 Bobby Silver & The FatDaddys
	7/31 Keith Howard	

oakharbormainstreet.org/events

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Americanisms



“People who love to eat are always the best people.”
— Julia Child

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Island Angler

THE LORE OF SPORTFISHING

By Tracy Loescher



WHIDBEY ISLAND COHO

I hope that the majority of Island Anglers were able to get out and chase a summer chinook salmon during the July opener (16,17,18) along with the couple bonus days they so graciously gave us..... If you were not able to fish for the kings, now is the time to shift gears and turn our attention to coho salmon. The coho seasons in most of the saltwater Marine Areas will be longer, and the returning coho predictions are a little higher than last year, so there should be some productive fishing days ahead.

The coho are traveling/migrating into the Puget Sound from the Pacific Ocean heading for their home rivers to spawn, they will be feeding heavily on bait fish like herring, candle-fish, and anchovies while in the Sound storing up energy to navigate the rivers, build their gravely redds, and spawn. All of the Marine Areas (7, 8-1, 8-2, and 9) around Whidbey Island will be open for coho by August 16th (be sure to check the regulations for wild or hatchery salmon retention) all of the areas being open at the same time will help reduce crowded boat launches and spread salmon fishermen out throughout the Sound.

Coho are fantastic fighting fish, they strike hard and will leap multiple times out of the water trying to escape the hook, they are also fantastic table fare, their fillets are bright red, firm, and full of rich oils. One of the primary techniques that is used used to catch coho in the Puget Sound is trolling “salmon gear” (spoons, hoochies, and natural baits) through the water column using downriggers, dipsy-divers, and banana weights to get the gear down into the fish strike-zone, however, catching coho from the beaches is very common and requires a lot less effort. Coho like the pink salmon will use the Whidbey Island shorelines to navigate their way inland and this is our chance to catch them close to shore.

This diving device (Dipsy diver) carries the salmon gear down into the fish-zone.>

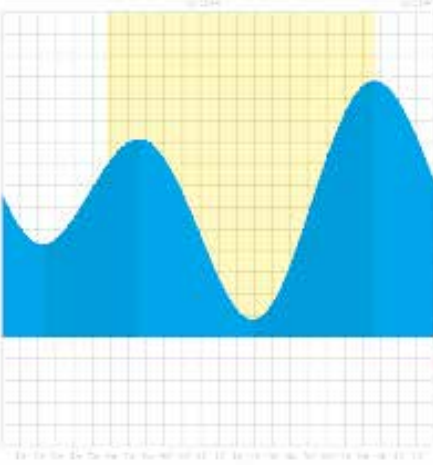
If you are fishing primarily from the beaches, you will need a few casting style lures to get far enough out to intercept the moving fish. “Buzz Bombs,” or “Rotators” in the 2.5-inch length are two of the best all-around lures available here on the Island. Pink, pearl white with a blue stripe, and a green/yellow (perch) are my top choice colors for attracting a coho bite. Here are a few other proven “cast-n-retrieve” lures to consider. Number four (#4) Blue Fox spinners with a pink bell or chartreuse bell, Flying-C spinners with a pink or chartreuse rubber skirt, little Cleo style wobbler spoons in 2/5, 2/3, or 3/4-ounce size. Another lure to try is a 3/8-ounce lead-head jig built with a size 2/0 strong hook, then slide a 2-inch chartreuse, pink, or purple curly-tail rubber grub onto the hook. Cast this curly-tail rig out along the edges of any kelp beds in the area, then twitch the lure as you reel in. Sometimes the coho will react and strike at something they haven’t seen before.

<Add a 2" rubber grub to a jighead like this one to get coho's attention.

Thousands of coho have been caught on Buzz Bombs.>

Any public beach around Whidbey Island has the potential to produce coho, however, there are some beaches that fall into a “good coho beach” category such as Possession point, Bush Point, Lagoon point, admiralty bay, ebey’s landing, West Beach and North Beach (inside Deception pass park), and Ala Spit. The key to success is to be at the beach when the fish are navigating by. I like to be at my beach of choice at least one hour before and after either the high tide or low tide. I believe these are the times that the coho will be closer to shore making the salmon within casting distance.

<Use a tide chart to determine the high and low tides for the days you can fish.



is open which has been around 12 to 15 October the last few years, be sure to check the state regulations.

This is one of two short-term (4 month) rearing pens used for the Salmon Recovery and Enhancement Program at the City of Oak Harbor Marina.>

By the end of October, the majority of the saltwater coho will have moved into the rivers, so get the smokers tuned up! Start hitting the beaches often, and keep the boats gas tanks full, the coho will soon be gone for another year!



On blessing words



by Charles LaFond
Island Fundraiser, Potter, Author, and Essayist

Going back generations, my family has written words and taught me to do so. As a child, I dreaded birthdays and Christmas because I knew the thank-you letter-writing process would take weeks, as my father pored over every longhand letter, making red-pen corrections until each letter was perfect and 1,000 words long. At the time, I was tempted to call 911 or Child Protective Services. But over the years I have realized that each letter was his way of teaching me to write.

My grandmother wrote with a fountain pen with aquamarine ink. Nobody was EVER allowed to use her pen because the nib's grind matched her handwriting. That aquamarine ink I could see on a letter or postcard from a mile away, and it always filled me with joy.

Though I am not religious these days, but I come from a religious tradition rooted in letters. I listen to songs full of written words, as well as the nightly news, texts from friends, and scripts on television. Words fill my life.

That we use words with care and that we remember how they can bless and curse is important to me. I know that in the ancient past, our species lived for generations without having invented languages as we know them today, using facial and hand gestures instead. Having thoughts but not words must have been frustrating.

It is summer, and so my letter-writing has migrated to the garden, away from the chair by the woodstove in my winter seasons. I love words even though I know that lies from court cases can be filled with words that cut deep and leave scars. And yet, even those are a form of education because they expose who people really are, underneath. So I join Carrie Newcomer in her "Two Toasts"

**"To the words, and how they live between us...
And to us, and how we live between the words..."**

These two lines from a favorite song always stop me in my tracks and moisten my eyes. They make me want to raise my glass of wine

to the good words and the good people who speak and write them – the people who use words as a blessing and not a curse.

Like this song, I raise my glass of chilled, summer prosecco to words because they do indeed live between us either as fresh, clean water cleaning and cooling our wounds or as hot lava burning everything they approach.

But I also love the idea that we, you and I, live **between** the words. We live in the silent glances of affirmation. We live in the **quiet** walks with a friend in which nobody needs to speak. We live in the forest, where the land speaks to its plant friends with each of our steps, telling trees way down the path that we are on our way. We live in the hearing of that thunderous, soft, final breath of a loved one, wishing, wishing, wishing they would speak one more word. Just one. Please. So...a toast...

**"To the words, and how they live between us...
And to us, and how we live between the words..."**

**And in between the sounds of words
I hear your silent sounding soul
Where one abides in solitude
Who keeps us one when speech shall go**

**To the words, and how they live between us...
And to us, and how we live between the words..."**

Carrie Newcomer's song lyrics "Two Toasts" from her album The Geography of Light.



To see more on
Charles LaFond
www.charles-lafond.com



**"I hear you're running short of weapons in Iran...
Wanna borrow some of mine?"**

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- canned peas
- Chunky/Progresso soups
- canned tomatoes (any kind)



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VETERANS ★ POST ★ by Freddy Groves

The VA OIG catches more scammers

Once again, the VA Office of Inspector General has nailed fraudsters who are determined to steal benefits and cash from the VA.

A pair of scammers, one of them incarcerated, cooked up a scheme to defraud seriously ill veterans. Specifically, the jailbird would call VA medical centers and impersonate VA employees to get info on veterans, including names and phone numbers. Then, with his scammer pal, they would call a veteran to get banking and credit card info for the alleged purpose of depositing Covid stimulus checks. Armed with that info, the jailbird was able to pull funds into his commissary and phone accounts. The pair was nailed on 26 counts of fraud and had harmed 60 veterans. They managed to pull the scam on over 30 VA medical clinics. The conspiracy to commit wire fraud and wire fraud are both good for 20 years in prison, with identity theft adding two more years each.

Then there was the non-veteran who applied for benefits and claimed he had both the Purple Heart and a Bronze Star. While there is no central location with a list of all those who've received a Purple Heart for VA employees to check, once an application is made for benefits, the facts would show up on a DD-214. This scam is getting the fraudster four years in prison.

Then there was the Department of Homeland Security employee who faked an application to get a VA-backed mortgage. This was a veteran who should have known better. The fake documents said he had a 100% disability rating and received monthly disability benefits. Both lies. There was no disability rating and no monthly benefit. Not knowing the docs were faked, the lender issued a mortgage for \$478,000 with the VA giving loan guarantee backing. This scheme could be good for 30 years in prison.

I hate to think of the money that would be lost and the number of veterans defrauded if we didn't have the VA OIG to investigate these things.

STAN SMITH'S TENNIS CLASS

**SPLIT THE OPPONENTS
DOWN THE MIDDLE**

In doubles, when in doubt, hit down the middle because the net is lower in the center.

Besides, often a shot down the middle can cause confusion on the other team.

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Some doubles teams are so concerned with protecting the alleys that they leave a big gap down the middle. So pound the middle and, of course, protect your own!



HEALTH CORNER

By Dr. Darlene Castle
Chiropractor

THE VERY FIRST ADJUSTMENT

Who would have thought that a partially deaf person could be adjusted and have his hearing restored?

It happened.

September 18, 1895, Harvey Lillard, a deaf janitor working at the Ryan building in Davenport, Iowa entered Dr. D. D. Palmer's office. Dr. Palmer was a physician working in the field of magnetic healing at the time. Harvey began his cleaning routine as Dr. Palmer continued working at his desk.

Looking up, Dr. Palmer asked, "How long have you been deaf, Harvey?"

"Over seventeen years, doctor," replied Harvey.

"Have you always been deaf?" asked Dr. Palmer.

"No," Harvey replied slowly, remembering. "I was cleaning with my broom and I bent down. I turned my head and heard a popping noise. When I stood up, I couldn't hear sound anymore."

Dr. Palmer asked Harvey if he could examine him and happy to receive any help, Harvey agreed.

Placing his hands on Harvey's neck, Dr. Palmer discovered a lump over one of the spinal bones.

He felt the surrounding bones and could feel that one was not in alignment with the others.

Reasoning that the vertebra beneath that lump could be re-positioned, he decided to nudge it a bit. Putting pressure on that one single bone, he pushed and a loud popping sound was heard.

Harvey stood up and was overjoyed: he could

now hear sounds coming from the street outside.

For Dr. Palmer, the result meant he had found the cure for deafness and he began soliciting patients with hearing problems. He soon discovered his "treatments" didn't universally cure deafness, however many of the patients began recovering from other conditions. Poor eyesight, respiratory conditions, allergies, arthritis—many ailments improved or disappeared under his care.

Dr. Palmer continued his studies into what was known of the human body at that time. It was obvious to him that some conditions were caused by something other than a defect or damage to a particular organ.

D. D. Palmer discovered through many case studies that there was a relationship between the brain and the function of the human body. Time after time he moved bones in the spine and created a positive change in a patient's health. He reasoned that the nerve system, extending from brain to body could be interfered with, creating malfunction and ultimately disease.

It was the discovery of all time and he named this new healing art "Chiropractic" which means "easily done by hand" in Greek.

To this day, Chiropractors locate and remove dangerous interferences from patients' spines. They gently adjust misaligned or subluxated vertebrae, restoring communication along nerve pathways to every cell in the body. Greater expressions of health and well being are the result.

Contact Dr. Castle at 425-238-8704 for questions. Walk-ins welcome Tuesdays and Thursdays, 1-5 p.m., at the Oak Harbor Chamber of Commerce Building, 32630 State Route 20.

ABOUT: Dr. Darlene Castle attended Palmer College of Chiropractic and graduated with a Doctor of Chiropractic degree in 1972.

"I knew I wanted to become a Chiropractor while still in high school. I made the right choice – 50 plus years in practice and I'm still helping people with Chiropractic care."

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Life Tributes

Willam Emil (Bill) Bradkin February 28, 1936 – August 5, 2026

A remarkable life ended when Willam Emil (Bill) Bradkin died at home on Whidbey Island, Wash. on August 5, 2026.

Born February 28, 1936 to Morris and Roslyn (Groeger) Bradkin, Bill grew up in New York City, graduating from the Bronx High School of Science and then Union College as a Civil Engineer and Air Force ROTC officer.

He was called to active duty in Long Beach, Calif. and later a base in Northern California. In 1958, he was assigned to a one-year tour at Eniwetok Atoll in the Marshall Islands, a nuclear test base; this assignment would guide much of his professional life, as well as his love of snorkeling. He completed his active duty service at Dover AFB Del. and transferred to the active reserve, where he served continuously until retirement in 1984.

In civilian life he attended the University of California at Berkeley, earning a Master's Degree in Nuclear Engineering in 1962. He worked for the Lawrence Livermore Laboratory in their Test Division for four years, including an assignment to Christmas Island and nuclear tests in Carlsbad, N.Mex., and Hattiesburg, Miss. Bill later worked for Lockheed Missiles and Space Company in Sunnyvale, Calif.

In 1966, Bill and a fellow engineering student made a round-the-world journey, often enjoying the hospitality of foreign students from Japan, India, Iran, and Europe whom they had met at Berkeley. In Italy Bill took delivery of a Fiat 1500, and spent weeks exploring the continent before having the car shipped home.

He was a licensed private pilot, and in 1967 flew some friends to a small beach resort in Baja California. Talking about the trip at a party, he was overheard by Cal student Cheryl Greider, who had been flying with her family to that same resort for many years. They were married in 1970.

Bill left the defense industry and taught math and engineering at American River College in suburban Sacramento, Calif. for 23 years. Daughter Lisa arrived in 1972, and soon there was an annual tradition of flying a Cessna to Baja California during semester break. Traveling with Bill meant embracing the local culture and public transportation, whether in Pacific Coast Mexico, the South Pacific, Europe, Korea, Costa Rica or Cuba, on a trip with two Whidbey pals, "Los Tres Viejos."

Having always felt a pull to the Pacific Northwest, Bill retired from teaching and purchased Coupeville Travel in 1993. He loved planning travel, until eventually the industry was consumed by the internet.

Bill was a member of the Whidbey Audubon Society and Central Whidbey Lions Club for over 30 years, as well as the Military Officers Association of America, Pacific Northwest Naval Air Museum, W.E.A.N and Whidbey Camano Land Trust.

His kindness, patience and humor will be missed by Cheryl, his wife of 56 years, daughter Lisa Bradkin (Matt Dionne) and grandson Henry Dionne of Brooklyn, New York.



Doris Mae Dean August 18th, 1928 – August 1, 2026

... Dawn finds me ready to welcome you my God

Doris Mae (DeCroo) Dean; Our family matriarch, passed into the arms of Jesus, just before dawn on August 1, 2026, at the age of 97. Our world will miss one of the brightest and most determined humans ever to extend a daily challenge to the New York Times Crossword puzzle and win. Doris was also a voracious reader, checking out as many books as she could carry.

Doris was born at her maternal grandparents, Frank and Christina Krischer's home on a rural route in Jenny Lind, Sebastian County, Arkansas. She was welcomed into the world by her loving parents, Anna Marie (Krisher) DeCroo and George Alphonse Decroo, on August 18th, 1928.

Growing up during the Great Depression presented obstacles that seem very remote to our current modern life. At three years old, Doris and her mother traveled by train to join her father in a distant coal mining camp in western Sweetwater County Wyoming. It was here that Doris spent her school years.

Doris met and captured the attention of our father Patrick Martin Dean while living in the coal mining town of Superior Wyoming. They married on June 19, 1949. The reception was held at Horsethief Canyon. Really! It really was the Wild West. His uncle was even the Sheriff! Pat was the extravert to her introvert. One recent comment was said, Pat now had his straight man back, yet another referred to her as a "Cracker Jack", based on stories told of her youth.

Mom spent her life traveling wherever Dad's job led him. They lived in Rock Springs, WY; Superior, WY; Powder Wash, CO; Vancouver, WA; Boise, ID; Pocatello, ID; and Salt Lake City, UT. They finally retired in Boise, ID. They were married for 55 years. Dad passed in 2004, and Mom has mourned him ever since.

Doris was an awesome mother. She raised 5 headstrong children through the 60's and 70's, which was a precarious time to raise feral children. As the family moved, she held many jobs. For example; bookkeeper for her father-in-law, bookkeeper for a local Oil company, bookkeeper for a large retail store, a stint working for social security, and appropriately enough as a Librarian at Idaho State University. Her intellect was never in doubt. There were many jobs along the way, but her best role was that of mother. She raised her children to value being caring, kind, smart and independent. For this we are all exceptionally thankful.

Doris was preceded in death by her loving husband Patrick Martin Dean (2004), her daughter Eileen Anne Wachter (2020), her brother Frank DeCroo (2010) and is survived by sisters: Diana Sims, Lynda and Dale Johannes; her children: (Patrick) David and Nancy Dean; Paula and Stan Bradshaw; Mark Dean; Barbara Dean and Erik Meinikheim.

Doris leaves behind 7 grandchildren, 14 great grandchildren, and 6 great-great grandchildren and her beloved, Jesse dog. The family will hold a rosary service in Coupeville at St. Mary's Catholic Church in the next few weeks and a funeral service in Boise at St. Mark's Catholic Church, 7960 Northview, on September 28th to celebrate her life and lay her to rest next to Pat.



The Garden Bug

Planting in early fall

When the earth is still warm but the air is getting cooler, leafy greens (such as spinach, kale, lettuce and arugula) and root vegetables (like carrots, radishes and beets) thrive. Later on, when the temperatures drop below freezing, the greens will have a noticeably sweeter taste, and the root crops will improve in flavor and tenderness. Early-fall planting of trees, shrubs and other perennials helps their roots anchor firmly, access nutrients, and prepare for winter dormancy. - Brenda Weaver

Source: www.epicgardening.com

THE ILLUSTRATED BIBLE



The times of this ignorance God winked at; but now commandeth all men every where to repent: Because he hath appointed a day, in the which he will judge the world in righteousness by that man whom he hath ordained; whereof he hath given assurance unto all men, in that he hath raised him from the dead.

Acts 17:30-31

GO FIGURE!

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

Answer in next week's edition!

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	+		-		= 2			
+		+		-				
	+		-		= 8			
-		÷		÷				
	-		+		= 11			
=		=		=				
1		13		1				
1	2	3	4	5	6	7	8	9

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: W equals P

R X S O B W B I Y D H F A B I

H M O D Z S I M F Q Y I S S Z S A Y B

Z I S B N V W I D H N A V Q S O Q B Y D M O ,

Y X B Y R B Q W D O S - Y D O C A D O C .

Answer on page 12

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Astrology for August 14-20 2026

A Whole Lot of Fire, Mercury/Jupiter Conjunction in Leo at 10°

On **August 15**, Mercury conjuncts Jupiter in Leo at 10°. When Mercury, the planet of communication and exchanges, meets Jupiter the planet of expansion and higher learning there is a whole lot of information firing off! We have a lot to say and a lot to learn, encouraged by curiosity and a desire to grow our knowledge. In the sign of Leo, the desire to connect the dots is driven by the heart, our own inner child or the children in our lives. There is optimism and a positive frame of mind available under this sky. What is something you want to experience? Something that you love? This is a good time to plan it, discuss it with others, as the planet of the details (Mercury) and the big picture (Jupiter) align. In our everyday interactions this may have us very chatty, social, and ready to socialize. While being excited to explore new opportunities and tell everyone about your ideas, don't forget to lend an ear to others. Leo energy is balanced and best expressed when it is generous with both give and take. This transit is great for public speaking, performing, and creates a sense of conviction and magnetism when it comes to asserting your ideas.

On **August 17**, Mars in Cancer squares Neptune retrograde in Aries at 3°. Mars in Cancer is already struggling to carry out business as usual in Cancer, and in a square to Neptune, the planet of illusions and disillusionment, this transit can be quite tricky and deceptive. Whether consciously or unconsciously, are you deceiving another or being deceived in some way? Boundaries are essential and they will be difficult to maintain under this sky. If you are trying to accomplish a task and it's not flowing, take it as a sign that something needs to be examined at a later date when the details may be more accessible. Actions based in fantasy are likely. Neptune creates fog and confusion, while Mars wants to accomplish goals - not a great set up for success. Do not force anything. Take time and space in your dealings. Be aware there may be sneaky vibes, ambiguous terms, or ulterior motives afoot. The positives of this transit can be accessed when we channel our efforts through creative mediums. Play with the uncertainty but without commitment to an outcome. Can you find progress in this way?

On **August 17**, Venus in Libra sextiles Jupiter in Leo at 10°. This transit throws water on the Mars/Neptune slip-n-slide. This can make offers very enticing, especially in matters of social connection, finances, and romance. Venus in Libra loves to get together and Jupiter in Leo is the life of the party. When the two benefics align there is both pleasure and good times of offer. This transit encourages optimism and cooperation. We can really be getting along - or so it seems. Just be sure to check in with reality. Enjoy the party, but limits can be challenging to uphold. It's easy to overeat, over drink, overspend, over speak etc. What feels good feels really good under this sky. Be wise with your generosity. Be connected to your boundaries and limits. Watch for excess and gluttony. After all, Venus in Libra finds its highest pleasures in balance.

On **August 17**, Mercury in Leo trines Saturn retrograde in Aries at 14°. Mercury, just after meeting Jupiter and communicating all its new ideas, is funneling that information straight to the big boss, Saturn. This is helpful for creating plans, strategies and productive conversations. To avoid confusion from Mars/Neptune, consider making the plan but not sending the email. If you do pull the trigger on contacting the person in charge, better come correct and be very direct. If our plans and motives are grounded, this transit is supportive and offers a practical counter-balance to the messy Mars/Neptune energy via some self-discipline and a much needed dose of skepticism. Utilize this power of focus to keep your goals in mind while on the rollercoaster.

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August 14th – August 20th:
Seven of Wands Reversed

Although not in the literal sense, the phrase “the sky is falling” prattles persistently as an intrusive thought while translating this channeled message; that said, more accurately the ground appears to be figuratively falling into the sky this week, as if someone grasped your carefully ordered life, turned it upside down, and gave it a good shake, while you make futile attempts to hold everything in its place.

We're temporarily held in a cradle of time between the New Moon Solar Eclipse just days ago and the Full Moon Lunar Eclipse next week, within which the actions of fate and destiny will likely seem to overshadow your own intentions and routines. The energies swirling around eclipse seasons sweep through to recalibrate us with our aligned purposes individually, only clearing what is not meant to move forward with us, while pulling in nouns and opportunities that would benefit our path; although upon occasion, most espe-

cially if you're one for maintaining status quo and prefer a sense of control, this period can feel uproarious and unhinged. Change is inevitable, resistance only extends the discomfort, and deviations during this portal always lead to better, even if you cannot yet see the finish line.

Let this week's card be your invitation to ease the reins and allow the Jenga tower blocks to fall where they may. Let the pieces settle, along with your emotions, without resisting the grief that comes with parting. Breathe and just observe the storm brewing around you. This will not be about putting the bits back in their pre-determined places, as you would after a minor earthquake, but rather perusing the debris and carefully selecting what you truly desire to pick back up, and how you want to build from here.

Bear in mind, for yourself and others you encounter, that emotions and frustrations are at a high, aggravated by actions and intentions failing to go along according to careful plan. If you look closely, you can see this forecast is not all gloomy doom. We cannot always regulate circumstances but we always have free will to choose how we react to what may be occurring around us. This window can offer silver linings, unexpected awareness, miraculous alignments, and insights that will serve us for years to come, if only we zoom out in our perspective and witness what is falling into place for us when we drop our resistances.

Breathe through the imagined battle and let it look different. ~Xo, Tiffany

Cards are drawn from the classic Rider Waite Smith tarot deck.

More goodies offered here: <https://linktr.ee/tiffanyfitzpatrick>

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WEEKLY HOROSCOPES

ARIES - Mar 21/Apr 20
Something you've been putting off deserves your attention. Don't wait for perfect timing. Make the decision, take the first step, and adjust as you go.
TAURUS - Apr 21/May 21
Your priorities may be changing, and that's not a bad thing. If your definition of success no longer fits, give yourself permission to rethink it.
GEMINI - May 22/Jun 21
A new idea could change how you approach an old problem. Listen before dismissing it. Someone outside your usual circle may have exactly the perspective you need.
CANCER - Jun 22/Jul 22
You've been trying to keep everyone comfortable. That's exhausting. Say what you actually need this week, even if it makes things a little uncomfortable.
LEO - Jul 23/Aug 23
You're coming out of a major reset. Don't feel pressured to have everything figured out yet. Pay attention to what you suddenly want—and what you no longer do.
VIRGO - Aug 24/Sept 22
You may finally see why something hasn't worked. Instead of fixing the same problem again, change the approach. Sometimes the answer is knowing when to stop.

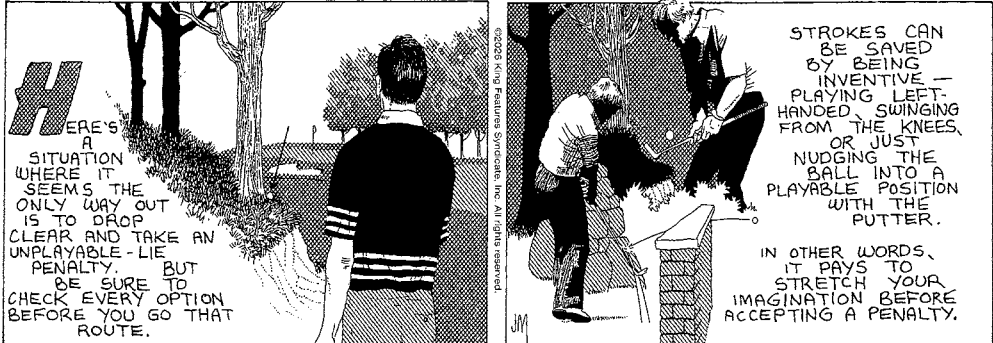
LIBRA - Sept 23/Oct 23
Your social life could take an interesting turn. An unexpected invitation or new connection may be worth accepting. Get out of your usual routine.
SCORPIO - Oct 24/Nov 22
Someone may notice your work before you expect them to. Don't undersell yourself when an opportunity appears. You have more leverage than you think.
SAGITTARIUS - Nov 23/Dec 21
You're ready for something different, but don't confuse escape with progress. Make a change that actually moves you toward the life you want.
CAPRICORN - Dec 22/Jan 20
A shared responsibility may need to be renegotiated. Be fair, but don't automatically take on the heavier load. Speak up before resentment builds.
AQUARIUS - Jan 21/Feb 18
A relationship or partnership may be entering a new phase. Don't cling to an old version of it. Give people—and yourself—room to change.
PISCES - Feb 19/Mar 20
Your schedule may be telling you something your mind isn't. If you're constantly exhausted, something needs to change. Protect your time before it disappears.

1	2	3		4	5	6	7		8	9	10	11
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48					49					50		
51					52					53		

CLUES ACROSS			CLUES DOWN		
1	Sheepish "Hello!"		1	Gust	
4	Out of control		2	Wine region	
8	Regretted		3	Envelope abbr.	
12	U.S. Navy vessel		4	Emphasize	
13	-- Crunch (breakfast cereal)		5	Tie the knot	
14	Singer Guthrie		6	Autobahn auto	
15	Mel of baseball		7	Skateboarder's protection	
16	Manitoba tribe		8	Indian yogurt dish	
17	The same		9	Language of Pakistan	
18	Cold-hardy salad veggie		10	Power co. supply	
21	Whatever amount		11	Stadium top	
22	Green shade		19	Diplomacy	
23	Kick out		20	-- -Mex cuisine	
26	Send electronically		23	Long, skinny fish	
27	Extinct bird		24	-- alai	
30	Sunrise direction		25	Proposal fig.	
31	Future flower		26	Gaiety	
32	Border on		27	CEO's degree, often	
33	Tipsy		28	Chic no more	
34	A Bobbsey twin		29	Chowed down	
35	Dish		31	Shopper's quest	
36	Cat's coat		32	Novelist Waugh	
37	Three, in Rome		34	Mother Teresa, for one	
38	Young person, metaphorically		35	Mass celebrant	
45	Mideast airline		36	Mailed a tax return	
46	Bern's river		37	Toss	
47	Actress Longoria		38	Beheld	
48	Lighten		39	Stage show	
49	Wall St. debuts		40	Grate	
50	Profit		41	Superhero's garment	
51	Times Sq. force		42	Vegas game	
52	Salamander		43	Always	
53	Hosp. areas		44	D.C. baseball team	

Answer on page 12

Play Better Golf with JACK NICKLAUS



YOUR GUESS IS AS GOOD AS OURS WEATHER FORECAST						
	Fri, Aug 14	Sat, Aug 15	Sun, Aug 16	Mon, Aug 17	Tues, Aug 18	Wed, Aug 19
North Isle	H-70° L-58° 10%	H-68° L-58° 5%	H-66° L-57° 10%	H-66° L-58° 10%	H-65° L-58° 10%	H-69° L-56° 10%
South Isle	H-70° L-59° 15%	H-69° L-60° 10%	H-67° L-59° 10%	H-66° L-59° 10%	H-66° L-59° 10%	H-69° L-58° 10%
						Thurs, Aug 20
						H-71° L-57° 0%



OUR

Community

An Upbeat Question of the week

By Helen Mosbrooker

What would surprise a first time volunteer to the Oak Harbor Music Festival?



Dianna Bodin,

Oak Harbor

A first-time volunteer at the Oak Harbor Music Festival may be surprised by the scale of the event, and by the warm welcome to the volunteers behind it. This free, three-day festival transforms downtown with multiple stages, diverse music, local vendors, and thousands of guests, yet it is powered by community volunteers. Despite the festival's size and energy, the volunteer experience feels organized and personal. At the volunteer open house, new and returning volunteers can meet one another and festival leaders, learn about the festival and their role, pick up a volunteer T-shirt, and get the first chance to purchase festival merchandise. During shifts, refreshments, and support help everyone feel appreciated. The biggest surprise may be the sense of connection: even a short shift can leave a volunteer feeling grateful to have helped create an event that brings neighbors, visitors, performers, and local businesses together through music.



Gary Fairfax,

Oak Harbor

Reflecting on my own first experience, volunteering for the festival, one might be surprised at the complexity of an event such as this.

People participate in events throughout their lifetimes but don't think about the moving parts that bring it together and make it happen.

It is a gratifying experience to be a part of a well oiled machine and to know that you play an important role in making such an event take place.

An event such as this doesn't just happen on its own. Think about it. How many musical festivals, bringing in this level of talent, offers it to the public for free. It can only happen with the participation of a multitude of volunteers who make the decision to be a part of such a phenomenal event.



Mary Elizabeth Hines,

Oak Harbor

A first-time volunteer with the OHMF will likely be surprised by the strong sense of camaraderie among everyone working together to get the weekend ready. From setup to welcoming guests, there is a shared focus on making the festival successful and enjoyable for the community. New volunteers may also be surprised by the easy-going nature of Larry and Cynthia Mason, who seem to move nonstop through the three days while warmly interacting with volunteers, musicians, vendors, and festival goers. The quality of the bands, the organized setup, and the welcoming atmosphere quickly show volunteers that the Oak Harbor Music Festival is a highly respected and well-loved community event.

Volunteers return year after year to support the event, including community organizations, local residents, and members of the military who help make the weekend run smoothly.



Debi Smith Staple,

Oak Harbor

I think what would surprise a first time volunteer at the Oak Harbor music festival is the community spirit, the love of music and commitment to working towards advancing the arts. The camaraderie among volunteers is heartwarming. I feel like I'm part of a community for the betterment of mankind.

If you would like to experience the joy of volunteering at the Oak Harbor Music Festival, email Cynthia Mason at: Info@oakharborfestival.com

Weekly

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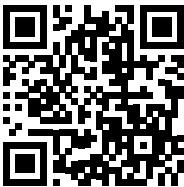
Answer on page 12

COMMUNITY BULLETIN BOARD

To place an ad, email classifieds@whidbeyweekly.com

SERVICE DIRECTORY

CONTACT US



Your AD HERE
\$12
For any sales or
business listings.
CASH OR TRADE

PUBLIC BOARD

BARN SALE

Barn Sale This Weekend and every weekend at Salmagundi Farms

19162 SR 20 3 miles South of the Coupeville overpass on Hwy 20
9am to 4pm

Vintage fishing gear, boating and marine items, vintage paper ephemera, Artworks, Vintage furniture and decor.

Something for everyone. Welcome Friends!

WE BUY SELL & TRADE VINTAGE AND ANTIQUE ITEMS

360-678-5888

NEED HELP?

Need a Hand?

I'm Happy to Help.

Got a project you've been meaning to finish? Cleaning out a room, organizing a space, or hauling a load to the dump? I offer friendly, reliable help with clean-outs, detailed cleaning, organizing, and junk removal and more!

Call or text Jacob: 360-499-9157

IN SEARCH OF

Collecting Old American Money
Retired Police Officer whose hobby is Collecting Old American Money
360-320-8544

Art, Antiques & Collectibles. Cash paid for quality items. Call or text 360-661-7298

Was your Dad or Gramps in Japan or Germany? I collect old 35 mm cameras and lenses. Oak Harbor. Call 970-823-0002

GARAGE SALE

MOVING SALE

August 14th

8 AM - 4 PM

August 15th

8 AM - 3 PM

Rolling Hills

948 Carl Ave

Oak Harbor, WA 98277

Household Goods, Kitchen Ware, Refrigerator, Cabelas Food Dehydrator, King Size Bed, Bed Frames, Stereo Cabinet, Floor Steamer & Vacuum, China Cabinets, End and Side Tables, 3 rail - White Vinyl Fencing, and TV's, Blackets and Quilts.

COMMUNITY SALE

COMMUNITY GARAGE SALE

Crockett Lake Estates
Wannamaker & Prairie View,

Coupeville WA

Aug.15, 9-4

Treasures to be found! Kids stuff, clothing, books, household goods, collectibles, furniture, jewelry, so much really great stuff! Some neighbors are moving, come see what all they have.

THE HEALERS FESTIVAL

The Healers Festival returns to Coupeville on Saturday, Aug. 22, 2026, from 10 a.m.–6 p.m. at the Coupeville Recreation Hall. Explore holistic wellness, meet local practitioners, shop artisan vendors, and enjoy inspiring workshops. Admission is free. Learn more and register at www.healersfestival.com.

WEEKLY MEETINGS

MEMORY CAFÉ Every 1st and 3rd Tues of the Month 12:30 - 2:00 p.m. at the First United Methodist Church 1050 SE Ireland Street Oak Harbor, WA. Join our bi-monthly gathering for people with memory loss and their family to enjoy a time of fun, conversation, music and laughing (and snacks). This is a dementia friendly setting. For information: 360-720-4535

SOUTH WHIDBEY NAR-ANON FAMILY GROUP meets every Monday at 6pm at the Langley Methodist Church, 301 Anthes in Langley. We meet in the Fireside Room, rear of church. Karol:360 914 7695.

Have a problem with drinking? It doesn't cost anything to attend **A.A. meetings**. Local Meetings are in Coupeville, Freeland, Langley, Clinton, and Oak Harbor. There are no age or education requirements to participate. Membership is open to anyone who wants to do something about their drinking problem. A.A.'s primary purpose is to help alcoholics to achieve sobriety. We're here to help. For local meetings search aa.org or call 888-360-1564

Have you ever been affected by someone else's drinking? **AlAnon** may be for you. **AL-ANON**: Tuesdays at 5:30-6:30 Oak Harbor Lutheran Church Library 1253 NW 2nd Ave. There is help and hope: Contact for more info: Rebecca 425-773-6937

Bothered by someone's drinking? **AlAnon** can help! Langley Family AlAnon Group, Wednesdays 9:30 AM to 10:30 AM, Langley Methodist Church, 301 Anthes Ave, Langley. Fireside room Information: (206) 898-2771.

Gamblers Anonymous Meeting. Every Tuesday at 6:30 p.m. at the Mount Vernon Senior Center. Mount Vernon Senior Center, 1401 Cleveland Ave, Mount Vernon Any questions, call Washington State Gamblers Anonymous hotline at 855-222-5542, or visit <https://gawashington.org/>

OVEREATERS ANONYMOUS Tuesdays 7 PM to 8 PM Langley United Methodist Church 301 Anthes Ave. Room 224 Langley, Washington 98260 For local meeting information and support call: Kevin 206-395-9622

Adult Children of Alcoholic and Dysfunctional Families meeting, Tuesdays 2-3 pm, Langley Methodist Church - 301 Anthes Ave, Langley - Fireside room. Contact: acawhidbey@gmail.com

WEEKLY MEETINGS

Memory Support and Connection
Join us for our Support Group Thursdays from 5:30-6:30 PM at 390 NE Midway Blvd B203 Oak Harbor, WA. Caregivers, family members, and loved ones are all welcome. We also offer a separate space for your loved one to be cared for and engaged during the group.

MONTHLY MEETING

Monthly Meeting for Mental Health
Hosted by NAMI for All Adult Individuals who have a family or friend suffering from depression, anxiety, bi-polar disorder, or other mental health conditions. Trinity Lutheran Church in Freeland, Lower Building Closest to the Highway 18341 WA-525, Freeland 3rd Wednesday of the Month 1:00 - 2:30 p.m. Email for more Information: karens@nami-sno-isle.org

RESOURCES

Family Resource Center
723 Camano Ave, Langley. 360-221-6808 ext 4321
School supplies, coats, warm clothing, resource connections. Mon-Wed 9 a.m. - 5 p.m. Thurs 9 a.m. - 12 noon, or by appt. readinesstolearn.org

Mother Mentors
360-321-1484
info@whidbeymothermentors.org
Carregiving mentoring and play support, mothermentors.org

I Support the Girls
360-678-2090 - isupportthegirls.org/affiliates/whidbey-island
Essential health and hygiene items for women and girls.

Island Senior Resources
360-321-1600
14594 SR 525, Langley
Multiple 50+ programs and services. Mon-Fri, 8:30 a.m. - 4:00 p.m. senior-resources.org

Pamoja Place pamojaplace.org
721 Camano Ave, Langley
Safe space for BIPOC people and allies to connect, collaborate, and celebrate.

Veterans Resource Center
360-331-2496
723 Camano Ave, Langley
Events, Support, and Benefits help
Monday 10 a.m. - 3:30 p.m.
Tues - Thurs 1:00 - 4:30 p.m.
Saturday by Appointment. whibeyvrc.org

Veterans Services
360-632-2496
105 NW 1st, Coupeville
Monday - Friday, 8:00 a.m. - 4:30 p.m.

MORE RESOURCES

Basic Food Benefits Community Services Office: 275 Pioneer Way #201, Oak Harbor 877-501-2233

Food Banks:
Gifts From the Heart
108 SW Terry Road
Monetary donations, they should be sent to:
PO Box 155, Coupeville 98239
Distribution on 2nd and 4th Wednesdays, 2-5 p.m.

Good Cheer:
2812 Grimm Rd., Langley 360-221-4868
Mon-Fri, 10 a.m.-4 p.m.

North Whidbey Help House: 1091 SE Hathaway St.
Oak Harbor 360-675-0681
Mon-Fri, 9 a.m.-4 p.m. (5 p.m. on Tues)
Closed 12-1 p.m. for lunch

Island Church of Whidbey Soup Kitchen: 503 Cascade Ave., Langley 360-221-0969
Tues & Thurs 11:30 a.m.-1 p.m.

SPIN Café: 1241 SW Barlow St., Oak Harbor
Daily, 6:30 a.m.-5:30 p.m.

St. Hubert's Catholic Church
Wednesday Soup Kitchen
All are Welcome!
11 a.m.-12:30 p.m.
804 3rd St., Langley 360-221-5303

Ask about our Thursday Dinner
HUB After School: 301 Anthes Ave., Langley 360-221-0969
Food and activities for middle and high school youth. Mon, Tues, Thurs, Friday 2-6 p.m., Wed 1-6 p.m.

Ryans House for Youth:
Food, fun, support, 19777 SR 20, Coupeville 360-331-4575
Drop-in center for adults ages 18-24; Daily 6 a.m.- 8:30 p.m., 35 SE Ely St., Oak Harbor 360-682-5098
Drop-in center for youth ages 12-21; Mon-Fri 11 a.m.-7 p.m.

Women, Infants & Children (WIC):
-Oak Harbor/North Whidbey: 1791 NE 1st Ave. Mon-Thurs 360-240-5554
Text: 360-544-2239

SHELTERS/HOUSING

CADA Emergency Shelter – Confidential crisis shelter for women and children fleeing domestic violence/sexual assault/ stalking. This is NOT a homeless shelter. Office: 360-675-7057
Crisis Line: 360-675-2232 Toll Free: 800-215-5669

Island County Housing Support – 105 NW 1st St., Coupeville 360-678-8284
For homeless or at risk of losing housing. Mon-Thurs, 9 a.m.-3 p.m.

Ryan's House for Youth – 19777 SR 20, Coupeville 360-331-4575
For at-risk adults ages 18-24

Whidbey Homeless Coalition – Serving Island County 360-900-3077

The Haven Overnight Shelter is a night-to-night shelter for up to 30 individuals. Must follow check in rules and must register daily between 4:00 and 4:30pm Mon. thru Fri. and 3:45 pm to 4:00 pm on Saturdays and Sundays at the SPIN Café, 1241 SW Barlow St., Oak Harbor.

House of Hope Emergency Housing, Langley, 360-708-4533. Transitional housing for families and adults at severe risk of homelessness; to apply, contact the Housing Support Center or call the number above.

Oxford Houses – Recovery housing oxfordhouse.org
-Men:360-246-4101
- Women & Children: 360-682-5773

CRISIS LINES

9-1-1: Call for threats to life, fire, accident or crime
-Non-emergency lines: Oak Harbor Police Department-360-279-4600
-Island Communications Dispatch (ICOM) - 360-679-9567
9-8-8: Suicide and crisis lifeline, free & confidential
- 741-741: 24/7 Crisis Text Line
-800-584-3578:
24/7 Northwest Washington Crisis Services
- 360-678-7880: Island County Behavioral Health
866-488-7386 Trevor Project: 24/7 support for LGBTQIA2S+

CLASSIFIED INFORMATION

US Postal Mail

Whidbey Weekly
Classified Department
PO Box 1098
Oak Harbor, WA 98277

E-Mail classifieds@whidbeyweekly.com
Telephone 360-682-8283

PLEASE CALL WHEN YOUR ITEMS HAVE SOLD.

Please try to limit your classified to 30 words or less, (amounts and phone numbers are counted as words) we will help edit if necessary. We charge \$12/week for Vehicles, Boats, Motorcycles, RVs, Real Estate Rental/Sales, Business Classifieds and any items selling \$1,000 and above. We do charge \$25 to include a photo. The FREE classified space is not for business use. No classified is accepted without phone number. We reserve the right to not publish classifieds that are in bad taste or of questionable content. All free classifieds will be published twice consecutively. If you would like your ad to be published more often, you must resubmit it. Deadline for all submissions is one week prior to issue date.

CryptoQuip

answer

When a particular
coniferous tree felt a
freaky prickly sensation,
that was pine-tingling.

How'd you do?

3	7	1	2	9	7	5	4	8	6
6	7	9	8	4	2	5	1	3	3
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No Cheating!

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D	U	E				K			A		A	B