

September 25, 2026 - October 1, 2026

absolutely **FREE**

Whidbey Weekly

Your Source For "What's Happening" On Whidbey Island
NEWS • BITS • WHATS GOING ON • PUZZLES
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COLUMNISTS • CLASSIFIEDS

Whidbey's OKTOBERFEST GREENBANK FARM 2026



OCTOBER 3 11am-7pm

with

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★ NOVEMBER 11TH ★

VETERANS DAY

Oak Harbor Tribute

Join our community as we come together to honor and thank the brave men and women who have served our country.

Free Admission - Everyone is Welcome.

★ GUEST SPEAKER ★

CAPT Nathan Gammache

Base Skipper

★ ★ ★

WEDNESDAY
NOVEMBER 11, 2026
11:00 AM - 12:00 PM

OAK HARBOR
HIGH SCHOOL

1 Wildcat Way,
Oak Harbor, WA

LIVE
MUSIC

CEREMONY
AT 11:00 AM

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The Oak Harbor Area Council, Navy League of the United States

In Partnership with the Oak Harbor Chamber of Commerce

END SUMMER
ON A
HIGH NOTE

NOT DRIVING
HIGH

NHTSA

DRIVE HIGH
GET A DUI

SATURDAY, 08/15/26

00:04:27, MARGARITA PL.
Request son be removed. Doesn't live here anymore and is not welcome. Reporting party left him in Mount Vernon. Subject somehow got into the home and is refusing to leave.

01:25:08, BLAZER CT.
Missing large white dog, a golden retriever. Male dog, name is Butters.

06:34:42, STATE ROUTE 20, QUINNS MARKET
Reporting party states a Lexus with dark tinted windows is running in the parking lot. Reporting party asked the store worker if someone was inside, and the store worker said yes, they were asleep.

09:58:17, CROSBY RD. & DAVID LN., IN THE AREA
Reporting party advises there is a derelict vehicle at the plot to Joseph Whidbey State Park. Advises it is owned by the county.

10:26:33, LATO DR.
Reporting party advises that a neighbor at that location is having a bonfire and refusing to put it out.

11:00:46, HARBOR SANDS LN.
Reporting party advises chickens are loose in her yard. They are not her chickens.

11:20:54, TOMBOLO DR. & VIEWPOINT DR.
Reporting party advises he hears a dog screaming out on the point. Unable to see the dog, can just hear it barking.

11:42:12, S. HARRINGTON LAGOON
Reporting party advises people are trespassing on the beach. A group of 12 people.

13:16:35, HAVEN PL.
Reporting party advises people at this address have a rooster and it is crowing early. Requests a follow-up call.

13:38:03, CLEARVIEW LN.
Reporting party cares for a dementia patient. Patient is very concerned there will be white supremacists in town in September. Reporting party wants a call from law enforcement to ease the dementia patient's mind.

16:00:54, DEER LAKE RD., CLINTON LIBRARY
Reporting party advises a vehicle has been parked at the location for three days. Only two hours of parking is allowed.

16:13:54, NW BROADWAY ST.
Reporting party advises there is a man revving his engine excessively. Reporting party states he has been doing it all day.

17:50:39, SHORE AVE.
Reporting party requests a call. Reporting party is looking to have a speed trailer installed on Shore Avenue for frequent speeding.

18:39:21, FORT NUGENT RD.
Reporting party advises, they will not give back her PS5.

20:51:23, BROKAW RD., HUNTINGTON GROCERY, EASTBOUND
Advises was driving by the store and a vehicle, possibly a white Ford F-150, was blaring its horn at reporting party for pulling out of an intersection.

22:15:16, NW COLBURN ST.
Thinks "something" is in her vents. "Doesn't know if it's a person or an animal."

******The above incident reports are provided by the Island County Sheriff's Office. The reports have not been altered or edited for content; names, street numbers, phone numbers, and other identifying information have been redacted for publication. Paid for by the Whidbey Weekly.

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BITS & PIECES

STAR MEAT DELIVERY INC. RECALLS RAW PORK, BEEF, AND GOAT PRODUCTS PRODUCED WITHOUT THE BENEFIT OF INSPECTION

Star Meat Delivery Inc., located in Lucama, N.C., is recalling approximately 167,639 pounds of raw pork, beef, and goat products that were produced without the benefit of federal inspection, bearing labels with a false USDA mark of inspection, the U.S. Department of Agriculture’s Food Safety and Inspection Service (FSIS) announced today. As more information becomes available, FSIS may update the product list and labels with additional items.

Any product bearing the false establishment number “EST. 1363” should be considered misbranded and unsafe to eat.

The raw pork, beef, and goat items were produced on various dates prior to September 22, 2026. The products were vacuum-sealed and packed into cardboard boxes for shipment; individual consumer packages may not bear this labeling, as retail stores may have applied their own stickers with pricing and safe handling instructions. The following products, distributed in bulk under the A&D Foods label, are subject to recall [view currently available labels]:

Various weight cardboard boxes containing individually vacuum-packed A&D Foods “GOAT CUT 1-1/2” 10.00 LBS”	Various weight cardboard boxes containing individually vacuum-packed A&D Foods “PORK FEET CUT 6 PCS 10.00 LBS”
Various weight cardboard boxes containing individually vacuum-packed A&D Foods “GOAT BURN SKIN ON CUT 1-1/2” 10.00 LBS”	Various weight cardboard boxes containing individually vacuum-packed A&D Foods “PORK RIB PIECES PREM 1” 10.00 LBS”
Various weight cardboard boxes containing individually vacuum-packed A&D Foods “SLICE RIBEYE 4oz 10.00 LBS”	Various weight cardboard boxes containing individually vacuum-packed A&D Foods “PORK BOSTON DICED 10.00 LBS”
Various weight cardboard boxes containing individually vacuum-packed A&D Foods “BEEF CHUCK THIN SLICED KBQ 4 MM 20.00 LBS”	Various weight cardboard boxes containing individually vacuum-packed A&D Foods “PORK BOSTON SLICE 1 INCH 20.00 LBS”
Various weight cardboard boxes containing individually vacuum-packed A&D Foods “BEEF OXTAIL CUT 10.00LBS”	Various weight cardboard boxes containing individually vacuum-packed A&D Foods “Menudo Mix 30.00 LBS”
Various weight cardboard boxes containing individually vacuum-packed A&D Foods “BEEF SHORT RIBS SLD 3/8” REGULAR 10.00 LBS”	Various weight cardboard boxes containing individually vacuum-packed A&D Foods “PORK BOSTON THIN SLICED 3.5MM 20.00 LBS”
Various weight cardboard boxes containing individually vacuum-packed A&D Foods “SHANKS BONE IN CUT 1.5 10.00 LBS”	Various weight cardboard boxes containing individually vacuum-packed A&D Foods “PORK HOCK SLICED 10.00 LBS”
Various weight cardboard boxes containing individually vacuum-packed A&D Foods “PORK GROUND 10.00LBS”	Various weight cardboard boxes containing individually vacuum-packed A&D Foods Beef Ribs 4Bone 2” C. Cut P/Caldo
Various weight cardboard boxes containing individually vacuum-packed A&D Foods “PORK CHORIZO 10.00 LBS”	Various weight cardboard boxes containing individually vacuum-packed A&D Foods Beef Short Rib Thin Sliced
Various weight cardboard boxes containing individually vacuum-packed A&D Foods “PORK CHOP B/I 10.00 LBS”	Various weight cardboard boxes containing individually vacuum-packed A&D Foods Pork Boston Butt Sliced 4MM
Various weight cardboard boxes containing individually vacuum-packed A&D Foods “PORK FEET CUT 8 PCS 10.00 LBS”	Various weight cardboard boxes containing individually vacuum-packed A&D Foods Beef Short Ribs SLD 3/8” Premium C. Cut
	Various weight cardboard boxes containing individually vacuum-packed A&D Foods Beef Feet Cut

The recalled products bear a false USDA inspection mark with establishment number “EST. 1363,” which does not have a federal grant of inspection. The products were shipped to A&D Foods, a Georgia distributor, for further distribution to retail and restaurant locations nationwide. The issue was discovered during routine FSIS surveillance activities. No confirmed illnesses or injuries have been reported.

Consumers, restaurants and retailers are urged not to consume, sell or serve the recalled products. Food produced without federal inspection may contain undeclared allergens, harmful bacteria or other contaminants. Consumers should throw the products away or return them to the place of purchase. FSIS is concerned that some of the products may still be in refrigerators or freezers.

Questions about the recall can be directed to Jennifer Joyner, Media Office Manager for Star Meat Delivery Inc., at 252-239-0610 or starmeatdelivery@gmail.com. Food safety questions can be directed to the USDA Meat and Poultry Hotline at 888-674-6854 or MPH hotline@usda.gov. Consumers can also

Rob Schouten Gallery presents Alfred Currier - new paintings

October 1 - November 2
Opening Reception
Saturday, October 3 from 5 to 7 pm
During Langley’s First Saturday Art Walk



Alfred Currier paints vibrant landscapes in oil impasto from his studio in Anacortes. Plein air painting provides the foundation and inspiration for most of his works. He often portrays the migrant workers in the fields of the Skagit Valley as part of his motif.

Currier states:

“For me, art has been an obsession as well as a passion. Passion would be for the love of it. Obsession means you have no choice. My work takes on two different faces, plein air and impasto. The plein air aspect keeps my technical painting skills freshly honed giving me the tools in my tool box. Impasto studio painting, on the other hand, is my more creative side as it allows me to explore texture and color from imagination. My impasto oils have afforded me my own voice in this world of art. Plein air is controlled by the subject in front of me while my impasto is controlled by the muse with-in.”

Currier has traveled widely, painting on location in Greece, France, Italy, Holland, Argentina, Mexico, Hawaii, Alaska, as well as the continental United States.

View the Exhibition online at:

<https://www.robschoutengallery.com/alfred-currier>

Rob Schouten Gallery, a premier showcase for Whidbey Island and Northwest artists, is located at 101 Anthes Avenue, Langley WA at the corner of First and Anthes.

October Gallery Hours: Open Mon, Wed, Thu, Fri, Sat, Sun. 11 - 5.

For further information, call 360.222.3070 or email info@robschoutengallery.com

OCTOBER 2026 at the WHIDBEY ART GALLERY MEMBER SHOW for October “The Crow Show”

October brings the return of The Crow Show, one of the Whidbey Art Gallery’s most popular annual traditions. Throughout the month, the gallery’s 38 member artists celebrate the intelligence, mystery and unmistakable personality of crows and ravens through paintings, sculpture, jewelry, mixed media and more. Each artist brings a unique perspective to these iconic birds, creating a wonderfully varied collection of original work. Join us during Langley’s First Saturday Art Walk—or stop in anytime in October—to experience a little covid-inspired creativity and autumn magic on Whidbey Island.

FEATURED ARTISTS for October

2D artist “Pat Brookes”

In her paintings, Pat Brookes draws inspiration from the textures, patterns, and visual memories of the past. Through experimentation and reworking, she brings familiar objects into fresh compositions where color, shape, and imagined surroundings come together- transforming the everyday into something both personal and unexpected.

3D artist “Jon Lyman”

Jon Lyman uses silver to create in the “animalistic tradition” from the 19th century. He fashions sterling materials to tell stories through his bamboo fly rods as well as in the small creatures he creates. Using spoons, rings, charms and raw silver his work is, as one of the other Whidbey

Art Gallery artists asserts, “Wonderfully strange.” “I begin each day with two or more hours in my studio,” Jon explains, “that creative time is often the finest part of my day!” Even so, after 54 years, Jon and his wife, Lesley, find Whidbey Island to be “paradise”.

ART WALK

This month’s art walk is Saturday, October 3, from 5-7pm. Meet our artists and explore the stories behind their work while enjoying a glass of wine and some chocolates.

ART WALK DEMO for October

Photographer Ineke de Lange states, “I take flowers (most of them I’ve grown in my garden) and arrange them in containers with water. I gradually add water until they are covered and completely frozen in the block of ice. I remove the block of ice from the container and photograph them with a macro lens under natural light. The results are unpredictable and usually a surprise.”

The Whidbey Art Gallery is open from 11am to 4pm, Daily

220 2nd Street Suite #102, Langley, WA 98260

360-221-7675

www.whidbeyartists.com

WAG@whidbey.com

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What's Going On!

WINGS OVER WHIDBEY BIRD FESTIVAL
Friday, Sept. 25-Saturday, Sept. 26
Camp Casey and locations throughout Central Whidbey

Whidbey Audubon Society's annual Wings Over Whidbey Bird Festival returns with two days of birding, education and community activities. Free guided field trips visit Deer Lagoon Preserve, Deception Pass, Fort Ebey and Fort Casey state parks, Camp Casey and other locations. Saturday's festival at Camp Casey features speakers, a live raptor presentation, bird specimen collection, local vendors, food trucks and nonprofit booths. A separate Friday evening dinner and presentation by Paul Bannick will be held at the Nordic Lodge in Coupeville. Field trips are free, but space is limited and advance registration is recommended. For the complete schedule and registration, visit whidbeyaudubonsociety.org.

STATE PARKS FREE DAY: NATIONAL PUBLIC LANDS DAY
Saturday, Sept. 26, 8 a.m.-5 p.m.
Washington State Parks, including Whidbey Island locations

Celebrate National Public Lands Day with free day-use parking at Washington state parks, including Deception Pass, Fort Casey and Fort Ebey state parks on Whidbey Island. A Discover Pass is not required for day-use parking on this designated free day. Enjoy hiking, beaches, scenic viewpoints and other outdoor recreation throughout the island's state parks.

BULL KELP: OUR REMARKABLE UNDERWATER FORESTS
Saturday, Sept. 26, 10 a.m.-5 p.m.
Sunday, Sept. 27, 10 a.m.-4 p.m.
Coupeville Library, 788 NW Alexander St., Coupeville

Explore the underwater world of the Salish Sea in this family-friendly traveling exhibit from the Port Townsend Marine Science Center. Step into a 3D bull kelp forest filled with marine creatures, illustrated displays, video and sound while learning about the importance of kelp forests and how to help protect them. Knowledgeable volunteers will be available throughout this all-ages, drop-in program.

EMERGENCY PREPAREDNESS FAIR
Saturday, Sept. 26, 10 a.m.-2 p.m.
855 E. Whidbey Ave., Oak Harbor

Learn how to prepare for emergencies and reduce the risks associated with disasters. The Emergency Preparedness Fair features information booths, guest speakers, disaster planning resources, advice, prizes, first responders and community organizations. Attendees can learn how to stay informed, make an emergency plan and build a preparedness kit. Fun for all ages.

LET'S MAKE A SCARECROW!
Wednesday, Sept. 30, 2:30-4:30 p.m.
Coupeville Library, 788 NW Alexander St., Coupeville

Get crafty and help the Coupeville Library create a spooky scarecrow for the annual Haunting of Coupeville. Participants will work together to design a scarecrow inspired by this year's theme, "Season of the Witch," to be displayed outside the library throughout the festivities.

INVERTEBRATES IN THE SALISH SEA
Thursday, Oct. 1, 3-4 p.m.
Coupeville Library, 788 NW Alexander St., Coupeville

Explore the fascinating lives of invertebrates found throughout the Salish Sea, including their biology, behaviors and life histories. Dr. Brian Bingham, director of Marine and Coastal Science at Western Washington University, will share his expertise in marine invertebrate ecology. The program is part of Sno-Isle Reads Together, celebrating the 2026 selection, "Remarkably Bright Creatures" by Shelby Van Pelt.

DEAF/HARD-OF-HEARING SOCIAL
Friday, Oct. 2, 5:30 p.m.
Langley United Methodist Church, Fireside Room, 301 Anthes Ave.

We have a lovely evening of community, conversation and learning. We start our evening with a friendly lesson on American Sign Language, holiday signs, numbers and learning how to read each others hands. We have a

surprise celebration if someone has birthday. All are welcomed. Free parking across the street in church parking lot. Watch for poster in the back part of church. For info connect with Susan at (831)334-6257.

SHRED-IT FUNDRAISER
Saturday, October 3, 10 a.m.-2 p.m.
Whidbey Island Bank, 5590 S. Harbor Ave., Freeland

Securely dispose of personal and financial records at this Shred-It fundraiser benefiting Soroptimist International of South Whidbey Scholarship Programs. Paper only; staples are okay. Suggested donations are \$5 per shopping bag, \$10 per banker box or \$15 per oversized box or bag. A licensed and bonded shredding company will provide the service.

DÍA DE FIESTA HISPANIC HERITAGE FESTIVAL
Friday, Oct. 2-Saturday, Oct. 3, 11 a.m.-6 p.m.
Downtown Oak Harbor

Celebrate Hispanic and Latin culture during a free, two-day community festival in downtown Oak Harbor. Día de Fiesta features mariachi performances, traditional dancing, live music and entertainment, local vendors and artisans, authentic Latin cuisine and family-friendly activities. The festival brings together neighbors, families and friends to celebrate the cultures and traditions of the Hispanic and Latin community. For more information, visit diadefiestawa.com.

SARATOGA ORCHESTRA OKTOBERFEST
Saturday, Oct. 3, 11 a.m.-7 p.m.
Greenbank Farm, Wonn Road, Greenbank

Celebrate Oktoberfest with Saratoga Orchestra at this 21-and-older event featuring traditional music, food, beer and cider. Entertainment includes The Oompah-sters, Puget Sound Alphorn Society and Eileen and Rick Webber, plus contests, games and the return of the wiener dog races. Dirndls and lederhosen are encouraged. Proceeds benefit Saratoga Orchestra's education and enrichment programs. Tickets are \$20 in advance or \$25 at the door. For tickets and information, visit sowhidbey.com or call (360) 929-3045.

LANGLEY FIRST SATURDAY ART WALK
Saturday, Oct. 3, 5-7 p.m.
Downtown Langley

Explore Langley's galleries during the monthly First Saturday Art Walk. Galleries stay open late, giving visitors an opportunity to stroll through town, meet artists and discover new exhibitions and installations. Participating locations include Artworks Gallery, Lasher Gallery at WICA, Museo Gallery, Rob Schouten Gallery and Whidbey Art Gallery.

GENTLE CHAIR YOGA
Sunday, Oct. 4, 2-3 p.m.
Coupeville Library, 788 NW Alexander St., Coupeville

Enjoy a gentle chair yoga class designed for all fitness levels, including those recovering from injury, managing chronic pain or seeking to improve flexibility, mobility and balance. No prior yoga experience is required. The class will be led by local yoga instructor Maria McGee, owner of Lotus Tea Bar and Studio.

DANCE: CAN EXERCISE BE SELF-EXPRESSION?
Tuesday, Oct. 6, 3-4 p.m.
Coupeville Library, 788 NW Alexander St., Coupeville

Explore movement as both exercise and creative expression in this all-levels dance workshop. Using familiar exercise movements and varying musical tempos, participants will work on strength, stability and endurance while exploring rhythm, connection and self-expression. All fitness and mobility levels are welcome. Presented by SilverKite teaching artist Susan Wickett-Ford.

CRAFT SUPPLY SWAP
Friday, Oct. 9, 3-4:30 p.m.
Langley Library, 104 Second St., Langley

Give unused arts and crafts supplies a new home at the Langley Library's Craft Supply Swap. Bring excess materials to trade for something new to you while helping make creative hobbies more affordable and sustainable.

PRACTICALLY MAGIC HALLOWEEND
Thursday, Oct. 22-Saturday, Oct. 24, doors open 6 p.m., movie 8 p.m.
Coupeville Recreation Hall,
901 NW Alexander St., Coupeville

Celebrate "Practical Magic" in the town where the 1998 film was brought to life with three nights of screenings at the Coupeville Recreation Hall. Costumes are encouraged, with margaritas, beer and wine available for purchase. Movie nights are for ages 21 and older and valid ID is required. The celebration is part of a weekend of witchy festivities throughout Coupeville, including an October-long scavenger hunt, brew garden and Saturday's Torchlight Parade and Street Dance. For tickets and information, visit practicallymagichalloweekend.com.

TORCHLIGHT PARADE & STREET DANCE
Saturday, Oct. 24, 5:30-7 p.m.
Historic Downtown Coupeville

Celebrate Halloween with a torchlight parade through historic Coupeville followed by a street dance at the Coupeville Wharf. Costumed participants can line up at Cook's Corner Park at 5 p.m. before the parade begins at 5:30 p.m., with local businesses and organizations handing out candy along the route. DJ Moose will keep the celebration going with a street dance until 7 p.m. An Ales and Apothecary Brew Garden will also be open from 2-6 p.m. at Front and Cleveland streets. The event is free and family-friendly.

REGENCY HALLOWEEN TRICK-OR-TREAT
Friday, Oct. 30, 3-5 p.m.
Regency Coupeville, 311 NE Third St., Coupeville
Regency on Whidbey,
1040 SW Kimball Drive, Oak Harbor

Regency invites families to celebrate Halloween with trick-or-treating at its Coupeville and Oak Harbor locations. Bring the kids for treats and music by DJ Moose Moran. For more information, call (360) 279-0933.

SPOOKTACULAR LANGLEY
Saturday, Oct. 31, 2:30-5 p.m.
Downtown Langley

Celebrate Halloween with an afternoon of family-friendly trick-or-treating throughout downtown Langley. Local merchants will welcome costumed children and families with treats from 2:30-5 p.m. Visitors can also keep an eye out for the many whimsical crows displayed around town, created by local artists Scott Alexander and Mike McVay.

HALLOWEEN TRUNK & TREAT: FREELAND
Saturday, Oct. 31, 3-6 p.m.
Downtown Freeland, Harbor Avenue, Main Street and Scott Road, Freeland

Celebrate Halloween with the Freeland Chamber of Commerce's annual Trunk & Treat. Local businesses transform decorated vehicles into trick-or-treating stops, creating a safe, family-friendly afternoon for costumed kids and their families. Enjoy candy, entertainment for all ages and other Halloween surprises throughout downtown Freeland. For more information, visit freelandchamber.org.

NO TRICKS SAFE TREATS
Saturday, Oct. 31, 3:30-6:30 p.m.
Historic Downtown Oak Harbor, SE Pioneer Way, Oak Harbor

Celebrate Halloween with free, family-friendly trick-or-treating throughout historic downtown Oak Harbor. Downtown merchants and local businesses will hand out candy along Pioneer Way, with music, face painting, costume contests, dancing and more. Pioneer Way will be closed during the event to create a safe space for families to enjoy the festivities. For more information, visit oakharbormainstreet.org.

OAK HARBOR VETERANS DAY PARADE
Wednesday, Nov. 11, 2-3 p.m.
SE Pioneer Way, Midway Boulevard to Ely Street, Oak Harbor

Honor veterans and the military community at Oak Harbor's annual Veterans Day Parade. Veterans, marching bands, community groups, floats and other participants will travel along Pioneer Way in a community tribute to those who have served. The parade begins at 2 p.m. and will take place rain or shine. For more information, visit oakharbormainstreet.org.

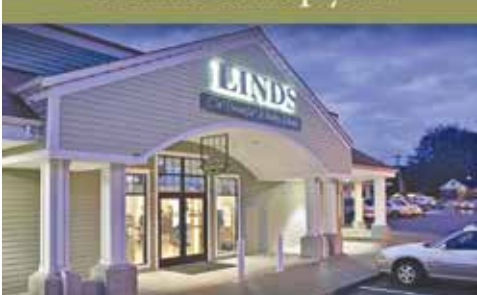
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BRING OUT THE BEST

* Are you app happy? *

The Whidbey Wordsmith / JoAnn Hellmann, JOC (USNR, ret.)

Are you app happy? Research shows fewer folks are these days. It seems more and more people have developed app-athy due to the increase in app-only services, complex interfaces, and a general desire to reduce digital clutter. And it's not just seniors, either. Older Millennials and Gen X users are increasingly frustrated by the removal of browser-based alternatives, citing inconvenience, excessive data emissions and the annoyance of managing numerous apps for basic tasks.

Island Senior Resources reported last year that nearly 1 in 3 Island County residents are age 65 or older, so my focus here will be with my cohort of which I can well relate. We often struggle with small text, complex menus, and the fear of making costly mistakes, leading many us to prefer traditional methods such as phone calls or in-person interactions. Beyond that, I doubt more than a few of us get irked when checking for sales to see some advertised as "App exclusive!" I'm sure many of you can relate to comments like the following I ran across online:

"I miss the days when you could simply exist without every company trying to turn your life into data. Technology should simplify things, not add five extra steps. Sometimes, simple is better."

"A society that forces older folks to use a smartphone in order to access basic rights is not a modern improved society; it is a society that has decided to cast aside its elders. Most everything has become an app, a code, a portal. This is not innovation. It is exclusion. Technology should serve people, not manipulate to determine who is entitled to dignity, discounts, privileges etc."

"Older people shouldn't have to go through hoops to save a buck. Everyone should get the sale price."

"We see it happening everywhere now: restaurants with only QR code menus, totally cashless stores, and parking lots demanding you download yet another confusing app just to leave your car for ten minutes. Progress is wonderful, but not when it discriminates against those who don't want to live their entire lives through a screen. Let's bring back basic, straightforward options that work for everyone."

Sure apps provide benefits for users like convenience and personalization. And big benefits for businesses like persistent advertising and deep date collection like tracking user habits, preferences, and even GPS locations. But mobile apps often require users to provide sensitive personal information that can expose devices to intrusive ads and malware. If an app is not designed with strong security features, it can be vulnerable to cyberattacks or data breaches. Plus, unlike websites, apps require manual downloads and frequent updates to maintain basic functionality.

To bypass the digital bloat, keep in mind most companies build mobile websites that do the exact same thing as their apps, without requiring a download. Open your mobile browser (Safari or Chrome), go to the service's website, and select "Add to Home Screen." It acts like an app icon but runs entirely through your browser. Bookmark services for airlines, retail stores, and streaming services instead of downloading their dedicated software.

When you absolutely cannot avoid using an app, you can heavily restrict what it can do. Use a secondary, junk email address specifically for signing up for mandatory parking or restaurant systems. Next, deny notification permissions immediately upon download so the app cannot interrupt your day. And set location access to "Never" or "Only While Using" so companies cannot track your physical movements.

The app economy will continue to grow. But there is a growing awareness that accessibility matters. Designing systems that work for people of different ages, abilities and technology experience levels is becoming increasingly important. For many older adults, the ability to make a simple phone call can still be the easiest and most reliable way to get things done. And sometimes, the simplest solution is the one that helps the most people. Sure, apps make life more convenient but they also makes for less human connection. Many of us prefer more of the latter.



A Word With Our Publisher

My mom called me a little distressed on Tuesday. She'd received what looked like a voter registration pamphlet at her home address, sent from a P.O. box in Texas and addressed to her common name, Ligaya. She asked that I inform our public out of concern for those who may consider this type of questionable mail to be official.

Here's that, as well as her bread recipe, which has helped us in times of stressful finances. It's very forgiving, even for the non-baker.

VOTER SAFETY NOTICE

Verify Questionable Election Mail Before Responding

With the Nov. 3 General Election approaching, Island County voters are encouraged to use official election sources when registering to vote, updating voter information or responding to election-related mail.

If you receive a voter registration form or other election-related mailing that appears questionable, contains incorrect information or comes from an unfamiliar organization, contact Island County Elections directly before responding or providing personal information. Do not rely on a phone number, website, QR code or return address contained in a questionable mailing.

Register or Check Your Registration

Washington voters can register, update their information and check their voter registration at [VoteWA.gov](#).

Prefer a paper form? Voter registration forms are available at public libraries and the Island County Elections Office. Forms can also be downloaded and printed from the Washington Secretary of State's website at [sos.wa.gov/elections](#).

For registration help or questions, visit or contact:

Island County Elections Office

400 N. Main St., Coupeville

360-678-8290

elections@islandcountywa.gov

Monday-Friday, 8 a.m.-4:30 p.m.

For the Nov. 3 General Election, online and mailed voter registrations and updates must be received by Oct. 26. Voters may register or update their information in person through 8 p.m. on Election Day.

Ballots and Voting

Washington is a vote-by-mail state. Registered voters automatically receive a ballot. Ballots for the Nov. 3 General Election will be mailed by Oct. 16. If your ballot does not arrive as expected, contact Island County Elections or visit [VoteWA.gov](#).

Voters who need in-person assistance, a replacement ballot or accessible voting services may visit the Island County Elections Office in Coupeville.

Completed ballots may be placed in an official ballot drop box by 8 p.m. Tuesday, Nov. 3. Official drop boxes are available throughout Island County, with current locations listed at [VoteWA.gov](#).

Mailed ballots must be postmarked by Election Day. USPS recommends mailing ballots at least seven days before Nov. 3 to help ensure a timely postmark.

When in doubt, verify first. If you receive questionable mail regarding your voter registration or ballot, call Island County Elections directly at 360-678-8290.

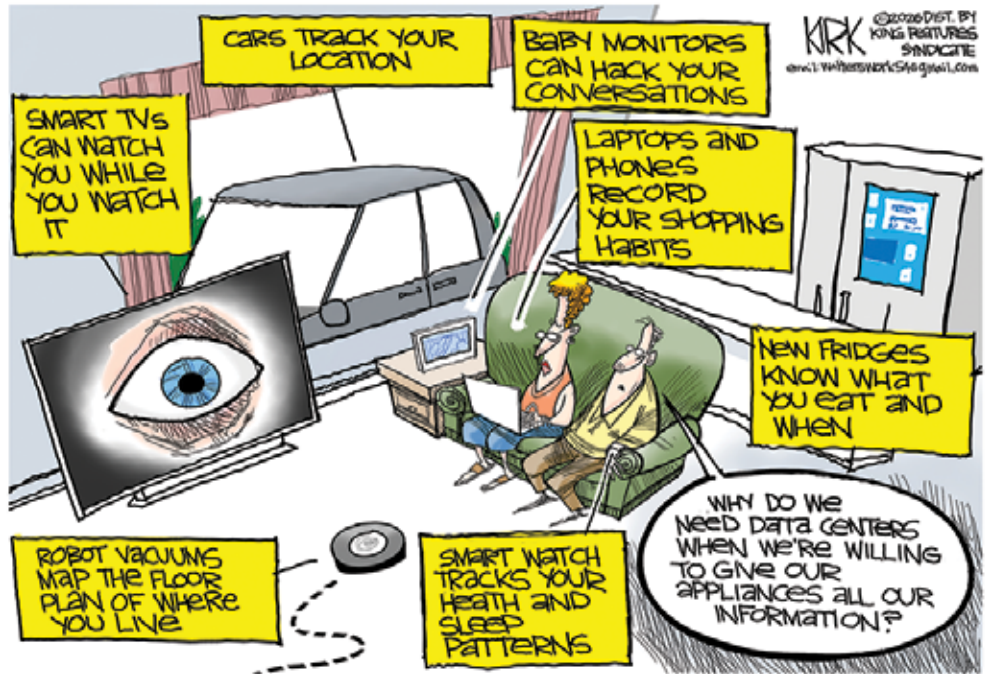
Lola's Bread

Ingredients

- 4 cups flour
- 1 tablespoon salt
- 1 tablespoon sugar
- 1 tablespoon yeast
- 2 cups lukewarm water (110–115°F), with enough used to bloom the yeast

Directions

1. Use enough of the lukewarm water to bloom the yeast. Mix with the remaining ingredients and water in a large bowl until fully incorporated and the dough forms a ball.
2. Cover and let rise for about 2 hours, or until doubled in size.
3. Punch the dough down and work it a little with your hands. Transfer to a loaf pan, cover, and let rise for another 35 minutes.
4. Bake at 350°F for 35 minutes.



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Friday, September 25
WESCO Football – Oak Harbor @ Mt. Vernon - 7 p.m. kickoff

Tuesday, September 29
NWC Girls' Soccer – Ferndale @ Oak Harbor - 7 p.m. kickoff

Wednesday, September 30
NWC Volleyball – Sedro-Woolley @ Oak Harbor - 7 p.m. first
serve

Thursday, October 1
NWC Girls' Soccer – Oak Harbor @ Sedro-Woolley - 7 p.m.
kickoff

Friday, October 2
WESCO Football – Stanwood @ Oak Harbor - 7 p.m. kickoff

Audiocasts start 90 minutes prior to start for football,
one hour prior to start for all other sports in fall.

<https://www.soundsportsnet.com/>

ON HAVING ENOUGH



by Charles LaFond
Island Fundraiser, Potter, Author, and Essayist

Two decades ago, I had a farm in New Hampshire. It was my dream home, with soft rolling hills that descended to the Blackwater River. A huge pond with a massive rock in the center sat right next to a glass studio I'd turned into a pottery studio. The house was one of those big New England 1820s big-house-back-house-little-house-barn things, which stretched along and away from the road in that New England-clad elegance of slight decay. The pine boards in the floor were 15 inches wide. And set in every mullioned window in the front of the house was an electric candle, so that at night, when one walked by the house, it looked like something out of Colonial Williamsburg.

Towards the end of the summer and the beginning of fall, a friend visited the farm. We went to see the bee hives, then the flower gardens. I had so much physical energy in those days.

Then we toured the orchard. And finally, we ended up at the garden. It had that early fall, exhausted-but-vibrant look. My guest bent down, picked a large zucchini from under a leafy plant, and separated it from its stem, saying how much she loved making zucchini bread. I just didn't pick up on the hint, and we moved on when I could so easily have given her the zucchini. But it was very late summer, and I thought it might be the last one of the garden. I sort of wanted to keep it for myself for dinner and maybe my own zucchini bread recipe. As she drove home and I prepped the zucchini in my kitchen, I felt guilty for not being generous. I saw the garden and that last zucchini in scarcity, not abundance. And of course, a late-summer zucchini is monstrously large, so I could have just cut it in half and given her half. As I held the zucchini, I was reminded of the Tolkien character Sméagol, who clutches the ring, hissing, "Myyyyyy preciousssssssss."

The next day, I wandered out to the garden with my cup of hot coffee and pondered my mistake. Why had I withheld the zucchini? Why could I not have shared it? Why was

I living in such scarcity when there was so much abundance all around me? Why had I infected the friendship with scarcity – the land even? The garden seemed to be disappointed in me.

I tried to shake off my guilt and shame by tossing the ball for my dog Kai, a gorgeous English black lab with an oily coat and a permanent smile, with eyes that just wanted to please everyone around him. I tossed the ball, but it landed in the zucchini patch, almost as if the garden was attracting the ball to shame me, like a memo from Mother Earth. While rooting around under those big leaves to find my dog's ball, there were four other zucchinis under those big leaves.

The dangerous thing about living on an island like this, with such a radical disparity between the wealthy and the working classes, is that scarcity and abundance are somewhat underlined.

Every day, I begin the day with meditation, and I always use the same mantra. On the in breath, I think or say, "I have enough." As I hold the breath for the second 7 seconds, I think or say, "I've done enough." And in the last 7 seconds of the exhale, I think or say to myself, "I am enough."

After a half hour of that, I'm less dangerous to the world and to myself.

For YouTube videos, go to
**Charles LaFond@
CharlesDLaFond**
where these essays will soon
become short films.



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2026

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THE TRUE BARRIERS!

The mighty Skagit River over the years has meticulously carved out an incredibly beautiful, deep gorge on its way to its final destination, the Puget Sound. The Skagit River is home to numerous resident and migratory fish. Chinook, Coho, Sockeye, Chum, and Pink Salmon; Steelhead, Rainbow Trout, Coastal Cutthroat Trout, Bull Trout, Dolly Varden Trout, and Mountain Whitefish. All of these fish once traveled throughout the 137 miles of river free of any man made obstructions.

The 1855 Treaty agreements with the Washington State Tribes allowed for Seattle City Light to begin their vision to generate electricity. In 1919 Seattle City Light (SCL) began its efforts to provide power to the City of Seattle and its surrounding cities by completing three Hydroelectric Dams. After geographical locations, topical mapping studies, and fish navigation/migration were all taken into consideration and discussed; Seattle City Light was the primary deciding factor where the Dam’s would be located. The Dam’s would be placed in areas where fish could not reach due to natural barriers like large waterfalls and large gatherings of boulders.



The Gorge Dam Power House on the upper Skagit River.

In 1924 tribal members were recognized as full co-managers of the Skagit River including the Hydroelectric projects and their effects on the fish that occupy the river system. As tribal power increased over the years especially during the 1970’s and 80’s, tribal influence and decision-making power culminated in the 1974 landmark case (United States vs. Washington 1974) where the “Judge Boldt Decision” gave the co-managers the increased ability to fish the river at will, and widen fish retention numbers.

Seattle City Light is required to secure a permit to operate and maintain the hydroelectric Dams. In the recent 2026 pursuit of permit renewal with co-managers, Seattle City Light has committed just under 1 million dollars to create and provide a way that would allow salmon and other indigenous fishes to traverse the Dams. One consideration is based on the very successful aquatic elevator/floating capture program that has been in place at the Baker River Dam since the early 2000’s. At this facility both returning adult Sockeye and river bound juvenile sockeye salmon are captured then transported to and from Baker Lake and designated spawning areas that ensure the future of the Skagit River/Baker River sockeye run. Last year a record setting 92,000 adult fish returned to the project site, not including the fish taken by tribal and recreational fishermen.

These colossal Dam structures made of concrete and steel provide clean, sustainable, and manageable energy to thousands of families and businesses. In addition, they allow for reservoir water storage in years of low rainfall and drought conditions. However, the controversy surrounding the three Dam’s is they are fish passage barriers, and the potential cause of loss of river navigation for migrating fish and their life-cycle completion. This has been an extremely big issue for Seattle City Light and the three primary Skagit River Tribes; Upper Skagit River Tribe, the Swinomish Tribe, and the Sauk-Suiattle Indian Tribe who hold co-manager status over its fisheries to agree on.

I believe the co-managers’ biggest point of interest is that salmon and other migrating fish must get to their traditional spawning grounds, and every effort shall be made to make this happen. The ultimate goal is to let fish reach any

and all of the areas that they would do naturally without hindrance, obstacles or hurdles.

Here is the turning point and where I believe the most serious, and restrictive fish passage barriers are continually overlooked. “Non-selective gill-nets” in the river are the primary problem that arises year after year that no one wants to honestly and logically address. The real barriers to salmon, steelhead and other Skagit River fish are not made of concrete and steel. They are made of Nylon Polyamide Mesh, Polypropylene Rope, and polystyrene floats. And when combined are called “gill-nets.”



Non-selective gill-nets like this one used in rivers will capture and kill all species of fish migrating up river.

The Skagit River Tribal Netting and Reporting Designator and Sequential Management Zones are known as Area-78. Within Area-78 these are the Primary Netting Locations and Zones:

- **Skagit River Area-78C:** (LOWER) The lower tidal and estuary portion near the river mouth, extending up to the Memorial Highway Bridge in Mount Vernon.
- **Skagit River Area-78D-2:** (MIDDLE, mainstream) stretches upstream from Mount Vernon Memorial Highway Bridge to Gilligan Creek.
- **Skagit River Area-78D-3:** (UPPER) which spans further up-river from Gilligan Creek to the Hamilton boat launch.
- **Confluence Zones:** These are localized areas near river forks and major tributaries, such as the immediate area from the Hamilton boat launch to the shore/confluence of the Baker River.

These designated Area-78 netting locations have been established but netting areas are subject to change based on management concerns, returning fish number predictions, and timing of returning fish-runs. Under current guidelines there is “NO SINGLE FIXED MAXIMUM” number of gill-nets that can be in use at one time in the Skagit River! From the mouth of the Skagit River to the Gorge Dam Power House is approximately 94 (river) miles. Imagine every mile potentially being gill-netted all at once. The raw truth is..... What are the true barriers to every species of migrating/spawning fish?

Years past treaty and judicial decisions have been granted and awarded to the three primary co-manager tribes to catch salmon to continue native heritage traditions, ceremonial practices, and food for family subsistence. Non-tribal agencies and partners have kept true to those decisions for many, many, years. However, nobody in this state wants to acknowledge the increase in technology; the precision effectiveness of modern gill-netting techniques; and the non-selective results of their use.

After years of repeated scientific reports of poor ocean conditions and relentless saltwater commercial netting; for the fish that do manage to make it back to the Skagit River will encounter and must navigate the heavy use of non-selective gill-nets in the river system. It just seems wrong to me. I believe miles of nets in the river are the true barriers to all of the fish. And the real reason that numbers of endangered Chinook salmon and other threatened salmon species will continue to be at consistent low returning numbers. And until open-ended netting is staunchly addressed, Skagit River fish will continue to face a never ending up-hill battle! Regardless of how much money is spent!

Island County Reduces Burn Ban from Level II to Level I

Island County Fire Marshal Sheriff Rick Felici announced today that, effective 7:00 am on 9/18/2026, Island County will reduce the current Level II Burn Ban to a Level I Burn Ban.

The decision follows an assessment of current weather conditions, fuel moisture levels, and fire danger throughout Island County. While conditions have improved sufficiently to allow the reduction in the burn ban level, the risk of wildfire remains elevated and residents are urged to continue exercising caution with any source of ignition.

What Changes Under a Level I Burn Ban
Under a Level I Burn Ban:

- **Outdoor burning of natural debris remains prohibited**, including yard debris and land-clearing fires, even with a burn permit.
- **Recreational fires are allowed in approved fire pits**, provided all applicable fire-safety requirements are followed.
- Propane or briquette barbecue grills and self-contained camp stoves may be used.
- All fires must be attended at all times and completely extinguished before being left unattended.
- Residents should carefully consider current weather and wind conditions before starting any recreational fire.

The reduction from Level II does not mean that normal outdoor burning has resumed. Residents must continue to comply with all applicable Island County, state, and air-quality regulations and obtain permits when required.

Conditions have improved enough for us to reduce the burn ban, and we recognize that residents appreciate having recreational fires available again, However, we are not out of the woods yet. We remain in a period of elevated fire danger, and one unattended or improperly managed fire can quickly become a serious incident. Please continue using good judgment and take the necessary precautions.

Island County will continue to monitor weather conditions, fuel moisture, fire activity, and available firefighting resources. The burn-ban level may be increased or reduced as conditions change.

Burn Safely

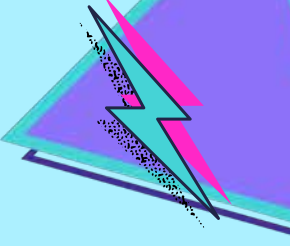
Residents are reminded that:

- Burning garbage and the use of burn barrels are illegal statewide.
- Recreational fires must be kept within an approved fire pit and within applicable size limits.
- Fires should never be left unattended.
- Keep water and appropriate fire-extinguishing equipment readily available.
- Do not burn during windy conditions or when conditions could allow embers to escape.
- Completely extinguish fires with water and ensure they are cold to the touch before leaving the area.
- Never leave children or pets unattended around a fire.

Residents with questions regarding outdoor burning and permits should contact **Island County Public Health at 360-679-7350 or the Northwest Clean Air Agency at 360-428-1617.**

Additional information regarding outdoor burning and current burn-ban conditions is available from Island County Outdoor Burning.

[Sheriff Rick Felici Island County Fire Marshal 1 NE 7th Street Coupeville, WA 98239 \(360\) 678-4422](#)



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09/26/26

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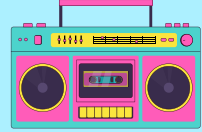
USELESS BAY GOLF
& COUNTRY CLUB

PARTY STARTS @ 5 PM

SMALL BITES
NO HOST BAR

ALL PROCEEDS BENEFIT PROVIDENCE GENERAL
CHILDRENS ASSOCIATION

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WHIDBEY ISLAND GUILD #21



Life Tributes

Barbara A. MacCallum January 23, 1949 – August 15, 2026

The question “Sweet or savory?” will no longer be heard on Whidbey Island as the proprietor of Bells Beach Bed and Breakfast, Barbara MacCallum, slipped into her final Saratoga Passage sunset and passed away on August 15, 2026. Barbara asked each of her guests that question for 26 years, offering them the best of her award-winning baking. She fed each guest a custom-tailored three-course breakfast.

Barbara moved to Whidbey Island 30 years ago from Fairbanks, AK, where she founded and directed the Early Childhood Training program at James T. Hutchison school for 17 years. With an emphasis on educating qualified employees in daycare, Barbara developed custom curriculum and created many of the teaching toys. She was especially known for her original, felt story boards. Before each open house she would remind her students, “Remember it is “C and D” time,” which while it translated to “charming and delightful” also summed up Barbara’s positive personality. Barbara’s niece Tracy and nephew Mark refer to her as their second mom as she spoiled them with fun activities, meals and love growing up in Fairbanks, so far away from all other extended family.

Barbara loved to help others and became valued resource in assisting those in need with most recently providing senior care, which she greatly enjoyed. She was surrounded and supported by many close friends, many neighbors, that became like family. She enjoyed attending the Langley United Methodist Church and would often share the pastors’ sermons and stories with her family and friends.

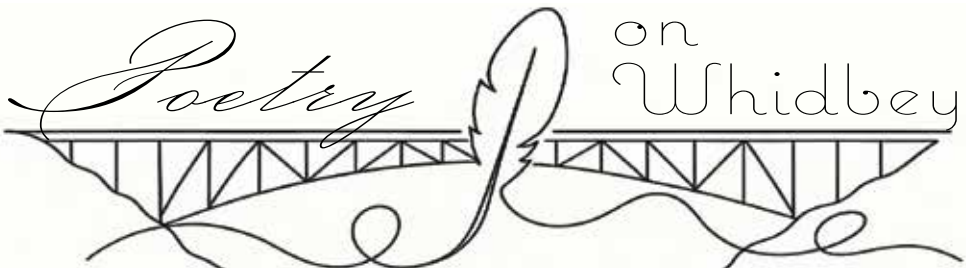
Barbara was born to George and Alice (Nelson) MacCallum in Rockford, IL. She was the youngest of three sisters, which included Bonnie and Beverly. Barbara developed her love for dogs when the family obtained a poodle who the three sisters named Bridget, so it would match the girls’ initials. She had a life-long love for dogs, especially her cocker spaniels named Graham, Lyndsey and Honey who became loved co-hostesses to her guests. Whidbey dogs knew that if they walked by her B and B that Barb would serve them a special dog treat from the jar she kept on her deck for that purpose.

Barbara never passed up a good garage sale or crafts fair. She eventually became part of the crafts fair circuit, sewing and crafting sweet animals and pillows from old chenille bedspreads. Pillows with vintage state maps, drink coasters with maps, and tiny reindeer made from wine corks were among her best sellers.

Barbara was a graduate of Rockford High School, as well as Southern Illinois University, Carbondale with a bachelor’s degree in early childhood development. She was also a graduate of the University of Alaska, Fairbanks with a master’s degree in education.

Barbara’s sister Beverly Jelen (Jerry); her brother-in-law Fred Johnson (Ellen); her nephew Mark Johnson (Jamie), and their two sons, Oliver and Parker (Madison) Johnson survive her. Also left with loving memories are her niece Tracy Vanairsdale (David) and niece-dog Copper; niece Beth Oosthuizen and her children Lucas and Athena, and nephew Brent Edgar (Cathy) and their children Tom, Allison and Joey, and wife of her late nephew Silvia Edgar and their children Derek, Rebecca and Olivia. Preceding her are her parents George and Alice MacCallum, her stepmother Ingrid MacCallum, her best garage sale partner and sister Bonnie Johnson and her nephew Bobby Edgar.

A memorial service will be held at a future date.



Sonnet about August Gone

By Julianna Bozsik

I miss you so, dear August of mine

*When September winds blow and the days shift
Into evening silhouettes of birds,
Listlessly observing from trees that lift
Long limbs, where acorns drop for squirrels to dine.*

*Many smiles, passionate touches, we share.
In summer script, your diary’s warm words
Shall haunt me into winter. May your gift
Survive when I am lonely. When I pine*

Your absent lips, your fragrant rose-strewn hair

Or hold your sweet sachet of jasmine vine

Under my pillow as I’m set adrift.

Sweet August, will you tell me you’ll be true?

Or will the Fall leaf’s shiver, silence you?

WHIDBEY HARBORS

*Whidbey harbors,
Whidbey sails;
some are bright,
some are pale.*

*Whidbey tides,
Whidbey seems
to foster many
Island dreams.*

*Where to go
in the Island sun;
living here
is so much fun!*

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Production Manager/ Editor..... **Jacob Goodman**

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Volume 18, Issue 39 | © MMXXVI Whidbey Weekly

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ohedfoundation.org

The Spats

by Jeff Pickering



HEALTH CORNER

By Dr. Darlene Castle
Chiropractor

5 MOST DANGEROUS WORDS

Maybe it will go away.

How many times have we all thought that? And we always give reasons!

- It's just a little pain anyway.
- It's not really pain, it's only sore
- Just a pulled muscle
- Probably happened when I mowed the lawn yesterday
- I must have slept wrong
- Maybe the weather is going to change

It goes on and on. Most of us who aren't hypochondriacs just wait and see if the body will somehow fix it. And usually it does—or at least the symptoms go away.

That's where the mix-up happens: we relate symptoms going away with "the body fixed it."

The brain acts as a gatekeeper when it comes to pain. It can turn down pain signals or decide not to sound the alarm at all.

If the brain decides you aren't in that much danger, it can slow or even stop pain signals. And if a greater survival issue occurs elsewhere in the body it may decide not to trigger the pain alarm at all.

Another problem is something called "nerve burnout." When pressure on a nerve is either severe or happens over a long period of time, that nerve can stop emitting pain because it becomes exhausted.

Finally, your body is great at finding workarounds! It finds a way to



compensate and that can cause the brain to stop sending pain signals because it figures the problem is fixed.

If your hand gets cut, your brain will tell you about it, right now! There is tissue damage and you need to do something. That's pretty straightforward. But if your spine hurts—just a little bit and then feels better in the morning, you may still have that problem and not know it.

A back or neck pain that comes and goes, may be your brain telling you it's finally time to do something about it.

If vertebrae are out of alignment, putting pressure on surrounding nerves, muscles and organs can be malfunctioning, so it's not just the localized area that you need to be concerned about.

Pain does not indicate how you are. The presence of pain doesn't mean you are sick. And absence of pain doesn't mean you are healthy.

But spinal pain always means you should get checked out. A Chiropractor can easily determine if you have vertebral misalignments which are putting pressure on nerves.

And once you know the cause, you won't have to invent reasons for that annoying little pain anymore.

Contact Dr. Castle at 425-238-8704 for questions. Walk-ins welcome Tuesdays and Thursdays, 1-5 p.m., at the Oak Harbor Chamber of Commerce Building, 32630 State Route 20.

ABOUT: Dr. Darlene Castle attended Palmer College of Chiropractic and graduated with a Doctor of Chiropractic degree in 1972.

"I knew I wanted to become a Chiropractor while still in high school. I made the right choice – 50 plus years in practice and I'm still helping people with Chiropractic care."

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**New Patient Appointments:
Tuesdays & Thursdays 1-5 pm**

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Red Hot Poker



Known as "Red Hot Poker" or "The Torch Lily," this perennial is native to Africa. It thrives in well-draining soil, needs little care and resists pests. Each flower spike can grow 3-4 feet tall and displays brilliant yellow to orange to red petals. They are attractive to hummingbirds, bees, and butterflies. Fortunately, deer don't like them!

Grow your red hot poker plants in full sun for the best blooms. They will tolerate some shade, and can benefit from it where summers are most brutal. – Brenda Weaver

Source: thespruce.com, greatgardenplants.com



Astrology for September 25-October 1 2026
Full Moon in Aries 3° Conjunct Neptune

On **September 25**, the Sun in Libra opposes Neptune retrograde in Aries at 2°. The Sun in Libra is attempting to put our relationships in the spotlight, but the lines and boundaries between self and other can become blurred under this transit. This is generally a time where the details are confusing, and the terms of contracts and agreements are not very clear. We can feel a loss of vitality, whether that be in physical form or in sense of direction. Something we once were so convicted about suddenly doesn't seem that important. Insecurity or indecisiveness is possible. As feelings are building toward tomorrow's full Moon, it would be wise to pause on operations and see what unfolds over the next few days before hitting send.

September 26 brings the full Moon in Aries conjunct Neptune retrograde at 3°.

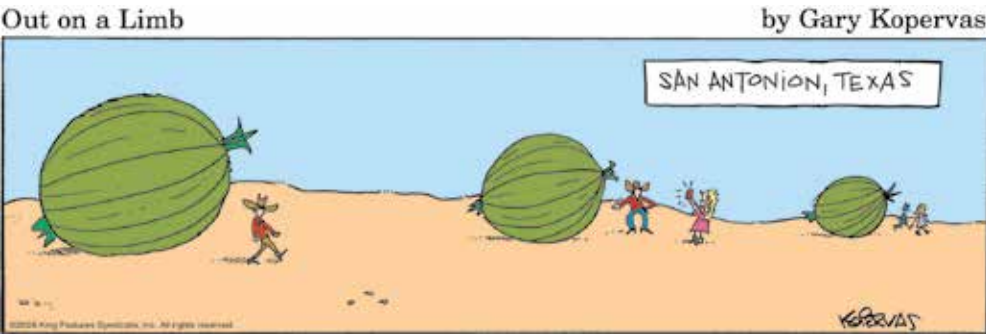
Also on **September 26**, the Sun in Libra trines Pluto retrograde in Aquarius at 3°. The full Moon heightens emotions and sensitivities no matter the sign or aspect, but in conjunction with Neptune, those sensitivities expand. There is heightened intuition under this Moon, and in the sign of Aries, those intuitive whispers get much louder around matters that are very personal. Despite hits of inner-knowing, emotional impulsivity can run high, and with the Sun/Pluto trine, we can feel compelled to take action based on a gut feeling. There may very well be some truth to those feelings, however Neptune creates a fog that obstructs the details of a matter, and it may be wise to continue to wait and see. Whether it is acknowledged plainly in this moment or in the days that follow, something has come to fruition or completion inside the dynamic of relating. In relationships, if discrepancies and incompatibilities exist, they are brought to the surface and elements of expired self-identity can be feel complete. What will you no longer abandon yourself for? What anger needs to be moved and expressed? What potential action have you been stewing over, debating on whether to strike and when? We can arrive at decisions about how to follow those desires now. It will be difficult to hold still, to wait, to remain unstirred or unprovoked by others. If you make a move, make sure it is not made unconsciously, but rather from a place of self-respect and integrity for the desires that are deeply authentic to your sense of self in the now. Listen to what the deeper whispers are saying. How has what you desire changed? What do you really want now?

On **September 27**, Mars in Cancer squares Chiron retrograde in Aries at 29° and then enters Leo until November 25. After heightened emotions are stirred under the full Moon, Mars/Chiron exposes insecurities and pain points around the ways we take action. Mars, the ruler of the full Moon and the planet of our will is in a vulnerable position. There can be frustration, impatience, and even clumsiness during an attempt to execute. Failed attempts trigger wounds around previously experienced scenarios. This is a tough aspect that can create a quick to anger response, but something about this experience is critical at this time. Are you willing to face something uncomfortable in order to gain a new confidence? As Mars moves into the strong fire sign of Leo, whatever conflict we must face today motivates us to keep going. Don't trip on the last lap. A breakthrough awaits.

On **September 30**, Mercury enters Scorpio until it stations retrograde on October 24. Mercury, the sign of information and research does well in the deeply investigative sign of Scorpio. This flips the collective mind into an intuitive space, able to notice more details of the unsaid and unseen. Pay attention now as the information that we uncover will be under review during the retrograde period October 24-November 13. Keep receipts, both physical and mental. Ask deeper questions. What are you hiding? What are those around you conveniently not mentioning? Eyebrows up. It will be revealed in time.

Enjoy the weeklies?
Donate or join the VIP membership at
<https://buymeacoffee.com/readingsbynoa>

Want a personal reading?
Visit readingsbynoa.com to book your session or gift a friend.

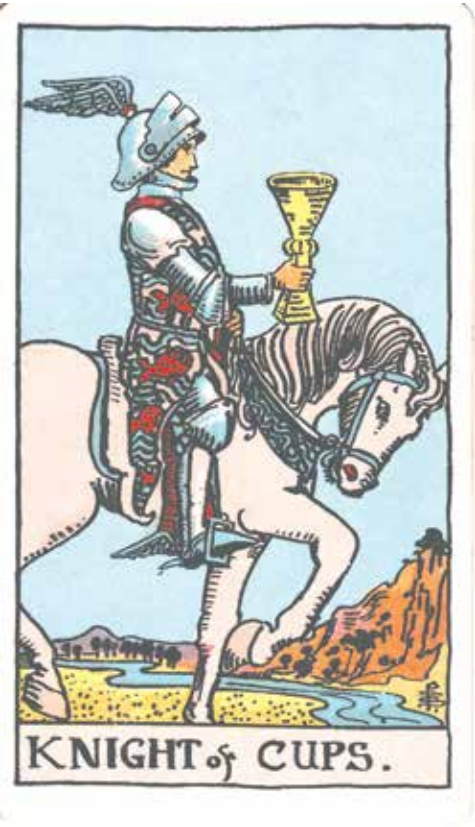


Imagination Cove
Children's Museum
WHERE PLAY & LEARNING THRIVE

Mala Sooknanan
Jaylynn Sybrant

Whidbey Yard Cards

INDOOR PLAY - PARTY SUPPLIES - YARD CARDS - BALLOON BAR
CRAFTS - STEM KITS - USBORNE BOOKS - CUSTOM APPAREL & DECOR
230 SE Pioneer Way, Oak Harbor, WA 98277 360-246-4676



September 25th – October 1st :
the Knight of Cups

Take note of the messages and insights flowing in to you this week as they are being intentionally delivered before circling back on you next week, and will continue to guide you through the remainder of this year. Many of the missives are cerebral, however, just as many are emotionally coded; all of which are preparing you to wade through the approaching depths.

Snubbing this week's study guide will likely result in overwhelm and avoidably explosive frustration at navigating the potential white-water rapids that catch you off guard round the bends ahead. Clarity may come in many forms, thus liberate yourself from the expectations of how you prefer informational deliverables.

As this card, and the river passage ahead, are highly fluid and feelings based, you're pressed to listen and trust your intuitive instincts; and take note of the various configurations of validation you receive in conjunction with your predispositions, as these add weighty evidence internally for you to continue building faith in yourself and your awareness, which will breed immense gratitude in the moments innumerable questions take aim at your Achilles' heels of doubt.

You can anticipate feeling required to swim upstream in the coming days, as this preview introduces you to the commitments, resources, sense of worth, relationships, desires, familial connections, even the ways in which you allow yourself to receive love, which will each be prodded to the surface for your examination until mid-December.

Your challenge is not that of holding tight to what currently exists nor firmly attempting to barricade that not-so-well-organized closet, chock-full of what you'd rather never see the light of day; instead, this voluntold journey requires discernment, and truthfully, a touch of selfishness in the sense of deciding what is truly best for you, especially in opposition to the desires and expectations of others, even at the expense of parting ways.

We cannot live our lives to appease others, and we do our loved ones an injustice by setting examples of doing just such while even unintentionally maintaining a manipulative alter ego as the avatar you have carefully curated for the purpose of 'belonging' at the expense of your true self.

Time to allow your shell to break open and come back to yourself.
Feel it. Sit with the rawness. Choose yourself. You deserve to feel known.

~Xo, Tiffany
Cards are drawn from the classic Rider Waite Smith tarot deck.
More goodies offered here:
linktr.ee/tiffanyfitzpatrick

WEEKLY HOROSCOPES

ARIES - Mar 21/Apr 20
The plan may not go exactly the way you expected, and that could be a good thing. Stop treating every change of direction like a problem. Sometimes the detour shows you something the original route couldn't.

TAURUS - Apr 21/May 21
Take a hard look at where your money is going. A small habit may be costing more than you realize. You don't need to deprive yourself—just be honest about what is worth paying for.

GEMINI - May 22/Jun 21
You don't always need to have the last word. Let someone else talk without preparing your response. You may discover that listening reveals more than another clever comeback ever could.

CANCER - Jun 22/Jul 22
Make some room for yourself, literally or emotionally. Too much noise from other people's needs can make it difficult to hear your own thoughts. A little solitude could do wonders.

LEO - Jul 23/Aug 23
You might learn something from someone you didn't expect to learn from. Don't let pride make you miss a valuable lesson. Being confident doesn't mean pretending you already know everything.

VIRGO - Aug 24/Sept 22
You've probably been measuring yourself against some impossible standard. This week, notice what you've already accomplished. "Good enough" isn't laziness when you've genuinely done your best.

LIBRA - Sept 23/Oct 23
A truth you've been avoiding may become harder to ignore. Don't dress it up to make it easier to swallow. Once you admit what's really going on, you can finally decide what to do about it.

SCORPIO - Oct 24/Nov 22
Instead of assuming you know someone's motives, ask a question. You may be surprised by the answer. Curiosity could save you from turning a misunderstanding into a much bigger problem.

SAGITTARIUS - Nov 23/Dec 21
Not everything needs a purpose. Do something simply because it's fun, ridiculous or completely unnecessary. Your brain could use a break from constantly turning life into the next big project.

CAPRICORN - Dec 22/Jan 20
You don't get extra credit for doing everything yourself. If someone offers genuine help, take it. Independence is valuable, but refusing help out of habit can become its own kind of burden.

AQUARIUS - Jan 21/Feb 18
You've changed before, so there's no reason to stay loyal to an opinion that no longer fits. Changing your mind isn't weakness. Sometimes it's evidence that you've learned something.

PISCES - Feb 19/Mar 20
Don't overlook a small moment because you're waiting for something bigger. A good meal, a funny conversation, a quiet morning or an unexpected kindness may be exactly what you needed.

1	2	3			4	5	6		7	8	9	10
11			12		13				14			
15					16				17			
18				19		20		21				
			22		23		24			25	26	27
28	29	30				31		32				
33					34		35		36			
37				38		39		40				
41					42		43					
			44			45		46		47	48	49
50	51	52			53		54		55			
56					57				58			
59					60					61		

- CLUES ACROSS

1

Hot tub

4

Gore and Pacino

7

Poet Teasdale

11

Sod

13

Architect I.M. --

14

Sty cry

15

Play opener

16

Up to

17

-- Minor (bear constellation)

18

Bas-relief medium

20

Leave out

22

Grass shack

24

Paper fastener

28

Mosque tower

32

Florida game fish

33

Optimist's credo

34

Apprehend

36

Pharmaceutical

37

Transmits

39

Baking potatoes

41

Orders of pancakes

43

"Don't Start Now" singer Lipa

44

Intimate

46

Tactics

50

"Star Wars" knight

53

Resistance unit

55

"East of Eden" twin

56

At the summit of

57

Pint-sized

58

Belafonte song

59

Orange veggies

60

Matching pair

61

Arced tennis shot
- CLUES DOWN

1

Men-only

2

Brownish purple

3

-- and crafts

4

Likely

5

Floral rings

6

Sari fabrics

7

Light lunch order

8

Televise

9

ICU pros

10

Rap sheet letters

12

Popular British dish

19

Owned by us

21

The "I" of TGIF

23

Sawbuck

25

Skin opening

26

Lummox

27

Heart charts (Abbr.)

28

Avoid

29

"Rhyme Pays" rapper

30

"Peter Pan" pooch

31

Roofing goo

35

Future flower

38

Enjoy Vail

40

"How's it goin'?"

42

Bamboozles

45

Biblical pronoun

47

Exam format

48

Vacillate

49

Elitist

50

Comic Leno

51

JFK info

52

-- Perignon

54

Bumped into

Play Better Golf with JACK NICKLAUS

WOULD YOU RATHER
PLAY INTO A GREEN
WITH A 6-IRON FROM
A LEVEL LIE OR A 9-IRON FROM
A SEVERE SLOPE?
IF THE ANSWER
IS THE FORMER, THEN PLAN AND
PLAY YOUR TEE SHOTS ACCORDINGLY.

BE SURE
TO AVOID
PARTICULARLY THOSE
SEVERE DOWNHILL LIES
THEY'RE THE TOUGHEST
TO HANDLE WITH
ANY CLUB.
DO SO BY SWALLOWING
YOUR EGO AND
TEEING OFF WITH THE
CLUB THAT PUTS
THE BALL ON
LEVEL GROUND, EVEN
IF THAT MEANS
A LONGER APPROACH.

NO 7 PAPER
382 YD

Answer on page 12

YOUR GUESS IS AS GOOD AS OURS WEATHER FORECAST							
	Fri, Sept 25	Sat, Sept 26	Sun, Sept 27	Mon, Sept 28	Tues, Sept 29	Wed, Sept 30	Thurs, Oct 1
North Isle	H-58° L-48° 65%	H-59° L-47° 10%	H-59° L-47° 10%	H-60° L-50° 15%	H-61° L-49° 35%	H-60° L-48° 25%	H-59° L-47° 35%
South Isle	H-59° L-48° 80%	H-60° L-48° 10%	H-61° L-49° 10%	H-61° L-49° 35%	H-59° L-52° 70%	H-60° L-51° 10%	H-61° L-51° 25%



OUR
Community

An Upbeat Question of the week

By Helen Mosbrooker

What would surprise a first time visitor to Greenbank?



Bret Medbury and 2 assistants,
Greenbank

The beauty of Greenbank is boundless. Firstly, the island is narrow in Greenbank, offering a view of the Admiralty Inlet to the west and Saratoga Passage to the east. The trails at Historic Greenbank Farm are a perfect place for a gentle walk with breathtaking scenery.

In April and May, the renowned Meerkerk Rhododendron Gardens is a spectacular sight during peak bloom.

While we are a small hamlet, there are a multitude of artists who have studio attractions like The Whidbey Art Trail, a free, self-guided tour of artist's studios. Open for visitors throughout the year. The Whidbey Island Arts Council promotes an annual weekend event in August called Whidbey Working Artists. Details for these activities are available at the Whidbey Island Arts Council website. You are invited to visit me and see glass blowing demonstrations.

Plan your weekend getaway or your annual escape. KatrinaHude.com #katrinahudeglassmaker



Dawn over Holmes Harbor



Joy Tjoelker,
Greenbank

A first time visitor would be amazed at the sheer expanse of Greenbank Farm! And it's free! An abundance of parking. The Gardens treat visitors to incredible "eye candy" with well kept paths for a stroll bordered by native plants and flowers. There are markers for plant species and helpful signs along the way. The farm grounds themselves are open field and forest for well behaved off-leash dogs and people; the views from the top of the hilly trails to water on both sides are magnificent. The stores at the old farmstead welcome visitors into exploration - art, cheese, wine, Whidbey Pies, food...and even a store for dog treats. Across the highway and a tiny bit south is the Greenbank Deli - our go-to for sandwiches for a picnic or cozy nights home without cooking. Greenbank is our home; we love it here!



Schyler Mason,
Greenbank

After I moved to Greenbank last year I found the lack of sirens and traffic the most surprising. It took a while to get used to the relative silence after living in Seattle by the freeway. I think first timers will be amazed at the green surroundings and views, the tiny post office and best sandwiches on the island!

Weekly SUDOKU

Answer on page 12

	2	8			1	9		
4	9	1		6		2		
			3		2	4	1	
1					8	7	2	9
		2	6				3	1
		9		1	3	6	8	
7		6	5	3		8	9	2
					7			
		4		2			5	

THANK YOU FOR READING WHIDBEY WEEKLY | REDUCE ➡ REUSE ➡ RECYCLE

COMMUNITY BULLETIN BOARD

To place an ad, email classifieds@whidbeyweekly.com

SERVICE DIRECTORY

FIREWOOD

Firewood

(360) 320-4316

Cut, Split, Delivered and Ready to Burn

KABAR'S

STIHL REPAIR SHOP

SMALL ENGINE REPAIR

360-429-9986

PAINTER

Island Painting WA

Interior & Exterior Painting Handyman Services

No Job Too Small

360-637-0782

islandpaintingwa@gmail.com

Licensed · Bonded · Insured

ISLANP**758JD

TILE INSTALLATION

Whidbey Tileworks, LLC

Bathrooms, Kitchens, Flooring, and More!

360.929.1931

www.WhidbeyTileworks.com

Licensed, Bonded & Insured

PUBLIC BOARD

BARN SALE

Barn Sale This Weekend and every weekend at Salmagundi Farms

19162 SR 20 3 miles South of the Coupeville overpass on Hwy 20

9am to 4pm

Vintage fishing gear, boating and marine items, vintage paper ephemera, Artworks, Vintage furniture and decor.

Something for everyone. Welcome Friends!

WE BUY SELL & TRADE VINTAGE AND ANTIQUE ITEMS

360-678-5888

FAMILY GARAGE SALE

Huge Garage Sale in Coupeville. This Saturday 9-26 and next Friday and Saturday 10-2 & 10-3. (Weather permitting)

Look for signs on Main Street north of Hwy 20.

Huge variety, men's and women's clothes, shoes, accessories, all sorts of household, chairs, books, tools, jewelry, and much, much more.

Wide variety of Seasonal and holiday decor and crafts.

Wide variety of crafting supplies (retiring from crafting)

Did we say huge selection of books?

NEED HELP?

Need a Hand?

I'm Happy to Help.

Got a project you've been needing to finish? Need to get ready for the winter? I can help **IN** or **OUT** doors. Yard work, house work, help with chores and **more!**

Call or text Jacob: 360-499-9157

***I will be hauling again once my truck has new brakes.

IN SEARCH OF

Collecting Old American Money

Retired Police Officer whose hobby is Collecting Old American Money

360-320-8544

Art, Antiques & Collectibles. Cash paid for quality items. Call or text 360-661-7298

Was your Dad or Gramps in Japan or Germany? I collect old 35 mm cameras and lenses. Oak Harbor. Call 970-823-0002

BUSINESS FORMING

Whidbey Tree Farms is forming in on Whidbey to sell young Cedar Trees. For information email: jimmy@whidbey.com

WORK FOR STUDENTS

Work available, ideal for students. Part-time casual laborer as landscapers and more. Paid daily. 8-hour workday. 1 hour lunch. Immediate opening for two people. Must have a cell phone and transportation. Any question or further information call Jim at (360) 730-1526.

How'd you do?

7	5	3	9	2	1	4	8	6
9	4	1	7	8	6	5	3	2
2	6	8	4	3	5	9	1	7
4	8	9	3	1	2	6	7	5
1	3	5	6	7	9	2	4	8
6	2	7	8	5	4	3	9	1
8	1	4	2	6	3	7	5	9
3	7	2	5	9	8	1	6	4
5	9	6	1	4	7	8	2	3

WEEKLY MEETINGS

MEMORY CAFÉ Every 1st and 3rd Tues of the Month 12:30 - 2:00 p.m. at the First United Methodist Church 1050 SE Ireland Street Oak Harbor, WA. Join our bi-monthly gathering for people with memory loss and their family to enjoy a time of fun, conversation, music and laughing (and snacks). This is a dementia friendly setting. For information: 360-720-4535

SOUTH WHIDBEY NAR-ANON FAMILY GROUP meets every Monday at 6pm at the Langley Methodist Church, 301 Anthes in Langley. We meet in the Fireside Room, rear of church. Karol:360 914 7695.

Have a problem with drinking? It doesn't cost anything to attend A.A. meetings. Local Meetings are in Coupeville, Freeland, Langley, Clinton, and Oak Harbor. There are no age or education requirements to participate. Membership is open to anyone who wants to do something about their drinking problem. A.A.'s primary purpose is to help alcoholics to achieve sobriety. We're here to help. For local meetings search aa.org or call 888-360-1564

Have you ever been affected by someone else's drinking? **AL-ANON** may be for you. **AL-ANON**: Tuesdays at 5:30-6:30 Oak Harbor Lutheran Church Library 1253 NW 2nd Ave. There is help and hope: Contact for more info: Rebecca 425-773-6937

Bothered by someone's drinking? **AlAnon** can help! Langley Family AlAnon Group, Wednesdays 9:30 AM to 10:30 AM, Langley Methodist Church, 301 Anthes Ave, Langley. Fireside room Information: (206) 898-2771.

Gamblers Anonymous Meeting. Every Tuesday at 6:30 p.m. at the Mount Vernon Senior Center. Mount Vernon Senior Center, 1401 Cleveland Ave, Mount Vernon Any questions, call Washington State Gamblers Anonymous hotline at 855-222-5542, or visit <https://gawashington.org/>

OVEREATERS ANONYMOUS Tuesdays 7 PM to 8 PM Langley United Methodist Church 301 Anthes Ave. Room 224 Langley, Washington 98260 For local meeting information and support call: Kevin 206-395-9622

Adult Children of Alcoholic and Dysfunctional Families meeting, Tuesdays 2-3 pm, Langley Methodist Church - 301 Anthes Ave, Langley - Fireside room. Contact: acawhidbey@gmail.com

WEEKLY MEETINGS

Memory Support and Connection

Join us for our Support Group Thursdays from 5:30-6:30 PM at 390 NE Midway Blvd B203 Oak Harbor, WA. Caregivers, family members, and loved ones are all welcome. We also offer a separate space for your loved one to be cared for and engaged during the group.

MONTHLY MEETING

Monthly Meeting for Mental Health

Hosted by NAMI for All Adult Individuals who have a family or friend suffering from depression, anxiety, bi-polar disorder, or other mental health conditions. Trinity Lutheran Church in Freeland, Lower Building Closest to the Highway 18341 WA-525, Freeland 3rd Wednesday of the Month 1:00 - 2:30 p.m. Email for more Information: karens@nami-sno-isle.org

RESOURCES

Family Resource Center

723 Camano Ave, Langley. 360-221-6808 ext 4321

School supplies, coats, warm clothing, resource connections. Mon-Wed 9 a.m. - 5 p.m. Thurs 9 a.m. - 12 noon, or by appt. readinesstolearn.org

Mother Mentors

360-321-1484 · info@whidbeymothermentors.org

Carregiving mentoring and play support, mothermentors.org

I Support the Girls

360-678-2090 · isupportthegirls.org/affiliates/whidbey-island

Essential health and hygiene items for women and girls.

Island Senior Resources

360-321-1600

14594 SR 525, Langley

Multiple 50+ programs and services. Mon-Fri, 8:30 a.m. - 4:00 p.m. senior-resources.org

Pamoja Place pamojaplace.org

721 Camano Ave, Langley

Safe space for BIPOC people and allies to connect, collaborate, and celebrate.

Veterans Resource Center

360-331-2496

723 Camano Ave, Langley

Events, Support, and Benefits help

Monday 10 a.m. - 3:30 p.m. Tues - Thurs 1:00 - 4:30 p.m. Saturday by Appointment. whibeyvrc.org

Veterans Services

360-632-2496

105 NW 1st, Coupeville

Monday - Friday, 8:00 a.m. - 4:30 p.m.

No Cheating!

B	O	L		T	E	S		S	M	A	Y
O	A	D		E	E	W		P	O	T	A
N	O	A	R	W	H	O		I	D	E	J
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			V	U	D		S	K	C	V	S
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A	R	A	S		S	A	L		P	A	S

MORE RESOURCES

Basic Food Benefits Community Services Office: 275 Pioneer Way #201, Oak Harbor 877-501-2233

Food Banks:

Gifts From the Heart

108 SW Terry Road

Monetary donations, they should be sent to:

PO Box 155, Coupeville 98239

Distribution on 2nd and 4th Wednesdays, 2-5 p.m.

Good Cheer:

2812 Grimm Rd., Langley 360-221-4868

Mon-Fri, 10 a.m.-4 p.m.

North Whidbey Help House: 1091 SE Hathaway St. Oak Harbor 360-675-0681

Mon-Fri, 9 a.m.-4 p.m. (5 p.m. on Tues)

Closed 12-1 p.m. for lunch

Island Church of Whidbey Soup Kitchen: 503 Cascade Ave., Langley 360-221-0969

Tues & Thurs 11:30 a.m.-1 p.m.

SPIN Café: 1241 SW Barlow St., Oak Harbor

Daily, 6:30 a.m.-5:30 p.m.

St. Hubert's Catholic Church

Wednesday Soup Kitchen

All are Welcome!

11 a.m.-12:30 p.m.

804 3rd St., Langley 360-221-5303

Ask about our Thursday Dinner

HUB After School: 301 Anthes Ave., Langley 360-221-0969

Food and activities for middle and high school youth. Mon, Tues, Thurs, Friday 2-6 p.m., Wed 1-6 p.m.

Ryans House for Youth:

Food, fun, support, 19777 SR 20, Coupeville 360-331-4575

Drop-in center for adults ages 18-24; Daily 6 a.m.- 8:30 p.m., 35 SE Ely St., Oak Harbor 360-682-5098

Drop-in center for youth ages 12-21; Mon-Fri 11 a.m.-7 p.m.

Women, Infants & Children (WIC):

-Oak Harbor/North Whidbey: 1791 NE 1st Ave. Mon-Thurs 360-240-5554

Text: 360-544-2239

SHELTERS/HOUSING

CADA Emergency Shelter – Confidential crisis shelter for women and children fleeing domestic violence/sexual assault/ stalking. This is NOT a homeless shelter. Office: 360-675-7057

Crisis Line: 360-675-2232 Toll Free: 800-215-5669

Island County Housing Support – 105 NW 1st St., Coupeville 360-678-8284

For homeless or at risk of losing housing: Mon-Thurs, 9 a.m.-3 p.m.

Ryan's House for Youth – 19777 SR 20, Coupeville 360-331-4575

For at-risk adults ages 18-24

Whidbey Homeless Coalition – Serving Island County 360-900-3077

The Haven Overnight Shelter is a night-to-night shelter for up to 30 individuals. Must follow check in rules and must register daily between 4:00 and 4:30pm Mon. thru Fri. and 3:45 pm to 4:00 pm on Saturdays and Sundays at the SPIN Café, 1241 SW Barlow St., Oak Harbor.

House of Hope Emergency Housing, Langley, 360-708-4533. Transitional housing for families and adults at severe risk of homelessness; to apply, contact the Housing Support Center or call the number above.

Oxford Houses – Recovery housing oxfordhouse.org

-Men:360-246-4101

- Women & Children: 360-682-5773

CRISIS LINES

9-1-1: Call for threats to life, fire, accident or crime

-Non-emergency lines: Oak Harbor Police Department-360-279-4600

-Island Communications Dispatch (ICOM) - 360-679-9567

9-8-8: Suicide and crisis lifeline, free & confidential

- 741-741: 24/7 Crisis Text Line

-800-584-3578:

24/7 Northwest Washington Crisis Services

- 360-678-7880: Island County Behavioral Health

866-488-7386 Trevor Project: 24/7 support for LGBTQIA2S+

CLASSIFIED INFORMATION

US Postal Mail

Whidbey Weekly Classified Department

PO Box 1098

Oak Harbor, WA 98277

E-Mail classifieds@whidbeyweekly.com

Telephone 360-682-8283

PLEASE CALL WHEN YOUR ITEMS HAVE SOLD.

Please try to limit your classified to 30 words or less, (amounts and phone numbers are counted as words) we will help edit if necessary. We charge \$12/week for Vehicles, Boats, Motorcycles, RVs, Real Estate Rental/Sales, Business Classifieds and any items selling \$1,000 and above. We do charge \$25 to include a photo. The FREE classified space is not for business use. No classified is accepted without phone number. We reserve the right to not publish classifieds that are in bad taste or of questionable content. All free classifieds will be published twice consecutively. If you would like your ad to be published more often, you must resubmit it. Deadline for all submissions is one week prior to issue date.